

2021 NORTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 730 middle school students in North East Region during February of 2021. Frequency distributions may not total 730 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	2	0.27%
B.	11 years old	1	0.14%
C.	12 years old	134	18.36%
D.	13 years old	351	48.08%
E.	14 years old	224	30.68%
F.	15 years old	18	2.47%
G.	16 years old or older	0	0.00%
	TOTALS	730	100.00%
Q-2. What is your sex?			
A.	Female	380	52.41%
B.	Male	345	47.59%
	TOTALS	725	100.00%
Q-3. In what grade are you?			
A.	7th grade	382	52.76%
B.	8th grade	342	47.24%
	TOTALS	724	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	53	7.46%
B.	No	657	92.54%
	TOTALS	710	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	228	29.12%
B.	Asian	20	2.55%
C.	Black or African American	19	2.43%
D.	Native Hawaiian or Other Pacific Islander	7	0.89%
E.	White	509	65.01%
	TOTALS	783	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	39	5.34%
B.	Rarely	70	9.59%
C.	Sometimes	155	21.23%
D.	Most of the time	278	38.08%
E.	Always	188	25.75%
	TOTALS	730	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	553	76.17%
B.	1 time	56	7.71%
C.	2 or 3 times	56	7.71%
D.	4 or 5 times	13	1.79%
E.	6 or more times	48	6.61%
TOTALS		726	100.00%
Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	395	55.09%
B.	Never	28	3.91%
C.	Rarely	38	5.30%
D.	Sometimes	36	5.02%
E.	Most of the time	73	10.18%
F.	Always	147	20.50%
TOTALS		717	100.00%
Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	695	95.60%
B.	1 day	15	2.06%
C.	2 or 3 days	6	0.83%
D.	4 or 5 days	3	0.41%
E.	6 or more days	8	1.10%
TOTALS		727	100.00%
Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	667	91.62%
B.	1 day	19	2.61%
C.	2 or 3 days	16	2.20%
D.	4 or 5 days	6	0.82%
E.	6 or more days	20	2.75%
TOTALS		728	100.00%
Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	641	88.41%
B.	1 day	38	5.24%
C.	2 or 3 days	28	3.86%
D.	4 or 5 days	7	0.97%
E.	6 or more days	11	1.52%
TOTALS		725	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	648	88.77%
B.	1 time	46	6.30%
C.	2 or 3 times	21	2.88%
D.	4 or 5 times	3	0.41%
E.	6 or 7 times	4	0.55%
F.	8 or 9 times	3	0.41%
G.	10 or 11 times	0	0.00%
H.	12 or more times	5	0.68%
TOTALS		730	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	450	61.98%
B.	1 time	121	16.67%
C.	2 or 3 times	85	11.71%
D.	4 or 5 times	30	4.13%
E.	6 or 7 times	9	1.24%
F.	8 or 9 times	6	0.83%
G.	10 or 11 times	5	0.69%
H.	12 or more times	20	2.75%
TOTALS		726	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	618	85.48%
B.	1 time	82	11.34%
C.	2 or 3 times	17	2.35%
D.	4 or 5 times	3	0.41%
E.	6 or 7 times	1	0.14%
F.	8 or 9 times	1	0.14%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.14%
TOTALS		723	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	46	6.33%
B.	No	681	93.67%
TOTALS		727	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	668	91.88%
B.	1 time	36	4.95%
C.	2 or 3 times	12	1.65%
D.	4 or 5 times	5	0.69%
E.	6 or more times	6	0.83%
TOTALS		727	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	404	55.65%
B.	0 times	296	40.77%
C.	1 time	15	2.07%
D.	2 or 3 times	5	0.69%
E.	4 or 5 times	3	0.41%
F.	6 or more times	3	0.41%
TOTALS		726	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	403	55.28%
B.	0 times	303	41.56%
C.	1 time	15	2.06%
D.	2 or 3 times	5	0.69%
E.	4 or 5 times	3	0.41%
F.	6 or more times	0	0.00%
TOTALS		729	100.00%

Q-19. During the past 12 months, have you ever been bullied on school property?

