

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS FOR AMERICAN INDIAN STUDENTS ON OR NEAR A RESERVATION

The following frequency distributions are based upon surveys with 637 middle school American Indian students who live on or near a Reservation in Montana during February 2023. Frequency distributions may not total 637 due to nonresponses and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
<b>Q -1 How old are you?</b>			
A.	10 years old or younger	2	0.32%
B.	11 years old	6	0.95%
C.	12 years old	112	17.75%
D.	13 years old	285	45.17%
E.	14 years old	208	32.96%
F.	15 years old	18	2.85%
G.	16 years old or older	0	0.00%
	<b>TOTALS</b>	<b>631</b>	<b>100.00%</b>
<b>Q -2 What is your sex?</b>			
A.	Female	318	50.64%
B.	Male	310	49.36%
	<b>TOTALS</b>	<b>628</b>	<b>100.00%</b>
<b>Q -3 In what grade are you?</b>			
A.	7th grade	290	46.70%
B.	8th grade	331	53.30%
	<b>TOTALS</b>	<b>621</b>	<b>100.00%</b>
<b>Q -4 Are you Hispanic or Latino?</b>			
A.	Yes	55	8.86%
B.	No	566	91.14%
	<b>TOTALS</b>	<b>621</b>	<b>100.00%</b>
<b>Q -5 What is your race?</b>			
A.	American Indian or Alaskan Native	637	81.35%
B.	Asian	21	2.68%
C.	Black or African American	19	2.43%
D.	Native Hawaiian or Other Pacific Islander	7	0.89%
E.	White	99	12.64%
	<b>TOTALS</b>	<b>783</b>	<b>100.00%</b>

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## Q -6 How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	37	5.85%
B.	Rarely	75	11.87%
C.	Sometimes	155	24.53%
D.	Most of the time	215	34.02%
E.	Always	150	23.73%
<b>TOTALS</b>		<b>632</b>	<b>100.00%</b>

## Q -7 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	473	75.92%
B.	1 time	45	7.22%
C.	2 or 3 times	46	7.38%
D.	4 or 5 times	11	1.77%
E.	6 or more times	48	7.70%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

## Q -8 How often do you wear a seat belt when driving a car?

A.	I do not drive a car	314	50.24%
B.	Never	16	2.56%
C.	Rarely	46	7.36%
D.	Sometimes	82	13.12%
E.	Most of the time	53	8.48%
F.	Always	114	18.24%
<b>TOTALS</b>		<b>625</b>	<b>100.00%</b>

## Q -9 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	585	92.42%
B.	1 day	21	3.32%
C.	2 or 3 days	9	1.42%
D.	4 or 5 days	6	0.95%
E.	6 or more days	12	1.90%
<b>TOTALS</b>		<b>633</b>	<b>100.00%</b>

## Q -10 During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	568	90.16%
B.	1 day	21	3.33%
C.	2 or 3 days	16	2.54%
D.	4 or 5 days	6	0.95%
E.	6 or more days	19	3.02%
<b>TOTALS</b>		<b>630</b>	<b>100.00%</b>

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**Q -11 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?**

A.	0 days	499	79.71%
B.	1 day	62	9.90%
C.	2 or 3 days	33	5.27%
D.	4 or 5 days	13	2.08%
E.	6 or more days	19	3.04%
<b>TOTALS</b>		<b>626</b>	<b>100.00%</b>

**Q -12 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?**

A.	0 times	566	89.56%
B.	1 time	33	5.22%
C.	2 or 3 times	21	3.32%
D.	4 or 5 times	6	0.95%
E.	6 or 7 times	2	0.32%
F.	8 or 9 times	1	0.16%
G.	10 or 11 times	2	0.32%
H.	12 or more times	1	0.16%
<b>TOTALS</b>		<b>632</b>	<b>100.00%</b>

**Q -13 During the past 12 months, how many times were you in a physical fight?**

A.	0 times	426	67.62%
B.	1 time	92	14.60%
C.	2 or 3 times	70	11.11%
D.	4 or 5 times	21	3.33%
E.	6 or 7 times	8	1.27%
F.	8 or 9 times	4	0.63%
G.	10 or 11 times	5	0.79%
H.	12 or more times	4	0.63%
<b>TOTALS</b>		<b>630</b>	<b>100.00%</b>

