

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 10,209 middle school students in Montana during February of 2021. Frequency distributions may not total 10,209 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	10	0.10%
B.	11 years old	26	0.26%
C.	12 years old	1,935	18.98%
D.	13 years old	5,062	49.65%
E.	14 years old	3,028	29.70%
F.	15 years old	129	1.27%
G.	16 years old or older	5	0.05%
TOTALS		10,195	100.00%
Q-2. What is your sex?			
A.	Female	4,914	48.51%
B.	Male	5,216	51.49%
TOTALS		10,130	100.00%
Q-3. In what grade are you?			
A.	7th grade	5,061	50.16%
B.	8th grade	5,029	49.84%
TOTALS		10,090	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	950	9.56%
B.	No	8,984	90.44%
TOTALS		9,934	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	1,749	16.20%
B.	Asian	292	2.71%
C.	Black or African American	302	2.80%
D.	Native Hawaiian or Other Pacific Islander	188	1.74%
E.	White	8,263	76.55%
TOTALS		10,794	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	209	2.07%
B.	Rarely	450	4.47%
C.	Sometimes	1,029	10.21%
D.	Most of the time	3,486	34.59%
E.	Always	4,904	48.66%
TOTALS		10,078	100.00%

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Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	7,917	78.96%
B.	1 time	764	7.62%
C.	2 or 3 times	608	6.06%
D.	4 or 5 times	167	1.67%
E.	6 or more times	570	5.69%
TOTALS		10,026	100.00%

Q-8. How often do you wear a seat belt when driving a car?

A.	I do not drive a car	7,176	71.35%
B.	Never	137	1.36%
C.	Rarely	196	1.95%
D.	Sometimes	274	2.72%
E.	Most of the time	585	5.82%
F.	Always	1,690	16.80%
TOTALS		10,058	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	9,682	95.22%
B.	1 day	177	1.74%
C.	2 or 3 days	100	0.98%
D.	4 or 5 days	55	0.54%
E.	6 or more days	154	1.51%
TOTALS		10,168	100.00%

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	9,421	92.63%
B.	1 day	249	2.45%
C.	2 or 3 days	211	2.07%
D.	4 or 5 days	69	0.68%
E.	6 or more days	221	2.17%
TOTALS		10,171	100.00%

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	9,177	90.44%
B.	1 day	511	5.04%
C.	2 or 3 days	263	2.59%
D.	4 or 5 days	83	0.82%
E.	6 or more days	113	1.11%
TOTALS		10,147	100.00%

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Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	9,443	92.67%
B.	1 time	383	3.76%
C.	2 or 3 times	213	2.09%
D.	4 or 5 times	51	0.50%
E.	6 or 7 times	35	0.34%
F.	8 or 9 times	11	0.11%
G.	10 or 11 times	3	0.03%
H.	12 or more times	51	0.50%
TOTALS		10,190	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	7,014	69.02%
B.	1 time	1,475	14.51%
C.	2 or 3 times	979	9.63%
D.	4 or 5 times	301	2.96%
E.	6 or 7 times	115	1.13%
F.	8 or 9 times	64	0.63%
G.	10 or 11 times	40	0.39%
H.	12 or more times	174	1.71%
TOTALS		10,162	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	8,911	87.89%
B.	1 time	870	8.58%
C.	2 or 3 times	262	2.58%
D.	4 or 5 times	53	0.52%
E.	6 or 7 times	10	0.10%
F.	8 or 9 times	10	0.10%
G.	10 or 11 times	8	0.08%
H.	12 or more times	15	0.15%
TOTALS		10,139	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	702	6.91%
B.	No	9,450	93.09%
TOTALS		10,152	100.00%

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Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	9,419	92.62%
B.	1 time	440	4.33%
C.	2 or 3 times	196	1.93%
D.	4 or 5 times	52	0.51%
E.	6 or more times	62	0.61%
TOTALS		10,169	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	5,936	58.64%
B.	0 times	3,863	38.16%
C.	1 time	178	1.76%
D.	2 or 3 times	98	0.97%
E.	4 or 5 times	24	0.24%
F.	6 or more times	23	0.23%
TOTALS		10,122	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	5,922	58.29%
B.	0 times	4,014	39.51%
C.	1 time	116	1.14%
D.	2 or 3 times	66	0.65%
E.	4 or 5 times	13	0.13%
F.	6 or more times	28	0.28%
TOTALS		10,159	100.00%

Q-19. During the past 12 months, have you ever been bullied on school property?

