

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS FOR AMERICAN INDIAN STUDENTS IN URBAN SCHOOL

The following frequency distributions are based upon surveys with 926 middle school American Indian students in urban schools in Montana during February 2021. Frequency distributions may not total 926 due to nonresponses and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q -1 How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	1	0.11%
C.	12 years old	184	19.89%
D.	13 years old	445	48.11%
E.	14 years old	273	29.51%
F.	15 years old	22	2.38%
G.	16 years old or older	0	0.00%
	TOTALS	925	100.00%
Q -2 What is your sex?			
A.	Female	460	50.33%
B.	Male	454	49.67%
	TOTALS	914	100.00%
Q -3 In what grade are you?			
A.	7th grade	485	53.18%
B.	8th grade	427	46.82%
	TOTALS	912	100.00%
Q -4 Are you Hispanic or Latino?			
A.	Yes	164	18.16%
B.	No	739	81.84%
	TOTALS	903	100.00%
Q -5 What is your race?			
A.	American Indian or Alaskan Native	926	68.59%
B.	Asian	36	2.67%
C.	Black or African American	38	2.81%
D.	Native Hawaiian or Other Pacific Islander	23	1.70%
E.	White	327	24.22%
	TOTALS	1,350	100.00%

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Q -6 How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	36	3.94%
B.	Rarely	55	6.02%
C.	Sometimes	108	11.83%
D.	Most of the time	344	37.68%
E.	Always	370	40.53%
TOTALS		913	100.00%

Q -7 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	699	76.90%
B.	1 time	68	7.48%
C.	2 or 3 times	56	6.16%
D.	4 or 5 times	20	2.20%
E.	6 or more times	66	7.26%
TOTALS		909	100.00%

Q -8 How often do you wear a seat belt when driving a car?

A.	I do not drive a car	627	68.98%
B.	Never	10	1.10%
C.	Rarely	18	1.98%
D.	Sometimes	24	2.64%
E.	Most of the time	56	6.16%
F.	Always	174	19.14%
TOTALS		909	100.00%

Q -9 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	865	93.72%
B.	1 day	18	1.95%
C.	2 or 3 days	12	1.30%
D.	4 or 5 days	6	0.65%
E.	6 or more days	22	2.38%
TOTALS		923	100.00%

Q -10 During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	833	90.25%
B.	1 day	28	3.03%
C.	2 or 3 days	32	3.47%
D.	4 or 5 days	6	0.65%
E.	6 or more days	24	2.60%
TOTALS		923	100.00%

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Q -11 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	806	87.23%
B.	1 day	54	5.84%
C.	2 or 3 days	38	4.11%
D.	4 or 5 days	12	1.30%
E.	6 or more days	14	1.52%
TOTALS		924	100.00%

Q -12 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	824	88.98%
B.	1 time	48	5.18%
C.	2 or 3 times	31	3.35%
D.	4 or 5 times	3	0.32%
E.	6 or 7 times	7	0.76%
F.	8 or 9 times	1	0.11%
G.	10 or 11 times	2	0.22%
H.	12 or more times	10	1.08%
TOTALS		926	100.00%

Q -13 During the past 12 months, how many times were you in a physical fight?

A.	0 times	540	58.82%
B.	1 time	155	16.88%
C.	2 or 3 times	132	14.38%
D.	4 or 5 times	26	2.83%
E.	6 or 7 times	24	2.61%
F.	8 or 9 times	10	1.09%
G.	10 or 11 times	4	0.44%
H.	12 or more times	27	2.94%
TOTALS		918	100.00%

Q -14 During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	770	83.97%
B.	1 time	94	10.25%
C.	2 or 3 times	40	4.36%
D.	4 or 5 times	6	0.65%
E.	6 or 7 times	2	0.22%
F.	8 or 9 times	1	0.11%
G.	10 or 11 times	2	0.22%
H.	12 or more times	2	0.22%
TOTALS		917	100.00%

