

2023 SOUTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,413 middle school students in South Central Region during February of 2023. Frequency distributions may not total 1,413 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	2	0.14%
B.	11 years old	7	0.50%
C.	12 years old	271	19.34%
D.	13 years old	676	48.25%
E.	14 years old	430	30.69%
F.	15 years old	15	1.07%
G.	16 years old or older	0	0.00%
	TOTALS	1,401	100.00%
Q-2. What is your sex?			
A.	Female	720	51.50%
B.	Male	678	48.50%
	TOTALS	1,398	100.00%
Q-3. In what grade are you?			
A.	7th grade	655	47.26%
B.	8th grade	731	52.74%
	TOTALS	1,386	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	161	11.73%
B.	No	1212	88.27%
	TOTALS	1,373	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	252	16.91%
B.	Asian	65	4.36%
C.	Black or African American	50	3.36%
D.	Native Hawaiian or Other Pacific Islander	34	2.28%
E.	White	1089	73.09%
	TOTALS	1,490	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	31	2.21%
B.	Rarely	56	3.99%
C.	Sometimes	136	9.69%
D.	Most of the time	448	31.93%
E.	Always	732	52.17%
	TOTALS	1,403	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	1108	80.12%
B.	1 time	98	7.09%
C.	2 or 3 times	93	6.72%
D.	4 or 5 times	20	1.45%
E.	6 or more times	64	4.63%
TOTALS		1,383	100.00%

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	1029	75.33%
B.	Never	29	2.12%
C.	Rarely	60	4.39%
D.	Sometimes	53	3.88%
E.	Most of the time	40	2.93%
F.	Always	155	11.35%
TOTALS		1,366	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	1329	94.59%
B.	1 day	25	1.78%
C.	2 or 3 days	15	1.07%
D.	4 or 5 days	6	0.43%
E.	6 or more days	30	2.14%
TOTALS		1,405	100.00%

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	1327	94.45%
B.	1 day	26	1.85%
C.	2 or 3 days	24	1.71%
D.	4 or 5 days	6	0.43%
E.	6 or more days	22	1.57%
TOTALS		1,405	100.00%

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	1211	86.81%
B.	1 day	100	7.17%
C.	2 or 3 days	44	3.15%
D.	4 or 5 days	15	1.08%
E.	6 or more days	25	1.79%
TOTALS		1,395	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	1269	90.51%
B.	1 time	81	5.78%
C.	2 or 3 times	32	2.28%
D.	4 or 5 times	8	0.57%
E.	6 or 7 times	2	0.14%
F.	8 or 9 times	1	0.07%
G.	10 or 11 times	1	0.07%
H.	12 or more times	8	0.57%
TOTALS		1,402	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	1024	73.20%
B.	1 time	165	11.79%
C.	2 or 3 times	125	8.93%
D.	4 or 5 times	33	2.36%
E.	6 or 7 times	17	1.22%
F.	8 or 9 times	8	0.57%
G.	10 or 11 times	6	0.43%
H.	12 or more times	21	1.50%
TOTALS		1,399	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	1245	89.25%
B.	1 time	101	7.24%
C.	2 or 3 times	32	2.29%
D.	4 or 5 times	5	0.36%
E.	6 or 7 times	3	0.22%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	3	0.22%
H.	12 or more times	6	0.43%
TOTALS		1,395	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	109	7.80%
B.	No	1289	92.20%
TOTALS		1,398	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	1270	90.84%
B.	1 time	71	5.08%
C.	2 or 3 times	33	2.36%
D.	4 or 5 times	5	0.36%
E.	6 or more times	19	1.36%
TOTALS		1,398	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	780	55.91%
B.	0 times	554	39.71%
C.	1 time	30	2.15%
D.	2 or 3 times	14	1.00%
E.	4 or 5 times	9	0.65%
F.	6 or more times	8	0.57%
TOTALS		1,395	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	763	54.34%
B.	0 times	585	41.67%
C.	1 time	30	2.14%
D.	2 or 3 times	16	1.14%
E.	4 or 5 times	4	0.28%
F.	6 or more times	6	0.43%
TOTALS		1,404	100.00%

Q-19. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?

A.	Never	933	66.64%
B.	Rarely	222	15.86%
C.	Sometimes	159	11.36%
D.	Most of the time	54	3.86%
E.	Always	32	2.29%
TOTALS		1,400	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?

