

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 7,332 middle school students in Montana during February of 2023. Frequency distributions may not total 7,332 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	19	0.26%
B.	11 years old	22	0.30%
C.	12 years old	1,308	17.92%
D.	13 years old	3,506	48.02%
E.	14 years old	2,344	32.11%
F.	15 years old	102	1.40%
G.	16 years old or older	0	0.00%
	TOTALS	7,301	100.00%
Q-2. What is your sex?			
A.	Female	3,571	49.09%
B.	Male	3,703	50.91%
	TOTALS	7,274	100.00%
Q-3. In what grade are you?			
A.	7th grade	3,331	46.11%
B.	8th grade	3,893	53.89%
	TOTALS	7,224	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	715	10.03%
B.	No	6,413	89.97%
	TOTALS	7,128	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	1,341	17.12%
B.	Asian	313	4.00%
C.	Black or African American	250	3.19%
D.	Native Hawaiian or Other Pacific Islander	179	2.29%
E.	White	5,750	73.41%
	TOTALS	7,833	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	160	2.19%
B.	Rarely	348	4.77%
C.	Sometimes	783	10.74%
D.	Most of the time	2,549	34.96%
E.	Always	3,451	47.33%
	TOTALS	7,291	100.00%

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Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	5,703	79.09%
B.	1 time	574	7.96%
C.	2 or 3 times	458	6.35%
D.	4 or 5 times	118	1.64%
E.	6 or more times	358	4.96%
TOTALS		7,211	100.00%

Q-8. How often do you wear a seat belt when driving a car?

A.	I do not drive a car	5,122	71.60%
B.	Never	148	2.07%
C.	Rarely	328	4.58%
D.	Sometimes	350	4.89%
E.	Most of the time	330	4.61%
F.	Always	876	12.24%
TOTALS		7,154	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	6,910	94.57%
B.	1 day	134	1.83%
C.	2 or 3 days	99	1.35%
D.	4 or 5 days	22	0.30%
E.	6 or more days	142	1.94%
TOTALS		7,307	100.00%

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	6,767	92.80%
B.	1 day	171	2.35%
C.	2 or 3 days	150	2.06%
D.	4 or 5 days	54	0.74%
E.	6 or more days	150	2.06%
TOTALS		7,292	100.00%

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	6,298	86.59%
B.	1 day	511	7.03%
C.	2 or 3 days	254	3.49%
D.	4 or 5 days	76	1.04%
E.	6 or more days	134	1.84%
TOTALS		7,273	100.00%

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Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	6,556	89.80%
B.	1 time	398	5.45%
C.	2 or 3 times	205	2.81%
D.	4 or 5 times	51	0.70%
E.	6 or 7 times	25	0.34%
F.	8 or 9 times	7	0.10%
G.	10 or 11 times	9	0.12%
H.	12 or more times	50	0.68%
TOTALS		7,301	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	5,090	69.96%
B.	1 time	1,023	14.06%
C.	2 or 3 times	678	9.32%
D.	4 or 5 times	186	2.56%
E.	6 or 7 times	99	1.36%
F.	8 or 9 times	34	0.47%
G.	10 or 11 times	27	0.37%
H.	12 or more times	139	1.91%
TOTALS		7,276	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	6,260	86.08%
B.	1 time	662	9.10%
C.	2 or 3 times	241	3.31%
D.	4 or 5 times	41	0.56%
E.	6 or 7 times	22	0.30%
F.	8 or 9 times	7	0.10%
G.	10 or 11 times	6	0.08%
H.	12 or more times	33	0.45%
TOTALS		7,272	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	614	8.43%
B.	No	6,667	91.57%
TOTALS		7,281	100.00%

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Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	6,598	90.71%
B.	1 time	363	4.99%
C.	2 or 3 times	184	2.53%
D.	4 or 5 times	51	0.70%
E.	6 or more times	78	1.07%
TOTALS		7,274	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	3,978	54.86%
B.	0 times	2,975	41.03%
C.	1 time	144	1.99%
D.	2 or 3 times	86	1.19%
E.	4 or 5 times	28	0.39%
F.	6 or more times	40	0.55%
TOTALS		7,251	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	3,947	54.11%
B.	0 times	3,102	42.53%
C.	1 time	109	1.49%
D.	2 or 3 times	72	0.99%
E.	4 or 5 times	25	0.34%
F.	6 or more times	39	0.53%
TOTALS		7,294	100.00%

Q-19. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?

