

2021

**Montana
Youth Risk
Behavior
Survey**



**American Indian
Grades 7-8 Results**

ACKNOWLEDGMENT

The 2021 Youth Risk Behavior Survey (YRBS) report is a continuation of the surveillance and reporting system for adolescent risk behaviors developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, U.S. Centers for Disease Control and Prevention (CDC). The YRBS was first used in Montana in 1991. Superintendent Elsie Arntzen, and the Montana Office of Public Instruction, acknowledge the participation, support and cooperation of those persons who made the 2021 Montana Youth Risk Behavior Survey possible. Sincere appreciation is expressed to:

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Youth Risk Behavior Survey Program
Montana Office of Public Instruction
Susan Court, State Coordinator
Contact: scourt@mt.gov or 406-444-3178
Website: www.opi.mt.gov/yrbs

2021 Montana Youth Risk Behavior Survey

American Indian Grades 7-8 Report

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2021 YRBS Frequency Distributions

(Percentage of Montana American Indian Grades 7-8 Students)

1. How old are you?	
A. 10 years old or younger	0.0
B. 11 years old	0.2
C. 12 years old	19.4
D. 13 years old	48.2
E. 14 years old	29.5
F. 15 years old	2.6
G. 16 years old or older	0.0

2. What is your sex?	
A. Female	51.0
B. Male	49.0

3. In what grade are you?	
A. 7 ^h grade	53.9
B. 8 th grade	46.1

4. Are you Hispanic or Latino?	
A. Yes	15.5
B. No	84.5

5. What is your race?	
A. Black	-
B. Hispanic/Latino	-
C. Native American	100.0
D. White	-
E. All other races*	-
F. Multiple races*	-

*Non-Hispanic

The next 3 questions ask about safety.

6. How often do you wear a seat belt when riding in a car driven by someone else?	
A. Never	5.0
B. Rarely	7.9
C. Sometimes	16.6
D. Most of the time	36.9
E. Always	68.7

7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol ?	
A. 0 times	75.5
B. 1 time	7.8
C. 2 or 3 times	6.1
D. 4 or 5 times	2.7
E. 6 or more times	8.0

8. How often do you wear a seat belt when driving a car?	
A. I do not drive a car	57.4
B. Never	2.2
C. Rarely	3.5
D. Sometimes	5.1
E. Most of the time	8.3
F. Always	23.5

The next 10 questions ask about violence-related behaviors and experiences.

9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property ?	
A. 0 days	93.8
B. 1 day	2.2
C. 2 or 3 days	1.4
D. 4 or 5 days	0.7
E. 6 or more days	2.0

10. During the past 12 months, on how many days did you carry a gun ? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)	
A. 0 days	89.6
B. 1 day	3.6
C. 2 or 3 days	3.0
D. 4 or 5 days	1.0
E. 6 or more days	2.8

11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?	
A. 0 days	85.3
B. 1 day	7.5
C. 2 or 3 days	4.0
D. 4 or 5 days	1.1
E. 6 or more days	2.1

12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property ?	
A. 0 times	91.2
B. 1 time	4.3
C. 2 or 3 times	2.6
D. 4 or 5 times	0.2
E. 6 or 7 times	0.7
F. 8 or 9 times	0.1
G. 10 or 11 times	0.1
H. 12 or more times	0.7

13. During the past 12 months, how many times were you in a physical fight ?	
A. 0 times	60.0
B. 1 time	17.2
C. 2 or 3 times	12.4
D. 4 or 5 times	3.6
E. 6 or 7 times	2.4
F. 8 or 9 times	1.0
G. 10 or 11 times	0.7
H. 12 or more times	2.8

14. During the past 12 months, how many times were you in a physical fight on school property ?	
A. 0 times	85.3
B. 1 time	9.4
C. 2 or 3 times	3.5
D. 4 or 5 times	1.0
E. 6 or 7 times	0.2
F. 8 or 9 times	0.2
G. 10 or 11 times	0.2
H. 12 or more times	0.3

15. Have you ever been physically forced to have sexual intercourse when you did not want to?	
A. Yes	9.0
B. No	91.0

16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)	
A. 0 times	91.5
B. 1 time	5.2
C. 2 or 3 times	2.0
D. 4 or 5 times	0.7
E. 6 or more times	0.7

17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)	
A. I did not date or go out with anyone during the past 12 months	51.2
B. 0 times	43.8
C. 1 time	2.8
D. 2 or 3 times	1.6
E. 4 or 5 times	0.3
F. 6 or more times	0.2

18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)	
A. I did not date or go out with anyone during the past 12 months	50.9
B. 0 times	45.5
C. 1 time	1.7
D. 2 or 3 times	1.1
E. 4 or 5 times	0.3
F. 6 or more times	0.4

The next 3 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

19. During the past 12 months, have you ever been bullied on school property ?	
A. Yes	28.7
B. No	71.3

20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)	
A. Yes	25.8
B. No	74.2

21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian or bisexual?	
A. Yes	22.6
B. No	77.4

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	
A. Yes	46.9
B. No	53.1

23. During the past 12 months, did you ever seriously consider attempting suicide?	
A. Yes	28.2
B. No	71.8

24. During the past 12 months, did you make a plan about how you would attempt suicide?	
A. Yes	25.6
B. No	74.4

25. During the past 12 months, how many times did you actually attempt suicide?	
A. 0 times	80.0
B. 1 time	11.9
C. 2 or 3 times	5.3
D. 4 or 5 times	1.6
E. 6 or more times	1.4

26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	
A. I did not attempt suicide during the past 12 months	73.7
B. Yes	6.9
C. No	19.3

The next 4 questions ask about cigarette smoking.

27. Have you ever tried cigarette smoking, even one or two puffs?	
A. Yes	31.5
B. No	68.5

28. How old were you when you first tried cigarette smoking, even one or two puffs?	
A. I have never tried cigarette smoking, not even one or two puffs	68.5
B. 8 years old or younger	7.0
C. 9 or 10 years old	7.2
D. 11 or 12 years old	12.1
E. 13 or 14 years old	5.1
F. 15 years old or older	0.0

29. During the past 30 days, on how many days did you smoke cigarettes?	
A. 0 days	91.4
B. 1 or 2 days	4.5
C. 3 to 5 days	1.6
D. 6 to 9 days	0.8
E. 10 to 19 days	0.9
F. 20 to 29 days	0.2
G. All 30 days	0.6

30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day ?	
A. I did not smoke cigarettes during the past 30 days	91.7
B. Less than 1 cigarette per day	3.9
C. 1 cigarette per day	2.2
D. 2 to 5 cigarettes per day	1.6
E. 6 to 10 cigarettes per day	0.3
F. 11 to 20 cigarettes per day	0.1
G. More than 20 cigarettes per day	0.2

The next 5 questions ask about electronic vapor products, such as JUUL, SMOK, Suorin, Vuse, and blu. Electronic vapor products include e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods.

31. Have you ever used an electronic vapor product?	
A. Yes	37.7
B. No	62.3

32. During the past 30 days, on how many days did you use an electronic vapor product?	
A. 0 days	79.7
B. 1 or 2 days	9.6
C. 3 to 5 days	3.4
D. 6 to 9 days	2.1
E. 10 to 19 days	2.0
F. 20 to 29 days	1.3
G. All 30 days	1.8

33. During the past 30 days, on how many days did you use an electronic vapor product on school property ?	
A. 0 days	94.4
B. 1 or 2 days	3.3
C. 3 to 5 days	1.0
D. 6 to 9 days	0.6
E. 10 to 19 days	0.4
F. 20 to 29 days	0.1
G. All 30 days	0.2

34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)	
A. I did not use any electronic vapor products during the past 30 days	79.2
B. I got or bought them from a friend, family member, or someone else	13.3
C. I bought them myself in a vape shop or tobacco shop	0.0
D. I bought them myself in a convenience store, supermarket, discount store, or gas station	0.1
E. I bought them myself at a mall or shopping center kiosk or stand	0.2
F. I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	0.6
G. I took them from a store or another person	1.0
H. I got them some other way	5.6

35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)	
A. I did not use an electronic vapor product during the past 30 days	80.3
B. Alcoholic drinks (such as wine, margarita, or other cocktails)	0.4
C. Chocolate, candy, desserts, or other sweets	2.7
D. Fruit	9.7
E. Menthol	2.2
F. Mint	1.7
G. Tobacco	0.6
H. Some other flavor	2.4

The next 2 questions ask about other tobacco products.

36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)	
A. 0 days	97.5
B. 1 or 2 days	0.8
C. 3 to 5 days	0.4
D. 6 to 9 days	0.6
E. 10 to 19 days	0.2
F. 20 to 29 days	0.1
G. All 30 days	0.3

37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars ?	
A. 0 days	96.2
B. 1 or 2 days	2.2
C. 3 to 5 days	0.8
D. 6 to 9 days	0.5
E. 10 to 19 days	0.0
F. 20 to 29 days	0.0
G. All 30 days	0.3

The next question asks about all tobacco products. Please consider **cigarettes, electronic vapor products, smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products), cigars (including little cigars or cigarillos), shisha or hookah tobacco, and pipe tobacco** when answering this question.

38. During the past 12 months, did you ever try to quit using all tobacco products?	
A. I did not use any tobacco products during the past 12 months	74.6
B. Yes	16.3
C. No	9.1

The next 6 questions ask about drinking alcohol. This includes drinking beer, wine, flavored alcoholic beverages, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

39. How old were you when you had your first drink of alcohol other than a few sips?	
A. I have never had a drink of alcohol other than a few sips	62.3
B. 8 years old or younger	9.2
C. 9 or 10 years old	7.8
D. 11 or 12 years old	11.9
E. 13 or 14 years old	8.6
F. 15 years old or older	0.2

40. During the past 30 days, on how many days did you have at least one drink of alcohol?	
A. 0 days	84.6
B. 1 or 2 days	9.6
C. 3 to 5 days	2.9
D. 6 to 9 days	1.3
E. 10 to 19 days	0.9
F. 20 to 29 days	0.4
G. All 30 days	0.3

41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?	
A. 0 days	91.4
B. 1 day	3.6
C. 2 days	2.2
D. 3 to 5 days	1.6
E. 6 to 9 days	0.5
F. 10 to 19 days	0.3
G. 20 or more days	0.4

42. During the past 30 days, how did you usually get the alcohol you drank?	
A. I did not drink alcohol during the past 30 days	85.0
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	0.5
C. I bought it at a restaurant, bar, or club	0.1
D. I bought it at a public event such as a concert or sporting event	0.2
E. I gave someone else money to buy it for me	2.0
F. Someone gave it to me	5.3
G. I took it from a store or family member	2.8
H. I got it some other way	4.1

43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)	
A. I did not drink alcohol during the past 30 days	84.6
B. Beer	3.7
C. Wine	1.2
D. Vodka	2.7
E. Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	3.0
F. Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	3.6
G. Some other type of alcohol	1.2

The next 3 questions ask about marijuana use. Marijuana also is called pot or weed. For these questions, do not count CBD-only or hemp products, which come from the same plant as marijuana, but do not cause a high when used alone.

44. During your life, how many times have you used marijuana?	
A. 0 times	68.8
B. 1 or 2 times	9.5
C. 3 to 9 times	5.6
D. 10 to 19 times	3.2
E. 20 to 39 times	3.3
F. 40 to 99 times	3.3
G. 100 or more times	6.3

45. How old were you when you tried marijuana for the first time?	
A. I have never tried marijuana	69.2
B. 8 years old or younger	3.9
C. 9 or 10 years old	6.7
D. 11 or 12 years old	12.3
E. 13 or 14 years old	7.6
F. 15 years old or older	0.3

46. During the past 30 days, how many times did you use marijuana?	
A. 0 times	83.1
B. 1 or 2 times	5.5
C. 3 to 9 times	4.1
D. 10 to 19 times	2.5
E. 20 to 39 times	1.8
F. 40 or more times	2.9

The next question asks about synthetic marijuana use. Synthetic marijuana also is called Spice, fake weed, K2, or Black Mamba.

47. During your life, how many times have you used synthetic marijuana?	
A. 0 times	91.9
B. 1 or 2 times	3.7
C. 3 to 9 times	2.2
D. 10 to 19 times	0.6
E. 20 to 39 times	0.6
F. 40 or more times	1.0

The next question asks about the use of prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it. For this question, count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.

48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?	
A. 0 times	85.6
B. 1 or 2 times	7.1
C. 3 to 9 times	3.3
D. 10 to 19 times	1.8
E. 20 to 39 times	0.8
F. 40 or more times	1.4

The next 8 questions ask about other drugs.

49. During your life, how many times have you used any form of cocaine , including powder, crack, or freebase?	
A. 0 times	97.2
B. 1 or 2 times	1.4
C. 3 to 9 times	0.6
D. 10 to 19 times	0.2
E. 20 to 39 times	0.3
F. 40 or more times	0.2

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	
A. 0 times	87.9
B. 1 or 2 times	6.2
C. 3 to 9 times	3.0
D. 10 to 19 times	1.4
E. 20 to 39 times	0.5
F. 40 or more times	1.0

51. During your life how many times have you used heroin (also called smack, junk, or China White)?	
A. 0 times	99.1
B. 1 or 2 times	0.5
C. 3 to 9 times	0.1
D. 10 to 19 times	0.1
E. 20 to 39 times	0.2
F. 40 or more times	0.1

52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?	
A. 0 times	98.4
B. 1 or 2 times	1.1
C. 3 to 9 times	0.2
D. 10 to 19 times	0.1
E. 20 to 39 times	0.2
F. 40 or more times	0.1

53. During your life, how many times have you used ecstasy (also called MDMA)?	
A. 0 times	96.8
B. 1 or 2 times	2.0
C. 3 to 9 times	0.5
D. 10 to 19 times	0.4
E. 20 to 39 times	0.1
F. 40 or more times	0.2

54. During your life, how many times have you used a needle to inject any illegal drug into your body?	
A. 0 times	98.8
B. 1 time	0.8
C. 2 or more times	0.4

55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property ?	
A. Yes	17.4
B. No	82.6

The next 7 questions ask about sexual behavior.

56. Have you ever had sexual intercourse?	
A. Yes	18.0
B. No	82.0

57. How old were you when you had sexual intercourse for the first time?	
A. I have never had sexual intercourse	85.3
B. 11 years old or younger	5.2
C. 12 years old	2.9
D. 13 years old	4.4
E. 14 years old	2.0
F. 15 years old or older	0.2

58. During your life, with how many people have you had sexual intercourse?	
A. I have never had sexual intercourse	85.4
B. 1 person	7.8
C. 2 people	2.5
D. 3 people	1.9
E. 4 people	1.0
F. 5 people	0.3
G. 6 or more people	1.0

59. During the past 3 months, with how many people did you have sexual intercourse?	
A. I have never had sexual intercourse	86.1
B. I have had sexual intercourse, but not during the past 3 months	8.0
C. 1 person	3.8
D. 2 people	1.4
E. 3 people	0.5
F. 4 people	0.1
G. 5 people	0.1
H. 6 or more people	0.1

60. Did you drink alcohol or use drugs before you had sexual intercourse the last time ?	
A. I have never had sexual intercourse	82.6
B. Yes	4.5
C. No	12.9

61. The last time you had sexual intercourse, did you or your partner use a condom?	
A. I have never had sexual intercourse	84.6
B. Yes	6.6
C. No	8.8

The next 2 questions ask about body weight.

62 How do you describe your weight?	
A. Very underweight	3.6
B. Slightly underweight	13.9
C. About the right weight	45.5
D. Slightly overweight	31.5
E. Very overweight	5.5

63. Which of the following are you trying to do about your weight?	
A. Lose weight	55.6
B. Gain weight	10.7
C. Stay the same weight	14.9
D. I am not trying to do anything about my weight	18.7

The next 10 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)	
A. I did not drink 100% fruit juice during the past 7 days	30.7
B. 1 to 3 times during the past 7 days	40.9
C. 4 to 6 times during the past 7 days	12.9
D. 1 time per day	4.4
E. 2 times per day	4.8
F. 3 times per day	2.4
G. 4 or more times per day	3.8

65. During the past 7 days, how many times did you eat fruit ? (Do not count fruit juice.)	
A. I did not eat fruit during the past 7 days	12.1
B. 1 to 3 times during the past 7 days	36.8
C. 4 to 6 times during the past 7 days	22.1
D. 1 time per day	7.4
E. 2 times per day	9.0
F. 3 times per day	5.3
G. 4 or more times per day	7.3

66. During the past 7 days, how many times did you eat green salad ?	
A. I did not eat green salad during the past 7 days	46.5
B. 1 to 3 times during the past 7 days	36.4
C. 4 to 6 times during the past 7 days	7.5
D. 1 time per day	5.7
E. 2 times per day	2.1
F. 3 times per day	0.5
G. 4 or more times per day	1.4

67. During the past 7 days, how many times did you eat potatoes ? (Do not count French fries, fried potatoes, or potato chips.)	
A. I did not eat potatoes during the past 7 days	44.2
B. 1 to 3 times during the past 7 days	43.5
C. 4 to 6 times during the past 7 days	6.8
D. 1 time per day	3.0
E. 2 times per day	0.9
F. 3 times per day	0.4
G. 4 or more times per day	1.2

68. During the past 7 days, how many times did you eat carrots ?	
A. I did not eat carrots during the past 7 days	50.3
B. 1 to 3 times during the past 7 days	33.5
C. 4 to 6 times during the past 7 days	8.5
D. 1 time per day	3.0
E. 2 times per day	1.6
F. 3 times per day	0.8
G. 4 or more times per day	2.3

69. During the past 7 days, how many times did you eat other vegetables ? (Do not count green salad, potatoes, or carrots.)	
A. I did not eat other vegetables during the past 7 days	27.2
B. 1 to 3 times during the past 7 days	39.2
C. 4 to 6 times during the past 7 days	18.5
D. 1 time per day	5.8
E. 2 times per day	4.1
F. 3 times per day	2.7
G. 4 or more times per day	2.5

70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop , such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)	
A. I did not drink soda or pop during the past 7 days	23.3
B. 1 to 3 times during the past 7 days	44.8
C. 4 to 6 times during the past 7 days	15.9
D. 1 time per day	5.4
E. 2 times per day	5.7
F. 3 times per day	2.3
G. 4 or more times per day	2.7

71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)	
A. I did not drink sports drinks during the past 7 days	39.0
B. 1 to 3 times during the past 7 days	33.0
C. 4 to 6 times during the past 7 days	13.5
D. 1 time per day	5.6
E. 2 times per day	4.1
F. 3 times per day	2.0
G. 4 or more times per day	2.8

72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)	
A. I did not drink milk during the past 7 days	22.6
B. 1 to 3 glasses during the past 7 days	33.7
C. 4 to 6 glasses during the past 7 days	16.3
D. 1 glass per day	10.0
E. 2 glasses per day	7.9
F. 3 glasses per day	4.8
G. 4 or more glasses per day	4.8

73. During the past 7 days, on how many days did you eat breakfast ?	
A. 0 days	16.7
B. 1 day	11.0
C. 2 days	11.1
D. 3 days	10.9
E. 4 days	8.6
F. 5 days	8.3
G. 6 days	4.8
H. 7 days	28.4

The next 4 questions ask about physical activity.