A.	Yes	2,678	26.35%
B.	No	7,486	73.65%
TOTALS		10,164	100.00%

Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	2,150	21.19%
B.	No	7,994	78.81%
TOTALS		10,144	100.00%

Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	2,071	20.35%
B.	No	8,104	79.65%
TOTALS		10,175	100.00%

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Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	3,665	36.07%
B.	No	6,496	63.93%
TOTALS		10,161	100.00%

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	2,100	20.78%
B.	No	8,008	79.22%
TOTALS		10,108	100.00%

Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	1,856	18.30%
B.	No	8,284	81.70%
TOTALS		10,140	100.00%

Q-25. During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	8,764	86.46%
B.	1 time	868	8.56%
C.	2 or 3 times	338	3.33%
D.	4 or 5 times	87	0.86%
E.	6 or more times	80	0.79%
TOTALS		10,137	100.00%

Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	8,378	83.07%
B.	Yes	382	3.79%
C.	No	1,326	13.15%
TOTALS		10,086	100.00%

Q-27. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	1,747	17.21%
B.	No	8,407	82.79%
TOTALS		10,154	100.00%

Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	8,478	83.44%
B.	8 years old or younger	345	3.40%
C.	9 or 10 years old	323	3.18%
D.	11 or 12 years old	630	6.20%
E.	13 or 14 years old	375	3.69%
F.	15 years old or older	9	0.09%
TOTALS		10,160	100.00%

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Q-29. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	9,643	95.63%
B.	1 or 2 days	252	2.50%
C.	3 to 5 days	70	0.69%
D.	6 to 9 days	42	0.42%
E.	10 to 19 days	33	0.33%
F.	20 to 29 days	18	0.18%
G.	All 30 days	26	0.26%
TOTALS		10,084	100.00%

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	9,717	95.68%
B.	Less than 1 cigarette per day	239	2.35%
C.	1 cigarette per day	94	0.93%
D.	2 to 5 cigarettes per day	82	0.81%
E.	6 to 10 cigarettes per day	12	0.12%
F.	11 to 20 cigarettes per day	4	0.04%
G.	More than 20 cigarettes per day	8	0.08%
TOTALS		10,156	100.00%

Q-31. Have you ever used an electronic vapor product?

A.	Yes	2,435	24.01%
B.	No	7,707	75.99%
TOTALS		10,142	100.00%

Q-32. During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	8,953	88.51%
B.	1 or 2 days	571	5.65%
C.	3 to 5 days	187	1.85%
D.	6 to 9 days	104	1.03%
E.	10 to 19 days	123	1.22%
F.	20 to 29 days	75	0.74%
G.	All 30 days	101	1.00%
TOTALS		10,115	100.00%

Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	9,809	96.61%
B.	1 or 2 days	191	1.88%
C.	3 to 5 days	57	0.56%
D.	6 to 9 days	43	0.42%
E.	10 to 19 days	23	0.23%
F.	20 to 29 days	11	0.11%
G.	All 30 days	19	0.19%
TOTALS		10,153	100.00%

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Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	8,973	88.68%
B.	I got or bought them from a friend, family member, or someone else	740	7.31%
C.	I bought them myself in a vape shop or tobacco shop	11	0.11%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	5	0.05%
E.	I bought them myself at a mall or shopping center kiosk or stand	6	0.06%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	29	0.29%
G.	I took them from a store or another person	50	0.49%
H.	I got them in some other way	304	3.00%
TOTALS		10,118	100.00%

