



2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Gender Comparison Report



YOUTH RISK BEHAVIOR SURVEY
COORDINATED SCHOOL HEALTH UNIT
NOVEMBER 2024

2023 Montana Youth Risk Behavior Survey

Gender Comparison Chart

UNINTENTIONAL INJURIES AND VIOLENCE	MALE	FEMALE	MALES MORE LIKELY	FEMALES MORE LIKELY
Did not always wear a seat belt when riding in a car driven by someone else	52.6	49.6	✗	
Rode with a driver who had been drinking alcohol/past 30 days	20.5	20.4		
Did not always wear a seat belt when driving	39.4	28.5	✗	
Among drivers, drove a car or other vehicle when they had been drinking alcohol/past 30 days	6.9	7.2		✗
Among drivers, texted or e-mailed while driving a car or other vehicle/past 30 days	56.2	56.7		
Among drivers, used the Internet or apps on their cell phone while driving/past 30 days	52.0	54.5		✗
Carried a weapon on school property/past 30 days	14.4	7.0	✗	
Carried a gun (not for hunting or sport)/past 12 months	12.8	3.3	✗	
Did not go to school because they felt unsafe at school or on their way to or from school/past 30 days	9.1	13.4		✗
Were threatened or injured with a weapon on school property/past 12 months	11.6	7.5	✗	
Were in a physical fight/past 12 months	25.8	14.1		
Were in a physical fight on school property/past 12 months	10.2	4.6	✗	
Were ever physically forced to have sexual intercourse when they did not want to	8.2	20.2		✗

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UNINTENTIONAL INJURIES AND VIOLENCE	MALE	FEMALE	MALES MORE LIKELY	FEMALES MORE LIKELY
Experienced sexual violence/past 12 months	7.5	20.0		✗
Among students who dated, experienced sexual dating violence*/past 12 months/	2.9	15.6		✗
Among students who dated, experienced physical dating violence**/past 12 months	8.0	9.8		
Were ever treated badly or unfairly in school because of their race or ethnicity	27.8	22.0	✗	
Were bullied on school property/past 12 months	20.2	29.5		✗
Were electronically bullied (e.g., texting, Instagram, Facebook, or other social media)/past 12 months	14.9	23.8		✗
Were the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual/past 12 months	15.9	18.4		
Felt sad or hopeless (almost every day for >2 weeks in a row so that they stopped doing some usual activities/past 12 months	32.1	54.8		✗
Seriously considered attempting suicide/past 12 months	20.2	32.0		✗
Made a plan about how they would attempt suicide/past 12 months	17.7	24.9		✗
Actually attempted suicide/past 12 months	8.6	13.5		✗
Had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse/past 12 months	2.8	4.7		✗

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TOBACCO USE	MALES	FEMALES	MALES MORE LIKELY	FEMALES MORE LIKELY
Ever tried cigarette smoking	27.5	26.2	✗	
First tried cigarette smoking before age 13years	10.9	10.2		
Currently smoked cigarettes/past 30 days	7.7	6.0		
Currently smoked cigarettes frequently (20 or more of the past 30 days)	1.3	0.9	✗	
Currently smoked cigarettes daily (on all of the past 30 days)	0.9	0.7		
Smoked more than 10 cigarettes per day (among students who currently smoked)	4.7	0.7	✗	
Ever used an electronic vapor product*	42.6	47.7		✗
Currently used an electronic vapor product/past 30 days	20.7	28.1		✗
Currently used electronic vapor products frequently (on 20 or more of the past 30 days)	10.4	14.6		
Currently used electronic vapor products daily (on all of the past 30 days)	7.7	11.1		
Used an electronic vapor product on school property/past 30 days	13.7	17.6		✗
Usually got their electronic vapor products by buying them themselves in a convenience store,supermarket, discount store, or gas station (among students who currently used electronic vapor products)	6.4	1.5	✗	
Most often used an electronic vapor product flavored to taste like an alcoholic drink, chocolate or other sweets, fruit, menthol, or mint (among students who currently used electronic vapor products)	97.5	99.8		✗
Used electronic vapor products mainly because they were curious about them	5.0	5.8		
Currently used smokeless tobacco*/past 30 days	7.6	2.1	✗	

