

# 2023 SOUTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 463 middle school students in South East Region during February of 2023. Frequency distributions may not total 463 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	3	0.66%
B.	11 years old	0	0.00%
C.	12 years old	87	19.04%
D.	13 years old	228	49.89%
E.	14 years old	125	27.35%
F.	15 years old	14	3.06%
G.	16 years old or older	0	0.00%
	<b>TOTALS</b>	<b>457</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	235	51.42%
B.	Male	222	48.58%
	<b>TOTALS</b>	<b>457</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	233	51.21%
B.	8th grade	222	48.79%
	<b>TOTALS</b>	<b>455</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	46	10.24%
B.	No	403	89.76%
	<b>TOTALS</b>	<b>449</b>	<b>100.00%</b>
Q-5. What is your race?			
A.	American Indian or Alaskan Native	123	24.55%
B.	Asian	17	3.39%
C.	Black or African American	13	2.59%
D.	Native Hawaiian or Other Pacific Islander	8	1.60%
E.	White	340	67.86%
	<b>TOTALS</b>	<b>501</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	13	2.82%
B.	Rarely	27	5.86%
C.	Sometimes	81	17.57%
D.	Most of the time	195	42.30%
E.	Always	145	31.45%
	<b>TOTALS</b>	<b>461</b>	<b>100.00%</b>

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	360	79.12%
B.	1 time	47	10.33%
C.	2 or 3 times	21	4.62%
D.	4 or 5 times	11	2.42%
E.	6 or more times	16	3.52%
<b>TOTALS</b>		<b>455</b>	<b>100.00%</b>

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	290	63.60%
B.	Never	14	3.07%
C.	Rarely	27	5.92%
D.	Sometimes	25	5.48%
E.	Most of the time	31	6.80%
F.	Always	69	15.13%
<b>TOTALS</b>		<b>456</b>	<b>100.00%</b>

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	430	93.28%
B.	1 day	7	1.52%
C.	2 or 3 days	7	1.52%
D.	4 or 5 days	0	0.00%
E.	6 or more days	17	3.69%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	405	88.04%
B.	1 day	11	2.39%
C.	2 or 3 days	22	4.78%
D.	4 or 5 days	6	1.30%
E.	6 or more days	16	3.48%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	394	85.65%
B.	1 day	32	6.96%
C.	2 or 3 days	18	3.91%
D.	4 or 5 days	7	1.52%
E.	6 or more days	9	1.96%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	410	88.74%
B.	1 time	34	7.36%
C.	2 or 3 times	6	1.30%
D.	4 or 5 times	5	1.08%
E.	6 or 7 times	3	0.65%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	4	0.87%
<b>TOTALS</b>		<b>462</b>	<b>100.00%</b>

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	313	67.75%
B.	1 time	66	14.29%
C.	2 or 3 times	49	10.61%
D.	4 or 5 times	11	2.38%
E.	6 or 7 times	8	1.73%
F.	8 or 9 times	2	0.43%
G.	10 or 11 times	1	0.22%
H.	12 or more times	12	2.60%
<b>TOTALS</b>		<b>462</b>	<b>100.00%</b>

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	386	84.28%
B.	1 time	43	9.39%
C.	2 or 3 times	21	4.59%
D.	4 or 5 times	1	0.22%
E.	6 or 7 times	2	0.44%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	5	1.09%
<b>TOTALS</b>		<b>458</b>	<b>100.00%</b>

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	40	8.70%
B.	No	420	91.30%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	414	90.00%
B.	1 time	24	5.22%
C.	2 or 3 times	10	2.17%
D.	4 or 5 times	3	0.65%
E.	6 or more times	9	1.96%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	257	55.87%
B.	0 times	178	38.70%
C.	1 time	17	3.70%
D.	2 or 3 times	1	0.22%
E.	4 or 5 times	2	0.43%
F.	6 or more times	5	1.09%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	253	54.88%
B.	0 times	190	41.21%
C.	1 time	8	1.74%
D.	2 or 3 times	6	1.30%
E.	4 or 5 times	0	0.00%
F.	6 or more times	4	0.87%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>

Q-19. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?

A.	Never	294	64.05%
B.	Rarely	71	15.47%
C.	Sometimes	62	13.51%
D.	Most of the time	20	4.36%
E.	Always	12	2.61%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-20. During the past 12 months, have you ever been bullied on school property?

