

Montana YRBS - American Indian High School Student Results

Trend Analysis Tables (1993-2021)

Unintentional Injuries and Violence – percentage of students																
Rarely or never wore a seat belt when riding in a car																
1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
47.0	52.4	48.3	33.0	37.9	27.2	24.2	20.6	N/A	15.5	19.3	13.7	11.2	14.6	10.8	↓	No change
Rarely or never wore a seat belt when driving a car																
1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
				37.3	38.1	35.8	32.4	29.9	18.7	22.4	11.4	11.3	10.2	7	↓	No change
Rode with a driver who had been drinking alcohol, past 30 days																
1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
60.4	61.7	55.5	53.2	55.3	41.9	24.2	41.4	N/A	36.2	27.3	25.9	25.5	18.1	28.7	↓	↑
Drove a car or other vehicle when they had been drinking alcohol, past 30 days																
1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
										12.5	10.9	7.1	2.7	7.3	↓	↑
Texted or e-mailed while driving a car, past 30 days																
1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
										46.9	41.1	47.2	39.6	50.1	No change	No change
Used the Internet or apps on their phone while driving, past 30 days																
1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
													36.4	52.2	↑	↑

Unintentional Injuries and Violence – percentage of students

Carried a weapon on school property (such as a gun, knife, or club), past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
12.4	8.6	19.1	10.1	12.1	7.1	12.5	8.8	5.8	7.5	7.5	5.1	6.4	3.2	7.3	No change	No change

Carried a gun (not for sport, such as target shooting), past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
												7.5	4.8	9.6	No change	↑

Were threatened or injured with a weapon on school property, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
4.3	8.2	7.7	7.4	16.8	8.9	9.1	7.6	5.5	6	7.5	5.3	7.7	6.4	5.4	No change	No change

Did not go to school because they felt unsafe at school or on their way to or from school, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
2.8	5.6	4.4	9.8	11.8	7.3	8.4	10.7	8.6	5.5	10.4	9.1	12.1	7.3	9.4	No change	No change

Were in a physical fight, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
52.5	49.3	40.8	41.3	49.6	41.5	44.6	49.2	45.8	36.9	39.9	27.6	28.0	27.1	24.9	↓	No change

Were in a physical fight on school property

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
21.1	17.0	17.2	14.7	21.9	12.0	16.2	22.2	17.1	14.3	12.2	9.7	7.3	10.5	4.8	No change	No change

Unintentional Injuries and Violence – percentage of students

Were ever physically forced to have sexual intercourse (when they did not want to)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
				15.7	12.9	13.1	11	11.3	12.2	9.6	11.4	10.6	9.6	13.7	No change	No change

Experienced sexual violence (such as unwanted kissing, touching, or sexual intercourse), past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
												9.6	5.3	13.1	↑	↑

Experienced sexual dating violence, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
										13.3	10.1	6.5	2.1	5.2	↓	No change

Experienced physical dating violence (such as being hit, slammed into something, or injured with an object or weapon), past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
										12.0	8.7	11.3	11.4	9.3	No change	No change

Were bullied on school property, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
								21.8	20.5	21.4	22.1	20.1	18.3	13.3	↓	No change

Were electronically bullied, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									15.9	15.4	16.9	17.1	15.7	14.2	No change	No change

Unintentional Injuries and Violence – percentage of students

Were the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
										13.2	14.7	10.7	13.2	14.8	No change	No change

Felt so sad or hopeless for two or more weeks in a row that they stopped doing some usual activities, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			30.9	41.6	29.9	31.5	34.4	32.0	30.9	31.4	38.6	42.6	39.6	49.0	↑	No change

Seriously considered attempting suicide, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
19.7	18.4	20.3	17.2	28.2	21.0	19.7	20.6	19.5	21.2	23.2	24.3	28.2	26.1	26.7	No change	No change

Made a plan about how they would attempt suicide, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
20.6	19.1	20.1	11.9	23.0	14.5	17.4	15.8	16.6	15.1	19.2	20.6	18.6	20.4	20.7	No change	No change

