

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS FOR AMERICAN INDIAN STUDENTS IN URBAN SCHOOL

The following frequency distributions are based upon surveys with 704 middle school American Indian students in urban schools in Montana during February 2023. Frequency distributions may not total 704 due to nonresponses and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q -1 How old are you?			
A.	10 years old or younger	5	0.71%
B.	11 years old	3	0.43%
C.	12 years old	152	21.62%
D.	13 years old	330	46.94%
E.	14 years old	200	28.45%
F.	15 years old	13	1.85%
G.	16 years old or older	0	0.00%
	TOTALS	703	100.00%
Q -2 What is your sex?			
A.	Female	356	51.00%
B.	Male	342	49.00%
	TOTALS	698	100.00%
Q -3 In what grade are you?			
A.	7th grade	354	50.94%
B.	8th grade	341	49.06%
	TOTALS	695	100.00%
Q -4 Are you Hispanic or Latino?			
A.	Yes	119	17.32%
B.	No	568	82.68%
	TOTALS	687	100.00%
Q -5 What is your race?			
A.	American Indian or Alaskan Native	704	68.55%
B.	Asian	31	3.02%
C.	Black or African American	29	2.82%
D.	Native Hawaiian or Other Pacific Islander	20	1.95%
E.	White	243	23.66%
	TOTALS	1,027	100.00%

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Q -6 How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	30	4.27%
B.	Rarely	47	6.70%
C.	Sometimes	88	12.54%
D.	Most of the time	241	34.33%
E.	Always	296	42.17%
TOTALS		702	100.00%

Q -7 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	537	77.60%
B.	1 time	55	7.95%
C.	2 or 3 times	45	6.50%
D.	4 or 5 times	8	1.16%
E.	6 or more times	47	6.79%
TOTALS		692	100.00%

Q -8 How often do you wear a seat belt when driving a car?

A.	I do not drive a car	500	72.05%
B.	Never	14	2.02%
C.	Rarely	32	4.61%
D.	Sometimes	34	4.90%
E.	Most of the time	37	5.33%
F.	Always	77	11.10%
TOTALS		694	100.00%

Q -9 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	659	93.87%
B.	1 day	16	2.28%
C.	2 or 3 days	9	1.28%
D.	4 or 5 days	2	0.28%
E.	6 or more days	16	2.28%
TOTALS		702	100.00%

Q -10 During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	630	90.00%
B.	1 day	22	3.14%
C.	2 or 3 days	25	3.57%
D.	4 or 5 days	12	1.71%
E.	6 or more days	11	1.57%
TOTALS		700	100.00%

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Q -11 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	581	83.00%
B.	1 day	54	7.71%
C.	2 or 3 days	35	5.00%
D.	4 or 5 days	13	1.86%
E.	6 or more days	17	2.43%
TOTALS		700	100.00%

Q -12 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	628	89.33%
B.	1 time	30	4.27%
C.	2 or 3 times	22	3.13%
D.	4 or 5 times	4	0.57%
E.	6 or 7 times	4	0.57%
F.	8 or 9 times	2	0.28%
G.	10 or 11 times	2	0.28%
H.	12 or more times	11	1.56%
TOTALS		703	100.00%

Q -13 During the past 12 months, how many times were you in a physical fight?

A.	0 times	442	63.51%
B.	1 time	106	15.23%
C.	2 or 3 times	78	11.21%
D.	4 or 5 times	22	3.16%
E.	6 or 7 times	16	2.30%
F.	8 or 9 times	8	1.15%
G.	10 or 11 times	3	0.43%
H.	12 or more times	21	3.02%
TOTALS		696	100.00%

Q -14 During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	579	82.83%
B.	1 time	69	9.87%
C.	2 or 3 times	35	5.01%
D.	4 or 5 times	6	0.86%
E.	6 or 7 times	3	0.43%
F.	8 or 9 times	3	0.43%
G.	10 or 11 times	0	0.00%
H.	12 or more times	4	0.57%
TOTALS		699	100.00%

