

# 2023 HI LINE REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 424 middle school students in Hi Line Region during February of 2023. Frequency distributions may not total 424 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	2	0.47%
B.	11 years old	3	0.71%
C.	12 years old	58	13.68%
D.	13 years old	183	43.16%
E.	14 years old	167	39.39%
F.	15 years old	11	2.59%
G.	16 years old or older	0	0.00%
	<b>TOTALS</b>	<b>424</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	209	49.53%
B.	Male	213	50.47%
	<b>TOTALS</b>	<b>422</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	167	39.95%
B.	8th grade	251	60.05%
	<b>TOTALS</b>	<b>418</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	35	8.60%
B.	No	372	91.40%
	<b>TOTALS</b>	<b>407</b>	<b>100.00%</b>
Q-5. What is your race?			
A.	American Indian or Alaskan Native	181	37.55%
B.	Asian	17	3.53%
C.	Black or African American	19	3.94%
D.	Native Hawaiian or Other Pacific Islander	16	3.32%
E.	White	249	51.66%
	<b>TOTALS</b>	<b>482</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	8	1.90%
B.	Rarely	40	9.50%
C.	Sometimes	85	20.19%
D.	Most of the time	179	42.52%
E.	Always	109	25.89%
	<b>TOTALS</b>	<b>421</b>	<b>100.00%</b>

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	326	78.74%
B.	1 time	28	6.76%
C.	2 or 3 times	26	6.28%
D.	4 or 5 times	10	2.42%
E.	6 or more times	24	5.80%
<b>TOTALS</b>		<b>414</b>	<b>100.00%</b>

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	228	54.68%
B.	Never	10	2.40%
C.	Rarely	37	8.87%
D.	Sometimes	36	8.63%
E.	Most of the time	40	9.59%
F.	Always	66	15.83%
<b>TOTALS</b>		<b>417</b>	<b>100.00%</b>

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	391	92.65%
B.	1 day	12	2.84%
C.	2 or 3 days	7	1.66%
D.	4 or 5 days	2	0.47%
E.	6 or more days	10	2.37%
<b>TOTALS</b>		<b>422</b>	<b>100.00%</b>

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	377	89.98%
B.	1 day	12	2.86%
C.	2 or 3 days	13	3.10%
D.	4 or 5 days	7	1.67%
E.	6 or more days	10	2.39%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	355	84.32%
B.	1 day	34	8.08%
C.	2 or 3 days	20	4.75%
D.	4 or 5 days	3	0.71%
E.	6 or more days	9	2.14%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	379	89.81%
B.	1 time	20	4.74%
C.	2 or 3 times	10	2.37%
D.	4 or 5 times	5	1.18%
E.	6 or 7 times	3	0.71%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	5	1.18%
<b>TOTALS</b>		<b>422</b>	<b>100.00%</b>

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	306	73.21%
B.	1 time	58	13.88%
C.	2 or 3 times	29	6.94%
D.	4 or 5 times	9	2.15%
E.	6 or 7 times	6	1.44%
F.	8 or 9 times	2	0.48%
G.	10 or 11 times	0	0.00%
H.	12 or more times	8	1.91%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	370	88.94%
B.	1 time	30	7.21%
C.	2 or 3 times	11	2.64%
D.	4 or 5 times	4	0.96%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.24%
<b>TOTALS</b>		<b>416</b>	<b>100.00%</b>

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	42	10.00%
B.	No	378	90.00%
<b>TOTALS</b>		<b>420</b>	<b>100.00%</b>

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	388	92.60%
B.	1 time	16	3.82%
C.	2 or 3 times	7	1.67%
D.	4 or 5 times	3	0.72%
E.	6 or more times	5	1.19%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	233	56.01%
B.	0 times	168	40.38%
C.	1 time	9	2.16%
D.	2 or 3 times	3	0.72%
E.	4 or 5 times	2	0.48%
F.	6 or more times	1	0.24%
<b>TOTALS</b>		<b>416</b>	<b>100.00%</b>

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	231	54.87%
B.	0 times	174	41.33%
C.	1 time	7	1.66%
D.	2 or 3 times	3	0.71%
E.	4 or 5 times	1	0.24%
F.	6 or more times	5	1.19%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-19. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?

