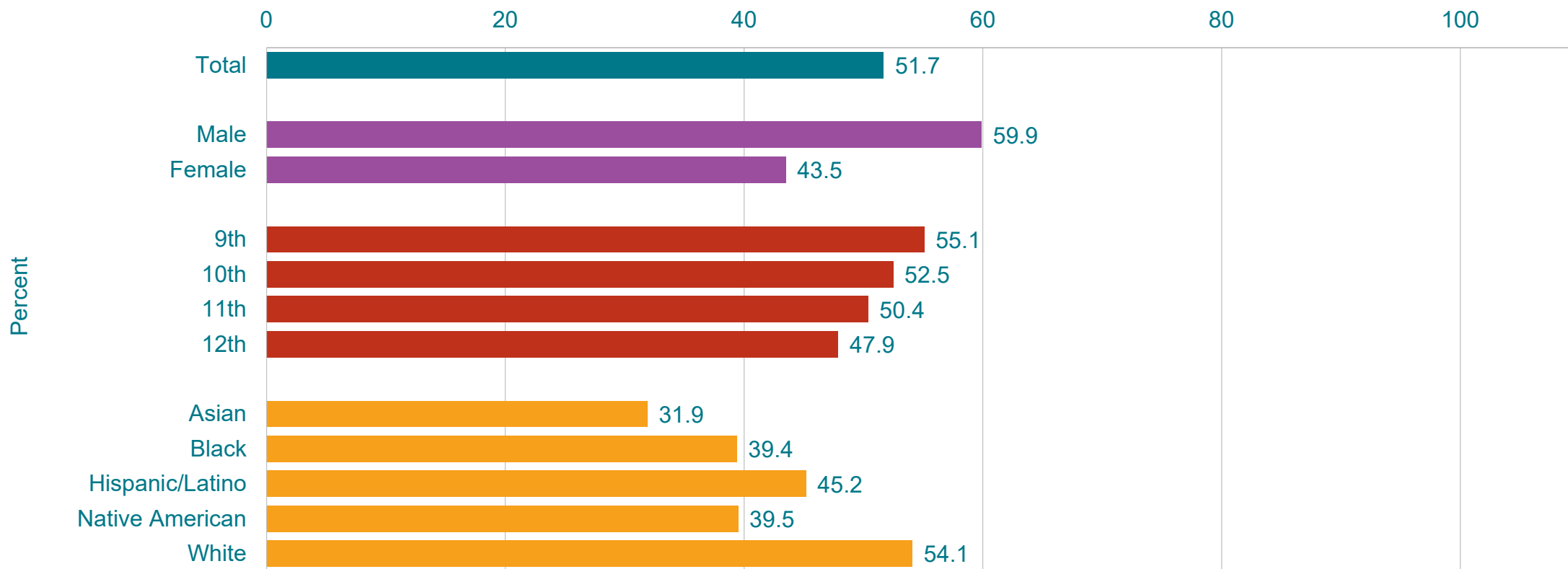


Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on 5 or More Days,* by Sex,† Grade,† and Race/Ethnicity,† 2023



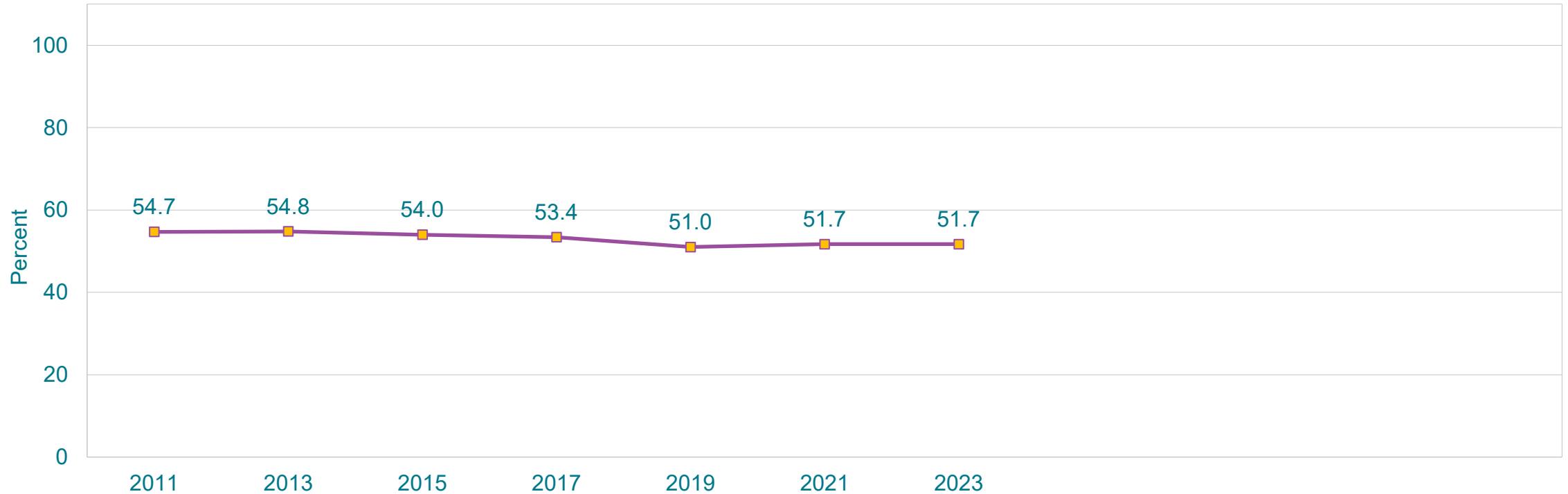
*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†M > F; 10th > 12th; H > A, W > A, W > H, W > N (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on 5 or More Days,* 2011-2023†

