

# 2023 NORTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 914 middle school students in North Central Region during February of 2023. Frequency distributions may not total 914 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	2	0.22%
B.	11 years old	2	0.22%
C.	12 years old	146	16.04%
D.	13 years old	447	49.12%
E.	14 years old	299	32.86%
F.	15 years old	14	1.54%
G.	16 years old or older	0	0.00%
	<b>TOTALS</b>	<b>910</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	447	49.17%
B.	Male	462	50.83%
	<b>TOTALS</b>	<b>909</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	418	46.44%
B.	8th grade	482	53.56%
	<b>TOTALS</b>	<b>900</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	77	8.71%
B.	No	807	91.29%
	<b>TOTALS</b>	<b>884</b>	<b>100.00%</b>
Q-5. What is your race?			
A.	American Indian or Alaskan Native	264	26.97%
B.	Asian	34	3.47%
C.	Black or African American	32	3.27%
D.	Native Hawaiian or Other Pacific Islander	20	2.04%
E.	White	629	64.25%
	<b>TOTALS</b>	<b>979</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	33	3.63%
B.	Rarely	55	6.06%
C.	Sometimes	105	11.56%
D.	Most of the time	332	36.56%
E.	Always	383	42.18%
	<b>TOTALS</b>	<b>908</b>	<b>100.00%</b>

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	695	77.39%
B.	1 time	65	7.24%
C.	2 or 3 times	66	7.35%
D.	4 or 5 times	18	2.00%
E.	6 or more times	54	6.01%
<b>TOTALS</b>		<b>898</b>	<b>100.00%</b>

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	585	65.44%
B.	Never	23	2.57%
C.	Rarely	44	4.92%
D.	Sometimes	60	6.71%
E.	Most of the time	56	6.26%
F.	Always	126	14.09%
<b>TOTALS</b>		<b>894</b>	<b>100.00%</b>

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	850	93.20%
B.	1 day	23	2.52%
C.	2 or 3 days	15	1.64%
D.	4 or 5 days	2	0.22%
E.	6 or more days	22	2.41%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	839	92.10%
B.	1 day	24	2.63%
C.	2 or 3 days	18	1.98%
D.	4 or 5 days	6	0.66%
E.	6 or more days	24	2.63%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	772	84.74%
B.	1 day	71	7.79%
C.	2 or 3 days	30	3.29%
D.	4 or 5 days	15	1.65%
E.	6 or more days	23	2.52%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	829	90.80%
B.	1 time	43	4.71%
C.	2 or 3 times	27	2.96%
D.	4 or 5 times	3	0.33%
E.	6 or 7 times	2	0.22%
F.	8 or 9 times	1	0.11%
G.	10 or 11 times	3	0.33%
H.	12 or more times	5	0.55%
<b>TOTALS</b>		<b>913</b>	<b>100.00%</b>

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	631	69.34%
B.	1 time	130	14.29%
C.	2 or 3 times	88	9.67%
D.	4 or 5 times	23	2.53%
E.	6 or 7 times	14	1.54%
F.	8 or 9 times	4	0.44%
G.	10 or 11 times	6	0.66%
H.	12 or more times	14	1.54%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	786	86.28%
B.	1 time	79	8.67%
C.	2 or 3 times	29	3.18%
D.	4 or 5 times	8	0.88%
E.	6 or 7 times	3	0.33%
F.	8 or 9 times	1	0.11%
G.	10 or 11 times	0	0.00%
H.	12 or more times	5	0.55%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	81	8.90%
B.	No	829	91.10%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	824	90.55%
B.	1 time	43	4.73%
C.	2 or 3 times	27	2.97%
D.	4 or 5 times	7	0.77%
E.	6 or more times	9	0.99%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	471	51.99%
B.	0 times	396	43.71%
C.	1 time	20	2.21%
D.	2 or 3 times	11	1.21%
E.	4 or 5 times	2	0.22%
F.	6 or more times	6	0.66%
<b>TOTALS</b>		<b>906</b>	<b>100.00%</b>

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	470	51.48%
B.	0 times	414	45.35%
C.	1 time	9	0.99%
D.	2 or 3 times	10	1.10%
E.	4 or 5 times	2	0.22%
F.	6 or more times	8	0.88%
<b>TOTALS</b>		<b>913</b>	<b>100.00%</b>

Q-19. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?

