

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS FOR AMERICAN INDIAN STUDENTS ON OR NEAR A RESERVATION

The following frequency distributions are based upon surveys with 823 middle school American Indian students who live on or near a Reservation in Montana during February 2021. Frequency distributions may not total 823 due to nonresponses and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q -1 How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	3	0.36%
C.	12 years old	156	18.96%
D.	13 years old	398	48.36%
E.	14 years old	243	29.53%
F.	15 years old	23	2.79%
G.	16 years old or older	0	0.00%
	TOTALS	823	100.00%
Q -2 What is your sex?			
A.	Female	422	51.84%
B.	Male	392	48.16%
	TOTALS	814	100.00%
Q -3 In what grade are you?			
A.	7th grade	445	54.67%
B.	8th grade	369	45.33%
	TOTALS	814	100.00%
Q -4 Are you Hispanic or Latino?			
A.	Yes	99	12.47%
B.	No	695	87.53%
	TOTALS	794	100.00%
Q -5 What is your race?			
A.	American Indian or Alaskan Native	823	85.20%
B.	Asian	21	2.17%
C.	Black or African American	18	1.86%
D.	Native Hawaiian or Other Pacific Islander	4	0.41%
E.	White	100	10.35%
	TOTALS	966	100.00%

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Q -6 How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	51	6.22%
B.	Rarely	82	10.00%
C.	Sometimes	179	21.83%
D.	Most of the time	296	36.10%
E.	Always	212	25.85%
TOTALS		820	100.00%

Q -7 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	604	73.93%
B.	1 time	66	8.08%
C.	2 or 3 times	49	6.00%
D.	4 or 5 times	26	3.18%
E.	6 or more times	72	8.81%
TOTALS		817	100.00%

Q -8 How often do you wear a seat belt when driving a car?

A.	I do not drive a car	364	44.55%
B.	Never	28	3.43%
C.	Rarely	42	5.14%
D.	Sometimes	64	7.83%
E.	Most of the time	88	10.77%
F.	Always	231	28.27%
TOTALS		817	100.00%

Q -9 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	769	93.89%
B.	1 day	20	2.44%
C.	2 or 3 days	12	1.47%
D.	4 or 5 days	6	0.73%
E.	6 or more days	12	1.47%
TOTALS		819	100.00%

Q -10 During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	727	88.88%
B.	1 day	35	4.28%
C.	2 or 3 days	21	2.57%
D.	4 or 5 days	11	1.34%
E.	6 or more days	24	2.93%
TOTALS		818	100.00%

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Q -11 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	678	83.19%
B.	1 day	76	9.33%
C.	2 or 3 days	32	3.93%
D.	4 or 5 days	7	0.86%
E.	6 or more days	22	2.70%
TOTALS		815	100.00%

Q -12 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	771	93.80%
B.	1 time	28	3.41%
C.	2 or 3 times	15	1.82%
D.	4 or 5 times	0	0.00%
E.	6 or 7 times	5	0.61%
F.	8 or 9 times	1	0.12%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.24%
TOTALS		822	100.00%

Q -13 During the past 12 months, how many times were you in a physical fight?

A.	0 times	503	61.34%
B.	1 time	144	17.56%
C.	2 or 3 times	83	10.12%
D.	4 or 5 times	36	4.39%
E.	6 or 7 times	17	2.07%
F.	8 or 9 times	8	0.98%
G.	10 or 11 times	8	0.98%
H.	12 or more times	21	2.56%
TOTALS		820	100.00%

Q -14 During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	707	86.75%
B.	1 time	69	8.47%
C.	2 or 3 times	21	2.58%
D.	4 or 5 times	11	1.35%
E.	6 or 7 times	1	0.12%
F.	8 or 9 times	2	0.25%
G.	10 or 11 times	1	0.12%
H.	12 or more times	3	0.37%
TOTALS		815	100.00%

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Q -15 Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	59	7.20%
B.	No	760	92.80%
TOTALS		819	100.00%

