## 2023 NORTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

## HIGH SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,352 high school students in North Central Region during February of 2023. Frequency distributions may not total 1,352 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are y	ou?		
A.	12 years old or younger	3	0.22%
B.	13 years old	1	0.07%
C.	14 years old	144	10.70%
D.	15 years old	370	27.49%
E.	16 years old	348	25.85%
F.	17 years old	295	21.92%
G.	18 years old or older	185	13.74%
	TOTALS	1,346	100.00%
Q-2. What is your	sex?		
A.	Female	596	44.35%
B.	Male	748	55.65%
	TOTALS	1,344	100.00%
Q-3. In what grade	e are you?		
A.	9th grade	373	27.92%
B.	10th grade	333	24.93%
C.	11th grade	341	25.52%
D.	12th grade	286	21.41%
E.	Ungraded or other grade	3	0.22%
	TOTALS	1,336	100.00%
Q-4. Are you Hispa	nic or Latino?		
A.	Yes	114	8.49%
B.	No	1229	91.51%
	TOTALS	1,343	100.00%
Q-5. What is your	race?		
A.	American Indian or Alaskan Native	423	27.40%
B.	Asian	48	3.11%
C.	Black or African American	48	3.11%
D.	Native Hawaiian or Other Pacific Islander	21	1.36%
E.	White	1004	65.03%
	TOTALS	1,544	100.00%

	TOTALS	1,343	100.00%
F.	Always	443	32.99%
E.	Most of the time	218	16.23%
D.	Sometimes	96	7.15%
C.	Rarely	85	6.33%
В.	Never	196	14.59%
A.	I do not drive a car	305	22.71%
Q-10. How often do	o you wear a seat belt when driving a car?		
	TOTALS	1,344	100.00%
	6 or more times	38	2.83%
	4 or 5 times	30	2.23%
	2 or 3 times	85	6.32%
	1 time	113	8.41%
A.	0 times	1078	80.21%
Q-9. During the pa	st 30 days, how many times did you ride in a car or other vehicle driven by someone who hac	been drinking alcohol?	
	TOTALS	1,347	100.00%
	Always	558	41.43%
D.	Most of the time	470	34.89%
<u>Б.</u> С.	Sometimes	197	14.63%
В.	Rarely	88	6.53%
	Never	34	2.52%
Q-8. How often do	you wear a seat belt when riding in a car driven by someone else?	_,	200.007
G.	TOTALS	1,337	100.00%
G.	140 lbs +	795	59.46%
 F.	130-139 lbs	186	13.91%
D. E.	120-129 lbs	167	12.49%
C.	110-119lbs	103	7.70%
В.	90-99 lbs 100-109 lbs	7 48	0.52% 3.59%
Α.	Less than 90 lbs	31	2.32%
	you weigh without your shoes on?		
0.7.11	TOTALS	1,352	100.00%
E.	Over 5ft, 6in	672	49.70%
D.	5ft, 1in to 5ft, 6in	532	39.35%
C.	4ft, 7in to 5 ft	124	9.17%
В.	4ft to 4 ft, 6 in	6	0.449
A.	Less than 4 ft	18	1.33%

A.	I did not drive a car or other vehicle during the past 30 days	434	32.24%
	0 times	752	55.87%
C.	1 time	48	3.57%
D.	2 or 3 times	37	2.75%
E.	4 or 5 times	15	1.119
F.	6 or more times	13	0.97%
	TOTALS	1,346	100.00%
Q-12. During the p	ast 30 days, on how many days did you text or e-mail while driving a car or other vehicle	e?	
A.	I did not drive a car or other vehicle during the past 30 days	561	41.68%
В.	0 days	310	23.03%
C.	1 or 2 days	144	10.70%
D.	3 to 5 days	76	5.65%
E.	6 to 9 days	63	4.68%
F.	10 to 19 days	49	3.64%
G.	20 to 29 days	42	3.12%
H.	All 30 days	101	7.50%
	TOTALS	1,346	100.00%
Q-13. During the p while driving a car	ast 30 days, on how many days did you use the Internet or apps on your cell phone (suc or other vehicle? (Do not count using your cell phone to get driving directions or to dete	ch as YouTube, Instagram, or rmine your location.)	Facebook)
A.	I did not drive a car or other vehicle during the past 30 days	558	41.43%
B.	0 days	380	28.21%
C.	1 or 2 days	130	9.65%
D.	3 to 5 days	61	4.53%
E.	6 to 9 days	42	3.12%
F.	10 to 19 days	41	3.04%
G.	20 to 29 days	47	3.49%
H.	All 30 days	88	6.53%
	TOTALS	1,347	100.00%
Q-14. During the p	ast 30 days, on how many days did you carry a weapon such as a gun, knife, or club on	school property?	
A.	0 days	1186	88.05%
B.	1 day	54	4.01%
C.	2 or 3 days	38	2.82%
D.	4 or 5 days	9	0.67%
E.	6 or more days	60	4.45%
	TOTALS	1,347	100.00%

G. H.	12 or more times	7	0.68%
G.			
	10 or 11 times	1	0.10%
F.	8 or 9 times	5	0.48%
E.	6 or 7 times	6	0.58%
D.	4 or 5 times	16	1.55%
C.	2 or 3 times	80	7.74%
В.	1 time	110	10.65%
A.	0 times	808	78.22%
Q-18. During the pa	ast 12 months, how many times were you in a physical fight?		
	TOTALS	1,347	100.00%
H.	12 or more times	10	0.74%
G.	10 or 11 times	0	0.00%
	8 or 9 times	0	0.00%
E.	6 or 7 times	7	0.52%
D.	4 or 5 times	7	0.52%
C.	2 or 3 times	30	2.23%
B.	1 time	46	3.41%
roperty?	0 times	1247	92.58%
)-17. During the pa	ast 12 months, how many times has someone threatened or injured yo	· ·	
Е.	TOTALS	1,340	100.00%
E.	6 or more days	18	1.34%
C.	4 or 5 days	19	1.42%
	2 or 3 days	41	3.06%
A. B.	1 day	70	5.22%
rom school?	ast 30 days, on how many days did you not go to school because you 0 days	felt you would be unsafe at school or on your w	88.73%
	TOTALS	1,344	100.00%
E.	6 or more days	40	2.98%
D.	4 or 5 days	19	1.41%
C.	2 or 3 days	47	3.50%
В.	1 day	39	2.90%

	TOTALS	1,346	100.00%
F.	6 or more times	17	1.26%
E.	4 or 5 times	12	0.89%
D.	2 or 3 times	20	1.49%
C.	1 time	55	4.09%
B.	0 times	602	44.73%
	I did not date or go out with anyone during the past 12 months	640	47.55%
	ast 12 months, how many times did someone you were dating or going out with physically hurt you on publishmed into something, or injured with an object or weapon.)	ourpose? (Co	unt such
	TOTALS	1,248	100.00%
F.	6 or more times	19	1.52%
E.	4 or 5 times	8	0.64%
D.	2 or 3 times	26	2.08%
C.	1 time	43	3.45%
В.	0 times	742	59.46%
A.	I did not date or go out with anyone during the past 12 months	410	32.85%
	ast 12 months, how many times did someone you were dating or going out with force you to do sexual t t such things as kissing, touching, or being physically forced to have sexual intercourse.)	nings that yo	u did not
	TOTALS	1,252	100.00%
	6 or more times	10	0.80%
٥.	4 or 5 times	30	2.40%
C.	2 or 3 times	33	2.64%
B.	1 time	271	21.65%
A.	0 times	906	72.36%
kissing, touching, o	ast 12 months, how many times did anyone force you to do sexual things that you did not want to do? r being physically forced to have sexual intercourse.)	(Count such t	hings as
	TOTALS	1,344	100.00%
B.	No	941	70.01%
A.	Yes	380	28.27%
Q-20. Have you eve	er been physically forced to have sexual intercourse when you did not want to?		
	TOTALS	1,343	100.00%
H.	12 or more times	5	0.37%
G.	10 or 11 times	0	0.00%
F.	8 or 9 times	4	0.30%
E.	6 or 7 times	1	0.07%
D.	4 or 5 times	8	0.60%
C.	2 or 3 times	23	1.71%
B.	1 time	330	24.57%
A.	0 times	972	72.38%