A.	Never	4,896	67.15%
B.	Rarely	1,191	16.34%
C.	Sometimes	785	10.77%
D.	Most of the time	249	3.42%
E.	Always	170	2.33%
TOTALS		7,291	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?

A.	Yes	2,676	36.90%
B.	No	4,577	63.10%
TOTALS		7,253	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	1,622	22.20%
B.	No	5,684	77.80%
TOTALS		7,306	100.00%

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Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	1,708	23.36%
B.	No	5,603	76.64%
TOTALS		7,311	100.00%

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	2,534	35.19%
B.	No	4,666	64.81%
TOTALS		7,200	100.00%

Q-24. During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	1,613	22.22%
B.	No	5,645	77.78%
TOTALS		7,258	100.00%

Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	1,473	20.31%
B.	No	5,779	79.69%
TOTALS		7,252	100.00%

Q-26. During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	6,078	84.29%
B.	1 time	728	10.10%
C.	2 or 3 times	267	3.70%
D.	4 or 5 times	59	0.82%
E.	6 or more times	79	1.10%
TOTALS		7,211	100.00%

Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	5,924	81.68%
B.	Yes	355	4.89%
C.	No	974	13.43%
TOTALS		7,253	100.00%

Q-28. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	1,087	14.95%
B.	No	6,185	85.05%
TOTALS		7,272	100.00%

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Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	6,245	86.07%
B.	8 years old or younger	260	3.58%
C.	9 or 10 years old	203	2.80%
D.	11 or 12 years old	325	4.48%
E.	13 or 14 years old	215	2.96%
F.	15 years old or older	8	0.11%
TOTALS		7,256	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	6,992	95.90%
B.	1 or 2 days	154	2.11%
C.	3 to 5 days	46	0.63%
D.	6 to 9 days	31	0.43%
E.	10 to 19 days	23	0.32%
F.	20 to 29 days	9	0.12%
G.	All 30 days	36	0.49%
TOTALS		7,291	100.00%

Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	6,975	95.84%
B.	Less than 1 cigarette per day	141	1.94%
C.	1 cigarette per day	71	0.98%
D.	2 to 5 cigarettes per day	56	0.77%
E.	6 to 10 cigarettes per day	9	0.12%
F.	11 to 20 cigarettes per day	1	0.01%
G.	More than 20 cigarettes per day	25	0.34%
TOTALS		7,278	100.00%

Q-32. Have you ever used an electronic vapor product?

A.	Yes	1,609	22.21%
B.	No	5,637	77.79%
TOTALS		7,246	100.00%

Q-33. During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	6,403	87.92%
B.	1 or 2 days	356	4.89%
C.	3 to 5 days	138	1.89%
D.	6 to 9 days	71	0.97%
E.	10 to 19 days	114	1.57%
F.	20 to 29 days	57	0.78%
G.	All 30 days	144	1.98%
TOTALS		7,283	100.00%

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Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	6,864	94.38%
B.	1 or 2 days	188	2.58%
C.	3 to 5 days	46	0.63%
D.	6 to 9 days	61	0.84%
E.	10 to 19 days	29	0.40%
F.	20 to 29 days	25	0.34%
G.	All 30 days	60	0.82%
TOTALS		7,273	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	6,345	88.95%
B.	I got or bought them from a friend, family member, or someone else	495	6.94%
C.	I bought them myself in a vape shop or tobacco shop	27	0.38%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	11	0.15%
E.	I bought them myself at a mall or shopping center kiosk or stand	8	0.11%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	15	0.21%
G.	I took them from a store or another person	43	0.60%
H.	I got them in some other way	189	2.65%
TOTALS		7,133	100.00%

Q-36. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	6,446	88.67%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	49	0.67%
C.	Chocolate, candy, desserts, or other sweets	79	1.09%
D.	Fruit	474	6.52%
E.	Menthol	72	0.99%
F.	Mint	29	0.40%
G.	Tobacco	18	0.25%
H.	Some other flavor	103	1.42%
TOTALS		7,270	100.00%

Q-37. What is the main reason you have used electronic vapor products? (Select only one response.)