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TOBACCO USE	MALES	FEMALES	MALES MORE LIKELY	FEMALES MORE LIKELY
Currently used smokeless tobacco daily (on all of the past 30 days)	0.9	1.3		
Currently smoked cigars, cigarillos, or little cigars/past 30 days	6.9	3.1	✗	
Currently smoked cigars, cigarillos, or little cigars frequently (on 20 or more of the past 30 days)	0.7	0.2		
Currently smoked cigarettes or cigars/past 30 days	9.9	7.2		
Currently smoked cigarettes or cigars or used smokeless tobacco/past 30 days	12.8	8.1	✗	
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products/past 30 days	23.0	28.0		✗
Currently smoked cigarettes or used electronic vapor products /past 30 days	21.5	27.9		✗
Tried to quit using all tobacco products/past 12 months	56.1	65.7		✗
ALCOHOL AND OTHER DRUG USE	MALE	FEMALE	MALES MORE LIKELY	FEMALES MORE LIKELY
Had their first drink of alcohol before age 13 years	20.8	19.7		
Currently drank alcohol/past 30 days	24.5	28.0		✗
Currently were binge drinking (4 or more drinks in a row within a couple of hours if female, 5 or more drinks in a row if male)/past 30 days	12.7	14.0		✗
Had 10 or more drinks in a row within a couple of hours/past 30 days	5.6	3.4	✗	

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ALCOHOL AND OTHER DRUG USE	MALE	FEMALE	MALES MORE LIKELY	FEMALES MORE LIKELY
Usually got the alcohol they drank by someone giving it to them (among students who currently drank alcohol)	36.1	43.5		✗
Reported vodka or some other type of liquor* as the type of alcohol they drank most often (among students who currently drank alcohol)	32.5	34.2		✗
Ever used marijuana	33.3	38.0		
Tried marijuana for the first time before age 13 years	8.0	9.1		
Currently used marijuana/past 30 days	18.5	20.4		✗
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet)	12.4	14.4		✗
Ever used cocaine (any form, including powder, crack, or freebase)	4.5	2.6	✗	
Ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high)	8.7	8.6		
Ever used heroin (also called "smack," "junk," or "China White")	3.0	1.1	✗	
Ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth")	3.5	1.5	✗	
Ever used ecstasy also called "MDMA" or "Molly")	5.5	3.6	✗	
Ever injected any illegal drug	3.1	1.0	✗	
Were offered, sold, or given an illegal drug on school property/past 12 months	25.7	25.1		

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SEXUAL BEHAVIORS	MALE	FEMALE	MALES MORE LIKELY	FEMALES MORE LIKELY
Ever had sexual intercourse	38.1	41.5		✗
Had sexual intercourse for the first time before age 13 years	3.4	3.9		
Had sexual intercourse with four or more persons during their life	8.9	10.4		✗
Were currently sexually active/past 3 months	25.5	30.0		
Among students who are currently sexually active:				
Drank alcohol or used drugs before last sexual intercourse	15.3	13.2	✗	
Used a condom during last sexual intercourse	56.1	45.0	✗	
Used birth control pills before last sexual intercourse	25.6	27.6		✗
Used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse	10.7	19.2		✗
Used birth control pills; an IUD; or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse	40.8	51.7		✗
Used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse	14.7	16.9		✗
Did not use any method to prevent pregnancy during last sexual intercourse	11.8	11.2		

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NUTRITION AND DIETARY BEHAVIORS	MALES	FEMALES	MALES MORE LIKELY	FEMALES MORE LIKELY
Had obesity (>95th percentile for body mass index)	16.0	11.9	✗	
Were overweight (>85th percentile but <95th percentile for body mass index)	14.7	14.5		
Described themselves as slightly or very overweight	26.4	33.8		✗
Were trying to lose weight	30.7	52.4		✗
During the past 7 days				
Did not drink 100% fruit juices	33.0	36.0		
Did not eat fruit	13.9	11.1		
Did not eat fruit or drink 100% fruit juices	8.8	6.4		
Did not eat green salad	41.3	32.2	✗	
Did not eat potatoes	31.6	37.9		✗
Did not eat carrots	47.6	48.5		
Did not eat other vegetables	21.0	17.9	✗	
Did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop)	21.5	26.0		
Drank a can, bottle, or glass of soda or pop two or more times per day	8.9	7.0		
Did not eat breakfast	19.2	19.8		
Ate breakfast on all 7 days	30.5	21.7	✗	