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	8,852	89.05%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	26	0.26%
C.	Chocolate, candy, desserts, or other sweets	129	1.30%
D.	Fruit	537	5.40%
E.	Menthol	134	1.35%
F.	Mint	87	0.88%
G.	Tobacco	37	0.37%
H.	Some other flavor	138	1.39%
TOTALS		9,940	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	9,947	98.06%
B.	1 or 2 days	99	0.98%
C.	3 to 5 days	29	0.29%
D.	6 to 9 days	29	0.29%
E.	10 to 19 days	17	0.17%
F.	20 to 29 days	10	0.10%
G.	All 30 days	13	0.13%
TOTALS		10,144	100.00%

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	9,950	98.15%
B.	1 or 2 days	120	1.18%
C.	3 to 5 days	27	0.27%
D.	6 to 9 days	20	0.20%
E.	10 to 19 days	6	0.06%
F.	20 to 29 days	2	0.02%
G.	All 30 days	13	0.13%
TOTALS		10,138	100.00%

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Q-38. During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	8,509	84.26%
B.	Yes	969	9.60%
C.	No	621	6.15%
TOTALS		10,099	100.00%

Q-39. How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	6,860	68.06%
B.	8 years old or younger	846	8.39%
C.	9 or 10 years old	632	6.27%
D.	11 or 12 years old	1,002	9.94%
E.	13 or 14 years old	731	7.25%
F.	15 years old or older	9	0.09%
TOTALS		10,080	100.00%

Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	8,813	87.10%
B.	1 or 2 days	848	8.38%
C.	3 to 5 days	240	2.37%
D.	6 to 9 days	96	0.95%
E.	10 to 19 days	74	0.73%
F.	20 to 29 days	25	0.25%
G.	All 30 days	22	0.22%
TOTALS		10,118	100.00%

Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	9,501	94.30%
B.	1 day	252	2.50%
C.	2 days	143	1.42%
D.	3 to 5 days	94	0.93%
E.	6 to 9 days	39	0.39%
F.	10 to 19 days	21	0.21%
G.	20 or more days	25	0.25%
TOTALS		10,075	100.00%

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Q-42. During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	8,847	87.59%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	26	0.26%
C.	I bought it at a restaurant, bar, or club	7	0.07%
D.	I bought it at a public event such as a concert or sporting event	5	0.05%
E.	I gave someone else money to buy it for me	97	0.96%
F.	Someone gave it to me	464	4.59%
G.	I took it from a store or family member	296	2.93%
H.	I got it some other way	358	3.54%
TOTALS		10,100	100.00%

Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	8,769	87.19%
B.	Beer	357	3.55%
C.	Wine	115	1.14%
D.	Vodka	195	1.94%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	235	2.34%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	313	3.11%
G.	Some other type of alcohol	73	0.73%
TOTALS		10,057	100.00%

Q-44. During your life, how many times have you used marijuana?

A.	0 times	8,636	86.38%
B.	1 or 2 times	489	4.89%
C.	3 to 9 times	275	2.75%
D.	10 to 19 times	138	1.38%
E.	20 to 39 times	126	1.26%
F.	40 to 99 times	117	1.17%
G.	100 or more times	217	2.17%
TOTALS		9,998	100.00%

Q-45. How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	8,733	86.30%
B.	8 years old or younger	134	1.32%
C.	9 or 10 years old	238	2.35%
D.	11 or 12 years old	573	5.66%
E.	13 or 14 years old	434	4.29%
F.	15 years old or older	7	0.07%
TOTALS		10,119	100.00%

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Q-46. During the past 30 days, how many times did you use marijuana?

A.	0 times	9,413	93.14%
B.	1 or 2 times	279	2.76%
C.	3 to 9 times	157	1.55%
D.	10 to 19 times	95	0.94%
E.	20 to 39 times	74	0.73%
F.	40 or more times	88	0.87%
TOTALS		10,106	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?