A.	Never	277	65.80%
B.	Rarely	76	18.05%
C.	Sometimes	48	11.40%
D.	Most of the time	9	2.14%
E.	Always	11	2.61%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-20. During the past 12 months, have you ever been bullied on school property?

A.	Yes	133	31.97%
B.	No	283	68.03%
<b>TOTALS</b>		<b>416</b>	<b>100.00%</b>

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	81	19.29%
B.	No	339	80.71%
<b>TOTALS</b>		<b>420</b>	<b>100.00%</b>

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?		
A.	Yes	87 20.71%
B.	No	333 79.29%
<b>TOTALS</b>		<b>420 100.00%</b>
Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A.	Yes	151 37.19%
B.	No	255 62.81%
<b>TOTALS</b>		<b>406 100.00%</b>
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?		
A.	Yes	102 24.64%
B.	No	312 75.36%
<b>TOTALS</b>		<b>414 100.00%</b>
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A.	Yes	104 25.24%
B.	No	308 74.76%
<b>TOTALS</b>		<b>412 100.00%</b>
Q-26. During the past 12 months, how many times did you actually attempt suicide?		
A.	0 times	332 80.58%
B.	1 time	45 10.92%
C.	2 or 3 times	24 5.83%
D.	4 or 5 times	6 1.46%
E.	6 or more times	5 1.21%
<b>TOTALS</b>		<b>412 100.00%</b>
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A.	I did not attempt suicide during the past 12 months	324 78.45%
B.	Yes	24 5.81%
C.	No	65 15.74%
<b>TOTALS</b>		<b>413 100.00%</b>
Q-28. Have you ever tried cigarette smoking, even one or two puffs?		
A.	Yes	101 24.34%
B.	No	314 75.66%
<b>TOTALS</b>		<b>415 100.00%</b>
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?		
A.	I have never tried cigarette smoking, not even one or two puffs	318 76.81%
B.	8 years old or younger	20 4.83%
C.	9 or 10 years old	22 5.31%
D.	11 or 12 years old	34 8.21%
E.	13 or 14 years old	20 4.83%
F.	15 years old or older	0 0.00%
<b>TOTALS</b>		<b>414 100.00%</b>

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	386	91.69%
B.	1 or 2 days	19	4.51%
C.	3 to 5 days	9	2.14%
D.	6 to 9 days	3	0.71%
E.	10 to 19 days	1	0.24%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.71%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	384	91.43%
B.	Less than 1 cigarette per day	14	3.33%
C.	1 cigarette per day	8	1.90%
D.	2 to 5 cigarettes per day	11	2.62%
E.	6 to 10 cigarettes per day	1	0.24%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	2	0.48%
<b>TOTALS</b>		<b>420</b>	<b>100.00%</b>

Q-32. Have you ever used an electronic vapor product?			
A.	Yes	133	31.97%
B.	No	283	68.03%
<b>TOTALS</b>		<b>416</b>	<b>100.00%</b>

Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	339	80.52%
B.	1 or 2 days	28	6.65%
C.	3 to 5 days	20	4.75%
D.	6 to 9 days	3	0.71%
E.	10 to 19 days	15	3.56%
F.	20 to 29 days	6	1.43%
G.	All 30 days	10	2.38%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	375	88.86%
B.	1 or 2 days	18	4.27%
C.	3 to 5 days	8	1.90%
D.	6 to 9 days	7	1.66%
E.	10 to 19 days	6	1.42%
F.	20 to 29 days	3	0.71%
G.	All 30 days	5	1.18%
<b>TOTALS</b>		<b>422</b>	<b>100.00%</b>