A.	Yes	540	38.65%
B.	No	857	61.35%
TOTALS		1,397	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	329	23.43%
B.	No	1075	76.57%
TOTALS		1,404	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?		
A.	Yes	335 23.83%
B.	No	1071 76.17%
TOTALS		1,406 100.00%
Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A.	Yes	474 34.20%
B.	No	912 65.80%
TOTALS		1,386 100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?		
A.	Yes	310 22.29%
B.	No	1081 77.71%
TOTALS		1,391 100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A.	Yes	268 19.25%
B.	No	1124 80.75%
TOTALS		1,392 100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?		
A.	0 times	1166 84.31%
B.	1 time	138 9.98%
C.	2 or 3 times	55 3.98%
D.	4 or 5 times	12 0.87%
E.	6 or more times	12 0.87%
TOTALS		1,383 100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A.	I did not attempt suicide during the past 12 months	1138 81.99%
B.	Yes	72 5.19%
C.	No	178 12.82%
TOTALS		1,388 100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?		
A.	Yes	197 14.15%
B.	No	1195 85.85%
TOTALS		1,392 100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?		
A.	I have never tried cigarette smoking, not even one or two puffs	1210 87.05%
B.	8 years old or younger	49 3.53%
C.	9 or 10 years old	37 2.66%
D.	11 or 12 years old	58 4.17%
E.	13 or 14 years old	35 2.52%
F.	15 years old or older	1 0.07%
TOTALS		1,390 100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	1332	95.42%
B.	1 or 2 days	34	2.44%
C.	3 to 5 days	9	0.64%
D.	6 to 9 days	8	0.57%
E.	10 to 19 days	3	0.21%
F.	20 to 29 days	1	0.07%
G.	All 30 days	9	0.64%
TOTALS		1,396	100.00%

Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	1336	95.77%
B.	Less than 1 cigarette per day	26	1.86%
C.	1 cigarette per day	11	0.79%
D.	2 to 5 cigarettes per day	13	0.93%
E.	6 to 10 cigarettes per day	3	0.22%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	6	0.43%
TOTALS		1,395	100.00%

Q-32. Have you ever used an electronic vapor product?			
A.	Yes	273	19.67%
B.	No	1115	80.33%
TOTALS		1,388	100.00%

Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1262	90.47%
B.	1 or 2 days	49	3.51%
C.	3 to 5 days	19	1.36%
D.	6 to 9 days	15	1.08%
E.	10 to 19 days	18	1.29%
F.	20 to 29 days	6	0.43%
G.	All 30 days	26	1.86%
TOTALS		1,395	100.00%

Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	1329	95.41%
B.	1 or 2 days	21	1.51%
C.	3 to 5 days	9	0.65%
D.	6 to 9 days	12	0.86%
E.	10 to 19 days	2	0.14%
F.	20 to 29 days	4	0.29%
G.	All 30 days	16	1.15%
TOTALS		1,393	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	1238	91.16%
B.	I got or bought them from a friend, family member, or someone else	68	5.01%
C.	I bought them myself in a vape shop or tobacco shop	2	0.15%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	2	0.15%
E.	I bought them myself at a mall or shopping center kiosk or stand	0	0.00%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	3	0.22%
G.	I took them from a store or another person	10	0.74%
H.	I got them in some other way	35	2.58%
TOTALS		1,358	100.00%

Q-36. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	1269	91.29%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	6	0.43%
C.	Chocolate, candy, desserts, or other sweets	8	0.58%
D.	Fruit	83	5.97%
E.	Menthol	3	0.22%
F.	Mint	3	0.22%
G.	Tobacco	2	0.14%
H.	Some other flavor	16	1.15%
TOTALS		1,390	100.00%

Q-37. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	1155	83.21%
B.	Friend or family member used them	42	3.03%
C.	To get a high or buzz from nicotine	22	1.59%
D.	I was feeling anxious, stressed, or depressed	61	4.39%
E.	I was curious about them	73	5.26%
F.	They are less harmful than other forms of tobacco	3	0.22%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	3	0.22%
H.	I used them for some other reason	29	2.09%
TOTALS		1,388	100.00%

Q-38. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	1349	97.82%
B.	1 or 2 days	14	1.02%
C.	3 to 5 days	5	0.36%
D.	6 to 9 days	1	0.07%
E.	10 to 19 days	3	0.22%
F.	20 to 29 days	1	0.07%
G.	All 30 days	6	0.44%
TOTALS		1,379	100.00%