**Q -14 During the past 12 months, how many times were you in a physical fight on school property?**

A.	0 times	537	85.65%
B.	1 time	53	8.45%
C.	2 or 3 times	28	4.47%
D.	4 or 5 times	8	1.28%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.16%
<b>TOTALS</b>		<b>627</b>	<b>100.00%</b>

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

**Q -15 Have you ever been physically forced to have sexual intercourse when you did not want to?**

A.	Yes	69	10.94%
B.	No	562	89.06%
<b>TOTALS</b>		<b>631</b>	<b>100.00%</b>

**Q -16 During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)**

A.	0 times	569	90.03%
B.	1 time	34	5.38%
C.	2 or 3 times	16	2.53%
D.	4 or 5 times	4	0.63%
E.	6 or more times	9	1.42%
<b>TOTALS</b>		<b>632</b>	<b>100.00%</b>

**Q -17 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)**

A.	I did not date or go out with anyone during the past 12 months	328	52.31%
B.	0 times	271	43.22%
C.	1 time	13	2.07%
D.	2 or 3 times	7	1.12%
E.	4 or 5 times	4	0.64%
F.	6 or more times	4	0.64%
<b>TOTALS</b>		<b>627</b>	<b>100.00%</b>

**Q -18 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)**

A.	I did not date or go out with anyone during the past 12 months	318	50.32%
B.	0 times	289	45.73%
C.	1 time	13	2.06%
D.	2 or 3 times	5	0.79%
E.	4 or 5 times	4	0.63%
F.	6 or more times	3	0.47%
<b>TOTALS</b>		<b>632</b>	<b>100.00%</b>

**Q -19 During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?**

A.	Never	382	60.44%
B.	Rarely	112	17.72%
C.	Sometimes	91	14.40%
D.	Most of the time	30	4.75%
E.	Always	17	2.69%
<b>TOTALS</b>		<b>632</b>	<b>100.00%</b>

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

**Q -20 During the past 12 months, have you ever been bullied on school property?**

A.	Yes	215	34.46%
B.	No	409	65.54%
<b>TOTALS</b>		<b>624</b>	<b>100.00%</b>

**Q -21 During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)**

A.	Yes	138	21.84%
B.	No	494	78.16%
<b>TOTALS</b>		<b>632</b>	<b>100.00%</b>

**Q -22 During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?**

A.	Yes	138	21.84%
B.	No	494	78.16%
<b>TOTALS</b>		<b>632</b>	<b>100.00%</b>

**Q -23 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?**

A.	Yes	267	43.34%
B.	No	349	56.66%
<b>TOTALS</b>		<b>616</b>	<b>100.00%</b>

**Q -24 During the past 12 months, did you ever seriously consider attempting suicide?**

A.	Yes	171	27.36%
B.	No	454	72.64%
<b>TOTALS</b>		<b>625</b>	<b>100.00%</b>

**Q -25 During the past 12 months, did you make a plan about how you would attempt suicide?**

A.	Yes	176	28.25%
B.	No	447	71.75%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

**Q -26 During the past 12 months, how many times did you actually attempt suicide?**

A.	0 times	479	77.51%
B.	1 time	80	12.94%
C.	2 or 3 times	46	7.44%
D.	4 or 5 times	7	1.13%
E.	6 or more times	6	0.97%
<b>TOTALS</b>		<b>618</b>	<b>100.00%</b>

**Q -27 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?**

A.	I did not attempt suicide during the past 12 months	439	70.24%
B.	Yes	51	8.16%
C.	No	135	21.60%
<b>TOTALS</b>		<b>625</b>	<b>100.00%</b>

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

## Q -28 Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	198	31.58%
B.	No	429	68.42%
<b>TOTALS</b>		<b>627</b>	<b>100.00%</b>

## Q -29 How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	422	67.41%
B.	8 years old or younger	51	8.15%
C.	9 or 10 years old	44	7.03%
D.	11 or 12 years old	66	10.54%
E.	13 or 14 years old	42	6.71%
F.	15 years old or older	1	0.16%
<b>TOTALS</b>		<b>626</b>	<b>100.00%</b>

