

2023 NORTH WEST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 551 middle school students in North West Region during February of 2023. Frequency distributions may not total 551 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.18%
B.	11 years old	2	0.36%
C.	12 years old	97	17.60%
D.	13 years old	272	49.36%
E.	14 years old	173	31.40%
F.	15 years old	6	1.09%
G.	16 years old or older	0	0.00%
	TOTALS	551	100.00%
Q-2. What is your sex?			
A.	Female	266	48.54%
B.	Male	282	51.46%
	TOTALS	548	100.00%
Q-3. In what grade are you?			
A.	7th grade	229	42.17%
B.	8th grade	314	57.83%
	TOTALS	543	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	56	10.39%
B.	No	483	89.61%
	TOTALS	539	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	62	10.56%
B.	Asian	19	3.24%
C.	Black or African American	15	2.56%
D.	Native Hawaiian or Other Pacific Islander	14	2.39%
E.	White	477	81.26%
	TOTALS	587	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	8	1.46%
B.	Rarely	12	2.19%
C.	Sometimes	38	6.92%
D.	Most of the time	189	34.43%
E.	Always	302	55.01%
	TOTALS	549	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	436	79.56%
B.	1 time	46	8.39%
C.	2 or 3 times	29	5.29%
D.	4 or 5 times	9	1.64%
E.	6 or more times	28	5.11%
TOTALS		548	100.00%

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	427	78.78%
B.	Never	9	1.66%
C.	Rarely	17	3.14%
D.	Sometimes	19	3.51%
E.	Most of the time	17	3.14%
F.	Always	53	9.78%
TOTALS		542	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	527	95.64%
B.	1 day	12	2.18%
C.	2 or 3 days	7	1.27%
D.	4 or 5 days	1	0.18%
E.	6 or more days	4	0.73%
TOTALS		551	100.00%

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	506	92.34%
B.	1 day	19	3.47%
C.	2 or 3 days	11	2.01%
D.	4 or 5 days	5	0.91%
E.	6 or more days	7	1.28%
TOTALS		548	100.00%

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	472	86.29%
B.	1 day	36	6.58%
C.	2 or 3 days	30	5.48%
D.	4 or 5 days	2	0.37%
E.	6 or more days	7	1.28%
TOTALS		547	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	498	90.71%
B.	1 time	21	3.83%
C.	2 or 3 times	17	3.10%
D.	4 or 5 times	3	0.55%
E.	6 or 7 times	2	0.36%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	2	0.36%
H.	12 or more times	6	1.09%
TOTALS		549	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	379	68.91%
B.	1 time	75	13.64%
C.	2 or 3 times	57	10.36%
D.	4 or 5 times	15	2.73%
E.	6 or 7 times	6	1.09%
F.	8 or 9 times	2	0.36%
G.	10 or 11 times	3	0.55%
H.	12 or more times	13	2.36%
TOTALS		550	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	469	85.27%
B.	1 time	51	9.27%
C.	2 or 3 times	24	4.36%
D.	4 or 5 times	1	0.18%
E.	6 or 7 times	1	0.18%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	4	0.73%
TOTALS		550	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	54	9.84%
B.	No	495	90.16%
TOTALS		549	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	0 times	488 89.21%
B.	1 time	30 5.48%
C.	2 or 3 times	13 2.38%
D.	4 or 5 times	8 1.46%
E.	6 or more times	8 1.46%
TOTALS		547 100.00%
Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	I did not date or go out with anyone during the past 12 months	300 55.05%
B.	0 times	223 40.92%
C.	1 time	9 1.65%
D.	2 or 3 times	6 1.10%
E.	4 or 5 times	4 0.73%
F.	6 or more times	3 0.55%
TOTALS		545 100.00%
Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)		
A.	I did not date or go out with anyone during the past 12 months	300 54.55%
B.	0 times	225 40.91%
C.	1 time	11 2.00%
D.	2 or 3 times	10 1.82%
E.	4 or 5 times	3 0.55%
F.	6 or more times	1 0.18%
TOTALS		550 100.00%
Q-19. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?		
A.	Never	358 64.97%
B.	Rarely	99 17.97%
C.	Sometimes	63 11.43%
D.	Most of the time	20 3.63%
E.	Always	11 2.00%
TOTALS		551 100.00%
Q-20. During the past 12 months, have you ever been bullied on school property?		
A.	Yes	218 39.93%
B.	No	328 60.07%
TOTALS		546 100.00%
Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)		
A.	Yes	124 22.50%
B.	No	427 77.50%
TOTALS		551 100.00%

