

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS FOR STUDENTS WITH DISABILITIES

The following frequency distributions are based upon surveys with 1,958 middle school students with disabilities in Montana during February 2021. Frequency distributions may not total 1,958 due to nonresponses and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q -1 How old are you?			
A.	10 years old or younger	1	0.05%
B.	11 years old	8	0.41%
C.	12 years old	359	18.35%
D.	13 years old	964	49.28%
E.	14 years old	585	29.91%
F.	15 years old	37	1.89%
G.	16 years old or older	2	0.10%
	TOTALS	1,956	100.00%
Q -2 What is your sex?			
A.	Female	967	50.00%
B.	Male	967	50.00%
	TOTALS	1,934	100.00%
Q -3 In what grade are you?			
A.	7th grade	1013	52.60%
B.	8th grade	913	47.40%
	TOTALS	1,926	100.00%
Q -4 Are you Hispanic or Latino?			
A.	Yes	250	13.22%
B.	No	1641	86.78%
	TOTALS	1,891	100.00%
Q -5 What is your race?			
A.	American Indian or Alaskan Native	419	20.13%
B.	Asian	53	2.55%
C.	Black or African American	69	3.32%
D.	Native Hawaiian or Other Pacific Islander	52	2.50%
E.	White	1488	71.50%
	TOTALS	2,081	100.00%

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Q -6 How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	56	2.90%
B.	Rarely	123	6.37%
C.	Sometimes	250	12.94%
D.	Most of the time	664	34.37%
E.	Always	839	43.43%
TOTALS		1,932	100.00%

Q -7 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	1410	73.63%
B.	1 time	165	8.62%
C.	2 or 3 times	143	7.47%
D.	4 or 5 times	46	2.40%
E.	6 or more times	151	7.89%
TOTALS		1,915	100.00%

Q -8 How often do you wear a seat belt when driving a car?

A.	I do not drive a car	1307	67.69%
B.	Never	33	1.71%
C.	Rarely	49	2.54%
D.	Sometimes	50	2.59%
E.	Most of the time	134	6.94%
F.	Always	358	18.54%
TOTALS		1,931	100.00%

Q -9 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	1828	93.79%
B.	1 day	40	2.05%
C.	2 or 3 days	31	1.59%
D.	4 or 5 days	13	0.67%
E.	6 or more days	37	1.90%
TOTALS		1,949	100.00%

Q -10 During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	1774	90.93%
B.	1 day	63	3.23%
C.	2 or 3 days	45	2.31%
D.	4 or 5 days	17	0.87%
E.	6 or more days	52	2.67%
TOTALS		1,951	100.00%

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Q -11 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	1615	83.12%
B.	1 day	163	8.39%
C.	2 or 3 days	94	4.84%
D.	4 or 5 days	29	1.49%
E.	6 or more days	42	2.16%
TOTALS		1,943	100.00%

Q -12 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	1724	88.23%
B.	1 time	101	5.17%
C.	2 or 3 times	74	3.79%
D.	4 or 5 times	22	1.13%
E.	6 or 7 times	10	0.51%
F.	8 or 9 times	7	0.36%
G.	10 or 11 times	3	0.15%
H.	12 or more times	13	0.67%
TOTALS		1,954	100.00%

Q -13 During the past 12 months, how many times were you in a physical fight?

A.	0 times	1153	59.19%
B.	1 time	355	18.22%
C.	2 or 3 times	244	12.53%
D.	4 or 5 times	83	4.26%
E.	6 or 7 times	41	2.10%
F.	8 or 9 times	16	0.82%
G.	10 or 11 times	10	0.51%
H.	12 or more times	46	2.36%
TOTALS		1,948	100.00%

Q -14 During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	1607	82.62%
B.	1 time	223	11.47%
C.	2 or 3 times	83	4.27%
D.	4 or 5 times	17	0.87%
E.	6 or 7 times	4	0.21%
F.	8 or 9 times	4	0.21%
G.	10 or 11 times	4	0.21%
H.	12 or more times	3	0.15%
TOTALS		1,945	100.00%

