

2023 4 RIVERS REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,348 middle school students in 4 Rivers Region during February of 2023. Frequency distributions may not total 1,348 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	5	0.37%
C.	12 years old	281	20.85%
D.	13 years old	660	48.96%
E.	14 years old	384	28.49%
F.	15 years old	18	1.34%
G.	16 years old or older	0	0.00%
	TOTALS	1,348	100.00%
Q-2. What is your sex?			
A.	Female	625	46.64%
B.	Male	715	53.36%
	TOTALS	1,340	100.00%
Q-3. In what grade are you?			
A.	7th grade	691	51.95%
B.	8th grade	639	48.05%
	TOTALS	1,330	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	134	10.16%
B.	No	1185	89.84%
	TOTALS	1,319	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	132	9.33%
B.	Asian	59	4.17%
C.	Black or African American	34	2.40%
D.	Native Hawaiian or Other Pacific Islander	35	2.47%
E.	White	1155	81.63%
	TOTALS	1,415	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	17	1.26%
B.	Rarely	40	2.98%
C.	Sometimes	120	8.93%
D.	Most of the time	478	35.57%
E.	Always	689	51.26%
	TOTALS	1,344	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	1062	80.15%
B.	1 time	107	8.08%
C.	2 or 3 times	85	6.42%
D.	4 or 5 times	17	1.28%
E.	6 or more times	54	4.08%
TOTALS		1,325	100.00%

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	984	74.83%
B.	Never	25	1.90%
C.	Rarely	54	4.11%
D.	Sometimes	44	3.35%
E.	Most of the time	51	3.88%
F.	Always	157	11.94%
TOTALS		1,315	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	1278	95.09%
B.	1 day	28	2.08%
C.	2 or 3 days	14	1.04%
D.	4 or 5 days	7	0.52%
E.	6 or more days	17	1.26%
TOTALS		1,344	100.00%

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	1250	93.08%
B.	1 day	28	2.08%
C.	2 or 3 days	25	1.86%
D.	4 or 5 days	12	0.89%
E.	6 or more days	28	2.08%
TOTALS		1,343	100.00%

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	1171	87.45%
B.	1 day	93	6.95%
C.	2 or 3 days	42	3.14%
D.	4 or 5 days	13	0.97%
E.	6 or more days	20	1.49%
TOTALS		1,339	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	1200	89.29%
B.	1 time	85	6.32%
C.	2 or 3 times	38	2.83%
D.	4 or 5 times	10	0.74%
E.	6 or 7 times	3	0.22%
F.	8 or 9 times	1	0.07%
G.	10 or 11 times	1	0.07%
H.	12 or more times	6	0.45%
TOTALS		1,344	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	922	69.22%
B.	1 time	189	14.19%
C.	2 or 3 times	131	9.83%
D.	4 or 5 times	35	2.63%
E.	6 or 7 times	21	1.58%
F.	8 or 9 times	4	0.30%
G.	10 or 11 times	5	0.38%
H.	12 or more times	25	1.88%
TOTALS		1,332	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	1132	84.73%
B.	1 time	138	10.33%
C.	2 or 3 times	46	3.44%
D.	4 or 5 times	6	0.45%
E.	6 or 7 times	8	0.60%
F.	8 or 9 times	3	0.22%
G.	10 or 11 times	1	0.07%
H.	12 or more times	2	0.15%
TOTALS		1,336	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	100	7.45%
B.	No	1242	92.55%
TOTALS		1,342	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	1218	90.83%
B.	1 time	72	5.37%
C.	2 or 3 times	34	2.54%
D.	4 or 5 times	12	0.89%
E.	6 or more times	5	0.37%
TOTALS		1,341	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	738	55.16%
B.	0 times	557	41.63%
C.	1 time	20	1.49%
D.	2 or 3 times	18	1.35%
E.	4 or 5 times	3	0.22%
F.	6 or more times	2	0.15%
TOTALS		1,338	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	738	54.99%
B.	0 times	569	42.40%
C.	1 time	18	1.34%
D.	2 or 3 times	9	0.67%
E.	4 or 5 times	4	0.30%
F.	6 or more times	4	0.30%
TOTALS		1,342	100.00%

Q-19. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?

A.	Never	951	70.76%
B.	Rarely	206	15.33%
C.	Sometimes	129	9.60%
D.	Most of the time	37	2.75%
E.	Always	21	1.56%
TOTALS		1,344	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?