Q -16 During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	773	93.92%
B.	1 time	30	3.65%
C.	2 or 3 times	15	1.82%
D.	4 or 5 times	4	0.49%
E.	6 or more times	1	0.12%
TOTALS		823	100.00%

Q -17 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	419	51.35%
B.	0 times	364	44.61%
C.	1 time	19	2.33%
D.	2 or 3 times	11	1.35%
E.	4 or 5 times	2	0.25%
F.	6 or more times	1	0.12%
TOTALS		816	100.00%

Q -18 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	417	50.73%
B.	0 times	380	46.23%
C.	1 time	11	1.34%
D.	2 or 3 times	9	1.09%
E.	4 or 5 times	3	0.36%
F.	6 or more times	2	0.24%
TOTALS		822	100.00%

Q -19 During the past 12 months, have you ever been bullied on school property?

A.	Yes	194	23.66%
B.	No	626	76.34%
TOTALS		820	100.00%

Q -20 During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	197	24.11%
B.	No	620	75.89%
TOTALS		817	100.00%

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Q -21 During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	161	19.59%
B.	No	661	80.41%
TOTALS		822	100.00%

Q -22 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	398	48.48%
B.	No	423	51.52%
TOTALS		821	100.00%

Q -23 During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	213	26.04%
B.	No	605	73.96%
TOTALS		818	100.00%

Q -24 During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	203	24.79%
B.	No	616	75.21%
TOTALS		819	100.00%

Q -25 During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	645	78.95%
B.	1 time	104	12.73%
C.	2 or 3 times	44	5.39%
D.	4 or 5 times	10	1.22%
E.	6 or more times	14	1.71%
TOTALS		817	100.00%

Q -26 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	572	70.44%
B.	Yes	55	6.77%
C.	No	185	22.78%
TOTALS		812	100.00%

Q -27 Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	329	40.17%
B.	No	490	59.83%
TOTALS		819	100.00%

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Q -28 How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	486	59.27%
B.	8 years old or younger	65	7.93%
C.	9 or 10 years old	81	9.88%
D.	11 or 12 years old	139	16.95%
E.	13 or 14 years old	49	5.98%
F.	15 years old or older	0	0.00%
TOTALS		820	100.00%

Q -29 During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	719	88.11%
B.	1 or 2 days	51	6.25%
C.	3 to 5 days	19	2.33%
D.	6 to 9 days	8	0.98%
E.	10 to 19 days	11	1.35%
F.	20 to 29 days	2	0.25%
G.	All 30 days	6	0.74%
TOTALS		816	100.00%

Q -30 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	731	89.15%
B.	Less than 1 cigarette per day	46	5.61%
C.	1 cigarette per day	22	2.68%
D.	2 to 5 cigarettes per day	15	1.83%
E.	6 to 10 cigarettes per day	2	0.24%
F.	11 to 20 cigarettes per day	2	0.24%
G.	More than 20 cigarettes per day	2	0.24%
TOTALS		820	100.00%

Q -31 Have you ever used an electronic vapor product?

A.	Yes	348	42.54%
B.	No	470	57.46%
TOTALS		818	100.00%

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Q -32 During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	615	75.65%
B.	1 or 2 days	101	12.42%
C.	3 to 5 days	36	4.43%
D.	6 to 9 days	20	2.46%
E.	10 to 19 days	15	1.85%
F.	20 to 29 days	13	1.60%
G.	All 30 days	13	1.60%
TOTALS		813	100.00%

Q -33 During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	765	93.64%
B.	1 or 2 days	34	4.16%
C.	3 to 5 days	11	1.35%
D.	6 to 9 days	2	0.24%
E.	10 to 19 days	2	0.24%
F.	20 to 29 days	2	0.24%
G.	All 30 days	1	0.12%
TOTALS		817	100.00%

