

2021 CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 233 middle school students in Central Region during February of 2021. Frequency distributions may not total 233 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	0	0.00%
C.	12 years old	47	20.26%
D.	13 years old	109	46.98%
E.	14 years old	73	31.47%
F.	15 years old	3	1.29%
G.	16 years old or older	0	0.00%
	TOTALS	232	100.00%
Q-2. What is your sex?			
A.	Female	118	50.86%
B.	Male	114	49.14%
	TOTALS	232	100.00%
Q-3. In what grade are you?			
A.	7th grade	120	52.17%
B.	8th grade	110	47.83%
	TOTALS	230	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	11	4.78%
B.	No	219	95.22%
	TOTALS	230	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	20	8.26%
B.	Asian	3	1.24%
C.	Black or African American	3	1.24%
D.	Native Hawaiian or Other Pacific Islander	3	1.24%
E.	White	213	88.02%
	TOTALS	242	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	1	0.43%
B.	Rarely	9	3.88%
C.	Sometimes	25	10.78%
D.	Most of the time	104	44.83%
E.	Always	93	40.09%
	TOTALS	232	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	189	81.82%
B.	1 time	18	7.79%
C.	2 or 3 times	10	4.33%
D.	4 or 5 times	4	1.73%
E.	6 or more times	10	4.33%
TOTALS		231	100.00%
Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	158	68.70%
B.	Never	3	1.30%
C.	Rarely	4	1.74%
D.	Sometimes	6	2.61%
E.	Most of the time	18	7.83%
F.	Always	41	17.83%
TOTALS		230	100.00%
Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	222	95.28%
B.	1 day	3	1.29%
C.	2 or 3 days	2	0.86%
D.	4 or 5 days	1	0.43%
E.	6 or more days	5	2.15%
TOTALS		233	100.00%
Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	221	95.26%
B.	1 day	4	1.72%
C.	2 or 3 days	4	1.72%
D.	4 or 5 days	0	0.00%
E.	6 or more days	3	1.29%
TOTALS		232	100.00%
Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	214	92.64%
B.	1 day	7	3.03%
C.	2 or 3 days	6	2.60%
D.	4 or 5 days	1	0.43%
E.	6 or more days	3	1.30%
TOTALS		231	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	226	97.41%
B.	1 time	1	0.43%
C.	2 or 3 times	5	2.16%
D.	4 or 5 times	0	0.00%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	0	0.00%
TOTALS		232	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	180	77.92%
B.	1 time	31	13.42%
C.	2 or 3 times	15	6.49%
D.	4 or 5 times	3	1.30%
E.	6 or 7 times	1	0.43%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.43%
TOTALS		231	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	214	92.64%
B.	1 time	15	6.49%
C.	2 or 3 times	2	0.87%
D.	4 or 5 times	0	0.00%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	0	0.00%
TOTALS		231	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	16	6.93%
B.	No	215	93.07%
TOTALS		231	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	219	94.81%
B.	1 time	10	4.33%
C.	2 or 3 times	2	0.87%
D.	4 or 5 times	0	0.00%
E.	6 or more times	0	0.00%
TOTALS		231	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	156	68.12%
B.	0 times	70	30.57%
C.	1 time	0	0.00%
D.	2 or 3 times	2	0.87%
E.	4 or 5 times	1	0.44%
F.	6 or more times	0	0.00%
TOTALS		229	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	159	68.83%
B.	0 times	67	29.00%
C.	1 time	3	1.30%
D.	2 or 3 times	2	0.87%
E.	4 or 5 times	0	0.00%
F.	6 or more times	0	0.00%
TOTALS		231	100.00%

Q-19. During the past 12 months, have you ever been bullied on school property?

