

2021 HI LINE REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 544 middle school students in Hi Line Region during February of 2021. Frequency distributions may not total 544 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	1	0.18%
C.	12 years old	92	16.94%
D.	13 years old	280	51.57%
E.	14 years old	161	29.65%
F.	15 years old	9	1.66%
G.	16 years old or older	0	0.00%
	TOTALS	543	100.00%
Q-2. What is your sex?			
A.	Female	296	54.81%
B.	Male	244	45.19%
	TOTALS	540	100.00%
Q-3. In what grade are you?			
A.	7th grade	271	50.37%
B.	8th grade	267	49.63%
	TOTALS	538	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	50	9.49%
B.	No	477	90.51%
	TOTALS	527	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	227	39.07%
B.	Asian	13	2.24%
C.	Black or African American	22	3.79%
D.	Native Hawaiian or Other Pacific Islander	5	0.86%
E.	White	314	54.04%
	TOTALS	581	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	22	4.04%
B.	Rarely	44	8.09%
C.	Sometimes	93	17.10%
D.	Most of the time	241	44.30%
E.	Always	144	26.47%
	TOTALS	544	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	395	73.15%
B.	1 time	48	8.89%
C.	2 or 3 times	39	7.22%
D.	4 or 5 times	14	2.59%
E.	6 or more times	44	8.15%
TOTALS		540	100.00%
Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	288	53.63%
B.	Never	16	2.98%
C.	Rarely	26	4.84%
D.	Sometimes	48	8.94%
E.	Most of the time	52	9.68%
F.	Always	107	19.93%
TOTALS		537	100.00%
Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	518	95.93%
B.	1 day	10	1.85%
C.	2 or 3 days	3	0.56%
D.	4 or 5 days	3	0.56%
E.	6 or more days	6	1.11%
TOTALS		540	100.00%
Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	494	91.31%
B.	1 day	14	2.59%
C.	2 or 3 days	12	2.22%
D.	4 or 5 days	7	1.29%
E.	6 or more days	14	2.59%
TOTALS		541	100.00%
Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	472	87.41%
B.	1 day	34	6.30%
C.	2 or 3 days	19	3.52%
D.	4 or 5 days	6	1.11%
E.	6 or more days	9	1.67%
TOTALS		540	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	508	93.38%
B.	1 time	15	2.76%
C.	2 or 3 times	9	1.65%
D.	4 or 5 times	3	0.55%
E.	6 or 7 times	4	0.74%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	5	0.92%
TOTALS		544	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	342	63.10%
B.	1 time	77	14.21%
C.	2 or 3 times	68	12.55%
D.	4 or 5 times	22	4.06%
E.	6 or 7 times	8	1.48%
F.	8 or 9 times	8	1.48%
G.	10 or 11 times	3	0.55%
H.	12 or more times	14	2.58%
TOTALS		542	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	475	88.79%
B.	1 time	41	7.66%
C.	2 or 3 times	9	1.68%
D.	4 or 5 times	4	0.75%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	4	0.75%
G.	10 or 11 times	1	0.19%
H.	12 or more times	1	0.19%
TOTALS		535	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	38	7.04%
B.	No	502	92.96%
TOTALS		540	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	506	93.53%
B.	1 time	20	3.70%
C.	2 or 3 times	8	1.48%
D.	4 or 5 times	3	0.55%
E.	6 or more times	4	0.74%
TOTALS		541	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	316	58.52%
B.	0 times	210	38.89%
C.	1 time	8	1.48%
D.	2 or 3 times	6	1.11%
E.	4 or 5 times	0	0.00%
F.	6 or more times	0	0.00%
TOTALS		540	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	320	59.04%
B.	0 times	216	39.85%
C.	1 time	4	0.74%
D.	2 or 3 times	1	0.18%
E.	4 or 5 times	1	0.18%
F.	6 or more times	0	0.00%
TOTALS		542	100.00%

Q-19. During the past 12 months, have you ever been bullied on school property?