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Q -15 Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	222	11.41%
B.	No	1723	88.59%
TOTALS		1,945	100.00%

Q -16 During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	1705	87.48%
B.	1 time	146	7.49%
C.	2 or 3 times	62	3.18%
D.	4 or 5 times	19	0.97%
E.	6 or more times	17	0.87%
TOTALS		1,949	100.00%

Q -17 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	1017	52.40%
B.	0 times	816	42.04%
C.	1 time	56	2.89%
D.	2 or 3 times	38	1.96%
E.	4 or 5 times	6	0.31%
F.	6 or more times	8	0.41%
TOTALS		1,941	100.00%

Q -18 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	996	51.10%
B.	0 times	873	44.79%
C.	1 time	40	2.05%
D.	2 or 3 times	22	1.13%
E.	4 or 5 times	1	0.05%
F.	6 or more times	17	0.87%
TOTALS		1,949	100.00%

Q -19 During the past 12 months, have you ever been bullied on school property?

A.	Yes	773	39.68%
B.	No	1175	60.32%
TOTALS		1,948	100.00%

Q -20 During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	592	30.53%
B.	No	1347	69.47%
TOTALS		1,939	100.00%

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Q -21 During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	601	30.79%
B.	No	1351	69.21%
TOTALS		1,952	100.00%

Q -22 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	1005	51.62%
B.	No	942	48.38%
TOTALS		1,947	100.00%

Q -23 During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	633	32.66%
B.	No	1305	67.34%
TOTALS		1,938	100.00%

Q -24 During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	555	28.52%
B.	No	1391	71.48%
TOTALS		1,946	100.00%

Q -25 During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	1539	79.09%
B.	1 time	238	12.23%
C.	2 or 3 times	115	5.91%
D.	4 or 5 times	28	1.44%
E.	6 or more times	26	1.34%
TOTALS		1,946	100.00%

Q -26 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	1407	72.60%
B.	Yes	141	7.28%
C.	No	390	20.12%
TOTALS		1,938	100.00%

Q -27 Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	527	27.07%
B.	No	1420	72.93%
TOTALS		1,947	100.00%

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Q -28 How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	1434	73.58%
B.	8 years old or younger	100	5.13%
C.	9 or 10 years old	116	5.95%
D.	11 or 12 years old	187	9.59%
E.	13 or 14 years old	110	5.64%
F.	15 years old or older	2	0.10%
TOTALS		1,949	100.00%

Q -29 During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	1779	92.27%
B.	1 or 2 days	82	4.25%
C.	3 to 5 days	29	1.50%
D.	6 to 9 days	14	0.73%
E.	10 to 19 days	10	0.52%
F.	20 to 29 days	5	0.26%
G.	All 30 days	9	0.47%
TOTALS		1,928	100.00%

Q -30 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	1801	92.41%
B.	Less than 1 cigarette per day	73	3.75%
C.	1 cigarette per day	41	2.10%
D.	2 to 5 cigarettes per day	28	1.44%
E.	6 to 10 cigarettes per day	4	0.21%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	2	0.10%
TOTALS		1,949	100.00%

Q -31 Have you ever used an electronic vapor product?

A.	Yes	639	32.80%
B.	No	1309	67.20%
TOTALS		1,948	100.00%

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Q -32 During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	1593	81.99%
B.	1 or 2 days	167	8.59%
C.	3 to 5 days	56	2.88%
D.	6 to 9 days	30	1.54%
E.	10 to 19 days	36	1.85%
F.	20 to 29 days	25	1.29%
G.	All 30 days	36	1.85%
TOTALS		1,943	100.00%

Q -33 During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	1841	94.56%
B.	1 or 2 days	59	3.03%
C.	3 to 5 days	15	0.77%
D.	6 to 9 days	16	0.82%
E.	10 to 19 days	10	0.51%
F.	20 to 29 days	2	0.10%
G.	All 30 days	4	0.21%
TOTALS		1,947	100.00%

Q -34 During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	1590	82.21%
B.	I got or bought them from a friend, family member, or someone else	226	11.69%
C.	I bought them myself in a vape shop or tobacco shop	3	0.16%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	2	0.10%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.05%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	8	0.41%
G.	I took them from a store or another person	15	0.78%
H.	I got them in some other way	89	4.60%
TOTALS		1,934	100.00%