A.	Never	585	64.36%
B.	Rarely	158	17.38%
C.	Sometimes	102	11.22%
D.	Most of the time	38	4.18%
E.	Always	26	2.86%
<b>TOTALS</b>		<b>909</b>	<b>100.00%</b>

Q-20. During the past 12 months, have you ever been bullied on school property?

A.	Yes	325	35.79%
B.	No	583	64.21%
<b>TOTALS</b>		<b>908</b>	<b>100.00%</b>

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	198	21.71%
B.	No	714	78.29%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	208	22.81%
B.	No	704	77.19%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>
Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	337	37.49%
B.	No	562	62.51%
<b>TOTALS</b>		<b>899</b>	<b>100.00%</b>
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	215	23.63%
B.	No	695	76.37%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	207	22.80%
B.	No	701	77.20%
<b>TOTALS</b>		<b>908</b>	<b>100.00%</b>
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	747	82.82%
B.	1 time	101	11.20%
C.	2 or 3 times	35	3.88%
D.	4 or 5 times	9	1.00%
E.	6 or more times	10	1.11%
<b>TOTALS</b>		<b>902</b>	<b>100.00%</b>
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	721	79.41%
B.	Yes	53	5.84%
C.	No	134	14.76%
<b>TOTALS</b>		<b>908</b>	<b>100.00%</b>
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	167	18.35%
B.	No	743	81.65%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	738	81.37%
B.	8 years old or younger	42	4.63%
C.	9 or 10 years old	34	3.75%
D.	11 or 12 years old	57	6.28%
E.	13 or 14 years old	34	3.75%
F.	15 years old or older	2	0.22%
<b>TOTALS</b>		<b>907</b>	<b>100.00%</b>

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	860	94.19%
B.	1 or 2 days	24	2.63%
C.	3 to 5 days	7	0.77%
D.	6 to 9 days	5	0.55%
E.	10 to 19 days	9	0.99%
F.	20 to 29 days	2	0.22%
G.	All 30 days	6	0.66%
<b>TOTALS</b>		<b>913</b>	<b>100.00%</b>
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	858	93.98%
B.	Less than 1 cigarette per day	20	2.19%
C.	1 cigarette per day	15	1.64%
D.	2 to 5 cigarettes per day	13	1.42%
E.	6 to 10 cigarettes per day	2	0.22%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	5	0.55%
<b>TOTALS</b>		<b>913</b>	<b>100.00%</b>
Q-32. Have you ever used an electronic vapor product?			
A.	Yes	249	27.48%
B.	No	657	72.52%
<b>TOTALS</b>		<b>906</b>	<b>100.00%</b>
Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	763	83.66%
B.	1 or 2 days	62	6.80%
C.	3 to 5 days	22	2.41%
D.	6 to 9 days	10	1.10%
E.	10 to 19 days	17	1.86%
F.	20 to 29 days	12	1.32%
G.	All 30 days	26	2.85%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>
Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	848	93.08%
B.	1 or 2 days	33	3.62%
C.	3 to 5 days	2	0.22%
D.	6 to 9 days	9	0.99%
E.	10 to 19 days	4	0.44%
F.	20 to 29 days	4	0.44%
G.	All 30 days	11	1.21%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	770	85.46%
B.	I got or bought them from a friend, family member, or someone else	93	10.32%
C.	I bought them myself in a vape shop or tobacco shop	4	0.44%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	2	0.22%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.11%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	0	0.00%
G.	I took them from a store or another person	5	0.55%
H.	I got them in some other way	26	2.89%
<b>TOTALS</b>		<b>901</b>	<b>100.00%</b>