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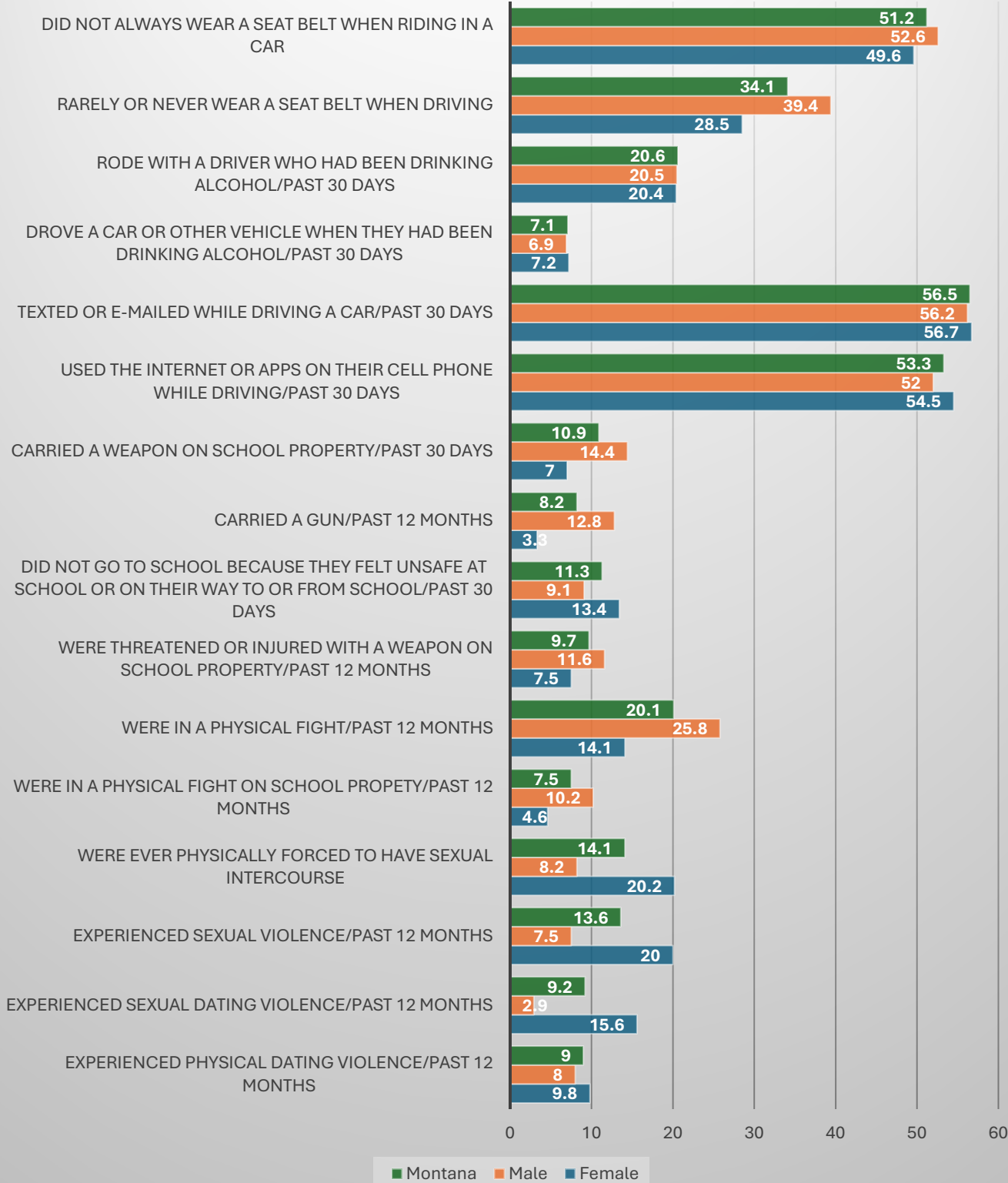
PHYSICAL ACTIVITY	MALE	FEMALE	MALES MORE LIKELY	FEMALES MORE LIKELY
Were physically active at least 60 minutes per day on 5 or more days/past 7 days	59.9	43.5	✗	
Did not participate in at least 60 minutes of physical activity on any day/past 7 days	10.2	13.3		
Were physically active at least 60 minutes per day on all 7 days/past 7 days	34.8	18.2	✗	
Spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	69.6	72.9		✗
Used social media several times per day on an average school day.	70.9	79.3		
Attended physical education (PE) classes on 1 or more days in an average school week	60.3	49.0	✗	
Attended physical education (PE) classes on all 5 days in an average school week	29.4	21.6		
Played on at least one sports team run by their school or community/past 12 months	58.9	56.2	✗	
OTHER HEALTH-RELATED BEHAVIORS	MALE	FEMALE	MALES MORE LIKELY	FEMALES MORE LIKELY
Had a concussion from playing a sport or being physically active/past 12 months	20.3	16.0	✗	
Saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)/past 12 months	74.9	77.4		✗
Reported that their mental health was most of the time or always not good (including stress, anxiety, and depression)/past 30 days	21.1	43.9		✗

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OTHER HEALTH-RELATED BEHAVIORS	MALE	FEMALE	MALES MORE LIKELY	FEMALES MORE LIKELY
Got 8 or more hours of sleep (on an average school night)	30.3	23.2	✗	
Got 4 or less hours of sleep (on an average school night)	9.1	9.8		
Did not usually sleep in their parent's or guardian's home/past 30 days	5.9	5.5	✗	
Slept away from their parents or guardians because they were kicked out, ran away, or were abandoned/past 30 days	4.7	4.2		
Have ever been told by a doctor or a nurse that they have asthma	16.6	14.5	✗	
Had ever been told they had asthma and still have asthma	11.3	11.6		✗
Missed one or more days of school because of their asthma	15.1	10.4	✗	
Described their grades in school as mostly A's or B's/past 12 months	70.3	78.4		✗
Used an indoor tanning device (such as a sunlamp, sunbed, or tanning booth)/past 12 months	3.6	7.5		✗
Received help from a resource teacher, speech therapist, or other special education teacher at school/past 12 months	15.3	16.3		✗
Spoke with a mental health provider at school, such as a counselor, psychologist, or social worker	17.6	29.3		✗