A.	I have never used an electronic vapor product	5,848	80.57%
B.	Friend or family member used them	251	3.46%
C.	To get a high or buzz from nicotine	117	1.61%
D.	I was feeling anxious, stressed, or depressed	399	5.50%
E.	I was curious about them	423	5.83%
F.	They are less harmful than other forms of tobacco	13	0.18%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	39	0.54%
H.	I used them for some other reason	168	2.31%
TOTALS		7,258	100.00%

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Q-38. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	7,082	97.87%
B.	1 or 2 days	74	1.02%
C.	3 to 5 days	18	0.25%
D.	6 to 9 days	10	0.14%
E.	10 to 19 days	19	0.26%
F.	20 to 29 days	7	0.10%
G.	All 30 days	26	0.36%
TOTALS		7,236	100.00%

Q-39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	7,129	97.95%
B.	1 or 2 days	79	1.09%
C.	3 to 5 days	31	0.43%
D.	6 to 9 days	10	0.14%
E.	10 to 19 days	6	0.08%
F.	20 to 29 days	3	0.04%
G.	All 30 days	20	0.27%
TOTALS		7,278	100.00%

Q-40. During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	6,176	85.10%
B.	Yes	686	9.45%
C.	No	395	5.44%
TOTALS		7,257	100.00%

Q-41. How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	5,089	70.90%
B.	8 years old or younger	612	8.53%
C.	9 or 10 years old	420	5.85%
D.	11 or 12 years old	625	8.71%
E.	13 or 14 years old	420	5.85%
F.	15 years old or older	12	0.17%
TOTALS		7,178	100.00%

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Q-42. During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	6,438	88.71%
B.	1 or 2 days	504	6.95%
C.	3 to 5 days	163	2.25%
D.	6 to 9 days	78	1.07%
E.	10 to 19 days	36	0.50%
F.	20 to 29 days	8	0.11%
G.	All 30 days	30	0.41%
TOTALS		7,257	100.00%

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	6,876	94.84%
B.	1 day	162	2.23%
C.	2 days	80	1.10%
D.	3 to 5 days	64	0.88%
E.	6 to 9 days	25	0.34%
F.	10 to 19 days	13	0.18%
G.	20 or more days	30	0.41%
TOTALS		7,250	100.00%

Q-44. During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	6,414	88.82%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	30	0.42%
C.	I bought it at a restaurant, bar, or club	15	0.21%
D.	I bought it at a public event such as a concert or sporting event	13	0.18%
E.	I gave someone else money to buy it for me	59	0.82%
F.	Someone gave it to me	283	3.92%
G.	I took it from a store or family member	197	2.73%
H.	I got it some other way	210	2.91%
TOTALS		7,221	100.00%

Q-45. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	6,421	88.50%
B.	Beer	219	3.02%
C.	Wine	94	1.30%
D.	Vodka	141	1.94%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	165	2.27%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	170	2.34%
G.	Some other type of alcohol	45	0.62%
TOTALS		7,255	100.00%

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Q-46. During your life, how many times have you used marijuana?