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	123	22.32%
B.	No	428	77.68%
TOTALS		551	100.00%
Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	217	40.04%
B.	No	325	59.96%
TOTALS		542	100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	142	25.91%
B.	No	406	74.09%
TOTALS		548	100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	132	24.09%
B.	No	416	75.91%
TOTALS		548	100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	450	82.42%
B.	1 time	53	9.71%
C.	2 or 3 times	23	4.21%
D.	4 or 5 times	7	1.28%
E.	6 or more times	13	2.38%
TOTALS		546	100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	440	79.85%
B.	Yes	34	6.17%
C.	No	77	13.97%
TOTALS		551	100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	86	15.61%
B.	No	465	84.39%
TOTALS		551	100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	472	85.66%
B.	8 years old or younger	21	3.81%
C.	9 or 10 years old	14	2.54%
D.	11 or 12 years old	34	6.17%
E.	13 or 14 years old	9	1.63%
F.	15 years old or older	1	0.18%
TOTALS		551	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	531	96.37%
B.	1 or 2 days	12	2.18%
C.	3 to 5 days	4	0.73%
D.	6 to 9 days	2	0.36%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.18%
G.	All 30 days	1	0.18%
TOTALS		551	100.00%

Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	530	96.36%
B.	Less than 1 cigarette per day	13	2.36%
C.	1 cigarette per day	5	0.91%
D.	2 to 5 cigarettes per day	2	0.36%
E.	6 to 10 cigarettes per day	0	0.00%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		550	100.00%

Q-32. Have you ever used an electronic vapor product?			
A.	Yes	127	23.09%
B.	No	423	76.91%
TOTALS		550	100.00%

Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	487	88.38%
B.	1 or 2 days	29	5.26%
C.	3 to 5 days	5	0.91%
D.	6 to 9 days	9	1.63%
E.	10 to 19 days	10	1.81%
F.	20 to 29 days	4	0.73%
G.	All 30 days	7	1.27%
TOTALS		551	100.00%

Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	525	95.45%
B.	1 or 2 days	10	1.82%
C.	3 to 5 days	3	0.55%
D.	6 to 9 days	8	1.45%
E.	10 to 19 days	2	0.36%
F.	20 to 29 days	1	0.18%
G.	All 30 days	1	0.18%
TOTALS		550	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	481	88.91%
B.	I got or bought them from a friend, family member, or someone else	40	7.39%
C.	I bought them myself in a vape shop or tobacco shop	1	0.18%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	0	0.00%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.18%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	2	0.37%
G.	I took them from a store or another person	4	0.74%
H.	I got them in some other way	12	2.22%
TOTALS		541	100.00%

Q-36. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	489	88.75%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	3	0.54%
C.	Chocolate, candy, desserts, or other sweets	6	1.09%
D.	Fruit	40	7.26%
E.	Menthol	2	0.36%
F.	Mint	1	0.18%
G.	Tobacco	2	0.36%
H.	Some other flavor	8	1.45%
TOTALS		551	100.00%

Q-37. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	434	78.77%
B.	Friend or family member used them	23	4.17%
C.	To get a high or buzz from nicotine	8	1.45%
D.	I was feeling anxious, stressed, or depressed	40	7.26%
E.	I was curious about them	33	5.99%
F.	They are less harmful than other forms of tobacco	0	0.00%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	5	0.91%
H.	I used them for some other reason	8	1.45%
TOTALS		551	100.00%

Q-38. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	545	99.27%
B.	1 or 2 days	2	0.36%
C.	3 to 5 days	1	0.18%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.18%
G.	All 30 days	0	0.00%
TOTALS		549	100.00%

Q-39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	541	98.19%
B.	1 or 2 days	9	1.63%
C.	3 to 5 days	0	0.00%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.18%
G.	All 30 days	0	0.00%
TOTALS		551	100.00%

Q-40. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	456	82.76%
B.	Yes	65	11.80%
C.	No	30	5.44%
TOTALS		551	100.00%

