

# 2021 WEST REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,830 middle school students in West Region during February of 2021. Frequency distributions may not total 1,830 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	7	0.38%
C.	12 years old	356	19.47%
D.	13 years old	945	51.70%
E.	14 years old	496	27.13%
F.	15 years old	22	1.20%
G.	16 years old or older	2	0.11%
	<b>TOTALS</b>	<b>1,828</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	886	48.95%
B.	Male	924	51.05%
	<b>TOTALS</b>	<b>1,810</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	883	48.76%
B.	8th grade	928	51.24%
	<b>TOTALS</b>	<b>1,811</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	159	8.92%
B.	No	1624	91.08%
	<b>TOTALS</b>	<b>1,783</b>	<b>100.00%</b>
Q-5. What is your race?			
A.	American Indian or Alaskan Native	270	13.93%
B.	Asian	48	2.48%
C.	Black or African American	52	2.68%
D.	Native Hawaiian or Other Pacific Islander	39	2.01%
E.	White	1529	78.90%
	<b>TOTALS</b>	<b>1,938</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	25	1.37%
B.	Rarely	49	2.68%
C.	Sometimes	111	6.08%
D.	Most of the time	528	28.92%
E.	Always	1113	60.95%
	<b>TOTALS</b>	<b>1,826</b>	<b>100.00%</b>

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	1467	80.92%
B.	1 time	135	7.45%
C.	2 or 3 times	91	5.02%
D.	4 or 5 times	26	1.43%
E.	6 or more times	94	5.18%
<b>TOTALS</b>		<b>1,813</b>	<b>100.00%</b>

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	1383	76.62%
B.	Never	9	0.50%
C.	Rarely	11	0.61%
D.	Sometimes	25	1.39%
E.	Most of the time	80	4.43%
F.	Always	297	16.45%
<b>TOTALS</b>		<b>1,805</b>	<b>100.00%</b>

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	1746	95.78%
B.	1 day	20	1.10%
C.	2 or 3 days	22	1.21%
D.	4 or 5 days	7	0.38%
E.	6 or more days	28	1.54%
<b>TOTALS</b>		<b>1,823</b>	<b>100.00%</b>

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	1706	93.43%
B.	1 day	40	2.19%
C.	2 or 3 days	36	1.97%
D.	4 or 5 days	13	0.71%
E.	6 or more days	31	1.70%
<b>TOTALS</b>		<b>1,826</b>	<b>100.00%</b>

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	1677	91.99%
B.	1 day	88	4.83%
C.	2 or 3 days	32	1.76%
D.	4 or 5 days	7	0.38%
E.	6 or more days	19	1.04%
<b>TOTALS</b>		<b>1,823</b>	<b>100.00%</b>

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	1723	94.31%
B.	1 time	59	3.23%
C.	2 or 3 times	24	1.31%
D.	4 or 5 times	9	0.49%
E.	6 or 7 times	3	0.16%
F.	8 or 9 times	2	0.11%
G.	10 or 11 times	0	0.00%
H.	12 or more times	7	0.38%
<b>TOTALS</b>		<b>1,827</b>	<b>100.00%</b>

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	1323	72.57%
B.	1 time	225	12.34%
C.	2 or 3 times	171	9.38%
D.	4 or 5 times	45	2.47%
E.	6 or 7 times	17	0.93%
F.	8 or 9 times	9	0.49%
G.	10 or 11 times	3	0.16%
H.	12 or more times	30	1.65%
<b>TOTALS</b>		<b>1,823</b>	<b>100.00%</b>

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	1621	89.36%
B.	1 time	135	7.44%
C.	2 or 3 times	43	2.37%
D.	4 or 5 times	8	0.44%
E.	6 or 7 times	2	0.11%
F.	8 or 9 times	1	0.06%
G.	10 or 11 times	3	0.17%
H.	12 or more times	1	0.06%
<b>TOTALS</b>		<b>1,814</b>	<b>100.00%</b>

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	128	7.03%
B.	No	1692	92.97%
<b>TOTALS</b>		<b>1,820</b>	<b>100.00%</b>