74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day ? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)	
A. 0 days	11.9
B. 1 day	8.7
C. 2 days	10.7
D. 3 days	11.8
E. 4 days	12.4
F. 5 days	12.4
G. 6 days	5.0
H. 7 days	27.1

75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called “screen time”)? Do not count time spent doing schoolwork.)	
A. Less than 1 hour per day	7.4
B. 1 hour per day	6.4
C. 2 hours per day	14.6
D. 3 hours per day	18.9
E. 4 hours per day	15.9
F. 5 or more hours per day	36.8

76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?	
A. 0 days	23.2
B. 1 day	5.4
C. 2 days	20.7
D. 3 days	13.0
E. 4 days	15.7
F. 5 days	21.9

77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)	
A. 0 teams	41.0
B. 1 team	22.9
C. 2 teams	16.6
D. 3 or more teams	19.4

The next question asks about concussions. A **concussion** is when a **blow or jolt to the head causes problems such as headaches, dizziness, being dazed or confused, difficulty remembering or concentrating, vomiting, blurred vision, or being knocked out.**

78. During the last 12 months, how many times did you have a concussion from playing a sport or being physically active ?	
A. 0 times	79.6
B. 1 time	10.7
C. 2 times	4.2
D. 3 times	1.6
E. 4 or more times	3.9

The next 12 questions ask about other health-related topics.

79. Has a doctor or nurse ever told you that you have asthma?	
A. Yes	19.7
B. No	65.9
C. Not sure	14.4

80. Do you still have asthma?	
A. I have never had asthma	57.6
B. Yes	12.2
C. No	14.3
D. Not sure	15.9

81. During the past 30 days, how many days of school did you miss because of your asthma?	
A. I do not have asthma	72.7
B. 0 days	24.1
C. 1 day	1.5
D. 2 days	0.7
E. 3 days	0.4
F. 4 days	0.1
G. 5 or more days	0.4

82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?	
A. During the past 12 months	64.7
B. Between 12 and 24 months ago	13.0
C. More than 24 months ago	5.5
D. Never	2.2
E. Not sure	14.6

83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)	
A. Never	25.8
B. Rarely	18.9
C. Sometimes	23.7
D. Most of the time	20.8
E. Always	10.8

84. On an average school night, how many hours of sleep do you get?	
A. 4 or less hours	15.6
B. 5 hours	11.2
C. 6 hours	17.2
D. 7 hours	20.3
E. 8 hours	21.5
F. 9 hours	9.5
G. 10 or more hours	4.7

85. During the past 30 days, where did you usually sleep?	
A. In my parent's or guardian's home	95.2
B. In the home of a friend, family member, or other person because I had to leave my home, or my parent or guardian cannot afford housing	2.6
C. In a shelter or emergency housing	0.5
D. In a motel or hotel	0.1
E. In a car, park, campground, or other public place	0.1
F. I do not have a usual place to sleep	0.6
G. Somewhere else	0.8

86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?	
A. Yes	6.6
B. No	93.4

87. During the past 30 days, how often did you go hungry because there was not enough food in your home?	
A. Never	69.5
B. Rarely	19.2
C. Sometimes	8.4
D. Most of the time	1.9
E. Always	1.0

88. During the past 12 months, how would you describe your grades in school?	
A. Mostly A's	29.0
B. Mostly B's	25.7
C. Mostly C's	16.4
D. Mostly D's	6.3
E. Mostly F's	8.7
F. None of these grades	0.6
G. Not sure	13.4

89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)	
A. 0 times	97.4
B. 1 or 2 times	1.4
C. 3 to 9 times	0.8
D. 10 to 19 times	0.4
E. 20 to 39 times	0.1
F. 40 or more times	0.0

90. During the past 12 months, did you receive help from a resource teacher, speech therapist, or other special education teacher at school?	
A. Yes	25.3
B. No	74.7

Point of Interest Tables

IMPORTANT!



Data represented in the Reservation or Non-Reservation tables are disaggregated by school location and includes *all grades 7-8 students* in Montana who selected the response "American Indian or Alaska Native".

Native American Student Results – 2021 YRBS

Unintentional Injuries and Violence

Grades 7-8 (Statewide)	On or Near a Reservation	Urban Schools	Percentage of students who . . .
12.9	16.2	10.0	Rarely or never wore a seat belt when riding in a car
13.3	15.4	10.0	Rarely or never wore a seat belt when driving a car
24.5	26.1	23.1	Rode with a driver who had been drinking alcohol (past 30 days)
6.2	6.1	6.3	Carried a weapon on school property (past 30 days)
10.4	11.1	9.8	Carried a gun (not for hunting or for sport, such as targeting shooting), [past 12 months]
8.8	6.2	11.0	Were threatened or injured with a weapon on school property (past 12 months)
14.7	16.8	12.8	Did not go to school because they felt unsafe at school or on their way to or from school (past 30 days)
40.0	38.6	41.2	Were in a physical fight (past 12 months)
14.7	13.3	16.0	Were in a physical fight on school property (past 12 months)
9.0	7.2	10.6	Were ever forced to have sexual intercourse when they did not want to
8.5	6.1	10.7	Experienced sexual violence (unwanted kissing, touching, or sexual intercourse, past 12 months)
10.2	8.3	11.9	Experienced sexual dating violence (unwanted kissing, touching or sexual intercourse by someone they were dating or going out with, past 12 months)
7.4	6.2	8.4	Experienced physical dating violence (being hit, slammed into something, or injured with an object or weapon by someone they were dating or going out with, past 12 months)
28.7	23.7	33.2	Were bullied on school property (past 12 months)
25.8	24.1	27.3	Were electronically bullied (past 12 months)
22.6	19.6	25.4	Were the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (past 12 months)
46.9	48.9	45.5	Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities (past 12 months)
28.2	26	30.2	Seriously considered attempting suicide (past 12 months)
25.6	24.8	26.3	Made a plan about how they would attempt suicide (past 12 months)
20.0	21.1	19.2	Actually attempted suicide (past 12 months)
6.9	6.8	7.0	Had a suicide attempt that resulted in an injury, poisoning, or overdose requiring medical treatment (past 12 months)
26.3	22.9	30.2	Among students who attempted suicide, had a suicide attempt that resulted in an injury, poisoning, or overdose that required medical treatment (past 12 months)

Tobacco

31.5	40.2	23.7	Ever tried cigarette smoking
26.4	34.8	18.9	First tried cigarette smoking before age 13 years
8.6	11.9	5.7	Currently smoked cigarettes (past 30 days)
0.8	1	0.7	Currently smoked cigarettes frequently (on 20 or more of the past 30 days)
0.6	0.7	0.4	Currently smoked cigarettes daily (on all of the past 30 days)
3.5	4.5	1.8	Smoked more than 10 cigarettes per day (on the days they smoked during the past 30 days)
37.7	42.5	33.4	Ever used an electronic vapor product
20.3	24.4	16.6	Currently used an electronic vapor product (past 30 days)
3.1	3.2	3.0	Currently used an electronic vapor product frequently (on 20 or more of the past 30 days)
1.8	1.6	2.0	Currently used electronic vapor products daily (on all of the past 30 days)
5.6	6.4	4.9	Used an electronic vapor product on school property (past 30 days)
0.3	0	0.6	Usually got their electronic vapor products by buying them in a store
2.5	2.9	2.1	Currently used smokeless tobacco (past 30 days)
2.5	2.9	2.1	Currently smoked cigars, cigarillos, or little cigars (past 30 days)
64.3	63.2	65.8	Tried to quit using all tobacco products (cigarettes, cigars, smokeless tobacco or electronic vapor products, past 12 months)

Native American Student Results – 2021 YRBS

Alcohol and Other Drugs			
Grades 7-8 (Statewide)	On or Near a Reservation	Urban Schools	Percentage of students who. . .
28.8	27.7	29.8	Had their first drink of alcohol before age 13 years
15.4	12.9	17.7	Currently drank alcohol (past 30 days)
8.6	8.7	8.4	Currently were binge drinking (4 or more drinks in a row if female, five or more drinks in a row if male, within a couple of hours, past 30 days)
13.5	21.1	7.1	Usually got the alcohol they drank by giving someone money to buy it for them (past 30 days)
31.2	42.7	20.7	Ever used marijuana in their lifetime
22.9	32.1	14.7	Tried marijuana for the first time before age 13 years
16.7	23.8	10.4	Currently used marijuana (past 30 days)
8.1	11.1	5.5	Ever used synthetic marijuana in their lifetime
14.4	15.7	14.7	Ever took prescription pain medicine without a doctor's prescription or differently than how it was prescribed (e.g., codeine, Vicodin, Oxycontin, Hydrocodone, and Percocet, in their lifetime)
2.8	2.8	2.9	Ever used cocaine in their lifetime
12.1	12.6	11.7	Ever used inhalants in their lifetime
0.9	1	0.8	Ever used heroin in their lifetime
1.6	2.3	1.0	Ever used methamphetamines in their lifetime
3.2	3.1	3.3	Ever used ecstasy in their lifetime
1.2	1.3	1.0	Ever injected any illegal drug in their lifetime
17.4	17.4	17.3	Were offered, sold, or given an illegal drug on school property (past 12 months)

Sexual Behaviors That Can Result in Unintended Pregnancy or Infection with STD

Grades 7-8 (Statewide)	On or Near a Reservation	Urban Schools	Percentage of students who. . .
18.0	18.6	17.5	Ever had sexual intercourse in their lifetime
12.5	7.9	8.3	Had sexual intercourse for the first time before age 13 years
2.3	2.8	1.9	Have had sexual intercourse with four or more people in their lifetime
5.9	7.0	5.0	Were currently sexually active (sexual intercourse during the past 3 months)
25.8	28.8	22.1	Drank alcohol or used drugs before last sexual intercourse
42.8	46.4	38.9	Used a condom during last sexual intercourse

Dietary Behaviors and Nutrition

Grades 7-8 (Statewide)	On or Near a Reservation	Urban Schools	Percentage of students who. . .
37.0	39.6	34.7	Described themselves as slightly or very overweight
55.6	62.3	49.7	Were trying to lose weight
30.7	28	33.2	Did not drink 100% fruit juice during the past 7 days
12.1	13.1	11.3	Did not eat fruit during the past 7 days
46.5	50.9	42.6	Did not eat a green salad during the past 7 days
44.2	43.2	45.2	Did not eat potatoes during the past 7 days
50.3	43.2	45.2	Did not eat carrots during the past 7 days
27.2	33.0	22.0	Did not eat other vegetables during the past 7 days
22.6	25.8	19.7	Did not drink milk
16.1	19.8	12.8	Drank a can, bottle, or glass of soda or pop one or more times per day, past 7 days
14.5	18.5	10.9	Drank a can, bottle, or glass of a sports drink one or more times per day, past 7 days
16.7	16.3	17.2	Did not eat breakfast on any of the past 7 days

Native American Student Results – 2021 YRBS

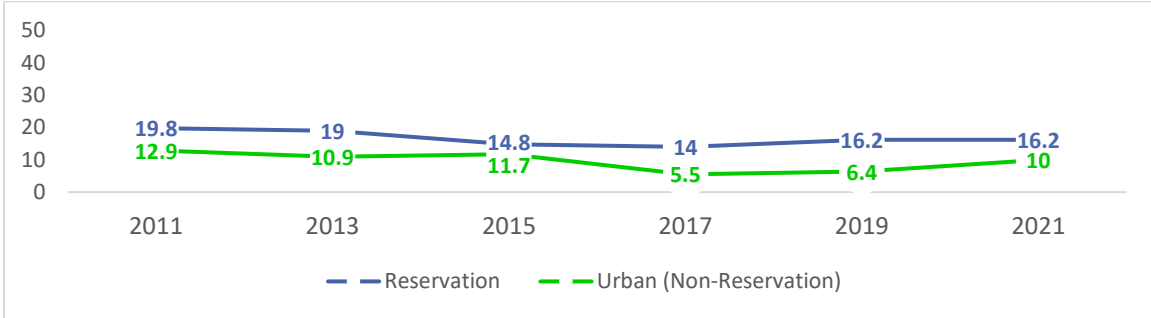
Physical Activity and Other Health-Related Topics

Grades 7-8 (Statewide)	On or Near a Reservation	Urban Schools	Percentage of students who. . .
11.9	13.7	10.3	Did not participate in at least 60 minutes of physical activity on any of the past 7 days
44.5	38.1	50.2	Were physically active at least 60 minutes per day on 5 or more of the past 7 days
27.1	22.1	31.5	Were physically active for at least 60 minutes per day on all of the past 7 days
71.6	74.6	69	Spent 3 or more hours per day on screen time on an average school day (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork.)
76.8	69.4	83.5	Attended physical education (PE) classes on 1 or more days during an average school week
59.0	55.0	62.6	Played on at least one sports team run by their school or community during the past 12 months
20.3	20.7	20.0	Had a concussion from playing a sport or being physically active, past 12 months
19.7	18.8	20.6	Were ever told by a doctor or nurse that they had asthma
64.7	59.9	69.0	Saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, past 12 months)
35.7	33.0	38.1	Got 8 or more hours of sleep on an average school night
2.6	2.8	2.4	Used an indoor tanning device, past 12 months
4.8	5.0	4.6	Did not usually sleep in their parent's or guardian's home, past 30 days
6.6	7.7	5.6	Slept away from their parents or guardians because they were kicked out, ran away, or were abandoned, past 30 days
2.9	2.5	3.2	Most of the time or always went hungry because there was not enough food in their home, past 30 days
54.6	43.3	64.8	Described their grades in school as mostly A's or B's, past 12 months
25.3	22.3	28.0	Received help from a resource teacher, speech therapist, or other special education teacher, past 12 months

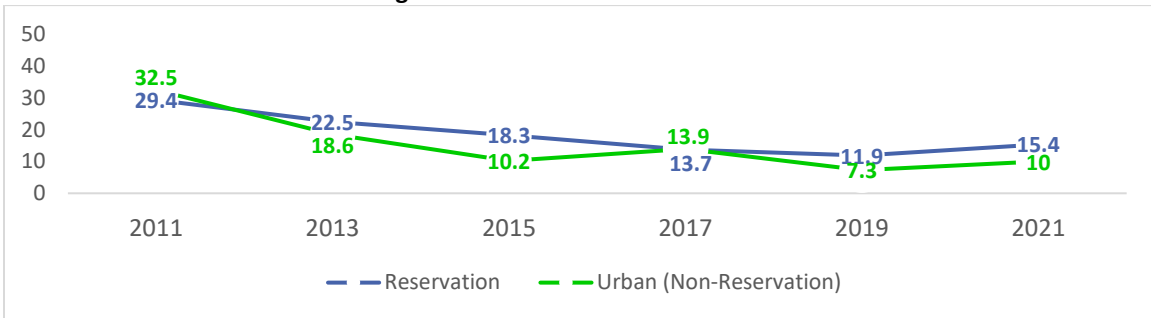
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Unintentional Injuries and Violence

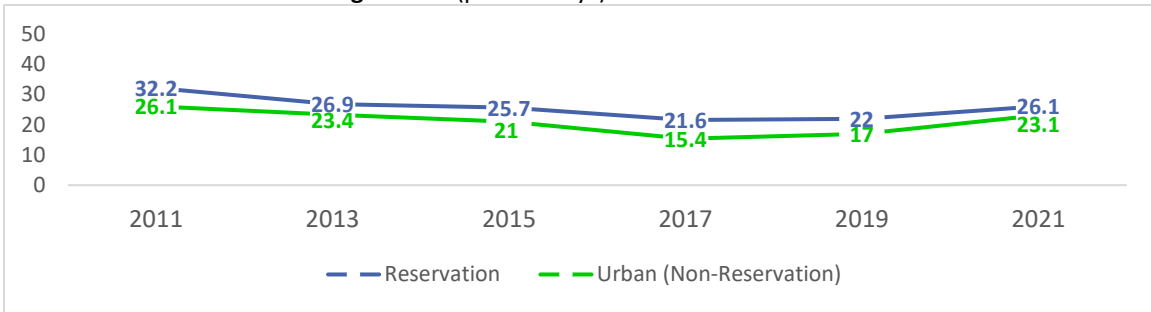
Rarely or never wore a seat belt when riding in a car