A.	Yes	166	36.64%
B.	No	287	63.36%
<b>TOTALS</b>		<b>453</b>	<b>100.00%</b>

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	97	21.00%
B.	No	365	79.00%
<b>TOTALS</b>		<b>462</b>	<b>100.00%</b>

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?		
A.	Yes	107 23.16%
B.	No	355 76.84%
<b>TOTALS</b>		<b>462 100.00%</b>
Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A.	Yes	160 35.16%
B.	No	295 64.84%
<b>TOTALS</b>		<b>455 100.00%</b>
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?		
A.	Yes	96 20.87%
B.	No	364 79.13%
<b>TOTALS</b>		<b>460 100.00%</b>
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A.	Yes	90 19.57%
B.	No	370 80.43%
<b>TOTALS</b>		<b>460 100.00%</b>
Q-26. During the past 12 months, how many times did you actually attempt suicide?		
A.	0 times	391 85.56%
B.	1 time	44 9.63%
C.	2 or 3 times	14 3.06%
D.	4 or 5 times	2 0.44%
E.	6 or more times	6 1.31%
<b>TOTALS</b>		<b>457 100.00%</b>
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A.	I did not attempt suicide during the past 12 months	378 82.53%
B.	Yes	18 3.93%
C.	No	62 13.54%
<b>TOTALS</b>		<b>458 100.00%</b>
Q-28. Have you ever tried cigarette smoking, even one or two puffs?		
A.	Yes	68 14.78%
B.	No	392 85.22%
<b>TOTALS</b>		<b>460 100.00%</b>
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?		
A.	I have never tried cigarette smoking, not even one or two puffs	392 85.40%
B.	8 years old or younger	19 4.14%
C.	9 or 10 years old	13 2.83%
D.	11 or 12 years old	15 3.27%
E.	13 or 14 years old	19 4.14%
F.	15 years old or older	1 0.22%
<b>TOTALS</b>		<b>459 100.00%</b>

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	443	95.89%
B.	1 or 2 days	10	2.16%
C.	3 to 5 days	4	0.87%
D.	6 to 9 days	2	0.43%
E.	10 to 19 days	2	0.43%
F.	20 to 29 days	1	0.22%
G.	All 30 days	0	0.00%
<b>TOTALS</b>		<b>462</b>	<b>100.00%</b>

Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	440	95.65%
B.	Less than 1 cigarette per day	9	1.96%
C.	1 cigarette per day	5	1.09%
D.	2 to 5 cigarettes per day	5	1.09%
E.	6 to 10 cigarettes per day	1	0.22%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-32. Have you ever used an electronic vapor product?			
A.	Yes	109	23.90%
B.	No	347	76.10%
<b>TOTALS</b>		<b>456</b>	<b>100.00%</b>

Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	403	87.42%
B.	1 or 2 days	26	5.64%
C.	3 to 5 days	13	2.82%
D.	6 to 9 days	4	0.87%
E.	10 to 19 days	5	1.08%
F.	20 to 29 days	4	0.87%
G.	All 30 days	6	1.30%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>

Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	435	94.57%
B.	1 or 2 days	10	2.17%
C.	3 to 5 days	2	0.43%
D.	6 to 9 days	5	1.09%
E.	10 to 19 days	2	0.43%
F.	20 to 29 days	3	0.65%
G.	All 30 days	3	0.65%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	400	89.09%
B.	I got or bought them from a friend, family member, or someone else	27	6.01%
C.	I bought them myself in a vape shop or tobacco shop	1	0.22%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	1	0.22%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.22%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	0	0.00%
G.	I took them from a store or another person	5	1.11%
H.	I got them in some other way	14	3.12%
<b>TOTALS</b>		<b>449</b>	<b>100.00%</b>

Q-36. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	401	87.36%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	4	0.87%
C.	Chocolate, candy, desserts, or other sweets	15	3.27%
D.	Fruit	25	5.45%
E.	Menthol	6	1.31%
F.	Mint	1	0.22%
G.	Tobacco	0	0.00%
H.	Some other flavor	7	1.53%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-37. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	357	77.95%
B.	Friend or family member used them	17	3.71%
C.	To get a high or buzz from nicotine	11	2.40%
D.	I was feeling anxious, stressed, or depressed	29	6.33%
E.	I was curious about them	31	6.77%
F.	They are less harmful than other forms of tobacco	2	0.44%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	2	0.44%
H.	I used them for some other reason	9	1.97%
<b>TOTALS</b>		<b>458</b>	<b>100.00%</b>

Q-38. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	444	96.94%
B.	1 or 2 days	6	1.31%
C.	3 to 5 days	4	0.87%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	2	0.44%
F.	20 to 29 days	1	0.22%
G.	All 30 days	1	0.22%
<b>TOTALS</b>		<b>458</b>	<b>100.00%</b>