## Q -30 During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	557	88.27%
B.	1 or 2 days	34	5.39%
C.	3 to 5 days	18	2.85%
D.	6 to 9 days	8	1.27%
E.	10 to 19 days	5	0.79%
F.	20 to 29 days	2	0.32%
G.	All 30 days	7	1.11%
<b>TOTALS</b>		<b>631</b>	<b>100.00%</b>

## Q -31 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	564	89.38%
B.	Less than 1 cigarette per day	24	3.80%
C.	1 cigarette per day	18	2.85%
D.	2 to 5 cigarettes per day	19	3.01%
E.	6 to 10 cigarettes per day	3	0.48%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	3	0.48%
<b>TOTALS</b>		<b>631</b>	<b>100.00%</b>

## Q -32 Have you ever used an electronic vapor product?

A.	Yes	274	43.56%
B.	No	355	56.44%
<b>TOTALS</b>		<b>629</b>	<b>100.00%</b>

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

## Q -33 During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	447	70.84%
B.	1 or 2 days	54	8.56%
C.	3 to 5 days	38	6.02%
D.	6 to 9 days	12	1.90%
E.	10 to 19 days	27	4.28%
F.	20 to 29 days	15	2.38%
G.	All 30 days	38	6.02%
<b>TOTALS</b>		<b>631</b>	<b>100.00%</b>

## Q -34 During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	532	84.71%
B.	1 or 2 days	33	5.25%
C.	3 to 5 days	12	1.91%
D.	6 to 9 days	17	2.71%
E.	10 to 19 days	9	1.43%
F.	20 to 29 days	7	1.11%
G.	All 30 days	18	2.87%
<b>TOTALS</b>		<b>628</b>	<b>100.00%</b>

## Q -35 During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	451	73.57%
B.	I got or bought them from a friend, family member, or someone else	92	15.01%
C.	I bought them myself in a vape shop or tobacco shop	10	1.63%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	3	0.49%
E.	I bought them myself at a mall or shopping center kiosk or stand	2	0.33%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	4	0.65%
G.	I took them from a store or another person	7	1.14%
H.	I got them in some other way	44	7.18%
<b>TOTALS</b>		<b>613</b>	<b>100.00%</b>

## Q -36 During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	446	71.02%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	9	1.43%
C.	Chocolate, candy, desserts, or other sweets	20	3.18%
D.	Fruit	97	15.45%
E.	Menthol	15	2.39%
F.	Mint	7	1.11%
G.	Tobacco	4	0.64%
H.	Some other flavor	30	4.78%
<b>TOTALS</b>		<b>628</b>	<b>100.00%</b>

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

## Q -37 What is the main reason you have used electronic vapor products? (Select only one response.)

A.	I have never used an electronic vapor product	376	59.97%
B.	Friend or family member used them	40	6.38%
C.	To get a high or buzz from nicotine	26	4.15%
D.	I was feeling anxious, stressed, or depressed	73	11.64%
E.	I was curious about them	66	10.53%
F.	They are less harmful than other forms of tobacco	5	0.80%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	14	2.23%
H.	I used them for some other reason	27	4.31%
<b>TOTALS</b>		<b>627</b>	<b>100.00%</b>

## Q -38 During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	584	93.74%
B.	1 or 2 days	25	4.01%
C.	3 to 5 days	3	0.48%
D.	6 to 9 days	1	0.16%
E.	10 to 19 days	5	0.80%
F.	20 to 29 days	1	0.16%
G.	All 30 days	4	0.64%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

## Q -39 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	595	94.75%
B.	1 or 2 days	16	2.55%
C.	3 to 5 days	10	1.59%
D.	6 to 9 days	3	0.48%
E.	10 to 19 days	1	0.16%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.48%
<b>TOTALS</b>		<b>628</b>	<b>100.00%</b>

## Q -40 During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	422	67.20%
B.	Yes	148	23.57%
C.	No	58	9.24%
<b>TOTALS</b>		<b>628</b>	<b>100.00%</b>



# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

## Q -41 How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	416	66.77%
B.	8 years old or younger	50	8.03%
C.	9 or 10 years old	38	6.10%
D.	11 or 12 years old	70	11.24%
E.	13 or 14 years old	49	7.87%
F.	15 years old or older	0	0.00%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

## Q -42 During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	541	86.56%
B.	1 or 2 days	41	6.56%
C.	3 to 5 days	21	3.36%
D.	6 to 9 days	14	2.24%
E.	10 to 19 days	5	0.80%
F.	20 to 29 days	1	0.16%
G.	All 30 days	2	0.32%
<b>TOTALS</b>		<b>625</b>	<b>100.00%</b>

## Q -43 During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	572	91.37%
B.	1 day	18	2.88%
C.	2 days	18	2.88%
D.	3 to 5 days	11	1.76%
E.	6 to 9 days	3	0.48%
F.	10 to 19 days	3	0.48%
G.	20 or more days	1	0.16%
<b>TOTALS</b>		<b>626</b>	<b>100.00%</b>

## Q -44 During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	538	86.63%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	5	0.81%
C.	I bought it at a restaurant, bar, or club	5	0.81%
D.	I bought it at a public event such as a concert or sporting event	5	0.81%
E.	I gave someone else money to buy it for me	21	3.38%
F.	Someone gave it to me	25	4.03%
G.	I took it from a store or family member	6	0.97%
H.	I got it some other way	16	2.58%
<b>TOTALS</b>		<b>621</b>	<b>100.00%</b>

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

## Q -45 During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	541	86.42%
B.	Beer	24	3.83%
C.	Wine	3	0.48%
D.	Vodka	16	2.56%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	19	3.04%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	16	2.56%
G.	Some other type of alcohol	7	1.12%
<b>TOTALS</b>		<b>626</b>	<b>100.00%</b>

## Q -46 During your life, how many times have you used marijuana?

A.	0 times	414	66.45%
B.	1 or 2 times	56	8.99%
C.	3 to 9 times	33	5.30%
D.	10 to 19 times	23	3.69%
E.	20 to 39 times	19	3.05%
F.	40 to 99 times	29	4.65%
G.	100 or more times	49	7.87%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

## Q -47 How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	409	65.65%
B.	8 years old or younger	25	4.01%
C.	9 or 10 years old	49	7.87%
D.	11 or 12 years old	77	12.36%
E.	13 or 14 years old	59	9.47%
F.	15 years old or older	4	0.64%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

## Q -48 During the past 30 days, how many times did you use marijuana?

A.	0 times	501	80.03%
B.	1 or 2 times	30	4.79%
C.	3 to 9 times	31	4.95%
D.	10 to 19 times	26	4.15%
E.	20 to 39 times	12	1.92%
F.	40 or more times	26	4.15%
<b>TOTALS</b>		<b>626</b>	<b>100.00%</b>

## 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

**Q -49 During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?**

A.	0 times	523	83.81%
B.	1 or 2 times	51	8.17%
C.	3 to 9 times	28	4.49%
D.	10 to 19 times	12	1.92%
E.	20 to 39 times	5	0.80%
F.	40 or more times	5	0.80%
<b>TOTALS</b>		<b>624</b>	<b>100.00%</b>

**Q -50 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?**

A.	0 times	603	97.10%
B.	1 or 2 times	9	1.45%
C.	3 to 9 times	4	0.64%
D.	10 to 19 times	1	0.16%
E.	20 to 39 times	2	0.32%
F.	40 or more times	2	0.32%
<b>TOTALS</b>		<b>621</b>	<b>100.00%</b>

**Q -51 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?**

A.	0 times	574	91.69%
B.	1 or 2 times	27	4.31%
C.	3 to 9 times	11	1.76%
D.	10 to 19 times	9	1.44%
E.	20 to 39 times	3	0.48%
F.	40 or more times	2	0.32%
<b>TOTALS</b>		<b>626</b>	<b>100.00%</b>

**Q -52 During your life, how many times have you used heroin (also called smack, junk, or China White)?**

A.	0 times	609	97.75%
B.	1 or 2 times	8	1.28%
C.	3 to 9 times	5	0.80%
D.	10 to 19 times	1	0.16%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

