

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

ALTERNATIVE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 283 alternative school students in Montana during February of 2021. Frequency distributions may not total 283 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	12 years old or younger	1	0.35%
B.	13 years old	0	0.00%
C.	14 years old	12	4.26%
D.	15 years old	37	13.12%
E.	16 years old	68	24.11%
F.	17 years old	113	40.07%
G.	18 years old or older	51	18.09%
	TOTALS	282	100.00%
Q-2. What is your sex?			
A.	Female	142	51.08%
B.	Male	136	48.92%
	TOTALS	278	100.00%
Q-3. In what grade are you?			
A.	9th grade	26	9.32%
B.	10th grade	53	19.00%
C.	11th grade	104	37.28%
D.	12th grade	94	33.69%
E.	Ungraded or other grade	2	0.72%
	TOTALS	279	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	32	11.47%
B.	No	247	88.53%
	TOTALS	279	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	43	14.10%
B.	Asian	7	2.30%
C.	Black or African American	11	3.61%
D.	Native Hawaiian or Other Pacific Islander	9	2.95%
E.	White	235	77.05%
	TOTALS	305	100.00%

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Q-6. How tall are you without your shoes on?

A.	Less than 4 ft	1	0.36%
B.	4ft to 4 ft, 6 in	1	0.36%
C.	4ft, 7in to 5 ft	9	3.28%
D.	5ft, 1in to 5ft, 6in	119	43.43%
E.	Over 5ft, 6in	144	52.55%
TOTALS		274	100.00%

Q-7. How much do you weigh without your shoes on?

A.	Less than 90 lbs	2	0.75%
B.	90-99 lbs	5	1.88%
C.	100-109 lbs	15	5.64%
D.	110-119lbs	29	10.90%
E.	120-129 lbs	29	10.90%
F.	130-139 lbs	37	13.91%
G.	140 lbs +	149	56.02%
TOTALS		266	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?

A.	Never	10	3.55%
B.	Rarely	21	7.45%
C.	Sometimes	38	13.48%
D.	Most of the time	91	32.27%
E.	Always	122	43.26%
TOTALS		282	100.00%

Q-9. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	198	71.22%
B.	1 time	26	9.35%
C.	2 or 3 times	31	11.15%
D.	4 or 5 times	10	3.60%
E.	6 or more times	13	4.68%
TOTALS		278	100.00%

Q-10. How often do you wear a seat belt when driving a car?

A.	I do not drive a car	98	35.13%
B.	Never	8	2.87%
C.	Rarely	14	5.02%
D.	Sometimes	14	5.02%
E.	Most of the time	25	8.96%
F.	Always	120	43.01%
TOTALS		279	100.00%

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Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

A.	I did not drive a car or other vehicle during the past 30 days	132	46.81%
B.	0 times	127	45.04%
C.	1 time	8	2.84%
D.	2 or 3 times	10	3.55%
E.	4 or 5 times	2	0.71%
F.	6 or more times	3	1.06%
TOTALS		282	100.00%

Q-12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

A.	I did not drive a car or other vehicle during the past 30 days	129	45.91%
B.	0 days	61	21.71%
C.	1 or 2 days	21	7.47%
D.	3 to 5 days	15	5.34%
E.	6 to 9 days	7	2.49%
F.	10 to 19 days	13	4.63%
G.	20 to 29 days	11	3.91%
H.	All 30 days	24	8.54%
TOTALS		281	100.00%

Q-13. During the past 30 days, on how many days did you use the Internet or apps on your cell phone (such as YouTube, Instagram, or Facebook) while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)

A.	I did not drive a car or other vehicle during the past 30 days	129	45.91%
B.	0 days	73	25.98%
C.	1 or 2 days	10	3.56%
D.	3 to 5 days	11	3.91%
E.	6 to 9 days	10	3.56%
F.	10 to 19 days	10	3.56%
G.	20 to 29 days	10	3.56%
H.	All 30 days	28	9.96%
TOTALS		281	100.00%

Q-14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	248	87.94%
B.	1 day	4	1.42%
C.	2 or 3 days	9	3.19%
D.	4 or 5 days	4	1.42%
E.	6 or more days	17	6.03%
TOTALS		282	100.00%

