

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS FOR AMERICAN INDIAN STUDENTS ON OR NEAR A RESERVATION

The following frequency distributions are based upon surveys with 861 high school American Indian students who live on or near a Reservation in Montana during February 2021. Frequency distributions may not total 861 due to nonresponses and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q -1 How old are you?			
A.	12 years old or younger	1	0.12%
B.	13 years old	2	0.23%
C.	14 years old	109	12.66%
D.	15 years old	228	26.48%
E.	16 years old	240	27.87%
F.	17 years old	185	21.49%
G.	18 years old or older	96	11.15%
	TOTALS	861	100.00%
Q -2 What is your sex?			
A.	Female	396	46.21%
B.	Male	461	53.79%
	TOTALS	857	100.00%
Q -3 In what grade are you?			
A.	9th grade	269	31.54%
B.	10th grade	230	26.96%
C.	11th grade	210	24.62%
D.	12th grade	141	16.53%
E.	Ungraded or other grade	3	0.35%
	TOTALS	853	100.00%
Q -4 Are you Hispanic or Latino?			
A.	Yes	79	9.40%
B.	No	761	90.60%
	TOTALS	840	100.00%
Q -5 What is your race?			
A.	American Indian or Alaskan Native	861	84.83%
B.	Asian	6	0.59%
C.	Black or African American	14	1.38%
D.	Native Hawaiian or Other Pacific Islander	7	0.69%
E.	White	127	12.51%
	TOTALS	1,015	100.00%

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Q -6 How tall are you without your shoes on?

A.	Less than 4 ft	0	0.00%
B.	4ft to 4 ft, 6 in	2	0.24%
C.	4ft, 7in to 5 ft	16	1.90%
D.	5ft, 1in to 5ft, 6in	274	32.54%
E.	Over 5ft, 6in	550	65.32%
TOTALS		842	100.00%

Q -7 How much do you weigh without your shoes on?

A.	Less than 90 lbs	2	0.24%
B.	90-99 lbs	6	0.73%
C.	100-109 lbs	14	1.71%
D.	110-119lbs	42	5.12%
E.	120-129 lbs	80	9.76%
F.	130-139 lbs	94	11.46%
G.	140 lbs +	582	70.98%
TOTALS		820	100.00%

Q -8 How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	39	4.55%
B.	Rarely	77	8.98%
C.	Sometimes	156	18.20%
D.	Most of the time	333	38.86%
E.	Always	252	29.40%
TOTALS		857	100.00%

Q -9 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	639	74.82%
B.	1 time	59	6.91%
C.	2 or 3 times	66	7.73%
D.	4 or 5 times	23	2.69%
E.	6 or more times	67	7.85%
TOTALS		854	100.00%

Q -10 How often do you wear a seat belt when driving a car?

A.	I do not drive a car	168	19.60%
B.	Never	28	3.27%
C.	Rarely	59	6.88%
D.	Sometimes	85	9.92%
E.	Most of the time	174	20.30%
F.	Always	343	40.02%
TOTALS		857	100.00%

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Q -11 During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

A.	I did not drive a car or other vehicle during the past 30 days	256	29.80%
B.	0 times	539	62.75%
C.	1 time	30	3.49%
D.	2 or 3 times	19	2.21%
E.	4 or 5 times	7	0.81%
F.	6 or more times	8	0.93%
TOTALS		859	100.00%

Q -12 During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

A.	I did not drive a car or other vehicle during the past 30 days	226	26.43%
B.	0 days	304	35.56%
C.	1 or 2 days	120	14.04%
D.	3 to 5 days	57	6.67%
E.	6 to 9 days	32	3.74%
F.	10 to 19 days	40	4.68%
G.	20 to 29 days	17	1.99%
H.	All 30 days	59	6.90%
TOTALS		855	100.00%

Q -13 During the past 30 days, on how many days did you use the Internet or apps on your cell phone (such as YouTube, Instagram, or Facebook) while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)