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Q -15 Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	85	12.14%
B.	No	615	87.86%
TOTALS		700	100.00%

Q -16 During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	620	88.57%
B.	1 time	36	5.14%
C.	2 or 3 times	23	3.29%
D.	4 or 5 times	6	0.86%
E.	6 or more times	15	2.14%
TOTALS		700	100.00%

Q -17 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	372	53.30%
B.	0 times	292	41.83%
C.	1 time	16	2.29%
D.	2 or 3 times	5	0.72%
E.	4 or 5 times	3	0.43%
F.	6 or more times	10	1.43%
TOTALS		698	100.00%

Q -18 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	363	51.71%
B.	0 times	297	42.31%
C.	1 time	19	2.71%
D.	2 or 3 times	10	1.42%
E.	4 or 5 times	4	0.57%
F.	6 or more times	9	1.28%
TOTALS		702	100.00%

Q -19 During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?

A.	Never	367	52.20%
B.	Rarely	163	23.19%
C.	Sometimes	108	15.36%
D.	Most of the time	37	5.26%
E.	Always	28	3.98%
TOTALS		703	100.00%

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Q -20 During the past 12 months, have you ever been bullied on school property?

A.	Yes	275	39.40%
B.	No	423	60.60%
TOTALS		698	100.00%

Q -21 During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	196	27.88%
B.	No	507	72.12%
TOTALS		703	100.00%

Q -22 During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	189	26.88%
B.	No	514	73.12%
TOTALS		703	100.00%

Q -23 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	309	44.78%
B.	No	381	55.22%
TOTALS		690	100.00%

Q -24 During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	200	28.65%
B.	No	498	71.35%
TOTALS		698	100.00%

Q -25 During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	178	25.54%
B.	No	519	74.46%
TOTALS		697	100.00%

Q -26 During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	560	81.04%
B.	1 time	80	11.58%
C.	2 or 3 times	30	4.34%
D.	4 or 5 times	10	1.45%
E.	6 or more times	11	1.59%
TOTALS		691	100.00%

Q -27 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	532	76.44%
B.	Yes	50	7.18%
C.	No	114	16.38%
TOTALS		696	100.00%

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Q -28 Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	157	22.40%
B.	No	544	77.60%
TOTALS		701	100.00%

Q -29 How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	555	79.29%
B.	8 years old or younger	47	6.71%
C.	9 or 10 years old	37	5.29%
D.	11 or 12 years old	34	4.86%
E.	13 or 14 years old	25	3.57%
F.	15 years old or older	2	0.29%
TOTALS		700	100.00%

Q -30 During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	657	93.59%
B.	1 or 2 days	20	2.85%
C.	3 to 5 days	8	1.14%
D.	6 to 9 days	5	0.71%
E.	10 to 19 days	2	0.28%
F.	20 to 29 days	3	0.43%
G.	All 30 days	7	1.00%
TOTALS		702	100.00%

Q -31 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	650	93.12%
B.	Less than 1 cigarette per day	24	3.44%
C.	1 cigarette per day	10	1.43%
D.	2 to 5 cigarettes per day	5	0.72%
E.	6 to 10 cigarettes per day	2	0.29%
F.	11 to 20 cigarettes per day	1	0.14%
G.	More than 20 cigarettes per day	6	0.86%
TOTALS		698	100.00%

Q -32 Have you ever used an electronic vapor product?

A.	Yes	208	29.80%
B.	No	490	70.20%
TOTALS		698	100.00%

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Q -33 During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	582	82.91%
B.	1 or 2 days	39	5.56%
C.	3 to 5 days	21	2.99%
D.	6 to 9 days	11	1.57%
E.	10 to 19 days	14	1.99%
F.	20 to 29 days	9	1.28%
G.	All 30 days	26	3.70%
TOTALS		702	100.00%

Q -34 During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	649	92.71%
B.	1 or 2 days	20	2.86%
C.	3 to 5 days	8	1.14%
D.	6 to 9 days	9	1.29%
E.	10 to 19 days	3	0.43%
F.	20 to 29 days	0	0.00%
G.	All 30 days	11	1.57%
TOTALS		700	100.00%