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Q -15 Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	97	10.55%
B.	No	822	89.45%
TOTALS		919	100.00%

Q -16 During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	824	89.27%
B.	1 time	60	6.50%
C.	2 or 3 times	20	2.17%
D.	4 or 5 times	8	0.87%
E.	6 or more times	11	1.19%
TOTALS		923	100.00%

Q -17 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	467	51.09%
B.	0 times	394	43.11%
C.	1 time	30	3.28%
D.	2 or 3 times	17	1.86%
E.	4 or 5 times	3	0.33%
F.	6 or more times	3	0.33%
TOTALS		914	100.00%

Q -18 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	471	51.08%
B.	0 times	413	44.79%
C.	1 time	19	2.06%
D.	2 or 3 times	11	1.19%
E.	4 or 5 times	3	0.33%
F.	6 or more times	5	0.54%
TOTALS		922	100.00%

Q -19 During the past 12 months, have you ever been bullied on school property?

A.	Yes	304	33.15%
B.	No	613	66.85%
TOTALS		917	100.00%

Q -20 During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	252	27.33%
B.	No	670	72.67%
TOTALS		922	100.00%

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Q -21 During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	234	25.38%
B.	No	688	74.62%
TOTALS		922	100.00%

Q -22 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	418	45.48%
B.	No	501	54.52%
TOTALS		919	100.00%

Q -23 During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	276	30.16%
B.	No	639	69.84%
TOTALS		915	100.00%

Q -24 During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	242	26.28%
B.	No	679	73.72%
TOTALS		921	100.00%

Q -25 During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	739	80.85%
B.	1 time	98	10.72%
C.	2 or 3 times	48	5.25%
D.	4 or 5 times	18	1.97%
E.	6 or more times	11	1.20%
TOTALS		914	100.00%

Q -26 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	697	76.68%
B.	Yes	64	7.04%
C.	No	148	16.28%
TOTALS		909	100.00%

Q -27 Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	218	23.70%
B.	No	702	76.30%
TOTALS		920	100.00%

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Q -28 How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	705	76.71%
B.	8 years old or younger	57	6.20%
C.	9 or 10 years old	45	4.90%
D.	11 or 12 years old	72	7.83%
E.	13 or 14 years old	40	4.35%
F.	15 years old or older	0	0.00%
TOTALS		919	100.00%

Q -29 During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	852	94.35%
B.	1 or 2 days	26	2.88%
C.	3 to 5 days	8	0.89%
D.	6 to 9 days	6	0.66%
E.	10 to 19 days	5	0.55%
F.	20 to 29 days	2	0.22%
G.	All 30 days	4	0.44%
TOTALS		903	100.00%

Q -30 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	862	94.00%
B.	Less than 1 cigarette per day	22	2.40%
C.	1 cigarette per day	16	1.74%
D.	2 to 5 cigarettes per day	12	1.31%
E.	6 to 10 cigarettes per day	4	0.44%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	1	0.11%
TOTALS		917	100.00%

Q -31 Have you ever used an electronic vapor product?

A.	Yes	306	33.37%
B.	No	611	66.63%
TOTALS		917	100.00%

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Q -32 During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	758	83.39%
B.	1 or 2 days	65	7.15%
C.	3 to 5 days	23	2.53%
D.	6 to 9 days	17	1.87%
E.	10 to 19 days	19	2.09%
F.	20 to 29 days	9	0.99%
G.	All 30 days	18	1.98%
TOTALS		909	100.00%

Q -33 During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	870	95.08%
B.	1 or 2 days	23	2.51%
C.	3 to 5 days	7	0.77%
D.	6 to 9 days	8	0.87%
E.	10 to 19 days	5	0.55%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.22%
TOTALS		915	100.00%

