

# 2021 NORTH WEST REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,113 middle school students in North West Region during February of 2021. Frequency distributions may not total 1,113 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.09%
B.	11 years old	3	0.27%
C.	12 years old	197	17.72%
D.	13 years old	551	49.55%
E.	14 years old	343	30.85%
F.	15 years old	17	1.53%
G.	16 years old or older	0	0.00%
	<b>TOTALS</b>	<b>1,112</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	487	43.99%
B.	Male	620	56.01%
	<b>TOTALS</b>	<b>1,107</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	547	49.50%
B.	8th grade	558	50.50%
	<b>TOTALS</b>	<b>1,105</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	89	8.25%
B.	No	990	91.75%
	<b>TOTALS</b>	<b>1,079</b>	<b>100.00%</b>
Q-5. What is your race?			
A.	American Indian or Alaskan Native	126	10.53%
B.	Asian	35	2.92%
C.	Black or African American	32	2.67%
D.	Native Hawaiian or Other Pacific Islander	26	2.17%
E.	White	978	81.70%
	<b>TOTALS</b>	<b>1,197</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	17	1.53%
B.	Rarely	39	3.51%
C.	Sometimes	88	7.91%
D.	Most of the time	380	34.17%
E.	Always	588	52.88%
	<b>TOTALS</b>	<b>1,112</b>	<b>100.00%</b>

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	888	80.29%
B.	1 time	74	6.69%
C.	2 or 3 times	61	5.52%
D.	4 or 5 times	17	1.54%
E.	6 or more times	66	5.97%
<b>TOTALS</b>		<b>1,106</b>	<b>100.00%</b>

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	856	78.03%
B.	Never	8	0.73%
C.	Rarely	11	1.00%
D.	Sometimes	14	1.28%
E.	Most of the time	48	4.38%
F.	Always	160	14.59%
<b>TOTALS</b>		<b>1,097</b>	<b>100.00%</b>

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	1048	94.58%
B.	1 day	23	2.08%
C.	2 or 3 days	10	0.90%
D.	4 or 5 days	6	0.54%
E.	6 or more days	21	1.90%
<b>TOTALS</b>		<b>1,108</b>	<b>100.00%</b>

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	1000	90.33%
B.	1 day	35	3.16%
C.	2 or 3 days	33	2.98%
D.	4 or 5 days	9	0.81%
E.	6 or more days	30	2.71%
<b>TOTALS</b>		<b>1,107</b>	<b>100.00%</b>

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	985	88.82%
B.	1 day	61	5.50%
C.	2 or 3 days	36	3.25%
D.	4 or 5 days	12	1.08%
E.	6 or more days	15	1.35%
<b>TOTALS</b>		<b>1,109</b>	<b>100.00%</b>

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	1023	92.00%
B.	1 time	44	3.96%
C.	2 or 3 times	26	2.34%
D.	4 or 5 times	10	0.90%
E.	6 or 7 times	3	0.27%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	6	0.54%
<b>TOTALS</b>		<b>1,112</b>	<b>100.00%</b>

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	744	67.33%
B.	1 time	172	15.57%
C.	2 or 3 times	103	9.32%
D.	4 or 5 times	39	3.53%
E.	6 or 7 times	15	1.36%
F.	8 or 9 times	7	0.63%
G.	10 or 11 times	4	0.36%
H.	12 or more times	21	1.90%
<b>TOTALS</b>		<b>1,105</b>	<b>100.00%</b>

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	958	86.54%
B.	1 time	99	8.94%
C.	2 or 3 times	38	3.43%
D.	4 or 5 times	6	0.54%
E.	6 or 7 times	3	0.27%
F.	8 or 9 times	2	0.18%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.09%
<b>TOTALS</b>		<b>1,107</b>	<b>100.00%</b>

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	81	7.31%
B.	No	1027	92.69%
<b>TOTALS</b>		<b>1,108</b>	<b>100.00%</b>