A.	Yes	161	29.76%
B.	No	380	70.24%
TOTALS		541	100.00%

Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	149	27.75%
B.	No	388	72.25%
TOTALS		537	100.00%

Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	113	20.81%
B.	No	430	79.19%
TOTALS		543	100.00%

Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	218	40.22%
B.	No	324	59.78%
TOTALS		542	100.00%

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	128	23.70%
B.	No	412	76.30%
TOTALS		540	100.00%
Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	111	20.59%
B.	No	428	79.41%
TOTALS		539	100.00%
Q-25. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	443	81.89%
B.	1 time	62	11.46%
C.	2 or 3 times	25	4.62%
D.	4 or 5 times	3	0.55%
E.	6 or more times	8	1.48%
TOTALS		541	100.00%
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	425	79.44%
B.	Yes	25	4.67%
C.	No	85	15.89%
TOTALS		535	100.00%
Q-27. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	152	28.15%
B.	No	388	71.85%
TOTALS		540	100.00%
Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	389	71.77%
B.	8 years old or younger	37	6.83%
C.	9 or 10 years old	33	6.09%
D.	11 or 12 years old	51	9.41%
E.	13 or 14 years old	32	5.90%
F.	15 years old or older	0	0.00%
TOTALS		542	100.00%
Q-29. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	493	91.30%
B.	1 or 2 days	23	4.26%
C.	3 to 5 days	8	1.48%
D.	6 to 9 days	3	0.56%
E.	10 to 19 days	5	0.93%
F.	20 to 29 days	5	0.93%
G.	All 30 days	3	0.56%
TOTALS		540	100.00%

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	495	91.84%
B.	Less than 1 cigarette per day	22	4.08%
C.	1 cigarette per day	12	2.23%
D.	2 to 5 cigarettes per day	8	1.48%
E.	6 to 10 cigarettes per day	1	0.19%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	1	0.19%
TOTALS		539	100.00%
Q-31. Have you ever used an electronic vapor product?			
A.	Yes	172	31.91%
B.	No	367	68.09%
TOTALS		539	100.00%
Q-32. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	448	83.27%
B.	1 or 2 days	46	8.55%
C.	3 to 5 days	12	2.23%
D.	6 to 9 days	11	2.04%
E.	10 to 19 days	7	1.30%
F.	20 to 29 days	5	0.93%
G.	All 30 days	9	1.67%
TOTALS		538	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	521	96.84%
B.	1 or 2 days	12	2.23%
C.	3 to 5 days	3	0.56%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.37%
TOTALS		538	100.00%
Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	449	84.08%
B.	I got or bought them from a friend, family member, or someone else	55	10.30%
C.	I bought them myself in a vape shop or tobacco shop	1	0.19%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	0	0.00%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.19%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	3	0.56%
G.	I took them from a store or another person	3	0.56%
H.	I got them in some other way	22	4.12%
TOTALS		534	100.00%

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	441	82.89%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	3	0.56%
C.	Chocolate, candy, desserts, or other sweets	3	0.56%
D.	Fruit	47	8.83%
E.	Menthol	12	2.26%
F.	Mint	11	2.07%
G.	Tobacco	7	1.32%
H.	Some other flavor	8	1.50%
TOTALS		532	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	524	97.22%
B.	1 or 2 days	8	1.48%
C.	3 to 5 days	2	0.37%
D.	6 to 9 days	2	0.37%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.19%
G.	All 30 days	2	0.37%
TOTALS		539	100.00%

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	521	96.66%
B.	1 or 2 days	9	1.67%
C.	3 to 5 days	4	0.74%
D.	6 to 9 days	4	0.74%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.19%
G.	All 30 days	0	0.00%
TOTALS		539	100.00%

Q-38. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	410	76.92%
B.	Yes	85	15.95%
C.	No	38	7.13%
TOTALS		533	100.00%

Q-39. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	309	57.87%
B.	8 years old or younger	52	9.74%
C.	9 or 10 years old	47	8.80%
D.	11 or 12 years old	68	12.73%
E.	13 or 14 years old	58	10.86%
F.	15 years old or older	0	0.00%
TOTALS		534	100.00%

Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	443	82.34%
B.	1 or 2 days	62	11.52%
C.	3 to 5 days	16	2.97%
D.	6 to 9 days	7	1.30%
E.	10 to 19 days	4	0.74%
F.	20 to 29 days	3	0.56%
G.	All 30 days	3	0.56%
TOTALS		538	100.00%

Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	489	90.89%
B.	1 day	19	3.53%
C.	2 days	15	2.79%
D.	3 to 5 days	7	1.30%
E.	6 to 9 days	1	0.19%
F.	10 to 19 days	3	0.56%
G.	20 or more days	4	0.74%
TOTALS		538	100.00%

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	444	82.99%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	3	0.56%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	8	1.50%
F.	Someone gave it to me	36	6.73%
G.	I took it from a store or family member	19	3.55%
H.	I got it some other way	25	4.67%
TOTALS		535	100.00%

Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	438	82.49%
B.	Beer	37	6.97%
C.	Wine	6	1.13%
D.	Vodka	13	2.45%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	14	2.64%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	19	3.58%
G.	Some other type of alcohol	4	0.75%
TOTALS		531	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	400	75.47%
B.	1 or 2 times	31	5.85%
C.	3 to 9 times	22	4.15%
D.	10 to 19 times	8	1.51%
E.	20 to 39 times	13	2.45%
F.	40 to 99 times	17	3.21%
G.	100 or more times	39	7.36%
TOTALS		530	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	406	75.46%
B.	8 years old or younger	23	4.28%
C.	9 or 10 years old	22	4.09%
D.	11 or 12 years old	53	9.85%
E.	13 or 14 years old	32	5.95%
F.	15 years old or older	2	0.37%
TOTALS		538	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	453	84.51%
B.	1 or 2 times	23	4.29%
C.	3 to 9 times	14	2.61%
D.	10 to 19 times	13	2.43%
E.	20 to 39 times	13	2.43%
F.	40 or more times	20	3.73%
TOTALS		536	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	501	94.35%
B.	1 or 2 times	10	1.88%
C.	3 to 9 times	10	1.88%
D.	10 to 19 times	5	0.94%
E.	20 to 39 times	1	0.19%
F.	40 or more times	4	0.75%
TOTALS		531	100.00%
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	461	85.69%
B.	1 or 2 times	44	8.18%
C.	3 to 9 times	20	3.72%
D.	10 to 19 times	4	0.74%
E.	20 to 39 times	5	0.93%
F.	40 or more times	4	0.74%
TOTALS		538	100.00%
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	533	99.07%
B.	1 or 2 times	3	0.56%
C.	3 to 9 times	1	0.19%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.19%
TOTALS		538	100.00%
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	464	87.22%
B.	1 or 2 times	38	7.14%
C.	3 to 9 times	20	3.76%
D.	10 to 19 times	5	0.94%
E.	20 to 39 times	2	0.38%
F.	40 or more times	3	0.56%
TOTALS		532	100.00%
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	532	99.07%
B.	1 or 2 times	5	0.93%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		537	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	532	99.25%
B.	1 or 2 times	3	0.56%
C.	3 to 9 times	1	0.19%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		536	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	517	97.92%
B.	1 or 2 times	9	1.70%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	1	0.19%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.19%
TOTALS		528	100.00%
Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	533	99.26%
B.	1 time	2	0.37%
C.	2 or more times	2	0.37%
TOTALS		537	100.00%
Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	97	18.20%
B.	No	436	81.80%
TOTALS		533	100.00%
Q-56. Have you ever had sexual intercourse?			
A.	Yes	82	15.41%
B.	No	450	84.59%
TOTALS		532	100.00%
Q-57. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	464	87.05%
B.	11 years old or younger	26	4.88%
C.	12 years old	17	3.19%
D.	13 years old	14	2.63%
E.	14 years old	10	1.88%
F.	15 years old or older	2	0.38%
TOTALS		533	100.00%

Q-58. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	473	88.74%
B.	1 person	33	6.19%
C.	2 people	11	2.06%
D.	3 people	6	1.13%
E.	4 people	5	0.94%
F.	5 people	0	0.00%
G.	6 or more people	5	0.94%
TOTALS		533	100.00%

