2023 WEST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,467 middle school students in West Region during February of 2023. Frequency distributions may not total 1,467 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are y	rou?		
A.	10 years old or younger	7	0.48%
B.	11 years old	0	0.00%
C.	12 years old	276	18.88%
D.	13 years old	668	45.69%
E.	14 years old	502	34.34%
F.	15 years old	9	0.62%
G.	16 years old or older	0	0.00%
	TOTALS	1,462	100.00%
Q-2. What is your	sex?		
A.	Female	701	48.18%
B.	Male	754	51.82%
	TOTALS	1,455	100.00%
Q-3. In what grade	e are you?		
A.	7th grade	628	43.34%
B.	8th grade	821	56.66%
	TOTALS	1,449	100.00%
Q-4. Are you Hispa	nic or Latino?		
A.	Yes	138	9.66%
B.	No	1290	90.34%
	TOTALS	1,428	100.00%
Q-5. What is your	race?		
A.	American Indian or Alaskan Native	176	11.14%
B.	Asian	63	3.99%
C.	Black or African American	68	4.30%
D.	Native Hawaiian or Other Pacific Islander	34	2.15%
E.	White	1239	78.42%
	TOTALS	1,580	100.00%
Q-6. How often do	you wear a seat belt when riding in a car driven by someone else?		
A.	Never	29	1.99%
B.	Rarely	47	3.22%
C.	Sometimes	101	6.93%
D.	Most of the time	456	31.28%
E.	Always	825	56.58%
	TOTALS	1,458	100.00%

A.	0 times	1130	78.04%
B.	1 time	120	8.29%
C.	2 or 3 times	83	5.73%
D.	4 or 5 times	24	1.66%
E.	6 or more times	91	6.28%
	TOTALS	1,448	100.00%
Q-8. How often do	you wear a seat belt when driving a car?		
A.	I do not drive a car	1081	75.28%
B.	Never	18	1.25%
C.	Rarely	62	4.32%
D.	Sometimes	58	4.04%
E.	Most of the time	50	3.48%
F.	Always	167	11.63%
	TOTALS	1,436	100.00%
Q-9. During the pa	st 30 days, on how many days did you carry a weapon such as a gun, knife, or club on s	school property?	
A.	0 days	1386	94.74%
B.	1 day	20	1.37%
C.	2 or 3 days	25	1.71%
D.	4 or 5 days	4	0.27%
E.	6 or more days	28	1.91%
	TOTALS	1,463	100.00%
Q-10. During the p sport, such as targ	ast 12 months, on how many days did you carry a gun? (Do not count the days when yout et shooting.)	ou carried a gun only for hunti	ng or for a
A.	0 days	1362	93.42%
B.	1 day	33	2.26%
C.	2 or 3 days	27	1.85%
D.	4 or 5 days	9	0.62%
E.	6 or more days	27	1.85%
	TOTALS	1,458	100.00%
Q-11. During the p from school?	ast 30 days, on how many days did you not go to school because you felt you would be	unsafe at school or on your w	ay to or
A.	0 days	1259	86.65%
B.	1 day	101	6.95%
C.	2 or 3 days	49	3.37%
D.	4 or 5 days	14	0.96%
E.	6 or more days	30	2.06%
	TOTALS	1,453	100.00%

A.	0 times	1290	88.30%
В.	1 time	79	5.41%
C.	2 or 3 times	50	3.42%
D.	4 or 5 times	14	0.96%
E.	6 or 7 times	9	0.62%
F.	8 or 9 times	3	0.21%
G.	10 or 11 times	1	0.07%
H.	12 or more times	15	1.03%
	TOTALS	1,461	100.00%
-13. During the p	ast 12 months, how many times were you in a physical fight?		
A.	0 times	991	67.92%
В.	1 time	226	15.49%
C.	2 or 3 times	143	9.80%
D.	4 or 5 times	38	2.60%
E.	6 or 7 times	21	1.44%
F.	8 or 9 times	9	0.62%
G.	10 or 11 times	3	0.21%
H.	12 or more times	28	1.92%
	TOTALS	1,459	100.00%
-14. During the p	ast 12 months, how many times were you in a physical fight on school property?		
A.	0 times	1225	84.02%
В.	1 time	154	10.56%
C.	2 or 3 times	49	3.36%
D.	4 or 5 times	13	0.89%
E.	6 or 7 times	5	0.34%
F.	8 or 9 times	3	0.219
G.	10 or 11 times	2	0.14%
H.	12 or more times	7	0.48%
	TOTALS	1,458	100.00%
-15. Have you eve	er been physically forced to have sexual intercourse when you did not want to?		
A.	Yes	122	8.38%
В.	No	1334	91.62%
	TOTALS	1,456	100.00%

