2023 4 RIVERS REGION YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL FREQUENCY DISTRIBUTIONS
The following frequency distributions are based upon surveys with 1,736 high school students in 4 Rivers Region during February of 2023. Frequency distributions may not total 1,736 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are	you?		
ļ.	12 years old or younger	6	0.35%
E	13 years old	4	0.23%
(14 years old	183	10.56%
	15 years old	469	27.06%
E	16 years old	500	28.85%
F	17 years old	357	20.60%
	18 years old or older	214	12.35%
	TOTALS	1,733	100.00%
Q-2. What is you	sex?		
Į.	Female	833	48.26%
E	Male	893	51.74%
	TOTALS	1,726	100.00%
Q-3. In what gra	le are you?		
Į.	9th grade	447	26.09%
E	10th grade	561	32.75%
(11th grade	348	20.32%
	12th grade	351	20.49%
E	Ungraded or other grade	6	0.35%
	TOTALS	1,713	100.00%
Q-4. Are you His	anic or Latino?		
, A	Yes	135	7.82%
E	No	1592	92.18%
	TOTALS	1,727	100.00%
Q-5. What is you	race?		
, A	American Indian or Alaskan Native	100	5.61%
E	Asian	49	2.75%
(Black or African American	39	2.19%
	Native Hawaiian or Other Pacific Islander	21	1.18%
E	White	1573	88.27%
	TOTALS	1,782	100.00%

	TOTALS	1,727	100.00%
F.	Always	950	55.01%
E.	Most of the time	223	12.91%
D.	Sometimes	94	5.44%
C.	Rarely	52	3.01%
В.	Never	44	2.55%
A.	I do not drive a car	364	21.08%
Q-10. How often do	you wear a seat belt when driving a car?		
	TOTALS	1,724	100.00%
	6 or more times	58	3.36%
	4 or 5 times	32	1.86%
	2 or 3 times	109	6.32%
	1 time	98	5.68%
A.	0 times	1427	82.77%
Q-9. During the pa	st 30 days, how many times did you ride in a car or other vehicle driven by someone who had b	een drinking alcohol?	
	TOTALS	1,736	100.00%
	Always	905	52.13%
D.	Most of the time	532	30.659
C.	Sometimes	155	8.939
B.	Rarely	96	5.53%
	Never	48	2.769
Q-8. How often do	you wear a seat belt when riding in a car driven by someone else?		
0.	TOTALS	1,736	100.00%
G.	140 lbs +	948	54.619
F.	130-139 lbs	246	14.179
E.	120-129 lbs	258	14.86%
C.	110-119lbs	137	7.89%
В.	100-109 lbs	78	4.499
A.	Less than 90 lbs 90-99 lbs	50	1.09%
	you weigh without your shoes on?	50	2.000
0.7. Havv mavah da	TOTALS	1,736	100.00%
E.	Over 5ft, 6in	895	51.569
D.	5ft, 1in to 5ft, 6in	684	39.40%
C.	4ft, 7in to 5 ft	122	7.03%
B.	4ft to 4 ft, 6 in	10	0.589
A.	Less than 4 ft	25	1.449

A.	I did not drive a car or other vehicle during the past 30 days	542	31.28%
	0 times	1083	62.49%
C.	1 time	57	3.29%
D.	2 or 3 times	29	1.67%
E.	4 or 5 times	8	0.46%
F.	6 or more times	14	0.81%
	TOTALS	1,733	100.00%
Q-12. During the p	ast 30 days, on how many days did you text or e-mail while driving a car or other veh	icle?	
A.	I did not drive a car or other vehicle during the past 30 days	459	26.52%
В.	0 days	567	32.76%
C.	1 or 2 days	212	12.25%
D.	3 to 5 days	97	5.60%
E.	6 to 9 days	64	3.70%
F.	10 to 19 days	79	4.56%
G.	20 to 29 days	84	4.85%
H.	All 30 days	169	9.76%
	TOTALS	1,731	100.00%
Q-13. During the p while driving a car	ast 30 days, on how many days did you use the Internet or apps on your cell phone (or other vehicle? (Do not count using your cell phone to get driving directions or to de	such as YouTube, Instagram, or etermine your location.)	Facebook)
A.	I did not drive a car or other vehicle during the past 30 days	464	26.95%
В.	0 days	630	36.59%
C.	1 or 2 days	175	10.16%
D.	3 to 5 days	74	4.30%
E.	6 to 9 days	56	3.25%
F.	10 to 19 days	57	3.31%
G.	20 to 29 days	69	4.01%
H.	All 30 days	197	11.44%
	TOTALS	1,722	100.00%
Q-14. During the p	ast 30 days, on how many days did you carry a weapon such as a gun, knife, or club	on school property?	
A.	0 days	1530	88.24%
В.	1 day	32	1.85%
C.	2 or 3 days	39	2.25%
D.	4 or 5 days	22	1.27%
E.	6 or more days	111	6.40%
	TOTALS	1,734	100.00%

