## 2023 NORTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

## HIGH SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 857 high school students in North East Region during February of 2023. Frequency distributions may not total 857 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are	you?		
	1. 12 years old or younger	1	0.12%
	3. 13 years old	1	0.12%
	14 years old	70	8.19%
	). 15 years old	214	25.03%
	16 years old	223	26.08%
	I7 years old	207	24.21%
	3. 18 years old or older	139	16.26%
	TOTALS	855	100.00%
Q-2. What is you	r sex?		
	1. Female	397	46.71%
	Male	453	53.29%
	TOTALS	850	100.00%
Q-3. In what gra	de are you?		
	1. 9th grade	206	24.49%
	3. 10th grade	208	24.73%
	11th grade	254	30.20%
	12th grade	171	20.33%
	Ungraded or other grade	2	0.24%
	TOTALS	841	100.00%
Q-4. Are you His	panic or Latino?		
	1. Yes	86	10.20%
	3. No	757	89.80%
	TOTALS	843	100.00%
Q-5. What is you	r race?		
	A. American Indian or Alaskan Native	153	17.02%
	3. Asian	24	2.67%
	Black or African American	21	2.34%
	Native Hawaiian or Other Pacific Islander	6	0.67%
	White	695	77.31%
	TOTALS	899	100.00%

	TOTALS	853	100.00%
F.	Always	382	44.78%
E.	Most of the time	170	19.93%
	Sometimes	87	10.20%
C.	Rarely	72	8.44%
	Never	32	3.75%
Α.	I do not drive a car	110	12.90%
Q-10. How often do	o you wear a seat belt when driving a car?		'
<u> </u>	TOTALS	851	100.00%
	6 or more times	31	3.649
	4 or 5 times	17	2.00%
	2 or 3 times	72	8.46%
	1 time	66	7.76%
Δ	0 times	665	78.14%
Q-9. During the pa	st 30 days, how many times did you ride in a car or other vehicle driven by someone who had l		'
Lı	TOTALS	856	100.00%
	Always	290	33.889
D.	Most of the time	321	37.509
Б. С.	Sometimes	136	15.89%
B.	Rarely	78	9.11%
	Never	31	3.62%
)-8. How often do	you wear a seat belt when riding in a car driven by someone else?	857	100.009
G.	TOTALS	857	100.009
F.	140 lbs +	534	13.429
E.	120-129 lbs 130-139 lbs	97	11.329
D.	110-119lbs	57	
C.	100-109 lbs	30	3.50% 6.65%
В.	90-99 lbs	5	0.589
A.	Less than 90 lbs	19	2.229
Q-7. How much do	you weigh without your shoes on?		
	TOTALS	857	100.00%
E.	Over 5ft, 6in	458	53.449
D.	5ft, 1in to 5ft, 6in	316	36.87%
C.	4ft, 7in to 5 ft	70	8.179
В.	4ft to 4 ft, 6 in	0	0.00%
A.	Less than 4 ft	13	1.529

ų-14. During the p	ast 50 days, on now many days did you carry a weapon such as a gun, knife, or o	ciub on school property?	
0-14. Durina the n	ast 30 days, on how many days did you carry a weapon such as a gun, knife, or o		100.00%
П.	TOTALS	849	100.00%
	All 30 days	121	14.25%
г. G.	20 to 29 days	34	4.00%
	10 to 19 days	45	5.30%
	6 to 9 days	47	5.54%
D.		52	6.12%
С.	1 or 2 days	89	10.48%
	0 days	292	34.39%
	or other vehicle? (Do not count using your cell phone to get driving directions or I did not drive a car or other vehicle during the past 30 days	to determine your location.)	19.91%
Q-13. During the p	ast 30 days, on how many days did you use the Internet or apps on your cell pho	one (such as YouTube, Instagram, or	Facebook)
	TOTALS	847	100.00%
Н.	All 30 days	123	14.52%
G.	20 to 29 days	37	4.37%
	10 to 19 days	56	6.619
	6 to 9 days	38	4.49%
D.	3 to 5 days	65	7.67%
C.	1 or 2 days	106	12.519
	0 days	255	30.11%
	I did not drive a car or other vehicle during the past 30 days	167	19.72%
Q-12. During the p	ast 30 days, on how many days did you text or e-mail while driving a car or other		100.00 /
F.	TOTALS	852	100.00%
E.	4 or 5 times 6 or more times	7	0.82%
D.	2 or 3 times	21	1.06%
C.	1 time	39	4.589 2.469
	0 times	570	66.90%
A.	I did not drive a car or other vehicle during the past 30 days	206	24.189