	ast 12 months, how many times did anyone force you to do sexual things that yor being physically forced to have sexual intercourse.)	ou did not want to do? (Count such t	hings as
	0 times	1308	90.08%
B.	1 time	77	5.30%
C.	2 or 3 times	38	2.62%
D.	4 or 5 times	12	0.83%
E.	6 or more times	17	1.17%
	TOTALS	1,452	100.00%
	ast 12 months, how many times did someone you were dating or going out with It such things as kissing, touching, or being physically forced to have sexual inte		u did not
A.	I did not date or go out with anyone during the past 12 months	788	54.42%
B.	0 times	594	41.02%
C.	1 time	26	1.80%
D.	2 or 3 times	22	1.52%
E.	4 or 5 times	6	0.41%
F.	6 or more times	12	0.83%
	TOTALS	1,448	100.00%
	ast 12 months, how many times did someone you were dating or going out with slammed into something, or injured with an object or weapon.)	physically hurt you on purpose? (Co	unt such
A.	I did not date or go out with anyone during the past 12 months	777	53.37%
B.	0 times	624	42.86%
C.	1 time	20	1.37%
D.	2 or 3 times	16	1.10%
E.	4 or 5 times	9	0.62%
F.	6 or more times	10	0.69%
	TOTALS	1,456	100.00%
Q-19. During your	life, how often have you felt that you were treated badly or unfairly in school be	cause of your race or ethnicity?	
A.	Never	973	66.69%
B.	Rarely	251	17.20%
C.	Sometimes	135	9.25%
D.	Most of the time	53	3.63%
E.	Always	47	3.22%
	TOTALS	1,459	100.00%
Q-20. During the p	ast 12 months, have you ever been bullied on school property?		
A.	Yes	575	39.46%
В.	No	882	60.54%
	TOTALS	1,457	100.00%
Q-21. During the p social media.)	ast 12 months, have you ever been electronically bullied? (Count being bullied the	nrough texting, Instagram, Facebook,	or other
A.	Yes	320	21.89%
B.	No	1142	78.11%
	TOTALS	1,462	100.00%

Α.	Yes	376	25.68%
	No	1088	74.32%
	TOTALS	1,464	100.00%
Q-23. During the p some usual activition	ast 12 months, did you ever feel so sad or hopeless almost every day for two we		
A.	Yes	532	36.92%
B.	No	909	63.08%
	TOTALS	1,441	100.00%
Q-24. During the p	ast 12 months, did you ever seriously consider attempting suicide?		
A.	Yes	330	22.65%
B.	No	1127	77.35%
	TOTALS	1,457	100.00%
Q-25. During the p	ast 12 months, did you make a plan about how you would attempt suicide?		
A.	Yes	301	20.73%
B.	No	1151	79.27%
	TOTALS	1,452	100.00%
Q-26. During the p	ast 12 months, how many times did you actually attempt suicide?		
A.	0 times	1211	84.04%
B.	1 time	150	10.41%
C.	2 or 3 times	52	3.61%
D.	4 or 5 times	9	0.62%
E.	6 or more times	19	1.32%
	TOTALS	1,441	100.00%
Q-27. If you attem doctor or nurse?	pted suicide during the past 12 months, did any attempt result in an injury, poisc	ning, or overdose that had to be trea	ated by a
A.	I did not attempt suicide during the past 12 months	1194	82.12%
B.	Yes	81	5.57%
C.	No	179	12.31%
	TOTALS	1,454	100.00%
Q-28. Have you ev	er tried cigarette smoking, even one or two puffs?		
A.	Yes	197	13.52%
B.	No	1260	86.48%
	TOTALS	1,457	100.00%
Q-29. How old wer	e you when you first tried cigarette smoking, even one or two puffs?		
A.	I have never tried cigarette smoking, not even one or two puffs	1285	88.32%
В.	8 years old or younger	44	3.02%
C.	9 or 10 years old	35	2.41%
D.	11 or 12 years old	49	3.37%
E.	13 or 14 years old	41	2.82%
	15 years old or older	1	0.07%
• • • • • • • • • • • • • • • • • • • •	TOTALS	1,455	100.00%