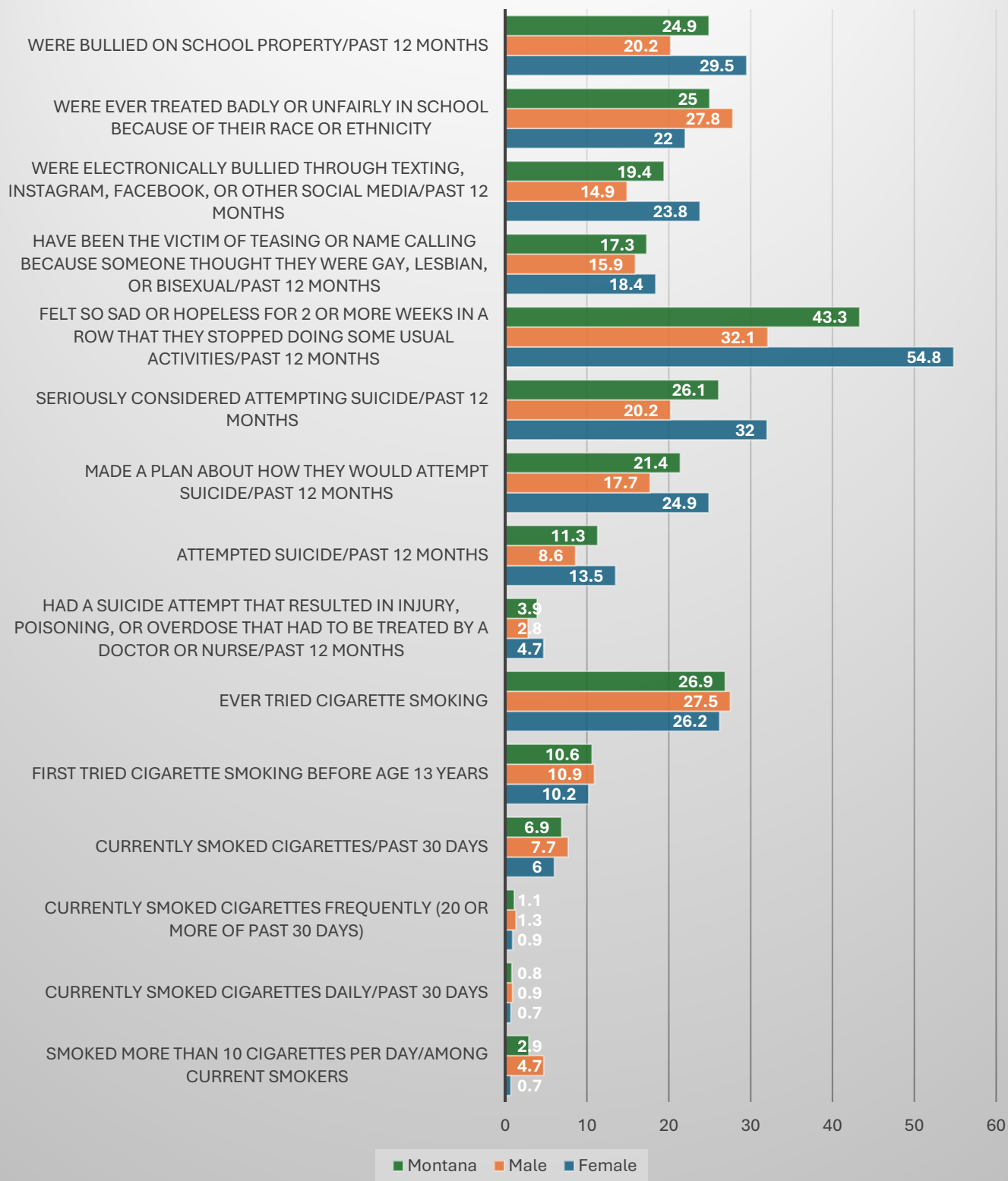
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Percentage of high school students who:



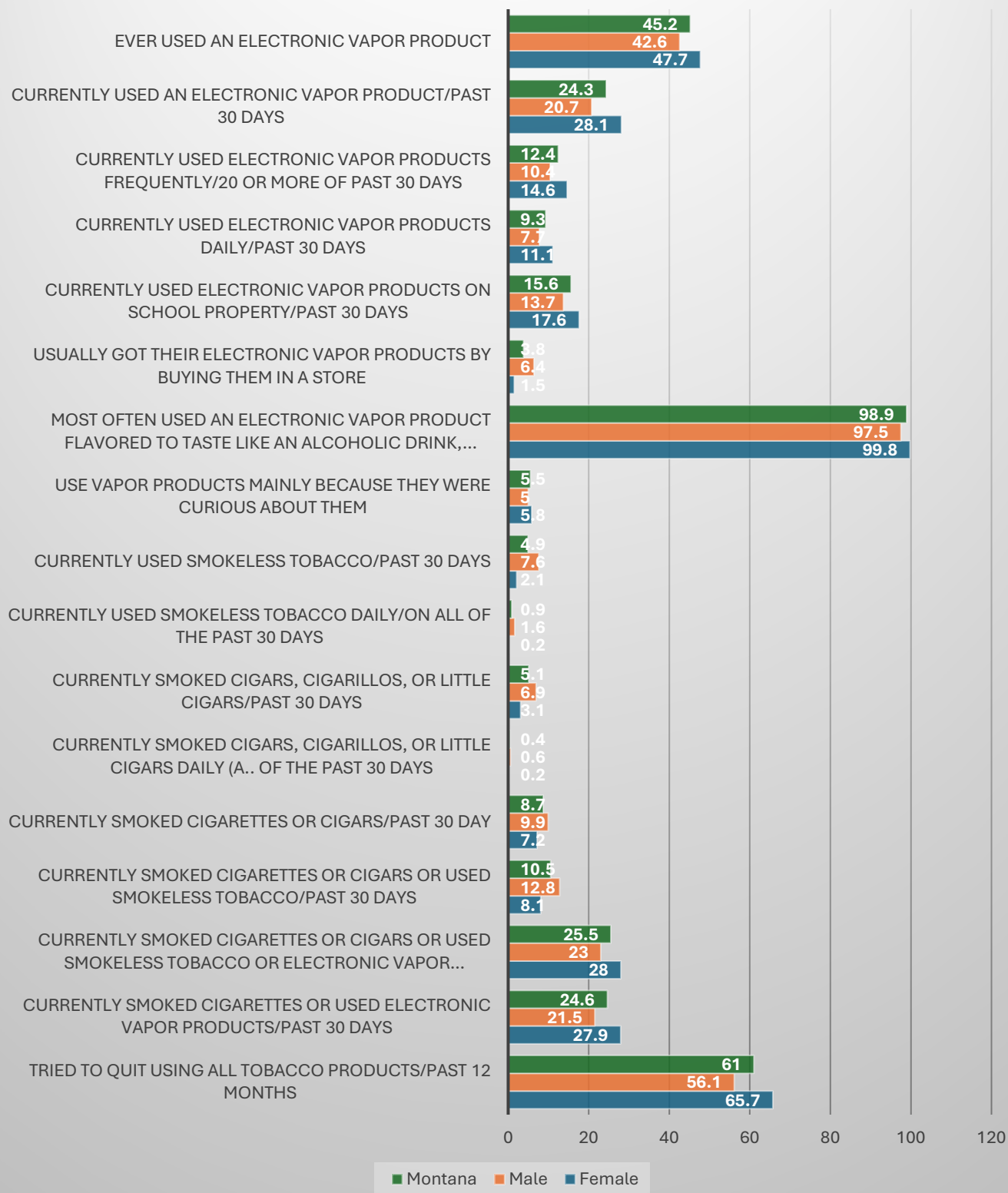
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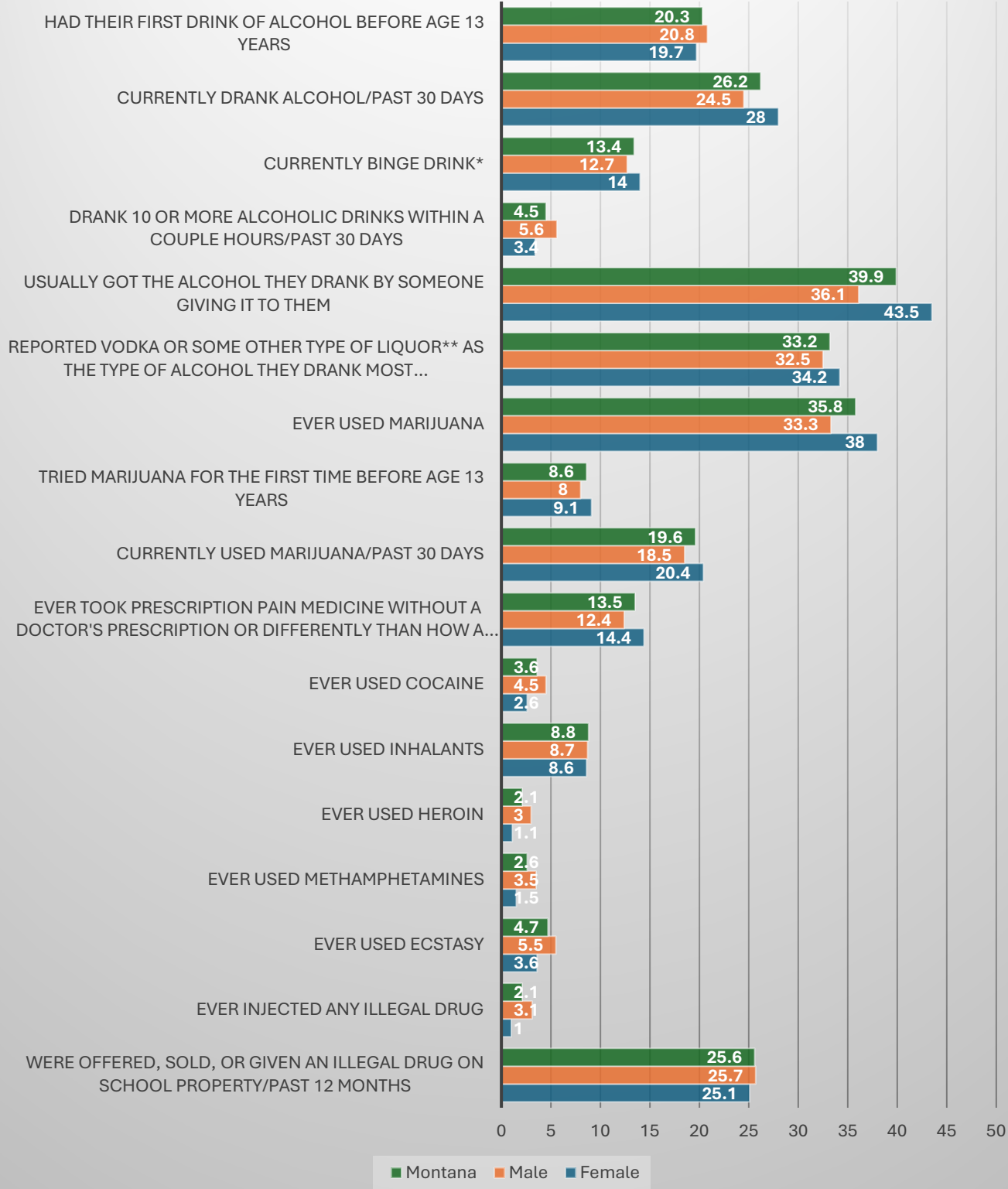