A.	0 times	6,328	87.25%
B.	1 or 2 times	305	4.21%
C.	3 to 9 times	179	2.47%
D.	10 to 19 times	89	1.23%
E.	20 to 39 times	80	1.10%
F.	40 to 99 times	87	1.20%
G.	100 or more times	185	2.55%
TOTALS		7,253	100.00%

Q-47. How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	6,289	87.01%
B.	8 years old or younger	117	1.62%
C.	9 or 10 years old	165	2.28%
D.	11 or 12 years old	354	4.90%
E.	13 or 14 years old	294	4.07%
F.	15 years old or older	9	0.12%
TOTALS		7,228	100.00%

Q-48. During the past 30 days, how many times did you use marijuana?

A.	0 times	6,734	92.84%
B.	1 or 2 times	185	2.55%
C.	3 to 9 times	113	1.56%
D.	10 to 19 times	71	0.98%
E.	20 to 39 times	57	0.79%
F.	40 or more times	93	1.28%
TOTALS		7,253	100.00%

Q-49. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	6,291	86.99%
B.	1 or 2 times	499	6.90%
C.	3 to 9 times	212	2.93%
D.	10 to 19 times	82	1.13%
E.	20 to 39 times	49	0.68%
F.	40 or more times	99	1.37%
TOTALS		7,232	100.00%

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Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	7,088	98.20%
B.	1 or 2 times	70	0.97%
C.	3 to 9 times	21	0.29%
D.	10 to 19 times	9	0.12%
E.	20 to 39 times	4	0.06%
F.	40 or more times	26	0.36%
TOTALS		7,218	100.00%

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	6,618	91.33%
B.	1 or 2 times	350	4.83%
C.	3 to 9 times	101	1.39%
D.	10 to 19 times	68	0.94%
E.	20 to 39 times	36	0.50%
F.	40 or more times	73	1.01%
TOTALS		7,246	100.00%

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	7,154	98.83%
B.	1 or 2 times	34	0.47%
C.	3 to 9 times	17	0.23%
D.	10 to 19 times	6	0.08%
E.	20 to 39 times	4	0.06%
F.	40 or more times	24	0.33%
TOTALS		7,239	100.00%

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	7,093	98.46%
B.	1 or 2 times	54	0.75%
C.	3 to 9 times	15	0.21%
D.	10 to 19 times	10	0.14%
E.	20 to 39 times	3	0.04%
F.	40 or more times	29	0.40%
TOTALS		7,204	100.00%

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Q-54. During your life, how many times have you used ecstasy (also called MDMA or Molly)?

A.	0 times	7,125	98.41%
B.	1 or 2 times	54	0.75%
C.	3 to 9 times	17	0.23%
D.	10 to 19 times	13	0.18%
E.	20 to 39 times	9	0.12%
F.	40 or more times	22	0.30%
TOTALS		7,240	100.00%

Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	7,118	98.40%
B.	1 time	61	0.84%
C.	2 or more times	55	0.76%
TOTALS		7,234	100.00%

Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	1,474	20.46%
B.	No	5,732	79.54%
TOTALS		7,206	100.00%

Q-57. Have you ever had sexual intercourse?

A.	Yes	941	13.03%
B.	No	6,281	86.97%
TOTALS		7,222	100.00%

Q-58. How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	6,505	90.30%
B.	11 years old or younger	294	4.08%
C.	12 years old	114	1.58%
D.	13 years old	188	2.61%
E.	14 years old	87	1.21%
F.	15 years old or older	16	0.22%
TOTALS		7,204	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	6,509	90.68%
B.	1 person	375	5.22%
C.	2 people	130	1.81%
D.	3 people	69	0.96%
E.	4 people	24	0.33%
F.	5 people	10	0.14%
G.	6 or more people	61	0.85%
TOTALS		7,178	100.00%

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Q-60. During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	6,545	90.85%
B.	I have had sexual intercourse, but not during the past 3 months	368	5.11%
C.	1 person	203	2.82%
D.	2 people	32	0.44%
E.	3 people	15	0.21%
F.	4 people	6	0.08%
G.	5 people	7	0.10%
H.	6 or more people	28	0.39%
TOTALS		7,204	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	6,328	88.04%
B.	Yes	241	3.35%
C.	No	619	8.61%
TOTALS		7,188	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	6,378	89.07%
B.	Yes	373	5.21%
C.	No	410	5.73%
TOTALS		7,161	100.00%

Q-63. How do you describe your weight?