Q -34 During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	754	82.68%
B.	I got or bought them from a friend, family member, or someone else	99	10.86%
C.	I bought them myself in a vape shop or tobacco shop	0	0.00%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	1	0.11%
E.	I bought them myself at a mall or shopping center kiosk or stand	0	0.00%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	4	0.44%
G.	I took them from a store or another person	9	0.99%
H.	I got them in some other way	45	4.93%
TOTALS		912	100.00%

Q -35 During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	754	84.25%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	2	0.22%
C.	Chocolate, candy, desserts, or other sweets	24	2.68%
D.	Fruit	65	7.26%
E.	Menthol	9	1.01%
F.	Mint	13	1.45%
G.	Tobacco	7	0.78%
H.	Some other flavor	21	2.35%
TOTALS		895	100.00%

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Q -36 During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	895	97.92%
B.	1 or 2 days	5	0.55%
C.	3 to 5 days	4	0.44%
D.	6 to 9 days	6	0.66%
E.	10 to 19 days	1	0.11%
F.	20 to 29 days	1	0.11%
G.	All 30 days	2	0.22%
TOTALS		914	100.00%

Q -37 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	885	96.93%
B.	1 or 2 days	16	1.75%
C.	3 to 5 days	6	0.66%
D.	6 to 9 days	4	0.44%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	2	0.22%
TOTALS		913	100.00%

Q -38 During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	726	79.78%
B.	Yes	121	13.30%
C.	No	63	6.92%
TOTALS		910	100.00%

Q -39 How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	562	61.76%
B.	8 years old or younger	89	9.78%
C.	9 or 10 years old	76	8.35%
D.	11 or 12 years old	106	11.65%
E.	13 or 14 years old	75	8.24%
F.	15 years old or older	2	0.22%
TOTALS		910	100.00%

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Q -40 During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	749	82.31%
B.	1 or 2 days	102	11.21%
C.	3 to 5 days	31	3.41%
D.	6 to 9 days	13	1.43%
E.	10 to 19 days	10	1.10%
F.	20 to 29 days	3	0.33%
G.	All 30 days	2	0.22%
TOTALS		910	100.00%

Q -41 During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	830	91.61%
B.	1 day	36	3.97%
C.	2 days	16	1.77%
D.	3 to 5 days	14	1.55%
E.	6 to 9 days	3	0.33%
F.	10 to 19 days	3	0.33%
G.	20 or more days	4	0.44%
TOTALS		906	100.00%

Q -42 During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	764	84.42%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	5	0.55%
C.	I bought it at a restaurant, bar, or club	1	0.11%
D.	I bought it at a public event such as a concert or sporting event	2	0.22%
E.	I gave someone else money to buy it for me	10	1.10%
F.	Someone gave it to me	58	6.41%
G.	I took it from a store or family member	28	3.09%
H.	I got it some other way	37	4.09%
TOTALS		905	100.00%

Q -43 During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	752	83.19%
B.	Beer	34	3.76%
C.	Wine	14	1.55%
D.	Vodka	24	2.65%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	28	3.10%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	41	4.54%
G.	Some other type of alcohol	11	1.22%
TOTALS		904	100.00%

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Q -44 During your life, how many times have you used marijuana?

A.	0 times	707	79.26%
B.	1 or 2 times	71	7.96%
C.	3 to 9 times	33	3.70%
D.	10 to 19 times	15	1.68%
E.	20 to 39 times	21	2.35%
F.	40 to 99 times	15	1.68%
G.	100 or more times	30	3.36%
TOTALS		892	100.00%

Q -45 How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	727	79.71%
B.	8 years old or younger	19	2.08%
C.	9 or 10 years old	45	4.93%
D.	11 or 12 years old	70	7.68%
E.	13 or 14 years old	50	5.48%
F.	15 years old or older	1	0.11%
TOTALS		912	100.00%

Q -46 During the past 30 days, how many times did you use marijuana?

A.	0 times	815	89.56%
B.	1 or 2 times	38	4.18%
C.	3 to 9 times	21	2.31%
D.	10 to 19 times	17	1.87%
E.	20 to 39 times	7	0.77%
F.	40 or more times	12	1.32%
TOTALS		910	100.00%

Q -47 During your life, how many times have you used synthetic marijuana?