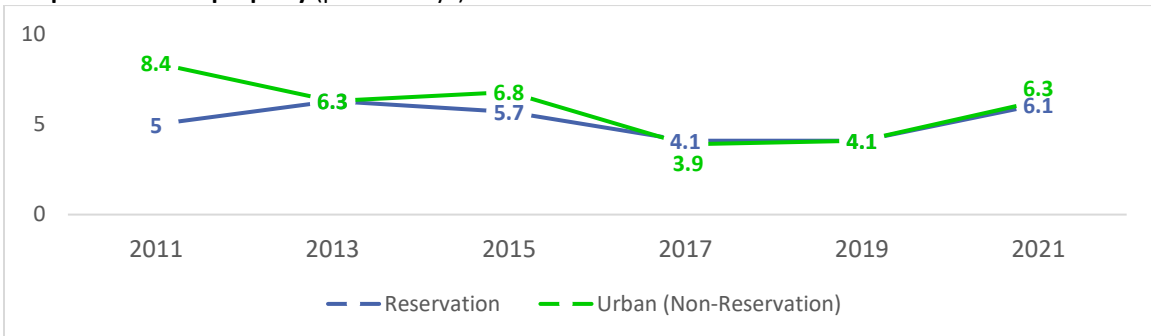
Rarely or never wore a seat belt when driving a car



Rode with a driver who had been drinking alcohol (past 30 days)

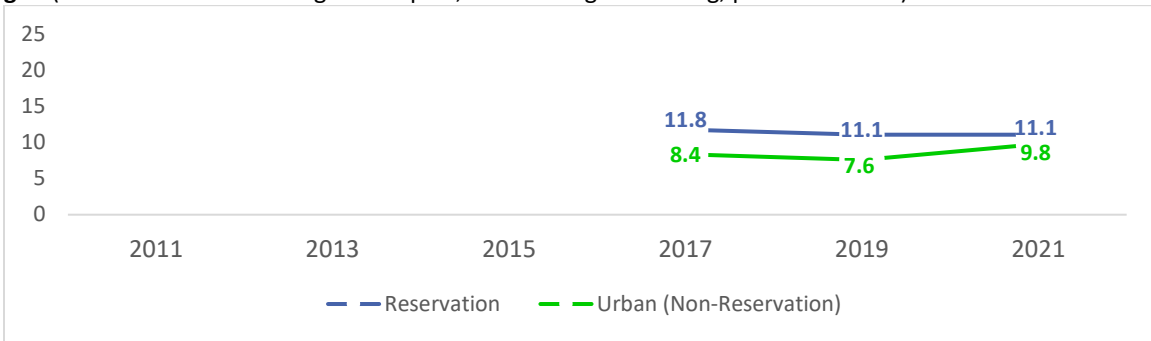


Carried a weapon on school property (past 30 days)

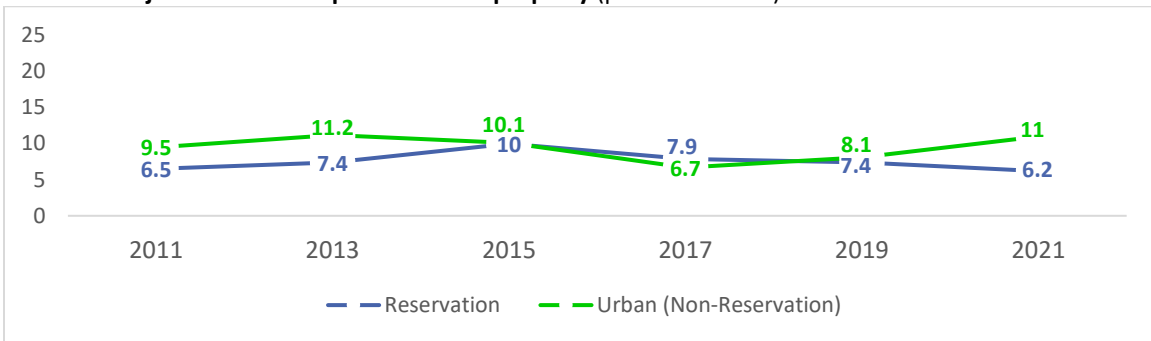


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American Indian Grades 7-8 Students
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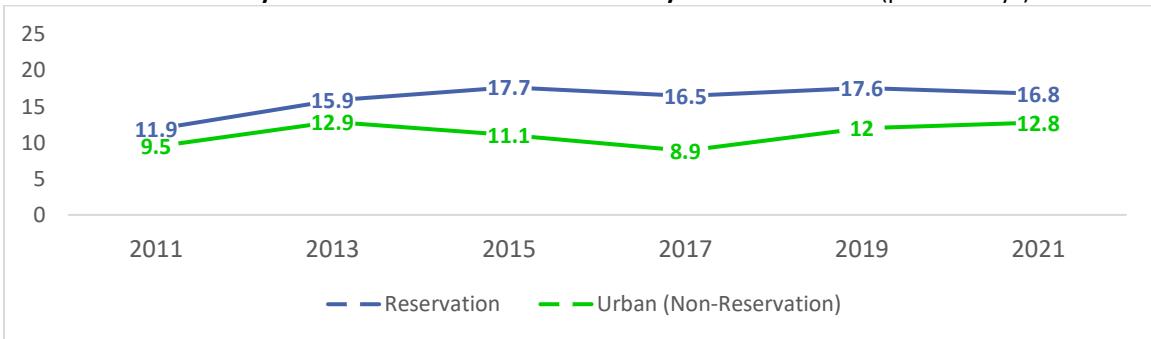
Carried a gun (do not count for hunting or for sport, such as target shooting, past 12 months)



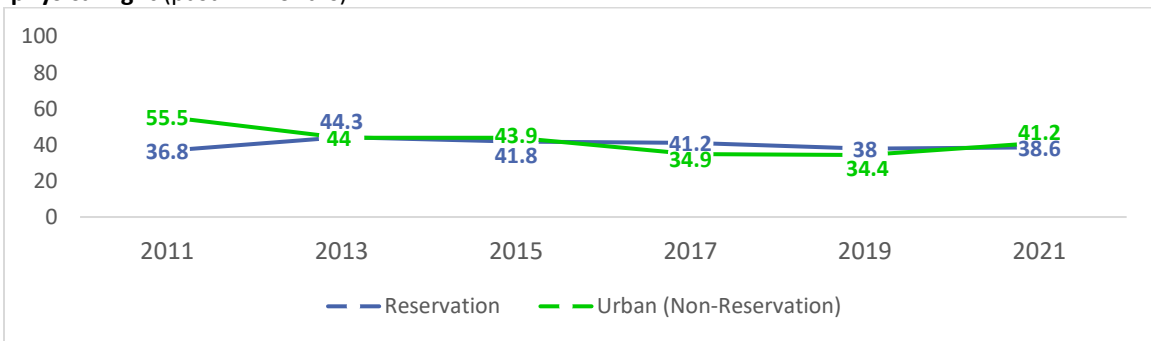
Were threatened or injured with a weapon on school property (past 12 months)



Did not go to school because they felt unsafe at school or on their way to or from school (past 30 days)

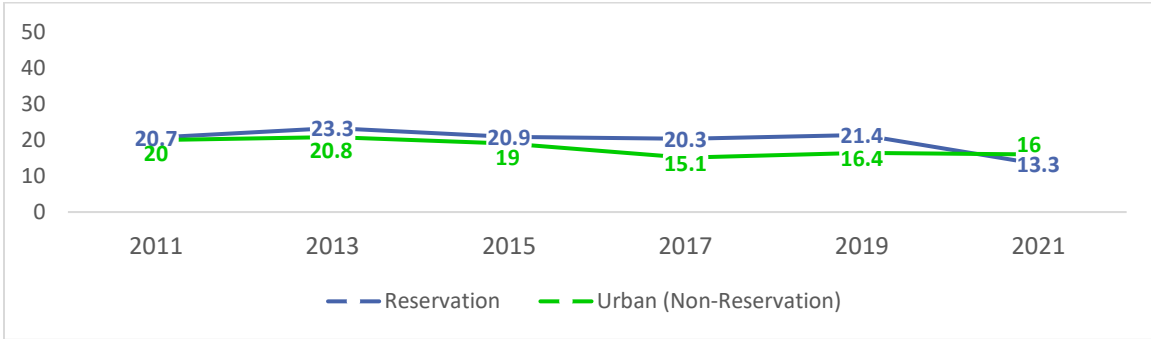


Were in a physical fight (past 12 months)

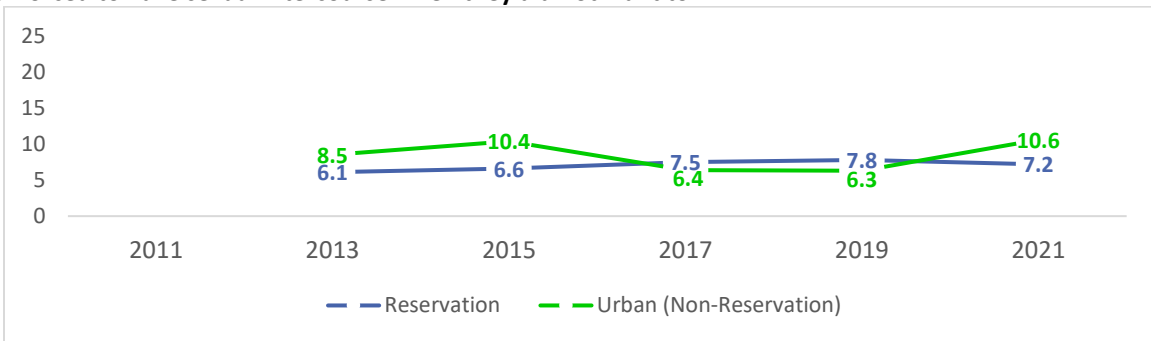


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American Indian Grades 7-8 Students
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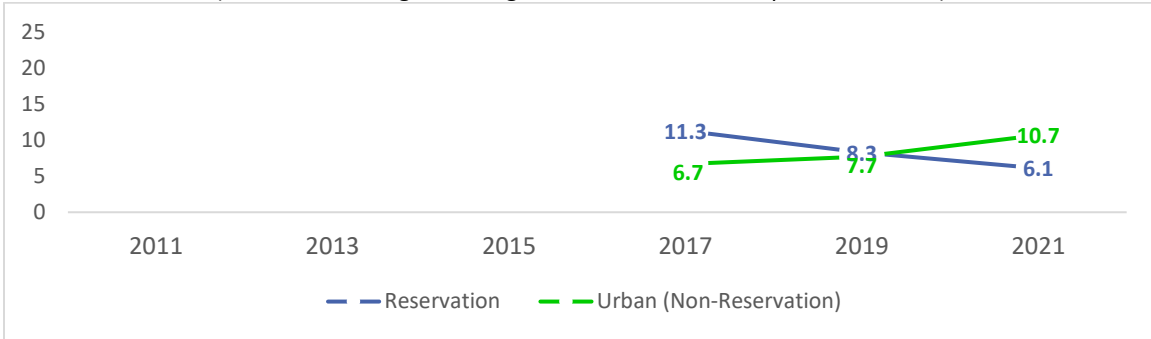
Were in a physical fight on school property (past 12 months)



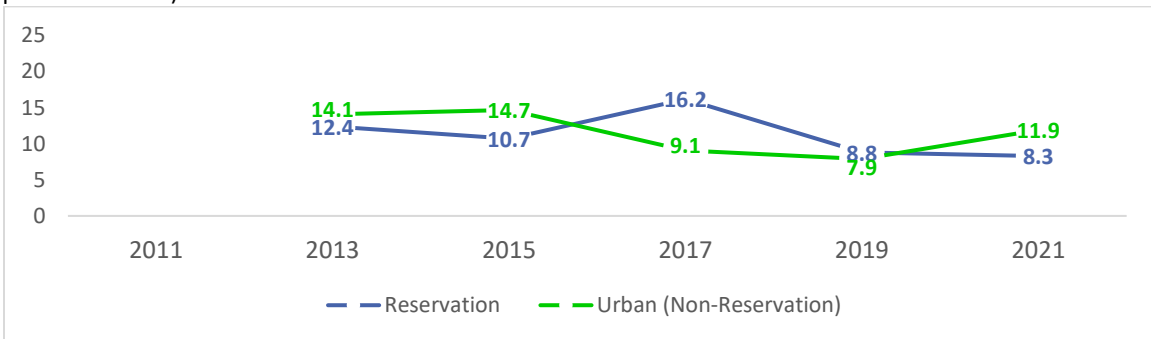
Were ever forced to have sexual intercourse when they did not want to



Experienced sexual violence (unwanted kissing, touching, or sexual intercourse, past 12 months)

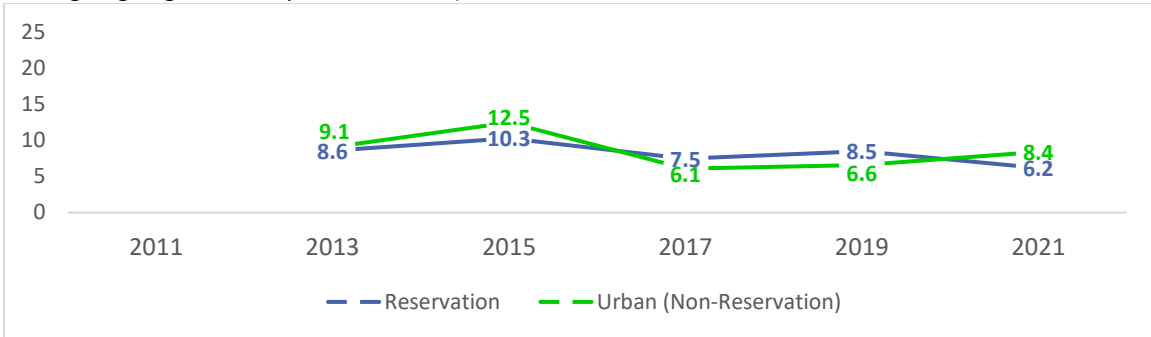


Experienced sexual dating violence (unwanted kissing, touching, or sexual intercourse by someone they were dating or going out with, past 12 months)

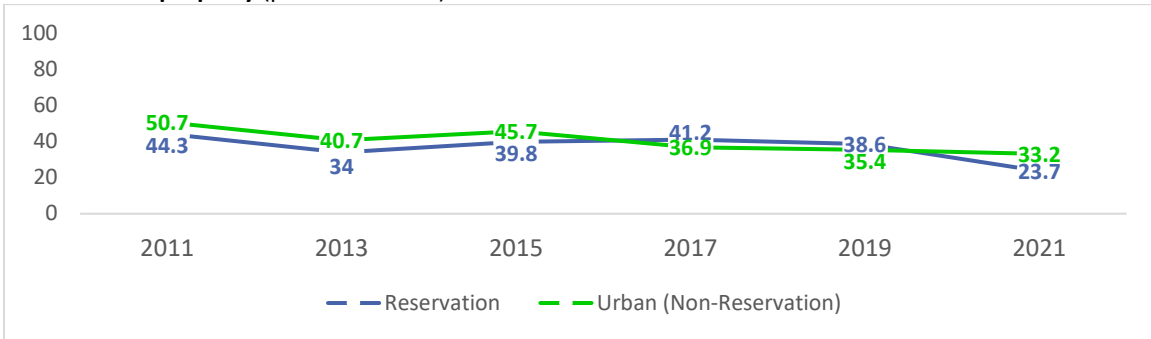


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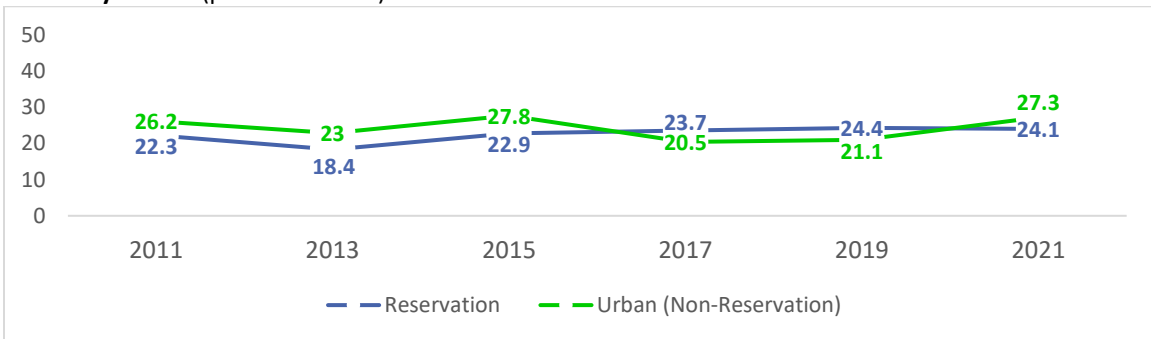
Experienced physical dating violence (being hit, slammed into something, or injured with an object or weapon by someone they were dating or going out with, past 12 months)