H.	12 or more times	5	0.59%
		_	0.500
G.	10 or 11 times	2	0.23%
F.	8 or 9 times	1	0.12%
E.	6 or 7 times	5	0.59%
D.	4 or 5 times	17	1.99%
C.	2 or 3 times	64	7.50%
В.	1 time	73	8.56%
A.	0 times	686	80.42%
-18. During the pa	ast 12 months, how many times were you in a physical fight?		
111	TOTALS	854	100.00%
H.	12 or more times	7	0.82%
G.	10 or 11 times	1	0.129
	8 or 9 times	2	0.23%
E.	6 or 7 times	2	0.239
D.	4 or 5 times	6	0.709
С.	2 or 3 times	20	2.34
A. B.	1 time	38	4.45
operty?	ast 12 months, how many times has someone threatened or injured y  0 times	778	91.10
17 Duning the n	TOTALS	847	100.00%
E.	6 or more days	8	0.949
D.	4 or 5 days	12	1.429
C.	2 or 3 days	23	2.729
B.	1 day	32	3.789
A.	0 days	772	91.159
-16. During the pa om school?	ast 30 days, on how many days did you not go to school because you	felt you would be unsafe at school or on your w	ay to or
	TOTALS	851	100.00%
E.	6 or more days	29	3.419
D.	4 or 5 days	8	0.949
C.	2 or 3 days	20	2.359
В.	1 day	20	2.359
A.	0 days	774	90.95%

	TOTALS	853	100.00%
F.	6 or more times	4	0.47%
E.	4 or 5 times	4	0.47%
D.	2 or 3 times	14	1.64%
C.	1 time	21	2.46%
В.	0 times	509	59.67%
	I did not date or go out with anyone during the past 12 months	301	35.29%
	ast 12 months, how many times did someone you were dating or going out with physically hurt you on p slammed into something, or injured with an object or weapon.)	urpose? (Co	unt such
	TOTALS	845	100.00%
F.	6 or more times	7	0.83%
E.	4 or 5 times	6	0.71%
	2 or 3 times	17	2.01%
C.	1 time	25	2.96%
В.	0 times	490	57.99%
A.	I did not date or go out with anyone during the past 12 months	300	35.50%
	ast 12 months, how many times did someone you were dating or going out with force you to do sexual t t such things as kissing, touching, or being physically forced to have sexual intercourse.)	nings that yo	u ala not
	TOTALS	850	100.00%
	6 or more times	15	1.76%
٥,	4 or 5 times	10	1.18%
C.	2 or 3 times	29	3.41%
	1 time	63	7.41%
A.	0 times	733	86.24%
kissing, touching, o	ast 12 months, how many times did anyone force you to do sexual things that you did not want to do? ( r being physically forced to have sexual intercourse.)	Count such t	hings as
	TOTALS	850	100.00%
B.	No	736	86.59%
A.	Yes	114	13.41%
Q-20. Have you eve	er been physically forced to have sexual intercourse when you did not want to?		
	TOTALS	850	100.00%
H.	12 or more times	3	0.35%
G.	10 or 11 times	0	0.00%
F.	8 or 9 times	0	0.00%
E.	6 or 7 times	0	0.00%
D.	4 or 5 times	3	0.35%
C.	2 or 3 times	20	2.35%
B.	1 time	35	4.12%
A.	0 times	789	92.82%

