

2021 SOUTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 609 middle school students in South East Region during February of 2021. Frequency distributions may not total 609 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	4	0.66%
B.	11 years old	0	0.00%
C.	12 years old	109	17.93%
D.	13 years old	300	49.34%
E.	14 years old	183	30.10%
F.	15 years old	11	1.81%
G.	16 years old or older	1	0.16%
	TOTALS	608	100.00%
Q-2. What is your sex?			
A.	Female	285	47.03%
B.	Male	321	52.97%
	TOTALS	606	100.00%
Q-3. In what grade are you?			
A.	7th grade	318	53.09%
B.	8th grade	281	46.91%
	TOTALS	599	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	62	10.42%
B.	No	533	89.58%
	TOTALS	595	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	131	20.73%
B.	Asian	13	2.06%
C.	Black or African American	19	3.01%
D.	Native Hawaiian or Other Pacific Islander	7	1.11%
E.	White	462	73.10%
	TOTALS	632	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	12	1.98%
B.	Rarely	56	9.23%
C.	Sometimes	102	16.80%
D.	Most of the time	230	37.89%
E.	Always	207	34.10%
	TOTALS	607	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	461	76.20%
B.	1 time	56	9.26%
C.	2 or 3 times	41	6.78%
D.	4 or 5 times	11	1.82%
E.	6 or more times	36	5.95%
TOTALS		605	100.00%
Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	396	66.00%
B.	Never	14	2.33%
C.	Rarely	16	2.67%
D.	Sometimes	31	5.17%
E.	Most of the time	55	9.17%
F.	Always	88	14.67%
TOTALS		600	100.00%
Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	546	90.25%
B.	1 day	14	2.31%
C.	2 or 3 days	12	1.98%
D.	4 or 5 days	6	0.99%
E.	6 or more days	27	4.46%
TOTALS		605	100.00%
Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	558	91.78%
B.	1 day	17	2.80%
C.	2 or 3 days	14	2.30%
D.	4 or 5 days	2	0.33%
E.	6 or more days	17	2.80%
TOTALS		608	100.00%
Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	540	89.40%
B.	1 day	39	6.46%
C.	2 or 3 days	12	1.99%
D.	4 or 5 days	7	1.16%
E.	6 or more days	6	0.99%
TOTALS		604	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	555	91.43%
B.	1 time	26	4.28%
C.	2 or 3 times	15	2.47%
D.	4 or 5 times	5	0.82%
E.	6 or 7 times	1	0.16%
F.	8 or 9 times	1	0.16%
G.	10 or 11 times	0	0.00%
H.	12 or more times	4	0.66%
TOTALS		607	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	428	70.63%
B.	1 time	89	14.69%
C.	2 or 3 times	54	8.91%
D.	4 or 5 times	10	1.65%
E.	6 or 7 times	8	1.32%
F.	8 or 9 times	3	0.50%
G.	10 or 11 times	1	0.17%
H.	12 or more times	13	2.15%
TOTALS		606	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	537	88.91%
B.	1 time	44	7.28%
C.	2 or 3 times	16	2.65%
D.	4 or 5 times	5	0.83%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.33%
TOTALS		604	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	54	8.88%
B.	No	554	91.12%
TOTALS		608	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	561	92.27%
B.	1 time	27	4.44%
C.	2 or 3 times	13	2.14%
D.	4 or 5 times	4	0.66%
E.	6 or more times	3	0.49%
TOTALS		608	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	305	50.75%
B.	0 times	275	45.76%
C.	1 time	13	2.16%
D.	2 or 3 times	5	0.83%
E.	4 or 5 times	2	0.33%
F.	6 or more times	1	0.17%
TOTALS		601	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	308	50.83%
B.	0 times	284	46.86%
C.	1 time	8	1.32%
D.	2 or 3 times	3	0.50%
E.	4 or 5 times	0	0.00%
F.	6 or more times	3	0.50%
TOTALS		606	100.00%

Q-19. During the past 12 months, have you ever been bullied on school property?