Q-36. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	774	84.96%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	7	0.77%
C.	Chocolate, candy, desserts, or other sweets	10	1.10%
D.	Fruit	69	7.57%
E.	Menthol	18	1.98%
F.	Mint	7	0.77%
G.	Tobacco	5	0.55%
H.	Some other flavor	21	2.31%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-37. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	683	75.14%
B.	Friend or family member used them	44	4.84%
C.	To get a high or buzz from nicotine	13	1.43%
D.	I was feeling anxious, stressed, or depressed	69	7.59%
E.	I was curious about them	64	7.04%
F.	They are less harmful than other forms of tobacco	1	0.11%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	8	0.88%
H.	I used them for some other reason	27	2.97%
<b>TOTALS</b>		<b>909</b>	<b>100.00%</b>

Q-38. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	882	97.24%
B.	1 or 2 days	14	1.54%
C.	3 to 5 days	3	0.33%
D.	6 to 9 days	1	0.11%
E.	10 to 19 days	3	0.33%
F.	20 to 29 days	0	0.00%
G.	All 30 days	4	0.44%
<b>TOTALS</b>		<b>907</b>	<b>100.00%</b>

Q-39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	889	97.48%
B.	1 or 2 days	13	1.43%
C.	3 to 5 days	4	0.44%
D.	6 to 9 days	1	0.11%
E.	10 to 19 days	2	0.22%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.33%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>

Q-40. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	744	81.76%
B.	Yes	118	12.97%
C.	No	48	5.27%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>

Q-41. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	637	70.39%
B.	8 years old or younger	82	9.06%
C.	9 or 10 years old	69	7.62%
D.	11 or 12 years old	66	7.29%
E.	13 or 14 years old	49	5.41%
F.	15 years old or older	2	0.22%
<b>TOTALS</b>		<b>905</b>	<b>100.00%</b>

Q-42. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	799	87.71%
B.	1 or 2 days	67	7.35%
C.	3 to 5 days	23	2.52%
D.	6 to 9 days	12	1.32%
E.	10 to 19 days	7	0.77%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.33%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	854	93.64%
B.	1 day	25	2.74%
C.	2 days	14	1.54%
D.	3 to 5 days	9	0.99%
E.	6 to 9 days	3	0.33%
F.	10 to 19 days	4	0.44%
G.	20 or more days	3	0.33%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>



Q-44. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	803	88.24%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2	0.22%
C.	I bought it at a restaurant, bar, or club	2	0.22%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	9	0.99%
F.	Someone gave it to me	36	3.96%
G.	I took it from a store or family member	23	2.53%
H.	I got it some other way	35	3.85%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>

Q-45. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	796	87.19%
B.	Beer	30	3.29%
C.	Wine	11	1.20%
D.	Vodka	24	2.63%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	21	2.30%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	27	2.96%
G.	Some other type of alcohol	4	0.44%
<b>TOTALS</b>		<b>913</b>	<b>100.00%</b>

Q-46. During your life, how many times have you used marijuana?			
A.	0 times	768	84.40%
B.	1 or 2 times	47	5.16%
C.	3 to 9 times	19	2.09%
D.	10 to 19 times	14	1.54%
E.	20 to 39 times	11	1.21%
F.	40 to 99 times	24	2.64%
G.	100 or more times	27	2.97%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>

Q-47. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	770	84.52%
B.	8 years old or younger	18	1.98%
C.	9 or 10 years old	35	3.84%
D.	11 or 12 years old	44	4.83%
E.	13 or 14 years old	44	4.83%
F.	15 years old or older	0	0.00%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-48. During the past 30 days, how many times did you use marijuana?