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	336	81.55%
B.	I got or bought them from a friend, family member, or someone else	40	9.71%
C.	I bought them myself in a vape shop or tobacco shop	5	1.21%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	0	0.00%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.24%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	4	0.97%
G.	I took them from a store or another person	1	0.24%
H.	I got them in some other way	25	6.07%
<b>TOTALS</b>		<b>412</b>	<b>100.00%</b>

Q-36. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	340	80.76%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	8	1.90%
C.	Chocolate, candy, desserts, or other sweets	6	1.43%
D.	Fruit	47	11.16%
E.	Menthol	6	1.43%
F.	Mint	1	0.24%
G.	Tobacco	1	0.24%
H.	Some other flavor	12	2.85%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-37. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	300	71.26%
B.	Friend or family member used them	24	5.70%
C.	To get a high or buzz from nicotine	12	2.85%
D.	I was feeling anxious, stressed, or depressed	33	7.84%
E.	I was curious about them	34	8.08%
F.	They are less harmful than other forms of tobacco	1	0.24%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	6	1.43%
H.	I used them for some other reason	11	2.61%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-38. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	399	95.00%
B.	1 or 2 days	9	2.14%
C.	3 to 5 days	1	0.24%
D.	6 to 9 days	2	0.48%
E.	10 to 19 days	3	0.71%
F.	20 to 29 days	1	0.24%
G.	All 30 days	5	1.19%
<b>TOTALS</b>		<b>420</b>	<b>100.00%</b>

Q-39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	404 95.96%
B.	1 or 2 days	7 1.66%
C.	3 to 5 days	5 1.19%
D.	6 to 9 days	2 0.48%
E.	10 to 19 days	1 0.24%
F.	20 to 29 days	0 0.00%
G.	All 30 days	2 0.48%
<b>TOTALS</b>		<b>421 100.00%</b>

Q-40. During the past 12 months, did you ever try to quit using all tobacco products?		
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	324 76.96%
B.	Yes	60 14.25%
C.	No	37 8.79%
<b>TOTALS</b>		<b>421 100.00%</b>

Q-41. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	268 64.42%
B.	8 years old or younger	36 8.65%
C.	9 or 10 years old	32 7.69%
D.	11 or 12 years old	47 11.30%
E.	13 or 14 years old	32 7.69%
F.	15 years old or older	1 0.24%
<b>TOTALS</b>		<b>416 100.00%</b>

Q-42. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	361 85.95%
B.	1 or 2 days	36 8.57%
C.	3 to 5 days	11 2.62%
D.	6 to 9 days	7 1.67%
E.	10 to 19 days	2 0.48%
F.	20 to 29 days	0 0.00%
G.	All 30 days	3 0.71%
<b>TOTALS</b>		<b>420 100.00%</b>

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?		
A.	0 days	395 93.60%
B.	1 day	8 1.90%
C.	2 days	10 2.37%
D.	3 to 5 days	5 1.18%
E.	6 to 9 days	3 0.71%
F.	10 to 19 days	0 0.00%
G.	20 or more days	1 0.24%
<b>TOTALS</b>		<b>422 100.00%</b>



Q-44. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	355	84.73%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2	0.48%
C.	I bought it at a restaurant, bar, or club	5	1.19%
D.	I bought it at a public event such as a concert or sporting event	5	1.19%
E.	I gave someone else money to buy it for me	10	2.39%
F.	Someone gave it to me	20	4.77%
G.	I took it from a store or family member	10	2.39%
H.	I got it some other way	12	2.86%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-45. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	363	86.22%
B.	Beer	16	3.80%
C.	Wine	7	1.66%
D.	Vodka	7	1.66%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	14	3.33%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	11	2.61%
G.	Some other type of alcohol	3	0.71%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-46. During your life, how many times have you used marijuana?			
A.	0 times	322	76.85%
B.	1 or 2 times	30	7.16%
C.	3 to 9 times	18	4.30%
D.	10 to 19 times	9	2.15%
E.	20 to 39 times	8	1.91%
F.	40 to 99 times	10	2.39%
G.	100 or more times	22	5.25%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-47. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	319	76.87%
B.	8 years old or younger	12	2.89%
C.	9 or 10 years old	18	4.34%
D.	11 or 12 years old	37	8.92%
E.	13 or 14 years old	27	6.51%
F.	15 years old or older	2	0.48%
<b>TOTALS</b>		<b>415</b>	<b>100.00%</b>

Q-48. During the past 30 days, how many times did you use marijuana?