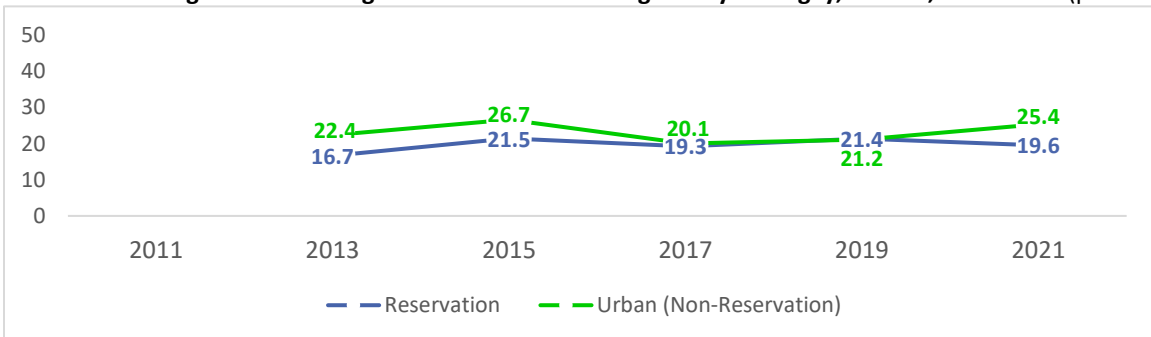
Were bullied on school property (past 12 months)



Were electronically bullied (past 12 months)

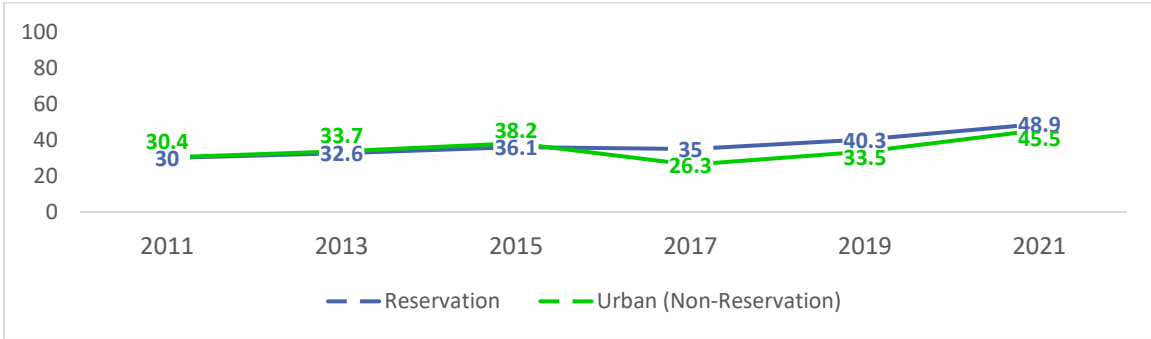


Were the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (past 12 months)

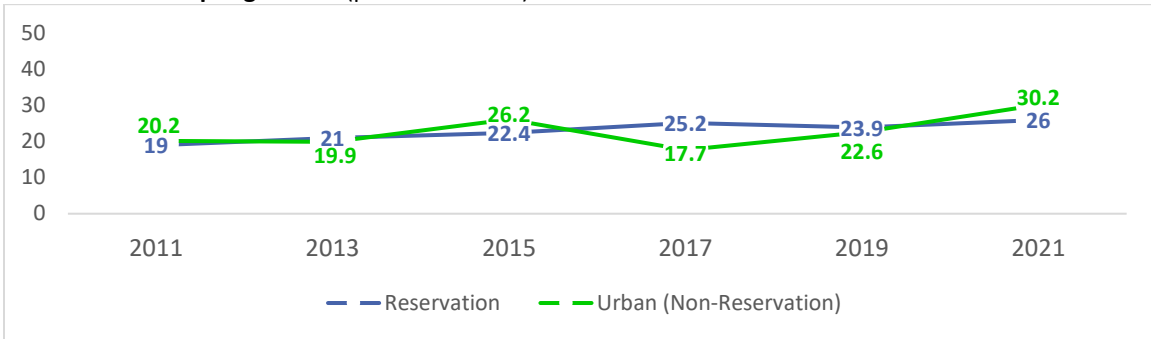


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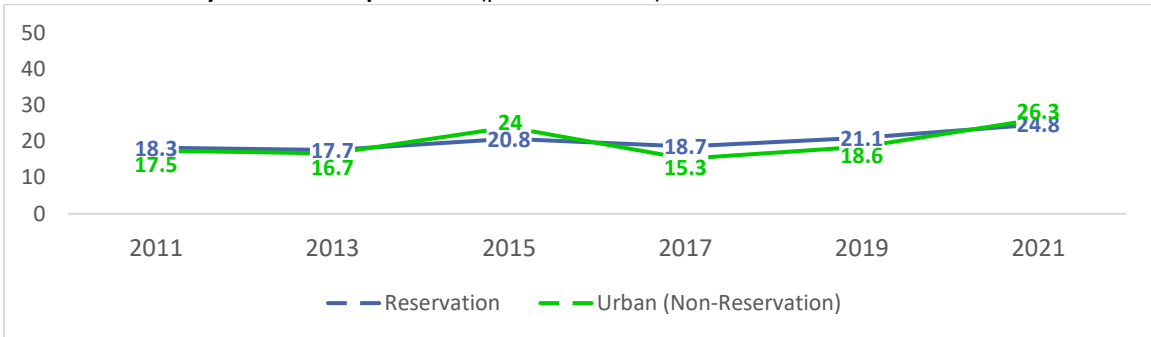
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities (past 12 months)



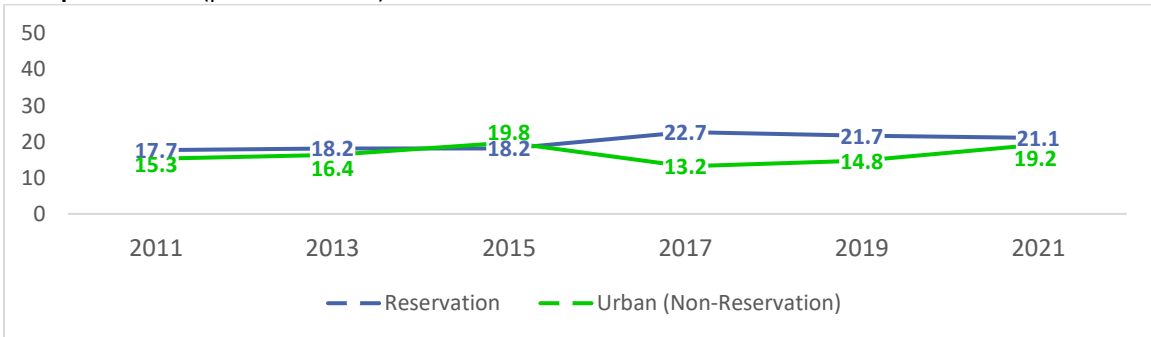
Seriously considered attempting suicide (past 12 months)



Made a plan about how they would attempt suicide (past 12 months)

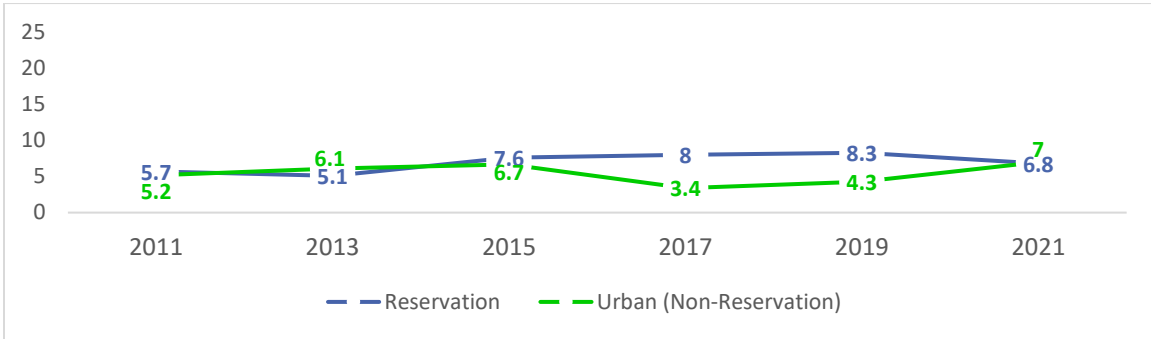


Actually attempted suicide (past 12 months)

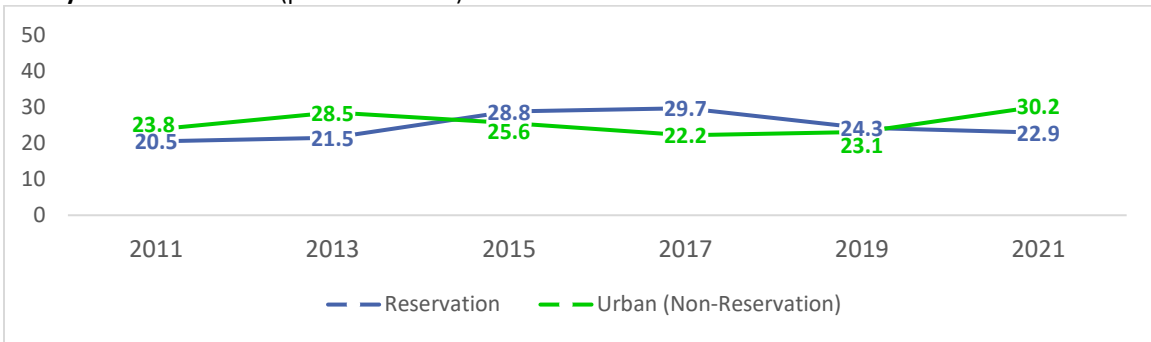


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Had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (past 12 months)

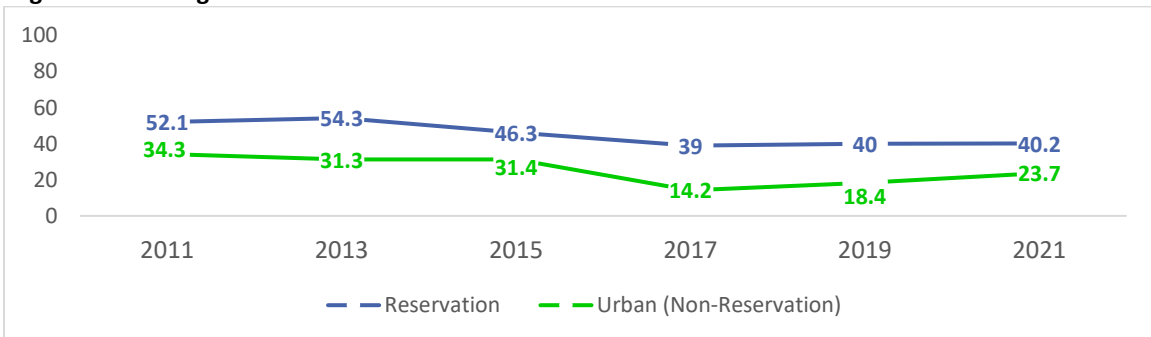


Among students who attempted suicide, had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (past 12 months)



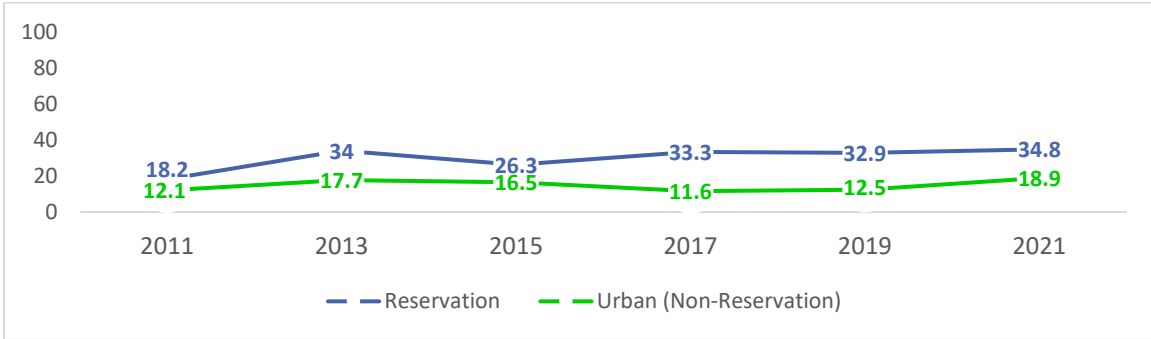
Tobacco Use

Ever tried cigarette smoking

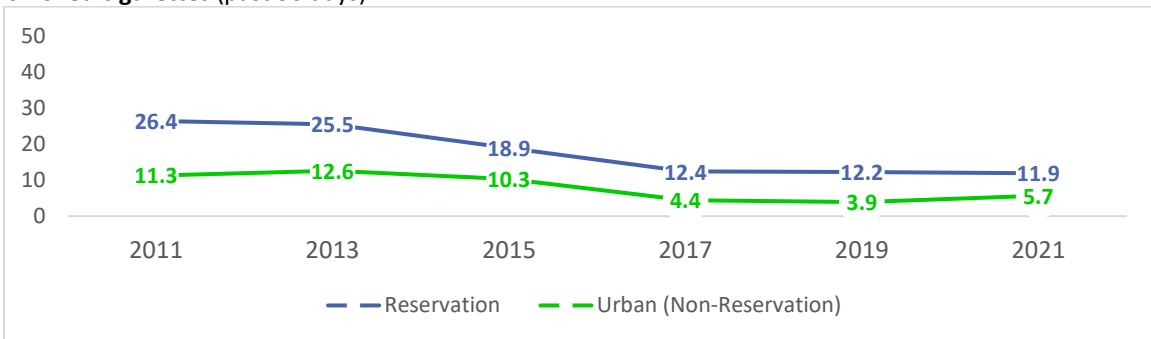


2021 Montana Youth Risk Behavior Survey Results American Indian Grades 7-8 Students Trend Charts (2011-2021)

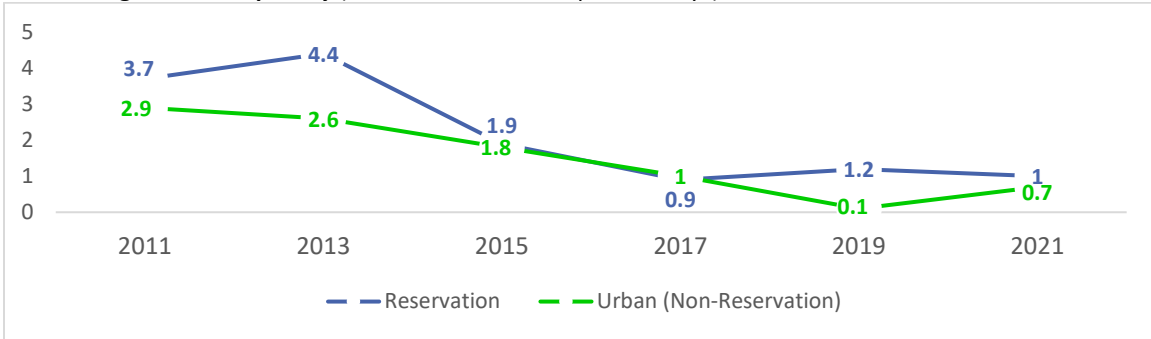
First tried cigarette smoking before age 13 years (whole cigarette 1993-2015), **even one or two puffs** (2017-current)



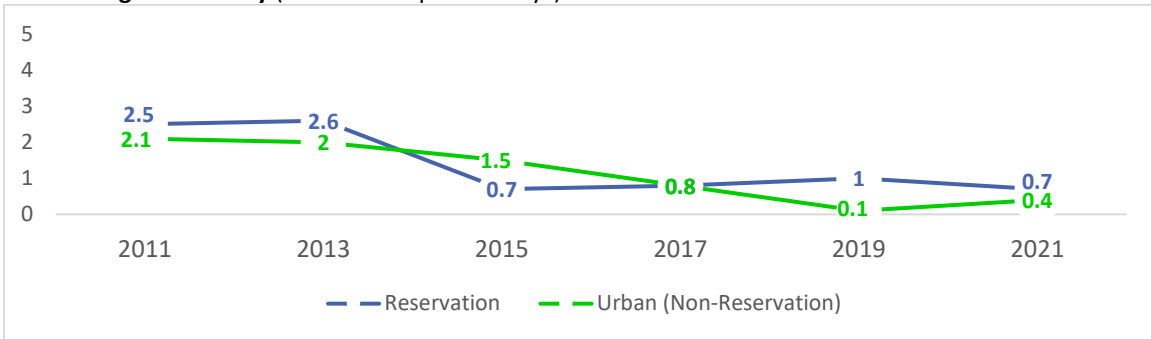
Currently smoked cigarettes (past 30 days)



Currently smoked cigarettes frequently (on 20 or more of the past 30 days)

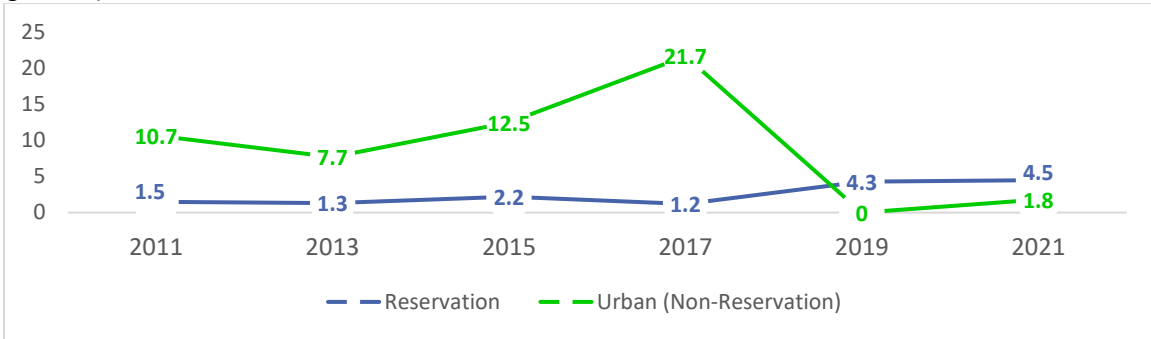


Currently smoked cigarettes daily (on all of the past 30 days)