ALS 1,335  In months, did you ever seriously consider attempting suicide?  491  838  ALS 1,347  In months, did you make a plan about how you would attempt suicide?  470  845  ALS 1,346  In months, how many times did you actually attempt suicide?  198  198  198  198  198  198  198  19	34.53% 65.39% 100.00% 36.45% 62.21% 100.00% 34.92% 62.78% 100.00% 73.31% 23.46% 2.11% 0.53% 0.60%
months, did you ever seriously consider attempting suicide?  491 838 ALS 1,347 months, did you make a plan about how you would attempt suicide?  470 845 ALS 1,346 months, how many times did you actually attempt suicide?  975 ne 975 ne 312 3 times	65.39%  100.00%  36.45% 62.21%  100.00%  34.92% 62.78%  100.00%  73.31% 23.46% 2.11%
ALS months, did you ever seriously consider attempting suicide?  491 838 ALS months, did you make a plan about how you would attempt suicide?  470 845 ALS months, how many times did you actually attempt suicide?  975 ne 975	65.39%  100.00%  36.45% 62.21%  100.00%  34.92% 62.78%  100.00%  73.31% 23.46%
ALS months, did you ever seriously consider attempting suicide?  491 838 ALS months, did you make a plan about how you would attempt suicide?  470 845 ALS months, how many times did you actually attempt suicide?  975	65.39% 100.00% 36.45% 62.21% 100.00% 34.92% 62.78% 100.00%
ALS months, did you ever seriously consider attempting suicide?  491 838 ALS months, did you make a plan about how you would attempt suicide?  470 845 ALS months, how many times did you actually attempt suicide?	65.399 100.009 36.459 62.219 100.009 34.929 62.789 100.009
ALS months, did you ever seriously consider attempting suicide?  491 838 ALS months, did you make a plan about how you would attempt suicide?  470 845 ALS 1,346	65.399 <b>100.00</b> 9 36.459 62.219 <b>100.00</b> 9 34.929 62.789
ALS months, did you ever seriously consider attempting suicide?  491 838 ALS months, did you make a plan about how you would attempt suicide?  470 845	65.399 <b>100.00</b> 9 36.459 62.219 <b>100.00</b> 9 34.929 62.789
ALS months, did you ever seriously consider attempting suicide?  491 838 ALS months, did you make a plan about how you would attempt suicide?  470	65.399 100.009 36.459 62.219 100.009 34.929
ALS months, did you ever seriously consider attempting suicide?  491 838 ALS months, did you make a plan about how you would attempt suicide?	65.399 100.009 36.459 62.219 100.009
months, did you ever seriously consider attempting suicide?  491 838 ALS 1,347	65.399 <b>100.009</b> 36.459 62.219
months, did you ever seriously consider attempting suicide?  491 838	65.399 <b>100.009</b> 36.459 62.219
months, did you ever seriously consider attempting suicide?	65.399 <b>100.00</b> 9 36.459
MLS 1,335 months, did you ever seriously consider attempting suicide?	65.39° <b>100.00</b> °
ALS 1,335	65.39%
	65.39
I I	
461	
months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped	
ALS 1,167	100.009
981	84.06%
185	15.85%
months, have you ever been the victim of teasing or name calling because someone thought you were gay, lest	oian, or
1,345	100.009
1003	74.57
342	25.43
months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook,	or other
ALS 1,339	100.00
1059	79.09 <sup>0</sup>
280	20.91
months, have you ever been bullied on school property?	
	100.00
	1.26
	1.93
	5.13
	63.27° 28.40°
	ALS Instagram, Facebook, and a second

A.	I did not attempt suicide during the past 12 months	1120	83.09%
В.	Yes	52	3.86%
C.	No	119	8.83%
	TOTALS	1,348	100.00%
Q-33. Have you ev	er tried cigarette smoking, even one or two puffs?		
A.	Yes	617	45.91%
В.	No	716	53.27%
	TOTALS	1,344	100.00%
Q-34. How old wer	e you when you first tried cigarette smoking, even one or two puffs?		
A.	I have never tried cigarette smoking, not even one or two puffs	1022	76.21%
В.	8 years old or younger	38	2.83%
C.	9 or 10 years old	31	2.31%
D.	11 or 12 years old	62	4.62%
E.	13 or 14 years old	98	7.31%
	15 or 16 years old	73	5.44%
G.	17 years old or older	17	1.27%
	TOTALS	1,341	100.00%
Q-35. During the p	ast 30 days, on how many days did you smoke cigarettes?		
A.	0 days	1098	81.64%
B.	1 or 2 days	216	16.06%
C.	3 to 5 days	8	0.59%
D.	6 to 9 days	3	0.22%
E.	10 to 19 days	6	0.45%
F.	20 to 29 days	4	0.30%
G.	All 30 days	10	0.74%
	TOTALS	1,345	100.00%
Q-36. During the p	ast 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A.	I did not smoke cigarettes during the past 30 days	1166	87.21%
B.	Less than 1 cigarette per day	68	5.09%
C.	1 cigarette per day	17	1.279
D.	2 to 5 cigarettes per day	22	1.65%
E.	6 to 10 cigarettes per day	14	1.05%
F.	11 to 20 cigarettes per day	15	1.129
G.	More than 20 cigarettes per day	35	2.62%
	TOTALS	1,337	100.00%
Q-37. Have you ev	er used an electronic vapor product?		
A.	Yes	690	51.88%
В.	No	602	45.26%
	TOTALS	1,330	100.00%

	TOTALS	1,338	100.00%
H.	Some other flavor	36	2.69%
G.	Tobacco	22	1.64%
F.	Mint	63	4.71%
E.	Menthol	121	9.04%
D.	Fruit	138	10.31%
C.	Chocolate, candy, desserts, or other sweets	29	2.17%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	29	2.17%
A.	I did not use an electronic vapor product during the past 30 days	900	67.26%
Q-41. During the pa	ast 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)		
	TOTALS	1,333	100.00%
H.	I got them in some other way	65	4.88%
G.	I took them from a store or another person	2	0.15%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	4	0.30%
E.	I bought them myself at a mall or shopping center kiosk or stand	2	0.15%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	6	0.45%
	I bought them myself in a vape shop or tobacco shop	61	4.58%
	I got or bought them from a friend, family member, or someone else	219	16.43%
	ast 30 days, how did you usually get your own electronic vapor products? (Select only one response.)  I did not use any electronic vapor products during the past 30 days	974	73.07%
0.40 Danis - H	TOTALS	1,342	100.00%
G.	All 30 days	32	2.38%
	20 to 29 days	12	0.89%
	10 to 19 days	24	1.79%
D.	6 to 9 days	22	1.64%
C.	3 to 5 days	16	1.19%
B.	1 or 2 days	48	3.58%
A.	0 days	1188	88.52%
Q-39. During the pa	ast 30 days, on how many days did you use an electronic vapor product on school property?		
	TOTALS	1,343	100.00%
G.	All 30 days	61	4.54%
F.	20 to 29 days	31	2.31%
E.	10 to 19 days	34	2.53%
D.	6 to 9 days	21	1.56%
C.	3 to 5 days	30	2.23%
B.	1 or 2 days	86	6.40%
A.	0 days	1080	80.42%

A.	I have never used an electronic vapor product	813	60.76%
B.	Friend or family member used them	119	8.89%
C.	To get a high or buzz from nicotine	107	8.00%
D.	I was feeling anxious. stressed, or depressed	119	8.89%
E.	I was curious about them	117	8.74%
F.	They are less harmful than other forms of tobacco	10	0.75%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	16	1.209
H.	I used them for some other reason	37	2.779
	TOTALS	1,338	100.00%
	ast 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco ly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)	products, such a	as
A.	0 days	1214	92.96%
B.	1 or 2 days	37	2.839
C.	3 to 5 days	15	1.159
D.	6 to 9 days	13	1.00
E.	10 to 19 days	12	0.920
F.	20 to 29 days	4	0.31
G.	All 30 days	11	0.849
	TOTALS	1,306	100.00%
Q-44. During the p	ast 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	1200	91.199
В.	1 or 2 days	48	3.65
C.	3 to 5 days	12	0.919
D.	6 to 9 days	11	0.849
E.	10 to 19 days	22	1.679
F.	20 to 29 days	5	0.389
G.	All 30 days	6	0.469
	TOTALS	1,316	100.00%
Q-45. During the p	ast 12 months, did you ever try to quit using all tobacco products?		
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	953	71.499
B.	Yes	203	15.239
C.	No	95	7.139
	TOTALS	1,333	100.00%