Q -34 During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	612	75.37%
B.	I got or bought them from a friend, family member, or someone else	131	16.13%
C.	I bought them myself in a vape shop or tobacco shop	0	0.00%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	0	0.00%
E.	I bought them myself at a mall or shopping center kiosk or stand	2	0.25%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	7	0.86%
G.	I took them from a store or another person	9	1.11%
H.	I got them in some other way	51	6.28%
TOTALS		812	100.00%

Q -35 During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	600	75.76%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	5	0.63%
C.	Chocolate, candy, desserts, or other sweets	22	2.78%
D.	Fruit	99	12.50%
E.	Menthol	28	3.54%
F.	Mint	16	2.02%
G.	Tobacco	3	0.38%
H.	Some other flavor	19	2.40%
TOTALS		792	100.00%

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Q -36 During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	796	97.07%
B.	1 or 2 days	9	1.10%
C.	3 to 5 days	3	0.37%
D.	6 to 9 days	5	0.61%
E.	10 to 19 days	3	0.37%
F.	20 to 29 days	1	0.12%
G.	All 30 days	3	0.37%
TOTALS		820	100.00%

Q -37 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	781	95.36%
B.	1 or 2 days	22	2.69%
C.	3 to 5 days	8	0.98%
D.	6 to 9 days	5	0.61%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	0.37%
TOTALS		819	100.00%

Q -38 During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	559	68.84%
B.	Yes	160	19.70%
C.	No	93	11.45%
TOTALS		812	100.00%

Q -39 How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	511	63.01%
B.	8 years old or younger	69	8.51%
C.	9 or 10 years old	58	7.15%
D.	11 or 12 years old	98	12.08%
E.	13 or 14 years old	73	9.00%
F.	15 years old or older	2	0.25%
TOTALS		811	100.00%

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Q -40 During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	714	87.07%
B.	1 or 2 days	64	7.80%
C.	3 to 5 days	19	2.32%
D.	6 to 9 days	10	1.22%
E.	10 to 19 days	5	0.61%
F.	20 to 29 days	4	0.49%
G.	All 30 days	4	0.49%
TOTALS		820	100.00%

Q -41 During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	742	91.27%
B.	1 day	26	3.20%
C.	2 days	22	2.71%
D.	3 to 5 days	14	1.72%
E.	6 to 9 days	5	0.62%
F.	10 to 19 days	1	0.12%
G.	20 or more days	3	0.37%
TOTALS		813	100.00%

Q -42 During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	700	85.57%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	4	0.49%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	2	0.24%
E.	I gave someone else money to buy it for me	25	3.06%
F.	Someone gave it to me	33	4.03%
G.	I took it from a store or family member	20	2.44%
H.	I got it some other way	34	4.16%
TOTALS		818	100.00%

Q -43 During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	694	86.10%
B.	Beer	29	3.60%
C.	Wine	6	0.74%
D.	Vodka	22	2.73%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	24	2.98%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	21	2.61%
G.	Some other type of alcohol	10	1.24%
TOTALS		806	100.00%

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Q -44 During your life, how many times have you used marijuana?

A.	0 times	465	57.27%
B.	1 or 2 times	91	11.21%
C.	3 to 9 times	62	7.64%
D.	10 to 19 times	39	4.80%
E.	20 to 39 times	36	4.43%
F.	40 to 99 times	41	5.05%
G.	100 or more times	78	9.61%
TOTALS		812	100.00%

Q -45 How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	470	57.53%
B.	8 years old or younger	48	5.88%
C.	9 or 10 years old	71	8.69%
D.	11 or 12 years old	143	17.50%
E.	13 or 14 years old	81	9.91%
F.	15 years old or older	4	0.49%
TOTALS		817	100.00%

Q -46 During the past 30 days, how many times did you use marijuana?

A.	0 times	622	76.23%
B.	1 or 2 times	57	6.99%
C.	3 to 9 times	47	5.76%
D.	10 to 19 times	27	3.31%
E.	20 to 39 times	24	2.94%
F.	40 or more times	39	4.78%
TOTALS		816	100.00%

Q -47 During your life, how many times have you used synthetic marijuana?