A.	0 times	856	94.48%
B.	1 or 2 times	23	2.54%
C.	3 to 9 times	12	1.32%
D.	10 to 19 times	4	0.44%
E.	20 to 39 times	4	0.44%
F.	40 or more times	7	0.77%
TOTALS		906	100.00%

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Q -48 During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	790	86.81%
B.	1 or 2 times	63	6.92%
C.	3 to 9 times	19	2.09%
D.	10 to 19 times	20	2.20%
E.	20 to 39 times	4	0.44%
F.	40 or more times	14	1.54%
TOTALS		910	100.00%

Q -49 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	887	97.15%
B.	1 or 2 times	13	1.42%
C.	3 to 9 times	4	0.44%
D.	10 to 19 times	3	0.33%
E.	20 to 39 times	3	0.33%
F.	40 or more times	3	0.33%
TOTALS		913	100.00%

Q -50 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	802	88.33%
B.	1 or 2 times	55	6.06%
C.	3 to 9 times	27	2.97%
D.	10 to 19 times	11	1.21%
E.	20 to 39 times	3	0.33%
F.	40 or more times	10	1.10%
TOTALS		908	100.00%

Q -51 During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	908	99.23%
B.	1 or 2 times	4	0.44%
C.	3 to 9 times	1	0.11%
D.	10 to 19 times	1	0.11%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.11%
TOTALS		915	100.00%

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Q -52 During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	904	99.01%
B.	1 or 2 times	6	0.66%
C.	3 to 9 times	1	0.11%
D.	10 to 19 times	1	0.11%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.11%
TOTALS		913	100.00%
Q -53 During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	871	96.67%
B.	1 or 2 times	18	2.00%
C.	3 to 9 times	5	0.55%
D.	10 to 19 times	5	0.55%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.22%
TOTALS		901	100.00%
Q -54 During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	905	99.02%
B.	1 time	7	0.77%
C.	2 or more times	2	0.22%
TOTALS		914	100.00%
Q -55 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	158	17.32%
B.	No	754	82.68%
TOTALS		912	100.00%
Q -56 Have you ever had sexual intercourse?			
A.	Yes	158	17.50%
B.	No	745	82.50%
TOTALS		903	100.00%
Q -57 How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	781	86.39%
B.	11 years old or younger	55	6.08%
C.	12 years old	20	2.21%
D.	13 years old	28	3.10%
E.	14 years old	17	1.88%
F.	15 years old or older	3	0.33%
TOTALS		904	100.00%

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Q -58 During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	782	86.31%
B.	1 person	70	7.73%
C.	2 people	21	2.32%
D.	3 people	16	1.77%
E.	4 people	4	0.44%
F.	5 people	0	0.00%
G.	6 or more people	13	1.43%
TOTALS		906	100.00%

Q -59 During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	787	86.87%
B.	I have had sexual intercourse, but not during the past 3 months	74	8.17%
C.	1 person	30	3.31%
D.	2 people	10	1.10%
E.	3 people	4	0.44%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	1	0.11%
TOTALS		906	100.00%

Q -60 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	772	85.02%
B.	Yes	30	3.30%
C.	No	106	11.67%
TOTALS		908	100.00%

Q -61 The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	774	86.00%
B.	Yes	49	5.44%
C.	No	77	8.56%
TOTALS		900	100.00%

Q -62 How do you describe your weight?

A.	Very underweight	33	3.65%
B.	Slightly underweight	139	15.38%
C.	About the right weight	418	46.24%
D.	Slightly overweight	266	29.42%
E.	Very overweight	48	5.31%
TOTALS		904	100.00%

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Q -63 Which of the following are you trying to do about your weight?