Q-39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	448	97.18%
B.	1 or 2 days	7	1.52%
C.	3 to 5 days	5	1.08%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.22%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>

Q-40. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	394	85.84%
B.	Yes	46	10.02%
C.	No	19	4.14%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-41. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	310	68.28%
B.	8 years old or younger	42	9.25%
C.	9 or 10 years old	28	6.17%
D.	11 or 12 years old	47	10.35%
E.	13 or 14 years old	27	5.95%
F.	15 years old or older	0	0.00%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>

Q-42. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	399	86.93%
B.	1 or 2 days	41	8.93%
C.	3 to 5 days	13	2.83%
D.	6 to 9 days	2	0.44%
E.	10 to 19 days	2	0.44%
F.	20 to 29 days	1	0.22%
G.	All 30 days	1	0.22%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	430	94.51%
B.	1 day	9	1.98%
C.	2 days	8	1.76%
D.	3 to 5 days	5	1.10%
E.	6 to 9 days	1	0.22%
F.	10 to 19 days	0	0.00%
G.	20 or more days	2	0.44%
<b>TOTALS</b>		<b>455</b>	<b>100.00%</b>



Q-44. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	408	89.47%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	3	0.66%
C.	I bought it at a restaurant, bar, or club	1	0.22%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	5	1.10%
F.	Someone gave it to me	16	3.51%
G.	I took it from a store or family member	7	1.54%
H.	I got it some other way	16	3.51%
<b>TOTALS</b>		<b>456</b>	<b>100.00%</b>

Q-45. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	407	88.67%
B.	Beer	14	3.05%
C.	Wine	6	1.31%
D.	Vodka	8	1.74%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	14	3.05%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	6	1.31%
G.	Some other type of alcohol	4	0.87%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-46. During your life, how many times have you used marijuana?			
A.	0 times	405	88.43%
B.	1 or 2 times	13	2.84%
C.	3 to 9 times	11	2.40%
D.	10 to 19 times	5	1.09%
E.	20 to 39 times	6	1.31%
F.	40 to 99 times	6	1.31%
G.	100 or more times	12	2.62%
<b>TOTALS</b>		<b>458</b>	<b>100.00%</b>

Q-47. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	401	87.75%
B.	8 years old or younger	5	1.09%
C.	9 or 10 years old	14	3.06%
D.	11 or 12 years old	25	5.47%
E.	13 or 14 years old	11	2.41%
F.	15 years old or older	1	0.22%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>

Q-48. During the past 30 days, how many times did you use marijuana?

A.	0 times	426	92.81%
B.	1 or 2 times	7	1.53%
C.	3 to 9 times	10	2.18%
D.	10 to 19 times	5	1.09%
E.	20 to 39 times	4	0.87%
F.	40 or more times	7	1.53%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-49. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	398	86.71%
B.	1 or 2 times	27	5.88%
C.	3 to 9 times	22	4.79%
D.	10 to 19 times	4	0.87%
E.	20 to 39 times	3	0.65%
F.	40 or more times	5	1.09%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	450	98.25%
B.	1 or 2 times	4	0.87%
C.	3 to 9 times	2	0.44%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.22%
F.	40 or more times	1	0.22%
<b>TOTALS</b>		<b>458</b>	<b>100.00%</b>

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	418	91.07%
B.	1 or 2 times	23	5.01%
C.	3 to 9 times	9	1.96%
D.	10 to 19 times	2	0.44%
E.	20 to 39 times	3	0.65%
F.	40 or more times	4	0.87%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	454	99.34%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	1	0.22%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.22%
F.	40 or more times	1	0.22%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	451	99.12%
B.	1 or 2 times	1	0.22%
C.	3 to 9 times	1	0.22%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.22%
F.	40 or more times	1	0.22%
<b>TOTALS</b>		<b>455</b>	<b>100.00%</b>
Q-54. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	450	98.47%
B.	1 or 2 times	3	0.66%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	2	0.44%
E.	20 to 39 times	1	0.22%
F.	40 or more times	1	0.22%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	451	98.47%
B.	1 time	4	0.87%
C.	2 or more times	3	0.66%
<b>TOTALS</b>		<b>458</b>	<b>100.00%</b>
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	83	18.20%
B.	No	373	81.80%
<b>TOTALS</b>		<b>456</b>	<b>100.00%</b>
Q-57. Have you ever had sexual intercourse?			
A.	Yes	67	14.66%
B.	No	390	85.34%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>
Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	405	88.62%
B.	11 years old or younger	20	4.38%
C.	12 years old	10	2.19%
D.	13 years old	11	2.41%
E.	14 years old	8	1.75%
F.	15 years old or older	3	0.66%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	409	90.09%
B.	1 person	22	4.85%
C.	2 people	9	1.98%
D.	3 people	8	1.76%
E.	4 people	2	0.44%
F.	5 people	0	0.00%
G.	6 or more people	4	0.88%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	408	89.47%
B.	I have had sexual intercourse, but not during the past 3 months	24	5.26%
C.	1 person	19	4.17%
D.	2 people	2	0.44%
E.	3 people	2	0.44%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	1	0.22%
<b>TOTALS</b>		<b>456</b>	<b>100.00%</b>