A.	0 times	836	91.67%
B.	1 or 2 times	22	2.41%
C.	3 to 9 times	17	1.86%
D.	10 to 19 times	15	1.64%
E.	20 to 39 times	9	0.99%
F.	40 or more times	13	1.43%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>

Q-49. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	794	87.16%
B.	1 or 2 times	59	6.48%
C.	3 to 9 times	25	2.74%
D.	10 to 19 times	12	1.32%
E.	20 to 39 times	7	0.77%
F.	40 or more times	14	1.54%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	897	98.57%
B.	1 or 2 times	6	0.66%
C.	3 to 9 times	1	0.11%
D.	10 to 19 times	1	0.11%
E.	20 to 39 times	0	0.00%
F.	40 or more times	5	0.55%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	835	91.66%
B.	1 or 2 times	42	4.61%
C.	3 to 9 times	10	1.10%
D.	10 to 19 times	9	0.99%
E.	20 to 39 times	5	0.55%
F.	40 or more times	10	1.10%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	903	99.12%
B.	1 or 2 times	4	0.44%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	1	0.11%
E.	20 to 39 times	0	0.00%
F.	40 or more times	3	0.33%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	895	98.68%
B.	1 or 2 times	5	0.55%
C.	3 to 9 times	2	0.22%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.11%
F.	40 or more times	4	0.44%
<b>TOTALS</b>		<b>907</b>	<b>100.00%</b>
Q-54. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	895	98.35%
B.	1 or 2 times	8	0.88%
C.	3 to 9 times	1	0.11%
D.	10 to 19 times	2	0.22%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.44%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	901	99.12%
B.	1 time	4	0.44%
C.	2 or more times	4	0.44%
<b>TOTALS</b>		<b>909</b>	<b>100.00%</b>
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	175	19.34%
B.	No	730	80.66%
<b>TOTALS</b>		<b>905</b>	<b>100.00%</b>
Q-57. Have you ever had sexual intercourse?			
A.	Yes	127	13.93%
B.	No	785	86.07%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>
Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	806	88.67%
B.	11 years old or younger	43	4.73%
C.	12 years old	15	1.65%
D.	13 years old	29	3.19%
E.	14 years old	15	1.65%
F.	15 years old or older	1	0.11%
<b>TOTALS</b>		<b>909</b>	<b>100.00%</b>

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	808	89.08%
B.	1 person	56	6.17%
C.	2 people	24	2.65%
D.	3 people	5	0.55%
E.	4 people	3	0.33%
F.	5 people	3	0.33%
G.	6 or more people	8	0.88%
<b>TOTALS</b>		<b>907</b>	<b>100.00%</b>
Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	813	89.34%
B.	I have had sexual intercourse, but not during the past 3 months	58	6.37%
C.	1 person	27	2.97%
D.	2 people	5	0.55%
E.	3 people	1	0.11%
F.	4 people	1	0.11%
G.	5 people	1	0.11%
H.	6 or more people	4	0.44%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>
Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	778	85.78%
B.	Yes	32	3.53%
C.	No	97	10.69%
<b>TOTALS</b>		<b>907</b>	<b>100.00%</b>
Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	786	86.85%
B.	Yes	57	6.30%
C.	No	62	6.85%
<b>TOTALS</b>		<b>905</b>	<b>100.00%</b>
Q-63. How do you describe your weight?			
A.	Very underweight	43	4.77%
B.	Slightly underweight	138	15.30%
C.	About the right weight	445	49.33%
D.	Slightly overweight	242	26.83%
E.	Very overweight	34	3.77%
<b>TOTALS</b>		<b>902</b>	<b>100.00%</b>

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	407	45.07%
B.	Gain weight	123	13.62%
C.	Stay the same weight	156	17.28%
D.	I am not trying to do anything about my weight	217	24.03%
<b>TOTALS</b>		<b>903</b>	<b>100.00%</b>