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	0 times	1030 92.88%
B.	1 time	45 4.06%
C.	2 or 3 times	20 1.80%
D.	4 or 5 times	4 0.36%
E.	6 or more times	10 0.90%
<b>TOTALS</b>		<b>1,109 100.00%</b>
Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	I did not date or go out with anyone during the past 12 months	627 56.64%
B.	0 times	442 39.93%
C.	1 time	18 1.63%
D.	2 or 3 times	9 0.81%
E.	4 or 5 times	7 0.63%
F.	6 or more times	4 0.36%
<b>TOTALS</b>		<b>1,107 100.00%</b>
Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)		
A.	I did not date or go out with anyone during the past 12 months	630 56.71%
B.	0 times	458 41.22%
C.	1 time	10 0.90%
D.	2 or 3 times	6 0.54%
E.	4 or 5 times	2 0.18%
F.	6 or more times	5 0.45%
<b>TOTALS</b>		<b>1,111 100.00%</b>
Q-19. During the past 12 months, have you ever been bullied on school property?		
A.	Yes	347 31.21%
B.	No	765 68.79%
<b>TOTALS</b>		<b>1,112 100.00%</b>
Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)		
A.	Yes	263 23.76%
B.	No	844 76.24%
<b>TOTALS</b>		<b>1,107 100.00%</b>
Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?		
A.	Yes	222 19.96%
B.	No	890 80.04%
<b>TOTALS</b>		<b>1,112 100.00%</b>
Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A.	Yes	440 39.60%
B.	No	671 60.40%
<b>TOTALS</b>		<b>1,111 100.00%</b>

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	248	22.55%
B.	No	852	77.45%
<b>TOTALS</b>		<b>1,100</b>	<b>100.00%</b>
Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	216	19.58%
B.	No	887	80.42%
<b>TOTALS</b>		<b>1,103</b>	<b>100.00%</b>
Q-25. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	951	85.91%
B.	1 time	102	9.21%
C.	2 or 3 times	37	3.34%
D.	4 or 5 times	8	0.72%
E.	6 or more times	9	0.81%
<b>TOTALS</b>		<b>1,107</b>	<b>100.00%</b>
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	893	81.26%
B.	Yes	45	4.09%
C.	No	161	14.65%
<b>TOTALS</b>		<b>1,099</b>	<b>100.00%</b>
Q-27. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	191	17.22%
B.	No	918	82.78%
<b>TOTALS</b>		<b>1,109</b>	<b>100.00%</b>
Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	920	82.96%
B.	8 years old or younger	42	3.79%
C.	9 or 10 years old	29	2.61%
D.	11 or 12 years old	66	5.95%
E.	13 or 14 years old	51	4.60%
F.	15 years old or older	1	0.09%
<b>TOTALS</b>		<b>1,109</b>	<b>100.00%</b>
Q-29. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	1055	95.48%
B.	1 or 2 days	24	2.17%
C.	3 to 5 days	9	0.81%
D.	6 to 9 days	5	0.45%
E.	10 to 19 days	2	0.18%
F.	20 to 29 days	3	0.27%
G.	All 30 days	7	0.63%
<b>TOTALS</b>		<b>1,105</b>	<b>100.00%</b>

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	1057	95.57%
B.	Less than 1 cigarette per day	21	1.90%
C.	1 cigarette per day	11	0.99%
D.	2 to 5 cigarettes per day	14	1.27%
E.	6 to 10 cigarettes per day	2	0.18%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	1	0.09%
<b>TOTALS</b>		<b>1,106</b>	<b>100.00%</b>
Q-31. Have you ever used an electronic vapor product?			
A.	Yes	288	26.02%
B.	No	819	73.98%
<b>TOTALS</b>		<b>1,107</b>	<b>100.00%</b>
Q-32. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	967	87.75%
B.	1 or 2 days	59	5.35%
C.	3 to 5 days	27	2.45%
D.	6 to 9 days	11	1.00%
E.	10 to 19 days	13	1.18%
F.	20 to 29 days	12	1.09%
G.	All 30 days	12	1.09%
<b>TOTALS</b>		<b>1,102</b>	<b>100.00%</b>
Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	1061	95.41%
B.	1 or 2 days	26	2.34%
C.	3 to 5 days	6	0.54%
D.	6 to 9 days	12	1.08%
E.	10 to 19 days	3	0.27%
F.	20 to 29 days	3	0.27%
G.	All 30 days	1	0.09%
<b>TOTALS</b>		<b>1,112</b>	<b>100.00%</b>
Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	974	87.99%
B.	I got or bought them from a friend, family member, or someone else	100	9.03%
C.	I bought them myself in a vape shop or tobacco shop	1	0.09%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	1	0.09%
E.	I bought them myself at a mall or shopping center kiosk or stand	0	0.00%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	0	0.00%
G.	I took them from a store or another person	3	0.27%
H.	I got them in some other way	28	2.53%
<b>TOTALS</b>		<b>1,107</b>	<b>100.00%</b>