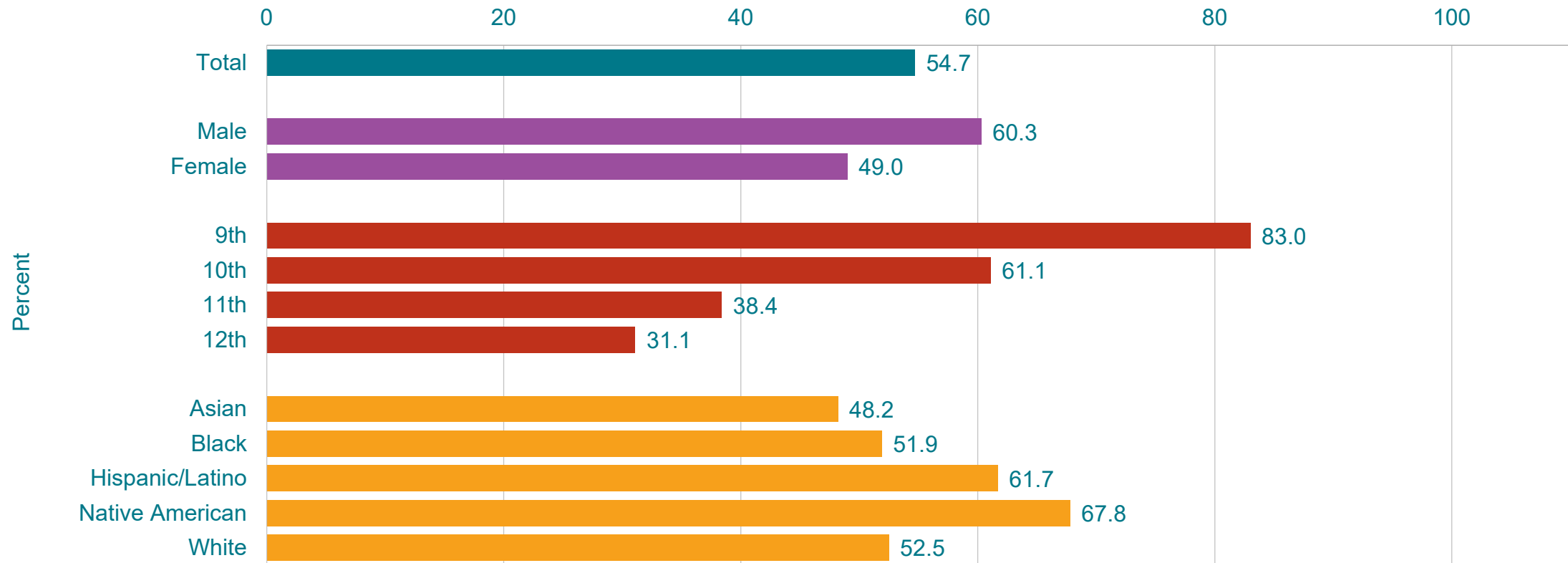


*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†Decreased 2011-2023 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Attended Physical Education (PE) Classes on 1 or More Days,* by Sex,† Grade,† and Race/Ethnicity,† 2023



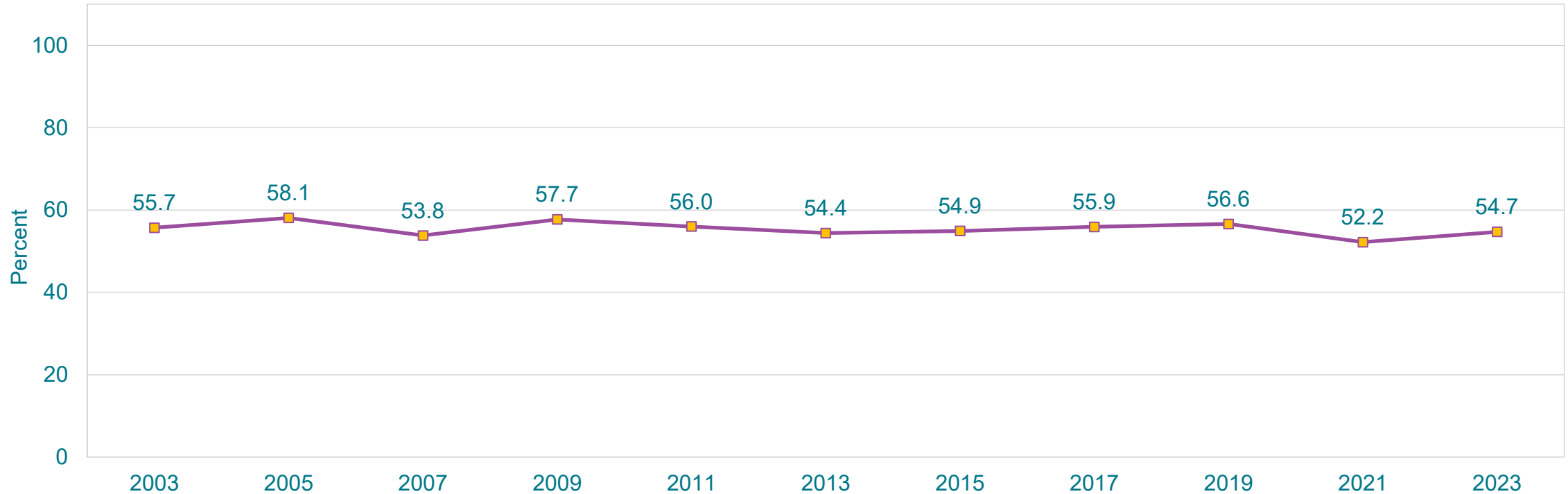
*In an average week when they were in school