A. B.	Yes 173 No 678 TOTALS 851 ast 12 months, how many times did you actually attempt suicide?  0 times 722 1 time 728	20.33% 79.67% <b>100.00</b> % 86.05%
Q-30. During the p A. B. Q-31. During the p	Yes 173 No 678 TOTALS 851 ast 12 months, how many times did you actually attempt suicide?	20.33% 79.67% <b>100.00</b> %
Q-30. During the p A. B.	Yes       173         No       678         TOTALS       851	20.33% 79.67%
Q-30. During the p A.	Yes 173 No 678	20.33% 79.67%
Q-30. During the p A.	Yes 173	20.33%
Q-30. During the p		1
	ast 12 months, did you make a plan about how you would attempt suicide?	100.009
B.	, · · · · · · · · · · · · · · · · · ·	TOO:U
D	TOTALS 851	
A.	No 652	
	Yes 199	23.38%
0-29. During the n	TOTALS  848 ast 12 months, did you ever seriously consider attempting suicide?	100.00%
B.	No 514	
A.	Yes 334	
Q-28. During the poome usual activition	ast 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stoppes?	ed doing
D.	TOTALS 852	
	No 730	85.68%
oisexual?	Yes 122	14.329
	ast 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, le	sbian, or
	TOTALS 854	
В.	No 691	80.919
· · · · · · · · · · · · · · · · · · ·	Yes 163	19.099
Q-26. During the p social media.)	ast 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook	, or other
۵.	TOTALS 850	
B.	No 618	72.719
A.	Yes 232	27.299
0-25. During the n	TOTALS  ast 12 months, have you ever been bullied on school property?	100.00%
E.	Always 20	2.34
D.	Most of the time 20	2.349
C.	Sometimes 66	7.749
_	Rarely 116	13.609
В.	Never 631	73.979

A.	I did not attempt suicide during the past 12 months	725	85.19%
В.	Yes	37	4.35%
C.	No	89	10.46%
	TOTALS	851	100.00%
Q-33. Have you ev	er tried cigarette smoking, even one or two puffs?		
A.	Yes	282	33.10%
В.	No	570	66.90%
	TOTALS	852	100.00%
)-34. How old wer	e you when you first tried cigarette smoking, even one or two puffs?		
Α.	I have never tried cigarette smoking, not even one or two puffs	572	67.37%
В.	8 years old or younger	28	3.30%
C.	9 or 10 years old	24	2.83%
D.	11 or 12 years old	47	5.54%
E.	13 or 14 years old	85	10.01%
F.	15 or 16 years old	73	8.60%
G.	17 years old or older	20	2.36%
<u> </u>	TOTALS	849	100.00%
2-35. During the p	ast 30 days, on how many days did you smoke cigarettes?		
A.	0 days	769	90.15%
В.	1 or 2 days	43	5.04%
C.	3 to 5 days	11	1.29%
D.	6 to 9 days	7	0.829
E.	10 to 19 days	9	1.06%
F.	20 to 29 days	4	0.479
G.	All 30 days	10	1.17%
	TOTALS	853	100.00%
Q-36. During the p	ast 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A.	I did not smoke cigarettes during the past 30 days	769	90.15%
B.	Less than 1 cigarette per day	48	5.63%
C.	1 cigarette per day	12	1.419
D.	2 to 5 cigarettes per day	16	1.889
E.	6 to 10 cigarettes per day	4	0.479
F.	11 to 20 cigarettes per day	1	0.129
G.	More than 20 cigarettes per day	3	0.359
	TOTALS	853	100.00%
2-37. Have you ev	er used an electronic vapor product?		
A.	Yes	408	48.069
В.	No	441	51.94%
	TOTALS	849	100.00%

	TOTALS	854	100.00%
H.	Some other flavor	23	2.69%
G.	Tobacco	6	0.70%
F.	Mint	7	0.82%
E.	Menthol	104	12.18%
D.	Fruit	84	9.84%
C.	Chocolate, candy, desserts, or other sweets	12	1.41%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	6	0.70%
A.	I did not use an electronic vapor product during the past 30 days	612	71.66%
Q-41. During the pa	ast 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)		
	TOTALS	847	100.00%
H.	I got them in some other way	60	7.08%
G.	I took them from a store or another person	4	0.47%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	5	0.59%
	I bought them myself at a mall or shopping center kiosk or stand	1	0.12%
<u> </u>	I bought them myself in a convenience store, supermarket, discount store, or gas station	11	1.30%
	I bought them myself in a vape shop or tobacco shop	13	1.53%
	I got or bought them from a friend, family member, or someone else	140	16.53%
	I did not use any electronic vapor products during the past 30 days	613	72.37%
	TOTALS  ast 30 days, how did you usually get your own electronic vapor products? (Select only one response.)	852	100.00%
-	All 30 days	40	4.69%
	20 to 29 days	12	1.41%
	10 to 19 days	22	2.58%
D.	6 to 9 days	9	1.06%
C.	3 to 5 days	18	2.11%
B.	1 or 2 days	36	4.23%
A.	0 days	715	83.92%
)-39. During the pa	ast 30 days, on how many days did you use an electronic vapor product on school property?		
	TOTALS	853	100.00%
G.	All 30 days	72	8.44%
F.	20 to 29 days	28	3.28%
E.	10 to 19 days	36	4.22%
D.	6 to 9 days	13	1.52%
	3 to 5 days	30	3.52%
	1 or 2 days	67	7.85%
Α.	0 days	607	71.169