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Q-15. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	260	91.87%
B.	1 day	3	1.06%
C.	2 or 3 days	5	1.77%
D.	4 or 5 days	2	0.71%
E.	6 or more days	13	4.59%
TOTALS		283	100.00%

Q-16. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	257	91.79%
B.	1 day	9	3.21%
C.	2 or 3 days	8	2.86%
D.	4 or 5 days	1	0.36%
E.	6 or more days	5	1.79%
TOTALS		280	100.00%

Q-17. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	264	93.29%
B.	1 time	10	3.53%
C.	2 or 3 times	2	0.71%
D.	4 or 5 times	4	1.41%
E.	6 or 7 times	1	0.35%
F.	8 or 9 times	2	0.71%
G.	10 or 11 times	0	0.00%
H.	12 or more times	0	0.00%
TOTALS		283	100.00%

Q-18. During the past 12 months, how many times were you in a physical fight?

A.	0 times	183	64.66%
B.	1 time	39	13.78%
C.	2 or 3 times	35	12.37%
D.	4 or 5 times	14	4.95%
E.	6 or 7 times	2	0.71%
F.	8 or 9 times	2	0.71%
G.	10 or 11 times	1	0.35%
H.	12 or more times	7	2.47%
TOTALS		283	100.00%

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Q-19. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	261	93.21%
B.	1 time	9	3.21%
C.	2 or 3 times	5	1.79%
D.	4 or 5 times	1	0.36%
E.	6 or 7 times	2	0.71%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.71%
TOTALS		280	100.00%

Q-20. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	84	29.89%
B.	No	197	70.11%
TOTALS		281	100.00%

Q-21. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	219	77.66%
B.	1 time	23	8.16%
C.	2 or 3 times	27	9.57%
D.	4 or 5 times	6	2.13%
E.	6 or more times	7	2.48%
TOTALS		282	100.00%

Q-22. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	95	33.69%
B.	0 times	153	54.26%
C.	1 time	10	3.55%
D.	2 or 3 times	10	3.55%
E.	4 or 5 times	6	2.13%
F.	6 or more times	8	2.84%
TOTALS		282	100.00%

Q-23. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	90	31.91%
B.	0 times	162	57.45%
C.	1 time	7	2.48%
D.	2 or 3 times	9	3.19%
E.	4 or 5 times	4	1.42%
F.	6 or more times	10	3.55%
TOTALS		282	100.00%

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Q-24. During the past 12 months, have you ever been bullied on school property?

A.	Yes	39	13.88%
B.	No	242	86.12%
TOTALS		281	100.00%

Q-25. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	68	24.37%
B.	No	211	75.63%
TOTALS		279	100.00%

Q-26. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	56	19.86%
B.	No	226	80.14%
TOTALS		282	100.00%

Q-27. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	182	65.00%
B.	No	98	35.00%
TOTALS		280	100.00%

Q-28. During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	115	41.22%
B.	No	164	58.78%
TOTALS		279	100.00%

Q-29. During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	83	29.86%
B.	No	195	70.14%
TOTALS		278	100.00%

Q-30. During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	219	78.21%
B.	1 time	33	11.79%
C.	2 or 3 times	22	7.86%
D.	4 or 5 times	3	1.07%
E.	6 or more times	3	1.07%
TOTALS		280	100.00%

Q-31. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	209	75.72%
B.	Yes	21	7.61%
C.	No	46	16.67%
TOTALS		276	100.00%

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Q-32. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	201	71.79%
B.	No	79	28.21%
TOTALS		280	100.00%

Q-33. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	80	28.67%
B.	8 years old or younger	31	11.11%
C.	9 or 10 years old	20	7.17%
D.	11 or 12 years old	35	12.54%
E.	13 or 14 years old	62	22.22%
F.	15 or 16 years old	41	14.70%
G.	17 years old or older	10	3.58%
TOTALS		279	100.00%

Q-34. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	181	64.64%
B.	1 or 2 days	30	10.71%
C.	3 to 5 days	16	5.71%
D.	6 to 9 days	10	3.57%
E.	10 to 19 days	14	5.00%
F.	20 to 29 days	10	3.57%
G.	All 30 days	19	6.79%
TOTALS		280	100.00%

Q-35. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	187	66.79%
B.	Less than 1 cigarette per day	36	12.86%
C.	1 cigarette per day	16	5.71%
D.	2 to 5 cigarettes per day	38	13.57%
E.	6 to 10 cigarettes per day	1	0.36%
F.	11 to 20 cigarettes per day	1	0.36%
G.	More than 20 cigarettes per day	1	0.36%
TOTALS		280	100.00%

Q-36. Have you ever used an electronic vapor product?