A.	0 times	356	84.76%
B.	1 or 2 times	22	5.24%
C.	3 to 9 times	14	3.33%
D.	10 to 19 times	10	2.38%
E.	20 to 39 times	6	1.43%
F.	40 or more times	12	2.86%
<b>TOTALS</b>		<b>420</b>	<b>100.00%</b>

Q-49. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	368	87.83%
B.	1 or 2 times	26	6.21%
C.	3 to 9 times	7	1.67%
D.	10 to 19 times	8	1.91%
E.	20 to 39 times	4	0.95%
F.	40 or more times	6	1.43%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	402	96.40%
B.	1 or 2 times	6	1.44%
C.	3 to 9 times	4	0.96%
D.	10 to 19 times	2	0.48%
E.	20 to 39 times	3	0.72%
F.	40 or more times	0	0.00%
<b>TOTALS</b>		<b>417</b>	<b>100.00%</b>

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	373	88.81%
B.	1 or 2 times	23	5.48%
C.	3 to 9 times	10	2.38%
D.	10 to 19 times	11	2.62%
E.	20 to 39 times	1	0.24%
F.	40 or more times	2	0.48%
<b>TOTALS</b>		<b>420</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	404	96.19%
B.	1 or 2 times	7	1.67%
C.	3 to 9 times	4	0.95%
D.	10 to 19 times	2	0.48%
E.	20 to 39 times	1	0.24%
F.	40 or more times	2	0.48%
<b>TOTALS</b>		<b>420</b>	<b>100.00%</b>

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	401	96.39%
B.	1 or 2 times	10	2.40%
C.	3 to 9 times	1	0.24%
D.	10 to 19 times	3	0.72%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.24%
<b>TOTALS</b>		<b>416</b>	<b>100.00%</b>
Q-54. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	407	97.14%
B.	1 or 2 times	3	0.72%
C.	3 to 9 times	3	0.72%
D.	10 to 19 times	2	0.48%
E.	20 to 39 times	3	0.72%
F.	40 or more times	1	0.24%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	403	96.18%
B.	1 time	8	1.91%
C.	2 or more times	8	1.91%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	89	21.45%
B.	No	326	78.55%
<b>TOTALS</b>		<b>415</b>	<b>100.00%</b>
Q-57. Have you ever had sexual intercourse?			
A.	Yes	58	13.88%
B.	No	360	86.12%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>
Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	363	86.63%
B.	11 years old or younger	18	4.30%
C.	12 years old	12	2.86%
D.	13 years old	13	3.10%
E.	14 years old	10	2.39%
F.	15 years old or older	3	0.72%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	370	88.52%
B.	1 person	24	5.74%
C.	2 people	9	2.15%
D.	3 people	9	2.15%
E.	4 people	1	0.24%
F.	5 people	0	0.00%
G.	6 or more people	5	1.20%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	371	88.76%
B.	I have had sexual intercourse, but not during the past 3 months	25	5.98%
C.	1 person	12	2.87%
D.	2 people	4	0.96%
E.	3 people	1	0.24%
F.	4 people	2	0.48%
G.	5 people	0	0.00%
H.	6 or more people	3	0.72%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	355	84.73%
B.	Yes	21	5.01%
C.	No	43	10.26%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	357	86.02%
B.	Yes	27	6.51%
C.	No	31	7.47%
<b>TOTALS</b>		<b>415</b>	<b>100.00%</b>

