

2021 SOUTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 2,222 middle school students in South Central Region during February of 2021. Frequency distributions may not total 2,222 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.05%
B.	11 years old	6	0.27%
C.	12 years old	414	18.66%
D.	13 years old	1062	47.86%
E.	14 years old	715	32.22%
F.	15 years old	20	0.90%
G.	16 years old or older	1	0.05%
	TOTALS	2,219	100.00%
Q-2. What is your sex?			
A.	Female	1093	49.64%
B.	Male	1109	50.36%
	TOTALS	2,202	100.00%
Q-3. In what grade are you?			
A.	7th grade	1046	47.78%
B.	8th grade	1143	52.22%
	TOTALS	2,189	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	288	13.38%
B.	No	1865	86.62%
	TOTALS	2,153	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	406	17.20%
B.	Asian	67	2.84%
C.	Black or African American	94	3.98%
D.	Native Hawaiian or Other Pacific Islander	60	2.54%
E.	White	1733	73.43%
	TOTALS	2,360	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	48	2.24%
B.	Rarely	107	4.99%
C.	Sometimes	218	10.17%
D.	Most of the time	737	34.38%
E.	Always	1034	48.23%
	TOTALS	2,144	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	1697	79.45%
B.	1 time	156	7.30%
C.	2 or 3 times	125	5.85%
D.	4 or 5 times	35	1.64%
E.	6 or more times	123	5.76%
TOTALS		2,136	100.00%

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	1562	71.62%
B.	Never	31	1.42%
C.	Rarely	53	2.43%
D.	Sometimes	52	2.38%
E.	Most of the time	124	5.69%
F.	Always	359	16.46%
TOTALS		2,181	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	2119	95.75%
B.	1 day	33	1.49%
C.	2 or 3 days	20	0.90%
D.	4 or 5 days	16	0.72%
E.	6 or more days	25	1.13%
TOTALS		2,213	100.00%

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	2047	92.46%
B.	1 day	56	2.53%
C.	2 or 3 days	51	2.30%
D.	4 or 5 days	10	0.45%
E.	6 or more days	50	2.26%
TOTALS		2,214	100.00%

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	1970	89.34%
B.	1 day	118	5.35%
C.	2 or 3 days	63	2.86%
D.	4 or 5 days	27	1.22%
E.	6 or more days	27	1.22%
TOTALS		2,205	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	2036	91.84%
B.	1 time	93	4.19%
C.	2 or 3 times	47	2.12%
D.	4 or 5 times	13	0.59%
E.	6 or 7 times	11	0.50%
F.	8 or 9 times	1	0.05%
G.	10 or 11 times	2	0.09%
H.	12 or more times	14	0.63%
TOTALS		2,217	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	1511	68.34%
B.	1 time	334	15.11%
C.	2 or 3 times	220	9.95%
D.	4 or 5 times	63	2.85%
E.	6 or 7 times	27	1.22%
F.	8 or 9 times	10	0.45%
G.	10 or 11 times	6	0.27%
H.	12 or more times	40	1.81%
TOTALS		2,211	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	1950	88.04%
B.	1 time	190	8.58%
C.	2 or 3 times	58	2.62%
D.	4 or 5 times	8	0.36%
E.	6 or 7 times	1	0.05%
F.	8 or 9 times	2	0.09%
G.	10 or 11 times	1	0.05%
H.	12 or more times	5	0.23%
TOTALS		2,215	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	164	7.44%
B.	No	2041	92.56%
TOTALS		2,205	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	0 times	2026 91.51%
B.	1 time	112 5.06%
C.	2 or 3 times	47 2.12%
D.	4 or 5 times	13 0.59%
E.	6 or more times	16 0.72%
TOTALS		2,214 100.00%
Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	I did not date or go out with anyone during the past 12 months	1212 55.12%
B.	0 times	894 40.65%
C.	1 time	54 2.46%
D.	2 or 3 times	31 1.41%
E.	4 or 5 times	3 0.14%
F.	6 or more times	5 0.23%
TOTALS		2,199 100.00%
Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)		
A.	I did not date or go out with anyone during the past 12 months	1206 54.67%
B.	0 times	936 42.43%
C.	1 time	28 1.27%
D.	2 or 3 times	21 0.95%
E.	4 or 5 times	4 0.18%
F.	6 or more times	11 0.50%
TOTALS		2,206 100.00%
Q-19. During the past 12 months, have you ever been bullied on school property?		
A.	Yes	572 25.93%
B.	No	1634 74.07%
TOTALS		2,206 100.00%
Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)		
A.	Yes	445 20.16%
B.	No	1762 79.84%
TOTALS		2,207 100.00%
Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?		
A.	Yes	514 23.27%
B.	No	1695 76.73%
TOTALS		2,209 100.00%
Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A.	Yes	859 38.92%
B.	No	1348 61.08%
TOTALS		2,207 100.00%