†M > F; 9th > 10th, 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th; H > W, N > A, N > B, N > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Attended Physical Education (PE) Classes on 1 or More Days,* 2003-2023†

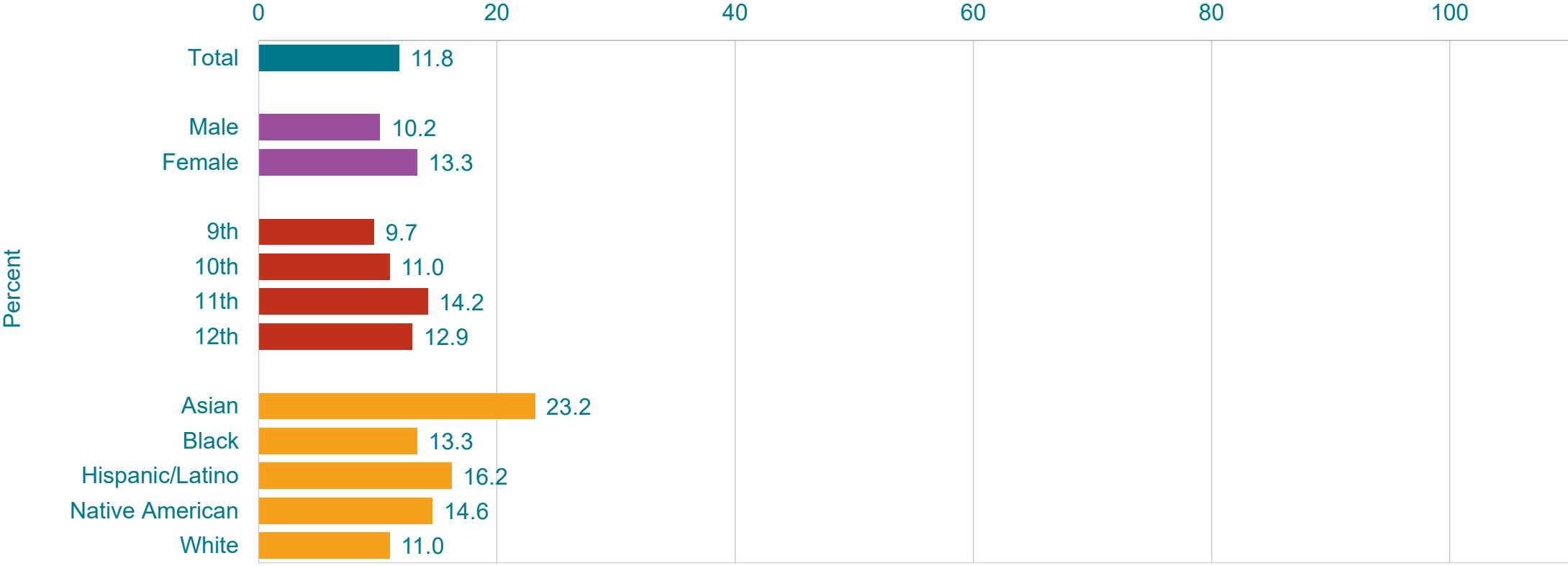


*In an average week when they were in school

†No change 2003-2023 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Did Not Participate in at Least 60 Minutes of Physical Activity on at Least 1 Day,* by Sex,† Grade,† and Race/Ethnicity,† 2023