Q-40. How old well	e you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	650	48.76%
В.	8 years old or younger	112	8.40%
C.	9 or 10 years old	72	5.40%
D.	11 or 12 years old	92	6.90%
E.	13 or 14 years old	176	13.20%
F.	15 or 16 years old	173	12.98%
G.	17 years old or older	58	4.35%
	TOTALS	1,333	100.00%
Q-47. During the pa	ast 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	961	71.50%
B.	1 or 2 days	131	9.75%
C.	3 to 5 days	75	5.58%
D.	6 to 9 days	38	2.83%
E.	10 to 19 days	69	5.13%
F.	20 to 29 days	50	3.72%
G.	All 30 days	20	1.49%
	TOTALS	1,344	100.00%
	ast 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is be drinks of alcohol in a row, that is, within a couple of hours (if you are male)?	, within a couple of hours (if	you are
A.	0 days	1107	82.55%
B.	1 day	90	6.71%
C.	2 days	54	4.03%
D.	3 to 5 days	34	2.54%
E.	6 to 9 days	16	1.19%
F.	10 to 19 days	37	2.76%
G.	20 or more days	3	0.22%
	TOTALS	1,341	100.00%
Q-49. During the pa	ast 30 days, what is the largest number of alcoholic drinks you had in a row, that is, with	in a couple of hours?	
A.	I did not drink alcohol during the past 30 days	1060	79.46%
B.	1 or 2 drinks	108	8.10%
C.	3 drinks	24	1.80%
D.	4 drinks	25	1.879
E.	5 drinks	29	2.179
F.	6 or 7 drinks	43	3.229
G.	8 or 9 drinks	16	1.20%
Н.	10 or more drinks	29	2.17%

	TOTALS	1,346	100.00%
G.	17 years old or older	16	1.19%
F.	15 or 16 years old	122	9.06%
E.	13 or 14 years old	129	9.58%
D.	11 or 12 years old	37	2.75%
C.	9 or 10 years old	21	1.569
В.	8 years old or younger	14	1.049
A.	I have never tried marijuana	1007	74.81
-53. How old wer	e you when you tried marijuana for the first time?		
	TOTALS	1,344	100.00
G.	100 or more times	84	6.25
F.	40 to 99 times	33	2.46
E.	20 to 39 times	32	2.38
D.	10 to 19 times	34	2.53
C.	3 to 9 times	64	4.76
В.	1 or 2 times	92	6.85
A.	0 times	1005	74.78
-52. During your	life, how many times have you used marijuana?	,	
G.	TOTALS	1,338	100.00
G	Four Loko, or hard apple cider  Some other type of alcohol	11	0.82
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade,	57	4.26
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	41	3.06
D.	Vodka	20	1.49
C.	Wine	21	1.57
В.		106	7.92
Δ	I did not drink alcohol during the past 30 days	1080	80.72
-51. During the p	ast 30 days, what type of alcohol did you drink most often? (Select only one response.)	_,	
П	TOTALS	1,341	100.00
G.	I took it from a store or family member  I got it some other way	59	4.40
F.		90	1.94
	I gave someone else money to buy it for me	39	2.91
D.		2	0.15
C.	I bought it at a restaurant, bar, or club	7	0.52
В.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	24	1.79
A.	I did not drink alcohol during the past 30 days	1094	81.58

	ast 30 days, how many times did you use marijuana?		06.045
A.	0 times	1160	86.31%
В.	1 or 2 times	57	4.24%
C.	3 to 9 times	40	2.98%
D.	10 to 19 times	32	2.38%
E.	20 to 39 times	17	1.26%
F.	40 or more times	38	2.83%
	TOTALS	1,344	100.00%
Q-55. During your told you to use it?	life, how many times have you taken prescription pain medicine without	a doctor's prescription or differently than how	a doctor
A.	0 times	1200	89.96%
В.	1 or 2 times	62	4.65%
C.	3 to 9 times	39	2.92%
D.	10 to 19 times	12	0.90%
E.	20 to 39 times	7	0.52%
F.	40 or more times	14	1.05%
	TOTALS	1,334	100.00%
Q-56. During your	life, how many times have you used any form of cocaine, including powd	er, crack, or freebase?	
A.	0 times	1133	84.30%
B.	1 or 2 times	190	14.14%
C.	3 to 9 times	7	0.52%
D.	10 to 19 times	4	0.30%
E.	20 to 39 times	2	0.15%
F.	40 or more times	8	0.60%
	TOTALS	1,344	100.00%
Q-57. During your high?	life, how many times have you sniffed glue, breathed the contents of aer	osol spray cans, or inhaled any paints or spra	ays to get
A.	0 times	1125	83.83%
B.	1 or 2 times	45	3.35%
C.	3 to 9 times	24	1.79%
D.	10 to 19 times	23	1.71%
E.	20 to 39 times	38	2.83%
F.	40 or more times	44	3.28%
	TOTALS	1,342	100.00%
Q-58. During your	life, how many times have you used heroin (also called smack, junk, or C	China White)?	
A.	0 times	1178	88.249
B.	1 or 2 times	63	4.729
C.	3 to 9 times	36	2.70%
D.	10 to 19 times	26	1.95%
E.	20 to 39 times	11	0.829
F.	40 or more times	9	0.67%

Q-59. During your	life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or me	th)?	
A.	0 times	1184	88.23%
В.	1 or 2 times	48	3.58%
C.	3 to 9 times	88	6.56%
D.	10 to 19 times	11	0.82%
E.	20 to 39 times	6	0.45%
F.	40 or more times	3	0.22%
	TOTALS	1,342	100.00%
Q-60. During your	ife, how many times have you used ecstasy (also called MDMA or Molly)?		
A.	0 times	1177	87.70%
B.	1 or 2 times	33	2.46%
C.	3 to 9 times	121	9.02%
D.	10 to 19 times	5	0.37%
E.	20 to 39 times	2	0.15%
F.	40 or more times	4	0.30%
	TOTALS	1,342	100.00%
Q-61. During your	life, how many times have you used a needle to inject any illegal drug into your body?		
A.	0 times	1181	88.07%
B.	1 time	94	7.01%
C.	2 or more times	66	4.92%
	TOTALS	1,341	100.00%
Q-62. During the p	ast 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A.	Yes	373	27.82%
B.	No	857	63.91%
	TOTALS	1,341	100.00%
Q-63. Have you eve	er had sexual intercourse?		
A.	Yes	408	39.65%
B.	No	621	60.35%
	TOTALS	1,029	100.00%
Q-64. How old were	e you when you had sexual intercourse for the first time?		
A.	I have never had sexual intercourse	627	60.93%
В.	11 years old or younger	28	2.72%
C.	12 years old	12	1.17%
D.	13 years old	32	3.11%
	14 years old	98	9.52%
F.	15 years old	118	11.47%
G.	16 years old	82	7.97%
Н.	17 years old or older	32	3.11%
• • • • • • • • • • • • • • • • • • • •			

Q-65. During your	life, with how many people have you had sexual intercourse?		
A.	I have never had sexual intercourse	643	62.43%
B.	1 person	161	15.63%
C.	2 people	66	6.41%
D.	3 people	43	4.17%
E.	4 people	30	2.91%
F.	5 people	26	2.52%
G.	6 or more people	61	5.92%
	TOTALS	1,030	100.00%
Q-66. During the p	ast 3 months, with how many people did you have sexual intercourse?		
A.	I have never had sexual intercourse	648	48.39%
B.	I have had sexual intercourse, but not during the past 3 months	166	12.40%
C.	1 person	355	26.51%
D.	2 people	132	9.86%
E.	3 people	25	1.87%
F.	4 people	3	0.22%
G.	5 people	5	0.37%
H.	6 or more people	5	0.37%
	TOTALS	1,339	100.00%
Q-67. Did you drink	c alcohol or use drugs before you had sexual intercourse the last time?		
A.	I have never had sexual intercourse	762	56.87%
B.	Yes	158	11.79%
C.	No	365	27.24%
	TOTALS	1,340	100.00%
Q-68. The last time	you had sexual intercourse, did you or your partner use a condom?		
A.	I have never had sexual intercourse	734	54.74%
B.	Yes	365	27.22%
C.	No	210	15.66%
	TOTALS	1,341	100.00%
Q-69. The last time (Select only one re	e you had sexual intercourse with an opposite-sex partner, what one method did you or your partner use sponse.)	to prevent p	regnancy?
A.	I have never had sexual intercourse with an opposite-sex partner	678	50.98%
B.	No method was used to prevent pregnancy	181	13.61%
C.	Birth control pills (Do not count emergency contraception such as Plan B or the "morning after" pill.)	162	12.18%
D.	Condoms	162	12.18%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	69	5.19%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	25	1.88%
G.	Withdrawal or some other method	36	2.71%
H.	Not sure	17	1.28%
	TOTALS	1,330	100.00%