A.	0 times	9,732	96.75%
B.	1 or 2 times	161	1.60%
C.	3 to 9 times	88	0.87%
D.	10 to 19 times	21	0.21%
E.	20 to 39 times	20	0.20%
F.	40 or more times	37	0.37%
TOTALS		10,059	100.00%

Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	9,045	89.47%
B.	1 or 2 times	600	5.93%
C.	3 to 9 times	257	2.54%
D.	10 to 19 times	98	0.97%
E.	20 to 39 times	42	0.42%
F.	40 or more times	68	0.67%
TOTALS		10,110	100.00%

Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	9,963	98.51%
B.	1 or 2 times	88	0.87%
C.	3 to 9 times	25	0.25%
D.	10 to 19 times	11	0.11%
E.	20 to 39 times	9	0.09%
F.	40 or more times	18	0.18%
TOTALS		10,114	100.00%

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Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	9,092	90.23%
B.	1 or 2 times	549	5.45%
C.	3 to 9 times	203	2.01%
D.	10 to 19 times	101	1.00%
E.	20 to 39 times	47	0.47%
F.	40 or more times	85	0.84%
TOTALS		10,077	100.00%

Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	10,061	99.40%
B.	1 or 2 times	37	0.37%
C.	3 to 9 times	6	0.06%
D.	10 to 19 times	4	0.04%
E.	20 to 39 times	3	0.03%
F.	40 or more times	11	0.11%
TOTALS		10,122	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	10,029	99.17%
B.	1 or 2 times	54	0.53%
C.	3 to 9 times	12	0.12%
D.	10 to 19 times	5	0.05%
E.	20 to 39 times	5	0.05%
F.	40 or more times	8	0.08%
TOTALS		10,113	100.00%

Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?

A.	0 times	9,819	98.36%
B.	1 or 2 times	105	1.05%
C.	3 to 9 times	30	0.30%
D.	10 to 19 times	11	0.11%
E.	20 to 39 times	5	0.05%
F.	40 or more times	13	0.13%
TOTALS		9,983	100.00%

Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	10,024	99.15%
B.	1 time	62	0.61%
C.	2 or more times	24	0.24%
TOTALS		10,110	100.00%

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Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	1,626	16.12%
B.	No	8,463	83.88%
TOTALS		10,089	100.00%

Q-56. Have you ever had sexual intercourse?

A.	Yes	1,290	12.87%
B.	No	8,730	87.13%
TOTALS		10,020	100.00%

Q-57. How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	9,097	90.33%
B.	11 years old or younger	365	3.62%
C.	12 years old	190	1.89%
D.	13 years old	285	2.83%
E.	14 years old	120	1.19%
F.	15 years old or older	14	0.14%
TOTALS		10,071	100.00%

Q-58. During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	9,160	90.91%
B.	1 person	537	5.33%
C.	2 people	171	1.70%
D.	3 people	92	0.91%
E.	4 people	46	0.46%
F.	5 people	13	0.13%
G.	6 or more people	57	0.57%
TOTALS		10,076	100.00%

Q-59. During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	9,145	90.94%
B.	I have had sexual intercourse, but not during the past 3 months	523	5.20%
C.	1 person	283	2.81%
D.	2 people	51	0.51%
E.	3 people	19	0.19%
F.	4 people	13	0.13%
G.	5 people	3	0.03%
H.	6 or more people	19	0.19%
TOTALS		10,056	100.00%

Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	8,891	88.38%
B.	Yes	271	2.69%
C.	No	898	8.93%
TOTALS		10,060	100.00%

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Q-61. The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	8,994	89.72%
B.	Yes	470	4.69%
C.	No	560	5.59%
TOTALS		10,024	100.00%

Q-62. How do you describe your weight?

A.	Very underweight	385	3.85%
B.	Slightly underweight	1,589	15.88%
C.	About the right weight	5,243	52.41%
D.	Slightly overweight	2,425	24.24%
E.	Very overweight	362	3.62%
TOTALS		10,004	100.00%

Q-63. Which of the following are you trying to do about your weight?