Actually attempted suicide, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
10.4	11.9	11.5	9.1	20.8	15.5	19.3	16.5	18.1	11.9	15.5	15.6	18.3	15.4	17.6	No change	No change

Among students who attempted suicide, had a suicide attempt that resulted in injury, poisoning, or overdose that required medical treatment, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
34.2	32.5	27.3	35.1	35.9	30.6	30.4	34.2	38.3	36.4	32.9	36.0	32.6	36.6	31.7	No change	No change

Tobacco Use – percentage of students

Ever tried cigarette smoking

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
86.9	95.2	92.0	89.5	96.2	87.7	81.6	82.2	78.6	77.6	66.5	64.8	57.8	48.9	52.2	↓	No change

First tried cigarette smoking before age 13 years

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			41.8	46.2	42.2	41.5	33.5	33.1	29.7	25.9	27.1	25.5	19.1	28	↓	No change

Currently smoked cigarettes, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
45.0	49.1	51.3	61.7	57.2	45.2	38.0	44.9	44.1	41.4	31.2	20.3	19.3	13.2	14.4	↓	No change

Currently smoked cigarettes frequently, on 20 or more of the past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
22.1	33.3	22.5	37.5	34.2	21.1	15.4	15.7	16.0	15.5	12.4	5.4	5.3	3.3	2.2	↓	No change

Smoked more than 10 cigarettes per day, on the days they smoked during the past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
11.8	13.2	12.1	11.5	12.6	10.8	7.7	7.7	4.0	6.9	5.7	5.5	4.6	5.5	3.5	↓	No change

Currently smoked cigarettes daily, all of the past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
15.5	22.7	15.4	24.7	21.4	12.5	8.5	10.3	10.5	12.7	7.2	2.0	3.4	3.3	1.3	↓	No change

Tobacco Use – percentage of students

Ever used an electronic vapor product

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											57.1	48.5	65.7	55	No change	↓

Currently used an electronic vapor product, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											33.5	19.6	28.4	29.0	No change	No change

Currently used electronic vapor products frequently, on 20 or more of the past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											5.7	3.5	6.7	8.1	No change	No change

Currently used electronic vapor products daily, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											2.6	2.6	4.2	5.2	No change	No change

Currently used an electronic vapor product on school property, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
													16.6	13.9	No change	No change

Tobacco Use – percentage of students

Currently used smokeless tobacco, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			21.9	26.3	20.8	28.8	25.8	22.7	27.5	19.6	21.7	17.5	6.2	5.8	↓	No change

Currently used smokeless tobacco frequently, on 20 or more of the past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											5.7	3.5	6.7	8.1	↓	No change

Currently used smokeless tobacco daily, 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
												3.9	2.3	1.5	↓	No change

Currently smoked cigars, cigarillos, or little cigars, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			18.4	19.0	14.1	19.0	15.5	11.0	14.7	11.2	8.4	11.0	6.4	8.0	↓	No change

Currently smoked cigars frequently, on 20 or more of the past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									2.8	1.2	~	0.6	0.4	0.2	↓	No change

Currently smoked cigars daily, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									2.4	0.6	~	0.6	0.4	0.2	↓	No change

Tobacco Use – percentage of students

Currently smoked cigarettes or cigars, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									45.4	32.8	24.0	21.1	13.3	15.5	↓	No change

Currently smoked cigarettes or cigars or used smokeless tobacco, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
												28.4	16.6	17.6	↓	No change

Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
												36.2	32.3	32.5	No change	No change

Currently smoked cigarettes or used electronic vapor products, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											40.7	28.6	32.0	31.8	No change	No change

Alcohol and Other Drug Use – percentage of students

Had their first drink of alcohol before age 13 years

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
46.1	40.8	43.5	42.4	48.6	30.5	29.3	35.0	29.2	22.7	23.9	19.7	17.8	17.1	20.7	↓	No change