Q -35 During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	1570	82.68%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	8	0.42%
C.	Chocolate, candy, desserts, or other sweets	42	2.21%
D.	Fruit	160	8.43%
E.	Menthol	40	2.11%
F.	Mint	24	1.26%
G.	Tobacco	11	0.58%
H.	Some other flavor	44	2.32%
TOTALS		1,899	100.00%

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Q -36 During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	1904	97.44%
B.	1 or 2 days	26	1.33%
C.	3 to 5 days	5	0.26%
D.	6 to 9 days	6	0.31%
E.	10 to 19 days	6	0.31%
F.	20 to 29 days	4	0.20%
G.	All 30 days	3	0.15%
TOTALS		1,954	100.00%

Q -37 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	1889	96.67%
B.	1 or 2 days	43	2.20%
C.	3 to 5 days	8	0.41%
D.	6 to 9 days	6	0.31%
E.	10 to 19 days	2	0.10%
F.	20 to 29 days	1	0.05%
G.	All 30 days	5	0.26%
TOTALS		1,954	100.00%

Q -38 During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	1469	75.49%
B.	Yes	302	15.52%
C.	No	175	8.99%
TOTALS		1,946	100.00%

Q -39 How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	1135	58.72%
B.	8 years old or younger	245	12.67%
C.	9 or 10 years old	163	8.43%
D.	11 or 12 years old	238	12.31%
E.	13 or 14 years old	152	7.86%
F.	15 years old or older	0	0.00%
TOTALS		1,933	100.00%

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Q -40 During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	1595	82.09%
B.	1 or 2 days	211	10.86%
C.	3 to 5 days	75	3.86%
D.	6 to 9 days	27	1.39%
E.	10 to 19 days	22	1.13%
F.	20 to 29 days	9	0.46%
G.	All 30 days	4	0.21%
TOTALS		1,943	100.00%

Q -41 During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	1771	91.43%
B.	1 day	68	3.51%
C.	2 days	42	2.17%
D.	3 to 5 days	33	1.70%
E.	6 to 9 days	9	0.46%
F.	10 to 19 days	6	0.31%
G.	20 or more days	8	0.41%
TOTALS		1,937	100.00%

Q -42 During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	1608	82.89%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	9	0.46%
C.	I bought it at a restaurant, bar, or club	2	0.10%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	32	1.65%
F.	Someone gave it to me	115	5.93%
G.	I took it from a store or family member	83	4.28%
H.	I got it some other way	91	4.69%
TOTALS		1,940	100.00%

Q -43 During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	1591	82.56%
B.	Beer	87	4.51%
C.	Wine	31	1.61%
D.	Vodka	48	2.49%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	67	3.48%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	86	4.46%
G.	Some other type of alcohol	17	0.88%
TOTALS		1,927	100.00%

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Q -44 During your life, how many times have you used marijuana?

A.	0 times	1544	80.54%
B.	1 or 2 times	136	7.09%
C.	3 to 9 times	71	3.70%
D.	10 to 19 times	29	1.51%
E.	20 to 39 times	29	1.51%
F.	40 to 99 times	43	2.24%
G.	100 or more times	65	3.39%
TOTALS		1,917	100.00%

Q -45 How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	1571	80.61%
B.	8 years old or younger	35	1.80%
C.	9 or 10 years old	76	3.90%
D.	11 or 12 years old	159	8.16%
E.	13 or 14 years old	107	5.49%
F.	15 years old or older	1	0.05%
TOTALS		1,949	100.00%

Q -46 During the past 30 days, how many times did you use marijuana?

A.	0 times	1752	90.08%
B.	1 or 2 times	77	3.96%
C.	3 to 9 times	45	2.31%
D.	10 to 19 times	27	1.39%
E.	20 to 39 times	23	1.18%
F.	40 or more times	21	1.08%
TOTALS		1,945	100.00%

Q -47 During your life, how many times have you used synthetic marijuana?