A.	Very underweight	362	5.04%
B.	Slightly underweight	1,205	16.79%
C.	About the right weight	3,525	49.12%
D.	Slightly overweight	1,817	25.32%
E.	Very overweight	267	3.72%
TOTALS		7,176	100.00%

Q-64. Which of the following are you trying to do about your weight?

A.	Lose weight	3,198	44.52%
B.	Gain weight	1,056	14.70%
C.	Stay the same weight	1,224	17.04%
D.	I am not trying to do anything about my weight	1,705	23.74%
TOTALS		7,183	100.00%

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Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	2,466	34.56%
B.	1 to 3 times during the past 7 days	2,941	41.22%
C.	4 to 6 times during the past 7 days	850	11.91%
D.	1 time per day	341	4.78%
E.	2 times per day	239	3.35%
F.	3 times per day	96	1.35%
G.	4 or more times per day	202	2.83%
TOTALS		7,135	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	811	11.15%
B.	1 to 3 times during the past 7 days	2,353	32.34%
C.	4 to 6 times during the past 7 days	1,740	23.92%
D.	1 time per day	685	9.42%
E.	2 times per day	836	11.49%
F.	3 times per day	382	5.25%
G.	4 or more times per day	468	6.43%
TOTALS		7,275	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	2,734	37.69%
B.	1 to 3 times during the past 7 days	2,908	40.09%
C.	4 to 6 times during the past 7 days	855	11.79%
D.	1 time per day	476	6.56%
E.	2 times per day	133	1.83%
F.	3 times per day	43	0.59%
G.	4 or more times per day	105	1.45%
TOTALS		7,254	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	3,025	41.68%
B.	1 to 3 times during the past 7 days	3,336	45.96%
C.	4 to 6 times during the past 7 days	536	7.38%
D.	1 time per day	189	2.60%
E.	2 times per day	65	0.90%
F.	3 times per day	30	0.41%
G.	4 or more times per day	77	1.06%
TOTALS		7,258	100.00%

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Q-69. During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	3,369	46.15%
B.	1 to 3 times during the past 7 days	2,677	36.67%
C.	4 to 6 times during the past 7 days	697	9.55%
D.	1 time per day	242	3.32%
E.	2 times per day	132	1.81%
F.	3 times per day	49	0.67%
G.	4 or more times per day	134	1.84%
TOTALS		7,300	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	1,346	18.47%
B.	1 to 3 times during the past 7 days	2,793	38.32%
C.	4 to 6 times during the past 7 days	1,687	23.14%
D.	1 time per day	611	8.38%
E.	2 times per day	454	6.23%
F.	3 times per day	179	2.46%
G.	4 or more times per day	219	3.00%
TOTALS		7,289	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	1,812	24.93%
B.	1 to 3 times during the past 7 days	3,455	47.53%
C.	4 to 6 times during the past 7 days	1,038	14.28%
D.	1 time per day	427	5.87%
E.	2 times per day	271	3.73%
F.	3 times per day	104	1.43%
G.	4 or more times per day	162	2.23%
TOTALS		7,269	100.00%

Q-72. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	1,195	16.38%
B.	1 day	681	9.34%
C.	2 days	681	9.34%
D.	3 days	609	8.35%
E.	4 days	556	7.62%
F.	5 days	556	7.62%
G.	6 days	515	7.06%
H.	7 days	2,501	34.29%
TOTALS		7,294	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-73. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	641	8.81%
B.	1 day	488	6.71%
C.	2 days	631	8.67%
D.	3 days	824	11.32%
E.	4 days	860	11.82%
F.	5 days	1,046	14.37%
G.	6 days	692	9.51%
H.	7 days	2,095	28.79%
TOTALS		7,277	100.00%