Q -35 During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	573	83.28%
B.	I got or bought them from a friend, family member, or someone else	72	10.47%
C.	I bought them myself in a vape shop or tobacco shop	3	0.44%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	2	0.29%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.15%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	1	0.15%
G.	I took them from a store or another person	11	1.60%
H.	I got them in some other way	25	3.63%
TOTALS		688	100.00%

Q -36 During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	586	83.59%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	10	1.43%
C.	Chocolate, candy, desserts, or other sweets	9	1.28%
D.	Fruit	69	9.84%
E.	Menthol	9	1.28%
F.	Mint	4	0.57%
G.	Tobacco	3	0.43%
H.	Some other flavor	11	1.57%
TOTALS		701	100.00%

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Q -37 What is the main reason you have used electronic vapor products? (Select only one response.)

A.	I have never used an electronic vapor product	513	73.39%
B.	Friend or family member used them	31	4.43%
C.	To get a high or buzz from nicotine	13	1.86%
D.	I was feeling anxious, stressed, or depressed	64	9.16%
E.	I was curious about them	45	6.44%
F.	They are less harmful than other forms of tobacco	0	0.00%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	9	1.29%
H.	I used them for some other reason	24	3.43%
TOTALS		699	100.00%

Q -38 During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	675	96.98%
B.	1 or 2 days	8	1.15%
C.	3 to 5 days	3	0.43%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	3	0.43%
F.	20 to 29 days	0	0.00%
G.	All 30 days	7	1.01%
TOTALS		696	100.00%

Q -39 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	677	96.71%
B.	1 or 2 days	12	1.71%
C.	3 to 5 days	3	0.43%
D.	6 to 9 days	1	0.14%
E.	10 to 19 days	1	0.14%
F.	20 to 29 days	1	0.14%
G.	All 30 days	5	0.71%
TOTALS		700	100.00%

Q -40 During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	551	79.05%
B.	Yes	88	12.63%
C.	No	58	8.32%
TOTALS		697	100.00%

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Q -41 How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	443	64.11%
B.	8 years old or younger	67	9.70%
C.	9 or 10 years old	51	7.38%
D.	11 or 12 years old	90	13.02%
E.	13 or 14 years old	37	5.35%
F.	15 years old or older	3	0.43%
TOTALS		691	100.00%

Q -42 During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	610	87.27%
B.	1 or 2 days	46	6.58%
C.	3 to 5 days	21	3.00%
D.	6 to 9 days	10	1.43%
E.	10 to 19 days	4	0.57%
F.	20 to 29 days	1	0.14%
G.	All 30 days	7	1.00%
TOTALS		699	100.00%

Q -43 During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	648	92.84%
B.	1 day	18	2.58%
C.	2 days	7	1.00%
D.	3 to 5 days	14	2.01%
E.	6 to 9 days	3	0.43%
F.	10 to 19 days	2	0.29%
G.	20 or more days	6	0.86%
TOTALS		698	100.00%

Q -44 During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	606	87.32%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	5	0.72%
C.	I bought it at a restaurant, bar, or club	1	0.14%
D.	I bought it at a public event such as a concert or sporting event	1	0.14%
E.	I gave someone else money to buy it for me	10	1.44%
F.	Someone gave it to me	25	3.60%
G.	I took it from a store or family member	24	3.46%
H.	I got it some other way	22	3.17%
TOTALS		694	100.00%

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Q -45 During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	613	87.70%
B.	Beer	16	2.29%
C.	Wine	7	1.00%
D.	Vodka	15	2.15%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	25	3.58%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	15	2.15%
G.	Some other type of alcohol	8	1.14%
TOTALS		699	100.00%

Q -46 During your life, how many times have you used marijuana?