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	0 times	1702 93.36%
B.	1 time	73 4.00%
C.	2 or 3 times	37 2.03%
D.	4 or 5 times	5 0.27%
E.	6 or more times	6 0.33%
<b>TOTALS</b>		<b>1,823 100.00%</b>
Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	I did not date or go out with anyone during the past 12 months	1148 63.22%
B.	0 times	615 33.87%
C.	1 time	29 1.60%
D.	2 or 3 times	18 0.99%
E.	4 or 5 times	3 0.17%
F.	6 or more times	3 0.17%
<b>TOTALS</b>		<b>1,816 100.00%</b>
Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)		
A.	I did not date or go out with anyone during the past 12 months	1136 62.45%
B.	0 times	653 35.90%
C.	1 time	17 0.93%
D.	2 or 3 times	8 0.44%
E.	4 or 5 times	0 0.00%
F.	6 or more times	5 0.27%
<b>TOTALS</b>		<b>1,819 100.00%</b>
Q-19. During the past 12 months, have you ever been bullied on school property?		
A.	Yes	433 23.75%
B.	No	1390 76.25%
<b>TOTALS</b>		<b>1,823 100.00%</b>
Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)		
A.	Yes	365 20.10%
B.	No	1451 79.90%
<b>TOTALS</b>		<b>1,816 100.00%</b>
Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?		
A.	Yes	326 17.85%
B.	No	1500 82.15%
<b>TOTALS</b>		<b>1,826 100.00%</b>
Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A.	Yes	590 32.40%
B.	No	1231 67.60%
<b>TOTALS</b>		<b>1,821 100.00%</b>

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	332	18.34%
B.	No	1478	81.66%
<b>TOTALS</b>		<b>1,810</b>	<b>100.00%</b>
Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	284	15.66%
B.	No	1530	84.34%
<b>TOTALS</b>		<b>1,814</b>	<b>100.00%</b>
Q-25. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	1592	87.86%
B.	1 time	145	8.00%
C.	2 or 3 times	54	2.98%
D.	4 or 5 times	10	0.55%
E.	6 or more times	11	0.61%
<b>TOTALS</b>		<b>1,812</b>	<b>100.00%</b>
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	1550	85.73%
B.	Yes	61	3.37%
C.	No	197	10.90%
<b>TOTALS</b>		<b>1,808</b>	<b>100.00%</b>
Q-27. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	276	15.16%
B.	No	1545	84.84%
<b>TOTALS</b>		<b>1,821</b>	<b>100.00%</b>
Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	1561	85.82%
B.	8 years old or younger	54	2.97%
C.	9 or 10 years old	56	3.08%
D.	11 or 12 years old	90	4.95%
E.	13 or 14 years old	57	3.13%
F.	15 years old or older	1	0.05%
<b>TOTALS</b>		<b>1,819</b>	<b>100.00%</b>
Q-29. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	1729	96.06%
B.	1 or 2 days	42	2.33%
C.	3 to 5 days	13	0.72%
D.	6 to 9 days	5	0.28%
E.	10 to 19 days	5	0.28%
F.	20 to 29 days	3	0.17%
G.	All 30 days	3	0.17%
<b>TOTALS</b>		<b>1,800</b>	<b>100.00%</b>

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	1755	96.38%
B.	Less than 1 cigarette per day	38	2.09%
C.	1 cigarette per day	13	0.71%
D.	2 to 5 cigarettes per day	12	0.66%
E.	6 to 10 cigarettes per day	1	0.05%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	2	0.11%
<b>TOTALS</b>		<b>1,821</b>	<b>100.00%</b>
Q-31. Have you ever used an electronic vapor product?			
A.	Yes	368	20.29%
B.	No	1446	79.71%
<b>TOTALS</b>		<b>1,814</b>	<b>100.00%</b>
Q-32. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1642	90.57%
B.	1 or 2 days	91	5.02%
C.	3 to 5 days	28	1.54%
D.	6 to 9 days	13	0.72%
E.	10 to 19 days	15	0.83%
F.	20 to 29 days	7	0.39%
G.	All 30 days	17	0.94%
<b>TOTALS</b>		<b>1,813</b>	<b>100.00%</b>
Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	1777	97.69%
B.	1 or 2 days	26	1.43%
C.	3 to 5 days	6	0.33%
D.	6 to 9 days	5	0.27%
E.	10 to 19 days	3	0.16%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.11%
<b>TOTALS</b>		<b>1,819</b>	<b>100.00%</b>
Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	1650	91.01%
B.	I got or bought them from a friend, family member, or someone else	99	5.46%
C.	I bought them myself in a vape shop or tobacco shop	0	0.00%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	0	0.00%
E.	I bought them myself at a mall or shopping center kiosk or stand	0	0.00%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	5	0.28%
G.	I took them from a store or another person	10	0.55%
H.	I got them in some other way	49	2.70%
<b>TOTALS</b>		<b>1,813</b>	<b>100.00%</b>

