

2023 NORTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 589 middle school students in North East Region during February of 2023. Frequency distributions may not total 589 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.17%
B.	11 years old	3	0.51%
C.	12 years old	77	13.14%
D.	13 years old	297	50.68%
E.	14 years old	197	33.62%
F.	15 years old	11	1.88%
G.	16 years old or older	0	0.00%
	TOTALS	586	100.00%
Q-2. What is your sex?			
A.	Female	289	49.49%
B.	Male	295	50.51%
	TOTALS	584	100.00%
Q-3. In what grade are you?			
A.	7th grade	263	45.03%
B.	8th grade	321	54.97%
	TOTALS	584	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	55	9.52%
B.	No	523	90.48%
	TOTALS	578	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	134	21.47%
B.	Asian	30	4.81%
C.	Black or African American	15	2.40%
D.	Native Hawaiian or Other Pacific Islander	16	2.56%
E.	White	429	68.75%
	TOTALS	624	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	18	3.06%
B.	Rarely	61	10.37%
C.	Sometimes	93	15.82%
D.	Most of the time	214	36.39%
E.	Always	202	34.35%
	TOTALS	588	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	464	79.59%
B.	1 time	47	8.06%
C.	2 or 3 times	43	7.38%
D.	4 or 5 times	7	1.20%
E.	6 or more times	22	3.77%
TOTALS		583	100.00%

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	397	69.41%
B.	Never	12	2.10%
C.	Rarely	19	3.32%
D.	Sometimes	43	7.52%
E.	Most of the time	38	6.64%
F.	Always	63	11.01%
TOTALS		572	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	571	97.11%
B.	1 day	6	1.02%
C.	2 or 3 days	4	0.68%
D.	4 or 5 days	0	0.00%
E.	6 or more days	7	1.19%
TOTALS		588	100.00%

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	562	95.74%
B.	1 day	11	1.87%
C.	2 or 3 days	5	0.85%
D.	4 or 5 days	2	0.34%
E.	6 or more days	7	1.19%
TOTALS		587	100.00%

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	520	88.74%
B.	1 day	32	5.46%
C.	2 or 3 days	18	3.07%
D.	4 or 5 days	6	1.02%
E.	6 or more days	10	1.71%
TOTALS		586	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	535	91.14%
B.	1 time	27	4.60%
C.	2 or 3 times	20	3.41%
D.	4 or 5 times	3	0.51%
E.	6 or 7 times	1	0.17%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	1	0.17%
H.	12 or more times	0	0.00%
TOTALS		587	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	420	71.79%
B.	1 time	87	14.87%
C.	2 or 3 times	42	7.18%
D.	4 or 5 times	14	2.39%
E.	6 or 7 times	5	0.85%
F.	8 or 9 times	2	0.34%
G.	10 or 11 times	2	0.34%
H.	12 or more times	13	2.22%
TOTALS		585	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	512	87.22%
B.	1 time	47	8.01%
C.	2 or 3 times	24	4.09%
D.	4 or 5 times	2	0.34%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.34%
TOTALS		587	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	49	8.36%
B.	No	537	91.64%
TOTALS		586	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	538	91.81%
B.	1 time	25	4.27%
C.	2 or 3 times	18	3.07%
D.	4 or 5 times	0	0.00%
E.	6 or more times	5	0.85%
TOTALS		586	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	318	54.55%
B.	0 times	245	42.02%
C.	1 time	9	1.54%
D.	2 or 3 times	9	1.54%
E.	4 or 5 times	0	0.00%
F.	6 or more times	2	0.34%
TOTALS		583	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	321	54.78%
B.	0 times	257	43.86%
C.	1 time	5	0.85%
D.	2 or 3 times	1	0.17%
E.	4 or 5 times	2	0.34%
F.	6 or more times	0	0.00%
TOTALS		586	100.00%

Q-19. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?

A.	Never	418	71.21%
B.	Rarely	84	14.31%
C.	Sometimes	62	10.56%
D.	Most of the time	15	2.56%
E.	Always	8	1.36%
TOTALS		587	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?