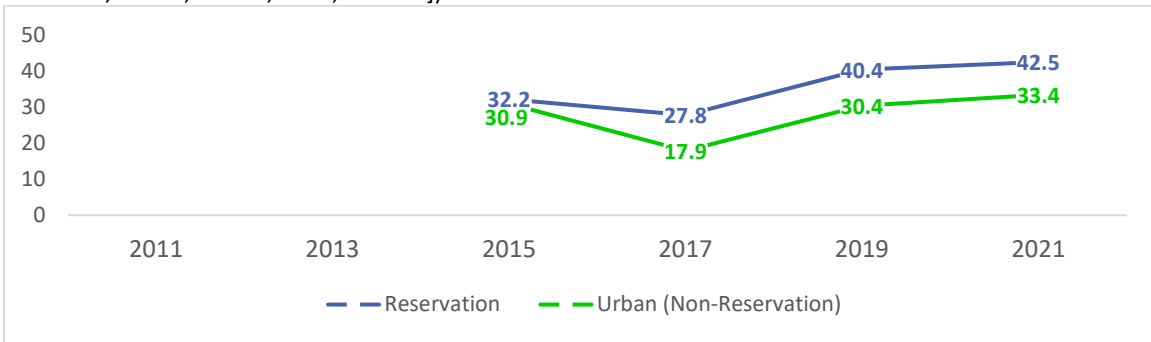


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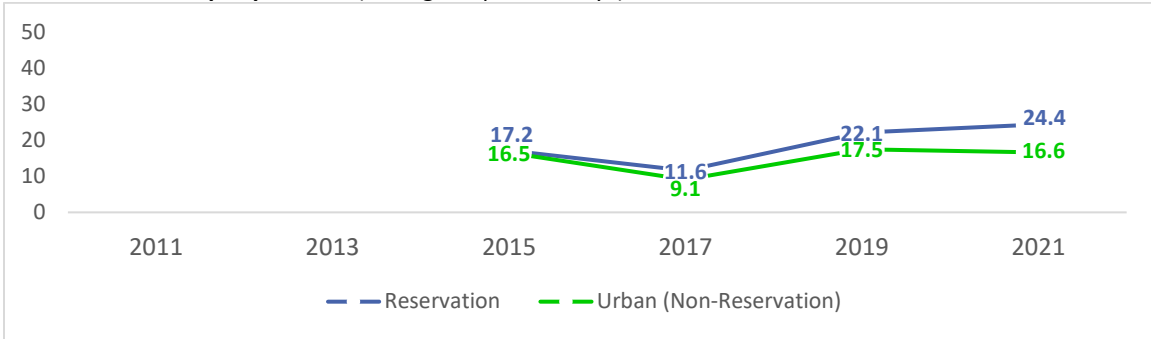
Smoked more than 10 cigarettes per day (on the days they smoked during the past 30 days, among students who currently smoked cigarettes)



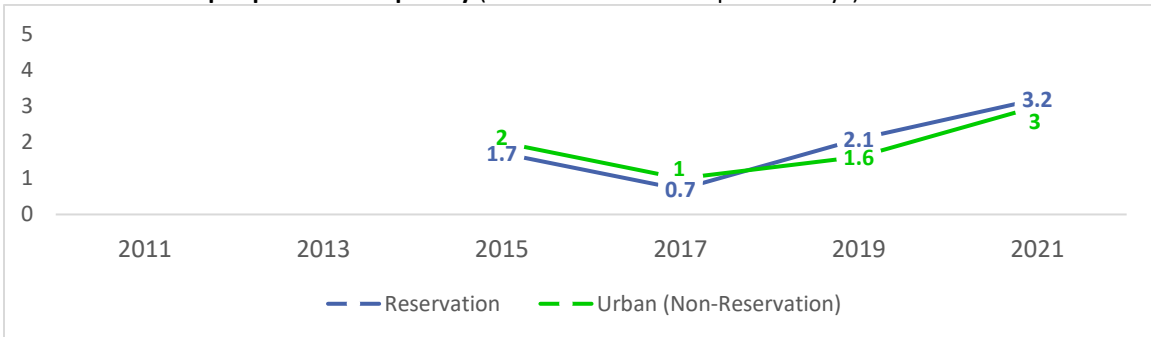
Ever used electronic vapor products (Including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods[such as JUUL, SMOK, Suorin, Vuse, and blu])



Currently used electronic vapor products (during the past 30 days)

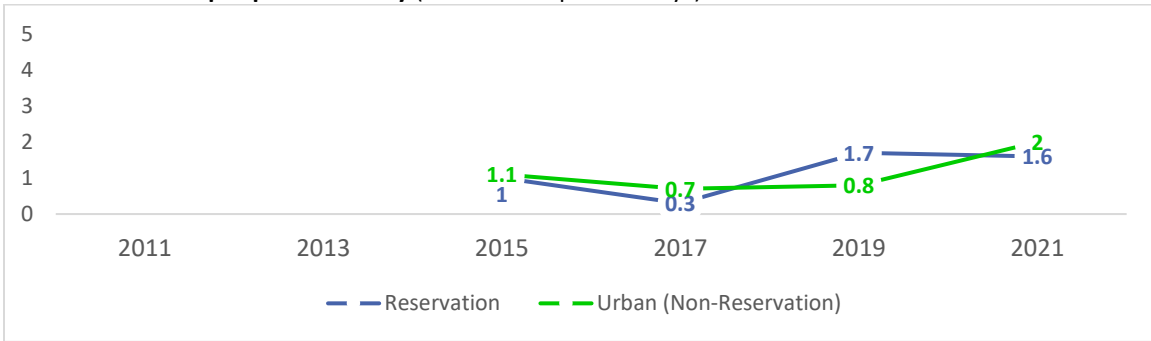


Currently used electronic vapor products frequently (on 20 or more of the past 30 days)

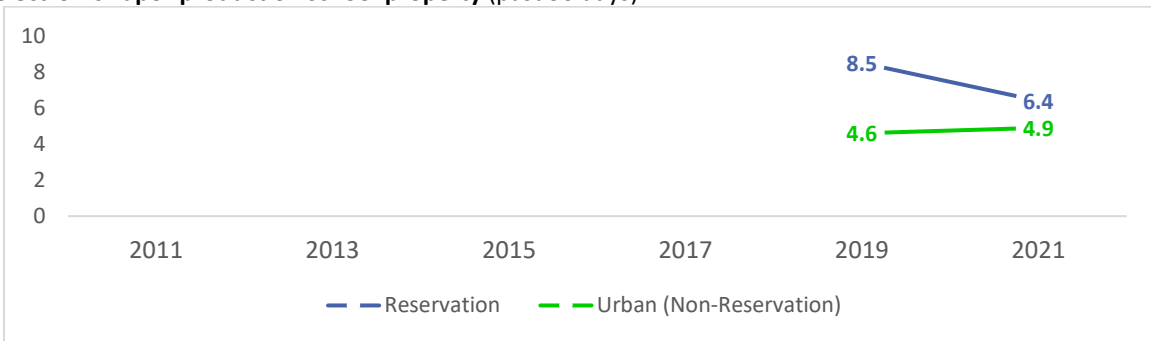


2021 Montana Youth Risk Behavior Survey Results
American Indian Grades 7-8 Students
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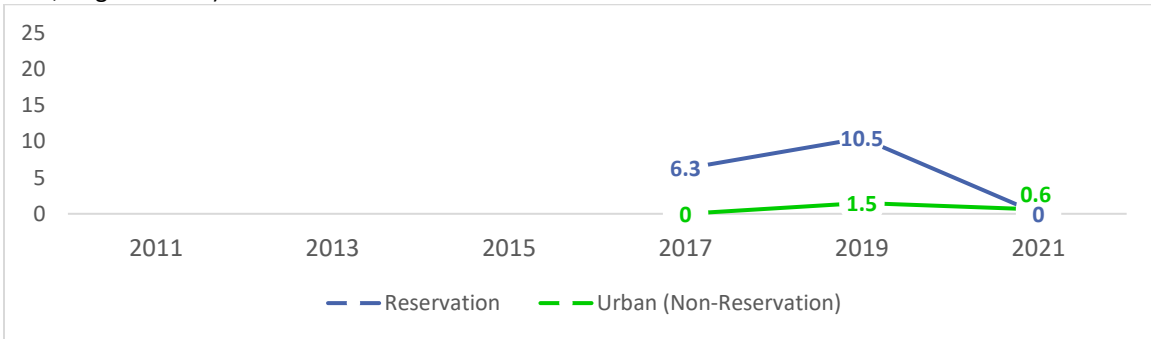
Currently used electronic vapor products daily (on all of the past 30 days)



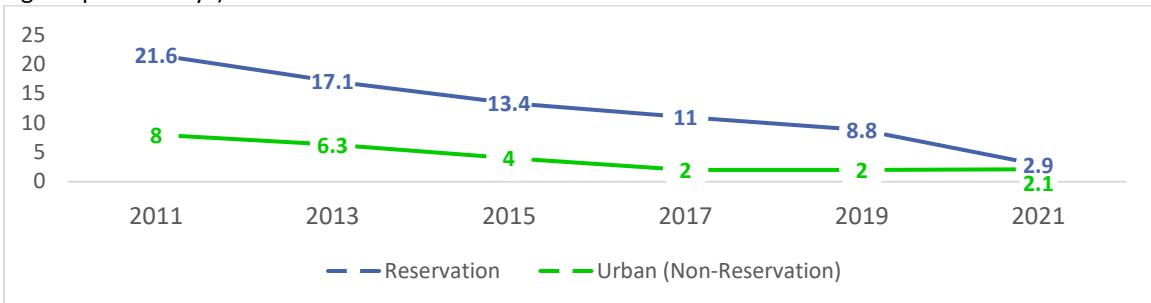
Used an electronic vapor product on school property (past 30 days)



Usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, or gas station)

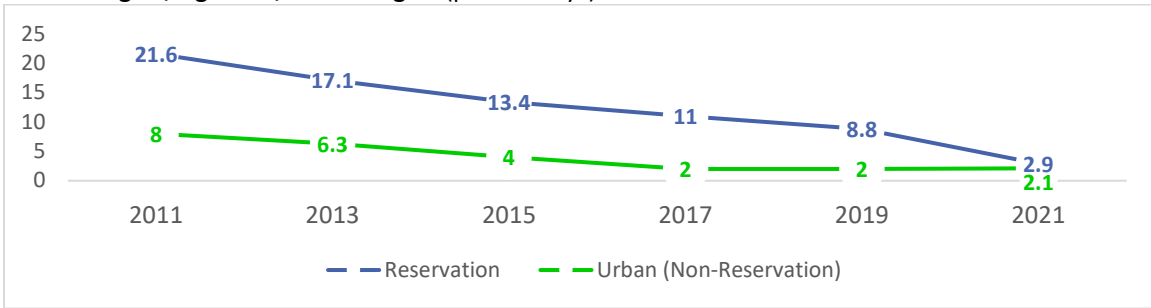


Currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs, during the past 30 days)

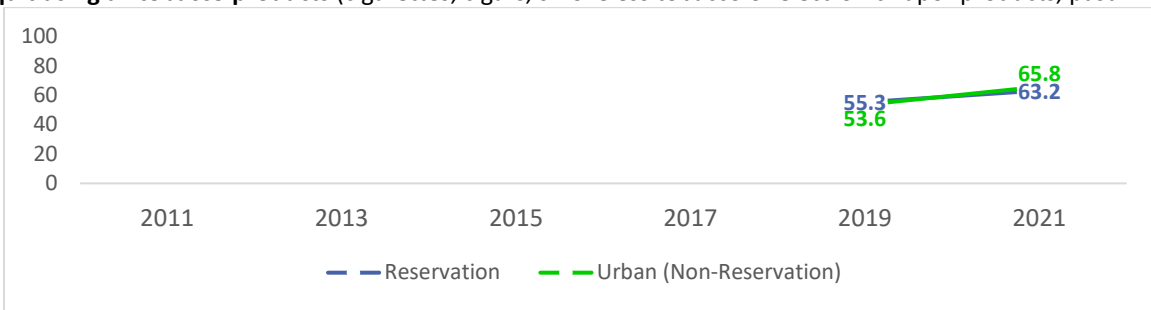


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Currently smoked cigars, cigarillos, or little cigars (past 30 days)

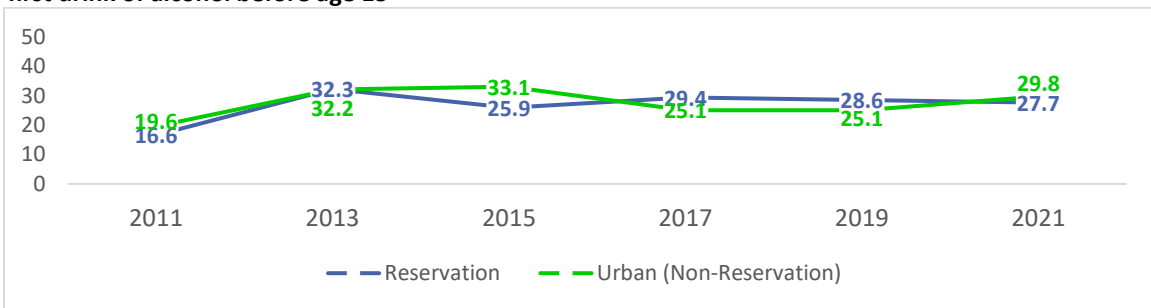


Tried to quit using all tobacco products (cigarettes, cigars, smokeless tobacco or electronic vapor products, past 12 months)

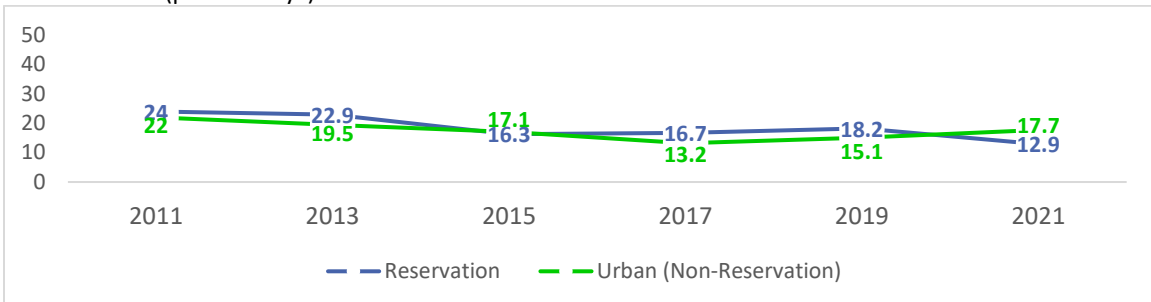


Alcohol and Other Drug Use

Had their first drink of alcohol before age 13

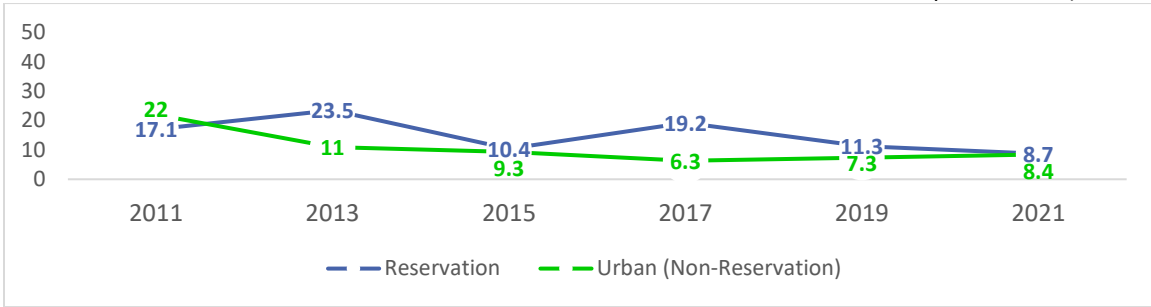


Currently drank alcohol (past 30 days)

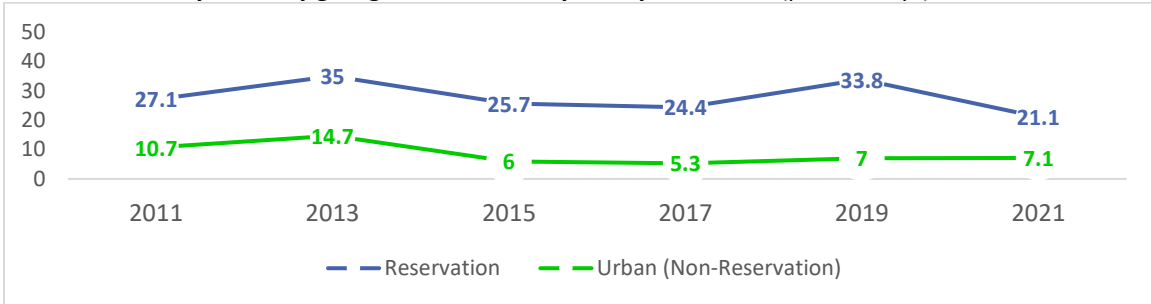


2021 Montana Youth Risk Behavior Survey Results
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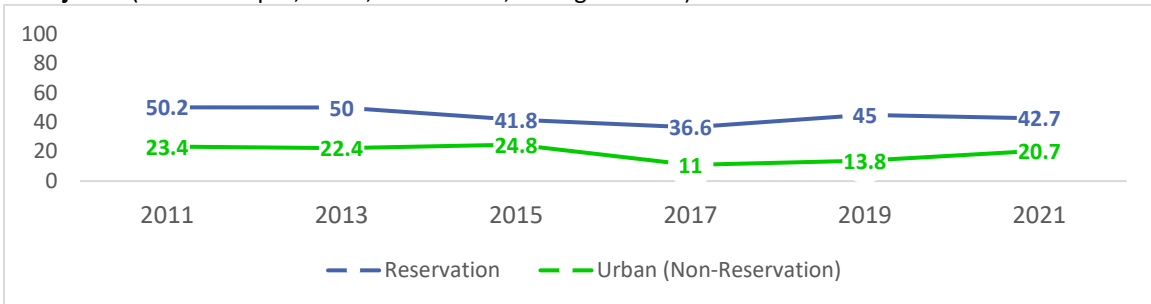
Currently were binge drinking (past 30 days, 1993-2015: five or more drinks of alcohol, within a couple of hours. 2017-current: four or more drinks in a row if female, five or more drinks in a row if male, within a couple of hours.)