Currently drank alcohol, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
64.2	64.7	55.6	61.0	66.2	50.3	53.0	52.0	46.1	43.7	31.3	31.7	26.7	25.3	24.4	↓	No change

Currently were binge drinking, past 30 days (4 or more drinks if female, 5 or more drinks if male, within a couple of hours)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			47.8	47.0	42.7	44.9	45.7	38.3	31.0	25.2	22.9	15.3	10.2	15.1	↓	No change

Had 10 or more drinks in a row, within a couple of hours, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
										8.8	7.8	9.1	4.6	5.0	No change	No change

Usually got the alcohol they drank by someone giving it to them, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									26.5	25.9	23.8	34.4	39.1	23.6	No change	↓

Ever used marijuana

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
61.5	57.4	74.0	77.4	74.1	70.8	67.7	63.9	67.5	69.4	58.2	62.5	58.7	58.9	55.1	No change	No change

Alcohol and Other Drug Use – percentage of students

Tried marijuana for the first time before age 13 years

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
23.5	16.7	22.7	41.7	38.3	35.8	35.0	26.0	34.0	27.9	25.7	22.2	19.4	20.6	23.7	No change	No change

Currently used marijuana, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
34.8	27.8	49.3	52.9	52.3	38.2	40.4	40.4	41.9	43.8	33.8	33.9	32.0	28.5	32.0	↓	No change

Ever used synthetic marijuana

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											20.1	14.0	8.4	13.4	↓	No change

Ever took prescription pain medicine without a doctor's prescription or differently than how it was prescribed (e.g., codeine, Vicodin, OxyContin, Hydrocodone, and Percocet)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									22.3	19.7	17.5	16.0	14.2	14.5	↓	No change

Ever used cocaine (including powder, crack, or freebase)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
12.0	14.4	19.5	24.6	18.8	14.5	17.0	17.1	10.9	11.8	8.3	7.3	4.1	2.8	6.6	↓	No change

Ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			47.8	47.0	42.7	44.9	45.7	38.3	31.0	25.2	22.9	15.3	10.2	15.1	↓	No change

Alcohol and Other Drug Use – percentage of students

Ever used heroin (also called “smack,” “junk,” or “China White”)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			5.9	11.9	5.1	6.3	4.1	2.4	3.8	2.9	1.3	2.0	1.0	2.7	↓	No change

Ever used methamphetamines (also called “speed,” “crystal meth,” “crank,” “ice,” or “meth”)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			27.3	33.4	17.9	17.1	11.5	5.7	3.8	2.9	1.3	2.0	1.0	2.5	↓	No change

Ever used ecstasy (also called “MDMA” or “Molly”)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
					7.9	9.9	9.2	9.7	11.4	9.7	7.7	6.5	3.2	6.8	↓	No change

Ever injected any illegal drug (using a needle to inject any illegal drug into their body)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
	4.1	5.0	5.0	7.4	4.6	7.1	2.3	3.8	1.4	3.4	1.2	3.7	0.4	2.1	↓	↑

Were offered, sold, or given an illegal drug on school property, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
34.9	39.0	39.2	43.1	47.1	30.3	29.3	25.8	24.2	32.2	23.0	17.8	21.0	15.6	20.9	↓	No change

Sexual Behaviors – percentage of students

Ever had sexual intercourse

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
71.2	66.2	61.0	58.1	65.7	69.1	58.1	65.4	66.4	67.4	61.5	58.1	56.3	54.6	49.8	↓	No change

Had sexual intercourse for the first time before age 13 years

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
17.4	11.5	11.7	12.5	11.3	13.1	11.5	13.1	14.9	10.8	11.2	4.0	6.2	6.1	4.8	↓	No change

Had sexual intercourse with four or more persons (lifetime)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
37.1	22.7	30.3	25.0	23.7	32.6	23.3	26.1	29.5	29.5	24.8	22.7	19.6	16.2	15.2	↓	No change