Q-59. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	476	89.31%
B.	I have had sexual intercourse, but not during the past 3 months	35	6.57%
C.	1 person	12	2.25%
D.	2 people	8	1.50%
E.	3 people	1	0.19%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	1	0.19%
TOTALS		533	100.00%

Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	455	85.21%
B.	Yes	23	4.31%
C.	No	56	10.49%
TOTALS		534	100.00%

Q-61. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	462	86.68%
B.	Yes	29	5.44%
C.	No	42	7.88%
TOTALS		533	100.00%

Q-62. How do you describe your weight?			
A.	Very underweight	17	3.22%
B.	Slightly underweight	73	13.83%
C.	About the right weight	254	48.11%
D.	Slightly overweight	159	30.11%
E.	Very overweight	25	4.73%
TOTALS		528	100.00%

Q-63. Which of the following are you trying to do about your weight?			
A.	Lose weight	274	51.50%
B.	Gain weight	53	9.96%
C.	Stay the same weight	84	15.79%
D.	I am not trying to do anything about my weight	121	22.74%
TOTALS		532	100.00%
Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	159	30.00%
B.	1 to 3 times during the past 7 days	210	39.62%
C.	4 to 6 times during the past 7 days	84	15.85%
D.	1 time per day	26	4.91%
E.	2 times per day	25	4.72%
F.	3 times per day	9	1.70%
G.	4 or more times per day	17	3.21%
TOTALS		530	100.00%
Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	61	11.60%
B.	1 to 3 times during the past 7 days	179	34.03%
C.	4 to 6 times during the past 7 days	128	24.33%
D.	1 time per day	50	9.51%
E.	2 times per day	47	8.94%
F.	3 times per day	27	5.13%
G.	4 or more times per day	34	6.46%
TOTALS		526	100.00%
Q-66. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	219	41.48%
B.	1 to 3 times during the past 7 days	218	41.29%
C.	4 to 6 times during the past 7 days	51	9.66%
D.	1 time per day	24	4.55%
E.	2 times per day	7	1.33%
F.	3 times per day	2	0.38%
G.	4 or more times per day	7	1.33%
TOTALS		528	100.00%

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	208	39.69%
B.	1 to 3 times during the past 7 days	249	47.52%
C.	4 to 6 times during the past 7 days	31	5.92%
D.	1 time per day	22	4.20%
E.	2 times per day	8	1.53%
F.	3 times per day	2	0.38%
G.	4 or more times per day	4	0.76%
TOTALS		524	100.00%

Q-68. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	271	51.52%
B.	1 to 3 times during the past 7 days	190	36.12%
C.	4 to 6 times during the past 7 days	33	6.27%
D.	1 time per day	10	1.90%
E.	2 times per day	10	1.90%
F.	3 times per day	3	0.57%
G.	4 or more times per day	9	1.71%
TOTALS		526	100.00%

Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	137	26.15%
B.	1 to 3 times during the past 7 days	202	38.55%
C.	4 to 6 times during the past 7 days	95	18.13%
D.	1 time per day	39	7.44%
E.	2 times per day	29	5.53%
F.	3 times per day	7	1.34%
G.	4 or more times per day	15	2.86%
TOTALS		524	100.00%

Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	126	24.14%
B.	1 to 3 times during the past 7 days	245	46.93%
C.	4 to 6 times during the past 7 days	87	16.67%
D.	1 time per day	21	4.02%
E.	2 times per day	24	4.60%
F.	3 times per day	6	1.15%
G.	4 or more times per day	13	2.49%
TOTALS		522	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	200	38.61%
B.	1 to 3 times during the past 7 days	174	33.59%
C.	4 to 6 times during the past 7 days	72	13.90%
D.	1 time per day	24	4.63%
E.	2 times per day	18	3.47%
F.	3 times per day	8	1.54%
G.	4 or more times per day	22	4.25%
TOTALS		518	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	105	20.31%
B.	1 to 3 glasses during the past 7 days	173	33.46%
C.	4 to 6 glasses during the past 7 days	95	18.38%
D.	1 glass per day	40	7.74%
E.	2 glasses per day	60	11.61%
F.	3 glasses per day	25	4.84%
G.	4 or more glasses per day	19	3.68%
TOTALS		517	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	72	14.06%
B.	1 day	47	9.18%
C.	2 days	63	12.30%
D.	3 days	52	10.16%
E.	4 days	43	8.40%
F.	5 days	46	8.98%
G.	6 days	31	6.05%
H.	7 days	158	30.86%
TOTALS		512	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	61	11.84%
B.	1 day	33	6.41%
C.	2 days	62	12.04%
D.	3 days	71	13.79%
E.	4 days	64	12.43%
F.	5 days	74	14.37%
G.	6 days	39	7.57%
H.	7 days	111	21.55%
TOTALS		515	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	41	8.06%
B.	1 hour per day	30	5.89%
C.	2 hours per day	65	12.77%
D.	3 hours per day	100	19.65%
E.	4 hours per day	78	15.32%
F.	5 or more hours per day	195	38.31%
TOTALS		509	100.00%