Q-41. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	400	73.39%
B.	8 years old or younger	36	6.61%
C.	9 or 10 years old	33	6.06%
D.	11 or 12 years old	47	8.62%
E.	13 or 14 years old	28	5.14%
F.	15 years old or older	1	0.18%
TOTALS		545	100.00%

Q-42. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	494	89.66%
B.	1 or 2 days	31	5.63%
C.	3 to 5 days	12	2.18%
D.	6 to 9 days	7	1.27%
E.	10 to 19 days	4	0.73%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.54%
TOTALS		551	100.00%

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	526	95.64%
B.	1 day	12	2.18%
C.	2 days	5	0.91%
D.	3 to 5 days	5	0.91%
E.	6 to 9 days	0	0.00%
F.	10 to 19 days	1	0.18%
G.	20 or more days	1	0.18%
TOTALS		550	100.00%

Q-44. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	490	89.25%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	4	0.73%
C.	I bought it at a restaurant, bar, or club	1	0.18%
D.	I bought it at a public event such as a concert or sporting event	2	0.36%
E.	I gave someone else money to buy it for me	2	0.36%
F.	Someone gave it to me	25	4.55%
G.	I took it from a store or family member	10	1.82%
H.	I got it some other way	15	2.73%
TOTALS		549	100.00%

Q-45. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	491	89.27%
B.	Beer	17	3.09%
C.	Wine	6	1.09%
D.	Vodka	5	0.91%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	11	2.00%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	17	3.09%
G.	Some other type of alcohol	3	0.55%
TOTALS		550	100.00%

Q-46. During your life, how many times have you used marijuana?			
A.	0 times	476	86.39%
B.	1 or 2 times	26	4.72%
C.	3 to 9 times	18	3.27%
D.	10 to 19 times	8	1.45%
E.	20 to 39 times	4	0.73%
F.	40 to 99 times	5	0.91%
G.	100 or more times	14	2.54%
TOTALS		551	100.00%

Q-47. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	471	86.11%
B.	8 years old or younger	7	1.28%
C.	9 or 10 years old	9	1.65%
D.	11 or 12 years old	37	6.76%
E.	13 or 14 years old	23	4.20%
F.	15 years old or older	0	0.00%
TOTALS		547	100.00%

Q-48. During the past 30 days, how many times did you use marijuana?

A.	0 times	516	93.65%
B.	1 or 2 times	15	2.72%
C.	3 to 9 times	7	1.27%
D.	10 to 19 times	5	0.91%
E.	20 to 39 times	4	0.73%
F.	40 or more times	4	0.73%
TOTALS		551	100.00%

Q-49. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	476	86.55%
B.	1 or 2 times	42	7.64%
C.	3 to 9 times	16	2.91%
D.	10 to 19 times	6	1.09%
E.	20 to 39 times	4	0.73%
F.	40 or more times	6	1.09%
TOTALS		550	100.00%

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	540	98.72%
B.	1 or 2 times	4	0.73%
C.	3 to 9 times	2	0.37%
D.	10 to 19 times	1	0.18%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		547	100.00%

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	500	91.07%
B.	1 or 2 times	30	5.46%
C.	3 to 9 times	4	0.73%
D.	10 to 19 times	2	0.36%
E.	20 to 39 times	1	0.18%
F.	40 or more times	12	2.19%
TOTALS		549	100.00%

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	544	99.09%
B.	1 or 2 times	1	0.18%
C.	3 to 9 times	3	0.55%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.18%
TOTALS		549	100.00%