H.	12 or more times	12	0.69%
G.	10 or 11 times	4	0.23%
F.	8 or 9 times	2	0.12%
E.	6 or 7 times	16	0.92%
D.	4 or 5 times	37	2.14%
C.	2 or 3 times	109	6.29%
В.	1 time	176	10.16%
A.	0 times	1377	79.46%
)-18. During the pa	ast 12 months, how many times were you in a physical fight?	,	
111	TOTALS	1,735	100.00%
H.	12 or more times	17	0.98%
G.	10 or 11 times	1	0.06%
	8 or 9 times	5	0.29%
E.	6 or 7 times	6	0.35%
D.	4 or 5 times	12	0.69%
C.	2 or 3 times	32	1.84%
A. B.	1 time	71	4.09%
roperty?	ast 12 months, how many times has someone threatened or injured y 0 times	ou with a weapon such as a gun, knire, or club o	on school 91.70%
	TOTALS	1,727	100.00%
E.	6 or more days	18	1.049
D.	4 or 5 days	14	0.819
C.	2 or 3 days	51	2.95%
В.	1 day	68	3.94%
A.	0 days	1576	91.26%
-16. During the pa om school?	ast 30 days, on how many days did you not go to school because you	felt you would be unsafe at school or on your w	ay to or
	TOTALS	1,726	100.00%
E.	6 or more days	61	3.53%
D.	4 or 5 days	11	0.649
C.	2 or 3 days	38	2.20%
В.	1 day	32	1.85%
A.	0 days	1584	91.77%

	TOTALS	1,734	100.00%
F.	6 or more times	18	1.04%
E.	4 or 5 times	12	0.69%
D.	2 or 3 times	28	1.61%
C.	1 time	34	1.96%
B.	0 times	971	56.00%
	I did not date or go out with anyone during the past 12 months	671	38.70%
	ast 12 months, how many times did someone you were dating or going out with physically hurt you on p slammed into something, or injured with an object or weapon.)	urpose? (Co	unt such
	TOTALS	1,725	100.00%
F.	6 or more times	22	1.28%
E.	4 or 5 times	8	0.46%
	2 or 3 times	33	1.91%
C.	1 time	58	3.36%
В.	0 times	917	53.16%
A.	I did not date or go out with anyone during the past 12 months	687	39.83%
	t such things as kissing, touching, or being physically forced to have sexual intercourse.)	inigs that yo	a dia 110t
0-22 During the p	TOTALS ast 12 months, how many times did someone you were dating or going out with force you to do sexual t	1,731	100.00%
E.	6 or more times	20	1.16%
51	4 or 5 times	21	1.21%
_	2 or 3 times	63	3.64%
	1 time	122	7.05%
	0 times	1505	86.94%
kissing, touching, o	ast 12 months, how many times did anyone force you to do sexual things that you did not want to do? or being physically forced to have sexual intercourse.)		
	TOTALS	1,729	100.00%
B.	No	1508	87.22%
A.	Yes	221	12.78%
Q-20. Have you eve	er been physically forced to have sexual intercourse when you did not want to?		
	TOTALS	1,724	100.00%
H.	12 or more times	7	0.41%
G.	10 or 11 times	1	0.06%
F.	8 or 9 times	2	0.12%
E.	6 or 7 times	1	0.06%
D.	4 or 5 times	8	0.46%
C.	2 or 3 times	31	1.80%
В.	1 time	102	5.92%
A.	0 times	1572	91.18%