Q-74. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	632	8.72%
B.	1 hour per day	708	9.77%
C.	2 hours per day	1,450	20.01%
D.	3 hours per day	1,618	22.33%
E.	4 hours per day	1,143	15.77%
F.	5 or more hours per day	1,695	23.39%
TOTALS		7,246	100.00%

Q-75. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	863	11.86%
B.	1 day	256	3.52%
C.	2 days	1,192	16.38%
D.	3 days	1,806	24.81%
E.	4 days	774	10.63%
F.	5 days	2,387	32.80%
TOTALS		7,278	100.00%

Q-76. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	2,164	29.73%
B.	1 team	1,609	22.10%
C.	2 teams	1,533	21.06%
D.	3 or more teams	1,974	27.12%
TOTALS		7,280	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-77. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	5,693	78.23%
B.	1 time	830	11.41%
C.	2 times	327	4.49%
D.	3 times	170	2.34%
E.	4 or more times	257	3.53%
TOTALS		7,277	100.00%

Q-78. How often do you use social media?

A.	I do not use social media	1,485	20.32%
B.	A few times a month	459	6.28%
C.	About once a week	203	2.78%
D.	A few times a week	471	6.45%
E.	About once a day	724	9.91%
F.	Several times a day	1,992	27.26%
G.	About once an hour	356	4.87%
H.	More than once an hour	1,617	22.13%
TOTALS		7,307	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	1,433	19.61%
B.	No	5,046	69.05%
C.	Not sure	829	11.34%
TOTALS		7,308	100.00%

Q-80. Do you still have asthma?

A.	I have never had asthma	4,401	60.43%
B.	Yes	948	13.02%
C.	No	1,017	13.96%
D.	Not sure	917	12.59%
TOTALS		7,283	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	5,467	74.89%
B.	0 days	1,538	21.07%
C.	1 day	146	2.00%
D.	2 days	65	0.89%
E.	3 days	41	0.56%
F.	4 days	11	0.15%
G.	5 or more days	32	0.44%
TOTALS		7,300	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	5,599	76.61%
B.	Between 12 and 24 months ago	617	8.44%
C.	More than 24 months ago	256	3.50%
D.	Never	109	1.49%
E.	Not sure	727	9.95%
TOTALS		7,308	100.00%

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	1,862	25.67%
B.	Rarely	1,743	24.03%
C.	Sometimes	1,811	24.97%
D.	Most of the time	1,169	16.12%
E.	Always	668	9.21%
TOTALS		7,253	100.00%

Q-84. On an average school night, how many hours of sleep do you get?

A.	4 or less hours	804	11.02%
B.	5 hours	705	9.67%
C.	6 hours	1,062	14.56%
D.	7 hours	1,579	21.65%
E.	8 hours	1,867	25.60%
F.	9 hours	927	12.71%
G.	10 or more hours	350	4.80%
TOTALS		7,294	100.00%

Q-85. During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	6,797	93.17%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	241	3.30%
C.	In a shelter or emergency housing	68	0.93%
D.	In a motel or hotel	48	0.66%
E.	In a car, park, campground, or other public place	43	0.59%
F.	I do not have a usual place to sleep	43	0.59%
G.	Somewhere else	41	0.56%
TOTALS		7,295	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	500	6.90%
B.	No	6,744	93.10%
TOTALS		7,244	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-87. During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	3,483	47.90%
B.	Mostly B's	2,088	28.71%
C.	Mostly C's	783	10.77%
D.	Mostly D's	212	2.92%
E.	Mostly F's	192	2.64%
F.	None of these grades	119	1.64%
G.	Not sure	395	5.43%
TOTALS		7,272	100.00%

Q-88. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	6,835	94.13%
B.	1 or 2 times	243	3.35%
C.	3 to 9 times	87	1.20%
D.	10 to 19 times	35	0.48%
E.	20 to 39 times	27	0.37%
F.	40 or more times	34	0.47%
TOTALS		7,261	100.00%

Q-89. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	1,612	22.39%
B.	No	5,589	77.61%
TOTALS		7,201	100.00%