## 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

<b>Q -53 During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?</b>			
A.	0 times	602	97.57%
B.	1 or 2 times	11	1.78%
C.	3 to 9 times	2	0.32%
D.	10 to 19 times	1	0.16%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.16%
<b>TOTALS</b>		<b>617</b>	<b>100.00%</b>
<b>Q -54 During your life, how many times have you used ecstasy (also called MDMA or Molly)?</b>			
A.	0 times	607	97.28%
B.	1 or 2 times	8	1.28%
C.	3 to 9 times	3	0.48%
D.	10 to 19 times	1	0.16%
E.	20 to 39 times	4	0.64%
F.	40 or more times	1	0.16%
<b>TOTALS</b>		<b>624</b>	<b>100.00%</b>
<b>Q -55 During your life, how many times have you used a needle to inject any illegal drug into your body?</b>			
A.	0 times	610	97.76%
B.	1 time	7	1.12%
C.	2 or more times	7	1.12%
<b>TOTALS</b>		<b>624</b>	<b>100.00%</b>
<b>Q -56 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?</b>			
A.	Yes	134	21.54%
B.	No	488	78.46%
<b>TOTALS</b>		<b>622</b>	<b>100.00%</b>
<b>Q -57 Have you ever had sexual intercourse?</b>			
A.	Yes	110	17.66%
B.	No	513	82.34%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>
<b>Q -58 How old were you when you had sexual intercourse for the first time?</b>			
A.	I have never had sexual intercourse	534	85.71%
B.	11 years old or younger	31	4.98%
C.	12 years old	16	2.57%
D.	13 years old	20	3.21%
E.	14 years old	18	2.89%
F.	15 years old or older	4	0.64%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

## Q -59 During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	535	86.15%
B.	1 person	42	6.76%
C.	2 people	20	3.22%
D.	3 people	13	2.09%
E.	4 people	1	0.16%
F.	5 people	3	0.48%
G.	6 or more people	7	1.13%
<b>TOTALS</b>		<b>621</b>	<b>100.00%</b>

## Q -60 During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	539	86.52%
B.	I have had sexual intercourse, but not during the past 3 months	46	7.38%
C.	1 person	25	4.01%
D.	2 people	8	1.28%
E.	3 people	2	0.32%
F.	4 people	1	0.16%
G.	5 people	0	0.00%
H.	6 or more people	2	0.32%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

## Q -61 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	505	81.19%
B.	Yes	34	5.47%
C.	No	83	13.34%
<b>TOTALS</b>		<b>622</b>	<b>100.00%</b>

## Q -62 The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	517	83.12%
B.	Yes	58	9.32%
C.	No	47	7.56%
<b>TOTALS</b>		<b>622</b>	<b>100.00%</b>

## Q -63 How do you describe your weight?

A.	Very underweight	32	5.16%
B.	Slightly underweight	87	14.03%
C.	About the right weight	266	42.90%
D.	Slightly overweight	192	30.97%
E.	Very overweight	43	6.94%
<b>TOTALS</b>		<b>620</b>	<b>100.00%</b>

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

## Q -64 Which of the following are you trying to do about your weight?

A.	Lose weight	368	59.26%
B.	Gain weight	71	11.43%
C.	Stay the same weight	92	14.81%
D.	I am not trying to do anything about my weight	90	14.49%
<b>TOTALS</b>		<b>621</b>	<b>100.00%</b>

## Q -65 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	194	31.91%
B.	1 to 3 times during the past 7 days	223	36.68%
C.	4 to 6 times during the past 7 days	94	15.46%
D.	1 time per day	26	4.28%
E.	2 times per day	31	5.10%
F.	3 times per day	15	2.47%
G.	4 or more times per day	25	4.11%
<b>TOTALS</b>		<b>608</b>	<b>100.00%</b>

## Q -66 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	81	12.88%
B.	1 to 3 times during the past 7 days	237	37.68%
C.	4 to 6 times during the past 7 days	132	20.99%
D.	1 time per day	50	7.95%
E.	2 times per day	56	8.90%
F.	3 times per day	24	3.82%
G.	4 or more times per day	49	7.79%
<b>TOTALS</b>		<b>629</b>	<b>100.00%</b>