B. Q-30. During the p A. B.	ast 12 months, did you make a plan about how you would attempt suicide?	09 17.9 11 82.0 100.00
B. Q-30. During the p A. B.	ast 12 months, did you make a plan about how you would attempt suicide? Yes No 14 TOTALS	09 17.9 11 82.0
B. Q-30. During the p A.	ast 12 months, did you make a plan about how you would attempt suicide? Yes No 14	09 17.9 11 82.0
B. Q-30. During the p A.	ast 12 months, did you make a plan about how you would attempt suicide? Yes 3	09 17.9
B. Q-30. During the p	ast 12 months, did you make a plan about how you would attempt suicide?	
B.		26 100.00
	T = 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	70 TOO.OC
	TOTALS 1,72	100.00
	No 13	
A.	Yes 3	81 22.0
Q-29. During the p	ast 12 months, did you ever seriously consider attempting suicide?	. 100.00
B.	TOTALS 1,70	
A.	Yes 6 No 10	_
some usual activiti		oped doing 28 36.8
	TOTALS 1,72	23 100.00
В.	No 14	47 83.9
A.	Yes 2	76 16.0
Q-27. During the poisexual?	ast 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay,	lesbian, or
	TOTALS 1,72	
B.	No 14	29 82.8
A.	Yes 2	96 17.1
Q-26. During the p social media.)	ast 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebo	ok, or other
	TOTALS 1,73	1 100.00
В.	No 12'	
A.		13 24.1
O-25. During the p	ast 12 months, have you ever been bullied on school property?	12 100.00
E.	Always 1,73	
D.		35 2.0 36 2.0
C.		22 7.0
	,	30 10.3
В.	Never 13	

A.	I did not attempt suicide during the past 12 months	1528	88.68%
B.	Yes	59	3.42%
C.	No	136	7.89%
	TOTALS	1,723	100.00%
Q-33. Have you ev	er tried cigarette smoking, even one or two puffs?		
A.	Yes	419	24.35%
В.	No	1302	75.65%
	TOTALS	1,721	100.00%
Q-34. How old wer	e you when you first tried cigarette smoking, even one or two puffs?		
Α.	I have never tried cigarette smoking, not even one or two puffs	1329	77.13%
В.	8 years old or younger	60	3.48%
C.	9 or 10 years old	31	1.80%
D.	11 or 12 years old	56	3.25%
E.	13 or 14 years old	125	7.25%
	15 or 16 years old	93	5.40%
G.	17 years old or older	29	1.68%
G.	TOTALS	1,723	100.00%
Q-35. During the p	ast 30 days, on how many days did you smoke cigarettes?	, -	
Α.	0 days	1600	92.43%
В.	1 or 2 days	66	3.819
C.	3 to 5 days	23	1.33%
D.	6 to 9 days	7	0.40%
E.	10 to 19 days	11	0.649
	20 to 29 days	8	0.46%
G.	All 30 days	16	0.929
<u> </u>	TOTALS	1,731	100.00%
Q-36. During the p	ast 30 days, on the days you smoked, how many cigarettes did you smoke per day?	,	
A.	I did not smoke cigarettes during the past 30 days	1593	92.40%
В.	Less than 1 cigarette per day	50	2.90%
C.	1 cigarette per day	38	2.20%
D.	2 to 5 cigarettes per day	26	1.519
E.	6 to 10 cigarettes per day	5	0.29%
F.	11 to 20 cigarettes per day	3	0.179
G.	More than 20 cigarettes per day	9	0.529
<u> </u>	TOTALS	1,724	100.00%
Q-37. Have you ev	er used an electronic vapor product?		
Α.	Yes	675	39.50%
В.	No	1034	60.50%
	TOTALS	1,709	100.00%