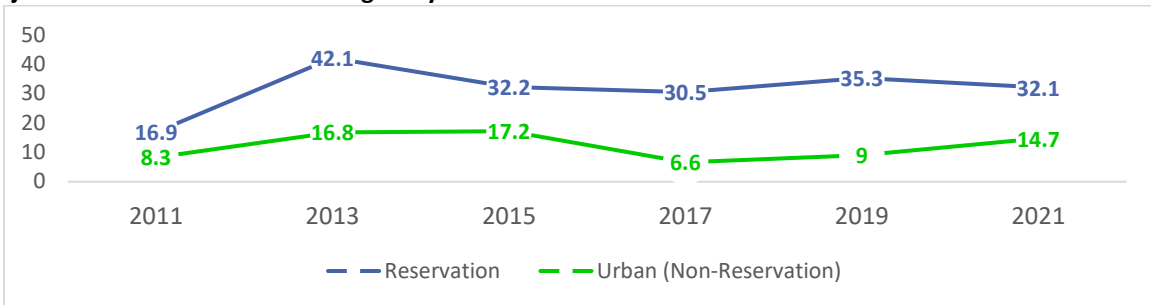
Usually got the alcohol they drank by giving someone money to buy it for them (past 30 days)



Ever used marijuana (also called pot, weed, or cannabis, during their life)

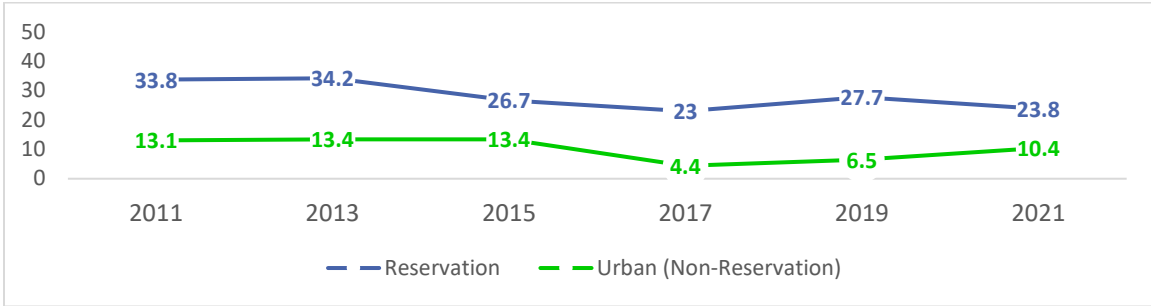


Tried marijuana for the first time before age 13 years

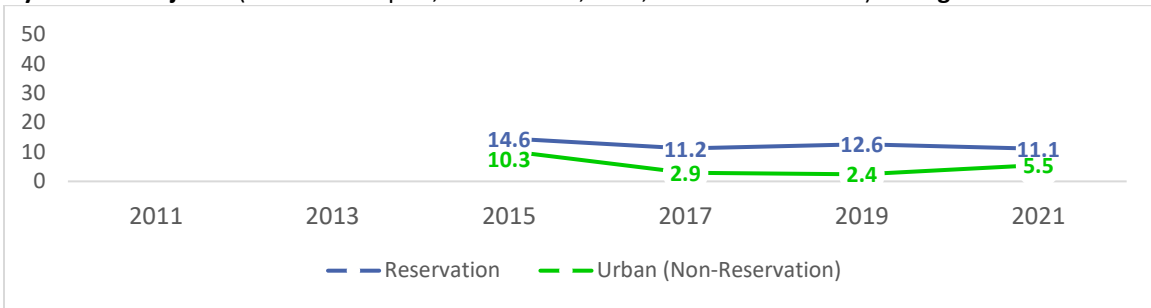


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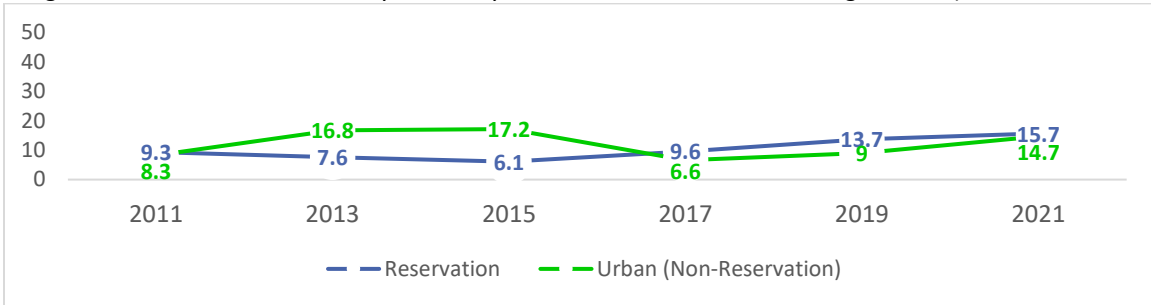
Currently used marijuana (past 30 days)



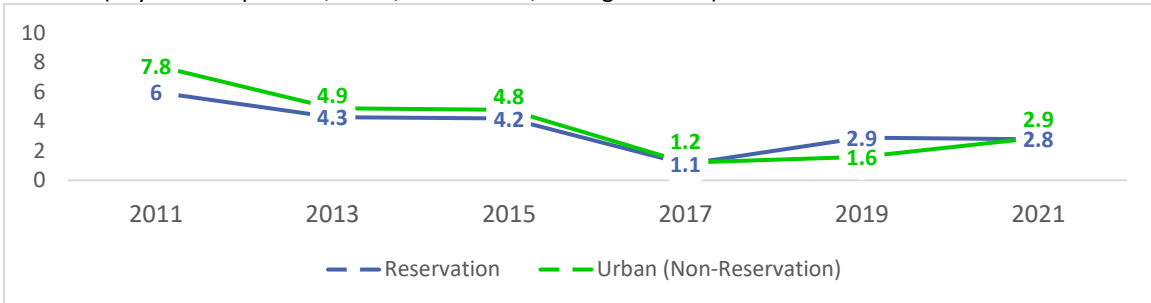
Ever used synthetic marijuana (also called “Spice,” “fake weed,” “K2,” or “Black Mamba”) during their life



Ever took prescription pain medicine without a doctor’s prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, Hydrocodone, and Percocet, during their life)

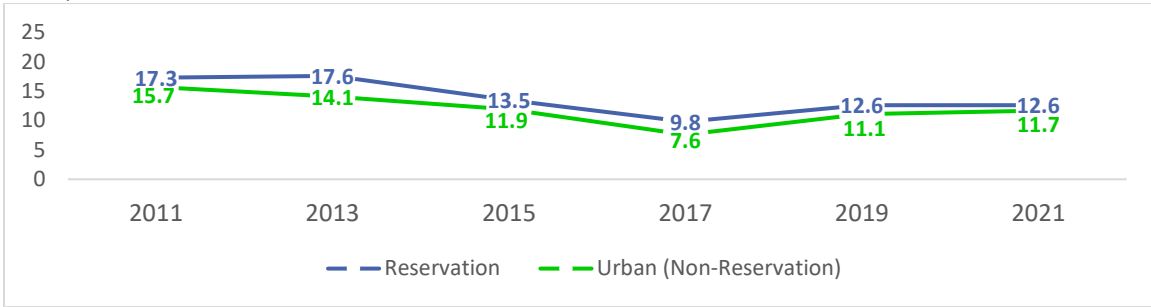


Ever used cocaine (any form of powder, crack, or freebase, during their life)

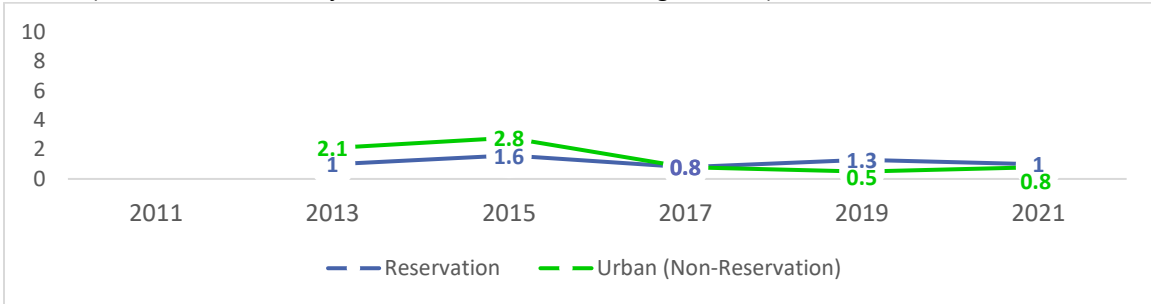


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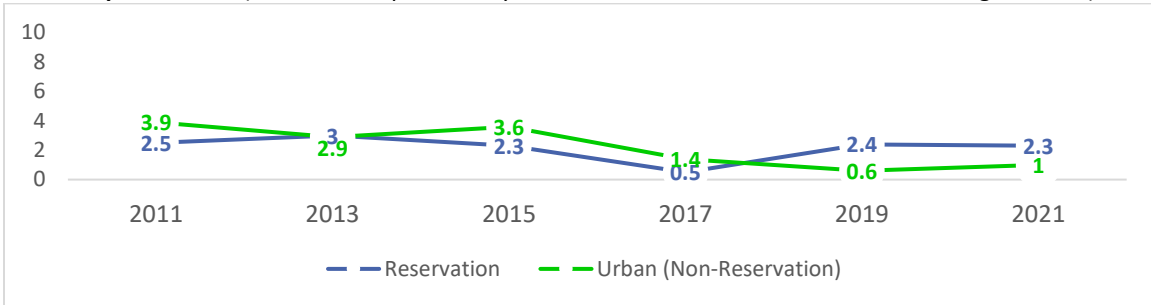
Ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, during their life)



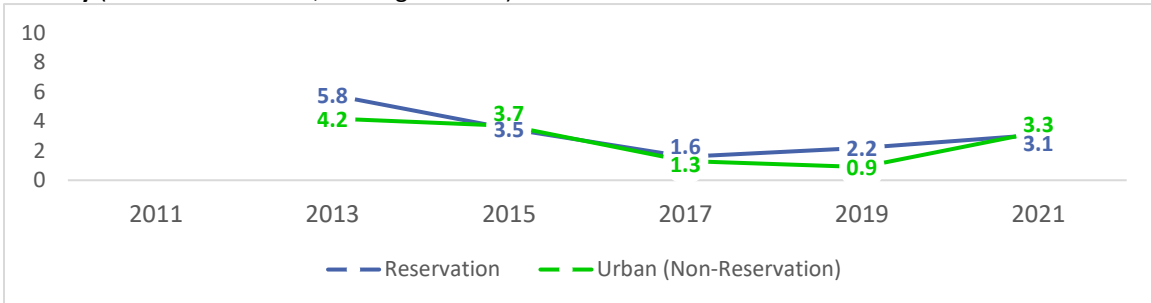
Ever used heroin (also called “smack,” “junk,” or “China White,” during their life)



Ever used methamphetamines (also called “speed,” “crystal meth,” “crank,” “ice,” or “meth,” during their life)

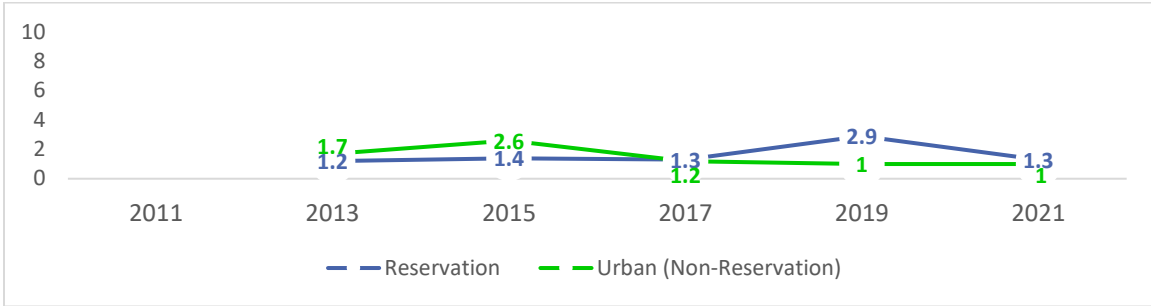


Ever used ecstasy (also called “MDMA,” during their life)

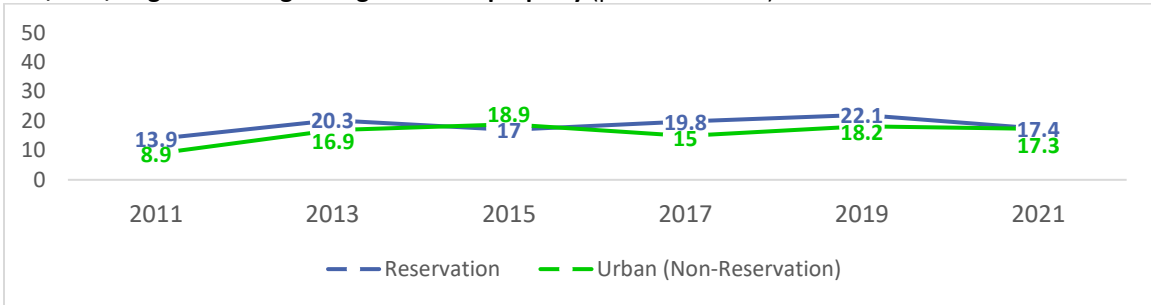


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Ever injected any illegal drug (using a needle to inject any illegal drug into their body during their life)

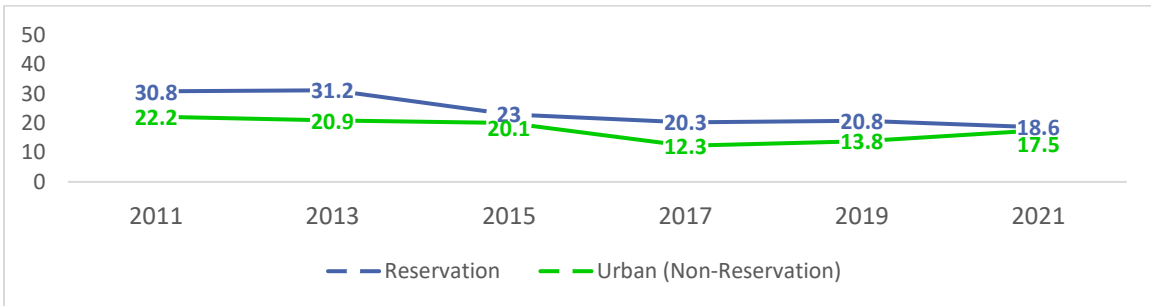


Were offered, sold, or given an illegal drug on school property (past 12 months)