A.	Yes	171	28.17%
B.	No	436	71.83%
TOTALS		607	100.00%

Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	129	21.25%
B.	No	478	78.75%
TOTALS		607	100.00%

Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	145	23.89%
B.	No	462	76.11%
TOTALS		607	100.00%

Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	228	37.56%
B.	No	379	62.44%
TOTALS		607	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	151	25.00%
B.	No	453	75.00%
TOTALS		604	100.00%
Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	130	21.52%
B.	No	474	78.48%
TOTALS		604	100.00%
Q-25. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	512	84.63%
B.	1 time	52	8.60%
C.	2 or 3 times	25	4.13%
D.	4 or 5 times	12	1.98%
E.	6 or more times	4	0.66%
TOTALS		605	100.00%
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	464	77.98%
B.	Yes	17	2.86%
C.	No	114	19.16%
TOTALS		595	100.00%
Q-27. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	108	17.94%
B.	No	494	82.06%
TOTALS		602	100.00%
Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	506	83.50%
B.	8 years old or younger	13	2.15%
C.	9 or 10 years old	14	2.31%
D.	11 or 12 years old	42	6.93%
E.	13 or 14 years old	30	4.95%
F.	15 years old or older	1	0.17%
TOTALS		606	100.00%
Q-29. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	573	95.50%
B.	1 or 2 days	18	3.00%
C.	3 to 5 days	4	0.67%
D.	6 to 9 days	2	0.33%
E.	10 to 19 days	2	0.33%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.17%
TOTALS		600	100.00%

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	583	96.05%
B.	Less than 1 cigarette per day	13	2.14%
C.	1 cigarette per day	6	0.99%
D.	2 to 5 cigarettes per day	4	0.66%
E.	6 to 10 cigarettes per day	0	0.00%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	1	0.16%
TOTALS		607	100.00%
Q-31. Have you ever used an electronic vapor product?			
A.	Yes	166	27.48%
B.	No	438	72.52%
TOTALS		604	100.00%
Q-32. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	528	87.85%
B.	1 or 2 days	33	5.49%
C.	3 to 5 days	17	2.83%
D.	6 to 9 days	5	0.83%
E.	10 to 19 days	6	1.00%
F.	20 to 29 days	5	0.83%
G.	All 30 days	7	1.16%
TOTALS		601	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	582	96.20%
B.	1 or 2 days	12	1.98%
C.	3 to 5 days	5	0.83%
D.	6 to 9 days	1	0.17%
E.	10 to 19 days	2	0.33%
F.	20 to 29 days	1	0.17%
G.	All 30 days	2	0.33%
TOTALS		605	100.00%
Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	528	87.71%
B.	I got or bought them from a friend, family member, or someone else	52	8.64%
C.	I bought them myself in a vape shop or tobacco shop	2	0.33%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	0	0.00%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.17%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	2	0.33%
G.	I took them from a store or another person	2	0.33%
H.	I got them in some other way	15	2.49%
TOTALS		602	100.00%

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	516	87.76%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	3	0.51%
C.	Chocolate, candy, desserts, or other sweets	11	1.87%
D.	Fruit	16	2.72%
E.	Menthol	21	3.57%
F.	Mint	7	1.19%
G.	Tobacco	7	1.19%
H.	Some other flavor	7	1.19%
TOTALS		588	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	573	95.50%
B.	1 or 2 days	16	2.67%
C.	3 to 5 days	2	0.33%
D.	6 to 9 days	4	0.67%
E.	10 to 19 days	2	0.33%
F.	20 to 29 days	2	0.33%
G.	All 30 days	1	0.17%
TOTALS		600	100.00%

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	586	97.50%
B.	1 or 2 days	13	2.16%
C.	3 to 5 days	1	0.17%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.17%
TOTALS		601	100.00%

Q-38. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	492	82.55%
B.	Yes	57	9.56%
C.	No	47	7.89%
TOTALS		596	100.00%