## Q -67 During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	256	40.89%
B.	1 to 3 times during the past 7 days	207	33.07%
C.	4 to 6 times during the past 7 days	74	11.82%
D.	1 time per day	50	7.99%
E.	2 times per day	15	2.40%
F.	3 times per day	8	1.28%
G.	4 or more times per day	16	2.56%
<b>TOTALS</b>		<b>626</b>	<b>100.00%</b>

## 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

**Q -68 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)**

A.	I did not eat potatoes during the past 7 days	278	44.20%
B.	1 to 3 times during the past 7 days	238	37.84%
C.	4 to 6 times during the past 7 days	65	10.33%
D.	1 time per day	23	3.66%
E.	2 times per day	11	1.75%
F.	3 times per day	4	0.64%
G.	4 or more times per day	10	1.59%
<b>TOTALS</b>		<b>629</b>	<b>100.00%</b>

**Q -69 During the past 7 days, how many times did you eat carrots?**

A.	I did not eat carrots during the past 7 days	341	53.79%
B.	1 to 3 times during the past 7 days	185	29.18%
C.	4 to 6 times during the past 7 days	50	7.89%
D.	1 time per day	24	3.79%
E.	2 times per day	9	1.42%
F.	3 times per day	6	0.95%
G.	4 or more times per day	19	3.00%
<b>TOTALS</b>		<b>634</b>	<b>100.00%</b>

**Q -70 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)**

A.	I did not eat other vegetables during the past 7 days	199	31.44%
B.	1 to 3 times during the past 7 days	232	36.65%
C.	4 to 6 times during the past 7 days	109	17.22%
D.	1 time per day	40	6.32%
E.	2 times per day	22	3.48%
F.	3 times per day	15	2.37%
G.	4 or more times per day	16	2.53%
<b>TOTALS</b>		<b>633</b>	<b>100.00%</b>

**Q -71 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)**

A.	I did not drink soda or pop during the past 7 days	114	18.24%
B.	1 to 3 times during the past 7 days	287	45.92%
C.	4 to 6 times during the past 7 days	93	14.88%
D.	1 time per day	41	6.56%
E.	2 times per day	38	6.08%
F.	3 times per day	19	3.04%
G.	4 or more times per day	33	5.28%
<b>TOTALS</b>		<b>625</b>	<b>100.00%</b>

## 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

**Q -72 During the past 7 days, on how many days did you eat breakfast?**

A.	0 days	118	18.70%
B.	1 day	70	11.09%
C.	2 days	73	11.57%
D.	3 days	75	11.89%
E.	4 days	50	7.92%
F.	5 days	51	8.08%
G.	6 days	28	4.44%
H.	7 days	166	26.31%
<b>TOTALS</b>		<b>631</b>	<b>100.00%</b>

**Q -73 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)**

A.	0 days	108	17.14%
B.	1 day	63	10.00%
C.	2 days	64	10.16%
D.	3 days	71	11.27%
E.	4 days	74	11.75%
F.	5 days	72	11.43%
G.	6 days	47	7.46%
H.	7 days	131	20.79%
<b>TOTALS</b>		<b>630</b>	<b>100.00%</b>

**Q -74 On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)**

A.	Less than 1 hour per day	66	10.49%
B.	1 hour per day	64	10.17%
C.	2 hours per day	95	15.10%
D.	3 hours per day	99	15.74%
E.	4 hours per day	85	13.51%
F.	5 or more hours per day	220	34.98%
<b>TOTALS</b>		<b>629</b>	<b>100.00%</b>

**Q -75 In an average week when you are in school, on how many days do you go to physical education (PE) classes?**

A.	0 days	151	23.78%
B.	1 day	34	5.35%
C.	2 days	36	5.67%
D.	3 days	84	13.23%
E.	4 days	73	11.50%
F.	5 days	257	40.47%
<b>TOTALS</b>		<b>635</b>	<b>100.00%</b>