A.	Lose weight	452	49.67%
B.	Gain weight	109	11.98%
C.	Stay the same weight	156	17.14%
D.	I am not trying to do anything about my weight	193	21.21%
TOTALS		910	100.00%

Q -64 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	300	33.15%
B.	1 to 3 times during the past 7 days	379	41.88%
C.	4 to 6 times during the past 7 days	100	11.05%
D.	1 time per day	40	4.42%
E.	2 times per day	44	4.86%
F.	3 times per day	20	2.21%
G.	4 or more times per day	22	2.43%
TOTALS		905	100.00%

Q -65 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	102	11.27%
B.	1 to 3 times during the past 7 days	328	36.24%
C.	4 to 6 times during the past 7 days	210	23.20%
D.	1 time per day	67	7.40%
E.	2 times per day	99	10.94%
F.	3 times per day	52	5.75%
G.	4 or more times per day	47	5.19%
TOTALS		905	100.00%

Q -66 During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	386	42.56%
B.	1 to 3 times during the past 7 days	356	39.25%
C.	4 to 6 times during the past 7 days	77	8.49%
D.	1 time per day	58	6.39%
E.	2 times per day	16	1.76%
F.	3 times per day	2	0.22%
G.	4 or more times per day	12	1.32%
TOTALS		907	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -67 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	408	45.18%
B.	1 to 3 times during the past 7 days	380	42.08%
C.	4 to 6 times during the past 7 days	70	7.75%
D.	1 time per day	26	2.88%
E.	2 times per day	5	0.55%
F.	3 times per day	5	0.55%
G.	4 or more times per day	9	1.00%
TOTALS		903	100.00%

Q -68 During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	420	46.56%
B.	1 to 3 times during the past 7 days	320	35.48%
C.	4 to 6 times during the past 7 days	93	10.31%
D.	1 time per day	28	3.10%
E.	2 times per day	14	1.55%
F.	3 times per day	10	1.11%
G.	4 or more times per day	17	1.88%
TOTALS		902	100.00%

Q -69 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	199	22.04%
B.	1 to 3 times during the past 7 days	362	40.09%
C.	4 to 6 times during the past 7 days	185	20.49%
D.	1 time per day	62	6.87%
E.	2 times per day	43	4.76%
F.	3 times per day	29	3.21%
G.	4 or more times per day	23	2.55%
TOTALS		903	100.00%

Q -70 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	226	25.14%
B.	1 to 3 times during the past 7 days	434	48.28%
C.	4 to 6 times during the past 7 days	124	13.79%
D.	1 time per day	47	5.23%
E.	2 times per day	34	3.78%
F.	3 times per day	16	1.78%
G.	4 or more times per day	18	2.00%
TOTALS		899	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -71 During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	413	46.15%
B.	1 to 3 times during the past 7 days	292	32.63%
C.	4 to 6 times during the past 7 days	92	10.28%
D.	1 time per day	45	5.03%
E.	2 times per day	25	2.79%
F.	3 times per day	9	1.01%
G.	4 or more times per day	19	2.12%
TOTALS		895	100.00%

Q -72 During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	177	19.73%
B.	1 to 3 glasses during the past 7 days	285	31.77%
C.	4 to 6 glasses during the past 7 days	155	17.28%
D.	1 glass per day	101	11.26%
E.	2 glasses per day	80	8.92%
F.	3 glasses per day	49	5.46%
G.	4 or more glasses per day	50	5.57%
TOTALS		897	100.00%

Q -73 During the past 7 days, on how many days did you eat breakfast?