A.	Yes	474	35.51%
B.	No	861	64.49%
TOTALS		1,335	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	311	23.11%
B.	No	1035	76.89%
TOTALS		1,346	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?		
A.	Yes	308 22.88%
B.	No	1038 77.12%
TOTALS		1,346 100.00%
Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A.	Yes	418 31.48%
B.	No	910 68.52%
TOTALS		1,328 100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?		
A.	Yes	271 20.31%
B.	No	1063 79.69%
TOTALS		1,334 100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A.	Yes	242 18.11%
B.	No	1094 81.89%
TOTALS		1,336 100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?		
A.	0 times	1138 85.76%
B.	1 time	131 9.87%
C.	2 or 3 times	43 3.24%
D.	4 or 5 times	6 0.45%
E.	6 or more times	9 0.68%
TOTALS		1,327 100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A.	I did not attempt suicide during the past 12 months	1110 83.21%
B.	Yes	48 3.60%
C.	No	176 13.19%
TOTALS		1,334 100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?		
A.	Yes	168 12.53%
B.	No	1173 87.47%
TOTALS		1,341 100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?		
A.	I have never tried cigarette smoking, not even one or two puffs	1188 88.86%
B.	8 years old or younger	39 2.92%
C.	9 or 10 years old	30 2.24%
D.	11 or 12 years old	48 3.59%
E.	13 or 14 years old	30 2.24%
F.	15 years old or older	2 0.15%
TOTALS		1,337 100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	1311	97.76%
B.	1 or 2 days	19	1.42%
C.	3 to 5 days	2	0.15%
D.	6 to 9 days	5	0.37%
E.	10 to 19 days	1	0.07%
F.	20 to 29 days	1	0.07%
G.	All 30 days	2	0.15%
	TOTALS	1,341	100.00%
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	1310	97.69%
B.	Less than 1 cigarette per day	18	1.34%
C.	1 cigarette per day	6	0.45%
D.	2 to 5 cigarettes per day	5	0.37%
E.	6 to 10 cigarettes per day	1	0.07%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	1	0.07%
	TOTALS	1,341	100.00%
Q-32. Have you ever used an electronic vapor product?			
A.	Yes	259	19.44%
B.	No	1073	80.56%
	TOTALS	1,332	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1207	90.14%
B.	1 or 2 days	65	4.85%
C.	3 to 5 days	17	1.27%
D.	6 to 9 days	13	0.97%
E.	10 to 19 days	13	0.97%
F.	20 to 29 days	9	0.67%
G.	All 30 days	15	1.12%
	TOTALS	1,339	100.00%
Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	1282	95.81%
B.	1 or 2 days	33	2.47%
C.	3 to 5 days	8	0.60%
D.	6 to 9 days	8	0.60%
E.	10 to 19 days	1	0.07%
F.	20 to 29 days	3	0.22%
G.	All 30 days	3	0.22%
	TOTALS	1,338	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	1186	90.95%
B.	I got or bought them from a friend, family member, or someone else	75	5.75%
C.	I bought them myself in a vape shop or tobacco shop	4	0.31%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	2	0.15%
E.	I bought them myself at a mall or shopping center kiosk or stand	2	0.15%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	3	0.23%
G.	I took them from a store or another person	6	0.46%
H.	I got them in some other way	26	1.99%
TOTALS		1,304	100.00%

Q-36. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	1221	91.12%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	9	0.67%
C.	Chocolate, candy, desserts, or other sweets	12	0.90%
D.	Fruit	65	4.85%
E.	Menthol	18	1.34%
F.	Mint	3	0.22%
G.	Tobacco	1	0.07%
H.	Some other flavor	11	0.82%
TOTALS		1,340	100.00%

Q-37. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	1114	83.26%
B.	Friend or family member used them	34	2.54%
C.	To get a high or buzz from nicotine	12	0.90%
D.	I was feeling anxious, stressed, or depressed	63	4.71%
E.	I was curious about them	74	5.53%
F.	They are less harmful than other forms of tobacco	3	0.22%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	3	0.22%
H.	I used them for some other reason	35	2.62%
TOTALS		1,338	100.00%

Q-38. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	1311	98.65%
B.	1 or 2 days	9	0.68%
C.	3 to 5 days	2	0.15%
D.	6 to 9 days	1	0.08%
E.	10 to 19 days	4	0.30%
F.	20 to 29 days	2	0.15%
G.	All 30 days	0	0.00%
TOTALS		1,329	100.00%