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	1629	91.41%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	6	0.34%
C.	Chocolate, candy, desserts, or other sweets	12	0.67%
D.	Fruit	84	4.71%
E.	Menthol	15	0.84%
F.	Mint	6	0.34%
G.	Tobacco	3	0.17%
H.	Some other flavor	27	1.52%
<b>TOTALS</b>		<b>1,782</b>	<b>100.00%</b>

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	1786	98.02%
B.	1 or 2 days	20	1.10%
C.	3 to 5 days	5	0.27%
D.	6 to 9 days	6	0.33%
E.	10 to 19 days	3	0.16%
F.	20 to 29 days	1	0.05%
G.	All 30 days	1	0.05%
<b>TOTALS</b>		<b>1,822</b>	<b>100.00%</b>

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	1792	98.52%
B.	1 or 2 days	18	0.99%
C.	3 to 5 days	1	0.05%
D.	6 to 9 days	4	0.22%
E.	10 to 19 days	1	0.05%
F.	20 to 29 days	1	0.05%
G.	All 30 days	2	0.11%
<b>TOTALS</b>		<b>1,819</b>	<b>100.00%</b>

Q-38. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	1566	86.28%
B.	Yes	148	8.15%
C.	No	101	5.56%
<b>TOTALS</b>		<b>1,815</b>	<b>100.00%</b>

Q-39. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	1237	68.53%
B.	8 years old or younger	151	8.37%
C.	9 or 10 years old	120	6.65%
D.	11 or 12 years old	151	8.37%
E.	13 or 14 years old	145	8.03%
F.	15 years old or older	1	0.06%
<b>TOTALS</b>		<b>1,805</b>	<b>100.00%</b>
Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1605	88.19%
B.	1 or 2 days	149	8.19%
C.	3 to 5 days	36	1.98%
D.	6 to 9 days	14	0.77%
E.	10 to 19 days	7	0.38%
F.	20 to 29 days	3	0.16%
G.	All 30 days	6	0.33%
<b>TOTALS</b>		<b>1,820</b>	<b>100.00%</b>
Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	1736	95.91%
B.	1 day	36	1.99%
C.	2 days	12	0.66%
D.	3 to 5 days	15	0.83%
E.	6 to 9 days	5	0.28%
F.	10 to 19 days	0	0.00%
G.	20 or more days	6	0.33%
<b>TOTALS</b>		<b>1,810</b>	<b>100.00%</b>
Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1612	88.77%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	4	0.22%
C.	I bought it at a restaurant, bar, or club	1	0.06%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	8	0.44%
F.	Someone gave it to me	86	4.74%
G.	I took it from a store or family member	49	2.70%
H.	I got it some other way	56	3.08%
<b>TOTALS</b>		<b>1,816</b>	<b>100.00%</b>



Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	1596	88.47%
B.	Beer	61	3.38%
C.	Wine	19	1.05%
D.	Vodka	30	1.66%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	46	2.55%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	43	2.38%
G.	Some other type of alcohol	9	0.50%
<b>TOTALS</b>		<b>1,804</b>	<b>100.00%</b>

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	1581	87.64%
B.	1 or 2 times	82	4.55%
C.	3 to 9 times	45	2.49%
D.	10 to 19 times	20	1.11%
E.	20 to 39 times	17	0.94%
F.	40 to 99 times	19	1.05%
G.	100 or more times	40	2.22%
<b>TOTALS</b>		<b>1,804</b>	<b>100.00%</b>

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	1589	87.40%
B.	8 years old or younger	18	0.99%
C.	9 or 10 years old	38	2.09%
D.	11 or 12 years old	107	5.89%
E.	13 or 14 years old	66	3.63%
F.	15 years old or older	0	0.00%
<b>TOTALS</b>		<b>1,818</b>	<b>100.00%</b>

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	1705	94.09%
B.	1 or 2 times	46	2.54%
C.	3 to 9 times	25	1.38%
D.	10 to 19 times	17	0.94%
E.	20 to 39 times	8	0.44%
F.	40 or more times	11	0.61%
<b>TOTALS</b>		<b>1,812</b>	<b>100.00%</b>