Q-39. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	380	63.33%
B.	8 years old or younger	64	10.67%
C.	9 or 10 years old	36	6.00%
D.	11 or 12 years old	77	12.83%
E.	13 or 14 years old	43	7.17%
F.	15 years old or older	0	0.00%
TOTALS		600	100.00%
Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	515	85.98%
B.	1 or 2 days	52	8.68%
C.	3 to 5 days	18	3.01%
D.	6 to 9 days	6	1.00%
E.	10 to 19 days	6	1.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.33%
TOTALS		599	100.00%
Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	559	94.11%
B.	1 day	13	2.19%
C.	2 days	9	1.52%
D.	3 to 5 days	7	1.18%
E.	6 to 9 days	1	0.17%
F.	10 to 19 days	3	0.51%
G.	20 or more days	2	0.34%
TOTALS		594	100.00%
Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	512	85.76%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	1	0.17%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	6	1.01%
F.	Someone gave it to me	28	4.69%
G.	I took it from a store or family member	22	3.69%
H.	I got it some other way	28	4.69%
TOTALS		597	100.00%

Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	507	84.64%
B.	Beer	28	4.67%
C.	Wine	11	1.84%
D.	Vodka	10	1.67%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	15	2.50%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	26	4.34%
G.	Some other type of alcohol	2	0.33%
TOTALS		599	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	514	87.56%
B.	1 or 2 times	28	4.77%
C.	3 to 9 times	16	2.73%
D.	10 to 19 times	6	1.02%
E.	20 to 39 times	4	0.68%
F.	40 to 99 times	6	1.02%
G.	100 or more times	13	2.21%
TOTALS		587	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	527	87.83%
B.	8 years old or younger	6	1.00%
C.	9 or 10 years old	14	2.33%
D.	11 or 12 years old	18	3.00%
E.	13 or 14 years old	35	5.83%
F.	15 years old or older	0	0.00%
TOTALS		600	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	557	93.14%
B.	1 or 2 times	20	3.34%
C.	3 to 9 times	5	0.84%
D.	10 to 19 times	4	0.67%
E.	20 to 39 times	8	1.34%
F.	40 or more times	4	0.67%
TOTALS		598	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	574	96.31%
B.	1 or 2 times	9	1.51%
C.	3 to 9 times	9	1.51%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.67%
TOTALS		596	100.00%

Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	526	87.96%
B.	1 or 2 times	40	6.69%
C.	3 to 9 times	16	2.68%
D.	10 to 19 times	7	1.17%
E.	20 to 39 times	4	0.67%
F.	40 or more times	5	0.84%
TOTALS		598	100.00%

Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	590	98.33%
B.	1 or 2 times	4	0.67%
C.	3 to 9 times	3	0.50%
D.	10 to 19 times	2	0.33%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.17%
TOTALS		600	100.00%

Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	522	87.88%
B.	1 or 2 times	41	6.90%
C.	3 to 9 times	10	1.68%
D.	10 to 19 times	10	1.68%
E.	20 to 39 times	3	0.51%
F.	40 or more times	8	1.35%
TOTALS		594	100.00%

Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	591	98.66%
B.	1 or 2 times	7	1.17%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.17%
TOTALS		599	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	594	99.00%
B.	1 or 2 times	4	0.67%
C.	3 to 9 times	1	0.17%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.17%
TOTALS		600	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	579	98.47%
B.	1 or 2 times	7	1.19%
C.	3 to 9 times	1	0.17%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.17%
TOTALS		588	100.00%
Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	591	98.83%
B.	1 time	7	1.17%
C.	2 or more times	0	0.00%
TOTALS		598	100.00%
Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	106	17.76%
B.	No	491	82.24%
TOTALS		597	100.00%
Q-56. Have you ever had sexual intercourse?			
A.	Yes	76	12.79%
B.	No	518	87.21%
TOTALS		594	100.00%
Q-57. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	541	90.47%
B.	11 years old or younger	20	3.34%
C.	12 years old	11	1.84%
D.	13 years old	19	3.18%
E.	14 years old	6	1.00%
F.	15 years old or older	1	0.17%
TOTALS		598	100.00%

Q-58. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	543	90.95%
B.	1 person	30	5.03%
C.	2 people	13	2.18%
D.	3 people	4	0.67%
E.	4 people	3	0.50%
F.	5 people	1	0.17%
G.	6 or more people	3	0.50%
TOTALS		597	100.00%

