

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

ALTERNATIVE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 218 alternative school students in Montana during February of 2023. Frequency distributions may not total 218 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	12 years old or younger	0	0.00%
B.	13 years old	0	0.00%
C.	14 years old	4	1.84%
D.	15 years old	35	16.13%
E.	16 years old	65	29.95%
F.	17 years old	56	25.81%
G.	18 years old or older	57	26.27%
	TOTALS	217	100.00%
Q-2. What is your sex?			
A.	Female	95	43.98%
B.	Male	121	56.02%
	TOTALS	216	100.00%
Q-3. In what grade are you?			
A.	9th grade	12	5.63%
B.	10th grade	73	34.27%
C.	11th grade	48	22.54%
D.	12th grade	77	36.15%
E.	Ungraded or other grade	3	1.41%
	TOTALS	213	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	23	10.75%
B.	No	191	89.25%
	TOTALS	214	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	15	6.58%
B.	Asian	16	7.02%
C.	Black or African American	9	3.95%
D.	Native Hawaiian or Other Pacific Islander	4	1.75%
E.	White	184	80.70%
	TOTALS	228	100.00%

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Q-6. How tall are you without your shoes on?

A.	Less than 4 ft	4	1.83%
B.	4ft to 4 ft, 6 in	1	0.46%
C.	4ft, 7in to 5 ft	23	10.55%
D.	5ft, 1in to 5ft, 6in	93	42.66%
E.	Over 5ft, 6in	97	44.50%
TOTALS		218	100.00%

Q-7. How much do you weigh without your shoes on?

A.	Less than 90 lbs	5	2.29%
B.	90-99 lbs	3	1.38%
C.	100-109 lbs	4	1.83%
D.	110-119lbs	24	11.01%
E.	120-129 lbs	25	11.47%
F.	130-139 lbs	30	13.76%
G.	140 lbs +	127	58.26%
TOTALS		218	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	12	5.58%
B.	Rarely	15	6.98%
C.	Sometimes	26	12.09%
D.	Most of the time	45	20.93%
E.	Always	117	54.42%
TOTALS		215	100.00%

Q-9. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	165	77.10%
B.	1 time	23	10.75%
C.	2 or 3 times	14	6.54%
D.	4 or 5 times	2	0.93%
E.	6 or more times	10	4.67%
TOTALS		214	100.00%

Q-10. How often do you wear a seat belt when driving a car?

A.	I do not drive a car	46	21.50%
B.	Never	11	5.14%
C.	Rarely	3	1.40%
D.	Sometimes	10	4.67%
E.	Most of the time	23	10.75%
F.	Always	121	56.54%
TOTALS		214	100.00%

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Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

A.	I did not drive a car or other vehicle during the past 30 days	78	35.78%
B.	0 times	121	55.50%
C.	1 time	7	3.21%
D.	2 or 3 times	4	1.83%
E.	4 or 5 times	3	1.38%
F.	6 or more times	5	2.29%
TOTALS		218	100.00%

Q-12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

A.	I did not drive a car or other vehicle during the past 30 days	66	30.41%
B.	0 days	54	24.88%
C.	1 or 2 days	23	10.60%
D.	3 to 5 days	13	5.99%
E.	6 to 9 days	7	3.23%
F.	10 to 19 days	14	6.45%
G.	20 to 29 days	11	5.07%
H.	All 30 days	29	13.36%
TOTALS		217	100.00%

Q-13. During the past 30 days, on how many days did you use the Internet or apps on your cell phone (such as YouTube, Instagram, or Facebook) while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)

A.	I did not drive a car or other vehicle during the past 30 days	68	31.34%
B.	0 days	64	29.49%
C.	1 or 2 days	24	11.06%
D.	3 to 5 days	9	4.15%
E.	6 to 9 days	7	3.23%
F.	10 to 19 days	7	3.23%
G.	20 to 29 days	9	4.15%
H.	All 30 days	29	13.36%
TOTALS		217	100.00%

Q-14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	196	90.32%
B.	1 day	3	1.38%
C.	2 or 3 days	2	0.92%
D.	4 or 5 days	5	2.30%
E.	6 or more days	11	5.07%
TOTALS		217	100.00%

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Q-15. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	192	89.30%
B.	1 day	3	1.40%
C.	2 or 3 days	8	3.72%
D.	4 or 5 days	1	0.47%
E.	6 or more days	11	5.12%
TOTALS		215	100.00%

Q-16. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	188	87.04%
B.	1 day	10	4.63%
C.	2 or 3 days	7	3.24%
D.	4 or 5 days	5	2.31%
E.	6 or more days	6	2.78%
TOTALS		216	100.00%

Q-17. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	189	87.50%
B.	1 time	10	4.63%
C.	2 or 3 times	7	3.24%
D.	4 or 5 times	3	1.39%
E.	6 or 7 times	4	1.85%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	3	1.39%
TOTALS		216	100.00%

Q-18. During the past 12 months, how many times were you in a physical fight?