A.	I have never used an electronic vapor product	466	54.76%
В.	Friend or family member used them	59	6.93%
C.	To get a high or buzz from nicotine	71	8.34%
D.	I was feeling anxious. stressed, or depressed	95	11.16%
E.	I was curious about them	109	12.81%
F.	They are less harmful than other forms of tobacco	4	0.47%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	9	1.06%
H.	I used them for some other reason	38	4.47%
	TOTALS	851	100.00%
	ast 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco   ly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)	oroducts, such a	IS
A.	0 days	788	92.82%
В.	1 or 2 days	25	2.94%
C.	3 to 5 days	13	1.53%
D.	6 to 9 days	3	0.35%
E.	10 to 19 days	2	0.249
F.	20 to 29 days	5	0.59%
G.	All 30 days	13	1.53%
	TOTALS	849	100.00%
2-44. During the p	ast 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	807	94.50%
B.	1 or 2 days	32	3.75%
C.	3 to 5 days	7	0.82%
D.	6 to 9 days	2	0.23%
E.	10 to 19 days	3	0.35%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.35%
	TOTALS	854	100.00%
2-45. During the p	ast 12 months, did you ever try to quit using all tobacco products?		
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	561	65.85%
В.	Yes	188	22.07%
C.	No	103	12.09%
	TOTALS	852	100.00%

A.	I have never had a drink of alcohol other than a few sips	340	40.05%
В.	8 years old or younger	59	6.95%
C.	9 or 10 years old	40	4.71%
D.	11 or 12 years old	68	8.01%
E.	13 or 14 years old	152	17.90%
	15 or 16 years old	174	20.49%
G.	17 years old or older	16	1.88%
	TOTALS	849	100.00%
Q-47. During the p	ast 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	583	68.43%
В.	1 or 2 days	133	15.61%
C.	3 to 5 days	65	7.63%
D.	6 to 9 days	42	4.93%
E.	10 to 19 days	19	2.23%
	20 to 29 days	3	0.35%
G.	All 30 days	7	0.82%
<u>_</u>	TOTALS	852	100.00%
	ast 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a re drinks of alcohol in a row, that is, within a couple of hours (if you are male)?	couple of hours (if	you are
A.	0 days	689	80.87%
B.	1 day	53	6.22%
C.	2 days	32	3.76%
D.	3 to 5 days	52	6.10%
E.	6 to 9 days	18	2.11%
F.	10 to 19 days	5	0.59%
G.	20 or more days	3	0.35%
	TOTALS	852	100.00%
Q-49. During the p	ast 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a coupl	e of hours?	
A.	I did not drink alcohol during the past 30 days	588	69.59%
B.	1 or 2 drinks	96	11.36%
C.	3 drinks	18	2.13%
D.	4 drinks	19	2.25%
E.	5 drinks	28	3.31%
F.	6 or 7 drinks	38	4.50%
G.	8 or 9 drinks	18	2.13%
H.	10 or more drinks	40	4.73%
	TOTALS	845	100.00%