A.	Yes	219	79.06%
B.	No	58	20.94%
TOTALS		277	100.00%

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Q-37. During the past 30 days, on how many days did you use an electronic vapor product?

A.	0 days	110	39.29%
B.	1 or 2 days	21	7.50%
C.	3 to 5 days	13	4.64%
D.	6 to 9 days	12	4.29%
E.	10 to 19 days	17	6.07%
F.	20 to 29 days	21	7.50%
G.	All 30 days	86	30.71%
TOTALS		280	100.00%

Q-38. During the past 30 days, on how many days did you use an electronic vapor product on school property?

A.	0 days	184	65.95%
B.	1 or 2 days	15	5.38%
C.	3 to 5 days	18	6.45%
D.	6 to 9 days	7	2.51%
E.	10 to 19 days	18	6.45%
F.	20 to 29 days	11	3.94%
G.	All 30 days	26	9.32%
TOTALS		279	100.00%

Q-39. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	117	41.79%
B.	I got or bought them from a friend, family member, or someone else	93	33.21%
C.	I bought them myself in a vape shop or tobacco shop	14	5.00%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	6	2.14%
E.	I bought them myself at a mall or shopping center kiosk or stand	0	0.00%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	3	1.07%
G.	I took them from a store or another person	0	0.00%
H.	I got them in some other way	47	16.79%
TOTALS		280	100.00%

Q-40. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)

A.	I did not use an electronic vapor product during the past 30 days	110	40.15%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	6	2.19%
C.	Chocolate, candy, desserts, or other sweets	7	2.55%
D.	Fruit	71	25.91%
E.	Menthol	27	9.85%
F.	Mint	15	5.47%
G.	Tobacco	16	5.84%
H.	Some other flavor	22	8.03%
TOTALS		274	100.00%

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Q-41. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)

A.	0 days	260	93.19%
B.	1 or 2 days	2	0.72%
C.	3 to 5 days	3	1.08%
D.	6 to 9 days	5	1.79%
E.	10 to 19 days	5	1.79%
F.	20 to 29 days	3	1.08%
G.	All 30 days	1	0.36%
TOTALS		279	100.00%

Q-42. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	245	87.81%
B.	1 or 2 days	21	7.53%
C.	3 to 5 days	7	2.51%
D.	6 to 9 days	1	0.36%
E.	10 to 19 days	2	0.72%
F.	20 to 29 days	0	0.00%
G.	All 30 days	3	1.08%
TOTALS		279	100.00%

Q-43. During the past 12 months, did you ever try to quit using all tobacco products?

A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	86	31.39%
B.	Yes	117	42.70%
C.	No	71	25.91%
TOTALS		274	100.00%

Q-44. How old were you when you had your first drink of alcohol other than a few sips?

A.	I have never had a drink of alcohol other than a few sips	48	17.20%
B.	8 years old or younger	38	13.62%
C.	9 or 10 years old	20	7.17%
D.	11 or 12 years old	41	14.70%
E.	13 or 14 years old	75	26.88%
F.	15 or 16 years old	49	17.56%
G.	17 years old or older	8	2.87%
TOTALS		279	100.00%

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Q-45. During the past 30 days, on how many days did you have at least one drink of alcohol?

A.	0 days	126	45.82%
B.	1 or 2 days	65	23.64%
C.	3 to 5 days	31	11.27%
D.	6 to 9 days	23	8.36%
E.	10 to 19 days	25	9.09%
F.	20 to 29 days	1	0.36%
G.	All 30 days	4	1.45%
TOTALS		275	100.00%

Q-46. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?

A.	0 days	169	61.01%
B.	1 day	27	9.75%
C.	2 days	23	8.30%
D.	3 to 5 days	26	9.39%
E.	6 to 9 days	15	5.42%
F.	10 to 19 days	14	5.05%
G.	20 or more days	3	1.08%
TOTALS		277	100.00%

Q-47. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?