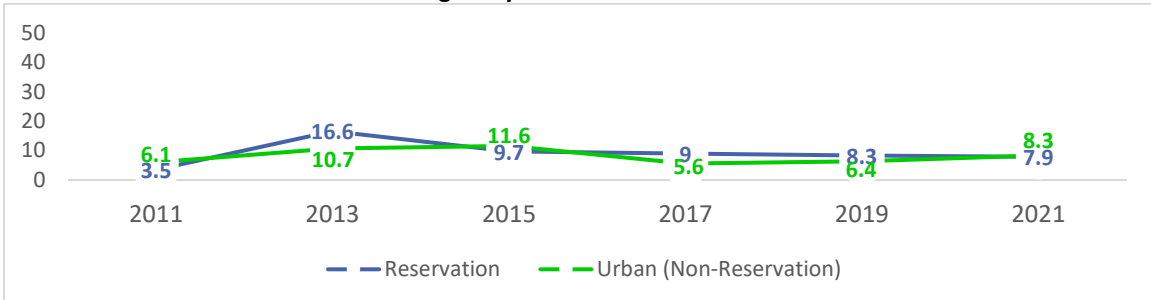


Sexual Behaviors

Ever had sexual intercourse

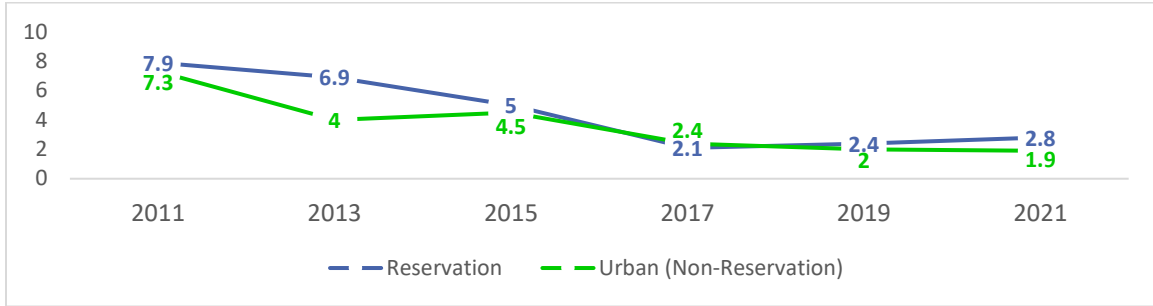


Had sexual intercourse for the first time before age 13 years

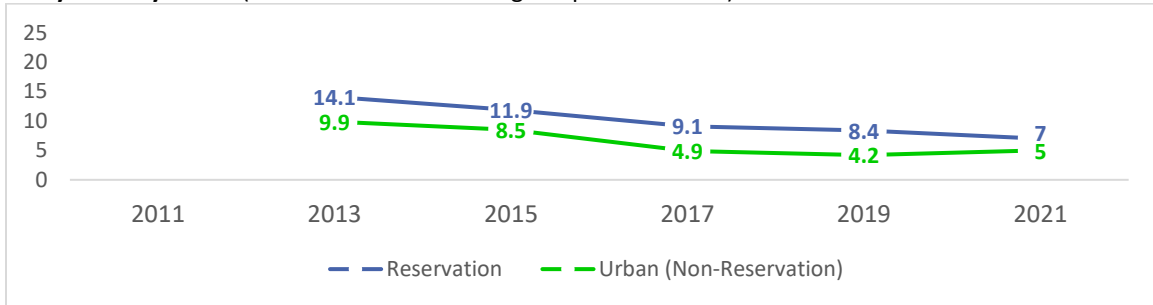


2021 Montana Youth Risk Behavior Survey Results American Indian Grades 7-8 Students Trend Charts (2011-2021)

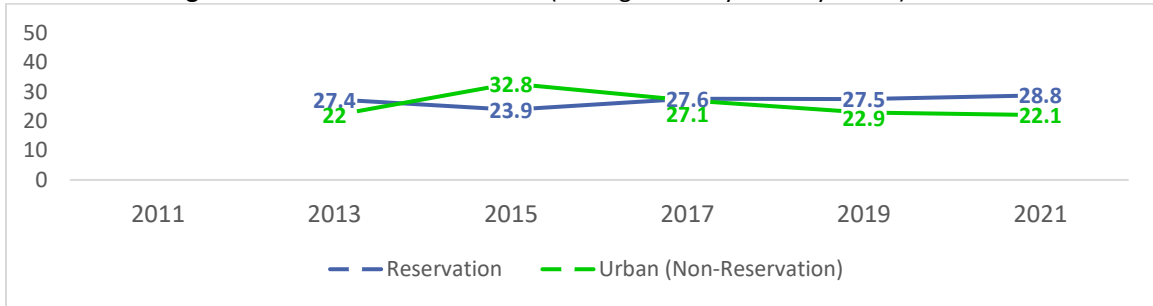
Had sexual intercourse with four or more persons (during their life)



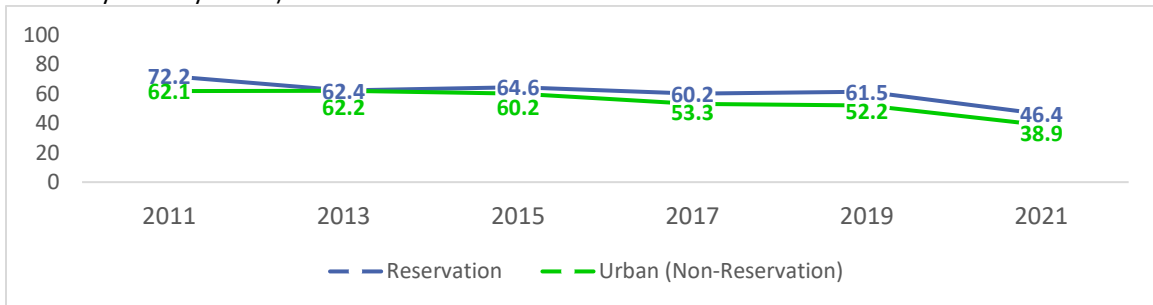
Were currently sexually active (sexual intercourse during the past 3 months)



Drank alcohol or used drugs before last sexual intercourse (among currently sexually active)



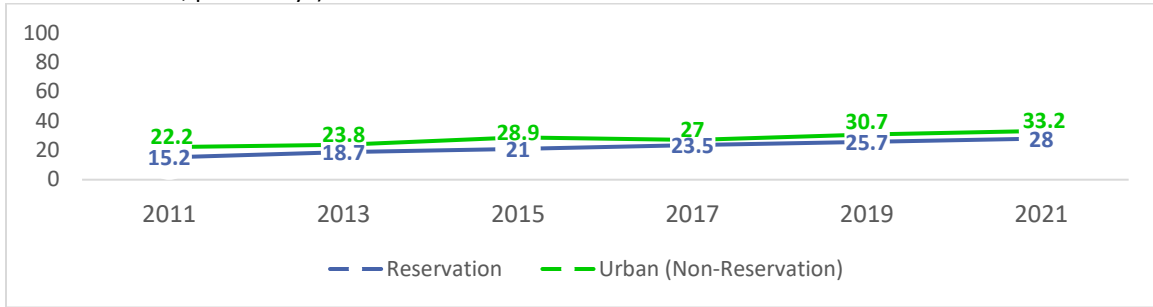
Used a condom during last sexual intercourse to prevent unintended pregnancy and infection with STD (among students who were currently sexually active)



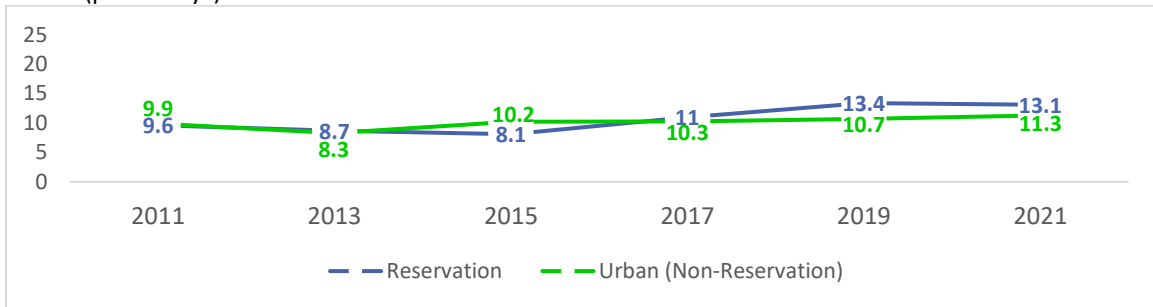
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Nutrition and Dietary Behaviors

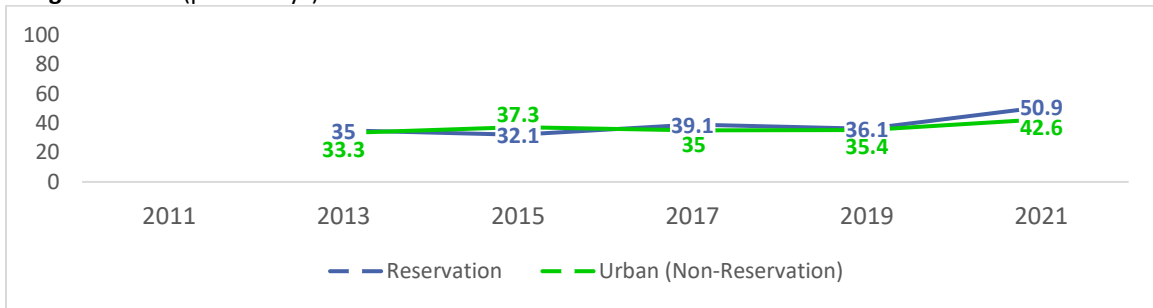
Did not drink 100% fruit juice (such as orange juice, apple juice, or grape juice, not counting punch, Kool-Aid, sports drinks, or other fruit-flavored drinks, past 7 days)



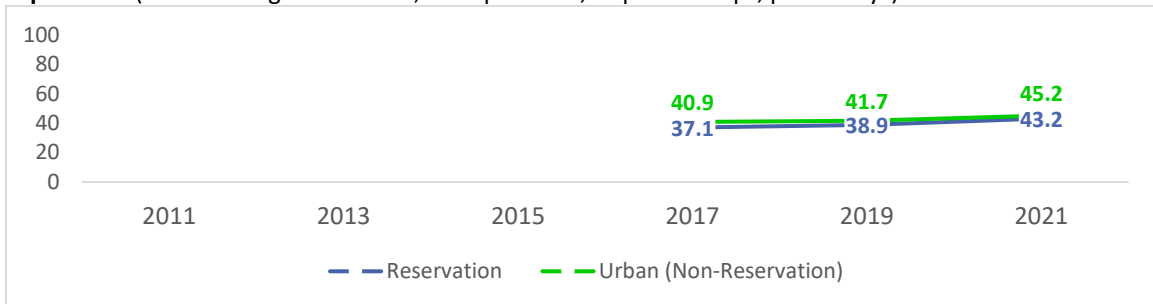
Did not eat fruit (past 7 days)



Did not eat a green salad (past 7 days)

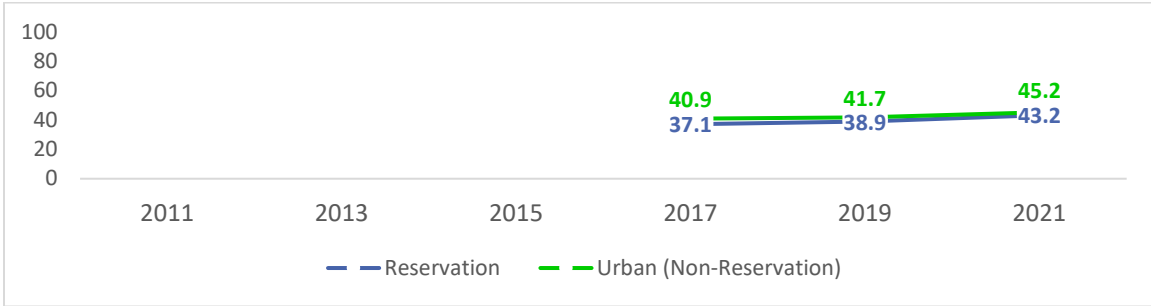


Did not eat potatoes (not counting French fries, fried potatoes, or potato chips, past 7 days)

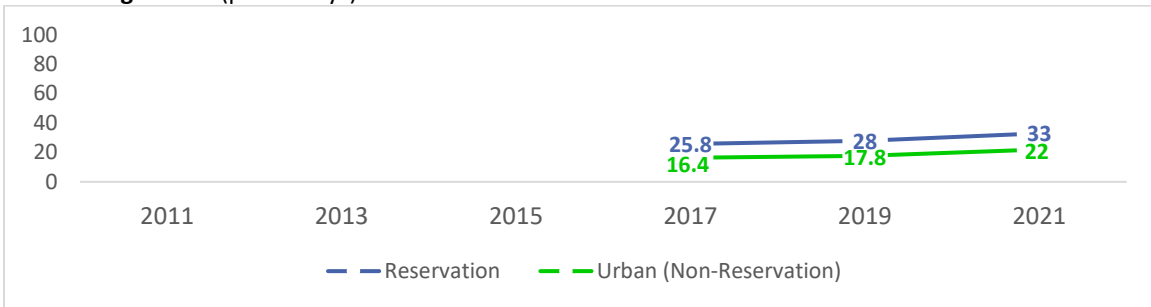


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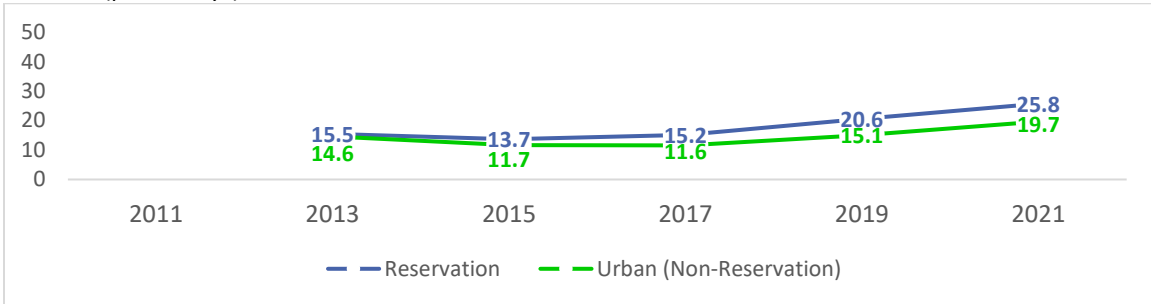
Did not eat carrots (past 7 days)



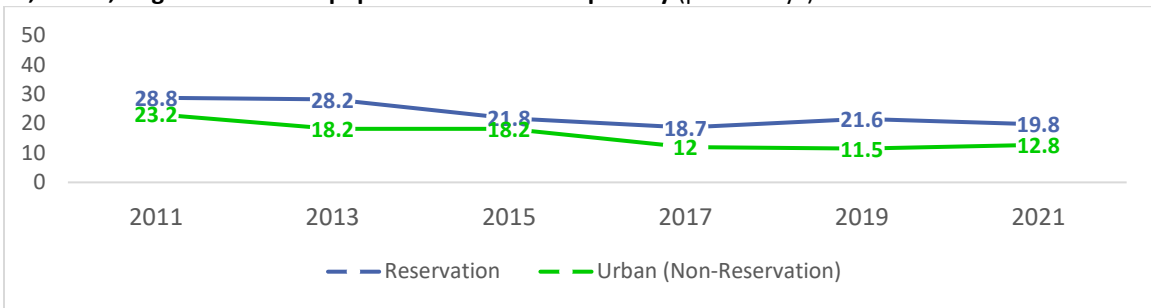
Did not eat other vegetables (past 7 days)



Did not drink milk (past 7 days)

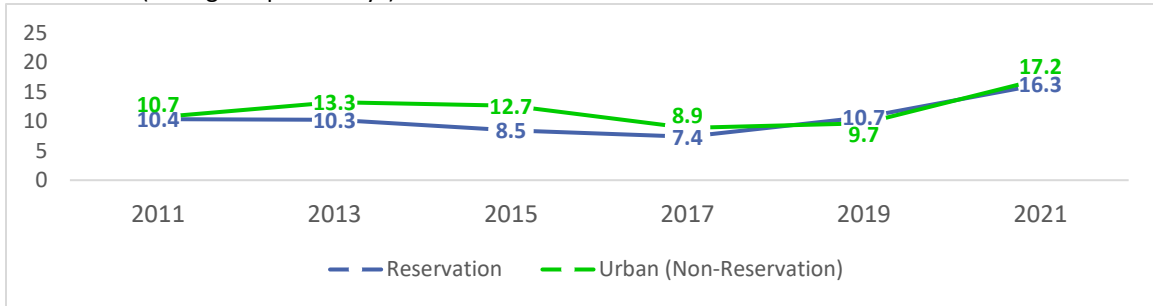


Drank a can, bottle, or glass of soda or pop one or more times per day (past 7 days)



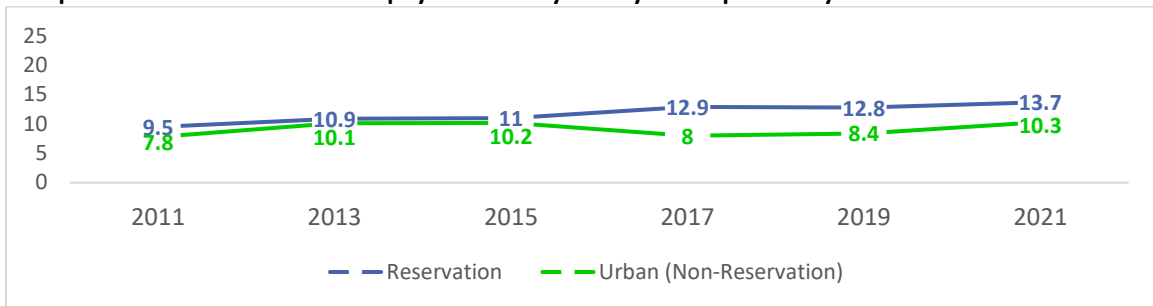
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Did not eat breakfast (during the past 7 days)