	TOTALS	848	100.00%
G.	17 years old or older	21	2.48%
F.	15 or 16 years old	111	13.09%
E.	13 or 14 years old	104	12.26%
D.	11 or 12 years old	37	4.36%
C.	9 or 10 years old	14	1.659
B.	8 years old or younger	12	1.420
A.	I have never tried marijuana	549	64.74
)-53. How old wer	e you when you tried marijuana for the first time?		
	TOTALS	844	100.009
G.	100 or more times	73	8.65
	40 to 99 times	36	4.27
E.	20 to 39 times	22	2.610
D.	10 to 19 times	34	4.03
C.	3 to 9 times	58	6.87
В.	1 or 2 times	62	7.35
Α.	0 times	559	66.23
-52. During your	life, how many times have you used marijuana?	0.10	200.00
G.	TOTALS	845	100.009
	Four Loko, or hard apple cider  Some other type of alcohol	4	0.47
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade,	68	8.05
E.		42	4.97
D.	Vodka	31	3.67
C.	Wine	16	1.89
B.		103	12.19
	I did not drink alcohol during the past 30 days	581	68.76°
-51 During the n	ast 30 days, what type of alcohol did you drink most often? (Select only one response.)	848	100.00
H.	I got it some other way	54	6.37
	I took it from a store or family member	21	2.48
F.	Someone gave it to me	104	12.26
E.	I gave someone else money to buy it for me	60	7.08
D.	I bought it at a public event such as a concert or sporting event	0	0.00
C.	I bought it at a restaurant, bar, or club	8	0.94
В.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	12	1.42
A.	I did not drink alcohol during the past 30 days	589	69.46

A.	0 times	695	81.76%
B.	1 or 2 times	47	5.53%
C.	3 to 9 times	33	3.88%
D.	10 to 19 times	19	2.24%
E.	20 to 39 times	12	1.41%
F.	40 or more times	44	5.18%
	TOTALS	850	100.00%
Q-55. During your told you to use it?	life, how many times have you taken prescription pain medicine without a doct		
A.	0 times	738	87.23%
B.	1 or 2 times	51	6.03%
C.	3 to 9 times	30	3.55%
D.	10 to 19 times	11	1.30%
E.	20 to 39 times	6	0.71%
F.	40 or more times	10	1.18%
	TOTALS	846	100.00%
Q-56. During your	life, how many times have you used any form of cocaine, including powder, cra	ack, or freebase?	
A.	0 times	827	97.18%
B.	1 or 2 times	13	1.53%
C.	3 to 9 times	3	0.35%
D.	10 to 19 times	2	0.24%
E.	20 to 39 times	1	0.12%
F.	40 or more times	5	0.59%
	TOTALS	851	100.00%
Q-57. During your high?	life, how many times have you sniffed glue, breathed the contents of aerosol s	pray cans, or inhaled any paints or spra	ys to get
A.	0 times	769	90.47%
В.	1 or 2 times	48	5.65%
C.	3 to 9 times	14	1.65%
D.	10 to 19 times	6	0.71%
E.	20 to 39 times	5	0.59%
F.	40 or more times	8	0.94%
	TOTALS	850	100.00%
Q-58. During your	life, how many times have you used heroin (also called smack, junk, or China \	White)?	
A.	0 times	835	98.93%
В.	1 or 2 times	5	0.59%
C.	3 to 9 times	1	0.12%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	3	0.36%

Q-59. During your	life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, o	r meth)?	
A.	0 times	826	97.06%
B.	1 or 2 times	13	1.53%
C.	3 to 9 times	4	0.47%
D.	10 to 19 times	3	0.35%
E.	20 to 39 times	1	0.12%
F.	40 or more times	4	0.47%
	TOTALS	851	100.00%
Q-60. During your	life, how many times have you used ecstasy (also called MDMA or Molly)?		
A.	0 times	820	96.36%
B.	1 or 2 times	18	2.12%
C.	3 to 9 times	4	0.47%
D.	10 to 19 times	5	0.59%
E.	20 to 39 times	1	0.12%
F.	40 or more times	3	0.35%
	TOTALS	851	100.00%
Q-61. During your	life, how many times have you used a needle to inject any illegal drug into your body?		
A.	0 times	832	98.23%
B.	1 time	9	1.06%
C.	2 or more times	6	0.71%
	TOTALS	847	100.00%
Q-62. During the p	ast 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A.	Yes	186	21.91%
B.	No	663	78.09%
	TOTALS	849	100.00%
Q-63. Have you eve	er had sexual intercourse?		
A.	Yes	370	43.84%
B.	No	474	56.16%
	TOTALS	844	100.00%
Q-64. How old were	e you when you had sexual intercourse for the first time?		
A.	I have never had sexual intercourse	481	57.19%
B.	11 years old or younger	22	2.62%
C.	12 years old	19	2.26%
D.	13 years old	33	3.92%
E.	14 years old	71	8.44%
F.	15 years old	106	12.60%
G.	16 years old	87	10.34%
Н.	17 years old or older	22	2.62%
	TOTALS	841	100.00%