A.	I did not drink alcohol during the past 30 days	131	47.29%
B.	1 or 2 drinks	36	13.00%
C.	3 drinks	13	4.69%
D.	4 drinks	13	4.69%
E.	5 drinks	14	5.05%
F.	6 or 7 drinks	22	7.94%
G.	8 or 9 drinks	14	5.05%
H.	10 or more drinks	34	12.27%
TOTALS		277	100.00%

Q-48. During the past 30 days, how did you usually get the alcohol you drank?

A.	I did not drink alcohol during the past 30 days	129	46.57%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	6	2.17%
C.	I bought it at a restaurant, bar, or club	1	0.36%
D.	I bought it at a public event such as a concert or sporting event	1	0.36%
E.	I gave someone else money to buy it for me	53	19.13%
F.	Someone gave it to me	44	15.88%
G.	I took it from a store or family member	9	3.25%
H.	I got it some other way	34	12.27%
TOTALS		277	100.00%

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Q-49. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)

A.	I did not drink alcohol during the past 30 days	126	45.99%
B.	Beer	43	15.69%
C.	Wine	5	1.82%
D.	Vodka	23	8.39%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	31	11.31%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	43	15.69%
G.	Some other type of alcohol	3	1.09%
TOTALS		274	100.00%

Q-50. During your life, how many times have you used marijuana?

A.	0 times	60	21.90%
B.	1 or 2 times	15	5.47%
C.	3 to 9 times	20	7.30%
D.	10 to 19 times	9	3.28%
E.	20 to 39 times	12	4.38%
F.	40 to 99 times	21	7.66%
G.	100 or more times	137	50.00%
TOTALS		274	100.00%

Q-51. How old were you when you tried marijuana for the first time?

A.	I have never tried marijuana	60	21.58%
B.	8 years old or younger	15	5.40%
C.	9 or 10 years old	20	7.19%
D.	11 or 12 years old	50	17.99%
E.	13 or 14 years old	70	25.18%
F.	15 or 16 years old	58	20.86%
G.	17 years old or older	5	1.80%
TOTALS		278	100.00%

Q-52. During the past 30 days, how many times did you use marijuana?

A.	0 times	104	37.96%
B.	1 or 2 times	29	10.58%
C.	3 to 9 times	15	5.47%
D.	10 to 19 times	22	8.03%
E.	20 to 39 times	18	6.57%
F.	40 or more times	86	31.39%
TOTALS		274	100.00%

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Q-53. During your life, how many times have you used synthetic marijuana?

A.	0 times	227	82.25%
B.	1 or 2 times	29	10.51%
C.	3 to 9 times	8	2.90%
D.	10 to 19 times	5	1.81%
E.	20 to 39 times	1	0.36%
F.	40 or more times	6	2.17%
TOTALS		276	100.00%

Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	190	68.35%
B.	1 or 2 times	22	7.91%
C.	3 to 9 times	32	11.51%
D.	10 to 19 times	11	3.96%
E.	20 to 39 times	9	3.24%
F.	40 or more times	14	5.04%
TOTALS		278	100.00%

Q-55. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	225	81.23%
B.	1 or 2 times	25	9.03%
C.	3 to 9 times	11	3.97%
D.	10 to 19 times	5	1.81%
E.	20 to 39 times	3	1.08%
F.	40 or more times	8	2.89%
TOTALS		277	100.00%

Q-56. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	236	84.59%
B.	1 or 2 times	22	7.89%
C.	3 to 9 times	12	4.30%
D.	10 to 19 times	2	0.72%
E.	20 to 39 times	5	1.79%
F.	40 or more times	2	0.72%
TOTALS		279	100.00%

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Q-57. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	268	96.40%
B.	1 or 2 times	4	1.44%
C.	3 to 9 times	1	0.36%
D.	10 to 19 times	1	0.36%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	1.44%
TOTALS		278	100.00%

Q-58. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	251	91.27%
B.	1 or 2 times	8	2.91%
C.	3 to 9 times	5	1.82%
D.	10 to 19 times	4	1.45%
E.	20 to 39 times	0	0.00%
F.	40 or more times	7	2.55%
TOTALS		275	100.00%

Q-59. During your life, how many times have you used ecstasy (also called MDMA or Molly)?