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	111	22.02%
B.	1 day	30	5.95%
C.	2 days	54	10.71%
D.	3 days	32	6.35%
E.	4 days	135	26.79%
F.	5 days	142	28.17%
TOTALS		504	100.00%

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	178	35.32%
B.	1 team	126	25.00%
C.	2 teams	84	16.67%
D.	3 or more teams	116	23.02%
TOTALS		504	100.00%

Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	447	87.30%
B.	1 time	35	6.84%
C.	2 times	16	3.13%
D.	3 times	3	0.59%
E.	4 or more times	11	2.15%
TOTALS		512	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	85	16.83%
B.	No	357	70.69%
C.	Not sure	63	12.48%
TOTALS		505	100.00%

Q-80. Do you still have asthma?

A.	I have never had asthma	293	58.13%
B.	Yes	49	9.72%
C.	No	83	16.47%
D.	Not sure	79	15.67%
TOTALS		504	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	397	77.54%
B.	0 days	109	21.29%
C.	1 day	3	0.59%
D.	2 days	0	0.00%
E.	3 days	2	0.39%
F.	4 days	1	0.20%
G.	5 or more days	0	0.00%
TOTALS		512	100.00%

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	359	70.95%
B.	Between 12 and 24 months ago	61	12.06%
C.	More than 24 months ago	22	4.35%
D.	Never	13	2.57%
E.	Not sure	51	10.08%
TOTALS		506	100.00%

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	148	29.31%
B.	Rarely	101	20.00%
C.	Sometimes	124	24.55%
D.	Most of the time	92	18.22%
E.	Always	40	7.92%
TOTALS		505	100.00%

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	51	10.14%
B.	5 hours	55	10.93%
C.	6 hours	102	20.28%
D.	7 hours	125	24.85%
E.	8 hours	105	20.87%
F.	9 hours	55	10.93%
G.	10 or more hours	10	1.99%
TOTALS		503	100.00%

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	484	95.65%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	17	3.36%
C.	In a shelter or emergency housing	1	0.20%
D.	In a motel or hotel	2	0.40%
E.	In a car, park, campground, or other public place	0	0.00%
F.	I do not have a usual place to sleep	2	0.40%
G.	Somewhere else	0	0.00%
TOTALS		506	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	33 6.63%
B.	No	465 93.37%
TOTALS		498 100.00%
Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	390 77.53%
B.	Rarely	70 13.92%
C.	Sometimes	37 7.36%
D.	Most of the time	4 0.80%
E.	Always	2 0.40%
TOTALS		503 100.00%
Q-88. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	186 37.65%
B.	Mostly B's	121 24.49%
C.	Mostly C's	75 15.18%
D.	Mostly D's	27 5.47%
E.	Mostly F's	40 8.10%
F.	None of these grades	3 0.61%
G.	Not sure	42 8.50%
TOTALS		494 100.00%
Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	487 98.38%
B.	1 or 2 times	7 1.41%
C.	3 to 9 times	1 0.20%
D.	10 to 19 times	0 0.00%
E.	20 to 39 times	0 0.00%
F.	40 or more times	0 0.00%
TOTALS		495 100.00%
Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	91 18.24%
B.	No	408 81.76%
TOTALS		499 100.00%