Q-70. How do you	describe your weight?		
A.	Very underweight	154	11.57%
B.	Slightly underweight	294	22.09%
C.	About the right weight	551	41.40%
D.	Slightly overweight	279	20.96%
E.	Very overweight	48	3.61%
	TOTALS	1,331	100.00%
Q-71. Which of the	following are you trying to do about your weight?		
A.	Lose weight	537	40.07%
B.	Gain weight	378	28.21%
C.	Stay the same weight	212	15.82%
D.	I am not trying to do anything about my weight	206	15.37%
	TOTALS	1,340	100.00%
	ast 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or orts drinks, or other fruit-flavored drinks.)	grape juice? (Do not	count
A.	I did not drink 100% fruit juice during the past 7 days	457	34.08%
B.	1 to 3 times during the past 7 days	573	42.73%
C.	4 to 6 times during the past 7 days	178	13.27%
D.	1 time per day	50	3.73%
E.	2 times per day	40	2.98%
F.	3 times per day	14	1.04%
G.	4 or more times per day	29	2.16%
	TOTALS	1,341	100.00%
Q-73. During the pa	ast 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A.	I did not eat fruit during the past 7 days	187	13.98%
B.	1 to 3 times during the past 7 days	475	35.50%
C.	4 to 6 times during the past 7 days	362	27.06%
D.	1 time per day	146	10.91%
E.	2 times per day	92	6.88%
F.	3 times per day	29	2.17%
G.	4 or more times per day	47	3.51%
	TOTALS	1,338	100.00%
Q-74. During the pa	ast 7 days, how many times did you eat green salad?		
A.	I did not eat green salad during the past 7 days	398	29.68%
B.	1 to 3 times during the past 7 days	576	42.95%
C.	4 to 6 times during the past 7 days	200	14.91%
D.	1 time per day	102	7.61%
E.	2 times per day	36	2.68%
F.	3 times per day	8	0.60%
G.	4 or more times per day	21	1.57%
	TOTALS	1,341	100.00%

A.	I did not eat potatoes during the past 7 days	374	27.91%
B.	1 to 3 times during the past 7 days	558	41.64%
<u>Б.</u> С.	4 to 6 times during the past 7 days	178	13.28%
D.	1 time per day	73	5.45%
E.	2 times per day	37	2.76%
	3 times per day	32	2.39%
G.	4 or more times per day	26	1.94%
	TOTALS	1,340	100.00%
Q-76. During the p	ast 7 days, how many times did you eat carrots?		
Α.	I did not eat carrots during the past 7 days	530	39.88%
В.	1 to 3 times during the past 7 days	410	30.85%
C.	4 to 6 times during the past 7 days	105	7.90%
D.	1 time per day	72	5.42%
E.	2 times per day	40	3.01%
F.	3 times per day	43	3.24%
G.	4 or more times per day	30	2.26%
	TOTALS	1,329	100.00%
Q-77. During the p	ast 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, o	r carrots.)	
A.	I did not eat other vegetables during the past 7 days	329	24.63%
B.	1 to 3 times during the past 7 days	422	31.59%
C.	4 to 6 times during the past 7 days	262	19.61%
D.	1 time per day	160	11.98%
E.	2 times per day	60	4.49%
F.	3 times per day	88	6.59%
G.	4 or more times per day	14	1.05%
	TOTALS	1,336	100.00%
Q-78. During the p diet soda or diet po	ast 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pep	osi, or Sprite? (Do n	ot count
A.	I did not drink soda or pop during the past 7 days	412	30.95%
В.	1 to 3 times during the past 7 days	501	37.64%
C.	4 to 6 times during the past 7 days	239	17.96%
D.	1 time per day	91	6.84%
E.	2 times per day	38	2.85%
F.	3 times per day	23	1.73%
G.	4 or more times per day	27	2.03%
	TOTALS	1,331	100.00%

A.	0 days	434	32.63%
	·		
В.	1 day	120	9.02%
C.	2 days	148	11.13%
D.	3 days	104	7.82%
E.	4 days	97	7.29%
F.	5 days	105	7.89%
G.	6 days	60	4.519
H.	7 days	262	19.70%
	TOTALS	1,330	100.00%
	ast 7 days, on how many days were you physically active for a total of at least 60 minute f physical activity that increased your heart rate and made you breathe hard some of the		ne you
A.	0 days	104	7.81%
В.	1 day	57	4.28%
C.	2 days	84	6.31%
D.	3 days	107	8.03%
E.	4 days	138	10.36%
F.	5 days	286	21.479
G.	6 days	135	10.149
H.	7 days	421	31.61%
	TOTALS	1,332	100.00%
	ge school day, how many hours do you spend in front of a TV, computer, smart phone, o pames, accessing the Internet, or using social media (also called "screen time")? (Do not		
A.	Less than 1 hour per day	67	6.62%
В.	1 hour per day	82	8.10%
C.	2 hours per day	169	16.70%
D.	3 hours per day	238	23.52%
E.	4 hours per day	175	17.29%
F.	5 or more hours per day	281	27.77%
	TOTALS	1,012	100.00%
)-82. In an averag	e week when you are in school, on how many days do you go to physical education (PE)	classes?	
A.	0 days	403	39.55%
В.	1 day	25	2.45%
C.	2 days	42	4.129
D.	3 days	46	4.519
E.	4 days	98	9.62%
F.	5 days	405	39.74%
	TOTALS	1,019	100.00%

A.	0 teams	529	39.83%
В.	1 team	284	21.39%
C.	2 teams	243	18.30%
D.	3 or more teams	247	18.60%
	TOTALS	1,328	100.00%
Q-84. During the p	ast 12 months, how many times did you have a concussion from playing a sport or being physi	cally active?	
A.	0 times	878	66.26%
B.	1 time	178	13.43%
C.	2 times	126	9.51%
D.	3 times	96	7.25%
E.	4 or more times	47	3.55%
	TOTALS	1,325	100.00%
Q-85. How often d	o you use social media?		
A.	I do not use social media	111	8.36%
B.	A few times a month	70	5.27%
C.	About once a week	102	7.68%
D.	A few times a week	112	8.43%
E.	About once a day	152	11.45%
F.	Several times a day	399	30.05%
G.	About once an hour	99	7.45%
H.	More than once an hour	283	21.31%
	TOTALS	1,328	100.00%
Q-86. Has a doctor	or nurse ever told you that you have asthma?		
A.	Yes	547	41.13%
В.	No	719	54.06%
C.	Not sure	60	4.51%
	TOTALS	1,330	100.00%
Q-87. Do you still h	nave asthma?		
A.	I have never had asthma	646	48.53%
В.	Yes	285	21.41%
C.	No	267	20.06%
D.	Not sure	115	8.64%
	TOTALS	1,331	100.00%

Q-88. During the p	ast 30 days, how many days of school did you miss because of your asthma?		
A.	I do not have asthma	733	71.72%
B.	0 days	267	26.13%
C.	1 day	8	0.78%
D.	2 days	4	0.39%
E.	3 days	5	0.49%
F.	4 days	2	0.20%
G.	5 or more days	3	0.29%
	TOTALS	1,022	100.00%
Q-89. When was th	e last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?		
A.	During the past 12 months	767	74.83%
B.	Between 12 and 24 months ago	95	9.27%
C.	More than 24 months ago	76	7.41%
D.	Never	13	1.27%
E.	Not sure	74	7.22%
	TOTALS	1,025	100.00%
Q-90. During the p	ast 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, a	and depression	า.)
A.	Never	209	20.47%
B.	Rarely	229	22.43%
C.	Sometimes	302	29.58%
D.	Most of the time	192	18.81%
E.	Always	89	8.72%
	TOTALS	1,021	100.00%
Q-91. On an avera	ge school night, how many hours of sleep do you get?		
A.	4 or less hours	84	8.28%
B.	5 hours	116	11.43%
C.	6 hours	218	21.48%
D.	7 hours	291	28.67%
E.	8 hours	231	22.76%
F.	9 hours	60	5.91%
G.	10 or more hours	15	1.48%
	TOTALS	1,015	100.00%
Q-92. During the p	ast 30 days, where did you usually sleep?		
A.	In my parent's or guardian's home	974	95.02%
В.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	20	1.95%
C.	In a shelter or emergency housing	10	0.98%
D.	In a motel or hotel	5	0.49%
E.	In a car, park, campground, or other public place	2	0.20%
F.	I do not have a usual place to sleep	3	0.29%
G.	Somewhere else	10	0.98%
	TOTALS	1,025	100.00%