A.	Lose weight	4,210	41.90%
B.	Gain weight	1,281	12.75%
C.	Stay the same weight	1,862	18.53%
D.	I am not trying to do anything about my weight	2,695	26.82%
TOTALS		10,048	100.00%

Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	3,527	35.15%
B.	1 to 3 times during the past 7 days	4,129	41.15%
C.	4 to 6 times during the past 7 days	1,237	12.33%
D.	1 time per day	423	4.22%
E.	2 times per day	347	3.46%
F.	3 times per day	121	1.21%
G.	4 or more times per day	251	2.50%
TOTALS		10,035	100.00%

Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	1,037	10.37%
B.	1 to 3 times during the past 7 days	3,331	33.30%
C.	4 to 6 times during the past 7 days	2,359	23.58%
D.	1 time per day	1,039	10.39%
E.	2 times per day	1,153	11.53%
F.	3 times per day	508	5.08%
G.	4 or more times per day	577	5.77%
TOTALS		10,004	100.00%

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Q-66. During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	4,041	40.23%
B.	1 to 3 times during the past 7 days	4,139	41.21%
C.	4 to 6 times during the past 7 days	993	9.89%
D.	1 time per day	552	5.50%
E.	2 times per day	183	1.82%
F.	3 times per day	37	0.37%
G.	4 or more times per day	99	0.99%
TOTALS		10,044	100.00%

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	4,222	42.19%
B.	1 to 3 times during the past 7 days	4,679	46.76%
C.	4 to 6 times during the past 7 days	722	7.21%
D.	1 time per day	213	2.13%
E.	2 times per day	67	0.67%
F.	3 times per day	27	0.27%
G.	4 or more times per day	77	0.77%
TOTALS		10,007	100.00%

Q-68. During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	4,353	43.49%
B.	1 to 3 times during the past 7 days	3,880	38.77%
C.	4 to 6 times during the past 7 days	1,007	10.06%
D.	1 time per day	383	3.83%
E.	2 times per day	170	1.70%
F.	3 times per day	56	0.56%
G.	4 or more times per day	160	1.60%
TOTALS		10,009	100.00%

Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	1,893	18.91%
B.	1 to 3 times during the past 7 days	3,913	39.08%
C.	4 to 6 times during the past 7 days	2,094	20.91%
D.	1 time per day	925	9.24%
E.	2 times per day	645	6.44%
F.	3 times per day	251	2.51%
G.	4 or more times per day	291	2.91%
TOTALS		10,012	100.00%

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Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	2,916	29.21%
B.	1 to 3 times during the past 7 days	4,737	47.45%
C.	4 to 6 times during the past 7 days	1,260	12.62%
D.	1 time per day	463	4.64%
E.	2 times per day	310	3.11%
F.	3 times per day	127	1.27%
G.	4 or more times per day	170	1.70%
TOTALS		9,983	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	4,842	48.81%
B.	1 to 3 times during the past 7 days	3,266	32.92%
C.	4 to 6 times during the past 7 days	947	9.55%
D.	1 time per day	390	3.93%
E.	2 times per day	214	2.16%
F.	3 times per day	98	0.99%
G.	4 or more times per day	164	1.65%
TOTALS		9,921	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	1,947	19.56%
B.	1 to 3 glasses during the past 7 days	2,712	27.25%
C.	4 to 6 glasses during the past 7 days	1,832	18.41%
D.	1 glass per day	1,258	12.64%
E.	2 glasses per day	1,116	11.21%
F.	3 glasses per day	540	5.43%
G.	4 or more glasses per day	547	5.50%
TOTALS		9,952	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	1,365	13.79%
B.	1 day	833	8.42%
C.	2 days	834	8.43%
D.	3 days	781	7.89%
E.	4 days	738	7.46%
F.	5 days	807	8.15%
G.	6 days	686	6.93%
H.	7 days	3,854	38.94%
TOTALS		9,898	100.00%

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Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	822	8.29%
B.	1 day	616	6.21%
C.	2 days	842	8.49%
D.	3 days	1,060	10.69%
E.	4 days	1,216	12.26%
F.	5 days	1,507	15.20%
G.	6 days	855	8.62%
H.	7 days	2,997	30.23%
TOTALS		9,915	100.00%