Q-39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	1326	98.88%
B.	1 or 2 days	11	0.82%
C.	3 to 5 days	3	0.22%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.07%
G.	All 30 days	0	0.00%
TOTALS		1,341	100.00%
Q-40. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	1163	87.25%
B.	Yes	115	8.63%
C.	No	55	4.13%
TOTALS		1,333	100.00%
Q-41. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	968	73.44%
B.	8 years old or younger	100	7.59%
C.	9 or 10 years old	67	5.08%
D.	11 or 12 years old	115	8.73%
E.	13 or 14 years old	66	5.01%
F.	15 years old or older	2	0.15%
TOTALS		1,318	100.00%
Q-42. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1217	90.82%
B.	1 or 2 days	87	6.49%
C.	3 to 5 days	20	1.49%
D.	6 to 9 days	5	0.37%
E.	10 to 19 days	7	0.52%
F.	20 to 29 days	2	0.15%
G.	All 30 days	2	0.15%
TOTALS		1,340	100.00%
Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	1283	96.03%
B.	1 day	28	2.10%
C.	2 days	9	0.67%
D.	3 to 5 days	11	0.82%
E.	6 to 9 days	1	0.07%
F.	10 to 19 days	2	0.15%
G.	20 or more days	2	0.15%
TOTALS		1,336	100.00%

Q-44. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1206	90.81%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	4	0.30%
C.	I bought it at a restaurant, bar, or club	2	0.15%
D.	I bought it at a public event such as a concert or sporting event	2	0.15%
E.	I gave someone else money to buy it for me	4	0.30%
F.	Someone gave it to me	44	3.31%
G.	I took it from a store or family member	31	2.33%
H.	I got it some other way	35	2.64%
TOTALS		1,328	100.00%

Q-45. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	1211	90.64%
B.	Beer	32	2.40%
C.	Wine	14	1.05%
D.	Vodka	26	1.95%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	25	1.87%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	25	1.87%
G.	Some other type of alcohol	3	0.22%
TOTALS		1,336	100.00%

Q-46. During your life, how many times have you used marijuana?			
A.	0 times	1210	90.23%
B.	1 or 2 times	49	3.65%
C.	3 to 9 times	26	1.94%
D.	10 to 19 times	12	0.89%
E.	20 to 39 times	15	1.12%
F.	40 to 99 times	10	0.75%
G.	100 or more times	19	1.42%
TOTALS		1,341	100.00%

Q-47. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	1203	90.04%
B.	8 years old or younger	14	1.05%
C.	9 or 10 years old	18	1.35%
D.	11 or 12 years old	57	4.27%
E.	13 or 14 years old	44	3.29%
F.	15 years old or older	0	0.00%
TOTALS		1,336	100.00%

Q-48. During the past 30 days, how many times did you use marijuana?

A.	0 times	1267	94.76%
B.	1 or 2 times	29	2.17%
C.	3 to 9 times	20	1.50%
D.	10 to 19 times	9	0.67%
E.	20 to 39 times	7	0.52%
F.	40 or more times	5	0.37%
TOTALS		1,337	100.00%

Q-49. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	1163	87.38%
B.	1 or 2 times	106	7.96%
C.	3 to 9 times	30	2.25%
D.	10 to 19 times	7	0.53%
E.	20 to 39 times	11	0.83%
F.	40 or more times	14	1.05%
TOTALS		1,331	100.00%

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	1311	98.50%
B.	1 or 2 times	12	0.90%
C.	3 to 9 times	4	0.30%
D.	10 to 19 times	2	0.15%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.15%
TOTALS		1,331	100.00%

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	1234	92.23%
B.	1 or 2 times	60	4.48%
C.	3 to 9 times	22	1.64%
D.	10 to 19 times	12	0.90%
E.	20 to 39 times	7	0.52%
F.	40 or more times	3	0.22%
TOTALS		1,338	100.00%

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	1328	99.40%
B.	1 or 2 times	4	0.30%
C.	3 to 9 times	2	0.15%
D.	10 to 19 times	1	0.07%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.07%
TOTALS		1,336	100.00%