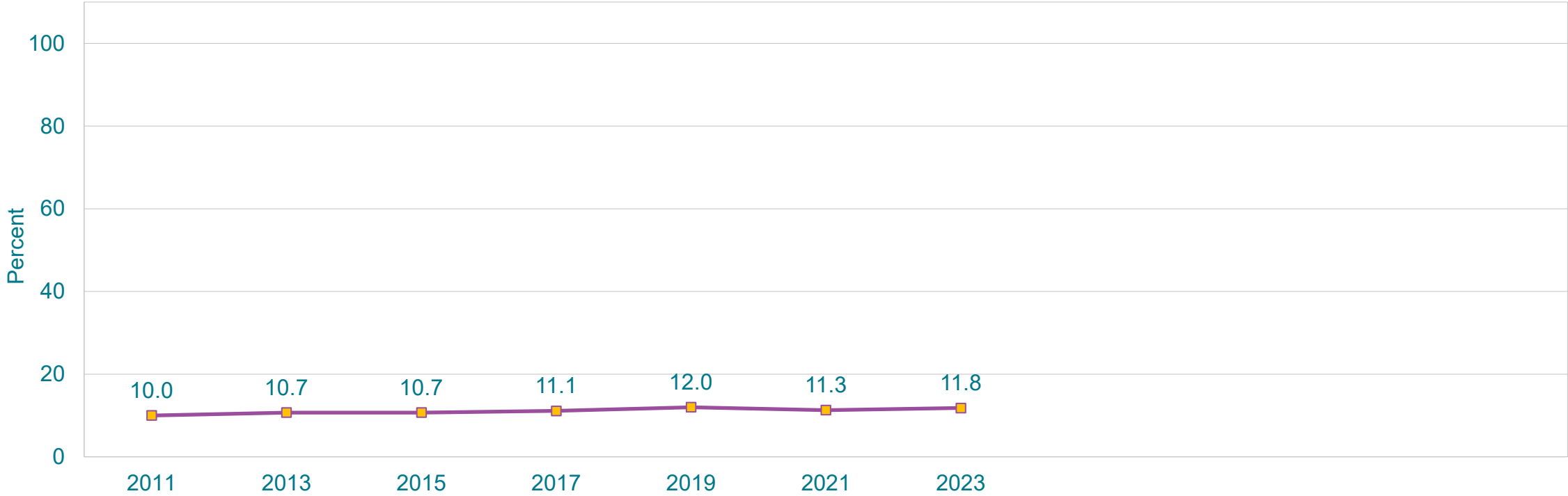
*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†F > M; 11th > 9th; H > W, N > W (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

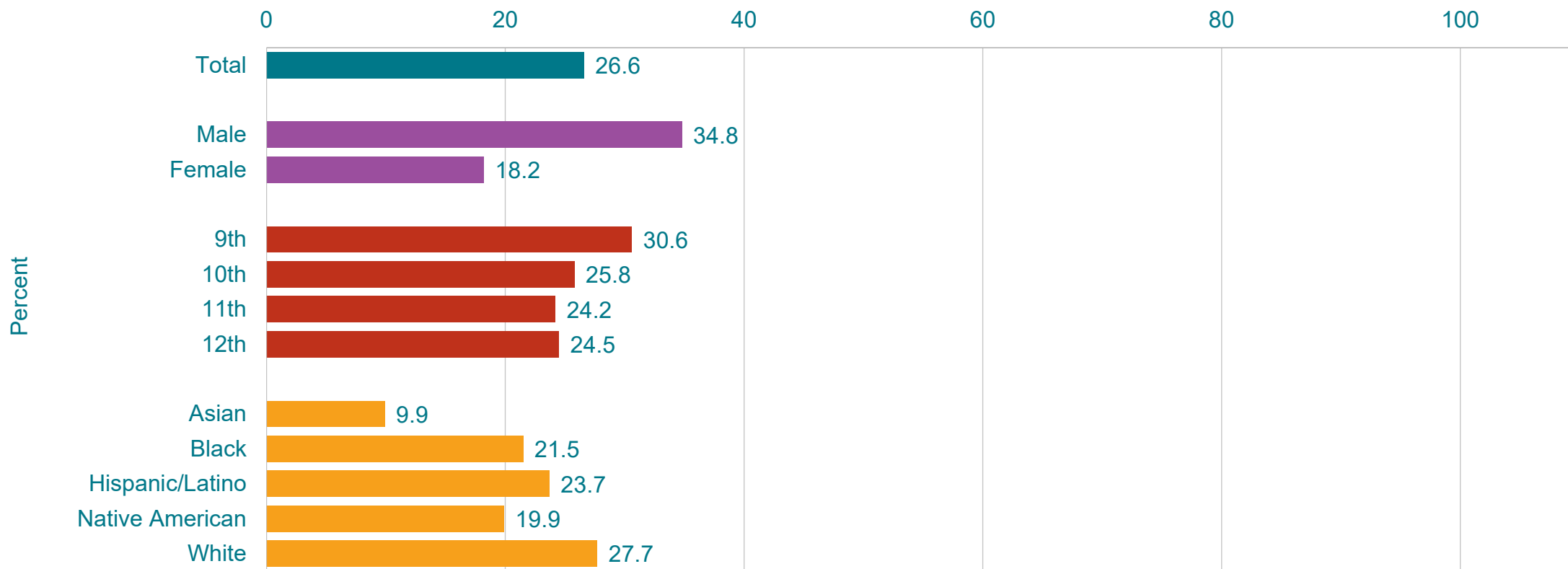
This graph contains weighted results.

Percentage of High School Students Who Did Not Participate in at Least 60 Minutes of Physical Activity on at Least 1 Day,* 2011-2023†



*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey
†Increased 2011-2023 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]
This graph contains weighted results.