A.	0 times	722	88.92%
B.	1 or 2 times	40	4.93%
C.	3 to 9 times	26	3.20%
D.	10 to 19 times	7	0.86%
E.	20 to 39 times	7	0.86%
F.	40 or more times	10	1.23%
TOTALS		812	100.00%

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Q -48 During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	690	84.35%
B.	1 or 2 times	60	7.33%
C.	3 to 9 times	38	4.65%
D.	10 to 19 times	11	1.34%
E.	20 to 39 times	9	1.10%
F.	40 or more times	10	1.22%
TOTALS		818	100.00%

Q -49 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	794	97.18%
B.	1 or 2 times	12	1.47%
C.	3 to 9 times	7	0.86%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	3	0.37%
F.	40 or more times	1	0.12%
TOTALS		817	100.00%

Q -50 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	712	87.36%
B.	1 or 2 times	52	6.38%
C.	3 to 9 times	25	3.07%
D.	10 to 19 times	13	1.60%
E.	20 to 39 times	6	0.74%
F.	40 or more times	7	0.86%
TOTALS		815	100.00%

Q -51 During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	811	99.02%
B.	1 or 2 times	4	0.49%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	3	0.37%
F.	40 or more times	1	0.12%
TOTALS		819	100.00%

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Q -52 During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	799	97.68%
B.	1 or 2 times	13	1.59%
C.	3 to 9 times	2	0.24%
D.	10 to 19 times	1	0.12%
E.	20 to 39 times	3	0.37%
F.	40 or more times	0	0.00%
TOTALS		818	100.00%
Q -53 During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	784	96.91%
B.	1 or 2 times	16	1.98%
C.	3 to 9 times	3	0.37%
D.	10 to 19 times	2	0.25%
E.	20 to 39 times	2	0.25%
F.	40 or more times	2	0.25%
TOTALS		809	100.00%
Q -54 During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	807	98.66%
B.	1 time	6	0.73%
C.	2 or more times	5	0.61%
TOTALS		818	100.00%
Q -55 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	142	17.40%
B.	No	674	82.60%
TOTALS		816	100.00%
Q -56 Have you ever had sexual intercourse?			
A.	Yes	150	18.56%
B.	No	658	81.44%
TOTALS		808	100.00%
Q -57 How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	683	84.01%
B.	11 years old or younger	35	4.31%
C.	12 years old	29	3.57%
D.	13 years old	47	5.78%
E.	14 years old	18	2.21%
F.	15 years old or older	1	0.12%
TOTALS		813	100.00%

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Q -58 During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	688	84.42%
B.	1 person	65	7.98%
C.	2 people	22	2.70%
D.	3 people	17	2.09%
E.	4 people	13	1.60%
F.	5 people	5	0.61%
G.	6 or more people	5	0.61%
TOTALS		815	100.00%

Q -59 During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	691	85.20%
B.	I have had sexual intercourse, but not during the past 3 months	63	7.77%
C.	1 person	36	4.44%
D.	2 people	14	1.73%
E.	3 people	4	0.49%
F.	4 people	1	0.12%
G.	5 people	1	0.12%
H.	6 or more people	1	0.12%
TOTALS		811	100.00%

Q -60 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	649	79.93%
B.	Yes	47	5.79%
C.	No	116	14.29%
TOTALS		812	100.00%

Q -61 The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	671	82.94%
B.	Yes	64	7.91%
C.	No	74	9.15%
TOTALS		809	100.00%

Q -62 How do you describe your weight?

A.	Very underweight	28	3.47%
B.	Slightly underweight	99	12.28%
C.	About the right weight	360	44.67%
D.	Slightly overweight	273	33.87%
E.	Very overweight	46	5.71%
TOTALS		806	100.00%

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Q -63 Which of the following are you trying to do about your weight?