Q-30. During the pa	ast 30 days, on how many days did you smoke cigarettes?		
A.	0 days	1405	96.30%
B.	1 or 2 days	26	1.78%
C.	3 to 5 days	7	0.48%
D.	6 to 9 days	5	0.34%
E.	10 to 19 days	3	0.21%
F.	20 to 29 days	1	0.07%
G.	All 30 days	12	0.82%
	TOTALS	1,459	100.00%
Q-31. During the pa	ast 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A.	I did not smoke cigarettes during the past 30 days	1394	95.94%
B.	Less than 1 cigarette per day	29	2.00%
C.	1 cigarette per day	12	0.83%
D.	2 to 5 cigarettes per day	7	0.48%
E.	6 to 10 cigarettes per day	1	0.07%
F.	11 to 20 cigarettes per day	1	0.07%
G.	More than 20 cigarettes per day	9	0.62%
	TOTALS	1,453	100.00%
Q-32. Have you eve	er used an electronic vapor product?		
A.	Yes	296	20.37%
B.	No	1157	79.63%
	TOTALS	1,453	100.00%
Q-33. During the pa	ast 30 days, on how many days did you use an electronic vapor product?		
A.	0 days	1290	88.36%
B.	1 or 2 days	69	4.73%
C.	3 to 5 days	25	1.71%
D.	6 to 9 days	10	0.68%
E.	10 to 19 days	25	1.71%
F.	20 to 29 days	10	0.68%
G.	All 30 days	31	2.12%
	TOTALS	1,460	100.00%
Q-34. During the pa	ast 30 days, on how many days did you use an electronic vapor product on school property	γ?	
A.	0 days	1365	93.75%
B.	1 or 2 days	49	3.37%
C.	3 to 5 days	8	0.55%
	6 to 9 days	7	0.48%
E.	10 to 19 days	11	0.76%
	20 to 29 days	3	0.21%
	All 30 days	13	0.89%
	TOTALS	1,456	100.00%

Q-35. During the p	ast 30 days, how did you usually get your own electronic vapor products? (Select only one response.)		
A.	I did not use any electronic vapor products during the past 30 days	1292	89.97%
B.	I got or bought them from a friend, family member, or someone else	92	6.41%
C.	I bought them myself in a vape shop or tobacco shop	6	0.42%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	3	0.21%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.07%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	1	0.07%
G.	I took them from a store or another person	9	0.63%
H.	I got them in some other way	32	2.23%
	TOTALS	1,436	100.00%
Q-36. During the p	ast 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)		
A.	I did not use an electronic vapor product during the past 30 days	1301	89.48%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	10	0.69%
C.	Chocolate, candy, desserts, or other sweets	12	0.83%
D.	Fruit	96	6.60%
E.	Menthol	8	0.55%
F.	Mint	5	0.34%
G.	Tobacco	4	0.28%
Н.	Some other flavor	18	1.24%
	TOTALS	1,454	100.00%
Q-37. What is the r	main reason you have used electronic vapor products? (Select only one response.)		
A.	I have never used an electronic vapor product	1203	82.97%
B.	Friend or family member used them	34	2.34%
C.	To get a high or buzz from nicotine	26	1.79%
D.	I was feeling anxious. stressed, or depressed	72	4.97%
E.	I was curious about them	68	4.69%
F.	They are less harmful than other forms of tobacco	0	0.00%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	10	0.69%
H.	I used them for some other reason	37	2.55%
	TOTALS	1,450	100.00%
	ast 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco proly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)	oducts, such a	as
A.	0 days	1422	98.00%
В.	1 or 2 days	11	0.76%
C.	3 to 5 days	1	0.07%
D.	6 to 9 days	4	0.28%
E.	10 to 19 days	2	0.14%
F.	20 to 29 days	1	0.07%
G.	All 30 days	10	0.69%
<u> </u>	TOTALS	1,451	100.00%