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on All 7 Days,* by Sex,† Grade,† and Race/Ethnicity,† 2023



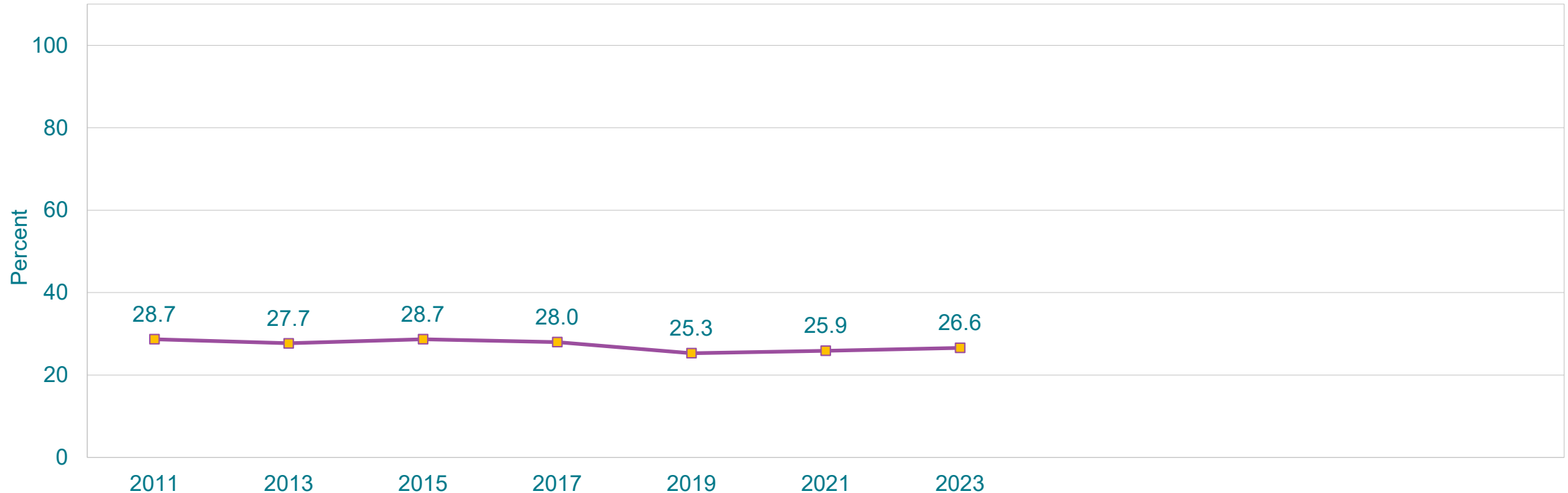
*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†M > F; 9th > 11th, 9th > 12th; H > A, N > A, W > A, W > N (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on All 7 Days,* 2011-2023†

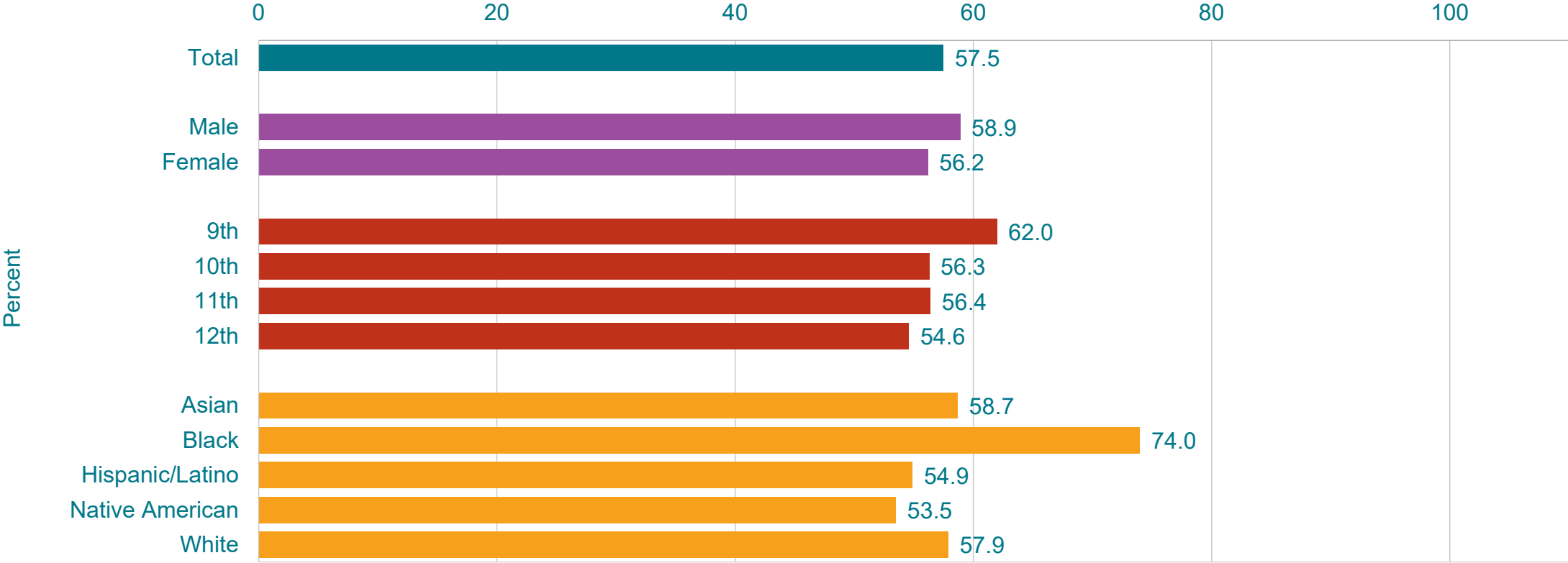


*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†Decreased 2011-2023 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

