Nutrition and Dietary Behavior Maps

2021 Montana Youth Risk Behavior Survey
County-Level Data
Percentage of Montana High School students. . .
Described themselves as slightly or very overweight
Were trying to lose weight
Did not drink 100% fruit juice during the past 7 days
(do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
Drank 100% fruit juice one or more times per day, past 7 days
Did not eat fruit on any of the past 7 days
Ate fruit one or more times per day, past 7 days
Did not eat a green salad during the past 7 days

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Ate a green salad one or more times per day, past 7 days
Did not eat potatoes on any of the past 7 days (do not count french fries, fried potatoes, or potato chips.)
Data skip in the 40-percentile range.
Did not eat carrots during the past 7 days
Did not eat other vegetables during the past 7 days
(not counting green salad, potatoes, or carrots.)
Did not drink a can, bottle, or glass of soda or pop, past 7 days
Drank a can, bottle, or glass of soda or pop one or more times per day, past 7 days
Drank a sports drink such as Gatorade or PowerAde one or more times per day, past 7 days (do not count low-calorie sports drinks such as Propel or G2.)
Did not drink milk, past 7 days  (count milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)
Drank three or more glasses of milk per day, past 7 days
Did not eat breakfast on any of the past 7 days
Ate breakfast on each of the past 7 days
Always or most of the time went hungry because there was not enough food in the home, past 30 days