A.	I did not drive a car or other vehicle during the past 30 days	220	25.76%
B.	0 days	296	34.66%
C.	1 or 2 days	108	12.65%
D.	3 to 5 days	52	6.09%
E.	6 to 9 days	33	3.86%
F.	10 to 19 days	31	3.63%
G.	20 to 29 days	26	3.04%
H.	All 30 days	88	10.30%
TOTALS		854	100.00%

Q -14 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	802	93.26%
B.	1 day	19	2.21%
C.	2 or 3 days	14	1.63%
D.	4 or 5 days	6	0.70%
E.	6 or more days	19	2.21%
TOTALS		860	100.00%

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Q -15 During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	779	90.90%
B.	1 day	28	3.27%
C.	2 or 3 days	17	1.98%
D.	4 or 5 days	7	0.82%
E.	6 or more days	26	3.03%
TOTALS		857	100.00%

Q -16 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	763	90.08%
B.	1 day	41	4.84%
C.	2 or 3 days	14	1.65%
D.	4 or 5 days	9	1.06%
E.	6 or more days	20	2.36%
TOTALS		847	100.00%

Q -17 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	816	94.99%
B.	1 time	19	2.21%
C.	2 or 3 times	10	1.16%
D.	4 or 5 times	5	0.58%
E.	6 or 7 times	3	0.35%
F.	8 or 9 times	1	0.12%
G.	10 or 11 times	0	0.00%
H.	12 or more times	5	0.58%
TOTALS		859	100.00%

Q -18 During the past 12 months, how many times were you in a physical fight?

A.	0 times	653	76.02%
B.	1 time	80	9.31%
C.	2 or 3 times	78	9.08%
D.	4 or 5 times	23	2.68%
E.	6 or 7 times	7	0.81%
F.	8 or 9 times	5	0.58%
G.	10 or 11 times	0	0.00%
H.	12 or more times	13	1.51%
TOTALS		859	100.00%

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Q -19 During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	797	93.43%
B.	1 time	31	3.63%
C.	2 or 3 times	17	1.99%
D.	4 or 5 times	4	0.47%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	1	0.12%
G.	10 or 11 times	1	0.12%
H.	12 or more times	2	0.23%
TOTALS		853	100.00%

Q -20 Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	129	15.11%
B.	No	725	84.89%
TOTALS		854	100.00%

Q -21 During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	756	88.11%
B.	1 time	64	7.46%
C.	2 or 3 times	27	3.15%
D.	4 or 5 times	6	0.70%
E.	6 or more times	5	0.58%
TOTALS		858	100.00%

Q -22 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	359	42.33%
B.	0 times	443	52.24%
C.	1 time	26	3.07%
D.	2 or 3 times	12	1.42%
E.	4 or 5 times	4	0.47%
F.	6 or more times	4	0.47%
TOTALS		848	100.00%

Q -23 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	353	41.14%
B.	0 times	452	52.68%
C.	1 time	26	3.03%
D.	2 or 3 times	15	1.75%
E.	4 or 5 times	3	0.35%
F.	6 or more times	9	1.05%
TOTALS		858	100.00%

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Q -24 During the past 12 months, have you ever been bullied on school property?

A.	Yes	129	15.07%
B.	No	727	84.93%
TOTALS		856	100.00%

Q -25 During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	132	15.44%
B.	No	723	84.56%
TOTALS		855	100.00%

Q -26 During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	111	12.97%
B.	No	745	87.03%
TOTALS		856	100.00%

Q -27 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	400	46.78%
B.	No	455	53.22%
TOTALS		855	100.00%

Q -28 During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	233	27.48%
B.	No	615	72.52%
TOTALS		848	100.00%

Q -29 During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	205	23.95%
B.	No	651	76.05%
TOTALS		856	100.00%

Q -30 During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	664	77.75%
B.	1 time	124	14.52%
C.	2 or 3 times	53	6.21%
D.	4 or 5 times	8	0.94%
E.	6 or more times	5	0.59%
TOTALS		854	100.00%