	ast 30 days, on how many days did you use an electronic vapor product?		
	0 days	1321	76.36%
B.	1 or 2 days	118	6.82%
C.	3 to 5 days	46	2.66%
D.	6 to 9 days	28	1.62%
E.	10 to 19 days	42	2.43%
F.	20 to 29 days	47	2.72%
G.	All 30 days	128	7.40%
	TOTALS	1,730	100.00%
Q-39. During the p	ast 30 days, on how many days did you use an electronic vapor product on school property?		
A.	0 days	1502	87.07%
B.	1 or 2 days	59	3.42%
C.	3 to 5 days	24	1.39%
D.	6 to 9 days	15	0.87%
E.	10 to 19 days	33	1.91%
F.	20 to 29 days	24	1.39%
G.	All 30 days	68	3.94%
	TOTALS	1,725	100.00%
Q-40. During the p	ast 30 days, how did you usually get your own electronic vapor products? (Select only one response.)		
A.	I did not use any electronic vapor products during the past 30 days	1322	76.82%
B.	I got or bought them from a friend, family member, or someone else	228	13.25%
C.	I bought them myself in a vape shop or tobacco shop	59	3.43%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	11	0.64%
E.	I bought them myself at a mall or shopping center kiosk or stand	3	0.17%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	11	0.64%
G.	I took them from a store or another person	10	0.58%
H.	I got them in some other way	77	4.47%
	TOTALS	1,721	100.00%
Q-41. During the p	ast 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)		
A.	I did not use an electronic vapor product during the past 30 days	1325	76.72%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	12	0.69%
C.	Chocolate, candy, desserts, or other sweets	35	2.03%
D.	Fruit	220	12.74%
E.	Menthol	69	4.00%
	Mint	16	0.93%
G.	Tobacco	7	0.41%
H.	Some other flavor	43	2.49%

C.	No TOTALS	183	10.61%
	Yes	259	15.029
	tobacco, or pipe tobacco during the past 12 months		
	ast 12 months, did you ever try to quit using all tobacco products? I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah	1282	74.36 ⁰
AF Dow'r II	TOTALS	1,728	100.00%
G.	All 30 days	9	0.529
F.	20 to 29 days	1	0.06
E.	10 to 19 days	4	0.239
D.	6 to 9 days	11	0.640
C.	3 to 5 days	15	0.879
B.	1 or 2 days	55	3.189
Α.	0 days	1633	94.50%
z-44 . During the pa	ast 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
) 44 D	TOTALS	1,713	100.00%
G.	All 30 days	25	1.469
F.	20 to 29 days	6	0.359
E.	10 to 19 days	9	0.539
D.	6 to 9 days	14	0.829
C.	3 to 5 days	19	1.119
B.	1 or 2 days	31	1.819
A.	0 days	1609	93.93
	ast 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco y, Skoal, or Camel Snus? (Do not count any electronic vapor products.)	products, such a	is
	TOTALS	1,724	100.009
H.	I used them for some other reason	60	3.489
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	12	0.709
F.	They are less harmful than other forms of tobacco	3	0.170
E.	I was curious about them	151	8.76°
D.	I was feeling anxious. stressed, or depressed	152	8.82
C.,	To get a high or buzz from nicotine	120	6.96
	Friend or family member used them	117	6.79
Α.	I have never used an electronic vapor product	1109	64.33°

	I have never had a drink of alcohol other than a few sips	811	47.37%
A.			
В.	8 years old or younger	120	7.01%
C.	9 or 10 years old	78	4.56%
D.	11 or 12 years old	145	8.47%
E.	13 or 14 years old	265	15.48%
F.	15 or 16 years old	257	15.01%
G.	17 years old or older	36	2.10%
	TOTALS	1,712	100.00%
Q-47. During the p	ast 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	1264	73.23%
B.	1 or 2 days	215	12.46%
C.	3 to 5 days	100	5.79%
D.	6 to 9 days	87	5.04%
E.	10 to 19 days	38	2.20%
F.	20 to 29 days	8	0.469
G.	All 30 days	14	0.819
	TOTALS	1,726	100.00%
	ast 30 days, on how many days did you have 4 or more drinks of alcohol in a read rinks of alcohol in a row, that is, within a couple of hours (if you are male)		you are
A.	0 days	1451	84.12%
B.	1 day	87	5.04%
C.	2 days	76	4.419
D.	3 to 5 days	54	3.139
E.	6 to 9 days	37	2.149
F.	10 to 19 days	10	0.58%
G.	20 or more days	10	0.589
	TOTALS	1,725	100.00%
Q-49. During the p	ast 30 days, what is the largest number of alcoholic drinks you had in a row, th	nat is, within a couple of hours?	
A.	I did not drink alcohol during the past 30 days	1260	73.77%
В.	1 or 2 drinks	171	10.019
C.	3 drinks	38	2.229
D.	4 drinks	39	2.289
	5 drinks	52	3.049
	6 or 7 drinks	53	3.109
	8 or 9 drinks	27	1.589
	10 or more drinks	68	3.989