Q-65. During your I	ife, with how many people have you had sexual intercourse?		
A.	I have never had sexual intercourse	493	58.48%
B.	1 person	163	19.34%
C.	2 people	62	7.35%
D.	3 people	51	6.05%
E.	4 people	31	3.68%
F.	5 people	12	1.42%
G.	6 or more people	31	3.68%
	TOTALS	843	100.00%
Q-66. During the pa	ast 3 months, with how many people did you have sexual intercourse?		
A.	I have never had sexual intercourse	491	58.31%
B.	I have had sexual intercourse, but not during the past 3 months	109	12.95%
C.	1 person	203	24.11%
D.	2 people	24	2.85%
E.	3 people	10	1.19%
F.	4 people	2	0.24%
G.	5 people	1	0.12%
H.	6 or more people	2	0.24%
	TOTALS	842	100.00%
Q-67. Did you drink	alcohol or use drugs before you had sexual intercourse the last time?		
A.	I have never had sexual intercourse	477	56.58%
B.	Yes	67	7.95%
C.	No	299	35.47%
	TOTALS	843	100.00%
Q-68. The last time	you had sexual intercourse, did you or your partner use a condom?		
A.	I have never had sexual intercourse	486	57.86%
B.	Yes	174	20.71%
C.	No	180	21.43%
	TOTALS	840	100.00%
Q-69. The last time (Select only one res	you had sexual intercourse with an opposite-sex partner, what one method did you or your partner use sponse.)	to prevent p	regnancy?
A.	I have never had sexual intercourse with an opposite-sex partner	497	59.38%
B.	No method was used to prevent pregnancy	44	5.26%
C.	Birth control pills (Do not count emergency contraception such as Plan B or the "morning after" pill.)	88	10.51%
D.	Condoms	112	13.38%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	34	4.06%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	11	1.31%
G.	Withdrawal or some other method	37	4.42%
H.	Not sure	14	1.67%
	TOTALS	837	100.00%

Q-70. How do you	describe your weight?		
A.	Very underweight	28	3.35%
B.	Slightly underweight	128	15.29%
C.	About the right weight	414	49.46%
D.	Slightly overweight	214	25.57%
E.	Very overweight	53	6.33%
	TOTALS	837	100.00%
Q-71. Which of the	following are you trying to do about your weight?		
A.	Lose weight	351	41.59%
B.	Gain weight	178	21.09%
C.	Stay the same weight	134	15.88%
D.	I am not trying to do anything about my weight	181	21.45%
	TOTALS	844	100.00%
Q-72. During the papunch, Kool-Aid, sp	ast 7 days, how many times did you drink $100\%$ fruit juices such as orange juice, apple juice, or grorts drinks, or other fruit-flavored drinks.)	rape juice? (Do not	count
A.	I did not drink 100% fruit juice during the past 7 days	269	31.83%
B.	1 to 3 times during the past 7 days	370	43.79%
C.	4 to 6 times during the past 7 days	113	13.37%
D.	1 time per day	33	3.91%
E.	2 times per day	27	3.20%
F.	3 times per day	17	2.01%
G.	4 or more times per day	16	1.89%
	TOTALS	845	100.00%
Q-73. During the pa	ast 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A.	I did not eat fruit during the past 7 days	96	11.40%
B.	1 to 3 times during the past 7 days	347	41.21%
C.	4 to 6 times during the past 7 days	206	24.47%
D.	1 time per day	79	9.38%
E.	2 times per day	72	8.55%
F.	3 times per day	22	2.61%
G.	4 or more times per day	20	2.38%
	TOTALS	842	100.00%
Q-74. During the pa	ast 7 days, how many times did you eat green salad?		
A.	I did not eat green salad during the past 7 days	301	35.66%
B.	1 to 3 times during the past 7 days	367	43.48%
C.	4 to 6 times during the past 7 days	89	10.55%
D.	1 time per day	54	6.40%
E.	2 times per day	17	2.01%
F.	3 times per day	5	0.59%
G.	4 or more times per day	11	1.30%
	TOTALS	844	100.00%