Q-39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	1361	97.91%
B.	1 or 2 days	12	0.86%
C.	3 to 5 days	7	0.50%
D.	6 to 9 days	3	0.22%
E.	10 to 19 days	3	0.22%
F.	20 to 29 days	1	0.07%
G.	All 30 days	3	0.22%
TOTALS		1,390	100.00%

Q-40. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	1203	86.67%
B.	Yes	115	8.29%
C.	No	70	5.04%
TOTALS		1,388	100.00%

Q-41. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	974	70.94%
B.	8 years old or younger	131	9.54%
C.	9 or 10 years old	79	5.75%
D.	11 or 12 years old	117	8.52%
E.	13 or 14 years old	71	5.17%
F.	15 years old or older	1	0.07%
TOTALS		1,373	100.00%

Q-42. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1237	89.44%
B.	1 or 2 days	78	5.64%
C.	3 to 5 days	37	2.68%
D.	6 to 9 days	15	1.08%
E.	10 to 19 days	6	0.43%
F.	20 to 29 days	3	0.22%
G.	All 30 days	7	0.51%
TOTALS		1,383	100.00%

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	1315	95.29%
B.	1 day	26	1.88%
C.	2 days	7	0.51%
D.	3 to 5 days	14	1.01%
E.	6 to 9 days	5	0.36%
F.	10 to 19 days	4	0.29%
G.	20 or more days	9	0.65%
TOTALS		1,380	100.00%

Q-44. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1231	89.66%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	4	0.29%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	1	0.07%
E.	I gave someone else money to buy it for me	10	0.73%
F.	Someone gave it to me	51	3.71%
G.	I took it from a store or family member	42	3.06%
H.	I got it some other way	34	2.48%
TOTALS		1,373	100.00%

Q-45. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	1228	88.86%
B.	Beer	35	2.53%
C.	Wine	20	1.45%
D.	Vodka	28	2.03%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	31	2.24%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	31	2.24%
G.	Some other type of alcohol	9	0.65%
TOTALS		1,382	100.00%

Q-46. During your life, how many times have you used marijuana?			
A.	0 times	1237	89.70%
B.	1 or 2 times	43	3.12%
C.	3 to 9 times	29	2.10%
D.	10 to 19 times	16	1.16%
E.	20 to 39 times	7	0.51%
F.	40 to 99 times	17	1.23%
G.	100 or more times	30	2.18%
TOTALS		1,379	100.00%

Q-47. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	1239	89.91%
B.	8 years old or younger	20	1.45%
C.	9 or 10 years old	27	1.96%
D.	11 or 12 years old	54	3.92%
E.	13 or 14 years old	35	2.54%
F.	15 years old or older	3	0.22%
TOTALS		1,378	100.00%

Q-48. During the past 30 days, how many times did you use marijuana?

A.	0 times	1301	94.28%
B.	1 or 2 times	26	1.88%
C.	3 to 9 times	15	1.09%
D.	10 to 19 times	11	0.80%
E.	20 to 39 times	11	0.80%
F.	40 or more times	16	1.16%
TOTALS		1,380	100.00%

Q-49. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	1202	87.42%
B.	1 or 2 times	85	6.18%
C.	3 to 9 times	37	2.69%
D.	10 to 19 times	17	1.24%
E.	20 to 39 times	10	0.73%
F.	40 or more times	24	1.75%
TOTALS		1,375	100.00%

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	1354	98.62%
B.	1 or 2 times	10	0.73%
C.	3 to 9 times	4	0.29%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	5	0.36%
TOTALS		1,373	100.00%

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	1261	91.44%
B.	1 or 2 times	63	4.57%
C.	3 to 9 times	24	1.74%
D.	10 to 19 times	11	0.80%
E.	20 to 39 times	4	0.29%
F.	40 or more times	16	1.16%
TOTALS		1,379	100.00%

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	1366	99.13%
B.	1 or 2 times	5	0.36%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	1	0.07%
E.	20 to 39 times	2	0.15%
F.	40 or more times	4	0.29%
TOTALS		1,378	100.00%