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	470	21.48%
B.	No	1718	78.52%
TOTALS		2,188	100.00%
Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	421	19.11%
B.	No	1782	80.89%
TOTALS		2,203	100.00%
Q-25. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	1898	86.12%
B.	1 time	192	8.71%
C.	2 or 3 times	72	3.27%
D.	4 or 5 times	22	1.00%
E.	6 or more times	20	0.91%
TOTALS		2,204	100.00%
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	1808	82.26%
B.	Yes	96	4.37%
C.	No	294	13.38%
TOTALS		2,198	100.00%
Q-27. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	407	18.46%
B.	No	1798	81.54%
TOTALS		2,205	100.00%
Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	1811	81.98%
B.	8 years old or younger	87	3.94%
C.	9 or 10 years old	82	3.71%
D.	11 or 12 years old	145	6.56%
E.	13 or 14 years old	81	3.67%
F.	15 years old or older	3	0.14%
TOTALS		2,209	100.00%
Q-29. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	2097	95.62%
B.	1 or 2 days	54	2.46%
C.	3 to 5 days	16	0.73%
D.	6 to 9 days	15	0.68%
E.	10 to 19 days	4	0.18%
F.	20 to 29 days	3	0.14%
G.	All 30 days	4	0.18%
TOTALS		2,193	100.00%

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	2107	95.51%
B.	Less than 1 cigarette per day	59	2.67%
C.	1 cigarette per day	22	1.00%
D.	2 to 5 cigarettes per day	14	0.63%
E.	6 to 10 cigarettes per day	0	0.00%
F.	11 to 20 cigarettes per day	2	0.09%
G.	More than 20 cigarettes per day	2	0.09%
TOTALS		2,206	100.00%
Q-31. Have you ever used an electronic vapor product?			
A.	Yes	590	26.78%
B.	No	1613	73.22%
TOTALS		2,203	100.00%
Q-32. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1905	86.59%
B.	1 or 2 days	142	6.45%
C.	3 to 5 days	39	1.77%
D.	6 to 9 days	31	1.41%
E.	10 to 19 days	42	1.91%
F.	20 to 29 days	18	0.82%
G.	All 30 days	23	1.05%
TOTALS		2,200	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	2105	95.46%
B.	1 or 2 days	56	2.54%
C.	3 to 5 days	19	0.86%
D.	6 to 9 days	11	0.50%
E.	10 to 19 days	7	0.32%
F.	20 to 29 days	2	0.09%
G.	All 30 days	5	0.23%
TOTALS		2,205	100.00%
Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	1910	86.90%
B.	I got or bought them from a friend, family member, or someone else	170	7.73%
C.	I bought them myself in a vape shop or tobacco shop	3	0.14%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	3	0.14%
E.	I bought them myself at a mall or shopping center kiosk or stand	2	0.09%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	9	0.41%
G.	I took them from a store or another person	16	0.73%
H.	I got them in some other way	85	3.87%
TOTALS		2,198	100.00%

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	1876	87.17%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	5	0.23%
C.	Chocolate, candy, desserts, or other sweets	41	1.91%
D.	Fruit	141	6.55%
E.	Menthol	14	0.65%
F.	Mint	19	0.88%
G.	Tobacco	9	0.42%
H.	Some other flavor	47	2.18%
TOTALS		2,152	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	2168	98.37%
B.	1 or 2 days	16	0.73%
C.	3 to 5 days	5	0.23%
D.	6 to 9 days	6	0.27%
E.	10 to 19 days	4	0.18%
F.	20 to 29 days	2	0.09%
G.	All 30 days	3	0.14%
TOTALS		2,204	100.00%

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	2148	97.68%
B.	1 or 2 days	31	1.41%
C.	3 to 5 days	8	0.36%
D.	6 to 9 days	7	0.32%
E.	10 to 19 days	3	0.14%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.09%
TOTALS		2,199	100.00%

Q-38. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	1817	82.89%
B.	Yes	227	10.36%
C.	No	148	6.75%
TOTALS		2,192	100.00%

Q-39. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	1459	66.53%
B.	8 years old or younger	191	8.71%
C.	9 or 10 years old	146	6.66%
D.	11 or 12 years old	232	10.58%
E.	13 or 14 years old	161	7.34%
F.	15 years old or older	4	0.18%
TOTALS		2,193	100.00%

Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1895	86.29%
B.	1 or 2 days	192	8.74%
C.	3 to 5 days	56	2.55%
D.	6 to 9 days	25	1.14%
E.	10 to 19 days	20	0.91%
F.	20 to 29 days	7	0.32%
G.	All 30 days	1	0.05%
TOTALS		2,196	100.00%

Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	2043	93.63%
B.	1 day	56	2.57%
C.	2 days	37	1.70%
D.	3 to 5 days	26	1.19%
E.	6 to 9 days	12	0.55%
F.	10 to 19 days	6	0.27%
G.	20 or more days	2	0.09%
TOTALS		2,182	100.00%

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1907	87.00%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	6	0.27%
C.	I bought it at a restaurant, bar, or club	2	0.09%
D.	I bought it at a public event such as a concert or sporting event	2	0.09%
E.	I gave someone else money to buy it for me	21	0.96%
F.	Someone gave it to me	110	5.02%
G.	I took it from a store or family member	72	3.28%
H.	I got it some other way	72	3.28%
TOTALS		2,192	100.00%

Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	1894	86.80%
B.	Beer	68	3.12%
C.	Wine	24	1.10%
D.	Vodka	45	2.06%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	50	2.29%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	83	3.80%
G.	Some other type of alcohol	18	0.82%
TOTALS		2,182	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	1814	83.52%
B.	1 or 2 times	138	6.35%
C.	3 to 9 times	75	3.45%
D.	10 to 19 times	30	1.38%
E.	20 to 39 times	42	1.93%
F.	40 to 99 times	24	1.10%
G.	100 or more times	49	2.26%
TOTALS		2,172	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	1842	83.88%
B.	8 years old or younger	29	1.32%
C.	9 or 10 years old	69	3.14%
D.	11 or 12 years old	153	6.97%
E.	13 or 14 years old	101	4.60%
F.	15 years old or older	2	0.09%
TOTALS		2,196	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	2018	91.89%
B.	1 or 2 times	70	3.19%
C.	3 to 9 times	50	2.28%
D.	10 to 19 times	26	1.18%
E.	20 to 39 times	15	0.68%
F.	40 or more times	17	0.77%
TOTALS		2,196	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	2093	96.05%
B.	1 or 2 times	38	1.74%
C.	3 to 9 times	25	1.15%
D.	10 to 19 times	4	0.18%
E.	20 to 39 times	8	0.37%
F.	40 or more times	11	0.50%
TOTALS		2,179	100.00%
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	1951	89.17%
B.	1 or 2 times	129	5.90%
C.	3 to 9 times	52	2.38%
D.	10 to 19 times	27	1.23%
E.	20 to 39 times	11	0.50%
F.	40 or more times	18	0.82%
TOTALS		2,188	100.00%
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	2156	98.40%
B.	1 or 2 times	21	0.96%
C.	3 to 9 times	5	0.23%
D.	10 to 19 times	1	0.05%
E.	20 to 39 times	2	0.09%
F.	40 or more times	6	0.27%
TOTALS		2,191	100.00%
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	1974	90.14%
B.	1 or 2 times	116	5.30%
C.	3 to 9 times	43	1.96%
D.	10 to 19 times	26	1.19%
E.	20 to 39 times	11	0.50%
F.	40 or more times	20	0.91%
TOTALS		2,190	100.00%
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	2178	99.27%
B.	1 or 2 times	8	0.36%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	2	0.09%
E.	20 to 39 times	2	0.09%
F.	40 or more times	4	0.18%
TOTALS		2,194	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	2167	98.95%
B.	1 or 2 times	14	0.64%
C.	3 to 9 times	4	0.18%
D.	10 to 19 times	1	0.05%
E.	20 to 39 times	1	0.05%
F.	40 or more times	3	0.14%
TOTALS		2,190	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	2126	98.06%
B.	1 or 2 times	28	1.29%
C.	3 to 9 times	5	0.23%
D.	10 to 19 times	4	0.18%
E.	20 to 39 times	1	0.05%
F.	40 or more times	4	0.18%
TOTALS		2,168	100.00%
Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	2162	98.86%
B.	1 time	18	0.82%
C.	2 or more times	7	0.32%
TOTALS		2,187	100.00%
Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	369	16.88%
B.	No	1817	83.12%
TOTALS		2,186	100.00%
Q-56. Have you ever had sexual intercourse?			
A.	Yes	336	15.50%
B.	No	1832	84.50%
TOTALS		2,168	100.00%
Q-57. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1926	88.43%
B.	11 years old or younger	91	4.18%
C.	12 years old	47	2.16%
D.	13 years old	78	3.58%
E.	14 years old	31	1.42%
F.	15 years old or older	5	0.23%
TOTALS		2,178	100.00%