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	740	7.51%
B.	1 hour per day	882	8.95%
C.	2 hours per day	1,931	19.60%
D.	3 hours per day	2,041	20.72%
E.	4 hours per day	1,557	15.81%
F.	5 or more hours per day	2,700	27.41%
TOTALS		9,851	100.00%

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	1,660	17.00%
B.	1 day	446	4.57%
C.	2 days	1,780	18.23%
D.	3 days	2,004	20.52%
E.	4 days	1,084	11.10%
F.	5 days	2,790	28.57%
TOTALS		9,764	100.00%

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	3,363	34.37%
B.	1 team	2,248	22.97%
C.	2 teams	1,980	20.23%
D.	3 or more teams	2,195	22.43%
TOTALS		9,786	100.00%

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Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	8,273	83.39%
B.	1 time	975	9.83%
C.	2 times	351	3.54%
D.	3 times	97	0.98%
E.	4 or more times	225	2.27%
TOTALS		9,921	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	1,679	17.00%
B.	No	7,118	72.06%
C.	Not sure	1,081	10.94%
TOTALS		9,878	100.00%

Q-80. Do you still have asthma?

A.	I have never had asthma	6,232	63.10%
B.	Yes	1,135	11.49%
C.	No	1,264	12.80%
D.	Not sure	1,245	12.61%
TOTALS		9,876	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	7,691	77.75%
B.	0 days	2,016	20.38%
C.	1 day	92	0.93%
D.	2 days	37	0.37%
E.	3 days	21	0.21%
F.	4 days	6	0.06%
G.	5 or more days	29	0.29%
TOTALS		9,892	100.00%

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	7,460	75.49%
B.	Between 12 and 24 months ago	946	9.57%
C.	More than 24 months ago	332	3.36%
D.	Never	128	1.30%
E.	Not sure	1,016	10.28%
TOTALS		9,882	100.00%

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Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	2,688	27.38%
B.	Rarely	2,290	23.33%
C.	Sometimes	2,321	23.65%
D.	Most of the time	1,682	17.14%
E.	Always	835	8.51%
TOTALS		9,816	100.00%

Q-84. On an average school night, how many hours of sleep do you get?

A.	4 or less hours	1,010	10.32%
B.	5 hours	880	8.99%
C.	6 hours	1,426	14.57%
D.	7 hours	2,173	22.20%
E.	8 hours	2,515	25.69%
F.	9 hours	1,304	13.32%
G.	10 or more hours	480	4.90%
TOTALS		9,788	100.00%

Q-85. During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	9,537	96.91%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	156	1.59%
C.	In a shelter or emergency housing	22	0.22%
D.	In a motel or hotel	16	0.16%
E.	In a car, park, campground, or other public place	16	0.16%
F.	I do not have a usual place to sleep	29	0.29%
G.	Somewhere else	63	0.64%
TOTALS		9,841	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	344	3.51%
B.	No	9,456	96.49%
TOTALS		9,800	100.00%

Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?

A.	Never	8,088	82.16%
B.	Rarely	1,146	11.64%
C.	Sometimes	457	4.64%
D.	Most of the time	103	1.05%
E.	Always	50	0.51%
TOTALS		9,844	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-88. During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	4,411	45.45%
B.	Mostly B's	2,751	28.35%
C.	Mostly C's	1,087	11.20%
D.	Mostly D's	299	3.08%
E.	Mostly F's	318	3.28%
F.	None of these grades	98	1.01%
G.	Not sure	741	7.64%
TOTALS		9,705	100.00%

Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	9,550	97.67%
B.	1 or 2 times	144	1.47%
C.	3 to 9 times	49	0.50%
D.	10 to 19 times	21	0.21%
E.	20 to 39 times	6	0.06%
F.	40 or more times	8	0.08%
TOTALS		9,778	100.00%

Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	1,958	20.03%
B.	No	7,819	79.97%
TOTALS		9,777	100.00%