A.	0 days	153	17.15%
B.	1 day	105	11.77%
C.	2 days	88	9.87%
D.	3 days	82	9.19%
E.	4 days	61	6.84%
F.	5 days	69	7.74%
G.	6 days	49	5.49%
H.	7 days	285	31.95%
TOTALS		892	100.00%

Q -74 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	91	10.25%
B.	1 day	66	7.43%
C.	2 days	86	9.68%
D.	3 days	89	10.02%
E.	4 days	110	12.39%
F.	5 days	121	13.63%
G.	6 days	45	5.07%
H.	7 days	280	31.53%
TOTALS		888	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -75 On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	57	6.43%
B.	1 hour per day	57	6.43%
C.	2 hours per day	161	18.17%
D.	3 hours per day	174	19.64%
E.	4 hours per day	151	17.04%
F.	5 or more hours per day	286	32.28%
TOTALS		886	100.00%

Q -76 In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	144	16.51%
B.	1 day	29	3.33%
C.	2 days	153	17.55%
D.	3 days	184	21.10%
E.	4 days	125	14.33%
F.	5 days	237	27.18%
TOTALS		872	100.00%

Q -77 During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	327	37.37%
B.	1 team	199	22.74%
C.	2 teams	163	18.63%
D.	3 or more teams	186	21.26%
TOTALS		875	100.00%

Q -78 During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	715	79.98%
B.	1 time	99	11.07%
C.	2 times	34	3.80%
D.	3 times	10	1.12%
E.	4 or more times	36	4.03%
TOTALS		894	100.00%

Q -79 Has a doctor or nurse ever told you that you have asthma?

A.	Yes	183	20.61%
B.	No	570	64.19%
C.	Not sure	135	15.20%
TOTALS		888	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -80 Do you still have asthma?

A.	I have never had asthma	516	57.98%
B.	Yes	126	14.16%
C.	No	105	11.80%
D.	Not sure	143	16.07%
TOTALS		890	100.00%

Q -81 During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	637	71.57%
B.	0 days	220	24.72%
C.	1 day	15	1.69%
D.	2 days	8	0.90%
E.	3 days	3	0.34%
F.	4 days	2	0.22%
G.	5 or more days	5	0.56%
TOTALS		890	100.00%

Q -82 When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	610	69.00%
B.	Between 12 and 24 months ago	102	11.54%
C.	More than 24 months ago	48	5.43%
D.	Never	16	1.81%
E.	Not sure	108	12.22%
TOTALS		884	100.00%

Q -83 During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	220	25.03%
B.	Rarely	157	17.86%
C.	Sometimes	205	23.32%
D.	Most of the time	194	22.07%
E.	Always	103	11.72%
TOTALS		879	100.00%

Q -84 On an average school night, how many hours of sleep do you get?

A.	4 or less hours	124	14.22%
B.	5 hours	93	10.67%
C.	6 hours	145	16.63%
D.	7 hours	178	20.41%
E.	8 hours	199	22.82%
F.	9 hours	90	10.32%
G.	10 or more hours	43	4.93%
TOTALS		872	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -85 During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	839	95.45%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	21	2.39%
C.	In a shelter or emergency housing	4	0.46%
D.	In a motel or hotel	1	0.11%
E.	In a car, park, campground, or other public place	1	0.11%
F.	I do not have a usual place to sleep	7	0.80%
G.	Somewhere else	6	0.68%
TOTALS		879	100.00%

Q -86 During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	49	5.61%
B.	No	824	94.39%
TOTALS		873	100.00%

Q -87 During the past 30 days, how often did you go hungry because there was not enough food in your home?

A.	Never	633	72.26%
B.	Rarely	149	17.01%
C.	Sometimes	66	7.53%
D.	Most of the time	17	1.94%
E.	Always	11	1.26%
TOTALS		876	100.00%

Q -88 During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	299	34.41%
B.	Mostly B's	264	30.38%
C.	Mostly C's	140	16.11%
D.	Mostly D's	37	4.26%
E.	Mostly F's	35	4.03%
F.	None of these grades	3	0.35%
G.	Not sure	91	10.47%
TOTALS		869	100.00%

Q -89 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	848	97.58%
B.	1 or 2 times	12	1.38%
C.	3 to 9 times	4	0.46%
D.	10 to 19 times	5	0.58%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		869	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q -90 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	243	27.96%
B.	No	626	72.04%
	TOTALS	869	100.00%