A.	Yes	190	32.65%
B.	No	392	67.35%
TOTALS		582	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	127	21.60%
B.	No	461	78.40%
TOTALS		588	100.00%

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?		
A.	Yes	123 20.92%
B.	No	465 79.08%
TOTALS		588 100.00%
Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A.	Yes	189 32.42%
B.	No	394 67.58%
TOTALS		583 100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?		
A.	Yes	109 18.63%
B.	No	476 81.37%
TOTALS		585 100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A.	Yes	95 16.24%
B.	No	490 83.76%
TOTALS		585 100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?		
A.	0 times	512 87.52%
B.	1 time	53 9.06%
C.	2 or 3 times	15 2.56%
D.	4 or 5 times	3 0.51%
E.	6 or more times	2 0.34%
TOTALS		585 100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A.	I did not attempt suicide during the past 12 months	490 83.33%
B.	Yes	18 3.06%
C.	No	80 13.61%
TOTALS		588 100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?		
A.	Yes	82 13.99%
B.	No	504 86.01%
TOTALS		586 100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?		
A.	I have never tried cigarette smoking, not even one or two puffs	504 86.30%
B.	8 years old or younger	20 3.42%
C.	9 or 10 years old	16 2.74%
D.	11 or 12 years old	23 3.94%
E.	13 or 14 years old	21 3.60%
F.	15 years old or older	0 0.00%
TOTALS		584 100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	565	96.25%
B.	1 or 2 days	8	1.36%
C.	3 to 5 days	4	0.68%
D.	6 to 9 days	1	0.17%
E.	10 to 19 days	4	0.68%
F.	20 to 29 days	2	0.34%
G.	All 30 days	3	0.51%
TOTALS		587	100.00%

Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	564	96.41%
B.	Less than 1 cigarette per day	11	1.88%
C.	1 cigarette per day	8	1.37%
D.	2 to 5 cigarettes per day	0	0.00%
E.	6 to 10 cigarettes per day	0	0.00%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	2	0.34%
TOTALS		585	100.00%

Q-32. Have you ever used an electronic vapor product?			
A.	Yes	131	22.43%
B.	No	453	77.57%
TOTALS		584	100.00%

Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	505	86.47%
B.	1 or 2 days	24	4.11%
C.	3 to 5 days	13	2.23%
D.	6 to 9 days	6	1.03%
E.	10 to 19 days	9	1.54%
F.	20 to 29 days	6	1.03%
G.	All 30 days	21	3.60%
TOTALS		584	100.00%

Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	549	94.17%
B.	1 or 2 days	13	2.23%
C.	3 to 5 days	5	0.86%
D.	6 to 9 days	4	0.69%
E.	10 to 19 days	1	0.17%
F.	20 to 29 days	4	0.69%
G.	All 30 days	7	1.20%
TOTALS		583	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	496	86.41%
B.	I got or bought them from a friend, family member, or someone else	54	9.41%
C.	I bought them myself in a vape shop or tobacco shop	3	0.52%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	1	0.17%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.17%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	2	0.35%
G.	I took them from a store or another person	2	0.35%
H.	I got them in some other way	15	2.61%
TOTALS		574	100.00%

Q-36. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	504	86.30%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	1	0.17%
C.	Chocolate, candy, desserts, or other sweets	10	1.71%
D.	Fruit	41	7.02%
E.	Menthol	10	1.71%
F.	Mint	7	1.20%
G.	Tobacco	3	0.51%
H.	Some other flavor	8	1.37%
TOTALS		584	100.00%

Q-37. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	470	80.62%
B.	Friend or family member used them	27	4.63%
C.	To get a high or buzz from nicotine	10	1.72%
D.	I was feeling anxious, stressed, or depressed	24	4.12%
E.	I was curious about them	41	7.03%
F.	They are less harmful than other forms of tobacco	3	0.51%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	0	0.00%
H.	I used them for some other reason	8	1.37%
TOTALS		583	100.00%

Q-38. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	572	98.11%
B.	1 or 2 days	7	1.20%
C.	3 to 5 days	1	0.17%
D.	6 to 9 days	1	0.17%
E.	10 to 19 days	2	0.34%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		583	100.00%