A.	Lose weight	506	62.32%
B.	Gain weight	76	9.36%
C.	Stay the same weight	101	12.44%
D.	I am not trying to do anything about my weight	129	15.89%
TOTALS		812	100.00%

Q -64 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	227	27.99%
B.	1 to 3 times during the past 7 days	323	39.83%
C.	4 to 6 times during the past 7 days	121	14.92%
D.	1 time per day	36	4.44%
E.	2 times per day	39	4.81%
F.	3 times per day	21	2.59%
G.	4 or more times per day	44	5.43%
TOTALS		811	100.00%

Q -65 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	106	13.05%
B.	1 to 3 times during the past 7 days	304	37.44%
C.	4 to 6 times during the past 7 days	169	20.81%
D.	1 time per day	60	7.39%
E.	2 times per day	56	6.90%
F.	3 times per day	39	4.80%
G.	4 or more times per day	78	9.61%
TOTALS		812	100.00%

Q -66 During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	413	50.92%
B.	1 to 3 times during the past 7 days	269	33.17%
C.	4 to 6 times during the past 7 days	51	6.29%
D.	1 time per day	40	4.93%
E.	2 times per day	20	2.47%
F.	3 times per day	6	0.74%
G.	4 or more times per day	12	1.48%
TOTALS		811	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -67 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	348	43.18%
B.	1 to 3 times during the past 7 days	364	45.16%
C.	4 to 6 times during the past 7 days	46	5.71%
D.	1 time per day	25	3.10%
E.	2 times per day	11	1.36%
F.	3 times per day	1	0.12%
G.	4 or more times per day	11	1.36%
TOTALS		806	100.00%

Q -68 During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	440	54.52%
B.	1 to 3 times during the past 7 days	252	31.23%
C.	4 to 6 times during the past 7 days	52	6.44%
D.	1 time per day	23	2.85%
E.	2 times per day	14	1.73%
F.	3 times per day	3	0.37%
G.	4 or more times per day	23	2.85%
TOTALS		807	100.00%

Q -69 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	267	33.04%
B.	1 to 3 times during the past 7 days	309	38.24%
C.	4 to 6 times during the past 7 days	132	16.34%
D.	1 time per day	37	4.58%
E.	2 times per day	27	3.34%
F.	3 times per day	17	2.10%
G.	4 or more times per day	19	2.35%
TOTALS		808	100.00%

Q -70 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	170	21.17%
B.	1 to 3 times during the past 7 days	328	40.85%
C.	4 to 6 times during the past 7 days	146	18.18%
D.	1 time per day	45	5.60%
E.	2 times per day	63	7.85%
F.	3 times per day	23	2.86%
G.	4 or more times per day	28	3.49%
TOTALS		803	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -71 During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	247	31.03%
B.	1 to 3 times during the past 7 days	266	33.42%
C.	4 to 6 times during the past 7 days	136	17.09%
D.	1 time per day	50	6.28%
E.	2 times per day	44	5.53%
F.	3 times per day	24	3.02%
G.	4 or more times per day	29	3.64%
TOTALS		796	100.00%

Q -72 During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	207	25.84%
B.	1 to 3 glasses during the past 7 days	287	35.83%
C.	4 to 6 glasses during the past 7 days	122	15.23%
D.	1 glass per day	68	8.49%
E.	2 glasses per day	54	6.74%
F.	3 glasses per day	32	4.00%
G.	4 or more glasses per day	31	3.87%
TOTALS		801	100.00%

Q -73 During the past 7 days, on how many days did you eat breakfast?