A.	Yes	63	27.04%
B.	No	170	72.96%
TOTALS		233	100.00%

Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	50	21.55%
B.	No	182	78.45%
TOTALS		232	100.00%

Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	47	20.17%
B.	No	186	79.83%
TOTALS		233	100.00%

Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	72	30.90%
B.	No	161	69.10%
TOTALS		233	100.00%

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	41	17.60%
B.	No	192	82.40%
TOTALS		233	100.00%
Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	34	14.59%
B.	No	199	85.41%
TOTALS		233	100.00%
Q-25. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	200	86.21%
B.	1 time	22	9.48%
C.	2 or 3 times	7	3.02%
D.	4 or 5 times	2	0.86%
E.	6 or more times	1	0.43%
TOTALS		232	100.00%
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	198	87.22%
B.	Yes	3	1.32%
C.	No	26	11.45%
TOTALS		227	100.00%
Q-27. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	29	12.45%
B.	No	204	87.55%
TOTALS		233	100.00%
Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	207	88.84%
B.	8 years old or younger	5	2.15%
C.	9 or 10 years old	4	1.72%
D.	11 or 12 years old	10	4.29%
E.	13 or 14 years old	7	3.00%
F.	15 years old or older	0	0.00%
TOTALS		233	100.00%
Q-29. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	225	97.83%
B.	1 or 2 days	3	1.30%
C.	3 to 5 days	0	0.00%
D.	6 to 9 days	1	0.43%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.43%
TOTALS		230	100.00%

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	226	97.00%
B.	Less than 1 cigarette per day	3	1.29%
C.	1 cigarette per day	1	0.43%
D.	2 to 5 cigarettes per day	3	1.29%
E.	6 to 10 cigarettes per day	0	0.00%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		233	100.00%
Q-31. Have you ever used an electronic vapor product?			
A.	Yes	42	18.18%
B.	No	189	81.82%
TOTALS		231	100.00%
Q-32. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	210	91.70%
B.	1 or 2 days	8	3.49%
C.	3 to 5 days	4	1.75%
D.	6 to 9 days	1	0.44%
E.	10 to 19 days	3	1.31%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	1.31%
TOTALS		229	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	226	97.84%
B.	1 or 2 days	4	1.73%
C.	3 to 5 days	1	0.43%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		231	100.00%
Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	213	91.81%
B.	I got or bought them from a friend, family member, or someone else	6	2.59%
C.	I bought them myself in a vape shop or tobacco shop	0	0.00%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	0	0.00%
E.	I bought them myself at a mall or shopping center kiosk or stand	0	0.00%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	1	0.43%
G.	I took them from a store or another person	2	0.86%
H.	I got them in some other way	10	4.31%
TOTALS		232	100.00%

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	214	93.45%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	1	0.44%
C.	Chocolate, candy, desserts, or other sweets	1	0.44%
D.	Fruit	8	3.49%
E.	Menthol	3	1.31%
F.	Mint	1	0.44%
G.	Tobacco	0	0.00%
H.	Some other flavor	1	0.44%
TOTALS		229	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	229	98.71%
B.	1 or 2 days	2	0.86%
C.	3 to 5 days	1	0.43%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		232	100.00%

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	230	99.14%
B.	1 or 2 days	2	0.86%
C.	3 to 5 days	0	0.00%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		232	100.00%

Q-38. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	202	87.07%
B.	Yes	21	9.05%
C.	No	9	3.88%
TOTALS		232	100.00%

Q-39. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	173	74.57%
B.	8 years old or younger	15	6.47%
C.	9 or 10 years old	11	4.74%
D.	11 or 12 years old	19	8.19%
E.	13 or 14 years old	14	6.03%
F.	15 years old or older	0	0.00%
TOTALS		232	100.00%
Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	207	89.22%
B.	1 or 2 days	16	6.90%
C.	3 to 5 days	4	1.72%
D.	6 to 9 days	3	1.29%
E.	10 to 19 days	1	0.43%
F.	20 to 29 days	1	0.43%
G.	All 30 days	0	0.00%
TOTALS		232	100.00%
Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	220	95.65%
B.	1 day	5	2.17%
C.	2 days	3	1.30%
D.	3 to 5 days	0	0.00%
E.	6 to 9 days	1	0.43%
F.	10 to 19 days	0	0.00%
G.	20 or more days	1	0.43%
TOTALS		230	100.00%
Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	205	88.36%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2	0.86%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	0	0.00%
F.	Someone gave it to me	12	5.17%
G.	I took it from a store or family member	6	2.59%
H.	I got it some other way	7	3.02%
TOTALS		232	100.00%

Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	206	89.18%
B.	Beer	10	4.33%
C.	Wine	2	0.87%
D.	Vodka	7	3.03%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	2	0.87%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	3	1.30%
G.	Some other type of alcohol	1	0.43%
TOTALS		231	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	208	91.23%
B.	1 or 2 times	11	4.82%
C.	3 to 9 times	1	0.44%
D.	10 to 19 times	2	0.88%
E.	20 to 39 times	0	0.00%
F.	40 to 99 times	4	1.75%
G.	100 or more times	2	0.88%
TOTALS		228	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	213	91.81%
B.	8 years old or younger	2	0.86%
C.	9 or 10 years old	5	2.16%
D.	11 or 12 years old	7	3.02%
E.	13 or 14 years old	5	2.16%
F.	15 years old or older	0	0.00%
TOTALS		232	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	225	96.98%
B.	1 or 2 times	3	1.29%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	2	0.86%
E.	20 to 39 times	1	0.43%
F.	40 or more times	1	0.43%
TOTALS		232	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	227	97.84%
B.	1 or 2 times	3	1.29%
C.	3 to 9 times	2	0.86%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		232	100.00%

Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	221	95.26%
B.	1 or 2 times	7	3.02%
C.	3 to 9 times	2	0.86%
D.	10 to 19 times	2	0.86%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		232	100.00%

Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	229	98.71%
B.	1 or 2 times	3	1.29%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		232	100.00%

Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	215	93.07%
B.	1 or 2 times	13	5.63%
C.	3 to 9 times	2	0.87%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.43%
TOTALS		231	100.00%

Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	232	100.00%
B.	1 or 2 times	0	0.00%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		232	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	231	99.57%
B.	1 or 2 times	1	0.43%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		232	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	226	98.69%
B.	1 or 2 times	2	0.87%
C.	3 to 9 times	1	0.44%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		229	100.00%
Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	231	99.57%
B.	1 time	1	0.43%
C.	2 or more times	0	0.00%
TOTALS		232	100.00%
Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	27	11.64%
B.	No	205	88.36%
TOTALS		232	100.00%
Q-56. Have you ever had sexual intercourse?			
A.	Yes	23	10.00%
B.	No	207	90.00%
TOTALS		230	100.00%
Q-57. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	215	93.48%
B.	11 years old or younger	6	2.61%
C.	12 years old	3	1.30%
D.	13 years old	5	2.17%
E.	14 years old	1	0.43%
F.	15 years old or older	0	0.00%
TOTALS		230	100.00%

Q-58. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	220	94.83%
B.	1 person	8	3.45%
C.	2 people	2	0.86%
D.	3 people	2	0.86%
E.	4 people	0	0.00%
F.	5 people	0	0.00%
G.	6 or more people	0	0.00%
TOTALS		232	100.00%
Q-59. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	220	94.83%
B.	I have had sexual intercourse, but not during the past 3 months	6	2.59%
C.	1 person	5	2.16%
D.	2 people	0	0.00%
E.	3 people	1	0.43%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	0	0.00%
TOTALS		232	100.00%
Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	215	92.67%
B.	Yes	4	1.72%
C.	No	13	5.60%
TOTALS		232	100.00%
Q-61. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	217	93.94%
B.	Yes	10	4.33%
C.	No	4	1.73%
TOTALS		231	100.00%
Q-62. How do you describe your weight?			
A.	Very underweight	7	3.08%
B.	Slightly underweight	32	14.10%
C.	About the right weight	110	48.46%
D.	Slightly overweight	70	30.84%
E.	Very overweight	8	3.52%
TOTALS		227	100.00%