A.	0 times	148	68.84%
B.	1 time	27	12.56%
C.	2 or 3 times	19	8.84%
D.	4 or 5 times	9	4.19%
E.	6 or 7 times	3	1.40%
F.	8 or 9 times	3	1.40%
G.	10 or 11 times	0	0.00%
H.	12 or more times	6	2.79%
TOTALS		215	100.00%

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Q-19. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	190	88.79%
B.	1 time	11	5.14%
C.	2 or 3 times	12	5.61%
D.	4 or 5 times	0	0.00%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.47%
TOTALS		214	100.00%

Q-20. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	53	24.65%
B.	No	162	75.35%
TOTALS		215	100.00%

Q-21. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	171	79.91%
B.	1 time	16	7.48%
C.	2 or 3 times	15	7.01%
D.	4 or 5 times	7	3.27%
E.	6 or more times	5	2.34%
TOTALS		214	100.00%

Q-22. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	69	32.70%
B.	0 times	113	53.55%
C.	1 time	12	5.69%
D.	2 or 3 times	10	4.74%
E.	4 or 5 times	2	0.95%
F.	6 or more times	5	2.37%
TOTALS		211	100.00%

Q-23. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	70	32.56%
B.	0 times	124	57.67%
C.	1 time	8	3.72%
D.	2 or 3 times	10	4.65%
E.	4 or 5 times	1	0.47%
F.	6 or more times	2	0.93%
TOTALS		215	100.00%

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Q-24. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?

A.	Never	160	74.07%
B.	Rarely	23	10.65%
C.	Sometimes	25	11.57%
D.	Most of the time	7	3.24%
E.	Always	1	0.46%
TOTALS		216	100.00%

Q-25. During the past 12 months, have you ever been bullied on school property?

A.	Yes	56	26.29%
B.	No	157	73.71%
TOTALS		213	100.00%

Q-26. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	56	25.93%
B.	No	160	74.07%
TOTALS		216	100.00%

Q-27. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	51	23.61%
B.	No	165	76.39%
TOTALS		216	100.00%

Q-28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	108	50.47%
B.	No	106	49.53%
TOTALS		214	100.00%

Q-29. During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	81	37.67%
B.	No	134	62.33%
TOTALS		215	100.00%

Q-30. During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	54	25.12%
B.	No	161	74.88%
TOTALS		215	100.00%

Q-31. During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	167	78.04%
B.	1 time	28	13.08%
C.	2 or 3 times	12	5.61%
D.	4 or 5 times	5	2.34%
E.	6 or more times	2	0.93%
TOTALS		214	100.00%

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Q-32. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	164	76.28%
B.	Yes	20	9.30%
C.	No	31	14.42%
TOTALS		215	100.00%

Q-33. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	114	53.02%
B.	No	101	46.98%
TOTALS		215	100.00%

Q-34. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	103	47.91%
B.	8 years old or younger	13	6.05%
C.	9 or 10 years old	12	5.58%
D.	11 or 12 years old	12	5.58%
E.	13 or 14 years old	33	15.35%
F.	15 or 16 years old	27	12.56%
G.	17 years old or older	15	6.98%
TOTALS		215	100.00%

Q-35. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	183	84.72%
B.	1 or 2 days	16	7.41%
C.	3 to 5 days	5	2.31%
D.	6 to 9 days	3	1.39%
E.	10 to 19 days	4	1.85%
F.	20 to 29 days	2	0.93%
G.	All 30 days	3	1.39%
TOTALS		216	100.00%

Q-36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	183	85.12%
B.	Less than 1 cigarette per day	17	7.91%
C.	1 cigarette per day	6	2.79%
D.	2 to 5 cigarettes per day	7	3.26%
E.	6 to 10 cigarettes per day	1	0.47%
F.	11 to 20 cigarettes per day	1	0.47%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		215	100.00%

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Q-37. Have you ever used an electronic vapor product?