Q-39. During the p	ast 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	1432	98.15%
В.	1 or 2 days	10	0.69%
C.	3 to 5 days	5	0.34%
D.	6 to 9 days	1	0.07%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	11	0.75%
	TOTALS	1,459	100.00%
Q-40. During the p	ast 12 months, did you ever try to quit using all tobacco products?		
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	1259	86.65%
В.	Yes	101	6.95%
C.	No	93	6.40%
	TOTALS	1,453	100.00%
Q-41. How old wer	e you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	1035	72.23%
B.	8 years old or younger	120	8.37%
C.	9 or 10 years old	76	5.30%
D.	11 or 12 years old	109	7.61%
E.	13 or 14 years old	90	6.28%
F.	15 years old or older	3	0.21%
	TOTALS	1,433	100.00%
Q-42. During the p	ast 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	1280	88.28%
B.	1 or 2 days	110	7.59%
C.	3 to 5 days	25	1.72%
D.	6 to 9 days	18	1.24%
E.	10 to 19 days	4	0.28%
F.	20 to 29 days	2	0.14%
G.	All 30 days	11	0.76%
	TOTALS	1,450	100.00%
Q-43. During the p female) or 5 or mo	ast 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a correct drinks of alcohol in a row, that is, within a couple of hours (if you are male)?	ouple of hours (if	you are
A.	0 days	1378	94.84%
В.	1 day	31	2.13%
C.	2 days	17	1.17%
D.	3 to 5 days	7	0.48%
E.	6 to 9 days	7	0.48%
F.	10 to 19 days	1	0.07%
G.	20 or more days	12	0.83%
	TOTALS	1,453	100.00%

Δ	I did not drink alcohol during the past 30 days	1275	88.30%
	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	8	0.55%
C.	I bought it at a restaurant, bar, or club	3	0.21%
D.	I bought it at a public event such as a concert or sporting event	3	0.21%
E.	I gave someone else money to buy it for me	11	0.76%
F.	Someone gave it to me	54	3.74%
G.	I took it from a store or family member	51	3.53%
H.	I got it some other way	39	2.70%
	TOTALS	1,444	100.00%
Q-45. During the p	ast 30 days, what type of alcohol did you drink most often? (Select only one response.)		
A.	I did not drink alcohol during the past 30 days	1276	87.94%
В.	Beer	45	3.10%
C.	Wine	18	1.24%
D.	Vodka	32	2.219
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	29	2.00%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	35	2.419
G.	Some other type of alcohol	16	1.10%
	TOTALS	1,451	100.00%
Q-46. During your	life, how many times have you used marijuana?		
A.	0 times	1257	86.63%
B.	1 or 2 times	71	4.89%
C.	3 to 9 times	42	2.899
D.	10 to 19 times	13	0.90%
E.	20 to 39 times	18	1.249
F.	40 to 99 times	6	0.419
G.	100 or more times	44	3.03%
	TOTALS	1,451	100.00%
Q-47. How old wer	e you when you tried marijuana for the first time?		
A.	I have never tried marijuana	1238	85.85%
B.	8 years old or younger	35	2.43%
C.	9 or 10 years old	29	2.019
D.	11 or 12 years old	67	4.65%
E.	13 or 14 years old	70	4.859
F.	15 years old or older	3	0.219
	TOTALS	1,442	100.00%

	ast 30 days, how many times did you use marijuana?		
A.	0 times	1336	92.07%
B.	1 or 2 times	51	3.519
C.	3 to 9 times	17	1.179
D.	10 to 19 times	12	0.839
E.	20 to 39 times	9	0.629
F.	40 or more times	26	1.79
	TOTALS	1,451	100.00%
Q-49. During your told you to use it?	life, how many times have you taken prescription pain medicine without a	doctor's prescription or differently than how	a doctor
A.	0 times	1246	86.299
В.	1 or 2 times	101	6.99 ^c
C.	3 to 9 times	41	2.84
D.	10 to 19 times	27	1.87
E.	20 to 39 times	6	0.42
F.	40 or more times	23	1.59
	TOTALS	1,444	100.009
Q-50. During your	life, how many times have you used any form of cocaine, including powde	er, crack, or freebase?	
A.	0 times	1398	97.15°
B.	1 or 2 times	22	1.539
C.	3 to 9 times	3	0.21
D.	10 to 19 times	3	0.21
E.	20 to 39 times	0	0.000
F.	40 or more times	13	0.90
	TOTALS	1,439	100.009
Q-51. During your high?	life, how many times have you sniffed glue, breathed the contents of aero	osol spray cans, or inhaled any paints or spra	ys to get
A.	0 times	1304	90.189
B.	1 or 2 times	78	5.39 ^c
C.	3 to 9 times	17	1.18
D.	10 to 19 times	18	1.249
E.	20 to 39 times	8	0.55
F.	40 or more times	21	1.45
	TOTALS	1,446	100.009
Q-52. During your	life, how many times have you used heroin (also called smack, junk, or Ch	nina White)?	
A.	0 times	1416	97.93
В.	1 or 2 times	11	0.76
C.	3 to 9 times	7	0.489
D.	10 to 19 times	1	0.07
	20 to 39 times	0	0.00
E.			
E. F.		11	0.76