	TOTALS	1,726	100.00%
G.	17 years old or older	49	2.849
F.	15 or 16 years old	188	10.89%
E.	13 or 14 years old	176	10.20%
D.	11 or 12 years old	48	2.789
C.	9 or 10 years old	29	1.68°
В.	8 years old or younger	20	1.16
A.	I have never tried marijuana	1216	70.45
-53. How old wer	e you when you tried marijuana for the first time?		
	TOTALS	1,711	100.00
G.	100 or more times	123	7.19
F.	40 to 99 times	52	3.04
E.	20 to 39 times	48	2.81
D.	10 to 19 times	53	3.10
C.	3 to 9 times	106	6.20
В.	1 or 2 times	114	6.66
A.	0 times	1215	71.01
-52. During your	life, how many times have you used marijuana?	,	
<u> </u>	TOTALS	1,717	100.00
G	Four Loko, or hard apple cider Some other type of alcohol	9	0.52
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade,	120	6.99
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	92	5.36
D.	Vodka	56	3.26
C.	Wine	32	1.86
В.	Beer	143	8.33
Α.	I did not drink alcohol during the past 30 days	1264	73.62
-51. During the p	ast 30 days, what type of alcohol did you drink most often? (Select only one response.)		
11.	TOTALS	1,722	100.00
	I got it some other way	87	5.05
F. G.		51	2.96
	I gave someone else money to buy it for me Someone gave it to me	72 202	11.73
D.		6	0.35 4.18
	I bought it at a restaurant, bar, or club	9	0.52
	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	23	1.34
	I did not drink alcohol during the past 30 days	1272	73.87

A.	0 times	1454	84.34%
В.	1 or 2 times	82	4.76%
C.	3 to 9 times	66	3.83%
D.	10 to 19 times	39	2.26%
E.	20 to 39 times	30	1.74%
	40 or more times	53	3.07%
	TOTALS	1,724	100.00%
Q-55. During your told you to use it?	life, how many times have you taken prescription pain medicine without a doctor	's prescription or differently than how	a doctor
A.	0 times	1518	88.72%
B.	1 or 2 times	93	5.44%
C.	3 to 9 times	58	3.39%
D.	10 to 19 times	18	1.05%
E.	20 to 39 times	14	0.82%
F.	40 or more times	10	0.58%
	TOTALS	1,711	100.00%
Q-56. During your	life, how many times have you used any form of cocaine, including powder, crac	k, or freebase?	
A.	0 times	1663	96.35%
В.	1 or 2 times	37	2.14%
C.	3 to 9 times	12	0.70%
D.	10 to 19 times	4	0.23%
E.	20 to 39 times	2	0.12%
F.	40 or more times	8	0.46%
	TOTALS	1,726	100.00%
Q-57. During your high?	life, how many times have you sniffed glue, breathed the contents of aerosol spr	ay cans, or inhaled any paints or spra	ys to get
A.	0 times	1575	91.25%
В.	1 or 2 times	78	4.52%
C.	3 to 9 times	26	1.51%
D.	10 to 19 times	22	1.27%
E.	20 to 39 times	8	0.46%
F.	40 or more times	17	0.98%
	TOTALS	1,726	100.00%
Q-58. During your	life, how many times have you used heroin (also called smack, junk, or China Wi	hite)?	
A.	0 times	1682	98.02%
В.	1 or 2 times	17	0.99%
C.	3 to 9 times	6	0.35%
D.	10 to 19 times	1	0.06%
	20 to 39 times	3	0.17%
E.			
E.	40 or more times	7	0.41%