A.	Yes	222	30.45%
B.	No	507	69.55%
TOTALS		729	100.00%

Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	196	27.03%
B.	No	529	72.97%
TOTALS		725	100.00%

Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	161	22.15%
B.	No	566	77.85%
TOTALS		727	100.00%

Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	287	39.37%
B.	No	442	60.63%
TOTALS		729	100.00%

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	189	26.07%
B.	No	536	73.93%
TOTALS		725	100.00%
Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	172	23.63%
B.	No	556	76.37%
TOTALS		728	100.00%
Q-25. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	583	80.75%
B.	1 time	78	10.80%
C.	2 or 3 times	38	5.26%
D.	4 or 5 times	8	1.11%
E.	6 or more times	15	2.08%
TOTALS		722	100.00%
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	562	77.84%
B.	Yes	38	5.26%
C.	No	122	16.90%
TOTALS		722	100.00%
Q-27. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	172	23.66%
B.	No	555	76.34%
TOTALS		727	100.00%
Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	562	77.20%
B.	8 years old or younger	27	3.71%
C.	9 or 10 years old	36	4.95%
D.	11 or 12 years old	66	9.07%
E.	13 or 14 years old	37	5.08%
F.	15 years old or older	0	0.00%
TOTALS		728	100.00%
Q-29. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	682	94.33%
B.	1 or 2 days	24	3.32%
C.	3 to 5 days	6	0.83%
D.	6 to 9 days	2	0.28%
E.	10 to 19 days	4	0.55%
F.	20 to 29 days	1	0.14%
G.	All 30 days	4	0.55%
TOTALS		723	100.00%

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	680	93.66%
B.	Less than 1 cigarette per day	27	3.72%
C.	1 cigarette per day	7	0.96%
D.	2 to 5 cigarettes per day	7	0.96%
E.	6 to 10 cigarettes per day	3	0.41%
F.	11 to 20 cigarettes per day	2	0.28%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		726	100.00%
Q-31. Have you ever used an electronic vapor product?			
A.	Yes	218	29.95%
B.	No	510	70.05%
TOTALS		728	100.00%
Q-32. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	623	85.93%
B.	1 or 2 days	48	6.62%
C.	3 to 5 days	18	2.48%
D.	6 to 9 days	7	0.97%
E.	10 to 19 days	8	1.10%
F.	20 to 29 days	6	0.83%
G.	All 30 days	15	2.07%
TOTALS		725	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	698	96.14%
B.	1 or 2 days	17	2.34%
C.	3 to 5 days	3	0.41%
D.	6 to 9 days	2	0.28%
E.	10 to 19 days	2	0.28%
F.	20 to 29 days	2	0.28%
G.	All 30 days	2	0.28%
TOTALS		726	100.00%
Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	617	85.34%
B.	I got or bought them from a friend, family member, or someone else	65	8.99%
C.	I bought them myself in a vape shop or tobacco shop	0	0.00%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	0	0.00%
E.	I bought them myself at a mall or shopping center kiosk or stand	0	0.00%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	5	0.69%
G.	I took them from a store or another person	6	0.83%
H.	I got them in some other way	30	4.15%
TOTALS		723	100.00%

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	618	86.55%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	1	0.14%
C.	Chocolate, candy, desserts, or other sweets	9	1.26%
D.	Fruit	40	5.60%
E.	Menthol	18	2.52%
F.	Mint	14	1.96%
G.	Tobacco	4	0.56%
H.	Some other flavor	10	1.40%
TOTALS		714	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	705	97.11%
B.	1 or 2 days	10	1.38%
C.	3 to 5 days	1	0.14%
D.	6 to 9 days	3	0.41%
E.	10 to 19 days	3	0.41%
F.	20 to 29 days	1	0.14%
G.	All 30 days	3	0.41%
TOTALS		726	100.00%

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	711	97.80%
B.	1 or 2 days	7	0.96%
C.	3 to 5 days	4	0.55%
D.	6 to 9 days	1	0.14%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	4	0.55%
TOTALS		727	100.00%

Q-38. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	583	80.41%
B.	Yes	83	11.45%
C.	No	59	8.14%
TOTALS		725	100.00%

Q-39. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	447	61.83%
B.	8 years old or younger	63	8.71%
C.	9 or 10 years old	54	7.47%
D.	11 or 12 years old	91	12.59%
E.	13 or 14 years old	67	9.27%
F.	15 years old or older	1	0.14%
TOTALS		723	100.00%

Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	609	84.00%
B.	1 or 2 days	65	8.97%
C.	3 to 5 days	24	3.31%
D.	6 to 9 days	12	1.66%
E.	10 to 19 days	9	1.24%
F.	20 to 29 days	2	0.28%
G.	All 30 days	4	0.55%
TOTALS		725	100.00%

Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	658	91.01%
B.	1 day	29	4.01%
C.	2 days	14	1.94%
D.	3 to 5 days	11	1.52%
E.	6 to 9 days	8	1.11%
F.	10 to 19 days	2	0.28%
G.	20 or more days	1	0.14%
TOTALS		723	100.00%

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	605	83.56%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2	0.28%
C.	I bought it at a restaurant, bar, or club	2	0.28%
D.	I bought it at a public event such as a concert or sporting event	1	0.14%
E.	I gave someone else money to buy it for me	12	1.66%
F.	Someone gave it to me	34	4.70%
G.	I took it from a store or family member	27	3.73%
H.	I got it some other way	41	5.66%
TOTALS		724	100.00%

Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	597	82.57%
B.	Beer	33	4.56%
C.	Wine	5	0.69%
D.	Vodka	23	3.18%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	30	4.15%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	21	2.90%
G.	Some other type of alcohol	14	1.94%
TOTALS		723	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	587	82.10%
B.	1 or 2 times	33	4.62%
C.	3 to 9 times	26	3.64%
D.	10 to 19 times	20	2.80%
E.	20 to 39 times	10	1.40%
F.	40 to 99 times	16	2.24%
G.	100 or more times	23	3.22%
TOTALS		715	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	592	81.88%
B.	8 years old or younger	16	2.21%
C.	9 or 10 years old	29	4.01%
D.	11 or 12 years old	53	7.33%
E.	13 or 14 years old	31	4.29%
F.	15 years old or older	2	0.28%
TOTALS		723	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	648	89.63%
B.	1 or 2 times	30	4.15%
C.	3 to 9 times	12	1.66%
D.	10 to 19 times	10	1.38%
E.	20 to 39 times	6	0.83%
F.	40 or more times	17	2.35%
TOTALS		723	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	686	95.54%
B.	1 or 2 times	14	1.95%
C.	3 to 9 times	8	1.11%
D.	10 to 19 times	3	0.42%
E.	20 to 39 times	3	0.42%
F.	40 or more times	4	0.56%
TOTALS		718	100.00%
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	613	84.55%
B.	1 or 2 times	59	8.14%
C.	3 to 9 times	30	4.14%
D.	10 to 19 times	8	1.10%
E.	20 to 39 times	8	1.10%
F.	40 or more times	7	0.97%
TOTALS		725	100.00%
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	702	97.23%
B.	1 or 2 times	12	1.66%
C.	3 to 9 times	5	0.69%
D.	10 to 19 times	1	0.14%
E.	20 to 39 times	1	0.14%
F.	40 or more times	1	0.14%
TOTALS		722	100.00%
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	625	87.17%
B.	1 or 2 times	50	6.97%
C.	3 to 9 times	19	2.65%
D.	10 to 19 times	11	1.53%
E.	20 to 39 times	5	0.70%
F.	40 or more times	7	0.98%
TOTALS		717	100.00%
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	719	99.17%
B.	1 or 2 times	3	0.41%
C.	3 to 9 times	2	0.28%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.14%
TOTALS		725	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	714	98.48%
B.	1 or 2 times	6	0.83%
C.	3 to 9 times	2	0.28%
D.	10 to 19 times	2	0.28%
E.	20 to 39 times	1	0.14%
F.	40 or more times	0	0.00%
TOTALS		725	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	697	97.62%
B.	1 or 2 times	8	1.12%
C.	3 to 9 times	4	0.56%
D.	10 to 19 times	3	0.42%
E.	20 to 39 times	2	0.28%
F.	40 or more times	0	0.00%
TOTALS		714	100.00%
Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	715	98.76%
B.	1 time	3	0.41%
C.	2 or more times	6	0.83%
TOTALS		724	100.00%
Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	123	17.01%
B.	No	600	82.99%
TOTALS		723	100.00%
Q-56. Have you ever had sexual intercourse?			
A.	Yes	86	11.96%
B.	No	633	88.04%
TOTALS		719	100.00%
Q-57. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	652	90.18%
B.	11 years old or younger	28	3.87%
C.	12 years old	10	1.38%
D.	13 years old	24	3.32%
E.	14 years old	9	1.24%
F.	15 years old or older	0	0.00%
TOTALS		723	100.00%