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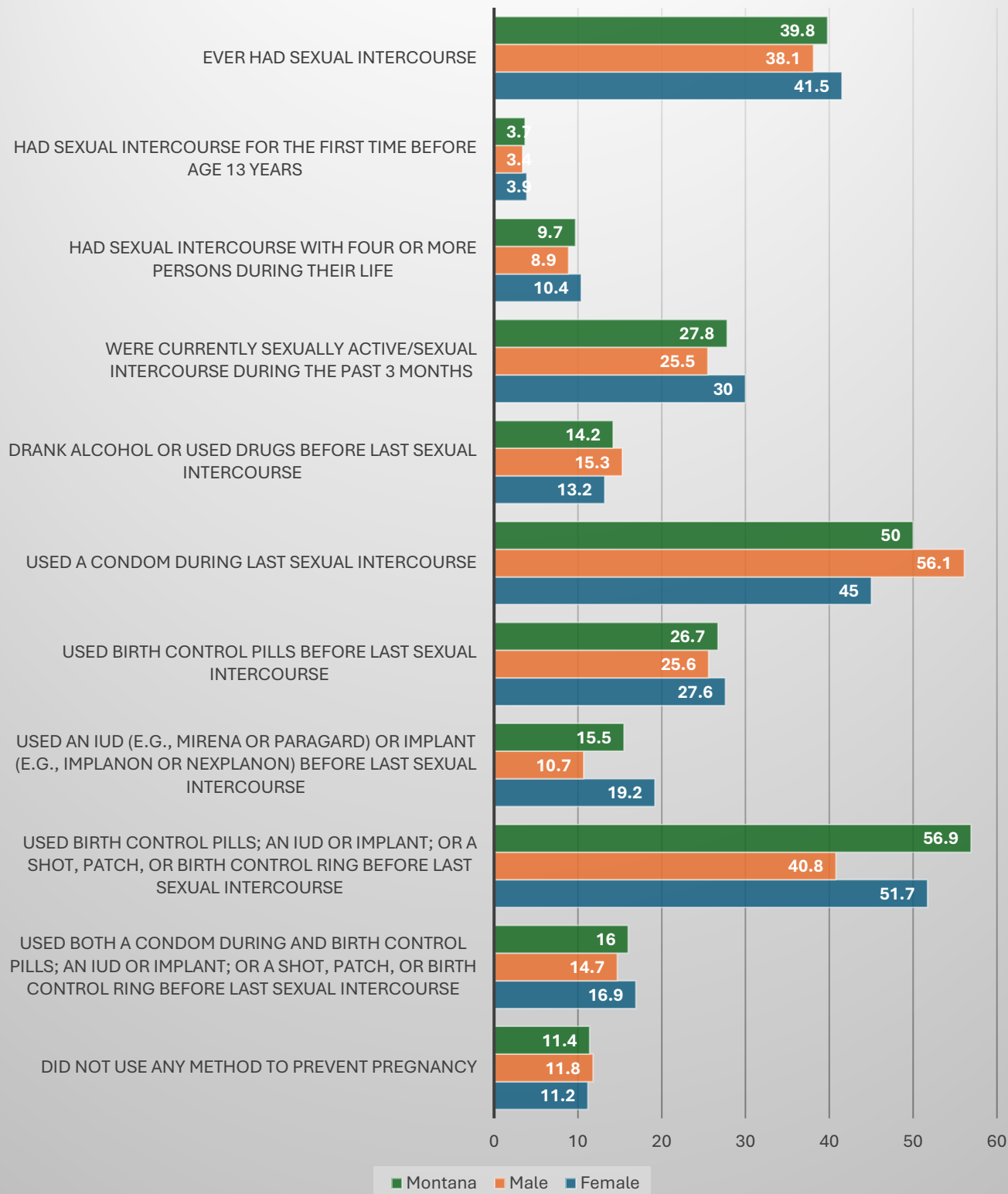