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	542	98.91%
B.	1 or 2 times	2	0.36%
C.	3 to 9 times	2	0.36%
D.	10 to 19 times	1	0.18%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.18%
TOTALS		548	100.00%
Q-54. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	545	99.09%
B.	1 or 2 times	1	0.18%
C.	3 to 9 times	2	0.36%
D.	10 to 19 times	1	0.18%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.18%
TOTALS		550	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	543	99.09%
B.	1 time	2	0.36%
C.	2 or more times	3	0.55%
TOTALS		548	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	108	19.78%
B.	No	438	80.22%
TOTALS		546	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	75	13.66%
B.	No	474	86.34%
TOTALS		549	100.00%
Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	501	91.09%
B.	11 years old or younger	25	4.55%
C.	12 years old	8	1.45%
D.	13 years old	13	2.36%
E.	14 years old	2	0.36%
F.	15 years old or older	1	0.18%
TOTALS		550	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	497	91.03%
B.	1 person	31	5.68%
C.	2 people	7	1.28%
D.	3 people	6	1.10%
E.	4 people	1	0.18%
F.	5 people	0	0.00%
G.	6 or more people	4	0.73%
TOTALS		546	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	502	91.44%
B.	I have had sexual intercourse, but not during the past 3 months	27	4.92%
C.	1 person	14	2.55%
D.	2 people	2	0.36%
E.	3 people	3	0.55%
F.	4 people	1	0.18%
G.	5 people	0	0.00%
H.	6 or more people	0	0.00%
TOTALS		549	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	491	89.27%
B.	Yes	7	1.27%
C.	No	52	9.45%
TOTALS		550	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	495	90.00%
B.	Yes	21	3.82%
C.	No	34	6.18%
TOTALS		550	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	23	4.18%
B.	Slightly underweight	89	16.18%
C.	About the right weight	303	55.09%
D.	Slightly overweight	123	22.36%
E.	Very overweight	12	2.18%
TOTALS		550	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	247	44.91%
B.	Gain weight	67	12.18%
C.	Stay the same weight	104	18.91%
D.	I am not trying to do anything about my weight	132	24.00%
TOTALS		550	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	191	34.79%
B.	1 to 3 times during the past 7 days	208	37.89%
C.	4 to 6 times during the past 7 days	68	12.39%
D.	1 time per day	37	6.74%
E.	2 times per day	18	3.28%
F.	3 times per day	9	1.64%
G.	4 or more times per day	18	3.28%
TOTALS		549	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	51	9.27%
B.	1 to 3 times during the past 7 days	181	32.91%
C.	4 to 6 times during the past 7 days	128	23.27%
D.	1 time per day	50	9.09%
E.	2 times per day	74	13.45%
F.	3 times per day	26	4.73%
G.	4 or more times per day	40	7.27%
TOTALS		550	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	223	40.69%
B.	1 to 3 times during the past 7 days	206	37.59%
C.	4 to 6 times during the past 7 days	56	10.22%
D.	1 time per day	38	6.93%
E.	2 times per day	13	2.37%
F.	3 times per day	1	0.18%
G.	4 or more times per day	11	2.01%
TOTALS		548	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	219	39.89%
B.	1 to 3 times during the past 7 days	269	49.00%
C.	4 to 6 times during the past 7 days	34	6.19%
D.	1 time per day	15	2.73%
E.	2 times per day	2	0.36%
F.	3 times per day	1	0.18%
G.	4 or more times per day	9	1.64%
TOTALS		549	100.00%

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	251	45.55%
B.	1 to 3 times during the past 7 days	212	38.48%
C.	4 to 6 times during the past 7 days	46	8.35%
D.	1 time per day	14	2.54%
E.	2 times per day	9	1.63%
F.	3 times per day	4	0.73%
G.	4 or more times per day	15	2.72%
TOTALS		551	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	89	16.15%
B.	1 to 3 times during the past 7 days	214	38.84%
C.	4 to 6 times during the past 7 days	131	23.77%
D.	1 time per day	49	8.89%
E.	2 times per day	30	5.44%
F.	3 times per day	15	2.72%
G.	4 or more times per day	23	4.17%
TOTALS		551	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	162	29.56%
B.	1 to 3 times during the past 7 days	249	45.44%
C.	4 to 6 times during the past 7 days	73	13.32%
D.	1 time per day	32	5.84%
E.	2 times per day	16	2.92%
F.	3 times per day	4	0.73%
G.	4 or more times per day	12	2.19%
TOTALS		548	100.00%

Q-72. During the past 7 days, on how many days did you eat breakfast?		
A.	0 days	76 13.82%
B.	1 day	51 9.27%
C.	2 days	54 9.82%
D.	3 days	42 7.64%
E.	4 days	38 6.91%
F.	5 days	47 8.55%
G.	6 days	44 8.00%
H.	7 days	198 36.00%
TOTALS		550 100.00%