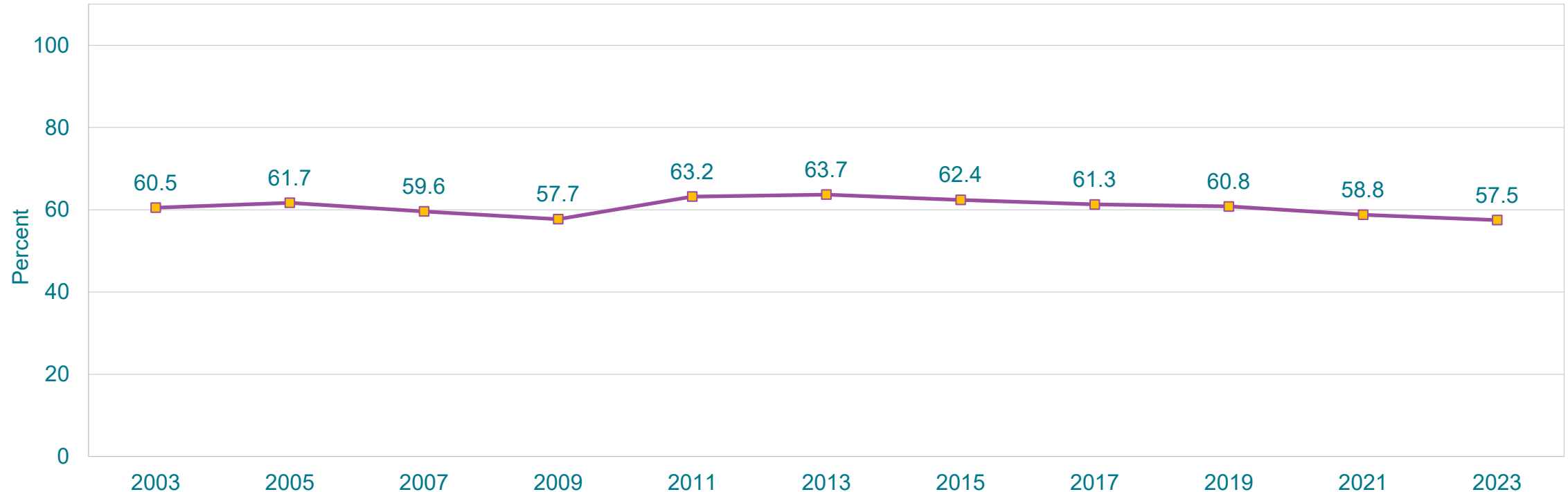
This graph contains weighted results.

Percentage of High School Students Who Played on at Least One Sports Team,* by Sex, Grade,† and Race/Ethnicity,† 2023



*Counting any teams run by their school or community groups, during the 12 months before the survey
 †9th > 10th, 9th > 11th, 9th > 12th; B > H, B > N (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Played on at Least One Sports Team,* 2003-2023†