Q-59. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	539	90.89%
B.	I have had sexual intercourse, but not during the past 3 months	36	6.07%
C.	1 person	13	2.19%
D.	2 people	3	0.51%
E.	3 people	1	0.17%
F.	4 people	1	0.17%
G.	5 people	0	0.00%
H.	6 or more people	0	0.00%
TOTALS		593	100.00%

Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	523	87.75%
B.	Yes	16	2.68%
C.	No	57	9.56%
TOTALS		596	100.00%

Q-61. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	530	89.23%
B.	Yes	31	5.22%
C.	No	33	5.56%
TOTALS		594	100.00%

Q-62. How do you describe your weight?			
A.	Very underweight	22	3.70%
B.	Slightly underweight	91	15.32%
C.	About the right weight	308	51.85%
D.	Slightly overweight	151	25.42%
E.	Very overweight	22	3.70%
TOTALS		594	100.00%

Q-63. Which of the following are you trying to do about your weight?			
A.	Lose weight	249	41.99%
B.	Gain weight	86	14.50%
C.	Stay the same weight	104	17.54%
D.	I am not trying to do anything about my weight	154	25.97%
TOTALS		593	100.00%

Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	216	36.30%
B.	1 to 3 times during the past 7 days	234	39.33%
C.	4 to 6 times during the past 7 days	84	14.12%
D.	1 time per day	26	4.37%
E.	2 times per day	12	2.02%
F.	3 times per day	5	0.84%
G.	4 or more times per day	18	3.03%
TOTALS		595	100.00%

Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	84	14.21%
B.	1 to 3 times during the past 7 days	212	35.87%
C.	4 to 6 times during the past 7 days	136	23.01%
D.	1 time per day	49	8.29%
E.	2 times per day	56	9.48%
F.	3 times per day	20	3.38%
G.	4 or more times per day	34	5.75%
TOTALS		591	100.00%

Q-66. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	261	43.87%
B.	1 to 3 times during the past 7 days	237	39.83%
C.	4 to 6 times during the past 7 days	53	8.91%
D.	1 time per day	22	3.70%
E.	2 times per day	11	1.85%
F.	3 times per day	1	0.17%
G.	4 or more times per day	10	1.68%
TOTALS		595	100.00%

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	237	39.90%
B.	1 to 3 times during the past 7 days	282	47.47%
C.	4 to 6 times during the past 7 days	47	7.91%
D.	1 time per day	17	2.86%
E.	2 times per day	6	1.01%
F.	3 times per day	0	0.00%
G.	4 or more times per day	5	0.84%
TOTALS		594	100.00%

Q-68. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	275	46.22%
B.	1 to 3 times during the past 7 days	225	37.82%
C.	4 to 6 times during the past 7 days	62	10.42%
D.	1 time per day	16	2.69%
E.	2 times per day	5	0.84%
F.	3 times per day	1	0.17%
G.	4 or more times per day	11	1.85%
TOTALS		595	100.00%

Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	134	22.45%
B.	1 to 3 times during the past 7 days	262	43.89%
C.	4 to 6 times during the past 7 days	94	15.75%
D.	1 time per day	50	8.38%
E.	2 times per day	24	4.02%
F.	3 times per day	15	2.51%
G.	4 or more times per day	18	3.02%
TOTALS		597	100.00%

Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	152	25.55%
B.	1 to 3 times during the past 7 days	269	45.21%
C.	4 to 6 times during the past 7 days	90	15.13%
D.	1 time per day	20	3.36%
E.	2 times per day	31	5.21%
F.	3 times per day	16	2.69%
G.	4 or more times per day	17	2.86%
TOTALS		595	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	252	42.50%
B.	1 to 3 times during the past 7 days	216	36.42%
C.	4 to 6 times during the past 7 days	56	9.44%
D.	1 time per day	26	4.38%
E.	2 times per day	17	2.87%
F.	3 times per day	7	1.18%
G.	4 or more times per day	19	3.20%
TOTALS		593	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	96	16.13%
B.	1 to 3 glasses during the past 7 days	170	28.57%
C.	4 to 6 glasses during the past 7 days	112	18.82%
D.	1 glass per day	65	10.92%
E.	2 glasses per day	64	10.76%
F.	3 glasses per day	43	7.23%
G.	4 or more glasses per day	45	7.56%
TOTALS		595	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	72	12.27%
B.	1 day	59	10.05%
C.	2 days	55	9.37%
D.	3 days	45	7.67%
E.	4 days	53	9.03%
F.	5 days	51	8.69%
G.	6 days	30	5.11%
H.	7 days	222	37.82%
TOTALS		587	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	54	9.08%
B.	1 day	41	6.89%
C.	2 days	55	9.24%
D.	3 days	63	10.59%
E.	4 days	67	11.26%
F.	5 days	62	10.42%
G.	6 days	47	7.90%
H.	7 days	206	34.62%
TOTALS		595	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	65	11.00%
B.	1 hour per day	60	10.15%
C.	2 hours per day	106	17.94%
D.	3 hours per day	117	19.80%
E.	4 hours per day	100	16.92%
F.	5 or more hours per day	143	24.20%
TOTALS		591	100.00%