Q-39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	569	97.60%
B.	1 or 2 days	9	1.54%
C.	3 to 5 days	2	0.34%
D.	6 to 9 days	3	0.51%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		583	100.00%

Q-40. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	493	84.71%
B.	Yes	55	9.45%
C.	No	34	5.84%
TOTALS		582	100.00%

Q-41. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	391	67.88%
B.	8 years old or younger	47	8.16%
C.	9 or 10 years old	30	5.21%
D.	11 or 12 years old	64	11.11%
E.	13 or 14 years old	43	7.47%
F.	15 years old or older	1	0.17%
TOTALS		576	100.00%

Q-42. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	510	87.48%
B.	1 or 2 days	44	7.55%
C.	3 to 5 days	17	2.92%
D.	6 to 9 days	11	1.89%
E.	10 to 19 days	1	0.17%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		583	100.00%

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	545	93.48%
B.	1 day	17	2.92%
C.	2 days	9	1.54%
D.	3 to 5 days	7	1.20%
E.	6 to 9 days	4	0.69%
F.	10 to 19 days	1	0.17%
G.	20 or more days	0	0.00%
TOTALS		583	100.00%

Q-44. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	509	87.46%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2	0.34%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	6	1.03%
F.	Someone gave it to me	28	4.81%
G.	I took it from a store or family member	18	3.09%
H.	I got it some other way	19	3.26%
TOTALS		582	100.00%

Q-45. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	511	87.65%
B.	Beer	22	3.77%
C.	Wine	10	1.72%
D.	Vodka	7	1.20%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	15	2.57%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	15	2.57%
G.	Some other type of alcohol	3	0.51%
TOTALS		583	100.00%

Q-46. During your life, how many times have you used marijuana?			
A.	0 times	508	87.14%
B.	1 or 2 times	23	3.95%
C.	3 to 9 times	12	2.06%
D.	10 to 19 times	10	1.72%
E.	20 to 39 times	10	1.72%
F.	40 to 99 times	5	0.86%
G.	100 or more times	15	2.57%
TOTALS		583	100.00%

Q-47. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	503	86.43%
B.	8 years old or younger	5	0.86%
C.	9 or 10 years old	13	2.23%
D.	11 or 12 years old	27	4.64%
E.	13 or 14 years old	34	5.84%
F.	15 years old or older	0	0.00%
TOTALS		582	100.00%

Q-48. During the past 30 days, how many times did you use marijuana?

A.	0 times	543	93.14%
B.	1 or 2 times	11	1.89%
C.	3 to 9 times	11	1.89%
D.	10 to 19 times	4	0.69%
E.	20 to 39 times	6	1.03%
F.	40 or more times	8	1.37%
TOTALS		583	100.00%

Q-49. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	503	86.28%
B.	1 or 2 times	43	7.38%
C.	3 to 9 times	30	5.15%
D.	10 to 19 times	1	0.17%
E.	20 to 39 times	2	0.34%
F.	40 or more times	4	0.69%
TOTALS		583	100.00%

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	578	98.97%
B.	1 or 2 times	5	0.86%
C.	3 to 9 times	1	0.17%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		584	100.00%

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	547	93.66%
B.	1 or 2 times	23	3.94%
C.	3 to 9 times	4	0.68%
D.	10 to 19 times	3	0.51%
E.	20 to 39 times	4	0.68%
F.	40 or more times	3	0.51%
TOTALS		584	100.00%

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	582	99.83%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.17%
TOTALS		583	100.00%