A.	I did not eat potatoes during the past 7 days	271	32.15%
B.	1 to 3 times during the past 7 days	433	51.36%
C.	4 to 6 times during the past 7 days	93	11.03%
D.	1 time per day	20	2.37%
E.	2 times per day	7	0.83%
F.	3 times per day	7	0.83%
G.	4 or more times per day	12	1.42%
	TOTALS	843	100.00%
Q-76. During the p	ast 7 days, how many times did you eat carrots?		
A.	I did not eat carrots during the past 7 days	443	52.93%
В.	1 to 3 times during the past 7 days	293	35.01%
C.	4 to 6 times during the past 7 days	53	6.33%
D.	1 time per day	26	3.11%
E.	2 times per day	3	0.36%
F.	3 times per day	8	0.96%
G.	4 or more times per day	11	1.31%
	TOTALS	837	100.00%
Q-77. During the p	ast 7 days, how many times did you eat other vegetables? (Do not count green sa	lad, potatoes, or carrots.)	
A.	I did not eat other vegetables during the past 7 days	165	19.55%
B.	1 to 3 times during the past 7 days	340	40.28%
C.	4 to 6 times during the past 7 days	204	24.17%
D.	1 time per day	62	7.35%
E.	2 times per day	45	5.33%
F.	3 times per day	12	1.42%
G.	4 or more times per day	16	1.90%
	TOTALS	844	100.00%
Q-78. During the p	ast 7 days, how many times did you drink a can, bottle, or glass of soda or pop, su	uch as Coke, Pepsi, or Sprite? (Do n	ot count
A.		203	24.11%
В.	1 to 3 times during the past 7 days	349	41.45%
C.	4 to 6 times during the past 7 days	163	19.36%
D.	1 time per day	49	5.82%
E.	2 times per day	46	5.46%
	3 times per day	17	2.02%
G.	4 or more times per day	15	1.78%
<u> </u>	TOTALS	842	100.00%

ų-79. During the p	ast 7 days, on how many days did you eat breakfast?		
A.	0 days	140	16.69%
В.	1 day	67	7.99%
C.	2 days	76	9.06%
D.	3 days	96	11.44%
E.	4 days	82	9.77%
F.	5 days	75	8.94%
G.	6 days	54	6.44%
H.	7 days	249	29.68%
	TOTALS	839	100.00%
	ast 7 days, on how many days were you physically active for a total of at least 60 min f physical activity that increased your heart rate and made you breathe hard some of		ne you
A.	0 days	104	12.35%
В.	1 day	45	5.34%
C.	2 days	55	6.53%
D.	3 days	73	8.67%
E.	4 days	98	11.64%
F.	5 days	132	15.68%
G.	6 days	101	12.00%
H.	7 days	234	27.79%
	TOTALS	842	100.00%
Q-81. On an averagor videos, playing o	ge school day, how many hours do you spend in front of a TV, computer, smart phone pames, accessing the Internet, or using social media (also called "screen time")? (Do	e, or other electronic device water not count time spent doing scho	ching shows olwork.)
A.	Less than 1 hour per day	50	5.94%
В.	1 hour per day	63	7.48%
C.	2 hours per day	139	16.51%
D.	3 hours per day	178	21.14%
E.	4 hours per day	179	21.26%
F.	5 or more hours per day	233	27.67%
	TOTALS	842	100.00%
Q-82. In an averag	e week when you are in school, on how many days do you go to physical education (F	PE) classes?	
A.	0 days	385	45.94%
B.	1 day	13	1.55%
C.	2 days	12	1.43%
D.	3 days	59	7.04%
E.	4 days	183	21.84%
F.	5 days	186	22.20%