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	1318	98.73%
B.	1 or 2 times	12	0.90%
C.	3 to 9 times	1	0.07%
D.	10 to 19 times	1	0.07%
E.	20 to 39 times	0	0.00%
F.	40 or more times	3	0.22%
TOTALS		1,335	100.00%
Q-54. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	1323	99.18%
B.	1 or 2 times	7	0.52%
C.	3 to 9 times	2	0.15%
D.	10 to 19 times	1	0.07%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.07%
TOTALS		1,334	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1315	98.58%
B.	1 time	16	1.20%
C.	2 or more times	3	0.22%
TOTALS		1,334	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	266	20.00%
B.	No	1064	80.00%
TOTALS		1,330	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	158	11.89%
B.	No	1171	88.11%
TOTALS		1,329	100.00%
Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1219	92.07%
B.	11 years old or younger	50	3.78%
C.	12 years old	21	1.59%
D.	13 years old	24	1.81%
E.	14 years old	9	0.68%
F.	15 years old or older	1	0.08%
TOTALS		1,324	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1213	92.24%
B.	1 person	55	4.18%
C.	2 people	24	1.83%
D.	3 people	13	0.99%
E.	4 people	5	0.38%
F.	5 people	1	0.08%
G.	6 or more people	4	0.30%
TOTALS		1,315	100.00%
Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1227	92.53%
B.	I have had sexual intercourse, but not during the past 3 months	69	5.20%
C.	1 person	23	1.73%
D.	2 people	3	0.23%
E.	3 people	1	0.08%
F.	4 people	1	0.08%
G.	5 people	0	0.00%
H.	6 or more people	2	0.15%
TOTALS		1,326	100.00%
Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1177	89.23%
B.	Yes	43	3.26%
C.	No	99	7.51%
TOTALS		1,319	100.00%
Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1196	91.09%
B.	Yes	57	4.34%
C.	No	60	4.57%
TOTALS		1,313	100.00%
Q-63. How do you describe your weight?			
A.	Very underweight	65	4.91%
B.	Slightly underweight	214	16.18%
C.	About the right weight	669	50.57%
D.	Slightly overweight	338	25.55%
E.	Very overweight	37	2.80%
TOTALS		1,323	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	565	42.84%
B.	Gain weight	224	16.98%
C.	Stay the same weight	222	16.83%
D.	I am not trying to do anything about my weight	308	23.35%
TOTALS		1,319	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	508	38.99%
B.	1 to 3 times during the past 7 days	517	39.68%
C.	4 to 6 times during the past 7 days	143	10.97%
D.	1 time per day	58	4.45%
E.	2 times per day	33	2.53%
F.	3 times per day	13	1.00%
G.	4 or more times per day	31	2.38%
TOTALS		1,303	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	143	10.74%
B.	1 to 3 times during the past 7 days	443	33.26%
C.	4 to 6 times during the past 7 days	301	22.60%
D.	1 time per day	131	9.83%
E.	2 times per day	143	10.74%
F.	3 times per day	67	5.03%
G.	4 or more times per day	104	7.81%
TOTALS		1,332	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	469	35.24%
B.	1 to 3 times during the past 7 days	536	40.27%
C.	4 to 6 times during the past 7 days	173	13.00%
D.	1 time per day	101	7.59%
E.	2 times per day	21	1.58%
F.	3 times per day	8	0.60%
G.	4 or more times per day	23	1.73%
TOTALS		1,331	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	562	42.32%
B.	1 to 3 times during the past 7 days	615	46.31%
C.	4 to 6 times during the past 7 days	83	6.25%
D.	1 time per day	37	2.79%
E.	2 times per day	8	0.60%
F.	3 times per day	7	0.53%
G.	4 or more times per day	16	1.20%
TOTALS		1,328	100.00%

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	606	45.26%
B.	1 to 3 times during the past 7 days	494	36.89%
C.	4 to 6 times during the past 7 days	130	9.71%
D.	1 time per day	46	3.44%
E.	2 times per day	29	2.17%
F.	3 times per day	9	0.67%
G.	4 or more times per day	25	1.87%
TOTALS		1,339	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	230	17.19%
B.	1 to 3 times during the past 7 days	529	39.54%
C.	4 to 6 times during the past 7 days	324	24.22%
D.	1 time per day	109	8.15%
E.	2 times per day	65	4.86%
F.	3 times per day	35	2.62%
G.	4 or more times per day	46	3.44%
TOTALS		1,338	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	336	25.09%
B.	1 to 3 times during the past 7 days	628	46.90%
C.	4 to 6 times during the past 7 days	211	15.76%
D.	1 time per day	84	6.27%
E.	2 times per day	40	2.99%
F.	3 times per day	22	1.64%
G.	4 or more times per day	18	1.34%
TOTALS		1,339	100.00%

