

2021 NORTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 767 middle school students in North Central Region during February of 2021. Frequency distributions may not total 767 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.13%
B.	11 years old	1	0.13%
C.	12 years old	149	19.50%
D.	13 years old	402	52.62%
E.	14 years old	202	26.44%
F.	15 years old	9	1.18%
G.	16 years old or older	0	0.00%
	TOTALS	764	100.00%
Q-2. What is your sex?			
A.	Female	341	45.05%
B.	Male	416	54.95%
	TOTALS	757	100.00%
Q-3. In what grade are you?			
A.	7th grade	429	56.75%
B.	8th grade	327	43.25%
	TOTALS	756	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	75	10.16%
B.	No	663	89.84%
	TOTALS	738	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	177	21.74%
B.	Asian	24	2.95%
C.	Black or African American	32	3.93%
D.	Native Hawaiian or Other Pacific Islander	11	1.35%
E.	White	570	70.02%
	TOTALS	814	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	18	2.48%
B.	Rarely	27	3.72%
C.	Sometimes	88	12.12%
D.	Most of the time	253	34.85%
E.	Always	340	46.83%
	TOTALS	726	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	547	75.76%
B.	1 time	57	7.89%
C.	2 or 3 times	50	6.93%
D.	4 or 5 times	22	3.05%
E.	6 or more times	46	6.37%
TOTALS		722	100.00%
Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	479	63.61%
B.	Never	13	1.73%
C.	Rarely	21	2.79%
D.	Sometimes	36	4.78%
E.	Most of the time	51	6.77%
F.	Always	153	20.32%
TOTALS		753	100.00%
Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	727	95.16%
B.	1 day	12	1.57%
C.	2 or 3 days	10	1.31%
D.	4 or 5 days	4	0.52%
E.	6 or more days	11	1.44%
TOTALS		764	100.00%
Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	704	92.51%
B.	1 day	21	2.76%
C.	2 or 3 days	12	1.58%
D.	4 or 5 days	5	0.66%
E.	6 or more days	19	2.50%
TOTALS		761	100.00%
Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	694	91.20%
B.	1 day	36	4.73%
C.	2 or 3 days	18	2.37%
D.	4 or 5 days	5	0.66%
E.	6 or more days	8	1.05%
TOTALS		761	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	703	92.02%
B.	1 time	36	4.71%
C.	2 or 3 times	21	2.75%
D.	4 or 5 times	1	0.13%
E.	6 or 7 times	2	0.26%
F.	8 or 9 times	1	0.13%
G.	10 or 11 times	0	0.00%
H.	12 or more times	0	0.00%
TOTALS		764	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	500	65.45%
B.	1 time	117	15.31%
C.	2 or 3 times	84	10.99%
D.	4 or 5 times	23	3.01%
E.	6 or 7 times	14	1.83%
F.	8 or 9 times	6	0.79%
G.	10 or 11 times	7	0.92%
H.	12 or more times	13	1.70%
TOTALS		764	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	639	83.86%
B.	1 time	82	10.76%
C.	2 or 3 times	30	3.94%
D.	4 or 5 times	8	1.05%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	1	0.13%
H.	12 or more times	2	0.26%
TOTALS		762	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	48	6.31%
B.	No	713	93.69%
TOTALS		761	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	709	92.92%
B.	1 time	27	3.54%
C.	2 or 3 times	19	2.49%
D.	4 or 5 times	5	0.66%
E.	6 or more times	3	0.39%
TOTALS		763	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	446	58.68%
B.	0 times	295	38.82%
C.	1 time	11	1.45%
D.	2 or 3 times	5	0.66%
E.	4 or 5 times	1	0.13%
F.	6 or more times	2	0.26%
TOTALS		760	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	436	57.29%
B.	0 times	309	40.60%
C.	1 time	8	1.05%
D.	2 or 3 times	6	0.79%
E.	4 or 5 times	1	0.13%
F.	6 or more times	1	0.13%
TOTALS		761	100.00%

Q-19. During the past 12 months, have you ever been bullied on school property?