Q-83. During the p	ast 12 months, on how many sports teams did you play? (Count any teams run by you	r scribble of confinitionity groups.)	
A.	0 teams	269	31.99%
В.	1 team	200	23.78%
C.	2 teams	164	19.50%
D.	3 or more teams	208	24.73%
	TOTALS	841	100.00%
Q-84. During the p	ast 12 months, how many times did you have a concussion from playing a sport or bei	ng physically active?	
A.	0 times	705	83.63%
B.	1 time	85	10.08%
C.	2 times	30	3.56%
D.	3 times	12	1.42%
E.	4 or more times	11	1.30%
	TOTALS	843	100.00%
Q-85. How often de	o you use social media?		
A.	I do not use social media	62	7.34%
B.	A few times a month	31	3.67%
C.	About once a week	13	1.54%
D.	A few times a week	21	2.49%
E.	About once a day	65	7.69%
F.	Several times a day	341	40.36%
G.	About once an hour	74	8.76%
H.	More than once an hour	238	28.17%
	TOTALS	845	100.00%
Q-86. Has a doctor	or nurse ever told you that you have asthma?		
A.	Yes	169	20.10%
B.	No	629	74.79%
C.	Not sure	43	5.11%
	TOTALS	841	100.00%
Q-87. Do you still h			
A.	I have never had asthma	491	58.24%
		113	13.40%
C.		157	18.62%
	Not sure	82	9.73%
	TOTALS	843	100.00%

Q-88. During the pa	ast 30 days, how many days of school did you miss because of your asthma?		
A.	I do not have asthma	636	75.71%
B.	0 days	186	22.14%
C.	1 day	7	0.83%
D.	2 days	6	0.71%
E.	3 days	1	0.12%
F.	4 days	0	0.00%
G.	5 or more days	4	0.48%
	TOTALS	840	100.00%
Q-89. When was th	e last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?		
A.	During the past 12 months	622	73.44%
B.	Between 12 and 24 months ago	90	10.63%
C.	More than 24 months ago	56	6.61%
D.	Never	14	1.65%
E.	Not sure	65	7.67%
	TOTALS	847	100.00%
Q-90. During the pa	ast 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety,	and depression	า.)
A.	Never	169	20.14%
B.	Rarely	175	20.86%
C.	Sometimes	232	27.65%
D.	Most of the time	188	22.41%
E.	Always	75	8.94%
	TOTALS	839	100.00%
Q-91. On an averag	ge school night, how many hours of sleep do you get?		
A.	4 or less hours	77	9.18%
B.	5 hours	91	10.85%
C.	6 hours	182	21.69%
D.	7 hours	256	30.51%
E.	8 hours	182	21.69%
F.	9 hours	36	4.29%
G.	10 or more hours	15	1.79%
	TOTALS	839	100.00%
Q-92. During the pa	ast 30 days, where did you usually sleep?		
A.	In my parent's or guardian's home	813	96.33%
В.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	18	2.13%
C.	In a shelter or emergency housing	2	0.24%
D.	In a motel or hotel	3	0.36%
E.	In a car, park, campground, or other public place	4	0.47%
F.	I do not have a usual place to sleep	2	0.24%
G.	Somewhere else	2	0.24%
	TOTALS	844	100.00%

A.	Yes	57	6.77%
B.	No	785	93.23%
	TOTALS	842	100.00%
Q-94. During the p	ast 12 months, how would you describe your grades in school?		
A.	Mostly A's	400	47.79%
В.	Mostly B's	254	30.35%
C.	Mostly C's	108	12.90%
D.	Mostly D's	32	3.82%
E.	Mostly F's	17	2.03%
F.	None of these grades	3	0.36%
G.	Not sure	23	2.75%
	TOTALS	837	100.00%
Q-95. During the p count getting a spr	ast 12 months, how many times did you use an indoor tanning device such as a say-on tan.)	sunlamp, sunbed, or tanning booth?	(Do not
A.	0 times	803	95.14%
В.	1 or 2 times	21	2.49%
C.	3 to 9 times	10	1.18%
D.	10 to 19 times	4	0.47%
E.	20 to 39 times	0	0.00%
F.	40 or more times	5	0.59%
	TOTALS	844	100.00%
Q-96. During the p	ast 12 months, did you receive help from a resource teacher, speech therapist or	other special education teacher at so	chool?
A.	Yes	113	13.42%
В.	No	729	86.58%
	TOTALS	842	100.00%