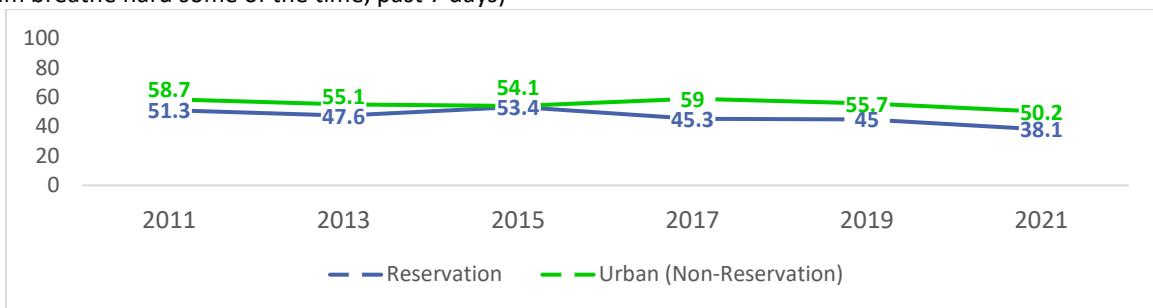


Physical Activity

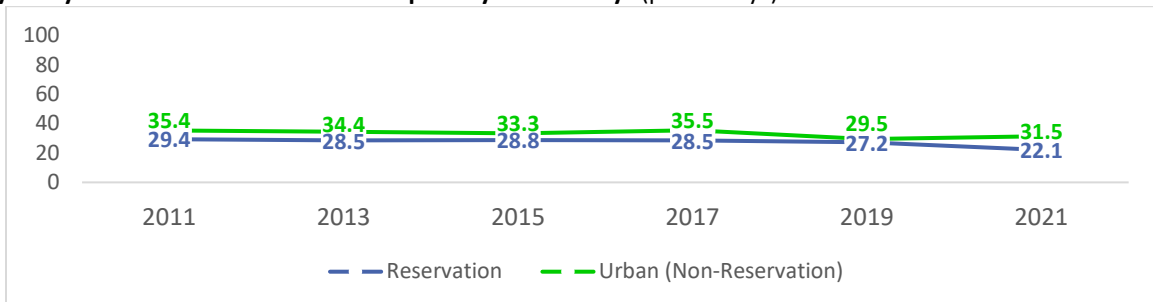
Did not participate in at least 60 minutes of physical activity on any of the past 7 days



Were physically active at least 60 minutes per day on 5 or more days (physical activity that increased their heart rate and made them breathe hard some of the time, past 7 days)

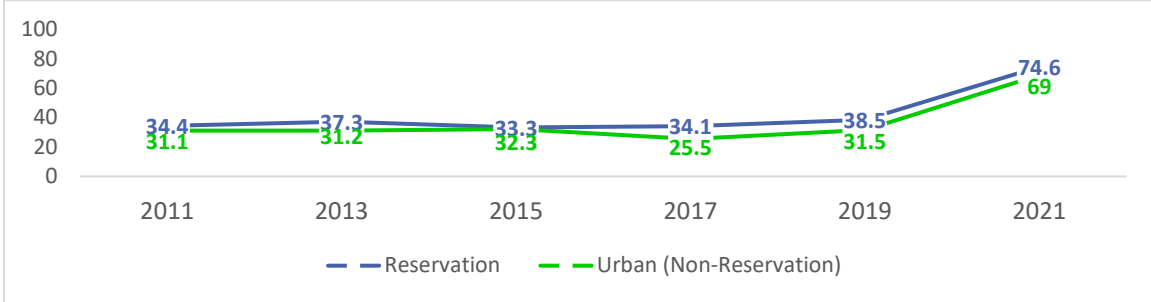


Were physically active for at least 60 minutes per day on all 7 days (past 7 days)

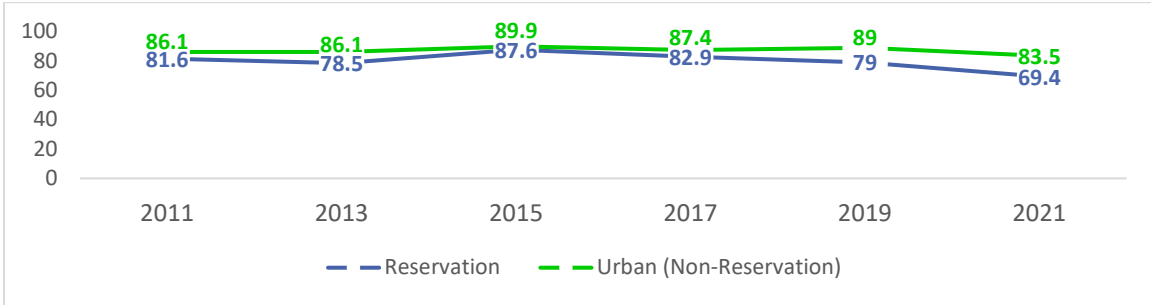


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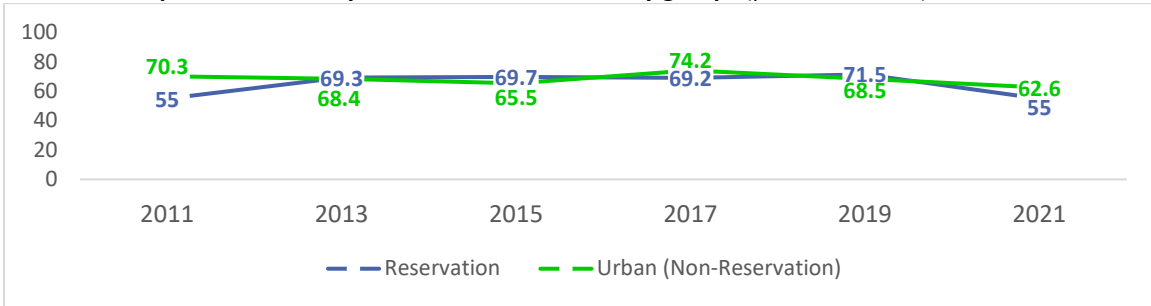
Spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)



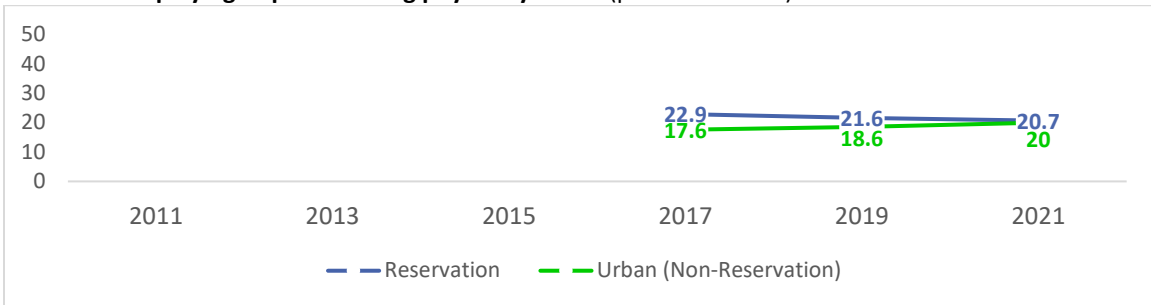
Attended physical education (PE) classes on 1 or more days (during an average school week)



Played on at least one sports team run by their school or community groups (past 12 months)



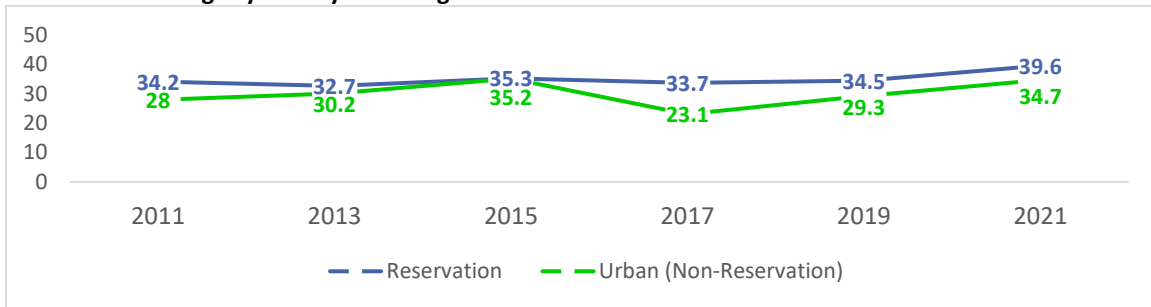
Had a concussion from playing a sport or being physically active (past 12 months)



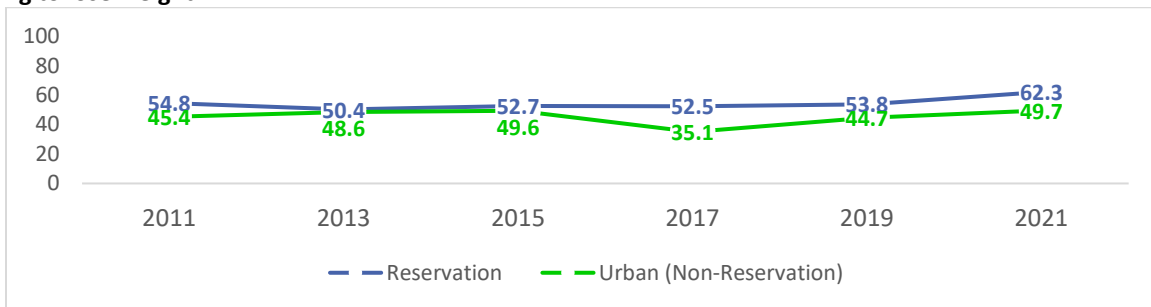
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Weight Management

Described themselves as slightly or very overweight



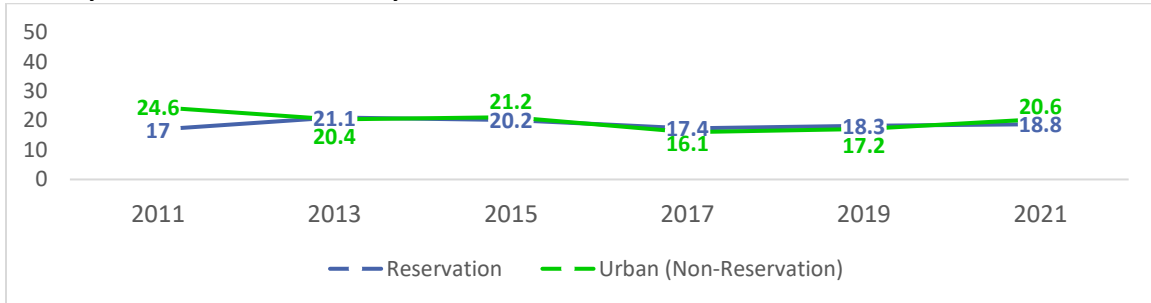
Were trying to lose weight



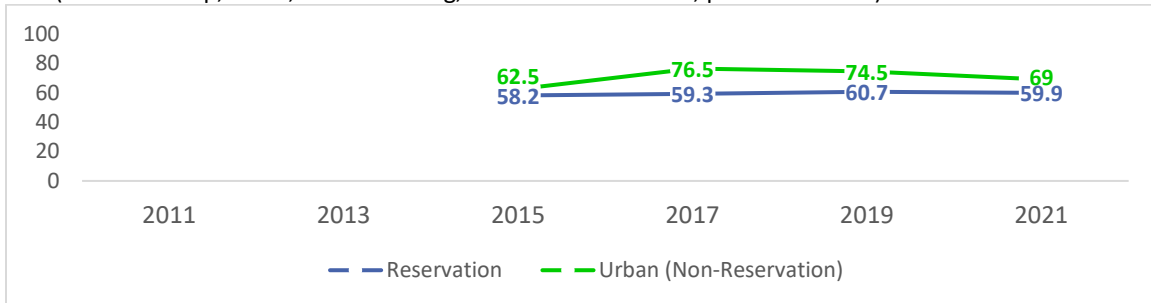
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Other Health Topics

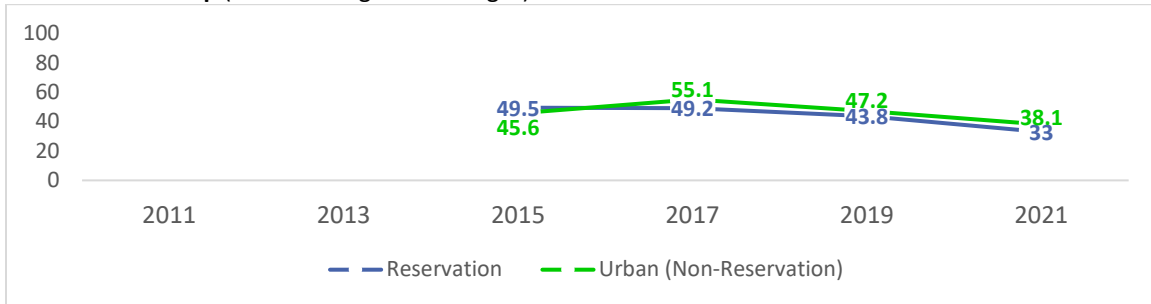
Were ever told by a doctor or nurse that they had asthma



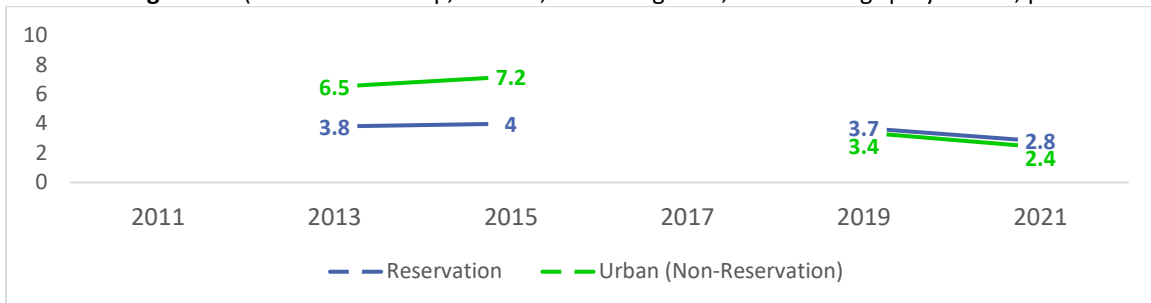
Saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, past 12 months)



Got 8 or more hours of sleep (on an average school night)

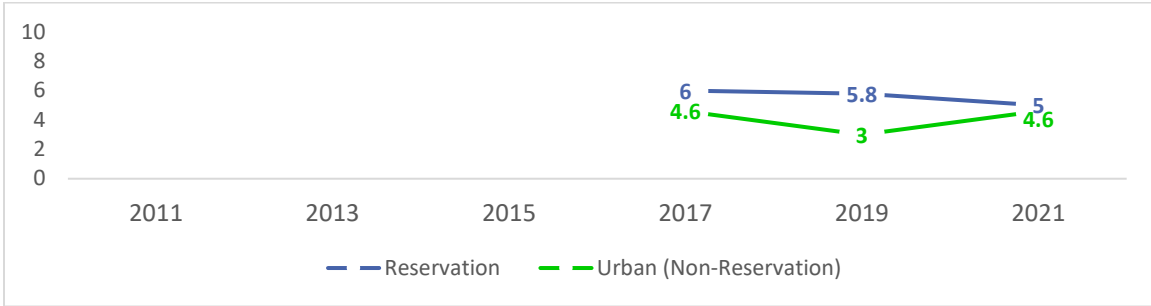


Used an indoor tanning device (such as a sunlamp, sunbed, or tanning both, not counting spray-on tan, past 12 months)

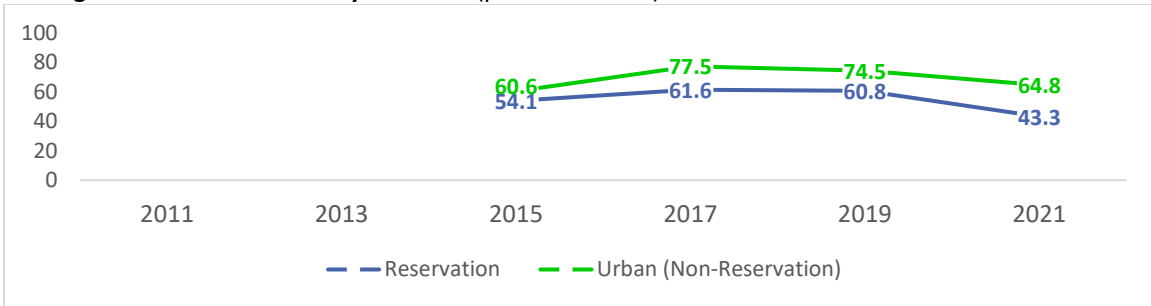


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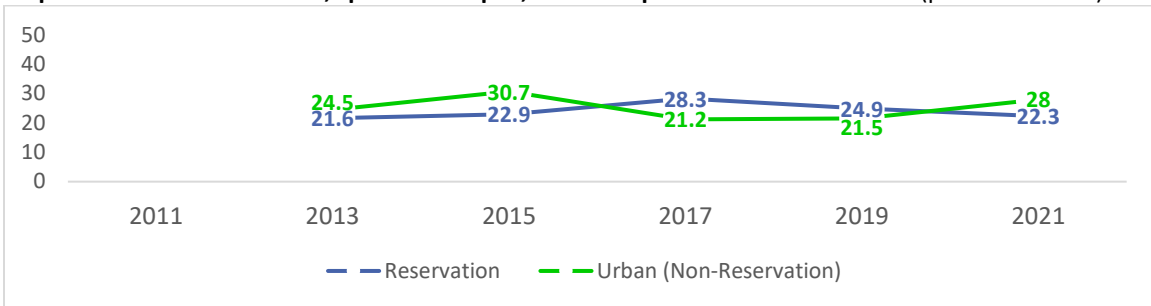
Did not usually sleep in their parent’s or guardian’s home (past 30 days)



Described their grades in school as mostly A’s or B’s (past 12 months)



Received help from a resource teacher, speech therapist, or other special education teacher (past 12 months)



Montana Youth Risk Behavior Survey

www.opi.mt.gov/yrbs

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MONTANA BOARD OF CRIME CONTROL

**MONTANA DEPARTMENT OF TRANSPORTATION
STATE HIGHWAY TRAFFIC SAFETY SECTION**

BILLINGS AREA INDIAN HEALTH SERVICE

**MONTANA DEPARTMENT OF JUSTICE
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