A.	0 days	130	16.27%
B.	1 day	81	10.14%
C.	2 days	100	12.52%
D.	3 days	102	12.77%
E.	4 days	85	10.64%
F.	5 days	72	9.01%
G.	6 days	33	4.13%
H.	7 days	196	24.53%
TOTALS		799	100.00%

Q -74 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	110	13.73%
B.	1 day	81	10.11%
C.	2 days	95	11.86%
D.	3 days	110	13.73%
E.	4 days	100	12.48%
F.	5 days	88	10.99%
G.	6 days	40	4.99%
H.	7 days	177	22.10%
TOTALS		801	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -75 On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	68	8.56%
B.	1 hour per day	50	6.30%
C.	2 hours per day	84	10.58%
D.	3 hours per day	143	18.01%
E.	4 hours per day	116	14.61%
F.	5 or more hours per day	333	41.94%
TOTALS		794	100.00%

Q -76 In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	243	30.60%
B.	1 day	61	7.68%
C.	2 days	192	24.18%
D.	3 days	33	4.16%
E.	4 days	137	17.25%
F.	5 days	128	16.12%
TOTALS		794	100.00%

Q -77 During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	354	45.04%
B.	1 team	182	23.16%
C.	2 teams	113	14.38%
D.	3 or more teams	137	17.43%
TOTALS		786	100.00%

Q -78 During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	635	79.28%
B.	1 time	82	10.24%
C.	2 times	37	4.62%
D.	3 times	17	2.12%
E.	4 or more times	30	3.75%
TOTALS		801	100.00%

Q -79 Has a doctor or nurse ever told you that you have asthma?

A.	Yes	150	18.75%
B.	No	542	67.75%
C.	Not sure	108	13.50%
TOTALS		800	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -80 Do you still have asthma?

A.	I have never had asthma	454	57.11%
B.	Yes	80	10.06%
C.	No	136	17.11%
D.	Not sure	125	15.72%
TOTALS		795	100.00%

Q -81 During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	593	74.03%
B.	0 days	188	23.47%
C.	1 day	11	1.37%
D.	2 days	4	0.50%
E.	3 days	4	0.50%
F.	4 days	0	0.00%
G.	5 or more days	1	0.12%
TOTALS		801	100.00%

Q -82 When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	478	59.90%
B.	Between 12 and 24 months ago	117	14.66%
C.	More than 24 months ago	44	5.51%
D.	Never	21	2.63%
E.	Not sure	138	17.29%
TOTALS		798	100.00%

Q -83 During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	211	26.64%
B.	Rarely	158	19.95%
C.	Sometimes	191	24.12%
D.	Most of the time	154	19.44%
E.	Always	78	9.85%
TOTALS		792	100.00%

Q -84 On an average school night, how many hours of sleep do you get?

A.	4 or less hours	135	17.20%
B.	5 hours	92	11.72%
C.	6 hours	140	17.83%
D.	7 hours	159	20.25%
E.	8 hours	157	20.00%
F.	9 hours	67	8.54%
G.	10 or more hours	35	4.46%
TOTALS		785	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -85 During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	753	94.96%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	23	2.90%
C.	In a shelter or emergency housing	4	0.50%
D.	In a motel or hotel	1	0.13%
E.	In a car, park, campground, or other public place	1	0.13%
F.	I do not have a usual place to sleep	3	0.38%
G.	Somewhere else	8	1.01%
TOTALS		793	100.00%

Q -86 During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	61	7.73%
B.	No	728	92.27%
TOTALS		789	100.00%

Q -87 During the past 30 days, how often did you go hungry because there was not enough food in your home?

A.	Never	531	66.46%
B.	Rarely	173	21.65%
C.	Sometimes	75	9.39%
D.	Most of the time	14	1.75%
E.	Always	6	0.75%
TOTALS		799	100.00%

Q -88 During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	178	22.88%
B.	Mostly B's	159	20.44%
C.	Mostly C's	130	16.71%
D.	Mostly D's	66	8.48%
E.	Mostly F's	109	14.01%
F.	None of these grades	7	0.90%
G.	Not sure	129	16.58%
TOTALS		778	100.00%

Q -89 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	771	97.23%
B.	1 or 2 times	11	1.39%
C.	3 to 9 times	9	1.13%
D.	10 to 19 times	1	0.13%
E.	20 to 39 times	1	0.13%
F.	40 or more times	0	0.00%
TOTALS		793	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -90 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	176	22.31%
B.	No	613	77.69%
	TOTALS	789	100.00%