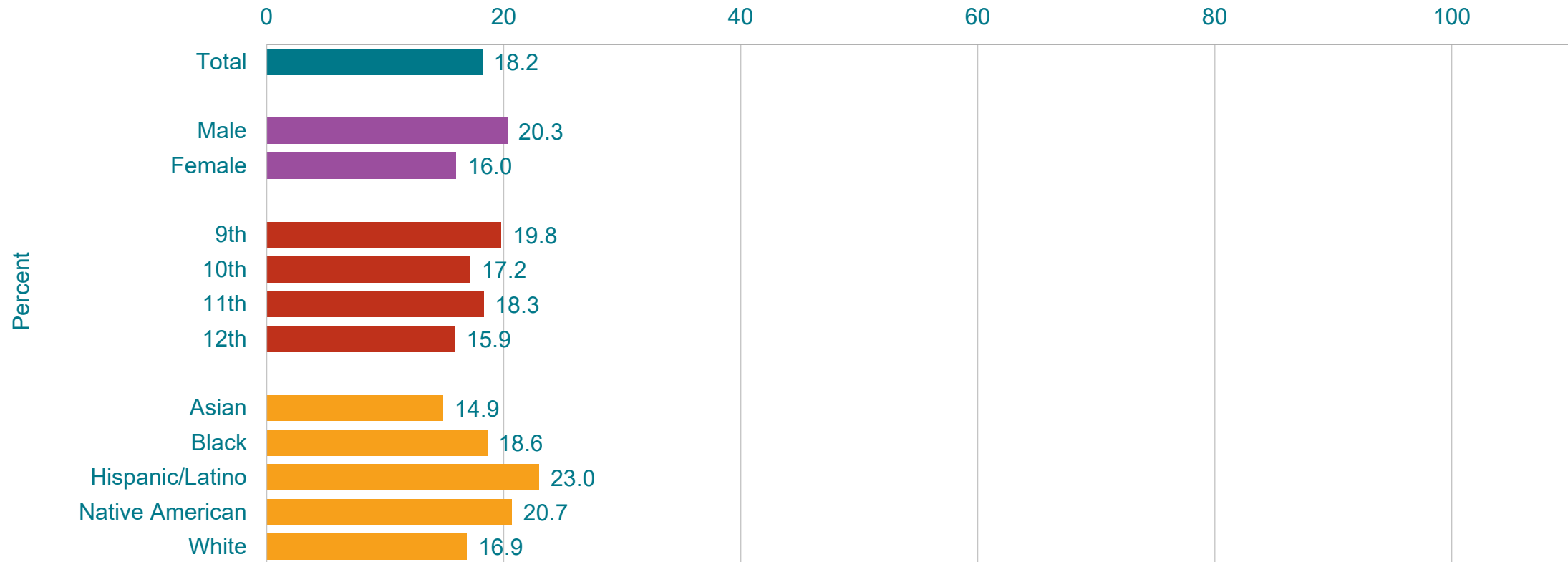


*Counting any teams run by their school or community groups, during the 12 months before the survey

†Increased, 2003-2013, decreased, 2013-2023 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Had a Concussion from Playing a Sport or Being Physically Active,* by Sex,† Grade,† and Race/Ethnicity,† 2023



*One or more times during the 12 months before the survey

†M > F; 9th > 12th; N > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Had a Concussion from Playing a Sport or Being Physically Active,* 2017-2023†