Q-72. During the past 7 days, on how many days did you eat breakfast?			
A.	0 days	222	16.55%
B.	1 day	133	9.92%
C.	2 days	130	9.69%
D.	3 days	96	7.16%
E.	4 days	98	7.31%
F.	5 days	87	6.49%
G.	6 days	86	6.41%
H.	7 days	489	36.47%
TOTALS		1,341	100.00%

Q-73. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)			
A.	0 days	107	7.99%
B.	1 day	96	7.16%
C.	2 days	137	10.22%
D.	3 days	150	11.19%
E.	4 days	139	10.37%
F.	5 days	199	14.85%
G.	6 days	117	8.73%
H.	7 days	395	29.48%
TOTALS		1,340	100.00%

Q-74. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)			
A.	Less than 1 hour per day	111	8.31%
B.	1 hour per day	151	11.31%
C.	2 hours per day	286	21.42%
D.	3 hours per day	287	21.50%
E.	4 hours per day	215	16.10%
F.	5 or more hours per day	285	21.35%
TOTALS		1,335	100.00%

Q-75. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	154	11.55%
B.	1 day	42	3.15%
C.	2 days	317	23.78%
D.	3 days	325	24.38%
E.	4 days	145	10.88%
F.	5 days	350	26.26%
TOTALS		1,333	100.00%

Q-76. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	400	30.01%
B.	1 team	290	21.76%
C.	2 teams	283	21.23%
D.	3 or more teams	360	27.01%
TOTALS		1,333	100.00%

Q-77. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	1069	79.96%
B.	1 time	140	10.47%
C.	2 times	58	4.34%
D.	3 times	34	2.54%
E.	4 or more times	36	2.69%
TOTALS		1,337	100.00%

Q-78. How often do you use social media?			
A.	I do not use social media	308	22.93%
B.	A few times a month	85	6.33%
C.	About once a week	40	2.98%
D.	A few times a week	97	7.22%
E.	About once a day	134	9.98%
F.	Several times a day	347	25.84%
G.	About once an hour	67	4.99%
H.	More than once an hour	265	19.73%
TOTALS		1,343	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	243	18.05%
B.	No	956	71.03%
C.	Not sure	147	10.92%
TOTALS		1,346	100.00%

Q-80. Do you still have asthma?			
A.	I have never had asthma	840	62.92%
B.	Yes	165	12.36%
C.	No	168	12.58%
D.	Not sure	162	12.13%
TOTALS		1,335	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	1014	75.67%
B.	0 days	278	20.75%
C.	1 day	24	1.79%
D.	2 days	15	1.12%
E.	3 days	6	0.45%
F.	4 days	2	0.15%
G.	5 or more days	1	0.07%
TOTALS		1,340	100.00%

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	1044	77.68%
B.	Between 12 and 24 months ago	113	8.41%
C.	More than 24 months ago	48	3.57%
D.	Never	16	1.19%
E.	Not sure	123	9.15%
TOTALS		1,344	100.00%

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	338	25.36%
B.	Rarely	365	27.38%
C.	Sometimes	330	24.76%
D.	Most of the time	189	14.18%
E.	Always	111	8.33%
TOTALS		1,333	100.00%

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	126	9.39%
B.	5 hours	141	10.51%
C.	6 hours	196	14.61%
D.	7 hours	268	19.97%
E.	8 hours	345	25.71%
F.	9 hours	182	13.56%
G.	10 or more hours	84	6.26%
TOTALS		1,342	100.00%

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1259	93.89%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	36	2.68%
C.	In a shelter or emergency housing	15	1.12%
D.	In a motel or hotel	10	0.75%
E.	In a car, park, campground, or other public place	5	0.37%
F.	I do not have a usual place to sleep	6	0.45%
G.	Somewhere else	8	0.60%
TOTALS		1,341	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	80 6.00%
B.	No	1253 94.00%
TOTALS		1,333 100.00%
Q-87. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	696 52.17%
B.	Mostly B's	357 26.76%
C.	Mostly C's	144 10.79%
D.	Mostly D's	36 2.70%
E.	Mostly F's	34 2.55%
F.	None of these grades	12 0.90%
G.	Not sure	55 4.12%
TOTALS		1,334 100.00%
Q-88. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	1259 94.38%
B.	1 or 2 times	45 3.37%
C.	3 to 9 times	17 1.27%
D.	10 to 19 times	8 0.60%
E.	20 to 39 times	4 0.30%
F.	40 or more times	1 0.07%
TOTALS		1,334 100.00%
Q-89. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	273 20.65%
B.	No	1049 79.35%
TOTALS		1,322 100.00%