Q -31 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	622	74.05%
B.	Yes	55	6.55%
C.	No	163	19.40%
TOTALS		840	100.00%

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Q -32 Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	423	49.47%
B.	No	432	50.53%
TOTALS		855	100.00%

Q -33 How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	436	50.88%
B.	8 years old or younger	62	7.23%
C.	9 or 10 years old	63	7.35%
D.	11 or 12 years old	89	10.39%
E.	13 or 14 years old	103	12.02%
F.	15 or 16 years old	83	9.68%
G.	17 years old or older	21	2.45%
TOTALS		857	100.00%

Q -34 During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	680	79.72%
B.	1 or 2 days	60	7.03%
C.	3 to 5 days	30	3.52%
D.	6 to 9 days	27	3.17%
E.	10 to 19 days	18	2.11%
F.	20 to 29 days	9	1.06%
G.	All 30 days	29	3.40%
TOTALS		853	100.00%

Q -35 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	693	80.86%
B.	Less than 1 cigarette per day	62	7.23%
C.	1 cigarette per day	30	3.50%
D.	2 to 5 cigarettes per day	59	6.88%
E.	6 to 10 cigarettes per day	10	1.17%
F.	11 to 20 cigarettes per day	1	0.12%
G.	More than 20 cigarettes per day	2	0.23%
TOTALS		857	100.00%

Q -36 Have you ever used an electronic vapor product?

A.	Yes	473	55.32%
B.	No	382	44.68%
TOTALS		855	100.00%

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Q -37 During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	544	64.15%
B.	1 or 2 days	119	14.03%
C.	3 to 5 days	56	6.60%
D.	6 to 9 days	28	3.30%
E.	10 to 19 days	40	4.72%
F.	20 to 29 days	22	2.59%
G.	All 30 days	39	4.60%
TOTALS		848	100.00%

Q -38 During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	726	84.52%
B.	1 or 2 days	64	7.45%
C.	3 to 5 days	27	3.14%
D.	6 to 9 days	16	1.86%
E.	10 to 19 days	10	1.16%
F.	20 to 29 days	1	0.12%
G.	All 30 days	15	1.75%
TOTALS		859	100.00%

Q -39 During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	567	66.39%
B.	I got or bought them from a friend, family member, or someone else	187	21.90%
C.	I bought them myself in a vape shop or tobacco shop	7	0.82%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	10	1.17%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.12%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	5	0.59%
G.	I took them from a store or another person	7	0.82%
H.	I got them in some other way	70	8.20%
TOTALS		854	100.00%

Q -40 During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	548	64.62%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	6	0.71%
C.	Chocolate, candy, desserts, or other sweets	36	4.25%
D.	Fruit	126	14.86%
E.	Menthol	61	7.19%
F.	Mint	28	3.30%
G.	Tobacco	8	0.94%
H.	Some other flavor	35	4.13%
TOTALS		848	100.00%

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Q -41 During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	797	92.89%
B.	1 or 2 days	28	3.26%
C.	3 to 5 days	8	0.93%
D.	6 to 9 days	8	0.93%
E.	10 to 19 days	4	0.47%
F.	20 to 29 days	5	0.58%
G.	All 30 days	8	0.93%
TOTALS		858	100.00%

Q -42 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	774	90.63%
B.	1 or 2 days	43	5.04%
C.	3 to 5 days	18	2.11%
D.	6 to 9 days	8	0.94%
E.	10 to 19 days	3	0.35%
F.	20 to 29 days	3	0.35%
G.	All 30 days	5	0.59%
TOTALS		854	100.00%

Q -43 During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	514	60.90%
B.	Yes	218	25.83%
C.	No	112	13.27%
TOTALS		844	100.00%

Q -44 How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	388	45.43%
B.	8 years old or younger	51	5.97%
C.	9 or 10 years old	42	4.92%
D.	11 or 12 years old	63	7.38%
E.	13 or 14 years old	156	18.27%
F.	15 or 16 years old	129	15.11%
G.	17 years old or older	25	2.93%
TOTALS		854	100.00%