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	1353	98.83%
B.	1 or 2 times	7	0.51%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	2	0.15%
E.	20 to 39 times	1	0.07%
F.	40 or more times	6	0.44%
TOTALS		1,369	100.00%
Q-54. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	1363	98.91%
B.	1 or 2 times	5	0.36%
C.	3 to 9 times	2	0.15%
D.	10 to 19 times	3	0.22%
E.	20 to 39 times	1	0.07%
F.	40 or more times	4	0.29%
TOTALS		1,378	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1362	98.84%
B.	1 time	6	0.44%
C.	2 or more times	10	0.73%
TOTALS		1,378	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	277	20.15%
B.	No	1098	79.85%
TOTALS		1,375	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	184	13.40%
B.	No	1189	86.60%
TOTALS		1,373	100.00%
Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1235	90.15%
B.	11 years old or younger	57	4.16%
C.	12 years old	22	1.61%
D.	13 years old	42	3.07%
E.	14 years old	13	0.95%
F.	15 years old or older	1	0.07%
TOTALS		1,370	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1241	90.52%
B.	1 person	77	5.62%
C.	2 people	27	1.97%
D.	3 people	11	0.80%
E.	4 people	3	0.22%
F.	5 people	0	0.00%
G.	6 or more people	12	0.88%
TOTALS		1,371	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1242	90.59%
B.	I have had sexual intercourse, but not during the past 3 months	68	4.96%
C.	1 person	42	3.06%
D.	2 people	6	0.44%
E.	3 people	5	0.36%
F.	4 people	1	0.07%
G.	5 people	2	0.15%
H.	6 or more people	5	0.36%
TOTALS		1,371	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1213	88.54%
B.	Yes	40	2.92%
C.	No	117	8.54%
TOTALS		1,370	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1216	89.08%
B.	Yes	76	5.57%
C.	No	73	5.35%
TOTALS		1,365	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	74	5.39%
B.	Slightly underweight	258	18.78%
C.	About the right weight	663	48.25%
D.	Slightly overweight	331	24.09%
E.	Very overweight	48	3.49%
TOTALS		1,374	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	593	43.13%
B.	Gain weight	200	14.55%
C.	Stay the same weight	241	17.53%
D.	I am not trying to do anything about my weight	341	24.80%
TOTALS		1,375	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	481	35.24%
B.	1 to 3 times during the past 7 days	569	41.68%
C.	4 to 6 times during the past 7 days	142	10.40%
D.	1 time per day	57	4.18%
E.	2 times per day	55	4.03%
F.	3 times per day	19	1.39%
G.	4 or more times per day	42	3.08%
TOTALS		1,365	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	158	11.32%
B.	1 to 3 times during the past 7 days	443	31.73%
C.	4 to 6 times during the past 7 days	325	23.28%
D.	1 time per day	127	9.10%
E.	2 times per day	181	12.97%
F.	3 times per day	67	4.80%
G.	4 or more times per day	95	6.81%
TOTALS		1,396	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	523	37.46%
B.	1 to 3 times during the past 7 days	581	41.62%
C.	4 to 6 times during the past 7 days	161	11.53%
D.	1 time per day	81	5.80%
E.	2 times per day	20	1.43%
F.	3 times per day	12	0.86%
G.	4 or more times per day	18	1.29%
TOTALS		1,396	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	581	41.71%
B.	1 to 3 times during the past 7 days	633	45.44%
C.	4 to 6 times during the past 7 days	115	8.26%
D.	1 time per day	34	2.44%
E.	2 times per day	12	0.86%
F.	3 times per day	4	0.29%
G.	4 or more times per day	14	1.01%
TOTALS		1,393	100.00%

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	646	46.08%
B.	1 to 3 times during the past 7 days	499	35.59%
C.	4 to 6 times during the past 7 days	144	10.27%
D.	1 time per day	48	3.42%
E.	2 times per day	24	1.71%
F.	3 times per day	18	1.28%
G.	4 or more times per day	23	1.64%
TOTALS		1,402	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	282	20.11%
B.	1 to 3 times during the past 7 days	515	36.73%
C.	4 to 6 times during the past 7 days	321	22.90%
D.	1 time per day	104	7.42%
E.	2 times per day	95	6.78%
F.	3 times per day	40	2.85%
G.	4 or more times per day	45	3.21%
TOTALS		1,402	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	331	23.68%
B.	1 to 3 times during the past 7 days	681	48.71%
C.	4 to 6 times during the past 7 days	195	13.95%
D.	1 time per day	82	5.87%
E.	2 times per day	60	4.29%
F.	3 times per day	17	1.22%
G.	4 or more times per day	32	2.29%
TOTALS		1,398	100.00%

Q-72. During the past 7 days, on how many days did you eat breakfast?			
A.	0 days	231	16.44%
B.	1 day	128	9.11%
C.	2 days	109	7.76%
D.	3 days	112	7.97%
E.	4 days	103	7.33%
F.	5 days	122	8.68%
G.	6 days	99	7.05%
H.	7 days	501	35.66%
TOTALS		1,405	100.00%