A.	0 times	564	80.69%
B.	1 or 2 times	36	5.15%
C.	3 to 9 times	32	4.58%
D.	10 to 19 times	15	2.15%
E.	20 to 39 times	10	1.43%
F.	40 to 99 times	13	1.86%
G.	100 or more times	29	4.15%
TOTALS		699	100.00%

Q -47 How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	556	80.46%
B.	8 years old or younger	18	2.60%
C.	9 or 10 years old	26	3.76%
D.	11 or 12 years old	48	6.95%
E.	13 or 14 years old	43	6.22%
F.	15 years old or older	0	0.00%
TOTALS		691	100.00%

Q -48 During the past 30 days, how many times did you use marijuana?

A.	0 times	611	87.16%
B.	1 or 2 times	38	5.42%
C.	3 to 9 times	20	2.85%
D.	10 to 19 times	11	1.57%
E.	20 to 39 times	6	0.86%
F.	40 or more times	15	2.14%
TOTALS		701	100.00%

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Q -49 During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	573	82.68%
B.	1 or 2 times	55	7.94%
C.	3 to 9 times	39	5.63%
D.	10 to 19 times	10	1.44%
E.	20 to 39 times	0	0.00%
F.	40 or more times	16	2.31%
TOTALS		693	100.00%

Q -50 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	669	96.82%
B.	1 or 2 times	12	1.74%
C.	3 to 9 times	3	0.43%
D.	10 to 19 times	1	0.14%
E.	20 to 39 times	0	0.00%
F.	40 or more times	6	0.87%
TOTALS		691	100.00%

Q -51 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	615	88.11%
B.	1 or 2 times	45	6.45%
C.	3 to 9 times	15	2.15%
D.	10 to 19 times	8	1.15%
E.	20 to 39 times	1	0.14%
F.	40 or more times	14	2.01%
TOTALS		698	100.00%

Q -52 During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	681	97.84%
B.	1 or 2 times	5	0.72%
C.	3 to 9 times	2	0.29%
D.	10 to 19 times	1	0.14%
E.	20 to 39 times	1	0.14%
F.	40 or more times	6	0.86%
TOTALS		696	100.00%

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Q -53 During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	675	97.54%
B.	1 or 2 times	8	1.16%
C.	3 to 9 times	2	0.29%
D.	10 to 19 times	1	0.14%
E.	20 to 39 times	0	0.00%
F.	40 or more times	6	0.87%
TOTALS		692	100.00%
Q -54 During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	680	97.56%
B.	1 or 2 times	6	0.86%
C.	3 to 9 times	3	0.43%
D.	10 to 19 times	2	0.29%
E.	20 to 39 times	0	0.00%
F.	40 or more times	6	0.86%
TOTALS		697	100.00%
Q -55 During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	678	97.55%
B.	1 time	10	1.44%
C.	2 or more times	7	1.01%
TOTALS		695	100.00%
Q -56 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	149	21.56%
B.	No	542	78.44%
TOTALS		691	100.00%
Q -57 Have you ever had sexual intercourse?			
A.	Yes	125	18.01%
B.	No	569	81.99%
TOTALS		694	100.00%
Q -58 How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	594	85.71%
B.	11 years old or younger	39	5.63%
C.	12 years old	21	3.03%
D.	13 years old	30	4.33%
E.	14 years old	8	1.15%
F.	15 years old or older	1	0.14%
TOTALS		693	100.00%

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Q -59 During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	591	85.78%
B.	1 person	51	7.40%
C.	2 people	20	2.90%
D.	3 people	13	1.89%
E.	4 people	3	0.44%
F.	5 people	1	0.15%
G.	6 or more people	10	1.45%
TOTALS		689	100.00%

Q -60 During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	596	85.88%
B.	I have had sexual intercourse, but not during the past 3 months	55	7.93%
C.	1 person	30	4.32%
D.	2 people	4	0.58%
E.	3 people	2	0.29%
F.	4 people	1	0.14%
G.	5 people	1	0.14%
H.	6 or more people	5	0.72%
TOTALS		694	100.00%

Q -61 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	570	82.37%
B.	Yes	41	5.92%
C.	No	81	11.71%
TOTALS		692	100.00%

Q -62 The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	569	83.07%
B.	Yes	56	8.18%
C.	No	60	8.76%
TOTALS		685	100.00%

Q -63 How do you describe your weight?