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Q -45 During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	635	74.36%
B.	1 or 2 days	89	10.42%
C.	3 to 5 days	68	7.96%
D.	6 to 9 days	28	3.28%
E.	10 to 19 days	22	2.58%
F.	20 to 29 days	5	0.59%
G.	All 30 days	7	0.82%
TOTALS		854	100.00%

Q -46 During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	682	80.42%
B.	1 day	57	6.72%
C.	2 days	37	4.36%
D.	3 to 5 days	45	5.31%
E.	6 to 9 days	16	1.89%
F.	10 to 19 days	8	0.94%
G.	20 or more days	3	0.35%
TOTALS		848	100.00%

Q -47 During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?

A.	I did not drink alcohol during the past 30 days	642	74.83%
B.	1 or 2 drinks	56	6.53%
C.	3 drinks	15	1.75%
D.	4 drinks	23	2.68%
E.	5 drinks	23	2.68%
F.	6 or 7 drinks	35	4.08%
G.	8 or 9 drinks	17	1.98%
H.	10 or more drinks	47	5.48%
TOTALS		858	100.00%

Q -48 During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	638	74.88%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	33	3.87%
C.	I bought it at a restaurant, bar, or club	4	0.47%
D.	I bought it at a public event such as a concert or sporting event	1	0.12%
E.	I gave someone else money to buy it for me	60	7.04%
F.	Someone gave it to me	64	7.51%
G.	I took it from a store or family member	12	1.41%
H.	I got it some other way	40	4.69%
TOTALS		852	100.00%

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Q -49 During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	634	75.57%
B.	Beer	65	7.75%
C.	Wine	10	1.19%
D.	Vodka	27	3.22%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	43	5.13%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	51	6.08%
G.	Some other type of alcohol	9	1.07%
TOTALS		839	100.00%

Q -50 During your life, how many times have you used marijuana?

A.	0 times	374	43.85%
B.	1 or 2 times	71	8.32%
C.	3 to 9 times	85	9.96%
D.	10 to 19 times	55	6.45%
E.	20 to 39 times	45	5.28%
F.	40 to 99 times	54	6.33%
G.	100 or more times	169	19.81%
TOTALS		853	100.00%

Q -51 How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	362	42.49%
B.	8 years old or younger	52	6.10%
C.	9 or 10 years old	60	7.04%
D.	11 or 12 years old	102	11.97%
E.	13 or 14 years old	179	21.01%
F.	15 or 16 years old	85	9.98%
G.	17 years old or older	12	1.41%
TOTALS		852	100.00%

Q -52 During the past 30 days, how many times did you use marijuana?

A.	0 times	571	67.02%
B.	1 or 2 times	66	7.75%
C.	3 to 9 times	56	6.57%
D.	10 to 19 times	38	4.46%
E.	20 to 39 times	39	4.58%
F.	40 or more times	82	9.62%
TOTALS		852	100.00%

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Q -53 During your life, how many times have you used synthetic marijuana?

A.	0 times	750	88.34%
B.	1 or 2 times	37	4.36%
C.	3 to 9 times	30	3.53%
D.	10 to 19 times	17	2.00%
E.	20 to 39 times	3	0.35%
F.	40 or more times	12	1.41%
TOTALS		849	100.00%

Q -54 During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	725	85.50%
B.	1 or 2 times	62	7.31%
C.	3 to 9 times	32	3.77%
D.	10 to 19 times	16	1.89%
E.	20 to 39 times	8	0.94%
F.	40 or more times	5	0.59%
TOTALS		848	100.00%

Q -55 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	800	94.79%
B.	1 or 2 times	33	3.91%
C.	3 to 9 times	7	0.83%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.47%
TOTALS		844	100.00%

Q -56 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	776	91.08%
B.	1 or 2 times	43	5.05%
C.	3 to 9 times	15	1.76%
D.	10 to 19 times	11	1.29%
E.	20 to 39 times	3	0.35%
F.	40 or more times	4	0.47%
TOTALS		852	100.00%