A.	0 times	1678	97.39%
В.	1 or 2 times	22	1.28%
C.	3 to 9 times	9	0.52%
D.	10 to 19 times	4	0.23%
E.	20 to 39 times	1	0.06%
F.	40 or more times	9	0.52%
	TOTALS	1,723	100.00%
Q-60. During your	life, how many times have you used ecstasy (also called MDMA or Molly)?		
A.	0 times	1653	95.88%
B.	1 or 2 times	35	2.03%
C.	3 to 9 times	22	1.28%
D.	10 to 19 times	4	0.23%
E.	20 to 39 times	2	0.12%
	40 or more times	8	0.46%
	TOTALS	1,724	100.00%
Q-61. During your	life, how many times have you used a needle to inject any illegal drug into your body		
A.	0 times	1681	97.96%
В.	1 time	20	1.17%
C.	2 or more times	15	0.87%
	TOTALS	1,716	100.00%
Q-62. During the p	ast 12 months, has anyone offered, sold, or given you an illegal drug on school prope		
A.	Yes	402	23.41%
B.		1315	76.59%
	TOTALS	1,717	100.00%
Q-63. Have you ev	er had sexual intercourse?		
A.	Yes	641	37.46%
В.		1070	62.54%
	TOTALS	1,711	100.00%
Q-64. How old wer	e you when you had sexual intercourse for the first time?		
A.	I have never had sexual intercourse	1088	63.48%
В.	11 years old or younger	59	3.44%
C.	12 years old	25	1.46%
D.	13 years old	56	3.27%
E.	14 years old	116	6.77%
	1	166	9.68%
G.	16 years old	147	8.58%
H.	1	57	3.33%
	l · · · · · · · · · · · · · · · · · · ·	J	

Q-65. During your	life, with how many people have you had sexual intercourse?		
A.	I have never had sexual intercourse	1109	64.51%
B.	1 person	263	15.30%
C.	2 people	122	7.10%
D.	3 people	72	4.19%
E.	4 people	43	2.50%
F.	5 people	27	1.57%
G.	6 or more people	83	4.83%
	TOTALS	1,719	100.00%
Q-66. During the p	ast 3 months, with how many people did you have sexual intercourse?		
A.	I have never had sexual intercourse	1107	64.36%
B.	I have had sexual intercourse, but not during the past 3 months	205	11.92%
C.	1 person	328	19.07%
D.	2 people	33	1.92%
E.	3 people	19	1.10%
F.	4 people	10	0.58%
G.	5 people	8	0.47%
H.	6 or more people	10	0.58%
	TOTALS	1,720	100.00%
Q-67. Did you drink	c alcohol or use drugs before you had sexual intercourse the last time?		
A.	I have never had sexual intercourse	1089	63.57%
B.	Yes	119	6.95%
C.	No	505	29.48%
	TOTALS	1,713	100.00%
Q-68. The last time	you had sexual intercourse, did you or your partner use a condom?		
A.	I have never had sexual intercourse	1115	65.13%
B.	Yes	321	18.75%
C.	No	276	16.12%
	TOTALS	1,712	100.00%
Q-69. The last time (Select only one re	e you had sexual intercourse with an opposite-sex partner, what one method did you or your partner use sponse.)	to prevent p	regnancy?
A.	I have never had sexual intercourse with an opposite-sex partner	1111	64.93%
B.	No method was used to prevent pregnancy	78	4.56%
C.	Birth control pills (Do not count emergency contraception such as Plan B or the "morning after" pill.)	143	8.36%
D.	Condoms	210	12.27%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	67	3.92%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	20	1.17%
G.	Withdrawal or some other method	53	3.10%
H.	Not sure	29	1.69%
	TOTALS	1,711	100.00%

Q-70. How do you	describe your weight?		
A.	Very underweight	71	4.18%
B.	Slightly underweight	283	16.67%
C.	About the right weight	882	51.94%
D.	Slightly overweight	399	23.50%
E.	Very overweight	63	3.71%
	TOTALS	1,698	100.00%
Q-71. Which of the	following are you trying to do about your weight?		
A.	Lose weight	636	37.00%
B.	Gain weight	406	23.62%
C.	Stay the same weight	279	16.23%
D.	I am not trying to do anything about my weight	398	23.15%
	TOTALS	1,719	100.00%
Q-72. During the papunch, Kool-Aid, sp	ast 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grows drinks, or other fruit-flavored drinks.)	rape juice? (Do not	count
A.	I did not drink 100% fruit juice during the past 7 days	622	36.06%
B.	1 to 3 times during the past 7 days	744	43.13%
C.	4 to 6 times during the past 7 days	189	10.96%
D.	1 time per day	76	4.41%
E.	2 times per day	55	3.19%
F.	3 times per day	12	0.70%
G.	4 or more times per day	27	1.57%
	TOTALS	1,725	100.00%
Q-73. During the pa	ast 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A.	I did not eat fruit during the past 7 days	208	12.11%
B.	1 to 3 times during the past 7 days	612	35.62%
C.	4 to 6 times during the past 7 days	406	23.63%
D.	1 time per day	194	11.29%
E.	2 times per day	185	10.77%
F.	3 times per day	54	3.14%
G.	4 or more times per day	59	3.43%
	TOTALS	1,718	100.00%
Q-74. During the pa	ast 7 days, how many times did you eat green salad?		
A.	I did not eat green salad during the past 7 days	555	32.25%
B.	1 to 3 times during the past 7 days	768	44.63%
C.	4 to 6 times during the past 7 days	230	13.36%
D.	1 time per day	116	6.74%
E.	2 times per day	28	1.63%
F.	3 times per day	9	0.52%
G.	4 or more times per day	15	0.87%
	TOTALS	1,721	100.00%