A.	Very underweight	38	5.54%
B.	Slightly underweight	100	14.58%
C.	About the right weight	290	42.27%
D.	Slightly overweight	216	31.49%
E.	Very overweight	42	6.12%
TOTALS		686	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -64 Which of the following are you trying to do about your weight?

A.	Lose weight	363	52.76%
B.	Gain weight	94	13.66%
C.	Stay the same weight	113	16.42%
D.	I am not trying to do anything about my weight	118	17.15%
TOTALS		688	100.00%

Q -65 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	228	33.43%
B.	1 to 3 times during the past 7 days	264	38.71%
C.	4 to 6 times during the past 7 days	93	13.64%
D.	1 time per day	31	4.55%
E.	2 times per day	23	3.37%
F.	3 times per day	13	1.91%
G.	4 or more times per day	30	4.40%
TOTALS		682	100.00%

Q -66 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	92	13.22%
B.	1 to 3 times during the past 7 days	244	35.06%
C.	4 to 6 times during the past 7 days	158	22.70%
D.	1 time per day	55	7.90%
E.	2 times per day	59	8.48%
F.	3 times per day	35	5.03%
G.	4 or more times per day	53	7.61%
TOTALS		696	100.00%

Q -67 During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	314	45.24%
B.	1 to 3 times during the past 7 days	232	33.43%
C.	4 to 6 times during the past 7 days	76	10.95%
D.	1 time per day	41	5.91%
E.	2 times per day	12	1.73%
F.	3 times per day	5	0.72%
G.	4 or more times per day	14	2.02%
TOTALS		694	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -68 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	265	38.13%
B.	1 to 3 times during the past 7 days	325	46.76%
C.	4 to 6 times during the past 7 days	64	9.21%
D.	1 time per day	17	2.45%
E.	2 times per day	11	1.58%
F.	3 times per day	4	0.58%
G.	4 or more times per day	9	1.29%
TOTALS		695	100.00%

Q -69 During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	361	51.57%
B.	1 to 3 times during the past 7 days	240	34.29%
C.	4 to 6 times during the past 7 days	51	7.29%
D.	1 time per day	17	2.43%
E.	2 times per day	10	1.43%
F.	3 times per day	2	0.29%
G.	4 or more times per day	19	2.71%
TOTALS		700	100.00%

Q -70 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	133	18.95%
B.	1 to 3 times during the past 7 days	290	41.31%
C.	4 to 6 times during the past 7 days	156	22.22%
D.	1 time per day	56	7.98%
E.	2 times per day	28	3.99%
F.	3 times per day	16	2.28%
G.	4 or more times per day	23	3.28%
TOTALS		702	100.00%

Q -71 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	147	21.06%
B.	1 to 3 times during the past 7 days	323	46.28%
C.	4 to 6 times during the past 7 days	106	15.19%
D.	1 time per day	49	7.02%
E.	2 times per day	30	4.30%
F.	3 times per day	19	2.72%
G.	4 or more times per day	24	3.44%
TOTALS		698	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -72 During the past 7 days, on how many days did you eat breakfast?

A.	0 days	156	22.16%
B.	1 day	89	12.64%
C.	2 days	61	8.66%
D.	3 days	52	7.39%
E.	4 days	62	8.81%
F.	5 days	57	8.10%
G.	6 days	32	4.55%
H.	7 days	195	27.70%
TOTALS		704	100.00%

Q -73 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	82	11.75%
B.	1 day	41	5.87%
C.	2 days	66	9.46%
D.	3 days	106	15.19%
E.	4 days	77	11.03%
F.	5 days	74	10.60%
G.	6 days	57	8.17%
H.	7 days	195	27.94%
TOTALS		698	100.00%