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Q -57 During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	833	98.00%
B.	1 or 2 times	4	0.47%
C.	3 to 9 times	7	0.82%
D.	10 to 19 times	3	0.35%
E.	20 to 39 times	1	0.12%
F.	40 or more times	2	0.24%
TOTALS		850	100.00%

Q -58 During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	816	96.57%
B.	1 or 2 times	18	2.13%
C.	3 to 9 times	4	0.47%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.12%
F.	40 or more times	6	0.71%
TOTALS		845	100.00%

Q -59 During your life, how many times have you used ecstasy (also called MDMA or Molly)?

A.	0 times	811	95.64%
B.	1 or 2 times	23	2.71%
C.	3 to 9 times	9	1.06%
D.	10 to 19 times	2	0.24%
E.	20 to 39 times	0	0.00%
F.	40 or more times	3	0.35%
TOTALS		848	100.00%

Q -60 During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	824	97.63%
B.	1 time	13	1.54%
C.	2 or more times	7	0.83%
TOTALS		844	100.00%

Q -61 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	191	22.79%
B.	No	647	77.21%
TOTALS		838	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -62 During the past 30 days, how many times did you use hallucinogenic drugs, such as LSD, acid, PCP, angel dust, mescaline, or mushrooms?

A.	0 times	792	93.62%
B.	1 or 2 times	34	4.02%
C.	3 to 9 times	15	1.77%
D.	10 to 19 times	2	0.24%
E.	20 to 30 times	1	0.12%
F.	40 or more times	2	0.24%
TOTALS		846	100.00%

Q -63 Have you ever had sexual intercourse?

A.	Yes	405	48.97%
B.	No	422	51.03%
TOTALS		827	100.00%

Q -64 How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	435	52.22%
B.	11 years old or younger	34	4.08%
C.	12 years old	22	2.64%
D.	13 years old	52	6.24%
E.	14 years old	98	11.76%
F.	15 years old	114	13.69%
G.	16 years old	56	6.72%
H.	17 years old or older	22	2.64%
TOTALS		833	100.00%

Q -65 During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	443	52.99%
B.	1 person	142	16.99%
C.	2 people	85	10.17%
D.	3 people	49	5.86%
E.	4 people	35	4.19%
F.	5 people	18	2.15%
G.	6 or more people	64	7.66%
TOTALS		836	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -66 During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	447	53.47%
B.	I have had sexual intercourse, but not during the past 3 months	137	16.39%
C.	1 person	191	22.85%
D.	2 people	34	4.07%
E.	3 people	11	1.32%
F.	4 people	5	0.60%
G.	5 people	3	0.36%
H.	6 or more people	8	0.96%
TOTALS		836	100.00%

Q -67 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	415	49.76%
B.	Yes	94	11.27%
C.	No	325	38.97%
TOTALS		834	100.00%

Q -68 The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	443	53.31%
B.	Yes	200	24.07%
C.	No	188	22.62%
TOTALS		831	100.00%

Q -69 The last time you had sexual intercourse with an opposite-sex partner, what one method did you or your partner use to prevent pregnancy? (Select only one response.)

A.	I have never had sexual intercourse with an opposite-sex partner	461	55.61%
B.	No method was used to prevent pregnancy	90	10.86%
C.	Birth control pills (Do not count emergency contraception such as Plan B or the "morning after" pill.)	63	7.60%
D.	Condoms	96	11.58%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	41	4.95%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	25	3.02%
G.	Withdrawal or some other method	22	2.65%
H.	Not sure	31	3.74%
TOTALS		829	100.00%

Q -70 How do you describe your weight?

A.	Very underweight	41	4.93%
B.	Slightly underweight	104	12.52%
C.	About the right weight	343	41.28%
D.	Slightly overweight	271	32.61%
E.	Very overweight	72	8.66%
TOTALS		831	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -71 Which of the following are you trying to do about your weight?