A.	Yes	129	60.56%
B.	No	81	38.03%
TOTALS		213	100.00%

Q-38. During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	118	54.88%
B.	1 or 2 days	19	8.84%
C.	3 to 5 days	7	3.26%
D.	6 to 9 days	7	3.26%
E.	10 to 19 days	11	5.12%
F.	20 to 29 days	7	3.26%
G.	All 30 days	46	21.40%
TOTALS		215	100.00%

Q-39. During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	152	71.03%
B.	1 or 2 days	13	6.07%
C.	3 to 5 days	10	4.67%
D.	6 to 9 days	2	0.93%
E.	10 to 19 days	7	3.27%
F.	20 to 29 days	5	2.34%
G.	All 30 days	25	11.68%
TOTALS		214	100.00%

Q-40. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	122	57.55%
B.	I got or bought them from a friend, family member, or someone else	35	16.51%
C.	I bought them myself in a vape shop or tobacco shop	22	10.38%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	2	0.94%
E.	I bought them myself at a mall or shopping center kiosk or stand	0	0.00%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	0	0.00%
G.	I took them from a store or another person	2	0.94%
H.	I got them in some other way	29	13.68%
TOTALS		212	100.00%

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Q-41. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	120	55.81%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	0	0.00%
C.	Chocolate, candy, desserts, or other sweets	2	0.93%
D.	Fruit	56	26.05%
E.	Menthol	13	6.05%
F.	Mint	5	2.33%
G.	Tobacco	7	3.26%
H.	Some other flavor	12	5.58%
TOTALS		215	100.00%

Q-42. What is the main reason you have used electronic vapor products? (Select only one response.)

A.	I have never used an electronic vapor product	93	43.46%
B.	Friend or family member used them	12	5.61%
C.	To get a high or buzz from nicotine	22	10.28%
D.	I was feeling anxious, stressed, or depressed	32	14.95%
E.	I was curious about them	29	13.55%
F.	They are less harmful than other forms of tobacco	3	1.40%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	4	1.87%
H.	I used them for some other reason	19	8.88%
TOTALS		214	100.00%

Q-43. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	193	89.77%
B.	1 or 2 days	4	1.86%
C.	3 to 5 days	7	3.26%
D.	6 to 9 days	6	2.79%
E.	10 to 19 days	1	0.47%
F.	20 to 29 days	0	0.00%
G.	All 30 days	4	1.86%
TOTALS		215	100.00%

Q-44. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	185	85.65%
B.	1 or 2 days	10	4.63%
C.	3 to 5 days	8	3.70%
D.	6 to 9 days	4	1.85%
E.	10 to 19 days	4	1.85%
F.	20 to 29 days	2	0.93%
G.	All 30 days	3	1.39%
TOTALS		216	100.00%

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Q-45. During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	114	52.78%
B.	Yes	62	28.70%
C.	No	40	18.52%
TOTALS		216	100.00%

Q-46. How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	64	29.77%
B.	8 years old or younger	28	13.02%
C.	9 or 10 years old	15	6.98%
D.	11 or 12 years old	16	7.44%
E.	13 or 14 years old	46	21.40%
F.	15 or 16 years old	37	17.21%
G.	17 years old or older	9	4.19%
TOTALS		215	100.00%

Q-47. During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	134	62.04%
B.	1 or 2 days	36	16.67%
C.	3 to 5 days	16	7.41%
D.	6 to 9 days	12	5.56%
E.	10 to 19 days	10	4.63%
F.	20 to 29 days	4	1.85%
G.	All 30 days	4	1.85%
TOTALS		216	100.00%

Q-48. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	162	75.70%
B.	1 day	12	5.61%
C.	2 days	9	4.21%
D.	3 to 5 days	14	6.54%
E.	6 to 9 days	8	3.74%
F.	10 to 19 days	6	2.80%
G.	20 or more days	3	1.40%
TOTALS		214	100.00%

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Q-49. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?