A.	0 times	1404	97.64%
В.	1 or 2 times	13	0.90%
C.	3 to 9 times	6	0.42%
D.	10 to 19 times	2	0.14%
E.	20 to 39 times	0	0.00%
F.	40 or more times	13	0.90%
	TOTALS	1,438	100.00%
Q-54. During your	life, how many times have you used ecstasy (also called MDMA or Molly)?		
A.	0 times	1402	96.76%
B.	1 or 2 times	25	1.73%
C.	3 to 9 times	6	0.41%
D.	10 to 19 times	2	0.14%
E.	20 to 39 times	4	0.28%
F.	40 or more times	10	0.69%
	TOTALS	1,449	100.00%
Q-55. During your	life, how many times have you used a needle to inject any illegal drug into your body?		
A.	0 times	1405	97.16%
В.	1 time	18	1.24%
C.	2 or more times	23	1.59%
	TOTALS	1,446	100.00%
Q-56. During the p	ast 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A.	Yes	335	23.30%
B.	No	1103	76.70%
	TOTALS	1,438	100.00%
Q-57. Have you ev	er had sexual intercourse?		
A.	Yes	192	13.32%
В.	No	1249	86.68%
	TOTALS	1,441	100.00%
Q-58. How old wer	e you when you had sexual intercourse for the first time?		
A.	I have never had sexual intercourse	1295	90.24%
B.	11 years old or younger	60	4.18%
C.	12 years old	16	1.11%
D.	13 years old	40	2.79%
E.	14 years old	20	1.39%
F.	15 years old or older	4	0.28%
	TOTALS	1,435	100.00%

С.	TOTALS	1,421	100.00%
E.	Very overweight	62	4.36%
D.	Slightly overweight	332	23.36%
С.	About the right weight	692	48.70%
B.	Slightly underweight	252	17.73%
A.	Very underweight	83	5.84%
)-63 How do you	TOTALS describe your weight?	1,423	100.00%
C.	No TOTALS		
В.	Yes	88	5.34%
A.	I have never had sexual intercourse	1259	
		1350	88.48%
)-62 The last time	TOTALS you had sexual intercourse, did you or your partner use a condom?	1,429	100.00%
C.	No TOTALS	112	7.84%
B.	Yes	62	4.349
Α.	I have never had sexual intercourse	1255	87.82%
		1255	07.020
2.61. Did you drink	TOTALS alcohol or use drugs before you had sexual intercourse the last time?	1,433	100.00%
H.	6 or more people	13	0.91%
G.	5 people	2	0.14%
F.	4 people	0	0.00%
E.	3 people	2	0.149
D.	2 people	7	0.49%
C.	1 person	45	3.149
В.	I have had sexual intercourse, but not during the past 3 months	65	4.54%
A.	I have never had sexual intercourse	1299	90.65%
)-60. During the p	ast 3 months, with how many people did you have sexual intercourse?		
	TOTALS	1,428	100.00%
G.	6 or more people	21	1.47%
F.	5 people	3	0.21%
E.	4 people	8	0.569
D.	3 people	12	0.849
C.	2 people	20	1.40%
В.	1 person	75	5.25%
A.	I have never had sexual intercourse	1289	90.27%