Q-73. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)		
A.	0 days	33 6.00%
B.	1 day	33 6.00%
C.	2 days	44 8.00%
D.	3 days	53 9.64%
E.	4 days	63 11.45%
F.	5 days	95 17.27%
G.	6 days	67 12.18%
H.	7 days	162 29.45%
TOTALS		550 100.00%

Q-74. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)		
A.	Less than 1 hour per day	37 6.78%
B.	1 hour per day	44 8.06%
C.	2 hours per day	116 21.25%
D.	3 hours per day	107 19.60%
E.	4 hours per day	97 17.77%
F.	5 or more hours per day	145 26.56%
TOTALS		546 100.00%

Q-75. In an average week when you are in school, on how many days do you go to physical education (PE) classes?		
A.	0 days	50 9.07%
B.	1 day	8 1.45%
C.	2 days	44 7.99%
D.	3 days	178 32.30%
E.	4 days	35 6.35%
F.	5 days	236 42.83%
TOTALS		551 100.00%

Q-76. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	168	30.66%
B.	1 team	123	22.45%
C.	2 teams	113	20.62%
D.	3 or more teams	144	26.28%
TOTALS		548	100.00%
Q-77. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	430	78.32%
B.	1 time	64	11.66%
C.	2 times	20	3.64%
D.	3 times	7	1.28%
E.	4 or more times	28	5.10%
TOTALS		549	100.00%
Q-78. How often do you use social media?			
A.	I do not use social media	118	21.45%
B.	A few times a month	29	5.27%
C.	About once a week	14	2.55%
D.	A few times a week	35	6.36%
E.	About once a day	54	9.82%
F.	Several times a day	151	27.45%
G.	About once an hour	20	3.64%
H.	More than once an hour	129	23.45%
TOTALS		550	100.00%
Q-79. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	82	14.91%
B.	No	396	72.00%
C.	Not sure	72	13.09%
TOTALS		550	100.00%
Q-80. Do you still have asthma?			
A.	I have never had asthma	354	64.48%
B.	Yes	53	9.65%
C.	No	72	13.11%
D.	Not sure	70	12.75%
TOTALS		549	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	435	78.95%
B.	0 days	103	18.69%
C.	1 day	7	1.27%
D.	2 days	4	0.73%
E.	3 days	1	0.18%
F.	4 days	0	0.00%
G.	5 or more days	1	0.18%
TOTALS		551	100.00%

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	437	79.74%
B.	Between 12 and 24 months ago	43	7.85%
C.	More than 24 months ago	19	3.47%
D.	Never	2	0.36%
E.	Not sure	47	8.58%
TOTALS		548	100.00%

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	115	20.91%
B.	Rarely	133	24.18%
C.	Sometimes	149	27.09%
D.	Most of the time	89	16.18%
E.	Always	64	11.64%
TOTALS		550	100.00%

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	47	8.55%
B.	5 hours	49	8.91%
C.	6 hours	79	14.36%
D.	7 hours	110	20.00%
E.	8 hours	172	31.27%
F.	9 hours	66	12.00%
G.	10 or more hours	27	4.91%
TOTALS		550	100.00%

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	523	95.09%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	15	2.73%
C.	In a shelter or emergency housing	3	0.55%
D.	In a motel or hotel	1	0.18%
E.	In a car, park, campground, or other public place	0	0.00%
F.	I do not have a usual place to sleep	5	0.91%
G.	Somewhere else	2	0.36%
TOTALS		550	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	26 4.74%
B.	No	523 95.26%
TOTALS		549 100.00%
Q-87. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	207 37.70%
B.	Mostly B's	201 36.61%
C.	Mostly C's	58 10.56%
D.	Mostly D's	17 3.10%
E.	Mostly F's	11 2.00%
F.	None of these grades	13 2.37%
G.	Not sure	42 7.65%
TOTALS		549 100.00%
Q-88. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	520 95.06%
B.	1 or 2 times	17 3.11%
C.	3 to 9 times	5 0.91%
D.	10 to 19 times	2 0.37%
E.	20 to 39 times	0 0.00%
F.	40 or more times	3 0.55%
TOTALS		547 100.00%
Q-89. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	130 23.85%
B.	No	415 76.15%
TOTALS		545 100.00%