Q-63. Which of the following are you trying to do about your weight?			
A.	Lose weight	106	45.89%
B.	Gain weight	28	12.12%
C.	Stay the same weight	30	12.99%
D.	I am not trying to do anything about my weight	67	29.00%
TOTALS		231	100.00%

Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	81	35.06%
B.	1 to 3 times during the past 7 days	95	41.13%
C.	4 to 6 times during the past 7 days	31	13.42%
D.	1 time per day	13	5.63%
E.	2 times per day	6	2.60%
F.	3 times per day	2	0.87%
G.	4 or more times per day	3	1.30%
TOTALS		231	100.00%

Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	24	10.34%
B.	1 to 3 times during the past 7 days	86	37.07%
C.	4 to 6 times during the past 7 days	57	24.57%
D.	1 time per day	20	8.62%
E.	2 times per day	20	8.62%
F.	3 times per day	15	6.47%
G.	4 or more times per day	10	4.31%
TOTALS		232	100.00%

Q-66. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	68	29.31%
B.	1 to 3 times during the past 7 days	103	44.40%
C.	4 to 6 times during the past 7 days	36	15.52%
D.	1 time per day	19	8.19%
E.	2 times per day	5	2.16%
F.	3 times per day	0	0.00%
G.	4 or more times per day	1	0.43%
TOTALS		232	100.00%

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	88	37.93%
B.	1 to 3 times during the past 7 days	111	47.84%
C.	4 to 6 times during the past 7 days	24	10.34%
D.	1 time per day	4	1.72%
E.	2 times per day	3	1.29%
F.	3 times per day	0	0.00%
G.	4 or more times per day	2	0.86%
TOTALS		232	100.00%

Q-68. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	106	45.89%
B.	1 to 3 times during the past 7 days	85	36.80%
C.	4 to 6 times during the past 7 days	27	11.69%
D.	1 time per day	6	2.60%
E.	2 times per day	3	1.30%
F.	3 times per day	0	0.00%
G.	4 or more times per day	4	1.73%
TOTALS		231	100.00%

Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	35	15.09%
B.	1 to 3 times during the past 7 days	111	47.84%
C.	4 to 6 times during the past 7 days	46	19.83%
D.	1 time per day	16	6.90%
E.	2 times per day	11	4.74%
F.	3 times per day	8	3.45%
G.	4 or more times per day	5	2.16%
TOTALS		232	100.00%

Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	55	23.71%
B.	1 to 3 times during the past 7 days	130	56.03%
C.	4 to 6 times during the past 7 days	26	11.21%
D.	1 time per day	12	5.17%
E.	2 times per day	5	2.16%
F.	3 times per day	2	0.86%
G.	4 or more times per day	2	0.86%
TOTALS		232	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	104	45.02%
B.	1 to 3 times during the past 7 days	91	39.39%
C.	4 to 6 times during the past 7 days	19	8.23%
D.	1 time per day	10	4.33%
E.	2 times per day	2	0.87%
F.	3 times per day	1	0.43%
G.	4 or more times per day	4	1.73%
TOTALS		231	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	38	16.45%
B.	1 to 3 glasses during the past 7 days	64	27.71%
C.	4 to 6 glasses during the past 7 days	45	19.48%
D.	1 glass per day	27	11.69%
E.	2 glasses per day	30	12.99%
F.	3 glasses per day	15	6.49%
G.	4 or more glasses per day	12	5.19%
TOTALS		231	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	36	15.72%
B.	1 day	19	8.30%
C.	2 days	21	9.17%
D.	3 days	20	8.73%
E.	4 days	23	10.04%
F.	5 days	14	6.11%
G.	6 days	20	8.73%
H.	7 days	76	33.19%
TOTALS		229	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	12	5.29%
B.	1 day	14	6.17%
C.	2 days	17	7.49%
D.	3 days	26	11.45%
E.	4 days	30	13.22%
F.	5 days	27	11.89%
G.	6 days	23	10.13%
H.	7 days	78	34.36%
TOTALS		227	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	18	7.86%
B.	1 hour per day	26	11.35%
C.	2 hours per day	57	24.89%
D.	3 hours per day	45	19.65%
E.	4 hours per day	33	14.41%
F.	5 or more hours per day	50	21.83%
TOTALS		229	100.00%