Q-63. How do you describe your weight?			
A.	Very underweight	27	6.52%
B.	Slightly underweight	53	12.80%
C.	About the right weight	184	44.44%
D.	Slightly overweight	129	31.16%
E.	Very overweight	21	5.07%
<b>TOTALS</b>		<b>414</b>	<b>100.00%</b>

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	210	50.48%
B.	Gain weight	54	12.98%
C.	Stay the same weight	62	14.90%
D.	I am not trying to do anything about my weight	90	21.63%
<b>TOTALS</b>		<b>416</b>	<b>100.00%</b>

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	135	32.85%
B.	1 to 3 times during the past 7 days	174	42.34%
C.	4 to 6 times during the past 7 days	58	14.11%
D.	1 time per day	18	4.38%
E.	2 times per day	7	1.70%
F.	3 times per day	7	1.70%
G.	4 or more times per day	12	2.92%
<b>TOTALS</b>		<b>411</b>	<b>100.00%</b>

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	46	10.93%
B.	1 to 3 times during the past 7 days	143	33.97%
C.	4 to 6 times during the past 7 days	117	27.79%
D.	1 time per day	37	8.79%
E.	2 times per day	35	8.31%
F.	3 times per day	23	5.46%
G.	4 or more times per day	20	4.75%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	197	46.90%
B.	1 to 3 times during the past 7 days	154	36.67%
C.	4 to 6 times during the past 7 days	38	9.05%
D.	1 time per day	19	4.52%
E.	2 times per day	5	1.19%
F.	3 times per day	2	0.48%
G.	4 or more times per day	5	1.19%
<b>TOTALS</b>		<b>420</b>	<b>100.00%</b>

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	166	39.62%
B.	1 to 3 times during the past 7 days	200	47.73%
C.	4 to 6 times during the past 7 days	32	7.64%
D.	1 time per day	13	3.10%
E.	2 times per day	3	0.72%
F.	3 times per day	4	0.95%
G.	4 or more times per day	1	0.24%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	225	53.44%
B.	1 to 3 times during the past 7 days	139	33.02%
C.	4 to 6 times during the past 7 days	33	7.84%
D.	1 time per day	13	3.09%
E.	2 times per day	5	1.19%
F.	3 times per day	2	0.48%
G.	4 or more times per day	4	0.95%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	78	18.53%
B.	1 to 3 times during the past 7 days	189	44.89%
C.	4 to 6 times during the past 7 days	87	20.67%
D.	1 time per day	31	7.36%
E.	2 times per day	24	5.70%
F.	3 times per day	7	1.66%
G.	4 or more times per day	5	1.19%
<b>TOTALS</b>		<b>421</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	103	24.64%
B.	1 to 3 times during the past 7 days	174	41.63%
C.	4 to 6 times during the past 7 days	82	19.62%
D.	1 time per day	20	4.78%
E.	2 times per day	19	4.55%
F.	3 times per day	9	2.15%
G.	4 or more times per day	11	2.63%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>

Q-72. During the past 7 days, on how many days did you eat breakfast?		
A.	0 days	83 19.71%
B.	1 day	34 8.08%
C.	2 days	44 10.45%
D.	3 days	47 11.16%
E.	4 days	32 7.60%
F.	5 days	38 9.03%
G.	6 days	22 5.23%
H.	7 days	121 28.74%
<b>TOTALS</b>		<b>421 100.00%</b>

Q-73. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)		
A.	0 days	52 12.41%
B.	1 day	27 6.44%
C.	2 days	37 8.83%
D.	3 days	49 11.69%
E.	4 days	45 10.74%
F.	5 days	63 15.04%
G.	6 days	32 7.64%
H.	7 days	114 27.21%
<b>TOTALS</b>		<b>419 100.00%</b>

Q-74. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)		
A.	Less than 1 hour per day	62 14.73%
B.	1 hour per day	48 11.40%
C.	2 hours per day	64 15.20%
D.	3 hours per day	81 19.24%
E.	4 hours per day	70 16.63%
F.	5 or more hours per day	96 22.80%
<b>TOTALS</b>		<b>421 100.00%</b>