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	398	87.47%
B.	Yes	17	3.74%
C.	No	40	8.79%
<b>TOTALS</b>		<b>455</b>	<b>100.00%</b>

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	401	88.33%
B.	Yes	26	5.73%
C.	No	27	5.95%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>

Q-63. How do you describe your weight?			
A.	Very underweight	24	5.27%
B.	Slightly underweight	79	17.36%
C.	About the right weight	202	44.40%
D.	Slightly overweight	130	28.57%
E.	Very overweight	20	4.40%
<b>TOTALS</b>		<b>455</b>	<b>100.00%</b>

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	205	45.15%
B.	Gain weight	62	13.66%
C.	Stay the same weight	81	17.84%
D.	I am not trying to do anything about my weight	106	23.35%
<b>TOTALS</b>		<b>454</b>	<b>100.00%</b>

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	148	32.89%
B.	1 to 3 times during the past 7 days	198	44.00%
C.	4 to 6 times during the past 7 days	44	9.78%
D.	1 time per day	24	5.33%
E.	2 times per day	13	2.89%
F.	3 times per day	6	1.33%
G.	4 or more times per day	17	3.78%
<b>TOTALS</b>		<b>450</b>	<b>100.00%</b>

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	54	11.69%
B.	1 to 3 times during the past 7 days	192	41.56%
C.	4 to 6 times during the past 7 days	102	22.08%
D.	1 time per day	41	8.87%
E.	2 times per day	34	7.36%
F.	3 times per day	16	3.46%
G.	4 or more times per day	23	4.98%
<b>TOTALS</b>		<b>462</b>	<b>100.00%</b>

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	188	40.96%
B.	1 to 3 times during the past 7 days	189	41.18%
C.	4 to 6 times during the past 7 days	37	8.06%
D.	1 time per day	30	6.54%
E.	2 times per day	7	1.53%
F.	3 times per day	1	0.22%
G.	4 or more times per day	7	1.53%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	195	42.21%
B.	1 to 3 times during the past 7 days	188	40.69%
C.	4 to 6 times during the past 7 days	43	9.31%
D.	1 time per day	13	2.81%
E.	2 times per day	11	2.38%
F.	3 times per day	3	0.65%
G.	4 or more times per day	9	1.95%
<b>TOTALS</b>		<b>462</b>	<b>100.00%</b>

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	252	54.43%
B.	1 to 3 times during the past 7 days	158	34.13%
C.	4 to 6 times during the past 7 days	29	6.26%
D.	1 time per day	7	1.51%
E.	2 times per day	6	1.30%
F.	3 times per day	4	0.86%
G.	4 or more times per day	7	1.51%
<b>TOTALS</b>		<b>463</b>	<b>100.00%</b>

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	108	23.33%
B.	1 to 3 times during the past 7 days	186	40.17%
C.	4 to 6 times during the past 7 days	94	20.30%
D.	1 time per day	29	6.26%
E.	2 times per day	24	5.18%
F.	3 times per day	8	1.73%
G.	4 or more times per day	14	3.02%
<b>TOTALS</b>		<b>463</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	89	19.31%
B.	1 to 3 times during the past 7 days	228	49.46%
C.	4 to 6 times during the past 7 days	78	16.92%
D.	1 time per day	28	6.07%
E.	2 times per day	20	4.34%
F.	3 times per day	5	1.08%
G.	4 or more times per day	13	2.82%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>

Q-72. During the past 7 days, on how many days did you eat breakfast?			
A.	0 days	66	14.25%
B.	1 day	47	10.15%
C.	2 days	47	10.15%
D.	3 days	53	11.45%
E.	4 days	36	7.78%
F.	5 days	27	5.83%
G.	6 days	35	7.56%
H.	7 days	152	32.83%
<b>TOTALS</b>		<b>463</b>	<b>100.00%</b>