A.	0 times	215	77.06%
B.	1 or 2 times	32	11.47%
C.	3 to 9 times	17	6.09%
D.	10 to 19 times	6	2.15%
E.	20 to 39 times	3	1.08%
F.	40 or more times	6	2.15%
TOTALS		279	100.00%

Q-60. During your life, how many times have you used a needle to inject any illegal drug into your body?

A.	0 times	267	96.04%
B.	1 time	4	1.44%
C.	2 or more times	7	2.52%
TOTALS		278	100.00%

Q-61. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

A.	Yes	74	26.71%
B.	No	203	73.29%
TOTALS		277	100.00%

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Q-62. During the past 30 days, how many times did you use hallucinogenic drugs, such as LSD, acid, PCP, angel dust, mescaline, or mushrooms?

A.	0 times	213	76.34%
B.	1 or 2 times	44	15.77%
C.	3 to 9 times	13	4.66%
D.	10 to 19 times	4	1.43%
E.	20 to 30 times	0	0.00%
F.	40 or more times	5	1.79%
TOTALS		279	100.00%

Q-63. Have you ever had sexual intercourse?

A.	Yes	195	70.40%
B.	No	82	29.60%
TOTALS		277	100.00%

Q-64. How old were you when you had sexual intercourse for the first time?

A.	I have never had sexual intercourse	84	30.55%
B.	11 years old or younger	12	4.36%
C.	12 years old	11	4.00%
D.	13 years old	25	9.09%
E.	14 years old	50	18.18%
F.	15 years old	49	17.82%
G.	16 years old	29	10.55%
H.	17 years old or older	15	5.45%
TOTALS		275	100.00%

Q-65. During your life, with how many people have you had sexual intercourse?

A.	I have never had sexual intercourse	86	31.05%
B.	1 person	35	12.64%
C.	2 people	37	13.36%
D.	3 people	20	7.22%
E.	4 people	24	8.66%
F.	5 people	20	7.22%
G.	6 or more people	55	19.86%
TOTALS		277	100.00%

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Q-66. During the past 3 months, with how many people did you have sexual intercourse?

A.	I have never had sexual intercourse	87	31.64%
B.	I have had sexual intercourse, but not during the past 3 months	45	16.36%
C.	1 person	105	38.18%
D.	2 people	21	7.64%
E.	3 people	13	4.73%
F.	4 people	1	0.36%
G.	5 people	0	0.00%
H.	6 or more people	3	1.09%
TOTALS		275	100.00%

Q-67. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

A.	I have never had sexual intercourse	85	31.14%
B.	Yes	66	24.18%
C.	No	122	44.69%
TOTALS		273	100.00%

Q-68. The last time you had sexual intercourse, did you or your partner use a condom?

A.	I have never had sexual intercourse	85	31.14%
B.	Yes	80	29.30%
C.	No	108	39.56%
TOTALS		273	100.00%

Q-69. The last time you had sexual intercourse with an opposite-sex partner, what one method did you or your partner use to prevent pregnancy? (Select only one response.)

A.	I have never had sexual intercourse with an opposite-sex partner	87	31.99%
B.	No method was used to prevent pregnancy	32	11.76%
C.	Birth control pills (Do not count emergency contraception such as Plan B or the "morning after" pill.)	39	14.34%
D.	Condoms	39	14.34%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	40	14.71%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	17	6.25%
G.	Withdrawal or some other method	11	4.04%
H.	Not sure	7	2.57%
TOTALS		272	100.00%

Q-70. How do you describe your weight?

A.	Very underweight	11	4.06%
B.	Slightly underweight	52	19.19%
C.	About the right weight	124	45.76%
D.	Slightly overweight	67	24.72%
E.	Very overweight	17	6.27%
TOTALS		271	100.00%

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Q-71. Which of the following are you trying to do about your weight?