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	286	31.74%
B.	1 to 3 times during the past 7 days	378	41.95%
C.	4 to 6 times during the past 7 days	124	13.76%
D.	1 time per day	43	4.77%
E.	2 times per day	39	4.33%
F.	3 times per day	14	1.55%
G.	4 or more times per day	17	1.89%
<b>TOTALS</b>		<b>901</b>	<b>100.00%</b>

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	115	12.61%
B.	1 to 3 times during the past 7 days	285	31.25%
C.	4 to 6 times during the past 7 days	234	25.66%
D.	1 time per day	94	10.31%
E.	2 times per day	93	10.20%
F.	3 times per day	44	4.82%
G.	4 or more times per day	47	5.15%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	346	38.11%
B.	1 to 3 times during the past 7 days	370	40.75%
C.	4 to 6 times during the past 7 days	94	10.35%
D.	1 time per day	63	6.94%
E.	2 times per day	18	1.98%
F.	3 times per day	6	0.66%
G.	4 or more times per day	11	1.21%
<b>TOTALS</b>		<b>908</b>	<b>100.00%</b>

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	375	41.25%
B.	1 to 3 times during the past 7 days	415	45.65%
C.	4 to 6 times during the past 7 days	77	8.47%
D.	1 time per day	29	3.19%
E.	2 times per day	6	0.66%
F.	3 times per day	2	0.22%
G.	4 or more times per day	5	0.55%
<b>TOTALS</b>		<b>909</b>	<b>100.00%</b>

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	425	46.60%
B.	1 to 3 times during the past 7 days	335	36.73%
C.	4 to 6 times during the past 7 days	79	8.66%
D.	1 time per day	32	3.51%
E.	2 times per day	18	1.97%
F.	3 times per day	4	0.44%
G.	4 or more times per day	19	2.08%
<b>TOTALS</b>		<b>912</b>	<b>100.00%</b>

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	205	22.53%
B.	1 to 3 times during the past 7 days	315	34.62%
C.	4 to 6 times during the past 7 days	212	23.30%
D.	1 time per day	75	8.24%
E.	2 times per day	59	6.48%
F.	3 times per day	23	2.53%
G.	4 or more times per day	21	2.31%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	218	24.06%
B.	1 to 3 times during the past 7 days	422	46.58%
C.	4 to 6 times during the past 7 days	121	13.36%
D.	1 time per day	68	7.51%
E.	2 times per day	40	4.42%
F.	3 times per day	18	1.99%
G.	4 or more times per day	19	2.10%
<b>TOTALS</b>		<b>906</b>	<b>100.00%</b>

Q-72. During the past 7 days, on how many days did you eat breakfast?		
A.	0 days	144 15.86%
B.	1 day	93 10.24%
C.	2 days	87 9.58%
D.	3 days	90 9.91%
E.	4 days	59 6.50%
F.	5 days	80 8.81%
G.	6 days	71 7.82%
H.	7 days	284 31.28%
<b>TOTALS</b>		<b>908 100.00%</b>

Q-73. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)		
A.	0 days	86 9.47%
B.	1 day	68 7.49%
C.	2 days	72 7.93%
D.	3 days	96 10.57%
E.	4 days	96 10.57%
F.	5 days	126 13.88%
G.	6 days	89 9.80%
H.	7 days	275 30.29%
<b>TOTALS</b>		<b>908 100.00%</b>

Q-74. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)		
A.	Less than 1 hour per day	64 7.06%
B.	1 hour per day	84 9.26%
C.	2 hours per day	170 18.74%
D.	3 hours per day	211 23.26%
E.	4 hours per day	138 15.21%
F.	5 or more hours per day	240 26.46%
<b>TOTALS</b>		<b>907 100.00%</b>

Q-75. In an average week when you are in school, on how many days do you go to physical education (PE) classes?		
A.	0 days	116 12.76%
B.	1 day	36 3.96%
C.	2 days	101 11.11%
D.	3 days	215 23.65%
E.	4 days	124 13.64%
F.	5 days	317 34.87%
<b>TOTALS</b>		<b>909 100.00%</b>