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	1743	96.73%
B.	1 or 2 times	35	1.94%
C.	3 to 9 times	9	0.50%
D.	10 to 19 times	4	0.22%
E.	20 to 39 times	4	0.22%
F.	40 or more times	7	0.39%
<b>TOTALS</b>		<b>1,802</b>	<b>100.00%</b>
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	1667	91.90%
B.	1 or 2 times	87	4.80%
C.	3 to 9 times	34	1.87%
D.	10 to 19 times	12	0.66%
E.	20 to 39 times	4	0.22%
F.	40 or more times	10	0.55%
<b>TOTALS</b>		<b>1,814</b>	<b>100.00%</b>
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	1793	98.73%
B.	1 or 2 times	11	0.61%
C.	3 to 9 times	4	0.22%
D.	10 to 19 times	1	0.06%
E.	20 to 39 times	3	0.17%
F.	40 or more times	4	0.22%
<b>TOTALS</b>		<b>1,816</b>	<b>100.00%</b>
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	1661	91.77%
B.	1 or 2 times	85	4.70%
C.	3 to 9 times	36	1.99%
D.	10 to 19 times	7	0.39%
E.	20 to 39 times	3	0.17%
F.	40 or more times	18	0.99%
<b>TOTALS</b>		<b>1,810</b>	<b>100.00%</b>
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	1807	99.56%
B.	1 or 2 times	2	0.11%
C.	3 to 9 times	2	0.11%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.06%
F.	40 or more times	3	0.17%
<b>TOTALS</b>		<b>1,815</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	1802	99.23%
B.	1 or 2 times	9	0.50%
C.	3 to 9 times	1	0.06%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	2	0.11%
F.	40 or more times	2	0.11%
<b>TOTALS</b>		<b>1,816</b>	<b>100.00%</b>
Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	1758	98.43%
B.	1 or 2 times	18	1.01%
C.	3 to 9 times	4	0.22%
D.	10 to 19 times	1	0.06%
E.	20 to 39 times	2	0.11%
F.	40 or more times	3	0.17%
<b>TOTALS</b>		<b>1,786</b>	<b>100.00%</b>
Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1806	99.45%
B.	1 time	7	0.39%
C.	2 or more times	3	0.17%
<b>TOTALS</b>		<b>1,816</b>	<b>100.00%</b>
Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	271	14.93%
B.	No	1544	85.07%
<b>TOTALS</b>		<b>1,815</b>	<b>100.00%</b>
Q-56. Have you ever had sexual intercourse?			
A.	Yes	221	12.30%
B.	No	1576	87.70%
<b>TOTALS</b>		<b>1,797</b>	<b>100.00%</b>
Q-57. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1646	90.89%
B.	11 years old or younger	72	3.98%
C.	12 years old	30	1.66%
D.	13 years old	41	2.26%
E.	14 years old	21	1.16%
F.	15 years old or older	1	0.06%
<b>TOTALS</b>		<b>1,811</b>	<b>100.00%</b>

Q-58. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1652	91.12%
B.	1 person	95	5.24%
C.	2 people	31	1.71%
D.	3 people	15	0.83%
E.	4 people	12	0.66%
F.	5 people	2	0.11%
G.	6 or more people	6	0.33%
<b>TOTALS</b>		<b>1,813</b>	<b>100.00%</b>

Q-59. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1650	91.16%
B.	I have had sexual intercourse, but not during the past 3 months	97	5.36%
C.	1 person	51	2.82%
D.	2 people	7	0.39%
E.	3 people	0	0.00%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	5	0.28%
<b>TOTALS</b>		<b>1,810</b>	<b>100.00%</b>

Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1618	89.44%
B.	Yes	41	2.27%
C.	No	150	8.29%
<b>TOTALS</b>		<b>1,809</b>	<b>100.00%</b>

Q-61. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1628	90.49%
B.	Yes	73	4.06%
C.	No	98	5.45%
<b>TOTALS</b>		<b>1,799</b>	<b>100.00%</b>

Q-62. How do you describe your weight?			
A.	Very underweight	80	4.45%
B.	Slightly underweight	284	15.79%
C.	About the right weight	975	54.20%
D.	Slightly overweight	405	22.51%
E.	Very overweight	55	3.06%
<b>TOTALS</b>		<b>1,799</b>	<b>100.00%</b>