A.	I did not eat potatoes during the past 7 days	584	33.95%
B.	1 to 3 times during the past 7 days	848	49.30%
C.	4 to 6 times during the past 7 days	188	10.93%
D.	1 time per day	53	3.08%
E.	2 times per day	24	1.40%
F.	3 times per day	6	0.35%
G.	4 or more times per day	17	0.99%
	TOTALS	1,720	100.00%
Q-76. During the p	ast 7 days, how many times did you eat carrots?		
A.	I did not eat carrots during the past 7 days	796	46.36%
В.	1 to 3 times during the past 7 days	695	40.48%
C.	4 to 6 times during the past 7 days	129	7.51%
D.	1 time per day	58	3.38%
E.	2 times per day	21	1.22%
F.	3 times per day	7	0.41%
G.	4 or more times per day	11	0.64%
	TOTALS	1,717	100.00%
Q-77. During the p	ast 7 days, how many times did you eat other vegetables? (Do not count green salac	I, potatoes, or carrots.)	
A.	I did not eat other vegetables during the past 7 days	281	16.34%
В.	1 to 3 times during the past 7 days	702	40.81%
C.	4 to 6 times during the past 7 days	402	23.37%
D.	1 time per day	160	9.30%
E.	2 times per day	118	6.86%
F.	3 times per day	30	1.74%
G.	4 or more times per day	27	1.57%
	TOTALS	1,720	100.00%
Q-78. During the p	ast 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such	as Coke, Pepsi, or Sprite? (Do n	ot count
A.		421	24.53%
В.	1 to 3 times during the past 7 days	768	44.76%
C.	4 to 6 times during the past 7 days	296	17.25%
D.	1 time per day	117	6.82%
E.	2 times per day	54	3.15%
	3 times per day	26	1.52%
G.	4 or more times per day	34	1.98%
<u> </u>	TOTALS	1,716	100.00%

Q-79. During the p	ast 7 days, on how many days did you eat breakfast?		
A.	0 days	348	20.34%
В.	1 day	170	9.94%
C.	2 days	168	9.82%
D.	3 days	179	10.46%
E.	4 days	122	7.13%
F.	5 days	142	8.30%
G.	6 days	102	5.96%
H.	7 days	480	28.05%
	TOTALS	1,711	100.00%
	ast 7 days, on how many days were you physically active for a total of at least 60 f physical activity that increased your heart rate and made you breathe hard som		ne you
A.	0 days	183	10.64%
B.	1 day	88	5.12%
C.	2 days	153	8.90%
D.	3 days	163	9.48%
E.	4 days	180	10.47%
F.	5 days	265	15.41%
G.	6 days	189	10.99%
H.	7 days	499	29.01%
	TOTALS	1,720	100.00%
2-81. On an averag r videos, playing g	ge school day, how many hours do you spend in front of a TV, computer, smart p pames, accessing the Internet, or using social media (also called "screen time")?	hone, or other electronic device wate (Do not count time spent doing scho	ching shows olwork.)
A.	Less than 1 hour per day	86	5.04%
В.	1 hour per day	158	9.26%
C.	2 hours per day	292	17.11%
D.	3 hours per day	429	25.13%
E.	4 hours per day	328	19.21%
F.	5 or more hours per day	414	24.25%
	TOTALS	1,707	100.00%
)-82. In an averag	e week when you are in school, on how many days do you go to physical educati	on (PE) classes?	
A.	0 days	758	44.61%
В.	1 day	36	2.12%
C.	2 days	66	3.88%
D.	3 days	221	13.01%
E.	4 days	162	9.54%
F.	5 days	456	26.84%
	TOTALS	1,699	100.00%