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	124	21.16%
B.	1 day	33	5.63%
C.	2 days	67	11.43%
D.	3 days	118	20.14%
E.	4 days	144	24.57%
F.	5 days	100	17.06%
TOTALS		586	100.00%

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	181	30.63%
B.	1 team	137	23.18%
C.	2 teams	109	18.44%
D.	3 or more teams	164	27.75%
TOTALS		591	100.00%

Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	489	82.60%
B.	1 time	64	10.81%
C.	2 times	19	3.21%
D.	3 times	5	0.84%
E.	4 or more times	15	2.53%
TOTALS		592	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	101	17.09%
B.	No	428	72.42%
C.	Not sure	62	10.49%
TOTALS		591	100.00%

Q-80. Do you still have asthma?

A.	I have never had asthma	362	61.77%
B.	Yes	70	11.95%
C.	No	82	13.99%
D.	Not sure	72	12.29%
TOTALS		586	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	446	75.98%
B.	0 days	128	21.81%
C.	1 day	7	1.19%
D.	2 days	2	0.34%
E.	3 days	0	0.00%
F.	4 days	1	0.17%
G.	5 or more days	3	0.51%
TOTALS		587	100.00%
Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	408	69.51%
B.	Between 12 and 24 months ago	62	10.56%
C.	More than 24 months ago	25	4.26%
D.	Never	11	1.87%
E.	Not sure	81	13.80%
TOTALS		587	100.00%
Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	177	30.52%
B.	Rarely	122	21.03%
C.	Sometimes	141	24.31%
D.	Most of the time	92	15.86%
E.	Always	48	8.28%
TOTALS		580	100.00%
Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	67	11.53%
B.	5 hours	58	9.98%
C.	6 hours	75	12.91%
D.	7 hours	126	21.69%
E.	8 hours	176	30.29%
F.	9 hours	55	9.47%
G.	10 or more hours	24	4.13%
TOTALS		581	100.00%
Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	567	96.92%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	8	1.37%
C.	In a shelter or emergency housing	2	0.34%
D.	In a motel or hotel	0	0.00%
E.	In a car, park, campground, or other public place	0	0.00%
F.	I do not have a usual place to sleep	2	0.34%
G.	Somewhere else	4	0.68%
TOTALS		585	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	20 3.44%
B.	No	561 96.56%
TOTALS		581 100.00%
Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	449 77.02%
B.	Rarely	80 13.72%
C.	Sometimes	36 6.17%
D.	Most of the time	12 2.06%
E.	Always	6 1.03%
TOTALS		583 100.00%
Q-88. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	245 43.13%
B.	Mostly B's	173 30.46%
C.	Mostly C's	66 11.62%
D.	Mostly D's	14 2.46%
E.	Mostly F's	20 3.52%
F.	None of these grades	4 0.70%
G.	Not sure	46 8.10%
TOTALS		568 100.00%
Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	561 97.06%
B.	1 or 2 times	13 2.25%
C.	3 to 9 times	4 0.69%
D.	10 to 19 times	0 0.00%
E.	20 to 39 times	0 0.00%
F.	40 or more times	0 0.00%
TOTALS		578 100.00%
Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	120 20.87%
B.	No	455 79.13%
TOTALS		575 100.00%