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	959	88.39%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	3	0.28%
C.	Chocolate, candy, desserts, or other sweets	9	0.83%
D.	Fruit	70	6.45%
E.	Menthol	19	1.75%
F.	Mint	7	0.65%
G.	Tobacco	5	0.46%
H.	Some other flavor	13	1.20%
<b>TOTALS</b>		<b>1,085</b>	<b>100.00%</b>

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	1097	99.10%
B.	1 or 2 days	3	0.27%
C.	3 to 5 days	1	0.09%
D.	6 to 9 days	2	0.18%
E.	10 to 19 days	2	0.18%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.18%
<b>TOTALS</b>		<b>1,107</b>	<b>100.00%</b>

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	1091	98.55%
B.	1 or 2 days	11	0.99%
C.	3 to 5 days	3	0.27%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.18%
<b>TOTALS</b>		<b>1,107</b>	<b>100.00%</b>

Q-38. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	906	82.36%
B.	Yes	118	10.73%
C.	No	76	6.91%
<b>TOTALS</b>		<b>1,100</b>	<b>100.00%</b>

Q-39. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	747	68.03%
B.	8 years old or younger	101	9.20%
C.	9 or 10 years old	65	5.92%
D.	11 or 12 years old	115	10.47%
E.	13 or 14 years old	70	6.38%
F.	15 years old or older	0	0.00%
<b>TOTALS</b>		<b>1,098</b>	<b>100.00%</b>
Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	972	88.12%
B.	1 or 2 days	88	7.98%
C.	3 to 5 days	22	1.99%
D.	6 to 9 days	8	0.73%
E.	10 to 19 days	10	0.91%
F.	20 to 29 days	2	0.18%
G.	All 30 days	1	0.09%
<b>TOTALS</b>		<b>1,103</b>	<b>100.00%</b>
Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	1043	94.65%
B.	1 day	28	2.54%
C.	2 days	15	1.36%
D.	3 to 5 days	8	0.73%
E.	6 to 9 days	4	0.36%
F.	10 to 19 days	3	0.27%
G.	20 or more days	1	0.09%
<b>TOTALS</b>		<b>1,102</b>	<b>100.00%</b>
Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	981	88.94%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	1	0.09%
C.	I bought it at a restaurant, bar, or club	1	0.09%
D.	I bought it at a public event such as a concert or sporting event	1	0.09%
E.	I gave someone else money to buy it for me	10	0.91%
F.	Someone gave it to me	49	4.44%
G.	I took it from a store or family member	24	2.18%
H.	I got it some other way	36	3.26%
<b>TOTALS</b>		<b>1,103</b>	<b>100.00%</b>



Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	960	87.51%
B.	Beer	38	3.46%
C.	Wine	18	1.64%
D.	Vodka	15	1.37%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	24	2.19%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	32	2.92%
G.	Some other type of alcohol	10	0.91%
<b>TOTALS</b>		<b>1,097</b>	<b>100.00%</b>

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	949	86.90%
B.	1 or 2 times	52	4.76%
C.	3 to 9 times	30	2.75%
D.	10 to 19 times	20	1.83%
E.	20 to 39 times	18	1.65%
F.	40 to 99 times	9	0.82%
G.	100 or more times	14	1.28%
<b>TOTALS</b>		<b>1,092</b>	<b>100.00%</b>

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	960	86.88%
B.	8 years old or younger	17	1.54%
C.	9 or 10 years old	17	1.54%
D.	11 or 12 years old	56	5.07%
E.	13 or 14 years old	54	4.89%
F.	15 years old or older	1	0.09%
<b>TOTALS</b>		<b>1,105</b>	<b>100.00%</b>

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	1031	93.64%
B.	1 or 2 times	32	2.91%
C.	3 to 9 times	16	1.45%
D.	10 to 19 times	10	0.91%
E.	20 to 39 times	7	0.64%
F.	40 or more times	5	0.45%
<b>TOTALS</b>		<b>1,101</b>	<b>100.00%</b>

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	1072	97.37%
B.	1 or 2 times	18	1.63%
C.	3 to 9 times	5	0.45%
D.	10 to 19 times	3	0.27%
E.	20 to 39 times	1	0.09%
F.	40 or more times	2	0.18%
<b>TOTALS</b>		<b>1,101</b>	<b>100.00%</b>

Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	984	88.89%
B.	1 or 2 times	70	6.32%
C.	3 to 9 times	28	2.53%
D.	10 to 19 times	12	1.08%
E.	20 to 39 times	2	0.18%
F.	40 or more times	11	0.99%
<b>TOTALS</b>		<b>1,107</b>	<b>100.00%</b>

Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	1087	98.55%
B.	1 or 2 times	9	0.82%
C.	3 to 9 times	3	0.27%
D.	10 to 19 times	2	0.18%
E.	20 to 39 times	1	0.09%
F.	40 or more times	1	0.09%
<b>TOTALS</b>		<b>1,103</b>	<b>100.00%</b>

Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	1002	91.42%
B.	1 or 2 times	53	4.84%
C.	3 to 9 times	18	1.64%
D.	10 to 19 times	10	0.91%
E.	20 to 39 times	5	0.46%
F.	40 or more times	8	0.73%
<b>TOTALS</b>		<b>1,096</b>	<b>100.00%</b>

Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	1099	99.46%
B.	1 or 2 times	3	0.27%
C.	3 to 9 times	1	0.09%
D.	10 to 19 times	1	0.09%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.09%
<b>TOTALS</b>		<b>1,105</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	1095	99.46%
B.	1 or 2 times	3	0.27%
C.	3 to 9 times	1	0.09%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.09%
F.	40 or more times	1	0.09%
<b>TOTALS</b>		<b>1,101</b>	<b>100.00%</b>
Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	1065	98.34%
B.	1 or 2 times	11	1.02%
C.	3 to 9 times	5	0.46%
D.	10 to 19 times	1	0.09%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.09%
<b>TOTALS</b>		<b>1,083</b>	<b>100.00%</b>
Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1089	98.82%
B.	1 time	12	1.09%
C.	2 or more times	1	0.09%
<b>TOTALS</b>		<b>1,102</b>	<b>100.00%</b>
Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	181	16.47%
B.	No	918	83.53%
<b>TOTALS</b>		<b>1,099</b>	<b>100.00%</b>
Q-56. Have you ever had sexual intercourse?			
A.	Yes	147	13.46%
B.	No	945	86.54%
<b>TOTALS</b>		<b>1,092</b>	<b>100.00%</b>
Q-57. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	994	90.28%
B.	11 years old or younger	36	3.27%
C.	12 years old	16	1.45%
D.	13 years old	42	3.81%
E.	14 years old	12	1.09%
F.	15 years old or older	1	0.09%
<b>TOTALS</b>		<b>1,101</b>	<b>100.00%</b>

Q-58. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	996	90.71%
B.	1 person	66	6.01%
C.	2 people	17	1.55%
D.	3 people	7	0.64%
E.	4 people	2	0.18%
F.	5 people	2	0.18%
G.	6 or more people	8	0.73%
<b>TOTALS</b>		<b>1,098</b>	<b>100.00%</b>

Q-59. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1000	90.99%
B.	I have had sexual intercourse, but not during the past 3 months	55	5.00%
C.	1 person	31	2.82%
D.	2 people	6	0.55%
E.	3 people	3	0.27%
F.	4 people	1	0.09%
G.	5 people	1	0.09%
H.	6 or more people	2	0.18%
<b>TOTALS</b>		<b>1,099</b>	<b>100.00%</b>

Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	967	88.47%
B.	Yes	21	1.92%
C.	No	105	9.61%
<b>TOTALS</b>		<b>1,093</b>	<b>100.00%</b>

Q-61. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	981	89.59%
B.	Yes	51	4.66%
C.	No	63	5.75%
<b>TOTALS</b>		<b>1,095</b>	<b>100.00%</b>

Q-62. How do you describe your weight?			
A.	Very underweight	42	3.86%
B.	Slightly underweight	169	15.55%
C.	About the right weight	588	54.09%
D.	Slightly overweight	255	23.46%
E.	Very overweight	33	3.04%
<b>TOTALS</b>		<b>1,087</b>	<b>100.00%</b>

Q-63. Which of the following are you trying to do about your weight?			
A.	Lose weight	445	40.75%
B.	Gain weight	139	12.73%
C.	Stay the same weight	204	18.68%
D.	I am not trying to do anything about my weight	304	27.84%
<b>TOTALS</b>		<b>1,092</b>	<b>100.00%</b>

Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	384	35.20%
B.	1 to 3 times during the past 7 days	467	42.80%
C.	4 to 6 times during the past 7 days	129	11.82%
D.	1 time per day	40	3.67%
E.	2 times per day	33	3.02%
F.	3 times per day	11	1.01%
G.	4 or more times per day	27	2.47%
<b>TOTALS</b>		<b>1,091</b>	<b>100.00%</b>

Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	102	9.35%
B.	1 to 3 times during the past 7 days	352	32.26%
C.	4 to 6 times during the past 7 days	255	23.37%
D.	1 time per day	120	11.00%
E.	2 times per day	132	12.10%
F.	3 times per day	60	5.50%
G.	4 or more times per day	70	6.42%
<b>TOTALS</b>		<b>1,091</b>	<b>100.00%</b>

Q-66. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	413	37.79%
B.	1 to 3 times during the past 7 days	474	43.37%
C.	4 to 6 times during the past 7 days	107	9.79%
D.	1 time per day	63	5.76%
E.	2 times per day	18	1.65%
F.	3 times per day	6	0.55%
G.	4 or more times per day	12	1.10%
<b>TOTALS</b>		<b>1,093</b>	<b>100.00%</b>

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	457	41.89%
B.	1 to 3 times during the past 7 days	515	47.20%
C.	4 to 6 times during the past 7 days	84	7.70%
D.	1 time per day	18	1.65%
E.	2 times per day	5	0.46%
F.	3 times per day	3	0.27%
G.	4 or more times per day	9	0.82%
<b>TOTALS</b>		<b>1,091</b>	<b>100.00%</b>
Q-68. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	466	42.75%
B.	1 to 3 times during the past 7 days	418	38.35%
C.	4 to 6 times during the past 7 days	115	10.55%
D.	1 time per day	43	3.94%
E.	2 times per day	25	2.29%
F.	3 times per day	7	0.64%
G.	4 or more times per day	16	1.47%
<b>TOTALS</b>		<b>1,090</b>	<b>100.00%</b>
Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	190	17.42%
B.	1 to 3 times during the past 7 days	428	39.23%
C.	4 to 6 times during the past 7 days	230	21.08%
D.	1 time per day	91	8.34%
E.	2 times per day	84	7.70%
F.	3 times per day	27	2.47%
G.	4 or more times per day	41	3.76%
<b>TOTALS</b>		<b>1,091</b>	<b>100.00%</b>
Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	321	29.56%
B.	1 to 3 times during the past 7 days	543	50.00%
C.	4 to 6 times during the past 7 days	130	11.97%
D.	1 time per day	40	3.68%
E.	2 times per day	28	2.58%
F.	3 times per day	11	1.01%
G.	4 or more times per day	13	1.20%
<b>TOTALS</b>		<b>1,086</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	592	54.97%
B.	1 to 3 times during the past 7 days	338	31.38%
C.	4 to 6 times during the past 7 days	75	6.96%
D.	1 time per day	31	2.88%
E.	2 times per day	23	2.14%
F.	3 times per day	5	0.46%
G.	4 or more times per day	13	1.21%
<b>TOTALS</b>		<b>1,077</b>	<b>100.00%</b>

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	213	19.76%
B.	1 to 3 glasses during the past 7 days	295	27.37%
C.	4 to 6 glasses during the past 7 days	199	18.46%
D.	1 glass per day	140	12.99%
E.	2 glasses per day	113	10.48%
F.	3 glasses per day	52	4.82%
G.	4 or more glasses per day	66	6.12%
<b>TOTALS</b>		<b>1,078</b>	<b>100.00%</b>

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	165	15.32%
B.	1 day	97	9.01%
C.	2 days	73	6.78%
D.	3 days	68	6.31%
E.	4 days	88	8.17%
F.	5 days	76	7.06%
G.	6 days	79	7.34%
H.	7 days	431	40.02%
<b>TOTALS</b>		<b>1,077</b>	<b>100.00%</b>

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	78	7.26%
B.	1 day	66	6.14%
C.	2 days	70	6.51%
D.	3 days	116	10.79%
E.	4 days	125	11.63%
F.	5 days	190	17.67%
G.	6 days	84	7.81%
H.	7 days	346	32.19%
<b>TOTALS</b>		<b>1,075</b>	<b>100.00%</b>