A.	Lose weight	110	40.00%
B.	Gain weight	62	22.55%
C.	Stay the same weight	40	14.55%
D.	I am not trying to do anything about my weight	63	22.91%
TOTALS		275	100.00%

Q-72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A.	I did not drink 100% fruit juice during the past 7 days	88	32.23%
B.	1 to 3 times during the past 7 days	114	41.76%
C.	4 to 6 times during the past 7 days	43	15.75%
D.	1 time per day	4	1.47%
E.	2 times per day	8	2.93%
F.	3 times per day	4	1.47%
G.	4 or more times per day	12	4.40%
TOTALS		273	100.00%

Q-73. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A.	I did not eat fruit during the past 7 days	50	18.38%
B.	1 to 3 times during the past 7 days	101	37.13%
C.	4 to 6 times during the past 7 days	70	25.74%
D.	1 time per day	18	6.62%
E.	2 times per day	14	5.15%
F.	3 times per day	5	1.84%
G.	4 or more times per day	14	5.15%
TOTALS		272	100.00%

Q-74. During the past 7 days, how many times did you eat green salad?

A.	I did not eat green salad during the past 7 days	134	49.08%
B.	1 to 3 times during the past 7 days	107	39.19%
C.	4 to 6 times during the past 7 days	17	6.23%
D.	1 time per day	7	2.56%
E.	2 times per day	4	1.47%
F.	3 times per day	1	0.37%
G.	4 or more times per day	3	1.10%
TOTALS		273	100.00%

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Q-75. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A.	I did not eat potatoes during the past 7 days	92	33.58%
B.	1 to 3 times during the past 7 days	140	51.09%
C.	4 to 6 times during the past 7 days	33	12.04%
D.	1 time per day	3	1.09%
E.	2 times per day	2	0.73%
F.	3 times per day	0	0.00%
G.	4 or more times per day	4	1.46%
TOTALS		274	100.00%

Q-76. During the past 7 days, how many times did you eat carrots?

A.	I did not eat carrots during the past 7 days	144	52.94%
B.	1 to 3 times during the past 7 days	109	40.07%
C.	4 to 6 times during the past 7 days	14	5.15%
D.	1 time per day	2	0.74%
E.	2 times per day	2	0.74%
F.	3 times per day	0	0.00%
G.	4 or more times per day	1	0.37%
TOTALS		272	100.00%

Q-77. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

A.	I did not eat other vegetables during the past 7 days	66	24.09%
B.	1 to 3 times during the past 7 days	112	40.88%
C.	4 to 6 times during the past 7 days	64	23.36%
D.	1 time per day	17	6.20%
E.	2 times per day	8	2.92%
F.	3 times per day	1	0.36%
G.	4 or more times per day	6	2.19%
TOTALS		274	100.00%

Q-78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	52	19.12%
B.	1 to 3 times during the past 7 days	103	37.87%
C.	4 to 6 times during the past 7 days	61	22.43%
D.	1 time per day	21	7.72%
E.	2 times per day	17	6.25%
F.	3 times per day	11	4.04%
G.	4 or more times per day	7	2.57%
TOTALS		272	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-79. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	133	49.08%
B.	1 to 3 times during the past 7 days	93	34.32%
C.	4 to 6 times during the past 7 days	21	7.75%
D.	1 time per day	8	2.95%
E.	2 times per day	9	3.32%
F.	3 times per day	2	0.74%
G.	4 or more times per day	5	1.85%
TOTALS		271	100.00%

Q-80. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	98	35.90%
B.	1 to 3 glasses during the past 7 days	85	31.14%
C.	4 to 6 glasses during the past 7 days	32	11.72%
D.	1 glass per day	23	8.42%
E.	2 glasses per day	19	6.96%
F.	3 glasses per day	9	3.30%
G.	4 or more glasses per day	7	2.56%
TOTALS		273	100.00%

Q-81. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	68	25.00%
B.	1 day	51	18.75%
C.	2 days	33	12.13%
D.	3 days	37	13.60%
E.	4 days	27	9.93%
F.	5 days	17	6.25%
G.	6 days	5	1.84%
H.	7 days	34	12.50%
TOTALS		272	100.00%