Q-63. Which of the following are you trying to do about your weight?			
A.	Lose weight	723	40.08%
B.	Gain weight	232	12.86%
C.	Stay the same weight	351	19.46%
D.	I am not trying to do anything about my weight	498	27.61%
<b>TOTALS</b>		<b>1,804</b>	<b>100.00%</b>

Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	634	35.11%
B.	1 to 3 times during the past 7 days	763	42.25%
C.	4 to 6 times during the past 7 days	217	12.02%
D.	1 time per day	64	3.54%
E.	2 times per day	67	3.71%
F.	3 times per day	25	1.38%
G.	4 or more times per day	36	1.99%
<b>TOTALS</b>		<b>1,806</b>	<b>100.00%</b>

Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	145	8.05%
B.	1 to 3 times during the past 7 days	559	31.04%
C.	4 to 6 times during the past 7 days	447	24.82%
D.	1 time per day	205	11.38%
E.	2 times per day	218	12.10%
F.	3 times per day	110	6.11%
G.	4 or more times per day	117	6.50%
<b>TOTALS</b>		<b>1,801</b>	<b>100.00%</b>

Q-66. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	639	35.28%
B.	1 to 3 times during the past 7 days	778	42.96%
C.	4 to 6 times during the past 7 days	218	12.04%
D.	1 time per day	126	6.96%
E.	2 times per day	30	1.66%
F.	3 times per day	6	0.33%
G.	4 or more times per day	14	0.77%
<b>TOTALS</b>		<b>1,811</b>	<b>100.00%</b>

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	782	43.30%
B.	1 to 3 times during the past 7 days	848	46.95%
C.	4 to 6 times during the past 7 days	113	6.26%
D.	1 time per day	37	2.05%
E.	2 times per day	10	0.55%
F.	3 times per day	6	0.33%
G.	4 or more times per day	10	0.55%
<b>TOTALS</b>		<b>1,806</b>	<b>100.00%</b>

Q-68. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	738	40.84%
B.	1 to 3 times during the past 7 days	710	39.29%
C.	4 to 6 times during the past 7 days	219	12.12%
D.	1 time per day	71	3.93%
E.	2 times per day	32	1.77%
F.	3 times per day	9	0.50%
G.	4 or more times per day	28	1.55%
<b>TOTALS</b>		<b>1,807</b>	<b>100.00%</b>

Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	278	15.41%
B.	1 to 3 times during the past 7 days	647	35.86%
C.	4 to 6 times during the past 7 days	423	23.45%
D.	1 time per day	218	12.08%
E.	2 times per day	141	7.82%
F.	3 times per day	47	2.61%
G.	4 or more times per day	50	2.77%
<b>TOTALS</b>		<b>1,804</b>	<b>100.00%</b>

Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	621	34.44%
B.	1 to 3 times during the past 7 days	849	47.09%
C.	4 to 6 times during the past 7 days	175	9.71%
D.	1 time per day	75	4.16%
E.	2 times per day	36	2.00%
F.	3 times per day	25	1.39%
G.	4 or more times per day	22	1.22%
<b>TOTALS</b>		<b>1,803</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	983	55.01%
B.	1 to 3 times during the past 7 days	560	31.34%
C.	4 to 6 times during the past 7 days	143	8.00%
D.	1 time per day	54	3.02%
E.	2 times per day	19	1.06%
F.	3 times per day	14	0.78%
G.	4 or more times per day	14	0.78%
<b>TOTALS</b>		<b>1,787</b>	<b>100.00%</b>

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	364	20.27%
B.	1 to 3 glasses during the past 7 days	482	26.84%
C.	4 to 6 glasses during the past 7 days	349	19.43%
D.	1 glass per day	240	13.36%
E.	2 glasses per day	190	10.58%
F.	3 glasses per day	92	5.12%
G.	4 or more glasses per day	79	4.40%
<b>TOTALS</b>		<b>1,796</b>	<b>100.00%</b>

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	220	12.31%
B.	1 day	147	8.23%
C.	2 days	132	7.39%
D.	3 days	131	7.33%
E.	4 days	138	7.72%
F.	5 days	138	7.72%
G.	6 days	141	7.89%
H.	7 days	740	41.41%
<b>TOTALS</b>		<b>1,787</b>	<b>100.00%</b>

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	116	6.48%
B.	1 day	99	5.53%
C.	2 days	127	7.10%
D.	3 days	184	10.29%
E.	4 days	223	12.47%
F.	5 days	283	15.82%
G.	6 days	153	8.55%
H.	7 days	604	33.76%
<b>TOTALS</b>		<b>1,789</b>	<b>100.00%</b>