A.	Yes	68	6.65%
В.	No	954	93.35%
	TOTALS	1,022	100.00%
Q-94. During the p	ast 12 months, how would you describe your grades in school?		
A.	Mostly A's	469	46.21%
В.	Mostly B's	296	29.16%
C.	Mostly C's	149	14.68%
D.	Mostly D's	37	3.65%
E.	Mostly F's	20	1.97%
F.	None of these grades	4	0.39%
G.	Not sure	40	3.94%
	TOTALS	1,015	100.00%
Q-95. During the poont getting a spi	past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or ay-on tan.)	or tanning booth? (	Do not
A.	0 times	975	95.12%
B.	1 or 2 times	33	3.22%
			3.2270
C.	3 to 9 times	8	
C. D.	3 to 9 times 10 to 19 times	8 4	0.78%
<u> </u>	10 to 19 times	-	0.78% 0.39%
D.	10 to 19 times 20 to 39 times	4	0.78% 0.39% 0.20%
D. E.	10 to 19 times 20 to 39 times	4 2	0.78% 0.39% 0.20% 0.10%
D. E. F.	10 to 19 times 20 to 39 times 40 or more times	1 1,025	0.78% 0.39% 0.20% 0.10% <b>100.00</b> %
D. E. F.	10 to 19 times 20 to 39 times 40 or more times TOTALS	1 1,025	0.78% 0.39% 0.20% 0.10% <b>100.00%</b> chool?
D. E. F. Q-96. During the p	10 to 19 times 20 to 39 times 40 or more times  TOTALS  asst 12 months, did you receive help from a resource teacher, speech therapist or other special educations.	4 2 1 1,025 cation teacher at so	0.78% 0.39% 0.20% 0.10% <b>100.00%</b>

## 2023 NORTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 914 middle school students in North Central Region during February of 2023. Frequency distributions may not total 914 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are y	ou?		
A.	10 years old or younger	2	0.22%
B.	11 years old	2	0.22%
C.	12 years old	146	16.04%
D.	13 years old	447	49.12%
E.	14 years old	299	32.86%
F.	15 years old	14	1.54%
G.	16 years old or older	0	0.00%
	TOTALS	910	100.00%
Q-2. What is your	sex?		
A.	Female	447	49.17%
B.	Male	462	50.83%
	TOTALS	909	100.00%
Q-3. In what grade	e are you?		
A.	7th grade	418	46.44%
B.	8th grade	482	53.56%
	TOTALS	900	100.00%
Q-4. Are you Hispa	nic or Latino?		
A.	Yes	77	8.71%
B.	No	807	91.29%
	TOTALS	884	100.00%
Q-5. What is your	race?		
A.	American Indian or Alaskan Native	264	26.97%
B.	Asian	34	3.47%
C.	Black or African American	32	3.27%
D.	Native Hawaiian or Other Pacific Islander	20	2.04%
E.	White	629	64.25%
	TOTALS	979	100.00%
Q-6. How often do	you wear a seat belt when riding in a car driven by someone else?		
A.	Never	33	3.63%
В.	Rarely	55	6.06%
C.	Sometimes	105	11.56%
D.	Most of the time	332	36.56%
E.	Always	383	42.18%
	TOTALS	908	100.00%

A.	0 times	695	77.39%
В.	1 time	65	7.24%
C.	2 or 3 times	66	7.35%
D.	4 or 5 times	18	2.00%
E.	6 or more times	54	6.01%
	TOTALS	898	100.00%
Q-8. How often do	you wear a seat belt when driving a car?		
A.	I do not drive a car	585	65.44%
B.	Never	23	2.57%
C.	Rarely	44	4.92%
D.	Sometimes	60	6.71%
E.	Most of the time	56	6.26%
F.	Always	126	14.09%
	TOTALS	894	100.00%
Q-9. During the pa	st 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school p	property?	
A.	0 days	850	93.20%
B.	1 day	23	2.52%
C.	2 or 3 days	15	1.64%
D.	4 or 5 days	2	0.22%
E.	6 or more days	22	2.41%
	TOTALS	912	100.00%
Q-10. During the p sport, such as targ	ast 12 months, on how many days did you carry a gun? (Do not count the days when you carriet shooting.)	ed a gun only for hunti	ng or for a
A.	0 days	839	92.10%
B.	1 day	24	2.63%
C.	2 or 3 days	18	1.98%
D.	4 or 5 days	6	0.66%
E.	6 or more days	24	2.63%
	TOTALS	911	100.00%
Q-11. During the p from school?	ast 30 days, on how many days did you not go to school because you felt you would be unsafe	at school or on your w	ay to or
A.	0 days	772	84.74%
В.	1 day	71	7.79%
C.	2 or 3 days	30	3.29%
D.	4 or 5 days	15	1.65%
E.	6 or more days	23	2.52%
	TOTALS	911	100.00%

A.	0 times	829	90.80%
В.	1 time	43	4.71%
C.	2 or 3 times	27	2.96%
D.	4 or 5 times	3	0.33%
E.	6 or 7 times	2	0.22%
F.	8 or 9 times	1	0.11%
G.	10 or 11 times	3	0.33%
H.	12 or more times	5	0.55%
	TOTALS	913	100.00%
-13. During the p	ast 12 months, how many times were you in a physical fight?		
A.	0 times	631	69.34%
В.	1 time	130	14.29%
C.	2 or 3 times	88	9.67%
D.	4 or 5 times	23	2.53%
E.	6 or 7 times	14	1.54%
F.	8 or 9 times	4	0.44%
G.	10 or 11 times	6	0.66%
H.	12 or more times	14	1.54%
	TOTALS	910	100.00%
-14. During the p	ast 12 months, how many times were you in a physical fight on school property?		
A.	0 times	786	86.28%
В.	1 time	79	8.67%
C.	2 or 3 times	29	3.18%
D.	4 or 5 times	8	0.88%
E.	6 or 7 times	3	0.33%
F.	8 or 9 times	1	0.11%
G.	10 or 11 times	0	0.00%
H.	12 or more times	5	0.55%
	TOTALS	911	100.00%
-15. Have you ev	er been physically forced to have sexual intercourse when you did not want to?		
A.	Yes	81	8.90%
В.	No	829	91.10%
D.			

	ast 12 months, how many times did anyone force you to do sexual things that your peing physically forced to have sexual intercourse.)	ou did not want to do? (Count such t	hings as
	0 times	824	90.55%
B.	1 time	43	4.73%
C.	2 or 3 times	27	2.97%
D.	4 or 5 times	7	0.77%
E.	6 or more times	9	0.99%
	TOTALS	910	100.00%
	ast 12 months, how many times did someone you were dating or going out with at such things as kissing, touching, or being physically forced to have sexual inter		u did not
A.	I did not date or go out with anyone during the past 12 months	471	51.99%
B.	0 times	396	43.71%
C.	1 time	20	2.21%
D.	2 or 3 times	11	1.21%
E.	4 or 5 times	2	0.22%
F.	6 or more times	6	0.66%
	TOTALS	906	100.00%
	ast 12 months, how many times did someone you were dating or going out with slammed into something, or injured with an object or weapon.)	physically hurt you on purpose? (Co	unt such
A.	I did not date or go out with anyone during the past 12 months	470	51.48%
B.	0 times	414	45.35%
C.	1 time	9	0.99%
D.	2 or 3 times	10	1.10%
E.	4 or 5 times	2	0.22%
F.	6 or more times	8	0.88%
	TOTALS	913	100.00%
Q-19. During your	life, how often have you felt that you were treated badly or unfairly in school be	cause of your race or ethnicity?	
A.	Never	585	64.36%
B.	Rarely	158	17.38%
C.	Sometimes	102	11.22%
D.	Most of the time	38	4.18%
E.	Always	26	2.86%
	TOTALS	909	100.00%
Q-20. During the p	ast 12 months, have you ever been bullied on school property?		
A.	Yes	325	35.79%
В.	No	583	64.21%
	TOTALS	908	100.00%
Q-21. During the p social media.)	ast 12 months, have you ever been electronically bullied? (Count being bullied th	nrough texting, Instagram, Facebook,	or other
A.	Yes	198	21.71%
B.	No	714	78.29%
	TOTALS	912	100.00%