Q-75. In an average week when you are in school, on how many days do you go to physical education (PE) classes?		
A.	0 days	116 27.55%
B.	1 day	17 4.04%
C.	2 days	55 13.06%
D.	3 days	35 8.31%
E.	4 days	30 7.13%
F.	5 days	168 39.90%
<b>TOTALS</b>		<b>421 100.00%</b>

Q-76. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	122	29.26%
B.	1 team	73	17.51%
C.	2 teams	85	20.38%
D.	3 or more teams	137	32.85%
<b>TOTALS</b>		<b>417</b>	<b>100.00%</b>
Q-77. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	327	78.23%
B.	1 time	50	11.96%
C.	2 times	16	3.83%
D.	3 times	9	2.15%
E.	4 or more times	16	3.83%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>
Q-78. How often do you use social media?			
A.	I do not use social media	83	19.67%
B.	A few times a month	23	5.45%
C.	About once a week	6	1.42%
D.	A few times a week	25	5.92%
E.	About once a day	37	8.77%
F.	Several times a day	120	28.44%
G.	About once an hour	22	5.21%
H.	More than once an hour	106	25.12%
<b>TOTALS</b>		<b>422</b>	<b>100.00%</b>
Q-79. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	101	23.88%
B.	No	274	64.78%
C.	Not sure	48	11.35%
<b>TOTALS</b>		<b>423</b>	<b>100.00%</b>
Q-80. Do you still have asthma?			
A.	I have never had asthma	234	55.98%
B.	Yes	63	15.07%
C.	No	64	15.31%
D.	Not sure	57	13.64%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>



Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	301	72.01%
B.	0 days	93	22.25%
C.	1 day	11	2.63%
D.	2 days	9	2.15%
E.	3 days	3	0.72%
F.	4 days	0	0.00%
G.	5 or more days	1	0.24%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	307	72.58%
B.	Between 12 and 24 months ago	45	10.64%
C.	More than 24 months ago	18	4.26%
D.	Never	7	1.65%
E.	Not sure	46	10.87%
<b>TOTALS</b>		<b>423</b>	<b>100.00%</b>

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	110	26.32%
B.	Rarely	96	22.97%
C.	Sometimes	107	25.60%
D.	Most of the time	71	16.99%
E.	Always	34	8.13%
<b>TOTALS</b>		<b>418</b>	<b>100.00%</b>

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	41	9.79%
B.	5 hours	41	9.79%
C.	6 hours	61	14.56%
D.	7 hours	105	25.06%
E.	8 hours	97	23.15%
F.	9 hours	55	13.13%
G.	10 or more hours	19	4.53%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	380	90.69%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	18	4.30%
C.	In a shelter or emergency housing	5	1.19%
D.	In a motel or hotel	6	1.43%
E.	In a car, park, campground, or other public place	3	0.72%
F.	I do not have a usual place to sleep	2	0.48%
G.	Somewhere else	3	0.72%
<b>TOTALS</b>		<b>419</b>	<b>100.00%</b>

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	30 7.21%
B.	No	386 92.79%
<b>TOTALS</b>		<b>416 100.00%</b>
Q-87. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	164 39.52%
B.	Mostly B's	127 30.60%
C.	Mostly C's	63 15.18%
D.	Mostly D's	10 2.41%
E.	Mostly F's	19 4.58%
F.	None of these grades	4 0.96%
G.	Not sure	28 6.75%
<b>TOTALS</b>		<b>415 100.00%</b>
Q-88. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	384 92.31%
B.	1 or 2 times	15 3.61%
C.	3 to 9 times	6 1.44%
D.	10 to 19 times	4 0.96%
E.	20 to 39 times	2 0.48%
F.	40 or more times	5 1.20%
<b>TOTALS</b>		<b>416 100.00%</b>
Q-89. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	96 23.24%
B.	No	317 76.76%
<b>TOTALS</b>		<b>413 100.00%</b>