A.	0 times	1848	95.31%
B.	1 or 2 times	46	2.37%
C.	3 to 9 times	25	1.29%
D.	10 to 19 times	2	0.10%
E.	20 to 39 times	8	0.41%
F.	40 or more times	10	0.52%
TOTALS		1,939	100.00%

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Q -48 During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	1634	83.88%
B.	1 or 2 times	177	9.09%
C.	3 to 9 times	83	4.26%
D.	10 to 19 times	25	1.28%
E.	20 to 39 times	9	0.46%
F.	40 or more times	20	1.03%
TOTALS		1,948	100.00%

Q -49 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	1897	97.23%
B.	1 or 2 times	35	1.79%
C.	3 to 9 times	7	0.36%
D.	10 to 19 times	3	0.15%
E.	20 to 39 times	2	0.10%
F.	40 or more times	7	0.36%
TOTALS		1,951	100.00%

Q -50 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	1651	84.97%
B.	1 or 2 times	157	8.08%
C.	3 to 9 times	63	3.24%
D.	10 to 19 times	29	1.49%
E.	20 to 39 times	14	0.72%
F.	40 or more times	29	1.49%
TOTALS		1,943	100.00%

Q -51 During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	1932	98.98%
B.	1 or 2 times	12	0.61%
C.	3 to 9 times	2	0.10%
D.	10 to 19 times	2	0.10%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.20%
TOTALS		1,952	100.00%

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Q -52 During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	1921	98.46%
B.	1 or 2 times	21	1.08%
C.	3 to 9 times	4	0.21%
D.	10 to 19 times	1	0.05%
E.	20 to 39 times	1	0.05%
F.	40 or more times	3	0.15%
TOTALS		1,951	100.00%

Q -53 During your life, how many times have you used ecstasy (also called MDMA or Molly)?

A.	0 times	1867	97.14%
B.	1 or 2 times	36	1.87%
C.	3 to 9 times	7	0.36%
D.	10 to 19 times	6	0.31%
E.	20 to 39 times	2	0.10%
F.	40 or more times	4	0.21%
TOTALS		1,922	100.00%

Q -54 During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	1923	98.46%
B.	1 time	22	1.13%
C.	2 or more times	8	0.41%
TOTALS		1,953	100.00%

Q -55 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	409	20.96%
B.	No	1542	79.04%
TOTALS		1,951	100.00%

Q -56 Have you ever had sexual intercourse?

A.	Yes	389	20.16%
B.	No	1541	79.84%
TOTALS		1,930	100.00%

Q -57 How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	1625	83.85%
B.	11 years old or younger	128	6.60%
C.	12 years old	71	3.66%
D.	13 years old	86	4.44%
E.	14 years old	25	1.29%
F.	15 years old or older	3	0.15%
TOTALS		1,938	100.00%

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Q -58 During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	1639	84.44%
B.	1 person	168	8.66%
C.	2 people	47	2.42%
D.	3 people	40	2.06%
E.	4 people	16	0.82%
F.	5 people	5	0.26%
G.	6 or more people	26	1.34%
TOTALS		1,941	100.00%

Q -59 During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	1642	84.77%
B.	I have had sexual intercourse, but not during the past 3 months	177	9.14%
C.	1 person	75	3.87%
D.	2 people	20	1.03%
E.	3 people	7	0.36%
F.	4 people	8	0.41%
G.	5 people	3	0.15%
H.	6 or more people	5	0.26%
TOTALS		1,937	100.00%

Q -60 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	1569	80.88%
B.	Yes	86	4.43%
C.	No	285	14.69%
TOTALS		1,940	100.00%

Q -61 The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	1595	82.26%
B.	Yes	144	7.43%
C.	No	200	10.31%
TOTALS		1,939	100.00%

Q -62 How do you describe your weight?

A.	Very underweight	118	6.10%
B.	Slightly underweight	299	15.45%
C.	About the right weight	871	45.01%
D.	Slightly overweight	547	28.27%
E.	Very overweight	100	5.17%
TOTALS		1,935	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -63 Which of the following are you trying to do about your weight?