A.	Yes	208	22.81%
	No	704	77.19%
	TOTALS	912	100.00%
Q-23. During the p some usual activition	ast 12 months, did you ever feel so sad or hopeless almost every day for twes?	wo weeks or more in a row that you stoppe	
A.	Yes	337	37.49%
B.	No	562	62.51%
	TOTALS	899	100.00%
Q-24. During the p	ast 12 months, did you ever seriously consider attempting suicide?		
A.	Yes	215	23.63%
B.	No	695	76.37%
	TOTALS	910	100.00%
Q-25. During the p	ast 12 months, did you make a plan about how you would attempt suicide?	?	
A.	Yes	207	22.80%
В.	No	701	77.20%
	TOTALS	908	100.00%
Q-26. During the p	ast 12 months, how many times did you actually attempt suicide?		
A.	0 times	747	82.82%
B.	1 time	101	11.20%
C.	2 or 3 times	35	3.88%
D.	4 or 5 times	9	1.00%
E.	6 or more times	10	1.11%
	TOTALS	902	100.00%
Q-27. If you attem doctor or nurse?	pted suicide during the past 12 months, did any attempt result in an injury,	, poisoning, or overdose that had to be trea	ated by a
A.	I did not attempt suicide during the past 12 months	721	79.41%
B.	Yes	53	5.84%
C.	No	134	14.76%
	TOTALS	908	100.00%
Q-28. Have you ev	er tried cigarette smoking, even one or two puffs?		
A.	Yes	167	18.35%
B.	No	743	81.65%
	TOTALS	910	100.00%
Q-29. How old wer	e you when you first tried cigarette smoking, even one or two puffs?		
A.	I have never tried cigarette smoking, not even one or two puffs	738	81.37%
B.	8 years old or younger	42	4.63%
C.	9 or 10 years old	34	3.75%
D.	11 or 12 years old	57	6.28%
E.	13 or 14 years old	34	3.75%
	15 years old or older	2	0.22%
	TOTALS	907	100.00%

Λ	0 days	860	94.19%
A.	1 or 2 days	24	2.63%
B.	3 to 5 days	7	0.77%
C.	•	5	0.777
D.	6 to 9 days		0.557
E.	10 to 19 days	9	
F.	20 to 29 days	2	0.229
G.	All 30 days	6	0.66%
O 21 During the n	TOTALS ast 30 days, on the days you smoked, how many cigarettes did you smoke per day?	913	100.00%
		050	22.222
A.	I did not smoke cigarettes during the past 30 days	858	93.98%
В.	Less than 1 cigarette per day	20	2.19%
C.	1 cigarette per day	15	1.649
D.	2 to 5 cigarettes per day	13	1.429
E.	6 to 10 cigarettes per day	2	0.22%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	5	0.55%
	TOTALS	913	100.00%
Q-32. Have you ev	er used an electronic vapor product?		
A.	Yes	249	27.48%
B.	No	657	72.52%
	TOTALS	906	100.00%
Q-33. During the p	ast 30 days, on how many days did you use an electronic vapor product?		
A.	0 days	763	83.66%
B.	1 or 2 days	62	6.80%
C.	3 to 5 days	22	2.419
D.	6 to 9 days	10	1.10%
	10 to 19 days	17	1.86%
E.		1/	
		17 12	
F.	20 to 29 days	12	1.329
F.		12 26	1.329 2.859
F. G.	20 to 29 days All 30 days	12	1.32% 2.85% <b>100.00%</b>
F. G. Q-34. During the p	20 to 29 days  All 30 days  TOTALS  ast 30 days, on how many days did you use an electronic vapor product on school property?	12 26 <b>912</b>	1.32% 2.85% <b>100.00</b> %
F. G. Q-34. During the p A.	20 to 29 days  All 30 days  TOTALS  ast 30 days, on how many days did you use an electronic vapor product on school property?  0 days	12 26 <b>912</b> 848	1.329 2.859 <b>100.00%</b> 93.089
F. G. Q-34. During the p A. B.	20 to 29 days  All 30 days  TOTALS  ast 30 days, on how many days did you use an electronic vapor product on school property?  0 days  1 or 2 days	12 26 <b>912</b> 848 33	1.329 2.859 <b>100.00%</b> 93.089 3.629
F. G. Q-34. During the p A. B. C.	20 to 29 days  All 30 days  TOTALS  ast 30 days, on how many days did you use an electronic vapor product on school property?  0 days  1 or 2 days  3 to 5 days	12 26 <b>912</b> 848 33 2	1.329 2.859 <b>100.00%</b> 93.089 3.629 0.229
F. G. Q-34. During the p A. B. C. D.	20 to 29 days  All 30 days  TOTALS  ast 30 days, on how many days did you use an electronic vapor product on school property?  0 days  1 or 2 days  3 to 5 days  6 to 9 days	12 26 <b>912</b> 848 33 2	1.329 2.859 <b>100.00%</b> 93.089 3.629 0.229
F. G. Q-34. During the p A. B. C. D.	20 to 29 days  All 30 days  TOTALS  ast 30 days, on how many days did you use an electronic vapor product on school property?  0 days  1 or 2 days  3 to 5 days  6 to 9 days  10 to 19 days	12 26 <b>912</b> 848 33 2 9	1.329 2.859 100.009 93.089 3.629 0.229 0.999 0.449
F. G. Q-34. During the p A. B. C. D. E.	20 to 29 days  All 30 days  TOTALS  ast 30 days, on how many days did you use an electronic vapor product on school property?  0 days  1 or 2 days  3 to 5 days  6 to 9 days	12 26 <b>912</b> 848 33 2	1.329 2.859

Q-35. During the pa	ast 30 days, how did you usually get your own electronic vapor products? (Select only one response.)		
A.	I did not use any electronic vapor products during the past 30 days	770	85.46%
B.	I got or bought them from a friend, family member, or someone else	93	10.32%
C.	I bought them myself in a vape shop or tobacco shop	4	0.44%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	2	0.22%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.11%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	0	0.00%
G.	I took them from a store or another person	5	0.55%
H.	I got them in some other way	26	2.89%
	TOTALS	901	100.00%
Q-36. During the pa	ast 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)		
A.	I did not use an electronic vapor product during the past 30 days	774	84.96%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	7	0.77%
C.	Chocolate, candy, desserts, or other sweets	10	1.10%
D.	Fruit	69	7.57%
E.	Menthol	18	1.98%
F.	Mint	7	0.77%
G.	Tobacco	5	0.55%
H.	Some other flavor	21	2.31%
	TOTALS	911	100.00%
Q-37. What is the r	main reason you have used electronic vapor products? (Select only one response.)		
A.	I have never used an electronic vapor product	683	75.14%
B.	Friend or family member used them	44	4.84%
C.	To get a high or buzz from nicotine	13	1.43%
D.	I was feeling anxious. stressed, or depressed	69	7.59%
E.	I was curious about them	64	7.04%
F.	They are less harmful than other forms of tobacco	1	0.11%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	8	0.88%
H.	I used them for some other reason	27	2.97%
	TOTALS	909	100.00%
	ast 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco pro ly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)	ducts, such a	S
A.	0 days	882	97.24%
B.	1 or 2 days	14	1.54%
C.	3 to 5 days	3	0.33%
D.	6 to 9 days	1	0.11%
E.	10 to 19 days	3	0.33%
F.	20 to 29 days	0	0.00%
G.	All 30 days	4	0.44%
	TOTALS	907	100.00%