Q -74 On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	66	9.48%
B.	1 hour per day	65	9.34%
C.	2 hours per day	110	15.80%
D.	3 hours per day	160	22.99%
E.	4 hours per day	101	14.51%
F.	5 or more hours per day	194	27.87%
TOTALS		696	100.00%

Q -75 In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	103	14.69%
B.	1 day	28	3.99%
C.	2 days	98	13.98%
D.	3 days	167	23.82%
E.	4 days	68	9.70%
F.	5 days	237	33.81%
TOTALS		701	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -76 During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	252	36.00%
B.	1 team	158	22.57%
C.	2 teams	133	19.00%
D.	3 or more teams	157	22.43%
TOTALS		700	100.00%

Q -77 During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	539	76.78%
B.	1 time	80	11.40%
C.	2 times	32	4.56%
D.	3 times	18	2.56%
E.	4 or more times	33	4.70%
TOTALS		702	100.00%

Q -78 How often do you use social media?

A.	I do not use social media	113	16.05%
B.	A few times a month	44	6.25%
C.	About once a week	16	2.27%
D.	A few times a week	54	7.67%
E.	About once a day	53	7.53%
F.	Several times a day	199	28.27%
G.	About once an hour	35	4.97%
H.	More than once an hour	190	26.99%
TOTALS		704	100.00%

Q -79 Has a doctor or nurse ever told you that you have asthma?

A.	Yes	170	24.22%
B.	No	431	61.40%
C.	Not sure	101	14.39%
TOTALS		702	100.00%

Q -80 Do you still have asthma?

A.	I have never had asthma	380	54.21%
B.	Yes	104	14.84%
C.	No	106	15.12%
D.	Not sure	111	15.83%
TOTALS		701	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -81 During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	494	70.67%
B.	0 days	170	24.32%
C.	1 day	14	2.00%
D.	2 days	13	1.86%
E.	3 days	3	0.43%
F.	4 days	0	0.00%
G.	5 or more days	5	0.72%
TOTALS		699	100.00%

Q -82 When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	509	72.92%
B.	Between 12 and 24 months ago	67	9.60%
C.	More than 24 months ago	27	3.87%
D.	Never	10	1.43%
E.	Not sure	85	12.18%
TOTALS		698	100.00%

Q -83 During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	171	24.57%
B.	Rarely	138	19.83%
C.	Sometimes	179	25.72%
D.	Most of the time	133	19.11%
E.	Always	75	10.78%
TOTALS		696	100.00%

Q -84 On an average school night, how many hours of sleep do you get?

A.	4 or less hours	105	15.02%
B.	5 hours	86	12.30%
C.	6 hours	108	15.45%
D.	7 hours	127	18.17%
E.	8 hours	160	22.89%
F.	9 hours	87	12.45%
G.	10 or more hours	26	3.72%
TOTALS		699	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -85 During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	636	90.73%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	34	4.85%
C.	In a shelter or emergency housing	8	1.14%
D.	In a motel or hotel	2	0.29%
E.	In a car, park, campground, or other public place	7	1.00%
F.	I do not have a usual place to sleep	8	1.14%
G.	Somewhere else	4	0.57%
TOTALS		701	100.00%

Q -86 During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	68	9.77%
B.	No	628	90.23%
TOTALS		696	100.00%

Q -87 During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	237	34.15%
B.	Mostly B's	221	31.84%
C.	Mostly C's	101	14.55%
D.	Mostly D's	30	4.32%
E.	Mostly F's	32	4.61%
F.	None of these grades	10	1.44%
G.	Not sure	63	9.08%
TOTALS		694	100.00%

Q -88 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	646	93.49%
B.	1 or 2 times	20	2.89%
C.	3 to 9 times	8	1.16%
D.	10 to 19 times	6	0.87%
E.	20 to 39 times	3	0.43%
F.	40 or more times	8	1.16%
TOTALS		691	100.00%

Q -89 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	205	29.80%
B.	No	483	70.20%
TOTALS		688	100.00%