Q-82. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	45	16.61%
B.	1 day	26	9.59%
C.	2 days	43	15.87%
D.	3 days	36	13.28%
E.	4 days	29	10.70%
F.	5 days	34	12.55%
G.	6 days	15	5.54%
H.	7 days	43	15.87%
TOTALS		271	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-83. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	13	4.81%
B.	1 hour per day	11	4.07%
C.	2 hours per day	37	13.70%
D.	3 hours per day	53	19.63%
E.	4 hours per day	39	14.44%
F.	5 or more hours per day	117	43.33%
TOTALS		270	100.00%

Q-84. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	196	72.06%
B.	1 day	9	3.31%
C.	2 days	12	4.41%
D.	3 days	8	2.94%
E.	4 days	9	3.31%
F.	5 days	38	13.97%
TOTALS		272	100.00%

Q-85. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	230	84.87%
B.	1 team	20	7.38%
C.	2 teams	10	3.69%
D.	3 or more teams	11	4.06%
TOTALS		271	100.00%

Q-86. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	229	83.58%
B.	1 time	32	11.68%
C.	2 times	7	2.55%
D.	3 times	4	1.46%
E.	4 or more times	2	0.73%
TOTALS		274	100.00%

Q-87. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	69	25.56%
B.	No	166	61.48%
C.	Not sure	35	12.96%
TOTALS		270	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-88. Do you still have asthma?

A.	I have never had asthma	130	47.97%
B.	Yes	40	14.76%
C.	No	50	18.45%
D.	Not sure	51	18.82%
TOTALS		271	100.00%

Q-89. During the past 30 days, how many days of school did you miss because of your asthma?

A.	I do not have asthma	183	66.79%
B.	0 days	84	30.66%
C.	1 day	2	0.73%
D.	2 days	3	1.09%
E.	3 days	0	0.00%
F.	4 days	0	0.00%
G.	5 or more days	2	0.73%
TOTALS		274	100.00%

Q-90. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

A.	During the past 12 months	181	66.06%
B.	Between 12 and 24 months ago	48	17.52%
C.	More than 24 months ago	18	6.57%
D.	Never	6	2.19%
E.	Not sure	21	7.66%
TOTALS		274	100.00%

Q-91. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)

A.	Never	12	4.43%
B.	Rarely	46	16.97%
C.	Sometimes	85	31.37%
D.	Most of the time	90	33.21%
E.	Always	38	14.02%
TOTALS		271	100.00%

Q-92. On an average school night, how many hours of sleep do you get?

A.	4 or less hours	39	14.23%
B.	5 hours	47	17.15%
C.	6 hours	68	24.82%
D.	7 hours	63	22.99%
E.	8 hours	45	16.42%
F.	9 hours	8	2.92%
G.	10 or more hours	4	1.46%
TOTALS		274	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-93. During the past 30 days, where did you usually sleep?

A.	In my parent's or guardian's home	236	86.13%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	20	7.30%
C.	In a shelter or emergency housing	3	1.09%
D.	In a motel or hotel	2	0.73%
E.	In a car, park, campground, or other public place	3	1.09%
F.	I do not have a usual place to sleep	0	0.00%
G.	Somewhere else	10	3.65%
TOTALS		274	100.00%

Q-94. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?

A.	Yes	32	11.76%
B.	No	240	88.24%
TOTALS		272	100.00%

Q-95. During the past 30 days, how often did you go hungry because there was not enough food in your home?

A.	Never	184	67.15%
B.	Rarely	60	21.90%
C.	Sometimes	25	9.12%
D.	Most of the time	4	1.46%
E.	Always	1	0.36%
TOTALS		274	100.00%

Q-96. During the past 12 months, how would you describe your grades in school?

A.	Mostly A's	61	22.51%
B.	Mostly B's	76	28.04%
C.	Mostly C's	41	15.13%
D.	Mostly D's	15	5.54%
E.	Mostly F's	18	6.64%
F.	None of these grades	6	2.21%
G.	Not sure	54	19.93%
TOTALS		271	100.00%

Q-97. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	258	94.51%
B.	1 or 2 times	4	1.47%
C.	3 to 9 times	6	2.20%
D.	10 to 19 times	2	0.73%
E.	20 to 39 times	1	0.37%
F.	40 or more times	2	0.73%
TOTALS		273	100.00%

2021 MONTANA YOUTH RISK BEHAVIOR SURVEY

Q-98. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	81	30.57%
B.	No	184	69.43%
TOTALS		265	100.00%