A.	Lose weight	488	58.37%
B.	Gain weight	120	14.35%
C.	Stay the same weight	115	13.76%
D.	I am not trying to do anything about my weight	113	13.52%
TOTALS		836	100.00%

Q -72 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	212	25.45%
B.	1 to 3 times during the past 7 days	351	42.14%
C.	4 to 6 times during the past 7 days	139	16.69%
D.	1 time per day	37	4.44%
E.	2 times per day	43	5.16%
F.	3 times per day	25	3.00%
G.	4 or more times per day	26	3.12%
TOTALS		833	100.00%

Q -73 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	115	13.94%
B.	1 to 3 times during the past 7 days	322	39.03%
C.	4 to 6 times during the past 7 days	199	24.12%
D.	1 time per day	50	6.06%
E.	2 times per day	60	7.27%
F.	3 times per day	29	3.52%
G.	4 or more times per day	50	6.06%
TOTALS		825	100.00%

Q -74 During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	373	44.67%
B.	1 to 3 times during the past 7 days	318	38.08%
C.	4 to 6 times during the past 7 days	71	8.50%
D.	1 time per day	39	4.67%
E.	2 times per day	20	2.40%
F.	3 times per day	3	0.36%
G.	4 or more times per day	11	1.32%
TOTALS		835	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -75 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	298	35.73%
B.	1 to 3 times during the past 7 days	377	45.20%
C.	4 to 6 times during the past 7 days	100	11.99%
D.	1 time per day	32	3.84%
E.	2 times per day	12	1.44%
F.	3 times per day	6	0.72%
G.	4 or more times per day	9	1.08%
TOTALS		834	100.00%

Q -76 During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	452	54.85%
B.	1 to 3 times during the past 7 days	270	32.77%
C.	4 to 6 times during the past 7 days	46	5.58%
D.	1 time per day	20	2.43%
E.	2 times per day	15	1.82%
F.	3 times per day	11	1.33%
G.	4 or more times per day	10	1.21%
TOTALS		824	100.00%

Q -77 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	239	28.62%
B.	1 to 3 times during the past 7 days	344	41.20%
C.	4 to 6 times during the past 7 days	156	18.68%
D.	1 time per day	47	5.63%
E.	2 times per day	24	2.87%
F.	3 times per day	8	0.96%
G.	4 or more times per day	17	2.04%
TOTALS		835	100.00%

Q -78 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	203	24.58%
B.	1 to 3 times during the past 7 days	351	42.49%
C.	4 to 6 times during the past 7 days	134	16.22%
D.	1 time per day	55	6.66%
E.	2 times per day	41	4.96%
F.	3 times per day	16	1.94%
G.	4 or more times per day	26	3.15%
TOTALS		826	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -79 During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	214	25.81%
B.	1 to 3 times during the past 7 days	293	35.34%
C.	4 to 6 times during the past 7 days	157	18.94%
D.	1 time per day	58	7.00%
E.	2 times per day	45	5.43%
F.	3 times per day	26	3.14%
G.	4 or more times per day	36	4.34%
TOTALS		829	100.00%

Q -80 During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	277	33.29%
B.	1 to 3 glasses during the past 7 days	293	35.22%
C.	4 to 6 glasses during the past 7 days	111	13.34%
D.	1 glass per day	74	8.89%
E.	2 glasses per day	39	4.69%
F.	3 glasses per day	17	2.04%
G.	4 or more glasses per day	21	2.52%
TOTALS		832	100.00%

Q -81 During the past 7 days, on how many days did you eat breakfast?