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	49	21.40%
B.	1 day	5	2.18%
C.	2 days	20	8.73%
D.	3 days	24	10.48%
E.	4 days	21	9.17%
F.	5 days	110	48.03%
TOTALS		229	100.00%

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	70	30.84%
B.	1 team	48	21.15%
C.	2 teams	51	22.47%
D.	3 or more teams	58	25.55%
TOTALS		227	100.00%

Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	195	84.78%
B.	1 time	20	8.70%
C.	2 times	8	3.48%
D.	3 times	3	1.30%
E.	4 or more times	4	1.74%
TOTALS		230	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	29	12.55%
B.	No	184	79.65%
C.	Not sure	18	7.79%
TOTALS		231	100.00%

Q-80. Do you still have asthma?

A.	I have never had asthma	165	71.43%
B.	Yes	21	9.09%
C.	No	26	11.26%
D.	Not sure	19	8.23%
TOTALS		231	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	189	82.17%
B.	0 days	38	16.52%
C.	1 day	0	0.00%
D.	2 days	1	0.43%
E.	3 days	1	0.43%
F.	4 days	0	0.00%
G.	5 or more days	1	0.43%
	TOTALS	230	100.00%
Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	178	77.06%
B.	Between 12 and 24 months ago	23	9.96%
C.	More than 24 months ago	6	2.60%
D.	Never	1	0.43%
E.	Not sure	23	9.96%
	TOTALS	231	100.00%
Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	76	33.33%
B.	Rarely	57	25.00%
C.	Sometimes	45	19.74%
D.	Most of the time	32	14.04%
E.	Always	18	7.89%
	TOTALS	228	100.00%
Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	23	9.96%
B.	5 hours	22	9.52%
C.	6 hours	38	16.45%
D.	7 hours	43	18.61%
E.	8 hours	61	26.41%
F.	9 hours	40	17.32%
G.	10 or more hours	4	1.73%
	TOTALS	231	100.00%
Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	226	97.84%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	4	1.73%
C.	In a shelter or emergency housing	0	0.00%
D.	In a motel or hotel	0	0.00%
E.	In a car, park, campground, or other public place	0	0.00%
F.	I do not have a usual place to sleep	0	0.00%
G.	Somewhere else	1	0.43%
	TOTALS	231	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	7 3.03%
B.	No	224 96.97%
TOTALS		231 100.00%
Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	203 87.50%
B.	Rarely	22 9.48%
C.	Sometimes	6 2.59%
D.	Most of the time	1 0.43%
E.	Always	0 0.00%
TOTALS		232 100.00%
Q-88. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	120 52.86%
B.	Mostly B's	70 30.84%
C.	Mostly C's	22 9.69%
D.	Mostly D's	1 0.44%
E.	Mostly F's	5 2.20%
F.	None of these grades	2 0.88%
G.	Not sure	7 3.08%
TOTALS		227 100.00%
Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	222 97.37%
B.	1 or 2 times	5 2.19%
C.	3 to 9 times	0 0.00%
D.	10 to 19 times	1 0.44%
E.	20 to 39 times	0 0.00%
F.	40 or more times	0 0.00%
TOTALS		228 100.00%
Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	36 15.65%
B.	No	194 84.35%
TOTALS		230 100.00%