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	573	98.96%
B.	1 or 2 times	4	0.69%
C.	3 to 9 times	1	0.17%
D.	10 to 19 times	1	0.17%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		579	100.00%
Q-54. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	582	99.66%
B.	1 or 2 times	2	0.34%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		584	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	581	99.49%
B.	1 time	3	0.51%
C.	2 or more times	0	0.00%
TOTALS		584	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	109	18.70%
B.	No	474	81.30%
TOTALS		583	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	60	10.31%
B.	No	522	89.69%
TOTALS		582	100.00%
Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	536	92.25%
B.	11 years old or younger	16	2.75%
C.	12 years old	4	0.69%
D.	13 years old	14	2.41%
E.	14 years old	9	1.55%
F.	15 years old or older	2	0.34%
TOTALS		581	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	538	92.76%
B.	1 person	23	3.97%
C.	2 people	9	1.55%
D.	3 people	4	0.69%
E.	4 people	1	0.17%
F.	5 people	2	0.34%
G.	6 or more people	3	0.52%
TOTALS		580	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	542	92.97%
B.	I have had sexual intercourse, but not during the past 3 months	22	3.77%
C.	1 person	15	2.57%
D.	2 people	3	0.51%
E.	3 people	0	0.00%
F.	4 people	0	0.00%
G.	5 people	1	0.17%
H.	6 or more people	0	0.00%
TOTALS		583	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	523	90.17%
B.	Yes	14	2.41%
C.	No	43	7.41%
TOTALS		580	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	530	91.70%
B.	Yes	22	3.81%
C.	No	26	4.50%
TOTALS		578	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	18	3.12%
B.	Slightly underweight	91	15.77%
C.	About the right weight	288	49.91%
D.	Slightly overweight	156	27.04%
E.	Very overweight	24	4.16%
TOTALS		577	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	283	48.88%
B.	Gain weight	73	12.61%
C.	Stay the same weight	88	15.20%
D.	I am not trying to do anything about my weight	135	23.32%
TOTALS		579	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	188	32.70%
B.	1 to 3 times during the past 7 days	243	42.26%
C.	4 to 6 times during the past 7 days	80	13.91%
D.	1 time per day	24	4.17%
E.	2 times per day	19	3.30%
F.	3 times per day	4	0.70%
G.	4 or more times per day	17	2.96%
TOTALS		575	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	74	12.65%
B.	1 to 3 times during the past 7 days	205	35.04%
C.	4 to 6 times during the past 7 days	132	22.56%
D.	1 time per day	59	10.09%
E.	2 times per day	55	9.40%
F.	3 times per day	35	5.98%
G.	4 or more times per day	25	4.27%
TOTALS		585	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	213	36.72%
B.	1 to 3 times during the past 7 days	224	38.62%
C.	4 to 6 times during the past 7 days	88	15.17%
D.	1 time per day	36	6.21%
E.	2 times per day	9	1.55%
F.	3 times per day	3	0.52%
G.	4 or more times per day	7	1.21%
TOTALS		580	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	263	45.19%
B.	1 to 3 times during the past 7 days	256	43.99%
C.	4 to 6 times during the past 7 days	44	7.56%
D.	1 time per day	9	1.55%
E.	2 times per day	3	0.52%
F.	3 times per day	3	0.52%
G.	4 or more times per day	4	0.69%
TOTALS		582	100.00%

Q-69. During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	277	47.19%
B.	1 to 3 times during the past 7 days	217	36.97%
C.	4 to 6 times during the past 7 days	59	10.05%
D.	1 time per day	17	2.90%
E.	2 times per day	6	1.02%
F.	3 times per day	1	0.17%
G.	4 or more times per day	10	1.70%
TOTALS		587	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	113	19.25%
B.	1 to 3 times during the past 7 days	230	39.18%
C.	4 to 6 times during the past 7 days	134	22.83%
D.	1 time per day	44	7.50%
E.	2 times per day	35	5.96%
F.	3 times per day	14	2.39%
G.	4 or more times per day	17	2.90%
TOTALS		587	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	147	25.13%
B.	1 to 3 times during the past 7 days	275	47.01%
C.	4 to 6 times during the past 7 days	83	14.19%
D.	1 time per day	30	5.13%
E.	2 times per day	26	4.44%
F.	3 times per day	7	1.20%
G.	4 or more times per day	17	2.91%
TOTALS		585	100.00%

Q-72. During the past 7 days, on how many days did you eat breakfast?		
A.	0 days	79 13.46%
B.	1 day	46 7.84%
C.	2 days	64 10.90%
D.	3 days	48 8.18%
E.	4 days	56 9.54%
F.	5 days	41 6.98%
G.	6 days	51 8.69%
H.	7 days	202 34.41%
TOTALS		587 100.00%