A.	0 days	149	18.04%
B.	1 day	92	11.14%
C.	2 days	122	14.77%
D.	3 days	110	13.32%
E.	4 days	83	10.05%
F.	5 days	69	8.35%
G.	6 days	42	5.08%
H.	7 days	159	19.25%
TOTALS		826	100.00%

Q -82 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	121	14.74%
B.	1 day	67	8.16%
C.	2 days	90	10.96%
D.	3 days	96	11.69%
E.	4 days	103	12.55%
F.	5 days	103	12.55%
G.	6 days	53	6.46%
H.	7 days	188	22.90%
TOTALS		821	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -83 On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	81	9.82%
B.	1 hour per day	63	7.64%
C.	2 hours per day	104	12.61%
D.	3 hours per day	142	17.21%
E.	4 hours per day	140	16.97%
F.	5 or more hours per day	295	35.76%
TOTALS		825	100.00%

Q -84 In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	346	41.94%
B.	1 day	34	4.12%
C.	2 days	140	16.97%
D.	3 days	42	5.09%
E.	4 days	158	19.15%
F.	5 days	105	12.73%
TOTALS		825	100.00%

Q -85 During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	323	39.98%
B.	1 team	206	25.50%
C.	2 teams	145	17.95%
D.	3 or more teams	134	16.58%
TOTALS		808	100.00%

Q -86 During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	678	81.59%
B.	1 time	80	9.63%
C.	2 times	28	3.37%
D.	3 times	14	1.68%
E.	4 or more times	31	3.73%
TOTALS		831	100.00%

Q -87 Has a doctor or nurse ever told you that you have asthma?

A.	Yes	179	21.88%
B.	No	563	68.83%
C.	Not sure	76	9.29%
TOTALS		818	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -88 Do you still have asthma?

A.	I have never had asthma	458	55.92%
B.	Yes	121	14.77%
C.	No	148	18.07%
D.	Not sure	92	11.23%
TOTALS		819	100.00%

Q -89 During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	610	73.23%
B.	0 days	194	23.29%
C.	1 day	13	1.56%
D.	2 days	5	0.60%
E.	3 days	3	0.36%
F.	4 days	2	0.24%
G.	5 or more days	6	0.72%
TOTALS		833	100.00%

Q -90 When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	497	60.39%
B.	Between 12 and 24 months ago	141	17.13%
C.	More than 24 months ago	41	4.98%
D.	Never	19	2.31%
E.	Not sure	125	15.19%
TOTALS		823	100.00%

Q -91 During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	172	21.03%
B.	Rarely	156	19.07%
C.	Sometimes	237	28.97%
D.	Most of the time	178	21.76%
E.	Always	75	9.17%
TOTALS		818	100.00%

Q -92 On an average school night, how many hours of sleep do you get?

A.	4 or less hours	122	14.99%
B.	5 hours	122	14.99%
C.	6 hours	165	20.27%
D.	7 hours	171	21.01%
E.	8 hours	182	22.36%
F.	9 hours	39	4.79%
G.	10 or more hours	13	1.60%
TOTALS		814	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -93 During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	760	92.91%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	32	3.91%
C.	In a shelter or emergency housing	6	0.73%
D.	In a motel or hotel	6	0.73%
E.	In a car, park, campground, or other public place	5	0.61%
F.	I do not have a usual place to sleep	5	0.61%
G.	Somewhere else	4	0.49%
TOTALS		818	100.00%

Q -94 During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	72	9.02%
B.	No	726	90.98%
TOTALS		798	100.00%

Q -95 During the past 30 days, how often did you go hungry because there was not enough food in your home?

A.	Never	587	71.59%
B.	Rarely	135	16.46%
C.	Sometimes	73	8.90%
D.	Most of the time	17	2.07%
E.	Always	8	0.98%
TOTALS		820	100.00%

Q -96 During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	201	24.88%
B.	Mostly B's	206	25.50%
C.	Mostly C's	175	21.66%
D.	Mostly D's	74	9.16%
E.	Mostly F's	61	7.55%
F.	None of these grades	4	0.50%
G.	Not sure	87	10.77%
TOTALS		808	100.00%

Q -97 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	781	96.06%
B.	1 or 2 times	17	2.09%
C.	3 to 9 times	6	0.74%
D.	10 to 19 times	4	0.49%
E.	20 to 39 times	5	0.62%
F.	40 or more times	0	0.00%
TOTALS		813	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -98 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	171	21.35%
B.	No	630	78.65%
	TOTALS	801	100.00%