A.	0 teams	688	40.19%
В.	1 team	389	22.72%
C.	2 teams	321	18.75%
D.	3 or more teams	314	18.34%
	TOTALS	1,712	100.00%
Q-84. During the p	ast 12 months, how many times did you have a concussion from playing a sport or being	g physically active?	
A.	0 times	1407	82.09%
B.	1 time	175	10.21%
C.	2 times	76	4.43%
D.	3 times	25	1.46%
E.	4 or more times	31	1.81%
	TOTALS	1,714	100.00%
Q-85. How often d	o you use social media?		
A.	I do not use social media	189	11.03%
B.	A few times a month	60	3.50%
C.	About once a week	37	2.16%
D.	A few times a week	75	4.38%
E.	About once a day	127	7.41%
F.	Several times a day	625	36.46%
G.	About once an hour	154	8.98%
H.	More than once an hour	447	26.08%
	TOTALS	1,714	100.00%
Q-86. Has a doctor	or nurse ever told you that you have asthma?		
A.	Yes	384	22.47%
B.	No	1221	71.45%
C.	Not sure	104	6.09%
	TOTALS	1,709	100.00%
Q-87. Do you still h	nave asthma?		
A.	I have never had asthma	958	55.83%
B.	Yes	264	15.38%
C.	No	334	19.46%
D.	Not sure	160	9.32%
	TOTALS	1,716	100.00%

٨	I do not have asthma	1287	75.22%
	0 days	371	21.68%
C.	1 day	21	1.23%
	2 days	20	1.17%
	3 days	5	0.29%
	4 days	2	0.129
	5 or more days	5	0.29%
0.	TOTALS	1,711	100.00%
Q-89. When was th	ne last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?	_,	
Α.	During the past 12 months	1369	79.55%
B.	Between 12 and 24 months ago	156	9.069
C.	More than 24 months ago	68	3.959
D.		21	1.229
E.		107	6.229
<u>L.</u>	TOTALS	1,721	100.00%
Q-90. During the p	ast 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety,		
	Never	329	19.229
	Rarely	396	23.130
С.	Sometimes	482	28.159
D.	Most of the time	334	19.519
	Always	171	9.999
С.	TOTALS	1,712	100.00%
O-91. On an avera	ge school night, how many hours of sleep do you get?	1// 12	100.00 /
	4 or less hours	142	8.339
	5 hours	194	11.389
		345	20.259
C.		497	29.179
	7 hours 8 hours	413	24.249
	9 hours		
		91	5.349
G.	10 or more hours	22	1.299
O-02 During the n	ast 30 days, where did you usually sleep?	1,704	100.00%
· ·		1622	04 000
	In my parent's or guardian's home	1623	94.809
В.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	45	2.639
C.	In a shelter or emergency housing	8	0.479
D.	In a motel or hotel	11	0.649
E.	In a car, park, campground, or other public place	9	0.539
F.	I do not have a usual place to sleep	5	0.29
G.	Somewhere else	10	0.589
	TOTALS	1,712	100.00%

A.	Yes	94	5.52%
В.		1609	94.48%
	TOTALS	1,703	100.00%
)-94. During the p	past 12 months, how would you describe your grades in school?		
A.	Mostly A's	954	56.12%
B.	Mostly B's	403	23.71%
C.	Mostly C's	220	12.94%
D.	Mostly D's	55	3.24%
E.	Mostly F's	18	1.06%
F.	None of these grades	7	0.41%
G.	Not sure	43	2.53%
	TOTALS	1,700	100.00%
Q-95. During the poont getting a spi	past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed ray-on tan.)	l, or tanning booth? (Do not
A.	0 times	1620	94.63%
В.	1 or 2 times	42	2.45%
C.	3 to 9 times	22	1.29%
D.	10 to 19 times	13	0.76%
E.	20 to 39 times	7	0.41%
□.			
 F.	40 or more times	8	0.47%
	40 or more times TOTALS	1, 712	0.47% 100.00%
F.		1,712	100.00%
F.	TOTALS past 12 months, did you receive help from a resource teacher, speech therapist or other special ed	1,712	100.00% chool?
F. Q-96. During the p	TOTALS past 12 months, did you receive help from a resource teacher, speech therapist or other special ed Yes	1,712 lucation teacher at so	100.00%