Q-73. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)		
A.	0 days	66 11.30%
B.	1 day	33 5.65%
C.	2 days	46 7.88%
D.	3 days	63 10.79%
E.	4 days	100 17.12%
F.	5 days	94 16.10%
G.	6 days	43 7.36%
H.	7 days	139 23.80%
TOTALS		584 100.00%

Q-74. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)		
A.	Less than 1 hour per day	52 8.90%
B.	1 hour per day	52 8.90%
C.	2 hours per day	97 16.61%
D.	3 hours per day	150 25.68%
E.	4 hours per day	90 15.41%
F.	5 or more hours per day	143 24.49%
TOTALS		584 100.00%

Q-75. In an average week when you are in school, on how many days do you go to physical education (PE) classes?		
A.	0 days	87 14.85%
B.	1 day	18 3.07%
C.	2 days	127 21.67%
D.	3 days	91 15.53%
E.	4 days	75 12.80%
F.	5 days	188 32.08%
TOTALS		586 100.00%

Q-76. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	177	30.10%
B.	1 team	110	18.71%
C.	2 teams	129	21.94%
D.	3 or more teams	172	29.25%
TOTALS		588	100.00%
Q-77. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	447	76.41%
B.	1 time	65	11.11%
C.	2 times	42	7.18%
D.	3 times	14	2.39%
E.	4 or more times	17	2.91%
TOTALS		585	100.00%
Q-78. How often do you use social media?			
A.	I do not use social media	100	16.98%
B.	A few times a month	28	4.75%
C.	About once a week	12	2.04%
D.	A few times a week	40	6.79%
E.	About once a day	45	7.64%
F.	Several times a day	171	29.03%
G.	About once an hour	31	5.26%
H.	More than once an hour	162	27.50%
TOTALS		589	100.00%
Q-79. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	107	18.17%
B.	No	411	69.78%
C.	Not sure	71	12.05%
TOTALS		589	100.00%
Q-80. Do you still have asthma?			
A.	I have never had asthma	354	60.41%
B.	Yes	79	13.48%
C.	No	91	15.53%
D.	Not sure	62	10.58%
TOTALS		586	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	450	76.40%
B.	0 days	120	20.37%
C.	1 day	15	2.55%
D.	2 days	1	0.17%
E.	3 days	0	0.00%
F.	4 days	0	0.00%
G.	5 or more days	3	0.51%
TOTALS		589	100.00%

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	431	73.17%
B.	Between 12 and 24 months ago	56	9.51%
C.	More than 24 months ago	17	2.89%
D.	Never	11	1.87%
E.	Not sure	74	12.56%
TOTALS		589	100.00%

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	180	30.77%
B.	Rarely	139	23.76%
C.	Sometimes	141	24.10%
D.	Most of the time	78	13.33%
E.	Always	47	8.03%
TOTALS		585	100.00%

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	62	10.56%
B.	5 hours	47	8.01%
C.	6 hours	84	14.31%
D.	7 hours	139	23.68%
E.	8 hours	149	25.38%
F.	9 hours	79	13.46%
G.	10 or more hours	27	4.60%
TOTALS		587	100.00%

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	555	94.71%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	18	3.07%
C.	In a shelter or emergency housing	4	0.68%
D.	In a motel or hotel	2	0.34%
E.	In a car, park, campground, or other public place	3	0.51%
F.	I do not have a usual place to sleep	2	0.34%
G.	Somewhere else	2	0.34%
TOTALS		586	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	32 5.47%
B.	No	553 94.53%
TOTALS		585 100.00%
Q-87. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	261 44.46%
B.	Mostly B's	189 32.20%
C.	Mostly C's	68 11.58%
D.	Mostly D's	22 3.75%
E.	Mostly F's	9 1.53%
F.	None of these grades	7 1.19%
G.	Not sure	31 5.28%
TOTALS		587 100.00%
Q-88. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	554 94.54%
B.	1 or 2 times	22 3.75%
C.	3 to 9 times	5 0.85%
D.	10 to 19 times	2 0.34%
E.	20 to 39 times	1 0.17%
F.	40 or more times	2 0.34%
TOTALS		586 100.00%
Q-89. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	127 21.82%
B.	No	455 78.18%
TOTALS		582 100.00%