Q-73. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)			
A.	0 days	48	10.43%
B.	1 day	23	5.00%
C.	2 days	49	10.65%
D.	3 days	63	13.70%
E.	4 days	55	11.96%
F.	5 days	53	11.52%
G.	6 days	43	9.35%
H.	7 days	126	27.39%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-74. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)			
A.	Less than 1 hour per day	50	10.89%
B.	1 hour per day	47	10.24%
C.	2 hours per day	84	18.30%
D.	3 hours per day	106	23.09%
E.	4 hours per day	62	13.51%
F.	5 or more hours per day	110	23.97%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-75. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	73	15.87%
B.	1 day	27	5.87%
C.	2 days	93	20.22%
D.	3 days	69	15.00%
E.	4 days	43	9.35%
F.	5 days	155	33.70%
<b>TOTALS</b>		<b>460</b>	<b>100.00%</b>

Q-76. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	112	24.19%
B.	1 team	129	27.86%
C.	2 teams	96	20.73%
D.	3 or more teams	126	27.21%
<b>TOTALS</b>		<b>463</b>	<b>100.00%</b>
Q-77. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	363	79.08%
B.	1 time	54	11.76%
C.	2 times	17	3.70%
D.	3 times	8	1.74%
E.	4 or more times	17	3.70%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>
Q-78. How often do you use social media?			
A.	I do not use social media	84	18.14%
B.	A few times a month	27	5.83%
C.	About once a week	16	3.46%
D.	A few times a week	30	6.48%
E.	About once a day	51	11.02%
F.	Several times a day	118	25.49%
G.	About once an hour	29	6.26%
H.	More than once an hour	108	23.33%
<b>TOTALS</b>		<b>463</b>	<b>100.00%</b>
Q-79. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	103	22.25%
B.	No	310	66.95%
C.	Not sure	50	10.80%
<b>TOTALS</b>		<b>463</b>	<b>100.00%</b>
Q-80. Do you still have asthma?			
A.	I have never had asthma	283	61.39%
B.	Yes	64	13.88%
C.	No	52	11.28%
D.	Not sure	62	13.45%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>



Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	344	74.46%
B.	0 days	100	21.65%
C.	1 day	9	1.95%
D.	2 days	3	0.65%
E.	3 days	4	0.87%
F.	4 days	0	0.00%
G.	5 or more days	2	0.43%
<b>TOTALS</b>		<b>462</b>	<b>100.00%</b>

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	356	77.22%
B.	Between 12 and 24 months ago	39	8.46%
C.	More than 24 months ago	10	2.17%
D.	Never	4	0.87%
E.	Not sure	52	11.28%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	128	28.01%
B.	Rarely	95	20.79%
C.	Sometimes	114	24.95%
D.	Most of the time	85	18.60%
E.	Always	35	7.66%
<b>TOTALS</b>		<b>457</b>	<b>100.00%</b>

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	52	11.28%
B.	5 hours	52	11.28%
C.	6 hours	73	15.84%
D.	7 hours	104	22.56%
E.	8 hours	106	22.99%
F.	9 hours	58	12.58%
G.	10 or more hours	16	3.47%
<b>TOTALS</b>		<b>461</b>	<b>100.00%</b>

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	440	95.86%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	11	2.40%
C.	In a shelter or emergency housing	1	0.22%
D.	In a motel or hotel	0	0.00%
E.	In a car, park, campground, or other public place	1	0.22%
F.	I do not have a usual place to sleep	2	0.44%
G.	Somewhere else	3	0.65%
<b>TOTALS</b>		<b>459</b>	<b>100.00%</b>

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	32 7.02%
B.	No	424 92.98%
<b>TOTALS</b>		<b>456 100.00%</b>
Q-87. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	171 37.42%
B.	Mostly B's	144 31.51%
C.	Mostly C's	72 15.75%
D.	Mostly D's	22 4.81%
E.	Mostly F's	10 2.19%
F.	None of these grades	5 1.09%
G.	Not sure	33 7.22%
<b>TOTALS</b>		<b>457 100.00%</b>
Q-88. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	441 96.50%
B.	1 or 2 times	6 1.31%
C.	3 to 9 times	7 1.53%
D.	10 to 19 times	0 0.00%
E.	20 to 39 times	1 0.22%
F.	40 or more times	2 0.44%
<b>TOTALS</b>		<b>457 100.00%</b>
Q-89. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	107 23.57%
B.	No	347 76.43%
<b>TOTALS</b>		<b>454 100.00%</b>