A.	I did not drink alcohol during the past 30 days	137	64.32%
B.	1 or 2 drinks	27	12.68%
C.	3 drinks	4	1.88%
D.	4 drinks	8	3.76%
E.	5 drinks	8	3.76%
F.	6 or 7 drinks	5	2.35%
G.	8 or 9 drinks	7	3.29%
H.	10 or more drinks	17	7.98%
TOTALS		213	100.00%

Q-50. During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	130	60.47%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	7	3.26%
C.	I bought it at a restaurant, bar, or club	2	0.93%
D.	I bought it at a public event such as a concert or sporting event	3	1.40%
E.	I gave someone else money to buy it for me	18	8.37%
F.	Someone gave it to me	25	11.63%
G.	I took it from a store or family member	8	3.72%
H.	I got it some other way	22	10.23%
TOTALS		215	100.00%

Q-51. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	132	61.40%
B.	Beer	23	10.70%
C.	Wine	2	0.93%
D.	Vodka	11	5.12%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	23	10.70%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	16	7.44%
G.	Some other type of alcohol	8	3.72%
TOTALS		215	100.00%

Q-52. During your life, how many times have you used marijuana?

A.	0 times	93	43.46%
B.	1 or 2 times	12	5.61%
C.	3 to 9 times	18	8.41%
D.	10 to 19 times	7	3.27%
E.	20 to 39 times	5	2.34%
F.	40 to 99 times	17	7.94%
G.	100 or more times	62	28.97%
TOTALS		214	100.00%

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Q-53. How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	95	43.98%
B.	8 years old or younger	8	3.70%
C.	9 or 10 years old	4	1.85%
D.	11 or 12 years old	19	8.80%
E.	13 or 14 years old	43	19.91%
F.	15 or 16 years old	29	13.43%
G.	17 years old or older	18	8.33%
TOTALS		216	100.00%

Q-54. During the past 30 days, how many times did you use marijuana?

A.	0 times	138	64.19%
B.	1 or 2 times	10	4.65%
C.	3 to 9 times	15	6.98%
D.	10 to 19 times	7	3.26%
E.	20 to 39 times	13	6.05%
F.	40 or more times	32	14.88%
TOTALS		215	100.00%

Q-55. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	170	79.07%
B.	1 or 2 times	13	6.05%
C.	3 to 9 times	8	3.72%
D.	10 to 19 times	10	4.65%
E.	20 to 39 times	3	1.40%
F.	40 or more times	11	5.12%
TOTALS		215	100.00%

Q-56. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	188	87.44%
B.	1 or 2 times	10	4.65%
C.	3 to 9 times	2	0.93%
D.	10 to 19 times	4	1.86%
E.	20 to 39 times	4	1.86%
F.	40 or more times	7	3.26%
TOTALS		215	100.00%

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Q-57. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	186	86.51%
B.	1 or 2 times	13	6.05%
C.	3 to 9 times	8	3.72%
D.	10 to 19 times	5	2.33%
E.	20 to 39 times	1	0.47%
F.	40 or more times	2	0.93%
TOTALS		215	100.00%

Q-58. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	202	93.95%
B.	1 or 2 times	7	3.26%
C.	3 to 9 times	3	1.40%
D.	10 to 19 times	3	1.40%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		215	100.00%

Q-59. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	204	94.44%
B.	1 or 2 times	4	1.85%
C.	3 to 9 times	3	1.39%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	2	0.93%
F.	40 or more times	3	1.39%
TOTALS		216	100.00%

Q-60. During your life, how many times have you used ecstasy (also called MDMA or Molly)?

A.	0 times	191	88.43%
B.	1 or 2 times	9	4.17%
C.	3 to 9 times	5	2.31%
D.	10 to 19 times	2	0.93%
E.	20 to 39 times	4	1.85%
F.	40 or more times	5	2.31%
TOTALS		216	100.00%

Q-61. During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	204	94.88%
B.	1 time	5	2.33%
C.	2 or more times	6	2.79%
TOTALS		215	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-62. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	54	25.00%
B.	No	162	75.00%
TOTALS		216	100.00%

Q-63. Have you ever had sexual intercourse?

A.	Yes	125	57.87%
B.	No	91	42.13%
TOTALS		216	100.00%

Q-64. How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	94	43.52%
B.	11 years old or younger	13	6.02%
C.	12 years old	11	5.09%
D.	13 years old	14	6.48%
E.	14 years old	25	11.57%
F.	15 years old	29	13.43%
G.	16 years old	16	7.41%
H.	17 years old or older	14	6.48%
TOTALS		216	100.00%

Q-65. During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	99	45.83%
B.	1 person	35	16.20%
C.	2 people	10	4.63%
D.	3 people	18	8.33%
E.	4 people	15	6.94%
F.	5 people	9	4.17%
G.	6 or more people	30	13.89%
TOTALS		216	100.00%