Q-58. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	656	90.48%
B.	1 person	33	4.55%
C.	2 people	21	2.90%
D.	3 people	5	0.69%
E.	4 people	3	0.41%
F.	5 people	3	0.41%
G.	6 or more people	4	0.55%
TOTALS		725	100.00%

Q-59. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	656	90.86%
B.	I have had sexual intercourse, but not during the past 3 months	34	4.71%
C.	1 person	19	2.63%
D.	2 people	9	1.25%
E.	3 people	0	0.00%
F.	4 people	0	0.00%
G.	5 people	1	0.14%
H.	6 or more people	3	0.42%
TOTALS		722	100.00%

Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	631	87.03%
B.	Yes	28	3.86%
C.	No	66	9.10%
TOTALS		725	100.00%

Q-61. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	641	89.03%
B.	Yes	25	3.47%
C.	No	54	7.50%
TOTALS		720	100.00%

Q-62. How do you describe your weight?			
A.	Very underweight	30	4.16%
B.	Slightly underweight	103	14.29%
C.	About the right weight	347	48.13%
D.	Slightly overweight	198	27.46%
E.	Very overweight	43	5.96%
TOTALS		721	100.00%

Q-63. Which of the following are you trying to do about your weight?			
A.	Lose weight	352	48.69%
B.	Gain weight	83	11.48%
C.	Stay the same weight	115	15.91%
D.	I am not trying to do anything about my weight	173	23.93%
TOTALS		723	100.00%
Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	233	32.41%
B.	1 to 3 times during the past 7 days	301	41.86%
C.	4 to 6 times during the past 7 days	94	13.07%
D.	1 time per day	29	4.03%
E.	2 times per day	19	2.64%
F.	3 times per day	12	1.67%
G.	4 or more times per day	31	4.31%
TOTALS		719	100.00%
Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	78	10.83%
B.	1 to 3 times during the past 7 days	255	35.42%
C.	4 to 6 times during the past 7 days	184	25.56%
D.	1 time per day	60	8.33%
E.	2 times per day	73	10.14%
F.	3 times per day	27	3.75%
G.	4 or more times per day	43	5.97%
TOTALS		720	100.00%
Q-66. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	311	43.13%
B.	1 to 3 times during the past 7 days	274	38.00%
C.	4 to 6 times during the past 7 days	63	8.74%
D.	1 time per day	36	4.99%
E.	2 times per day	24	3.33%
F.	3 times per day	4	0.55%
G.	4 or more times per day	9	1.25%
TOTALS		721	100.00%

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	307	42.76%
B.	1 to 3 times during the past 7 days	325	45.26%
C.	4 to 6 times during the past 7 days	57	7.94%
D.	1 time per day	14	1.95%
E.	2 times per day	8	1.11%
F.	3 times per day	3	0.42%
G.	4 or more times per day	4	0.56%
TOTALS		718	100.00%
Q-68. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	374	52.16%
B.	1 to 3 times during the past 7 days	251	35.01%
C.	4 to 6 times during the past 7 days	50	6.97%
D.	1 time per day	19	2.65%
E.	2 times per day	8	1.12%
F.	3 times per day	3	0.42%
G.	4 or more times per day	12	1.67%
TOTALS		717	100.00%
Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	163	22.67%
B.	1 to 3 times during the past 7 days	307	42.70%
C.	4 to 6 times during the past 7 days	135	18.78%
D.	1 time per day	47	6.54%
E.	2 times per day	32	4.45%
F.	3 times per day	18	2.50%
G.	4 or more times per day	17	2.36%
TOTALS		719	100.00%
Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	177	24.76%
B.	1 to 3 times during the past 7 days	331	46.29%
C.	4 to 6 times during the past 7 days	111	15.52%
D.	1 time per day	42	5.87%
E.	2 times per day	32	4.48%
F.	3 times per day	7	0.98%
G.	4 or more times per day	15	2.10%
TOTALS		715	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	292	40.84%
B.	1 to 3 times during the past 7 days	244	34.13%
C.	4 to 6 times during the past 7 days	112	15.66%
D.	1 time per day	25	3.50%
E.	2 times per day	20	2.80%
F.	3 times per day	6	0.84%
G.	4 or more times per day	16	2.24%
TOTALS		715	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	124	17.32%
B.	1 to 3 glasses during the past 7 days	203	28.35%
C.	4 to 6 glasses during the past 7 days	135	18.85%
D.	1 glass per day	91	12.71%
E.	2 glasses per day	83	11.59%
F.	3 glasses per day	41	5.73%
G.	4 or more glasses per day	39	5.45%
TOTALS		716	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	110	15.47%
B.	1 day	73	10.27%
C.	2 days	51	7.17%
D.	3 days	61	8.58%
E.	4 days	54	7.59%
F.	5 days	69	9.70%
G.	6 days	39	5.49%
H.	7 days	254	35.72%
TOTALS		711	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	87	12.18%
B.	1 day	52	7.28%
C.	2 days	63	8.82%
D.	3 days	86	12.04%
E.	4 days	106	14.85%
F.	5 days	83	11.62%
G.	6 days	56	7.84%
H.	7 days	181	25.35%
TOTALS		714	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	51	7.23%
B.	1 hour per day	50	7.09%
C.	2 hours per day	116	16.45%
D.	3 hours per day	144	20.43%
E.	4 hours per day	111	15.74%
F.	5 or more hours per day	233	33.05%
TOTALS		705	100.00%