Were currently sexually active (sexual intercourse during past 3 months)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
52.2	44.1	48.8	39.8	46.2	46.1	40.4	45.1	47.8	49.0	42.1	42.7	42.4	34.9	32.6	↓	No change

Drank alcohol or used drugs before last sexual intercourse (among currently sexually active)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			42.2	37.2	35.9	26.9	37.8	40.4	20.4	29.1	23.6	18.7	19.4	22.4	↓	No change

Used a condom during last sexual intercourse (among currently sexually active)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			50.7	64.8	63.0	61.2	64.7	57.6	54.2	56.0	65.3	49.6	57.6	57.3	No change	No change

Sexual Behaviors – percentage of students

Used birth control pills before last sexual intercourse (among currently sexually active)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			6.8	7.4	11.5	10.0	8.0	8.3	12.6	16.5	14.9	12.4	11.7	19.4	↑	↑

Did not use any method to prevent pregnancy during last sexual intercourse (among currently sexually active)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			23.3	19.8	15.1	17.2	22.7	17.8	19.1	12.3	16.8	17.5	16.5	14.8	↓	No change

Used a condom during last sexual intercourse (among currently sexually active)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			50.7	64.8	63.0	61.2	64.7	57.6	54.2	56.0	65.3	49.6	57.6	57.3	No change	No change

Nutrition and Dietary Behaviors – percentage of students

Had obesity (>= 95th percentile for body mass index, 2000 CDC growth charts)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			8.8	10.7	19.3	16.3	17.2	16.0	12.5	14.2	15.9	20.0	19.9	21.6	↑	No change

Were overweight (>= 85th percentile but <95th percentile for body mass index, 2000 CDC growth charts)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			10.6	17.7	11.7	18.5	16.9	15.4	14.0	18.8	16.2	21.2	17.5	21.1	↑	No change

Nutrition and Dietary Behaviors – percentage of students

Described themselves as slightly of very overweight

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
44.2	31.3	40.1	32.7	45.6	39.1	39.6	35.3	37.7	35.7	36.7	35.5	42.6	43.7	40.4	No change	No change

Were trying to lose weight

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
51.2	48.6	50.4	42.7	49.6	48.0	46.5	50.3	50.4	45.9	55.7	54.4	56.4	55.3	58.9	No change	↑

Did not drink 100% fruit juice, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			14.3	15.0	15.6	17.2	16.0	17.7	19.7	18.1	16.3	24.0	26.4	25.0	↗	No change

Did not eat fruit, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			13.1	11.2	12.6	11.6	12.1	11.6	13.5	12.4	7.0	11.8	10.2	10.4	No change	No change

Did not eat fruit or drink 100% fruit juices, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									6.5	5.6	4.3	6.8	6.3	5.9	No change	No change

Ate fruit or drank 100% fruit juices one or more times per day, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									57.6	57.4	61.8	60.0	54.7	54.8	No change	No change

Nutrition and Dietary Behaviors – percentage of students

Did not eat green salad, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			32.1	29.5	33.7	36.0	39.0	37.8	40.3	42.4	39.2	33.0	38.6	44.5	↑	No change

Did not eat potatoes, 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			26.9	23.5	30.5	31.1	29.8	30.2	29.6	33.3	36.2	35.3	36.6	37.3	No change	No change

Did not eat carrots, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			47.6	44.8	50.7	53.3	53.3	48.6	54.4	45.8	45.6	49.3	50.5	49.6	No change	No change

Did not eat other vegetables, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			18.5	17.7	23.9	24.1	21.9	23.1	24.0	24.0	19.2	20.9	31.6	20.2	No change	↓

Did not eat vegetables (green salad, potatoes, carrots, or other vegetables), past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			3.1	5.1	10.6	8.3	7.6	~	7.0	6.7	8.3	6.7	10.8	6.2	No change	↓

Ate vegetables one or more times per day, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									55.8	59.1	57.6	57.7	52.8	53.0	No change	No change