A.	Yes	200	26.28%
B.	No	561	73.72%
TOTALS		761	100.00%

Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	135	17.72%
B.	No	627	82.28%
TOTALS		762	100.00%

Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	159	20.84%
B.	No	604	79.16%
TOTALS		763	100.00%

Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	279	36.66%
B.	No	482	63.34%
TOTALS		761	100.00%

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	162	21.29%
B.	No	599	78.71%
TOTALS		761	100.00%
Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	141	18.46%
B.	No	623	81.54%
TOTALS		764	100.00%
Q-25. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	667	87.65%
B.	1 time	59	7.75%
C.	2 or 3 times	26	3.42%
D.	4 or 5 times	7	0.92%
E.	6 or more times	2	0.26%
TOTALS		761	100.00%
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	618	81.32%
B.	Yes	29	3.82%
C.	No	113	14.87%
TOTALS		760	100.00%
Q-27. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	129	16.93%
B.	No	633	83.07%
TOTALS		762	100.00%
Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	633	83.29%
B.	8 years old or younger	19	2.50%
C.	9 or 10 years old	25	3.29%
D.	11 or 12 years old	61	8.03%
E.	13 or 14 years old	22	2.89%
F.	15 years old or older	0	0.00%
TOTALS		760	100.00%
Q-29. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	726	95.90%
B.	1 or 2 days	18	2.38%
C.	3 to 5 days	3	0.40%
D.	6 to 9 days	4	0.53%
E.	10 to 19 days	3	0.40%
F.	20 to 29 days	2	0.26%
G.	All 30 days	1	0.13%
TOTALS		757	100.00%

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	733	96.07%
B.	Less than 1 cigarette per day	22	2.88%
C.	1 cigarette per day	3	0.39%
D.	2 to 5 cigarettes per day	2	0.26%
E.	6 to 10 cigarettes per day	2	0.26%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	1	0.13%
TOTALS		763	100.00%
Q-31. Have you ever used an electronic vapor product?			
A.	Yes	188	24.67%
B.	No	574	75.33%
TOTALS		762	100.00%
Q-32. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	661	86.97%
B.	1 or 2 days	54	7.11%
C.	3 to 5 days	14	1.84%
D.	6 to 9 days	11	1.45%
E.	10 to 19 days	10	1.32%
F.	20 to 29 days	6	0.79%
G.	All 30 days	4	0.53%
TOTALS		760	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	736	96.59%
B.	1 or 2 days	16	2.10%
C.	3 to 5 days	4	0.52%
D.	6 to 9 days	2	0.26%
E.	10 to 19 days	2	0.26%
F.	20 to 29 days	1	0.13%
G.	All 30 days	1	0.13%
TOTALS		762	100.00%
Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	662	87.45%
B.	I got or bought them from a friend, family member, or someone else	63	8.32%
C.	I bought them myself in a vape shop or tobacco shop	0	0.00%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	0	0.00%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.13%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	3	0.40%
G.	I took them from a store or another person	2	0.26%
H.	I got them in some other way	26	3.43%
TOTALS		757	100.00%

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	650	88.08%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	0	0.00%
C.	Chocolate, candy, desserts, or other sweets	14	1.90%
D.	Fruit	36	4.88%
E.	Menthol	18	2.44%
F.	Mint	7	0.95%
G.	Tobacco	1	0.14%
H.	Some other flavor	12	1.63%
TOTALS		738	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	745	97.64%
B.	1 or 2 days	6	0.79%
C.	3 to 5 days	4	0.52%
D.	6 to 9 days	4	0.52%
E.	10 to 19 days	1	0.13%
F.	20 to 29 days	2	0.26%
G.	All 30 days	1	0.13%
TOTALS		763	100.00%

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	743	97.63%
B.	1 or 2 days	12	1.58%
C.	3 to 5 days	2	0.26%
D.	6 to 9 days	2	0.26%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.26%
TOTALS		761	100.00%

Q-38. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	638	84.06%
B.	Yes	83	10.94%
C.	No	38	5.01%
TOTALS		759	100.00%

Q-39. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	538	71.45%
B.	8 years old or younger	55	7.30%
C.	9 or 10 years old	40	5.31%
D.	11 or 12 years old	71	9.43%
E.	13 or 14 years old	49	6.51%
F.	15 years old or older	0	0.00%
TOTALS		753	100.00%

Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	657	86.79%
B.	1 or 2 days	66	8.72%
C.	3 to 5 days	16	2.11%
D.	6 to 9 days	6	0.79%
E.	10 to 19 days	7	0.92%
F.	20 to 29 days	3	0.40%
G.	All 30 days	2	0.26%
TOTALS		757	100.00%

Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	707	93.52%
B.	1 day	20	2.65%
C.	2 days	15	1.98%
D.	3 to 5 days	8	1.06%
E.	6 to 9 days	3	0.40%
F.	10 to 19 days	0	0.00%
G.	20 or more days	3	0.40%
TOTALS		756	100.00%

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	661	87.20%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	1	0.13%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	1	0.13%
E.	I gave someone else money to buy it for me	12	1.58%
F.	Someone gave it to me	31	4.09%
G.	I took it from a store or family member	24	3.17%
H.	I got it some other way	28	3.69%
TOTALS		758	100.00%

Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	653	86.95%
B.	Beer	25	3.33%
C.	Wine	9	1.20%
D.	Vodka	17	2.26%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	17	2.26%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	25	3.33%
G.	Some other type of alcohol	5	0.67%
TOTALS		751	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	646	86.13%
B.	1 or 2 times	40	5.33%
C.	3 to 9 times	19	2.53%
D.	10 to 19 times	9	1.20%
E.	20 to 39 times	11	1.47%
F.	40 to 99 times	6	0.80%
G.	100 or more times	19	2.53%
TOTALS		750	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	649	85.51%
B.	8 years old or younger	8	1.05%
C.	9 or 10 years old	17	2.24%
D.	11 or 12 years old	52	6.85%
E.	13 or 14 years old	33	4.35%
F.	15 years old or older	0	0.00%
TOTALS		759	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	712	93.81%
B.	1 or 2 times	14	1.84%
C.	3 to 9 times	13	1.71%
D.	10 to 19 times	4	0.53%
E.	20 to 39 times	7	0.92%
F.	40 or more times	9	1.19%
TOTALS		759	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	728	96.68%
B.	1 or 2 times	11	1.46%
C.	3 to 9 times	8	1.06%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	2	0.27%
F.	40 or more times	4	0.53%
TOTALS		753	100.00%

Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	681	89.72%
B.	1 or 2 times	38	5.01%
C.	3 to 9 times	22	2.90%
D.	10 to 19 times	9	1.19%
E.	20 to 39 times	5	0.66%
F.	40 or more times	4	0.53%
TOTALS		759	100.00%

Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	747	98.16%
B.	1 or 2 times	9	1.18%
C.	3 to 9 times	1	0.13%
D.	10 to 19 times	2	0.26%
E.	20 to 39 times	1	0.13%
F.	40 or more times	1	0.13%
TOTALS		761	100.00%

Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	683	89.75%
B.	1 or 2 times	40	5.26%
C.	3 to 9 times	17	2.23%
D.	10 to 19 times	12	1.58%
E.	20 to 39 times	2	0.26%
F.	40 or more times	7	0.92%
TOTALS		761	100.00%

Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	759	99.48%
B.	1 or 2 times	3	0.39%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	1	0.13%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		763	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	755	99.21%
B.	1 or 2 times	4	0.53%
C.	3 to 9 times	1	0.13%
D.	10 to 19 times	1	0.13%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		761	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	745	98.41%
B.	1 or 2 times	7	0.92%
C.	3 to 9 times	3	0.40%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.26%
TOTALS		757	100.00%
Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	758	99.34%
B.	1 time	3	0.39%
C.	2 or more times	2	0.26%
TOTALS		763	100.00%
Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	104	13.68%
B.	No	656	86.32%
TOTALS		760	100.00%
Q-56. Have you ever had sexual intercourse?			
A.	Yes	90	11.97%
B.	No	662	88.03%
TOTALS		752	100.00%
Q-57. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	691	91.40%
B.	11 years old or younger	23	3.04%
C.	12 years old	18	2.38%
D.	13 years old	17	2.25%
E.	14 years old	6	0.79%
F.	15 years old or older	1	0.13%
TOTALS		756	100.00%

Q-58. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	690	91.51%
B.	1 person	44	5.84%
C.	2 people	10	1.33%
D.	3 people	4	0.53%
E.	4 people	2	0.27%
F.	5 people	0	0.00%
G.	6 or more people	4	0.53%
TOTALS		754	100.00%