A.	0 days	889	97.48%
B.	1 or 2 days	13	1.43%
С.	3 to 5 days	4	0.44%
D.	6 to 9 days	1	0.11%
D. Е.	10 to 19 days	2	0.22%
	20 to 29 days	0	0.00%
г. G.	All 30 days	3	0.33%
G.	TOTALS	912	100.00%
)-40. During the p	ast 12 months, did you ever try to quit using all tobacco products?	312	100.00 /
	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	744	81.76%
R	Yes	118	12.97%
C.	No	48	5.27%
<u>Ci</u>	TOTALS	910	100.00%
)-41. How old wer	e you when you had your first drink of alcohol other than a few sips?		
Α.	I have never had a drink of alcohol other than a few sips	637	70.39%
В.	8 years old or younger	82	9.06%
C.	9 or 10 years old	69	7.62%
D.	11 or 12 years old	66	7.29%
E.	13 or 14 years old	49	5.419
	15 years old or older	2	0.22%
	TOTALS	905	100.00%
Q-42. During the p	ast 30 days, on how many days did you have at least one drink of alcohol?		
Α.	0 days	799	87.71%
В.	1 or 2 days	67	7.35%
C.	3 to 5 days	23	2.52%
D.	6 to 9 days	12	1.32%
E.	10 to 19 days	7	0.77%
	20 to 29 days	0	0.00%
G.	All 30 days	3	0.33%
	TOTALS	911	100.00%
Q-43. During the p emale) or 5 or mo	ast 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a core drinks of alcohol in a row, that is, within a couple of hours (if you are male)?	ouple of hours (if	you are
A.	0 days	854	93.64%
В.	1 day	25	2.749
C.	2 days	14	1.549
D.	3 to 5 days	9	0.999
E.	6 to 9 days	3	0.339
F.	10 to 19 days	4	0.449
G.	20 or more days	3	0.339
	TOTALS	912	100.00%

Δ.	I did not drink alcohol during the past 30 days	803	88.24%
		2	0.22%
C.	I bought it at a restaurant, bar, or club	2	0.22%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	9	0.99%
F.	Someone gave it to me	36	3.96%
G.	I took it from a store or family member	23	2.53%
H.	I got it some other way	35	3.85%
	TOTALS	910	100.00%
Q-45. During the p	ast 30 days, what type of alcohol did you drink most often? (Select only one response.)		
A.	I did not drink alcohol during the past 30 days	796	87.19%
В.	Beer	30	3.29%
C.	Wine	11	1.20%
D.	Vodka	24	2.63%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	21	2.30%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	27	2.96%
G.	Some other type of alcohol	4	0.44%
	TOTALS	913	100.00%
Q-46. During your	life, how many times have you used marijuana?		
A.	0 times	768	84.40%
B.	1 or 2 times	47	5.16%
C.	3 to 9 times	19	2.09%
D.	10 to 19 times	14	1.54%
E.	20 to 39 times	11	1.21%
F.	40 to 99 times	24	2.64%
G.	100 or more times	27	2.97%
	TOTALS	910	100.00%
Q-47. How old wer	e you when you tried marijuana for the first time?		
A.	I have never tried marijuana	770	84.52%
В.	8 years old or younger	18	1.98%
C.	9 or 10 years old	35	3.84%
D.	11 or 12 years old	44	4.83%
E.	13 or 14 years old	44	4.83%
F.	15 years old or older	0	0.00%
	TOTALS	911	100.00%

	ast 30 days, how many times did you use marijuana?		
A.	0 times	836	91.67%
B.	1 or 2 times	22	2.419
C.	3 to 9 times	17	1.86%
D.	10 to 19 times	15	1.649
E.	20 to 39 times	9	0.999
F.	40 or more times	13	1.439
	TOTALS	912	100.00%
Q-49. During your told you to use it?	life, how many times have you taken prescription pain medicine without a	a doctor's prescription or differently than how	a doctor
A.	0 times	794	87.169
В.	1 or 2 times	59	6.489
C.	3 to 9 times	25	2.749
D.	10 to 19 times	12	1.329
E.	20 to 39 times	7	0.779
F.	40 or more times	14	1.549
	TOTALS	911	100.00%
Q-50. During your	life, how many times have you used any form of cocaine, including powd	er, crack, or freebase?	
A.	0 times	897	98.579
B.	1 or 2 times	6	0.66
C.	3 to 9 times	1	0.119
D.	10 to 19 times	1	0.119
E.	20 to 39 times	0	0.009
F.	40 or more times	5	0.55%
	TOTALS	910	100.00%
Q-51. During your high?	life, how many times have you sniffed glue, breathed the contents of aer	osol spray cans, or inhaled any paints or spra	ys to get
A.	0 times	835	91.66%
В.	1 or 2 times	42	4.619
C.	3 to 9 times	10	1.10
D.	10 to 19 times	9	0.999
E.	20 to 39 times	5	0.559
F.	40 or more times	10	1.109
	TOTALS	911	100.00%
Q-52. During your	life, how many times have you used heroin (also called smack, junk, or C	hina White)?	
A.	0 times	903	99.129
В.	1 or 2 times	4	0.449
C.	3 to 9 times	0	0.009
D.	10 to 19 times	1	0.119
E.	20 to 39 times	0	0.00%
		2	0.220
F.	40 of filore times	3	0.33%

A.	0 times	895	98.68%
В.	1 or 2 times	5	0.55%
C.	3 to 9 times	2	0.22%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.11%
F.	40 or more times	4	0.44%
	TOTALS	907	100.00%
Q-54. During your	life, how many times have you used ecstasy (also called MDMA or Molly)?		
A.	0 times	895	98.35%
B.	1 or 2 times	8	0.88%
C.	3 to 9 times	1	0.11%
D.	10 to 19 times	2	0.22%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.44%
	TOTALS	910	100.00%
Q-55. During your	life, how many times have you used a needle to inject any illegal drug into your body?		
A.	0 times	901	99.12%
B.	1 time	4	0.44%
C.	2 or more times	4	0.44%
	TOTALS	909	100.00%
Q-56. During the p	ast 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A.	Yes	175	19.34%
B.	No	730	80.66%
	TOTALS	905	100.00%
Q-57. Have you ev	er had sexual intercourse?		
A.	Yes	127	13.93%
B.	No	785	86.07%
	TOTALS	912	100.00%
Q-58. How old wer	e you when you had sexual intercourse for the first time?		
A.	I have never had sexual intercourse	806	88.67%
B.	11 years old or younger	43	4.73%
C.	12 years old	15	1.65%
D.	13 years old	29	3.19%
E.	14 years old	15	1.65%
F.	15 years old or older	1	0.11%
	TOTALS	909	100.00%

A.	I have never had sexual intercourse	808	89.08%
В.	1 person	56	6.17%
C.	2 people	24	2.65%
D.	3 people	5	0.55%
E.	4 people	3	0.33%
F.	5 people	3	0.33%
G.	6 or more people	8	0.88%
	TOTALS	907	100.00%
Q-60. During the p	ast 3 months, with how many people did you have sexual intercourse?	'	
A.	I have never had sexual intercourse	813	89.34%
В.	I have had sexual intercourse, but not during the past 3 months	58	6.37%
C.	1 person	27	2.97%
D.	2 people	5	0.55%
E.	3 people	1	0.11%
F.	4 people	1	0.11%
G.	5 people	1	0.11%
H.	6 or more people	4	0.44%
	TOTALS	910	100.00%
Q-61. Did you drinl	alcohol or use drugs before you had sexual intercourse the last time?		
A.	I have never had sexual intercourse	778	85.78%
В.	Yes	32	3.53%
C.	No	97	10.69%
	TOTALS	907	100.00%
Q-62. The last time	you had sexual intercourse, did you or your partner use a condom?		
A.	I have never had sexual intercourse	786	86.85%
В.	Yes	57	6.30%
C.	No	62	6.85%
	TOTALS	905	100.00%
Q-63. How do you	describe your weight?		
A.	Very underweight	43	4.77%
B.	Slightly underweight	138	15.30%
C.	About the right weight	445	49.33%
D.	Slightly overweight	242	26.83%
E.	Very overweight	34	3.77%
	TOTALS	902	100.00%

A.	Lose weight	407	45.07%
	•		13.62%
В.	Gain weight	123	
C.	Stay the same weight	156	17.28%
D.	I am not trying to do anything about my weight	217	24.03%
	TOTALS	903	100.00%
2-65. During the p ounch, Kool-Aid, sp	ast 7 days, how many times did you drink 100% fruit juices such as orange juice, apple ju oorts drinks, or other fruit-flavored drinks.)	lice, or grape juice? (Do not	count
A.	I did not drink 100% fruit juice during the past 7 days	286	31.74%
В.	1 to 3 times during the past 7 days	378	41.95%
C.	4 to 6 times during the past 7 days	124	13.76%
D.	1 time per day	43	4.77%
E.	2 times per day	39	4.33%
F.	3 times per day	14	1.55%
G.	4 or more times per day	17	1.89%
	TOTALS	901	100.00%
)-66. During the p	ast 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A.	I did not eat fruit during the past 7 days	115	12.61%
В.	1 to 3 times during the past 7 days	285	31.25%
C.	4 to 6 times during the past 7 days	234	25.66%
D.	1 time per day	94	10.31%
E.	2 times per day	93	10.20%
F.	3 times per day	44	4.82%
G.	4 or more times per day	47	5.15%
	TOTALS	912	100.00%
)-67. During the p	ast 7 days, how many times did you eat green salad?		
A.	I did not eat green salad during the past 7 days	346	38.11%
B.	1 to 3 times during the past 7 days	370	40.75%
C.	4 to 6 times during the past 7 days	94	10.35%
D.	1 time per day	63	6.94%
E.	2 times per day	18	1.98%
F.	3 times per day	6	0.66%
G.	4 or more times per day	11	1.21%
	TOTALS	908	100.00%