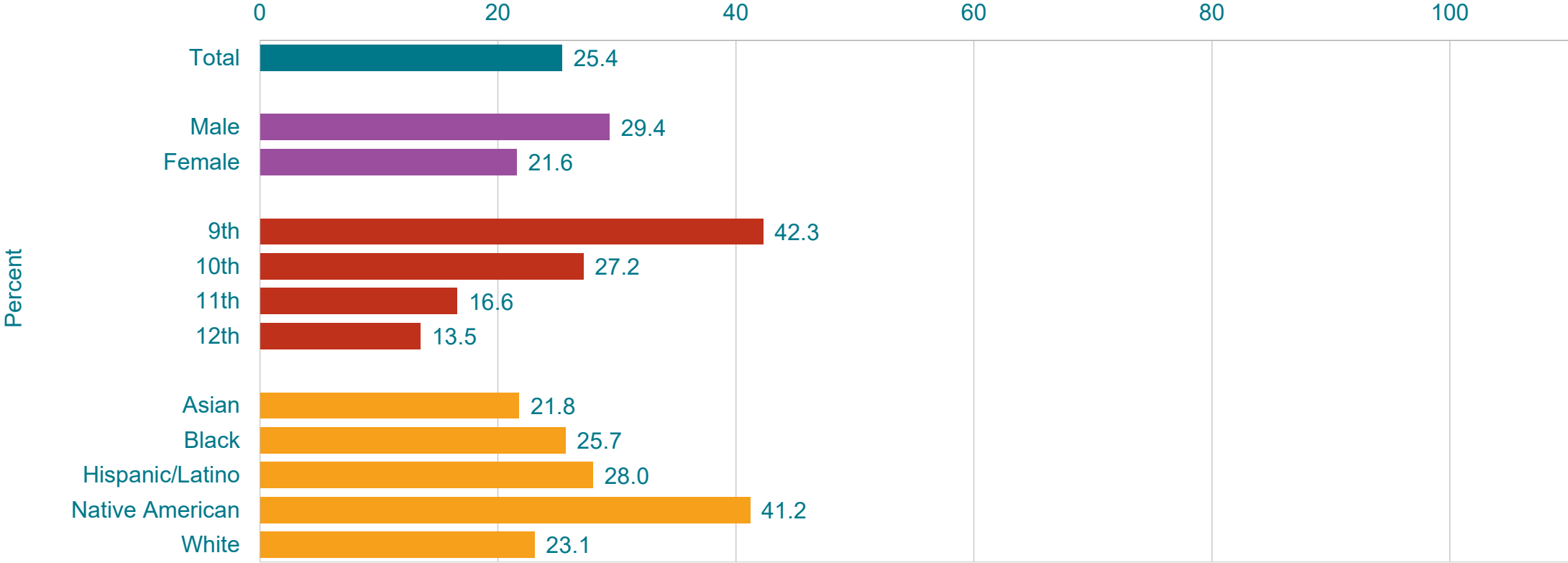


*One or more times during the 12 months before the survey

†No change 2017-2023 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

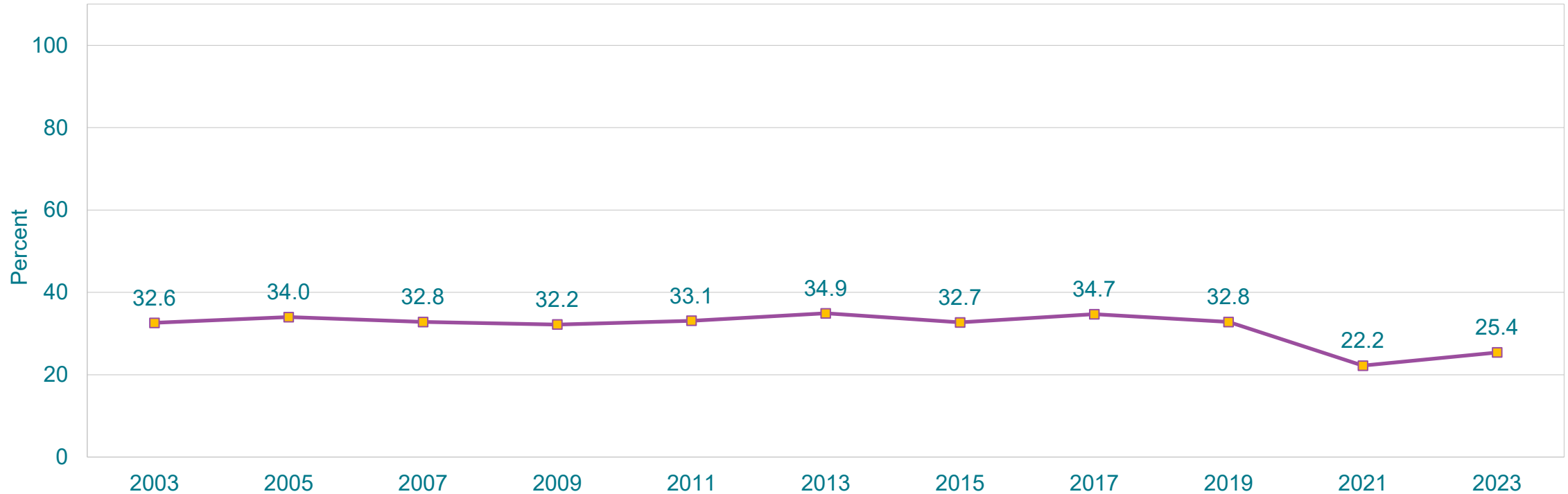
This graph contains weighted results.

Percentage of High School Students Who Attended Physical Education Classes on All 5 Days,* by Sex,† Grade,† and Race/Ethnicity,† 2023



*In an average week when they were in school
 †M > F; 9th > 10th, 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th; N > A, N > B, N > H, N > W (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Attended Physical Education Classes on All 5 Days,* 2003-2023†

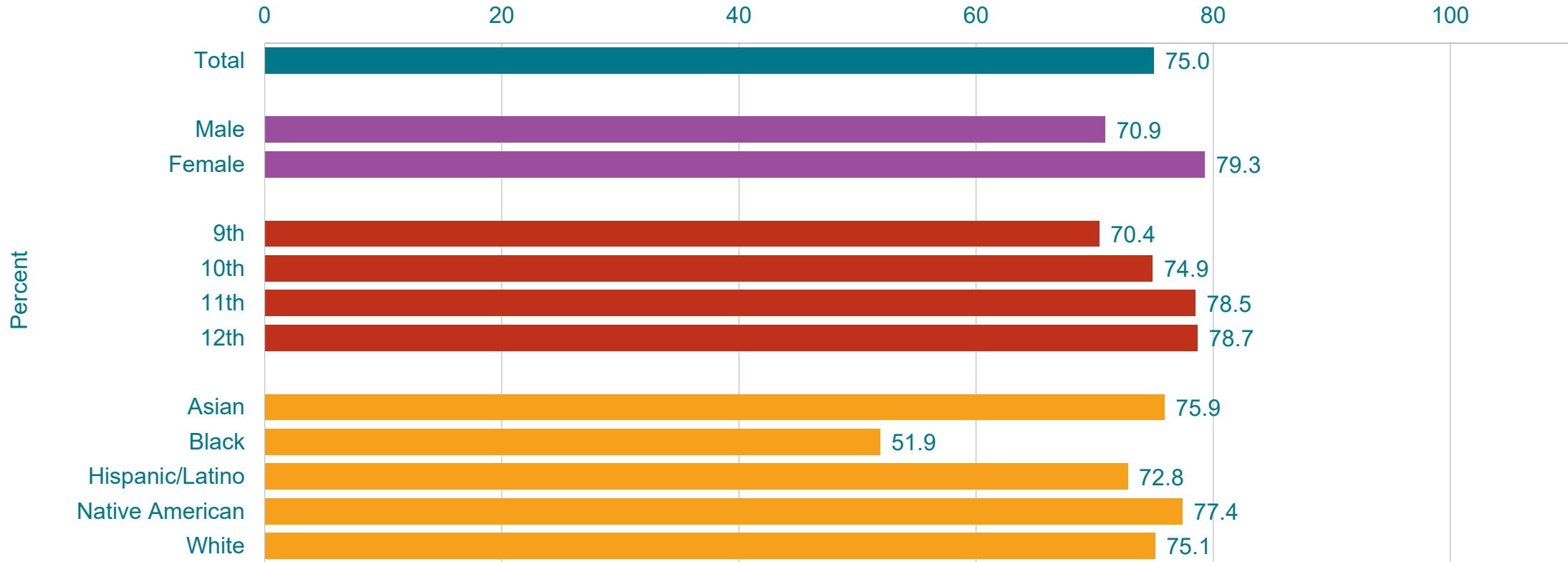


*In an average week when they were in school

†Decreased 2003-2023, no change 2003-2017, decreased 2017-2023 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Used Social Media Several Times a Day, by Sex,* Grade,* and Race/Ethnicity,* 2023



*F > M; 11th > 9th, 12th > 9th; H > B, N > B, W > B (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.