A.	Lose weight	976	50.21%
B.	Gain weight	242	12.45%
C.	Stay the same weight	332	17.08%
D.	I am not trying to do anything about my weight	394	20.27%
TOTALS		1,944	100.00%

Q -64 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	667	34.28%
B.	1 to 3 times during the past 7 days	750	38.54%
C.	4 to 6 times during the past 7 days	240	12.33%
D.	1 time per day	97	4.98%
E.	2 times per day	81	4.16%
F.	3 times per day	31	1.59%
G.	4 or more times per day	80	4.11%
TOTALS		1,946	100.00%

Q -65 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	260	13.42%
B.	1 to 3 times during the past 7 days	657	33.92%
C.	4 to 6 times during the past 7 days	416	21.48%
D.	1 time per day	182	9.40%
E.	2 times per day	176	9.09%
F.	3 times per day	96	4.96%
G.	4 or more times per day	150	7.74%
TOTALS		1,937	100.00%

Q -66 During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	830	42.63%
B.	1 to 3 times during the past 7 days	717	36.83%
C.	4 to 6 times during the past 7 days	197	10.12%
D.	1 time per day	111	5.70%
E.	2 times per day	51	2.62%
F.	3 times per day	12	0.62%
G.	4 or more times per day	29	1.49%
TOTALS		1,947	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -67 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	865	44.66%
B.	1 to 3 times during the past 7 days	818	42.23%
C.	4 to 6 times during the past 7 days	149	7.69%
D.	1 time per day	48	2.48%
E.	2 times per day	21	1.08%
F.	3 times per day	12	0.62%
G.	4 or more times per day	24	1.24%
TOTALS		1,937	100.00%

Q -68 During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	909	46.76%
B.	1 to 3 times during the past 7 days	693	35.65%
C.	4 to 6 times during the past 7 days	171	8.80%
D.	1 time per day	70	3.60%
E.	2 times per day	35	1.80%
F.	3 times per day	13	0.67%
G.	4 or more times per day	53	2.73%
TOTALS		1,944	100.00%

Q -69 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	456	23.44%
B.	1 to 3 times during the past 7 days	749	38.51%
C.	4 to 6 times during the past 7 days	370	19.02%
D.	1 time per day	159	8.17%
E.	2 times per day	82	4.22%
F.	3 times per day	54	2.78%
G.	4 or more times per day	75	3.86%
TOTALS		1,945	100.00%

Q -70 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	525	27.13%
B.	1 to 3 times during the past 7 days	858	44.34%
C.	4 to 6 times during the past 7 days	261	13.49%
D.	1 time per day	108	5.58%
E.	2 times per day	100	5.17%
F.	3 times per day	31	1.60%
G.	4 or more times per day	52	2.69%
TOTALS		1,935	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -71 During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	877	45.61%
B.	1 to 3 times during the past 7 days	649	33.75%
C.	4 to 6 times during the past 7 days	184	9.57%
D.	1 time per day	93	4.84%
E.	2 times per day	51	2.65%
F.	3 times per day	26	1.35%
G.	4 or more times per day	43	2.24%
TOTALS		1,923	100.00%

Q -72 During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	446	23.05%
B.	1 to 3 glasses during the past 7 days	554	28.63%
C.	4 to 6 glasses during the past 7 days	340	17.57%
D.	1 glass per day	230	11.89%
E.	2 glasses per day	173	8.94%
F.	3 glasses per day	91	4.70%
G.	4 or more glasses per day	101	5.22%
TOTALS		1,935	100.00%

Q -73 During the past 7 days, on how many days did you eat breakfast?