Q-58. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1940	88.95%
B.	1 person	130	5.96%
C.	2 people	45	2.06%
D.	3 people	37	1.70%
E.	4 people	8	0.37%
F.	5 people	4	0.18%
G.	6 or more people	17	0.78%
TOTALS		2,181	100.00%

Q-59. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1934	88.84%
B.	I have had sexual intercourse, but not during the past 3 months	137	6.29%
C.	1 person	78	3.58%
D.	2 people	11	0.51%
E.	3 people	8	0.37%
F.	4 people	2	0.09%
G.	5 people	1	0.05%
H.	6 or more people	6	0.28%
TOTALS		2,177	100.00%

Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1870	86.10%
B.	Yes	71	3.27%
C.	No	231	10.64%
TOTALS		2,172	100.00%

Q-61. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1896	87.62%
B.	Yes	132	6.10%
C.	No	136	6.28%
TOTALS		2,164	100.00%

Q-62. How do you describe your weight?			
A.	Very underweight	91	4.21%
B.	Slightly underweight	366	16.91%
C.	About the right weight	1098	50.74%
D.	Slightly overweight	527	24.35%
E.	Very overweight	82	3.79%
TOTALS		2,164	100.00%

Q-63. Which of the following are you trying to do about your weight?			
A.	Lose weight	972	44.73%
B.	Gain weight	299	13.76%
C.	Stay the same weight	374	17.21%
D.	I am not trying to do anything about my weight	528	24.30%
TOTALS		2,173	100.00%

Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	825	38.00%
B.	1 to 3 times during the past 7 days	838	38.60%
C.	4 to 6 times during the past 7 days	265	12.21%
D.	1 time per day	88	4.05%
E.	2 times per day	72	3.32%
F.	3 times per day	26	1.20%
G.	4 or more times per day	57	2.63%
TOTALS		2,171	100.00%

Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	277	12.83%
B.	1 to 3 times during the past 7 days	768	35.57%
C.	4 to 6 times during the past 7 days	474	21.95%
D.	1 time per day	198	9.17%
E.	2 times per day	230	10.65%
F.	3 times per day	96	4.45%
G.	4 or more times per day	116	5.37%
TOTALS		2,159	100.00%

Q-66. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	968	44.67%
B.	1 to 3 times during the past 7 days	846	39.04%
C.	4 to 6 times during the past 7 days	185	8.54%
D.	1 time per day	105	4.85%
E.	2 times per day	31	1.43%
F.	3 times per day	12	0.55%
G.	4 or more times per day	20	0.92%
TOTALS		2,167	100.00%

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	955	44.32%
B.	1 to 3 times during the past 7 days	967	44.87%
C.	4 to 6 times during the past 7 days	151	7.01%
D.	1 time per day	41	1.90%
E.	2 times per day	11	0.51%
F.	3 times per day	5	0.23%
G.	4 or more times per day	25	1.16%
TOTALS		2,155	100.00%

Q-68. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	931	43.20%
B.	1 to 3 times during the past 7 days	845	39.21%
C.	4 to 6 times during the past 7 days	194	9.00%
D.	1 time per day	87	4.04%
E.	2 times per day	41	1.90%
F.	3 times per day	18	0.84%
G.	4 or more times per day	39	1.81%
TOTALS		2,155	100.00%

Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	464	21.50%
B.	1 to 3 times during the past 7 days	846	39.20%
C.	4 to 6 times during the past 7 days	420	19.46%
D.	1 time per day	174	8.06%
E.	2 times per day	128	5.93%
F.	3 times per day	59	2.73%
G.	4 or more times per day	67	3.10%
TOTALS		2,158	100.00%

Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	577	26.82%
B.	1 to 3 times during the past 7 days	1031	47.93%
C.	4 to 6 times during the past 7 days	269	12.51%
D.	1 time per day	127	5.90%
E.	2 times per day	70	3.25%
F.	3 times per day	35	1.63%
G.	4 or more times per day	42	1.95%
TOTALS		2,151	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	977	45.68%
B.	1 to 3 times during the past 7 days	732	34.22%
C.	4 to 6 times during the past 7 days	199	9.30%
D.	1 time per day	102	4.77%
E.	2 times per day	59	2.76%
F.	3 times per day	27	1.26%
G.	4 or more times per day	43	2.01%
TOTALS		2,139	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	460	21.46%
B.	1 to 3 glasses during the past 7 days	593	27.66%
C.	4 to 6 glasses during the past 7 days	367	17.12%
D.	1 glass per day	251	11.71%
E.	2 glasses per day	236	11.01%
F.	3 glasses per day	123	5.74%
G.	4 or more glasses per day	114	5.32%
TOTALS		2,144	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	337	15.81%
B.	1 day	197	9.24%
C.	2 days	190	8.91%
D.	3 days	187	8.77%
E.	4 days	148	6.94%
F.	5 days	165	7.74%
G.	6 days	138	6.47%
H.	7 days	770	36.12%
TOTALS		2,132	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	214	10.04%
B.	1 day	142	6.66%
C.	2 days	219	10.27%
D.	3 days	227	10.65%
E.	4 days	276	12.95%
F.	5 days	292	13.70%
G.	6 days	163	7.65%
H.	7 days	599	28.10%
TOTALS		2,132	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	142	6.74%
B.	1 hour per day	146	6.93%
C.	2 hours per day	400	18.99%
D.	3 hours per day	431	20.47%
E.	4 hours per day	334	15.86%
F.	5 or more hours per day	653	31.01%
TOTALS		2,106	100.00%

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	242	11.65%
B.	1 day	63	3.03%
C.	2 days	373	17.96%
D.	3 days	646	31.10%
E.	4 days	268	12.90%
F.	5 days	485	23.35%
TOTALS		2,077	100.00%

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	756	36.21%
B.	1 team	484	23.18%
C.	2 teams	396	18.97%
D.	3 or more teams	452	21.65%
TOTALS		2,088	100.00%

Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	1771	83.34%
B.	1 time	204	9.60%
C.	2 times	76	3.58%
D.	3 times	21	0.99%
E.	4 or more times	53	2.49%
TOTALS		2,125	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	400	18.89%
B.	No	1490	70.35%
C.	Not sure	228	10.76%
TOTALS		2,118	100.00%

Q-80. Do you still have asthma?

A.	I have never had asthma	1315	61.88%
B.	Yes	281	13.22%
C.	No	266	12.52%
D.	Not sure	263	12.38%
TOTALS		2,125	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	1620	76.38%
B.	0 days	444	20.93%
C.	1 day	25	1.18%
D.	2 days	13	0.61%
E.	3 days	8	0.38%
F.	4 days	1	0.05%
G.	5 or more days	10	0.47%
TOTALS		2,121	100.00%
Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	1582	74.55%
B.	Between 12 and 24 months ago	217	10.23%
C.	More than 24 months ago	76	3.58%
D.	Never	27	1.27%
E.	Not sure	220	10.37%
TOTALS		2,122	100.00%
Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	528	25.07%
B.	Rarely	489	23.22%
C.	Sometimes	474	22.51%
D.	Most of the time	407	19.33%
E.	Always	208	9.88%
TOTALS		2,106	100.00%
Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	236	11.30%
B.	5 hours	180	8.62%
C.	6 hours	341	16.32%
D.	7 hours	424	20.30%
E.	8 hours	530	25.37%
F.	9 hours	268	12.83%
G.	10 or more hours	110	5.27%
TOTALS		2,089	100.00%
Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	2063	97.82%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	23	1.09%
C.	In a shelter or emergency housing	5	0.24%
D.	In a motel or hotel	2	0.09%
E.	In a car, park, campground, or other public place	2	0.09%
F.	I do not have a usual place to sleep	6	0.28%
G.	Somewhere else	8	0.38%
TOTALS		2,109	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	79 3.76%
B.	No	2021 96.24%
TOTALS		2,100 100.00%
Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	1675 79.31%
B.	Rarely	282 13.35%
C.	Sometimes	116 5.49%
D.	Most of the time	23 1.09%
E.	Always	16 0.76%
TOTALS		2,112 100.00%
Q-88. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	947 45.29%
B.	Mostly B's	580 27.74%
C.	Mostly C's	229 10.95%
D.	Mostly D's	72 3.44%
E.	Mostly F's	86 4.11%
F.	None of these grades	13 0.62%
G.	Not sure	164 7.84%
TOTALS		2,091 100.00%
Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	2053 97.34%
B.	1 or 2 times	29 1.38%
C.	3 to 9 times	15 0.71%
D.	10 to 19 times	6 0.28%
E.	20 to 39 times	3 0.14%
F.	40 or more times	3 0.14%
TOTALS		2,109 100.00%
Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	416 19.80%
B.	No	1685 80.20%
TOTALS		2,101 100.00%