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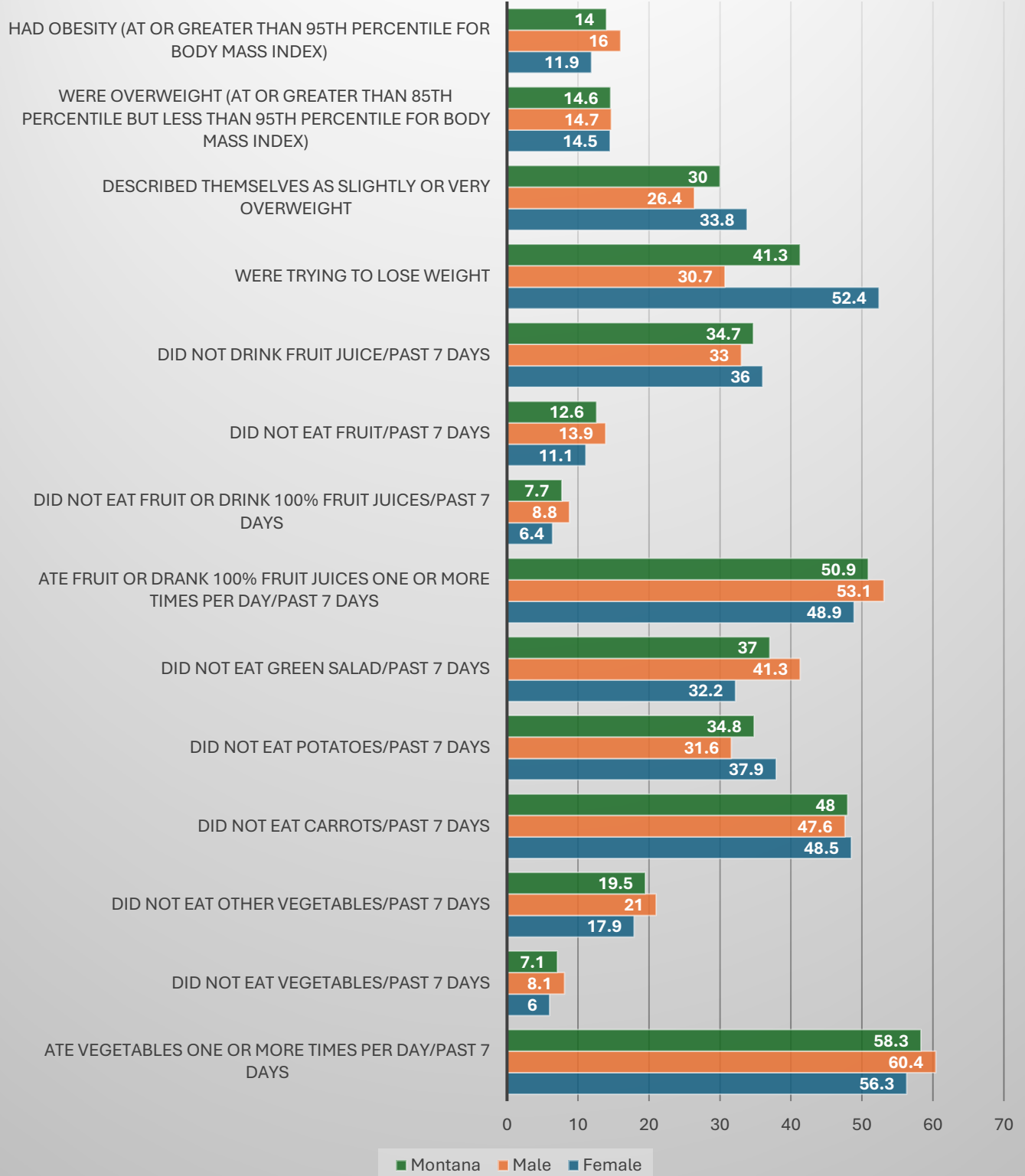