Q-76. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	256	28.10%
B.	1 team	204	22.39%
C.	2 teams	208	22.83%
D.	3 or more teams	243	26.67%
<b>TOTALS</b>		<b>911</b>	<b>100.00%</b>
Q-77. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	709	78.08%
B.	1 time	107	11.78%
C.	2 times	40	4.41%
D.	3 times	21	2.31%
E.	4 or more times	31	3.41%
<b>TOTALS</b>		<b>908</b>	<b>100.00%</b>
Q-78. How often do you use social media?			
A.	I do not use social media	177	19.45%
B.	A few times a month	57	6.26%
C.	About once a week	19	2.09%
D.	A few times a week	65	7.14%
E.	About once a day	80	8.79%
F.	Several times a day	225	24.73%
G.	About once an hour	49	5.38%
H.	More than once an hour	238	26.15%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>
Q-79. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	188	20.66%
B.	No	609	66.92%
C.	Not sure	113	12.42%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>
Q-80. Do you still have asthma?			
A.	I have never had asthma	532	58.53%
B.	Yes	131	14.41%
C.	No	130	14.30%
D.	Not sure	116	12.76%
<b>TOTALS</b>		<b>909</b>	<b>100.00%</b>



Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	667	73.06%
B.	0 days	219	23.99%
C.	1 day	12	1.31%
D.	2 days	2	0.22%
E.	3 days	4	0.44%
F.	4 days	1	0.11%
G.	5 or more days	8	0.88%
<b>TOTALS</b>		<b>913</b>	<b>100.00%</b>

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	672	73.85%
B.	Between 12 and 24 months ago	87	9.56%
C.	More than 24 months ago	35	3.85%
D.	Never	20	2.20%
E.	Not sure	96	10.55%
<b>TOTALS</b>		<b>910</b>	<b>100.00%</b>

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	224	24.81%
B.	Rarely	214	23.70%
C.	Sometimes	220	24.36%
D.	Most of the time	167	18.49%
E.	Always	78	8.64%
<b>TOTALS</b>		<b>903</b>	<b>100.00%</b>

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	102	11.17%
B.	5 hours	95	10.41%
C.	6 hours	134	14.68%
D.	7 hours	209	22.89%
E.	8 hours	227	24.86%
F.	9 hours	95	10.41%
G.	10 or more hours	51	5.59%
<b>TOTALS</b>		<b>913</b>	<b>100.00%</b>

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	848	92.88%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	37	4.05%
C.	In a shelter or emergency housing	5	0.55%
D.	In a motel or hotel	4	0.44%
E.	In a car, park, campground, or other public place	5	0.55%
F.	I do not have a usual place to sleep	7	0.77%
G.	Somewhere else	6	0.66%
<b>TOTALS</b>		<b>913</b>	<b>100.00%</b>

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	61 6.78%
B.	No	839 93.22%
<b>TOTALS</b>		<b>900 100.00%</b>
Q-87. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	432 47.32%
B.	Mostly B's	257 28.15%
C.	Mostly C's	106 11.61%
D.	Mostly D's	29 3.18%
E.	Mostly F's	26 2.85%
F.	None of these grades	20 2.19%
G.	Not sure	43 4.71%
<b>TOTALS</b>		<b>913 100.00%</b>
Q-88. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	870 95.50%
B.	1 or 2 times	21 2.31%
C.	3 to 9 times	8 0.88%
D.	10 to 19 times	6 0.66%
E.	20 to 39 times	2 0.22%
F.	40 or more times	4 0.44%
<b>TOTALS</b>		<b>911 100.00%</b>
Q-89. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	179 19.78%
B.	No	726 80.22%
<b>TOTALS</b>		<b>905 100.00%</b>