A.	Lose weight	633	44.39%
В.	Gain weight	225	15.78%
C.	Stay the same weight	236	16.55%
D.	I am not trying to do anything about my weight	332	23.28%
υ.	TOTALS	1,426	100.00%
	ast 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice orts drinks, or other fruit-flavored drinks.)		
A.	I did not drink 100% fruit juice during the past 7 days	468	32.96%
B.	1 to 3 times during the past 7 days	586	41.27%
C.	4 to 6 times during the past 7 days	176	12.39%
D.	1 time per day	73	5.14%
E.	2 times per day	51	3.59%
F.	3 times per day	22	1.55%
G.	4 or more times per day	44	3.10%
	TOTALS	1,420	100.00%
)-66. During the p	ast 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A.	I did not eat fruit during the past 7 days	150	10.32%
B.	1 to 3 times during the past 7 days	411	28.27%
C.	4 to 6 times during the past 7 days	344	23.66%
D.	1 time per day	140	9.63%
E.	2 times per day	209	14.37%
F.	3 times per day	94	6.46%
G.	4 or more times per day	106	7.29%
	TOTALS	1,454	100.00%
)-67. During the p	ast 7 days, how many times did you eat green salad?		
A.	I did not eat green salad during the past 7 days	517	35.66%
В.	1 to 3 times during the past 7 days	589	40.62%
C.	4 to 6 times during the past 7 days	184	12.69%
D.	1 time per day	99	6.83%
E.	2 times per day	33	2.28%
F.	3 times per day	10	0.69%
G.	4 or more times per day	18	1.24%
	TOTALS	1,450	100.00%

E.	2 times per day	45	3.10%
D.	1 time per day	77	5.30%
С.	4 to 6 times during the past 7 days	175	12.04%
В.	1 to 3 times during the past 7 days	708	48.73%
diet soda or diet po		392	26.98%
0-71. Durina the n	ast 7 days, how many times did you drink a can, bottle, or glass of soda or pop,	such as Coke. Pepsi, or Sprite? (Do n	
G.	4 or more times per day TOTALS	45	3.09% 100.00%
F.	3 times per day	34	2.34%
E.	2 times per day	112	7.70%
D.	1 time per day	155	10.65%
C.	4 to 6 times during the past 7 days	348	23.92%
В.	1 to 3 times during the past 7 days	549	37.73%
A.	I did not eat other vegetables during the past 7 days	212	14.57%
Q-70. During the p	ast 7 days, how many times did you eat other vegetables? (Do not count green	salad, potatoes, or carrots.)	
	TOTALS	1,462	100.00%
G.	4 or more times per day	29	1.98%
F.	3 times per day	7	0.48%
E.	2 times per day	31	2.12%
D.	1 time per day	62	4.24%
C.	4 to 6 times during the past 7 days	153	10.47%
B.	1 to 3 times during the past 7 days	557	38.10%
A.	I did not eat carrots during the past 7 days	623	42.61%
Q-69. During the p	ast 7 days, how many times did you eat carrots?		
O.	TOTALS	1,456	100.00%
G.	4 or more times per day	19	1.30%
	3 times per day	6	0.41%
D. E.	2 times per day	18	1.24%
C.	4 to 6 times during the past 7 days 1 time per day	90	2.34%
В.	1 to 3 times during the past 7 days	693	47.60%
Α.	I did not eat potatoes during the past 7 days	596	40.93%

A.	0 days	266	18.27%
		135	9.27%
В.	1 day		9.279
C.	2 days	135	
D.	3 days	104	7.149
E.	4 days	123	8.45%
F.	5 days	97	6.669
G.	6 days	95	6.529
H.	7 days	501	34.419
	TOTALS	1,456	100.00%
	ast 7 days, on how many days were you physically active for a total of at least 60 minutes f physical activity that increased your heart rate and made you breathe hard some of the t		ne you
Α.	0 days	126	8.68%
В.	1 day	100	6.899
C.	2 days	99	6.829
D.	3 days	151	10.419
E.	4 days	175	12.069
F.	5 days	207	14.279
G.	6 days	151	10.419
H.	7 days	442	30.46%
	TOTALS	1,451	100.00%
Q-74. On an averager videos, playing o	ge school day, how many hours do you spend in front of a TV, computer, smart phone, or games, accessing the Internet, or using social media (also called "screen time")? (Do not o	other electronic device wate count time spent doing scho	ching shows olwork.)
A.	Less than 1 hour per day	135	9.369
В.	1 hour per day	136	9.439
C.	2 hours per day	308	21.36%
D.	3 hours per day	325	22.54%
E.	4 hours per day	246	17.06%
F.	5 or more hours per day	292	20.25%
	TOTALS	1,442	100.00%
)-75. In an averag	e week when you are in school, on how many days do you go to physical education (PE) o	classes?	
A.	0 days	104	7.169
B.	1 day	46	3.179
C.	2 days	231	15.909
D.	3 days	423	29.119
E.	4 days	192	13.219
F.	5 days	457	31.459