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	88	8.22%
B.	1 hour per day	113	10.55%
C.	2 hours per day	221	20.63%
D.	3 hours per day	196	18.30%
E.	4 hours per day	162	15.13%
F.	5 or more hours per day	291	27.17%
<b>TOTALS</b>		<b>1,071</b>	<b>100.00%</b>

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	168	15.86%
B.	1 day	37	3.49%
C.	2 days	139	13.13%
D.	3 days	388	36.64%
E.	4 days	74	6.99%
F.	5 days	253	23.89%
<b>TOTALS</b>		<b>1,059</b>	<b>100.00%</b>

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	391	36.89%
B.	1 team	235	22.17%
C.	2 teams	207	19.53%
D.	3 or more teams	227	21.42%
<b>TOTALS</b>		<b>1,060</b>	<b>100.00%</b>

Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	881	81.73%
B.	1 time	110	10.20%
C.	2 times	46	4.27%
D.	3 times	12	1.11%
E.	4 or more times	29	2.69%
<b>TOTALS</b>		<b>1,078</b>	<b>100.00%</b>

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	176	16.39%
B.	No	763	71.04%
C.	Not sure	135	12.57%
<b>TOTALS</b>		<b>1,074</b>	<b>100.00%</b>

Q-80. Do you still have asthma?

A.	I have never had asthma	670	62.33%
B.	Yes	110	10.23%
C.	No	134	12.47%
D.	Not sure	161	14.98%
<b>TOTALS</b>		<b>1,075</b>	<b>100.00%</b>



Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	836	77.62%
B.	0 days	216	20.06%
C.	1 day	12	1.11%
D.	2 days	6	0.56%
E.	3 days	3	0.28%
F.	4 days	1	0.09%
G.	5 or more days	3	0.28%
<b>TOTALS</b>		<b>1,077</b>	<b>100.00%</b>
Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	841	78.75%
B.	Between 12 and 24 months ago	99	9.27%
C.	More than 24 months ago	26	2.43%
D.	Never	16	1.50%
E.	Not sure	86	8.05%
<b>TOTALS</b>		<b>1,068</b>	<b>100.00%</b>
Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	299	28.10%
B.	Rarely	238	22.37%
C.	Sometimes	256	24.06%
D.	Most of the time	181	17.01%
E.	Always	90	8.46%
<b>TOTALS</b>		<b>1,064</b>	<b>100.00%</b>
Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	123	11.58%
B.	5 hours	98	9.23%
C.	6 hours	153	14.41%
D.	7 hours	233	21.94%
E.	8 hours	279	26.27%
F.	9 hours	127	11.96%
G.	10 or more hours	49	4.61%
<b>TOTALS</b>		<b>1,062</b>	<b>100.00%</b>
Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	1013	95.39%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	26	2.45%
C.	In a shelter or emergency housing	3	0.28%
D.	In a motel or hotel	1	0.09%
E.	In a car, park, campground, or other public place	2	0.19%
F.	I do not have a usual place to sleep	5	0.47%
G.	Somewhere else	12	1.13%
<b>TOTALS</b>		<b>1,062</b>	<b>100.00%</b>

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	42 3.95%
B.	No	1021 96.05%
<b>TOTALS</b>		<b>1,063 100.00%</b>
Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	871 81.78%
B.	Rarely	129 12.11%
C.	Sometimes	47 4.41%
D.	Most of the time	15 1.41%
E.	Always	3 0.28%
<b>TOTALS</b>		<b>1,065 100.00%</b>
Q-88. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	404 38.55%
B.	Mostly B's	325 31.01%
C.	Mostly C's	143 13.65%
D.	Mostly D's	34 3.24%
E.	Mostly F's	30 2.86%
F.	None of these grades	24 2.29%
G.	Not sure	88 8.40%
<b>TOTALS</b>		<b>1,048 100.00%</b>
Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	1025 96.97%
B.	1 or 2 times	20 1.89%
C.	3 to 9 times	7 0.66%
D.	10 to 19 times	3 0.28%
E.	20 to 39 times	1 0.09%
F.	40 or more times	1 0.09%
<b>TOTALS</b>		<b>1,057 100.00%</b>
Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	229 21.52%
B.	No	835 78.48%
<b>TOTALS</b>		<b>1,064 100.00%</b>