Q-73. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)			
A.	0 days	106	7.56%
B.	1 day	96	6.85%
C.	2 days	136	9.70%
D.	3 days	173	12.34%
E.	4 days	165	11.77%
F.	5 days	191	13.62%
G.	6 days	140	9.99%
H.	7 days	395	28.17%
TOTALS		1,402	100.00%

Q-74. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)			
A.	Less than 1 hour per day	104	7.48%
B.	1 hour per day	125	8.99%
C.	2 hours per day	282	20.29%
D.	3 hours per day	321	23.09%
E.	4 hours per day	209	15.04%
F.	5 or more hours per day	349	25.11%
TOTALS		1,390	100.00%

Q-75. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	152	10.83%
B.	1 day	56	3.99%
C.	2 days	175	12.46%
D.	3 days	417	29.70%
E.	4 days	114	8.12%
F.	5 days	490	34.90%
TOTALS		1,404	100.00%

Q-76. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	471	33.64%
B.	1 team	308	22.00%
C.	2 teams	277	19.79%
D.	3 or more teams	344	24.57%
TOTALS		1,400	100.00%
Q-77. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	1117	79.39%
B.	1 time	141	10.02%
C.	2 times	47	3.34%
D.	3 times	39	2.77%
E.	4 or more times	63	4.48%
TOTALS		1,407	100.00%
Q-78. How often do you use social media?			
A.	I do not use social media	274	19.47%
B.	A few times a month	106	7.53%
C.	About once a week	39	2.77%
D.	A few times a week	71	5.05%
E.	About once a day	159	11.30%
F.	Several times a day	396	28.14%
G.	About once an hour	60	4.26%
H.	More than once an hour	302	21.46%
TOTALS		1,407	100.00%
Q-79. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	295	21.04%
B.	No	966	68.90%
C.	Not sure	141	10.06%
TOTALS		1,402	100.00%
Q-80. Do you still have asthma?			
A.	I have never had asthma	820	58.45%
B.	Yes	198	14.11%
C.	No	205	14.61%
D.	Not sure	180	12.83%
TOTALS		1,403	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	1044	74.10%
B.	0 days	312	22.14%
C.	1 day	21	1.49%
D.	2 days	14	0.99%
E.	3 days	7	0.50%
F.	4 days	3	0.21%
G.	5 or more days	8	0.57%
TOTALS		1,409	100.00%

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	1084	76.82%
B.	Between 12 and 24 months ago	112	7.94%
C.	More than 24 months ago	45	3.19%
D.	Never	19	1.35%
E.	Not sure	151	10.70%
TOTALS		1,411	100.00%

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	362	25.88%
B.	Rarely	333	23.80%
C.	Sometimes	355	25.38%
D.	Most of the time	226	16.15%
E.	Always	123	8.79%
TOTALS		1,399	100.00%

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	158	11.29%
B.	5 hours	130	9.29%
C.	6 hours	217	15.51%
D.	7 hours	283	20.23%
E.	8 hours	349	24.95%
F.	9 hours	193	13.80%
G.	10 or more hours	69	4.93%
TOTALS		1,399	100.00%

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1311	93.24%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	48	3.41%
C.	In a shelter or emergency housing	9	0.64%
D.	In a motel or hotel	14	1.00%
E.	In a car, park, campground, or other public place	4	0.28%
F.	I do not have a usual place to sleep	7	0.50%
G.	Somewhere else	11	0.78%
TOTALS		1,406	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	79 5.66%
B.	No	1316 94.34%
TOTALS		1,395 100.00%
Q-87. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	720 51.50%
B.	Mostly B's	366 26.18%
C.	Mostly C's	118 8.44%
D.	Mostly D's	29 2.07%
E.	Mostly F's	37 2.65%
F.	None of these grades	40 2.86%
G.	Not sure	88 6.29%
TOTALS		1,398 100.00%
Q-88. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	1321 94.70%
B.	1 or 2 times	41 2.94%
C.	3 to 9 times	18 1.29%
D.	10 to 19 times	6 0.43%
E.	20 to 39 times	6 0.43%
F.	40 or more times	3 0.22%
TOTALS		1,395 100.00%
Q-89. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	282 20.45%
B.	No	1097 79.55%
TOTALS		1,379 100.00%