Nutrition and Dietary Behaviors – percentage of students

Ate vegetables two or more times per day, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									24.2	24.3	23.7	24.8	20.4	22.3	No change	No change

Ate vegetables three or more times per day, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									11.7	13.0	13.7	12.2	10.0	11.6	No change	No change

Did not drink a can, bottle, or glass of soda or pop, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									13.7	16.5	21.8	21.0	20.7	27.8	↑	No change

Drank a can, bottle, or glass of soda or pop one or more times per day, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									30.3	23.9	23.7	18.9	15.9	10.8	↓	No change

Drank a can, bottle, or glass of soda or pop two or more times per day, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									23.4	17.0	12.9	13.8	9.5	5.5	↓	No change

Did not drink milk, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			15.7	15.9	16.0	14.7	17.2	15.8	~	22.4	15.3	25.3	30.0	28.9	↑	No change

Nutrition and Dietary Behaviors – percentage of students

Drank one or more glasses of milk per day, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
										28.8	28.9	32.3	19.1	23.0	↓	No change

Drank three or more glasses of milk per day, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
										9.4	9.4	10.8	5.2	6.9	No change	No change

Did not eat breakfast, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									14.0	13.5	9.8	12.4	13.7	17.9	No change	No change

Ate breakfast on all 7 days, past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									30.3	27.6	28.4	27.5	24.6	20.5	↓	No change

Physical Inactivity – percentage of students

Were physically active at least 60 minutes per day on 5 or more of the past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
							38.7	40.7	53.5	51.7	49.7	49.4	43.2	42.1	No change	No change

Physical Inactivity – percentage of students

Did not participate in at least 60 minutes of physical activity on any of the past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
							15.9	20.8	11.8	9.7	11.8	13.7	13.8	11.1	No change	No change

Were physically active at least 60 minutes per day on all of the past 7 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
							18.8	16.5	26.6	28.1	30.1	26.6	20.7	20.9	↓	No change

Attended physical education (PE) classes on 1 or more days in an average school week

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
62.1	65.2	58.9	57.7	62.0	66.0	69.7	56.2	61.5	53.4	65.2	60.1	57.8	59.3	52.9	↓	No change

Attended physical education (PE) classes on all 5 days in an average school week

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
									31.8	42.7	34.5	36.0	35.8	14.0	↓	↓

Played on at least one sports team during the past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			62.5	55.3	58.3	71.2	49.5	60.1	53.4	65.2	60.1	57.8	59.3	52.9	↓	No change

Had a concussion from playing a sport or being physically active during the past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
												17.7	13.5	15.4	No change	No change

Physical Inactivity – percentage of students

Spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing school work, on an average school day)

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
							18.4	22.2	22.4	38.3	34.8	40.3	46.2	70.9	↑	↑

Other health-related topics – percentage of students

Saw a dentist (for a check-up, exam, teeth cleaning, or other dental work) during the past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											63.0	71.6	66.3	63.9	No change	No change

Never saw a dentist during their lifetime

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											1.4	1.8	1.2	1.6	No change	No change

Got 8 or more hours of sleep on an average school night

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											28.4	29.0	24.8	26.0	No change	No change

Usually did not sleep in their parent's or guardian's home, past 30 days

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
												6.3	2.2	5.4	No change	↑

Other health-related topics – percentage of students

Have ever been told by a doctor or a nurse that they have asthma

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
						18.8	17.4	22.0	24.9	19.1	24.6	24.4	27.3	21.5	No change	↓

Described their grades in school as mostly A's or B's , past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
											58.7	59.5	56.1	47.1	No change	No change

Used an indoor tanning device (such as a sunlamp, sunbed, or tanning booth), past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
										8.3	8.3	6.5	3.4	5.4	No change	No change

Received help from a resource teacher, speech therapist, or other special education teacher at school, past 12 months

1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	Linear change	2019-2021 Change
			18.5	19.1	23.4	15.4	16.2	20.8	21.8	19.9	21.4	23.0	16.2	20.7	No change	No change