Q-66. During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	95	44.39%
B.	I have had sexual intercourse, but not during the past 3 months	31	14.49%
C.	1 person	73	34.11%
D.	2 people	8	3.74%
E.	3 people	3	1.40%
F.	4 people	4	1.87%
G.	5 people	0	0.00%
H.	6 or more people	0	0.00%
TOTALS		214	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-67. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	91	42.52%
B.	Yes	39	18.22%
C.	No	84	39.25%
TOTALS		214	100.00%

Q-68. The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	95	44.19%
B.	Yes	45	20.93%
C.	No	75	34.88%
TOTALS		215	100.00%

Q-69. The last time you had sexual intercourse with an opposite-sex partner, what one method did you or your partner use to prevent pregnancy?
(Select only one response.)

A.	I have never had sexual intercourse with an opposite-sex partner	96	45.28%
B.	No method was used to prevent pregnancy	21	9.91%
C.	Birth control pills (Do not count emergency contraception such as Plan B or the "morning after" pill.)	23	10.85%
D.	Condoms	27	12.74%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	22	10.38%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	11	5.19%
G.	Withdrawal or some other method	6	2.83%
H.	Not sure	6	2.83%
TOTALS		212	100.00%

Q-70. How do you describe your weight?

A.	Very underweight	11	5.26%
B.	Slightly underweight	41	19.62%
C.	About the right weight	94	44.98%
D.	Slightly overweight	52	24.88%
E.	Very overweight	11	5.26%
TOTALS		209	100.00%

Q-71. Which of the following are you trying to do about your weight?

A.	Lose weight	85	39.91%
B.	Gain weight	53	24.88%
C.	Stay the same weight	27	12.68%
D.	I am not trying to do anything about my weight	48	22.54%
TOTALS		213	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	89	41.40%
B.	1 to 3 times during the past 7 days	80	37.21%
C.	4 to 6 times during the past 7 days	25	11.63%
D.	1 time per day	10	4.65%
E.	2 times per day	3	1.40%
F.	3 times per day	4	1.86%
G.	4 or more times per day	4	1.86%
TOTALS		215	100.00%

Q-73. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	31	14.42%
B.	1 to 3 times during the past 7 days	74	34.42%
C.	4 to 6 times during the past 7 days	58	26.98%
D.	1 time per day	31	14.42%
E.	2 times per day	10	4.65%
F.	3 times per day	8	3.72%
G.	4 or more times per day	3	1.40%
TOTALS		215	100.00%

Q-74. During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	76	35.35%
B.	1 to 3 times during the past 7 days	90	41.86%
C.	4 to 6 times during the past 7 days	28	13.02%
D.	1 time per day	15	6.98%
E.	2 times per day	4	1.86%
F.	3 times per day	0	0.00%
G.	4 or more times per day	2	0.93%
TOTALS		215	100.00%

Q-75. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	71	33.49%
B.	1 to 3 times during the past 7 days	105	49.53%
C.	4 to 6 times during the past 7 days	21	9.91%
D.	1 time per day	9	4.25%
E.	2 times per day	2	0.94%
F.	3 times per day	1	0.47%
G.	4 or more times per day	3	1.42%
TOTALS		212	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-76. During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	102	48.57%
B.	1 to 3 times during the past 7 days	79	37.62%
C.	4 to 6 times during the past 7 days	15	7.14%
D.	1 time per day	8	3.81%
E.	2 times per day	3	1.43%
F.	3 times per day	0	0.00%
G.	4 or more times per day	3	1.43%
TOTALS		210	100.00%

Q-77. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	37	17.29%
B.	1 to 3 times during the past 7 days	87	40.65%
C.	4 to 6 times during the past 7 days	55	25.70%
D.	1 time per day	23	10.75%
E.	2 times per day	6	2.80%
F.	3 times per day	1	0.47%
G.	4 or more times per day	5	2.34%
TOTALS		214	100.00%

Q-78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	50	23.47%
B.	1 to 3 times during the past 7 days	82	38.50%
C.	4 to 6 times during the past 7 days	41	19.25%
D.	1 time per day	16	7.51%
E.	2 times per day	13	6.10%
F.	3 times per day	6	2.82%
G.	4 or more times per day	5	2.35%
TOTALS		213	100.00%