A.	I did not eat potatoes during the past 7 days	375	41.25%
B.	1 to 3 times during the past 7 days	415	45.65%
C.	4 to 6 times during the past 7 days	77	8.47%
D.	1 time per day	29	3.19%
E.	2 times per day	6	0.66%
F.	3 times per day	2	0.22%
G.	4 or more times per day	5	0.55%
	TOTALS	909	100.00%
Q-69. During the p	ast 7 days, how many times did you eat carrots?		
A.	I did not eat carrots during the past 7 days	425	46.60%
В.	1 to 3 times during the past 7 days	335	36.73%
C.	4 to 6 times during the past 7 days	79	8.66%
D.	1 time per day	32	3.51%
E.	2 times per day	18	1.97%
F.	3 times per day	4	0.44%
G.	4 or more times per day	19	2.08%
	TOTALS	912	100.00%
Q-70. During the p	ast 7 days, how many times did you eat other vegetables? (Do not count green salad,	ootatoes, or carrots.)	
A.	I did not eat other vegetables during the past 7 days	205	22.53%
В.	1 to 3 times during the past 7 days	315	34.62%
C.	4 to 6 times during the past 7 days	212	23.30%
D.	1 time per day	75	8.24%
E.	2 times per day	59	6.48%
F.	3 times per day	23	2.53%
G.	4 or more times per day	21	2.31%
	TOTALS	910	100.00%
Q-71. During the p diet soda or diet po	ast 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such a	s Coke, Pepsi, or Sprite? (Do n	ot count
Α.		218	24.06%
В.	1 to 3 times during the past 7 days	422	46.58%
C.	4 to 6 times during the past 7 days	121	13.36%
D.	1 time per day	68	7.51%
E.	2 times per day	40	4.42%
F.	3 times per day	18	1.99%
G.	4 or more times per day	19	2.10%
	TOTALS	906	100.00%

ų-72. Duilig tilė p	ast 7 days, on how many days did you eat breakfast?		
A.	0 days	144	15.86%
В.	1 day	93	10.24%
C.	2 days	87	9.58%
D.	3 days	90	9.91%
E.	4 days	59	6.50%
F.	5 days	80	8.81%
G.	6 days	71	7.82%
H.	7 days	284	31.28%
	TOTALS	908	100.00%
	ast 7 days, on how many days were you physically active for a total of at least 60 m f physical activity that increased your heart rate and made you breathe hard some of		ne you
A.	0 days	86	9.47%
В.	1 day	68	7.49%
C.	2 days	72	7.93%
D.	3 days	96	10.57%
E.	4 days	96	10.57%
F.	5 days	126	13.88%
G.	6 days	89	9.80%
H.	7 days	275	30.29%
	TOTALS	908	100.00%
Q-74. On an averagor videos, playing o	ge school day, how many hours do you spend in front of a TV, computer, smart phogames, accessing the Internet, or using social media (also called "screen time")? (D	one, or other electronic device water o not count time spent doing scho	ching shows olwork.)
A.	Less than 1 hour per day	64	7.06%
В.	1 hour per day	84	9.26%
C.	2 hours per day	170	18.74%
D.	3 hours per day	211	23.26%
E.	4 hours per day	138	15.21%
F.	5 or more hours per day	240	26.46%
	TOTALS	907	100.00%
Q-75. In an averag	e week when you are in school, on how many days do you go to physical education	(PE) classes?	
A.	0 days	116	12.76%
B.	1 day	36	3.96%
C.	2 days	101	11.11%
D.	3 days	215	23.65%
E.	4 days	124	13.64%
F.	5 days	317	34.87%
г.			

A.	0 teams	256	28.10%
В.	1 team	204	22.39%
C.	2 teams	208	22.83%
D.	3 or more teams	243	26.67%
	TOTALS	911	100.00%
Q-77. During the p	ast 12 months, how many times did you have a concussion from playing a sport or l	peing physically active?	
A.	0 times	709	78.08%
B.	1 time	107	11.78%
C.	2 times	40	4.41%
D.	3 times	21	2.31%
E.	4 or more times	31	3.41%
	TOTALS	908	100.00%
Q-78. How often d	o you use social media?		
A.	I do not use social media	177	19.45%
В.	A few times a month	57	6.26%
C.	About once a week	19	2.09%
D.	A few times a week	65	7.14%
E.	About once a day	80	8.79%
F.	Several times a day	225	24.73%
G.	About once an hour	49	5.38%
H.	More than once an hour	238	26.15%
	TOTALS	910	100.00%
Q-79. Has a doctor	or nurse ever told you that you have asthma?		
A.	Yes	188	20.66%
B.	No	609	66.92%
C.	Not sure	113	12.42%
	TOTALS	910	100.00%
Q-80. Do you still h	nave asthma?		
A.	I have never had asthma	532	58.53%
В.	Yes	131	14.41%
C.	No	130	14.30%
D.	Not sure	116	12.76%
	TOTALS	909	100.00%

Q-81. During the p	ast 30 days, how many days of school did you miss because of your asthma?		
A.	I do not have asthma	667	73.06%
В.	0 days	219	23.99%
C.	1 day	12	1.31%
D.	2 days	2	0.22%
E.	3 days	4	0.44%
F.	4 days	1	0.11%
G.	5 or more days	8	0.88%
	TOTALS	913	100.00%
Q-82. When was th	e last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?		
A.	During the past 12 months	672	73.85%
B.	Between 12 and 24 months ago	87	9.56%
C.	More than 24 months ago	35	3.85%
D.	Never	20	2.20%
E.	Not sure	96	10.55%
	TOTALS	910	100.00%
Q-83. During the p	ast 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety,	and depression	า.)
A.	Never	224	24.81%
B.	Rarely	214	23.70%
C.	Sometimes	220	24.36%
D.	Most of the time	167	18.49%
E.	Always	78	8.64%
	TOTALS	903	100.00%
Q-84. On an averag	ge school night, how many hours of sleep do you get?		
A.	4 or less hours	102	11.17%
B.	5 hours	95	10.41%
C.	6 hours	134	14.68%
D.	7 hours	209	22.89%
E.	8 hours	227	24.86%
F.	9 hours	95	10.41%
G.	10 or more hours	51	5.59%
	TOTALS	913	100.00%
Q-85. During the p	ast 30 days, where did you usually sleep?		
A.	In my parent's or guardian's home	848	92.88%
В.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	37	4.05%
C.	In a shelter or emergency housing	5	0.55%
D.	In a motel or hotel	4	0.44%
E.	In a car, park, campground, or other public place	5	0.55%
F.	I do not have a usual place to sleep	7	0.77%
G.	Somewhere else	6	0.66%
	TOTALS	913	100.00%

A.	Yes	61	6.78%
B.	No	839	93.22%
	TOTALS	900	100.00%
2-87. During the p	ast 12 months, how would you describe your grades in school?		
A.	Mostly A's	432	47.32%
В.	Mostly B's	257	28.15%
C.	Mostly C's	106	11.61%
D.	Mostly D's	29	3.18%
E.	Mostly F's	26	2.85%
F.	None of these grades	20	2.19%
G.	Not sure	43	4.71%
	TOTALS	913	100.00%
Q-88. During the p count getting a spr	ast 12 months, how many times did you use an indoor tanning device such as a sunla ay-on tan.)	amp, sunbed, or tanning booth? (	Do not
A.	0 times	870	95.50%
В.	1 or 2 times	21	2.31%
C.	3 to 9 times	8	0.88%
D.	10 to 19 times	6	0.66%
E.	20 to 39 times	2	0.22%
F.	40 or more times	4	0.44%
	TOTALS	911	100.00%
)-89. During the p	ast 12 months, did you receive help from a resource teacher, speech therapist or other	er special education teacher at so	chool?
A.	Yes	179	19.78%
В.	No	726	80.22%
	TOTALS	905	100.00%