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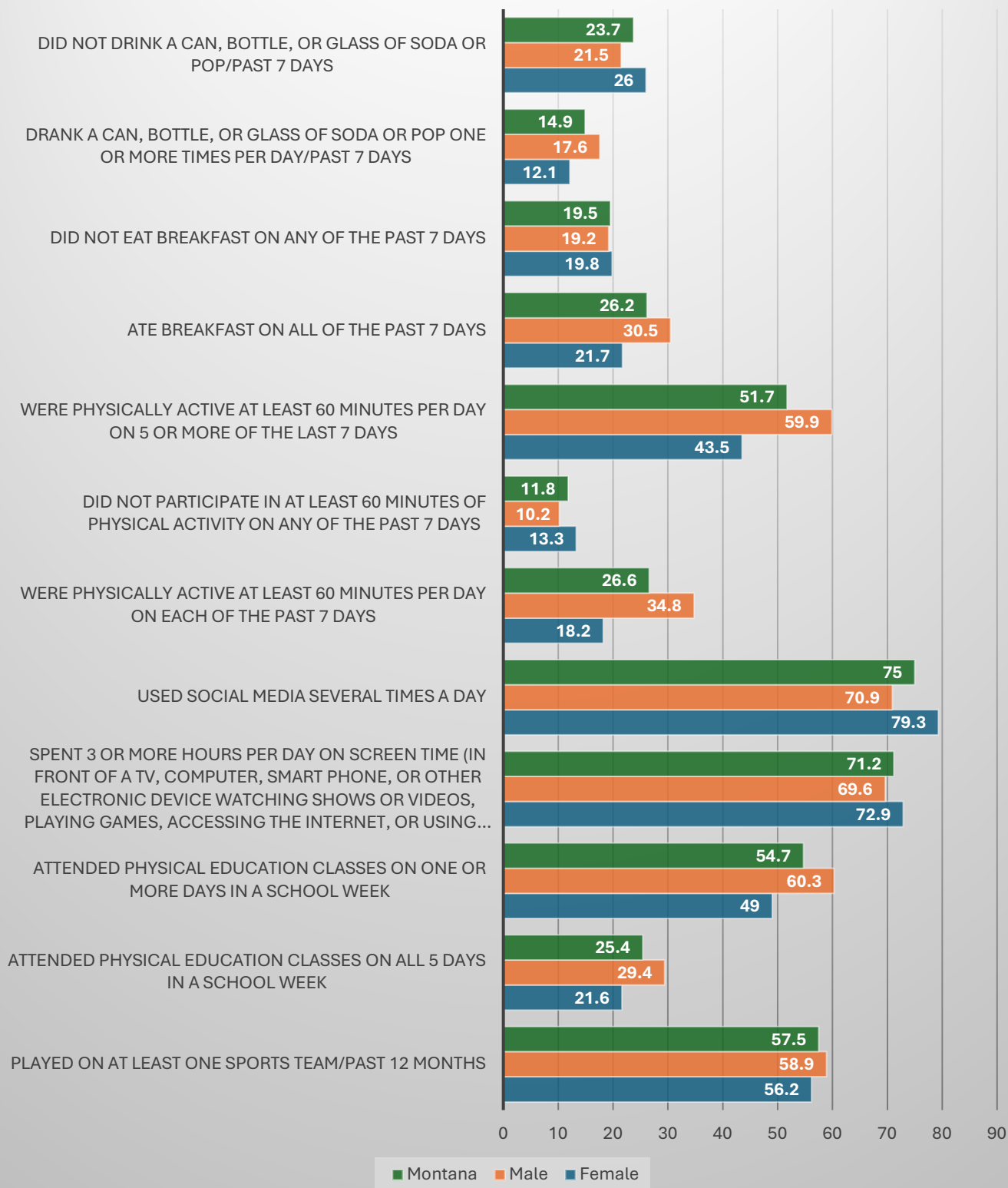
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