Q-59. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	689	91.38%
B.	I have had sexual intercourse, but not during the past 3 months	33	4.38%
C.	1 person	24	3.18%
D.	2 people	1	0.13%
E.	3 people	3	0.40%
F.	4 people	3	0.40%
G.	5 people	0	0.00%
H.	6 or more people	1	0.13%
TOTALS		754	100.00%

Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	668	88.48%
B.	Yes	22	2.91%
C.	No	65	8.61%
TOTALS		755	100.00%

Q-61. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	678	90.28%
B.	Yes	38	5.06%
C.	No	35	4.66%
TOTALS		751	100.00%

Q-62. How do you describe your weight?			
A.	Very underweight	17	2.25%
B.	Slightly underweight	109	14.44%
C.	About the right weight	400	52.98%
D.	Slightly overweight	197	26.09%
E.	Very overweight	32	4.24%
TOTALS		755	100.00%

Q-63. Which of the following are you trying to do about your weight?			
A.	Lose weight	321	42.35%
B.	Gain weight	85	11.21%
C.	Stay the same weight	154	20.32%
D.	I am not trying to do anything about my weight	198	26.12%
TOTALS		758	100.00%

Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	258	34.17%
B.	1 to 3 times during the past 7 days	285	37.75%
C.	4 to 6 times during the past 7 days	93	12.32%
D.	1 time per day	42	5.56%
E.	2 times per day	35	4.64%
F.	3 times per day	12	1.59%
G.	4 or more times per day	30	3.97%
TOTALS		755	100.00%

Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	75	10.00%
B.	1 to 3 times during the past 7 days	290	38.67%
C.	4 to 6 times during the past 7 days	150	20.00%
D.	1 time per day	71	9.47%
E.	2 times per day	79	10.53%
F.	3 times per day	40	5.33%
G.	4 or more times per day	45	6.00%
TOTALS		750	100.00%

Q-66. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	329	43.63%
B.	1 to 3 times during the past 7 days	285	37.80%
C.	4 to 6 times during the past 7 days	56	7.43%
D.	1 time per day	46	6.10%
E.	2 times per day	26	3.45%
F.	3 times per day	3	0.40%
G.	4 or more times per day	9	1.19%
TOTALS		754	100.00%

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	269	35.77%
B.	1 to 3 times during the past 7 days	367	48.80%
C.	4 to 6 times during the past 7 days	71	9.44%
D.	1 time per day	26	3.46%
E.	2 times per day	7	0.93%
F.	3 times per day	3	0.40%
G.	4 or more times per day	9	1.20%
TOTALS		752	100.00%
Q-68. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	351	46.80%
B.	1 to 3 times during the past 7 days	264	35.20%
C.	4 to 6 times during the past 7 days	70	9.33%
D.	1 time per day	29	3.87%
E.	2 times per day	13	1.73%
F.	3 times per day	8	1.07%
G.	4 or more times per day	15	2.00%
TOTALS		750	100.00%
Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	159	21.26%
B.	1 to 3 times during the past 7 days	287	38.37%
C.	4 to 6 times during the past 7 days	153	20.45%
D.	1 time per day	61	8.16%
E.	2 times per day	40	5.35%
F.	3 times per day	21	2.81%
G.	4 or more times per day	27	3.61%
TOTALS		748	100.00%
Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	212	28.42%
B.	1 to 3 times during the past 7 days	309	41.42%
C.	4 to 6 times during the past 7 days	126	16.89%
D.	1 time per day	45	6.03%
E.	2 times per day	26	3.49%
F.	3 times per day	9	1.21%
G.	4 or more times per day	19	2.55%
TOTALS		746	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	340	45.95%
B.	1 to 3 times during the past 7 days	232	31.35%
C.	4 to 6 times during the past 7 days	82	11.08%
D.	1 time per day	32	4.32%
E.	2 times per day	20	2.70%
F.	3 times per day	18	2.43%
G.	4 or more times per day	16	2.16%
TOTALS		740	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	161	21.61%
B.	1 to 3 glasses during the past 7 days	170	22.82%
C.	4 to 6 glasses during the past 7 days	127	17.05%
D.	1 glass per day	97	13.02%
E.	2 glasses per day	102	13.69%
F.	3 glasses per day	45	6.04%
G.	4 or more glasses per day	43	5.77%
TOTALS		745	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	104	13.94%
B.	1 day	51	6.84%
C.	2 days	62	8.31%
D.	3 days	54	7.24%
E.	4 days	58	7.77%
F.	5 days	57	7.64%
G.	6 days	59	7.91%
H.	7 days	301	40.35%
TOTALS		746	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	57	7.62%
B.	1 day	44	5.88%
C.	2 days	50	6.68%
D.	3 days	66	8.82%
E.	4 days	85	11.36%
F.	5 days	116	15.51%
G.	6 days	82	10.96%
H.	7 days	248	33.16%
TOTALS		748	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	57	7.64%
B.	1 hour per day	72	9.65%
C.	2 hours per day	142	19.03%
D.	3 hours per day	163	21.85%
E.	4 hours per day	108	14.48%
F.	5 or more hours per day	204	27.35%
TOTALS		746	100.00%