-	0.4	440	20.240
A.	0 teams	412	28.24%
В.	1 team	338	23.17%
C.	2 teams	303	20.77%
D.	3 or more teams	406	27.83%
	TOTALS	1,459	100.00%
Q-77. During the p	ast 12 months, how many times did you have a concussion from playing a sport or being ph	ysically active?	
A.	0 times	1101	75.77%
В.	1 time	192	13.21%
C.	2 times	77	5.30%
D.	3 times	36	2.48%
E.	4 or more times	47	3.23%
	TOTALS	1,453	100.00%
Q-78. How often de	o you use social media?		
A.	I do not use social media	305	20.88%
B.	A few times a month	95	6.50%
C.	About once a week	53	3.63%
D.	A few times a week	97	6.64%
E.	About once a day	149	10.20%
F.	Several times a day	410	28.06%
G.	About once an hour	70	4.79%
H.	More than once an hour	282	19.30%
	TOTALS	1,461	100.00%
Q-79. Has a doctor	or nurse ever told you that you have asthma?		
A.	Yes	284	19.43%
В.		1009	69.02%
C.	Not sure	169	11.56%
<u> </u>	TOTALS	1,462	100.00%
Q-80. Do you still h		1 .	
Α.	I have never had asthma	897	61.44%
В.		168	11.51%
C.		212	14.52%
	Not sure	183	12.53%
Ъ.	TOTALS	1,460	100.00%

Q-81. During the pa	ast 30 days, how many days of school did you miss because of your asthma?		
A.	I do not have asthma	1094	75.03%
B.	0 days	277	19.00%
C.	1 day	44	3.02%
D.	2 days	16	1.10%
E.	3 days	14	0.96%
F.	4 days	5	0.34%
G.	5 or more days	8	0.55%
	TOTALS	1,458	100.00%
Q-82. When was th	e last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?		
A.	During the past 12 months	1144	78.36%
B.	Between 12 and 24 months ago	112	7.67%
C.	More than 24 months ago	57	3.90%
D.	Never	27	1.85%
E.	Not sure	120	8.22%
	TOTALS	1,460	100.00%
Q-83. During the pa	ast 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety,	and depression	า.)
A.	Never	361	24.97%
B.	Rarely	334	23.10%
C.	Sometimes	355	24.55%
D.	Most of the time	240	16.60%
E.	Always	156	10.79%
	TOTALS	1,446	100.00%
Q-84. On an averag	ge school night, how many hours of sleep do you get?		
A.	4 or less hours	192	13.15%
B.	5 hours	137	9.38%
C.	6 hours	205	14.04%
D.	7 hours	315	21.58%
E.	8 hours	377	25.82%
F.	9 hours	179	12.26%
G.	10 or more hours	55	3.77%
	TOTALS	1,460	100.00%
Q-85. During the pa	ast 30 days, where did you usually sleep?		
A.	In my parent's or guardian's home	1330	91.16%
В.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	52	3.56%
C.	In a shelter or emergency housing	25	1.71%
D.	In a motel or hotel	10	0.69%
E.	In a car, park, campground, or other public place	22	1.51%
F.	I do not have a usual place to sleep	11	0.75%
G.	Somewhere else	4	0.27%
	TOTALS	1,459	100.00%

A.	Yes	151	10.42%
В.		1298	89.58%
	TOTALS	1,449	100.00%
Q-87. During the p	ast 12 months, how would you describe your grades in school?		
A.	Mostly A's	742	50.96%
B.	Mostly B's	407	27.95%
C.	Mostly C's	135	9.27%
D.	Mostly D's	44	3.02%
E.	Mostly F's	44	3.02%
F.	None of these grades	17	1.17%
G.	Not sure	67	4.60%
	TOTALS	1,456	100.00%
Q-88. During the p count getting a spr	ast 12 months, how many times did you use an indoor tanning device stay-on tan.)	uch as a sunlamp, sunbed, or tanning booth? (Do not
A.	0 times	1334	91.87%
B.	1 or 2 times	67	4.61%
C.	3 to 9 times	19	1.31%
D.	10 to 19 times	7	0.48%
E.	20 to 39 times	11	0.76%
F.	40 or more times	14	0.96%
	TOTALS	1,452	100.00%
Q-89. During the p	ast 12 months, did you receive help from a resource teacher, speech the	erapist or other special education teacher at so	chool?
A.	Yes	377	26.18%
	.,	1002	72.020/
B.	No	1063	73.82%