Q-79. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	58	26.98%
B.	1 day	36	16.74%
C.	2 days	31	14.42%
D.	3 days	19	8.84%
E.	4 days	14	6.51%
F.	5 days	9	4.19%
G.	6 days	8	3.72%
H.	7 days	40	18.60%
TOTALS		215	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-80. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	36	16.82%
B.	1 day	10	4.67%
C.	2 days	25	11.68%
D.	3 days	18	8.41%
E.	4 days	27	12.62%
F.	5 days	24	11.21%
G.	6 days	16	7.48%
H.	7 days	58	27.10%
TOTALS		214	100.00%

Q-81. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	12	5.66%
B.	1 hour per day	14	6.60%
C.	2 hours per day	42	19.81%
D.	3 hours per day	32	15.09%
E.	4 hours per day	48	22.64%
F.	5 or more hours per day	64	30.19%
TOTALS		212	100.00%

Q-82. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	81	38.57%
B.	1 day	5	2.38%
C.	2 days	35	16.67%
D.	3 days	52	24.76%
E.	4 days	9	4.29%
F.	5 days	28	13.33%
TOTALS		210	100.00%

Q-83. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	123	57.21%
B.	1 team	29	13.49%
C.	2 teams	29	13.49%
D.	3 or more teams	34	15.81%
TOTALS		215	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-84. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	164	77.00%
B.	1 time	32	15.02%
C.	2 times	11	5.16%
D.	3 times	3	1.41%
E.	4 or more times	3	1.41%
TOTALS		213	100.00%

Q-85. How often do you use social media?

A.	I do not use social media	27	12.68%
B.	A few times a month	9	4.23%
C.	About once a week	2	0.94%
D.	A few times a week	10	4.69%
E.	About once a day	17	7.98%
F.	Several times a day	66	30.99%
G.	About once an hour	28	13.15%
H.	More than once an hour	54	25.35%
TOTALS		213	100.00%

Q-86. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	57	26.64%
B.	No	146	68.22%
C.	Not sure	11	5.14%
TOTALS		214	100.00%

Q-87. Do you still have asthma?

A.	I have never had asthma	117	54.42%
B.	Yes	35	16.28%
C.	No	35	16.28%
D.	Not sure	28	13.02%
TOTALS		215	100.00%

Q-88. During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	154	71.30%
B.	0 days	49	22.69%
C.	1 day	6	2.78%
D.	2 days	4	1.85%
E.	3 days	2	0.93%
F.	4 days	1	0.46%
G.	5 or more days	0	0.00%
TOTALS		216	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-89. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	171	79.53%
B.	Between 12 and 24 months ago	19	8.84%
C.	More than 24 months ago	7	3.26%
D.	Never	2	0.93%
E.	Not sure	16	7.44%
TOTALS		215	100.00%

Q-90. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	24	11.21%
B.	Rarely	52	24.30%
C.	Sometimes	60	28.04%
D.	Most of the time	63	29.44%
E.	Always	15	7.01%
TOTALS		214	100.00%

Q-91. On an average school night, how many hours of sleep do you get?

A.	4 or less hours	32	14.88%
B.	5 hours	33	15.35%
C.	6 hours	57	26.51%
D.	7 hours	56	26.05%
E.	8 hours	29	13.49%
F.	9 hours	5	2.33%
G.	10 or more hours	3	1.40%
TOTALS		215	100.00%

Q-92. During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	186	86.92%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	8	3.74%
C.	In a shelter or emergency housing	4	1.87%
D.	In a motel or hotel	3	1.40%
E.	In a car, park, campground, or other public place	1	0.47%
F.	I do not have a usual place to sleep	3	1.40%
G.	Somewhere else	9	4.21%
TOTALS		214	100.00%

Q-93. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	22	10.33%
B.	No	191	89.67%
TOTALS		213	100.00%

2023 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-94. During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	79	37.62%
B.	Mostly B's	48	22.86%
C.	Mostly C's	31	14.76%
D.	Mostly D's	16	7.62%
E.	Mostly F's	8	3.81%
F.	None of these grades	2	0.95%
G.	Not sure	26	12.38%
TOTALS		210	100.00%

Q-95. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	194	91.94%
B.	1 or 2 times	5	2.37%
C.	3 to 9 times	6	2.84%
D.	10 to 19 times	3	1.42%
E.	20 to 39 times	2	0.95%
F.	40 or more times	1	0.47%
TOTALS		211	100.00%

Q-96. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	47	22.17%
B.	No	165	77.83%
TOTALS		212	100.00%