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	135	7.58%
B.	1 hour per day	184	10.33%
C.	2 hours per day	367	20.61%
D.	3 hours per day	369	20.72%
E.	4 hours per day	280	15.72%
F.	5 or more hours per day	446	25.04%
<b>TOTALS</b>		<b>1,781</b>	<b>100.00%</b>

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	378	21.45%
B.	1 day	109	6.19%
C.	2 days	311	17.65%
D.	3 days	273	15.49%
E.	4 days	170	9.65%
F.	5 days	521	29.57%
<b>TOTALS</b>		<b>1,762</b>	<b>100.00%</b>

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	638	36.05%
B.	1 team	441	24.92%
C.	2 teams	358	20.23%
D.	3 or more teams	333	18.81%
<b>TOTALS</b>		<b>1,770</b>	<b>100.00%</b>

Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	1480	82.31%
B.	1 time	190	10.57%
C.	2 times	60	3.34%
D.	3 times	22	1.22%
E.	4 or more times	46	2.56%
<b>TOTALS</b>		<b>1,798</b>	<b>100.00%</b>

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	276	15.46%
B.	No	1300	72.83%
C.	Not sure	209	11.71%
<b>TOTALS</b>		<b>1,785</b>	<b>100.00%</b>

Q-80. Do you still have asthma?

A.	I have never had asthma	1144	64.05%
B.	Yes	186	10.41%
C.	No	221	12.37%
D.	Not sure	235	13.16%
<b>TOTALS</b>		<b>1,786</b>	<b>100.00%</b>



Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	1417	79.16%
B.	0 days	347	19.39%
C.	1 day	15	0.84%
D.	2 days	3	0.17%
E.	3 days	1	0.06%
F.	4 days	2	0.11%
G.	5 or more days	5	0.28%
<b>TOTALS</b>		<b>1,790</b>	<b>100.00%</b>

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	1374	76.76%
B.	Between 12 and 24 months ago	154	8.60%
C.	More than 24 months ago	62	3.46%
D.	Never	16	0.89%
E.	Not sure	184	10.28%
<b>TOTALS</b>		<b>1,790</b>	<b>100.00%</b>

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	487	27.44%
B.	Rarely	427	24.06%
C.	Sometimes	429	24.17%
D.	Most of the time	280	15.77%
E.	Always	152	8.56%
<b>TOTALS</b>		<b>1,775</b>	<b>100.00%</b>

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	181	10.24%
B.	5 hours	179	10.12%
C.	6 hours	232	13.12%
D.	7 hours	393	22.23%
E.	8 hours	443	25.06%
F.	9 hours	253	14.31%
G.	10 or more hours	87	4.92%
<b>TOTALS</b>		<b>1,768</b>	<b>100.00%</b>

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1723	96.63%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	33	1.85%
C.	In a shelter or emergency housing	4	0.22%
D.	In a motel or hotel	4	0.22%
E.	In a car, park, campground, or other public place	4	0.22%
F.	I do not have a usual place to sleep	4	0.22%
G.	Somewhere else	11	0.62%
<b>TOTALS</b>		<b>1,783</b>	<b>100.00%</b>

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	47 2.64%
B.	No	1730 97.36%
<b>TOTALS</b>		<b>1,777 100.00%</b>
Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	1507 84.43%
B.	Rarely	178 9.97%
C.	Sometimes	73 4.09%
D.	Most of the time	18 1.01%
E.	Always	9 0.50%
<b>TOTALS</b>		<b>1,785 100.00%</b>
Q-88. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	876 49.60%
B.	Mostly B's	453 25.65%
C.	Mostly C's	196 11.10%
D.	Mostly D's	42 2.38%
E.	Mostly F's	57 3.23%
F.	None of these grades	17 0.96%
G.	Not sure	125 7.08%
<b>TOTALS</b>		<b>1,766 100.00%</b>
Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	1743 98.03%
B.	1 or 2 times	22 1.24%
C.	3 to 9 times	11 0.62%
D.	10 to 19 times	1 0.06%
E.	20 to 39 times	0 0.00%
F.	40 or more times	1 0.06%
<b>TOTALS</b>		<b>1,778 100.00%</b>
Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	387 21.84%
B.	No	1385 78.16%
<b>TOTALS</b>		<b>1,772 100.00%</b>