## 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

**Q -76 During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)**

A.	0 teams	203	32.07%
B.	1 team	148	23.38%
C.	2 teams	130	20.54%
D.	3 or more teams	152	24.01%
<b>TOTALS</b>		<b>633</b>	<b>100.00%</b>

**Q -77 During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?**

A.	0 times	441	70.00%
B.	1 time	85	13.49%
C.	2 times	37	5.87%
D.	3 times	28	4.44%
E.	4 or more times	39	6.19%
<b>TOTALS</b>		<b>630</b>	<b>100.00%</b>

**Q -78 How often do you use social media?**

A.	I do not use social media	98	15.43%
B.	A few times a month	50	7.87%
C.	About once a week	14	2.20%
D.	A few times a week	39	6.14%
E.	About once a day	38	5.98%
F.	Several times a day	145	22.83%
G.	About once an hour	34	5.35%
H.	More than once an hour	217	34.17%
<b>TOTALS</b>		<b>635</b>	<b>100.00%</b>

**Q -79 Has a doctor or nurse ever told you that you have asthma?**

A.	Yes	150	23.62%
B.	No	383	60.31%
C.	Not sure	102	16.06%
<b>TOTALS</b>		<b>635</b>	<b>100.00%</b>

**Q -80 Do you still have asthma?**

A.	I have never had asthma	316	49.92%
B.	Yes	102	16.11%
C.	No	113	17.85%
D.	Not sure	102	16.11%
<b>TOTALS</b>		<b>633</b>	<b>100.00%</b>

## 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

### Q -81 During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	432	68.03%
B.	0 days	165	25.98%
C.	1 day	21	3.31%
D.	2 days	7	1.10%
E.	3 days	3	0.47%
F.	4 days	1	0.16%
G.	5 or more days	6	0.94%
<b>TOTALS</b>		<b>635</b>	<b>100.00%</b>

### Q -82 When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	398	62.58%
B.	Between 12 and 24 months ago	96	15.09%
C.	More than 24 months ago	31	4.87%
D.	Never	19	2.99%
E.	Not sure	92	14.47%
<b>TOTALS</b>		<b>636</b>	<b>100.00%</b>

### Q -83 During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	178	28.57%
B.	Rarely	137	21.99%
C.	Sometimes	148	23.76%
D.	Most of the time	104	16.69%
E.	Always	56	8.99%
<b>TOTALS</b>		<b>623</b>	<b>100.00%</b>

### Q -84 On an average school night, how many hours of sleep do you get?

A.	4 or less hours	91	14.44%
B.	5 hours	87	13.81%
C.	6 hours	93	14.76%
D.	7 hours	137	21.75%
E.	8 hours	120	19.05%
F.	9 hours	55	8.73%
G.	10 or more hours	47	7.46%
<b>TOTALS</b>		<b>630</b>	<b>100.00%</b>

# 2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

## Q -85 During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	566	89.70%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	38	6.02%
C.	In a shelter or emergency housing	11	1.74%
D.	In a motel or hotel	5	0.79%
E.	In a car, park, campground, or other public place	4	0.63%
F.	I do not have a usual place to sleep	3	0.48%
G.	Somewhere else	3	0.48%
<b>TOTALS</b>		<b>631</b>	<b>100.00%</b>

## Q -86 During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	77	12.30%
B.	No	549	87.70%
<b>TOTALS</b>		<b>626</b>	<b>100.00%</b>

## Q -87 During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	232	36.94%
B.	Mostly B's	182	28.98%
C.	Mostly C's	84	13.38%
D.	Mostly D's	25	3.98%
E.	Mostly F's	31	4.94%
F.	None of these grades	13	2.07%
G.	Not sure	61	9.71%
<b>TOTALS</b>		<b>628</b>	<b>100.00%</b>

## Q -88 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	573	91.39%
B.	1 or 2 times	37	5.90%
C.	3 to 9 times	9	1.44%
D.	10 to 19 times	4	0.64%
E.	20 to 39 times	1	0.16%
F.	40 or more times	3	0.48%
<b>TOTALS</b>		<b>627</b>	<b>100.00%</b>

## Q -89 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	154	24.80%
B.	No	467	75.20%
<b>TOTALS</b>		<b>621</b>	<b>100.00%</b>