A.	0 days	340	17.61%
B.	1 day	200	10.36%
C.	2 days	178	9.22%
D.	3 days	161	8.34%
E.	4 days	141	7.30%
F.	5 days	147	7.61%
G.	6 days	106	5.49%
H.	7 days	658	34.08%
TOTALS		1,931	100.00%

Q -74 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	217	11.22%
B.	1 day	160	8.27%
C.	2 days	201	10.39%
D.	3 days	211	10.91%
E.	4 days	208	10.75%
F.	5 days	257	13.29%
G.	6 days	120	6.20%
H.	7 days	560	28.96%
TOTALS		1,934	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -75 On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	165	8.52%
B.	1 hour per day	148	7.64%
C.	2 hours per day	337	17.41%
D.	3 hours per day	329	16.99%
E.	4 hours per day	288	14.88%
F.	5 or more hours per day	669	34.56%
TOTALS		1,936	100.00%

Q -76 In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	357	18.81%
B.	1 day	115	6.06%
C.	2 days	343	18.07%
D.	3 days	336	17.70%
E.	4 days	239	12.59%
F.	5 days	508	26.77%
TOTALS		1,898	100.00%

Q -77 During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	792	41.64%
B.	1 team	418	21.98%
C.	2 teams	367	19.30%
D.	3 or more teams	325	17.09%
TOTALS		1,902	100.00%

Q -78 During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	1487	76.37%
B.	1 time	233	11.97%
C.	2 times	102	5.24%
D.	3 times	29	1.49%
E.	4 or more times	96	4.93%
TOTALS		1,947	100.00%

Q -79 Has a doctor or nurse ever told you that you have asthma?

A.	Yes	412	21.27%
B.	No	1233	63.66%
C.	Not sure	292	15.07%
TOTALS		1,937	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -80 Do you still have asthma?

A.	I have never had asthma	1053	54.31%
B.	Yes	286	14.75%
C.	No	270	13.92%
D.	Not sure	330	17.02%
TOTALS		1,939	100.00%

Q -81 During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	1390	71.58%
B.	0 days	493	25.39%
C.	1 day	33	1.70%
D.	2 days	12	0.62%
E.	3 days	7	0.36%
F.	4 days	2	0.10%
G.	5 or more days	5	0.26%
TOTALS		1,942	100.00%

Q -82 When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	1355	69.77%
B.	Between 12 and 24 months ago	205	10.56%
C.	More than 24 months ago	76	3.91%
D.	Never	41	2.11%
E.	Not sure	265	13.65%
TOTALS		1,942	100.00%

Q -83 During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	432	22.37%
B.	Rarely	360	18.64%
C.	Sometimes	450	23.30%
D.	Most of the time	434	22.48%
E.	Always	255	13.21%
TOTALS		1,931	100.00%

Q -84 On an average school night, how many hours of sleep do you get?

A.	4 or less hours	290	15.10%
B.	5 hours	203	10.57%
C.	6 hours	312	16.25%
D.	7 hours	385	20.05%
E.	8 hours	408	21.25%
F.	9 hours	203	10.57%
G.	10 or more hours	119	6.20%
TOTALS		1,920	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -85 During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	1846	95.20%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	44	2.27%
C.	In a shelter or emergency housing	10	0.52%
D.	In a motel or hotel	5	0.26%
E.	In a car, park, campground, or other public place	8	0.41%
F.	I do not have a usual place to sleep	10	0.52%
G.	Somewhere else	16	0.83%
TOTALS		1,939	100.00%

Q -86 During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	130	6.77%
B.	No	1791	93.23%
TOTALS		1,921	100.00%

Q -87 During the past 30 days, how often did you go hungry because there was not enough food in your home?

A.	Never	1428	73.27%
B.	Rarely	307	15.75%
C.	Sometimes	151	7.75%
D.	Most of the time	43	2.21%
E.	Always	20	1.03%
TOTALS		1,949	100.00%

Q -88 During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	555	29.12%
B.	Mostly B's	593	31.11%
C.	Mostly C's	309	16.21%
D.	Mostly D's	104	5.46%
E.	Mostly F's	98	5.14%
F.	None of these grades	32	1.68%
G.	Not sure	215	11.28%
TOTALS		1,906	100.00%

Q -89 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	1829	95.91%
B.	1 or 2 times	39	2.05%
C.	3 to 9 times	24	1.26%
D.	10 to 19 times	8	0.42%
E.	20 to 39 times	3	0.16%
F.	40 or more times	4	0.21%
TOTALS		1,907	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -90 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	1958	100.00%
B.	No	0	0.00%
	TOTALS	1,958	100.00%