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	97	13.09%
B.	1 day	28	3.78%
C.	2 days	117	15.79%
D.	3 days	185	24.97%
E.	4 days	76	10.26%
F.	5 days	238	32.12%
TOTALS		741	100.00%

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	239	32.21%
B.	1 team	161	21.70%
C.	2 teams	179	24.12%
D.	3 or more teams	163	21.97%
TOTALS		742	100.00%

Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	623	83.07%
B.	1 time	69	9.20%
C.	2 times	27	3.60%
D.	3 times	7	0.93%
E.	4 or more times	24	3.20%
TOTALS		750	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	118	15.86%
B.	No	543	72.98%
C.	Not sure	83	11.16%
TOTALS		744	100.00%

Q-80. Do you still have asthma?

A.	I have never had asthma	475	64.02%
B.	Yes	80	10.78%
C.	No	96	12.94%
D.	Not sure	91	12.26%
TOTALS		742	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	581	78.30%
B.	0 days	150	20.22%
C.	1 day	4	0.54%
D.	2 days	3	0.40%
E.	3 days	2	0.27%
F.	4 days	0	0.00%
G.	5 or more days	2	0.27%
TOTALS		742	100.00%
Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	548	73.56%
B.	Between 12 and 24 months ago	74	9.93%
C.	More than 24 months ago	21	2.82%
D.	Never	9	1.21%
E.	Not sure	93	12.48%
TOTALS		745	100.00%
Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	218	29.38%
B.	Rarely	165	22.24%
C.	Sometimes	169	22.78%
D.	Most of the time	128	17.25%
E.	Always	62	8.36%
TOTALS		742	100.00%
Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	85	11.47%
B.	5 hours	65	8.77%
C.	6 hours	106	14.30%
D.	7 hours	169	22.81%
E.	8 hours	191	25.78%
F.	9 hours	92	12.42%
G.	10 or more hours	33	4.45%
TOTALS		741	100.00%
Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	714	96.10%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	16	2.15%
C.	In a shelter or emergency housing	3	0.40%
D.	In a motel or hotel	0	0.00%
E.	In a car, park, campground, or other public place	1	0.13%
F.	I do not have a usual place to sleep	3	0.40%
G.	Somewhere else	6	0.81%
TOTALS		743	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	35 4.72%
B.	No	707 95.28%
TOTALS		742 100.00%
Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	610 81.99%
B.	Rarely	89 11.96%
C.	Sometimes	31 4.17%
D.	Most of the time	10 1.34%
E.	Always	4 0.54%
TOTALS		744 100.00%
Q-88. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	297 40.68%
B.	Mostly B's	190 26.03%
C.	Mostly C's	110 15.07%
D.	Mostly D's	39 5.34%
E.	Mostly F's	30 4.11%
F.	None of these grades	5 0.68%
G.	Not sure	59 8.08%
TOTALS		730 100.00%
Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	719 97.69%
B.	1 or 2 times	9 1.22%
C.	3 to 9 times	3 0.41%
D.	10 to 19 times	3 0.41%
E.	20 to 39 times	1 0.14%
F.	40 or more times	1 0.14%
TOTALS		736 100.00%
Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	151 20.35%
B.	No	591 79.65%
TOTALS		742 100.00%