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	156	22.00%
B.	1 day	26	3.67%
C.	2 days	286	40.34%
D.	3 days	83	11.71%
E.	4 days	100	14.10%
F.	5 days	58	8.18%
TOTALS		709	100.00%

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	246	34.94%
B.	1 team	127	18.04%
C.	2 teams	131	18.61%
D.	3 or more teams	200	28.41%
TOTALS		704	100.00%

Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	602	84.31%
B.	1 time	59	8.26%
C.	2 times	32	4.48%
D.	3 times	6	0.84%
E.	4 or more times	15	2.10%
TOTALS		714	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	118	16.55%
B.	No	523	73.35%
C.	Not sure	72	10.10%
TOTALS		713	100.00%

Q-80. Do you still have asthma?

A.	I have never had asthma	457	63.92%
B.	Yes	80	11.19%
C.	No	91	12.73%
D.	Not sure	87	12.17%
TOTALS		715	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	563	78.74%
B.	0 days	138	19.30%
C.	1 day	8	1.12%
D.	2 days	1	0.14%
E.	3 days	1	0.14%
F.	4 days	0	0.00%
G.	5 or more days	4	0.56%
TOTALS		715	100.00%

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	483	67.55%
B.	Between 12 and 24 months ago	80	11.19%
C.	More than 24 months ago	43	6.01%
D.	Never	13	1.82%
E.	Not sure	96	13.43%
TOTALS		715	100.00%

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	177	25.00%
B.	Rarely	170	24.01%
C.	Sometimes	167	23.59%
D.	Most of the time	139	19.63%
E.	Always	55	7.77%
TOTALS		708	100.00%

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	79	11.22%
B.	5 hours	65	9.23%
C.	6 hours	115	16.34%
D.	7 hours	165	23.44%
E.	8 hours	154	21.88%
F.	9 hours	88	12.50%
G.	10 or more hours	38	5.40%
TOTALS		704	100.00%

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	682	96.06%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	17	2.39%
C.	In a shelter or emergency housing	0	0.00%
D.	In a motel or hotel	1	0.14%
E.	In a car, park, campground, or other public place	3	0.42%
F.	I do not have a usual place to sleep	1	0.14%
G.	Somewhere else	6	0.85%
TOTALS		710	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	36 5.14%
B.	No	664 94.86%
TOTALS		700 100.00%
Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	562 79.38%
B.	Rarely	106 14.97%
C.	Sometimes	30 4.24%
D.	Most of the time	7 0.99%
E.	Always	3 0.42%
TOTALS		708 100.00%
Q-88. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	321 45.40%
B.	Mostly B's	226 31.97%
C.	Mostly C's	67 9.48%
D.	Mostly D's	19 2.69%
E.	Mostly F's	13 1.84%
F.	None of these grades	3 0.42%
G.	Not sure	58 8.20%
TOTALS		707 100.00%
Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	687 97.86%
B.	1 or 2 times	11 1.57%
C.	3 to 9 times	3 0.43%
D.	10 to 19 times	1 0.14%
E.	20 to 39 times	0 0.00%
F.	40 or more times	0 0.00%
TOTALS		702 100.00%
Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	130 18.54%
B.	No	571 81.46%
TOTALS		701 100.00%