

2021 4 RIVERS REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 2,161 middle school students in 4 Rivers Region during February of 2021. Frequency distributions may not total 2,161 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.05%
B.	11 years old	7	0.32%
C.	12 years old	437	20.24%
D.	13 years old	1062	49.19%
E.	14 years old	631	29.23%
F.	15 years old	20	0.93%
G.	16 years old or older	1	0.05%
	TOTALS	2,159	100.00%
Q-2. What is your sex?			
A.	Female	1028	47.79%
B.	Male	1123	52.21%
	TOTALS	2,151	100.00%
Q-3. In what grade are you?			
A.	7th grade	1065	49.81%
B.	8th grade	1073	50.19%
	TOTALS	2,138	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	163	7.69%
B.	No	1956	92.31%
	TOTALS	2,119	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	164	7.30%
B.	Asian	69	3.07%
C.	Black or African American	29	1.29%
D.	Native Hawaiian or Other Pacific Islander	30	1.34%
E.	White	1955	87.00%
	TOTALS	2,247	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	27	1.25%
B.	Rarely	49	2.27%
C.	Sometimes	149	6.91%
D.	Most of the time	735	34.08%
E.	Always	1197	55.49%
	TOTALS	2,157	100.00%

Q-7. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	1720	80.11%
B.	1 time	164	7.64%
C.	2 or 3 times	135	6.29%
D.	4 or 5 times	25	1.16%
E.	6 or more times	103	4.80%
TOTALS		2,147	100.00%

Q-8. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	1659	77.60%
B.	Never	15	0.70%
C.	Rarely	16	0.75%
D.	Sometimes	26	1.22%
E.	Most of the time	84	3.93%
F.	Always	338	15.81%
TOTALS		2,138	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	2061	95.64%
B.	1 day	47	2.18%
C.	2 or 3 days	15	0.70%
D.	4 or 5 days	9	0.42%
E.	6 or more days	23	1.07%
TOTALS		2,155	100.00%

Q-10. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	2024	93.96%
B.	1 day	43	2.00%
C.	2 or 3 days	33	1.53%
D.	4 or 5 days	17	0.79%
E.	6 or more days	37	1.72%
TOTALS		2,154	100.00%

Q-11. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	1984	92.32%
B.	1 day	90	4.19%
C.	2 or 3 days	49	2.28%
D.	4 or 5 days	11	0.51%
E.	6 or more days	15	0.70%
TOTALS		2,149	100.00%

Q-12. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	2021	93.69%
B.	1 time	63	2.92%
C.	2 or 3 times	45	2.09%
D.	4 or 5 times	7	0.32%
E.	6 or 7 times	7	0.32%
F.	8 or 9 times	3	0.14%
G.	10 or 11 times	1	0.05%
H.	12 or more times	10	0.46%
TOTALS		2,157	100.00%

Q-13. During the past 12 months, how many times were you in a physical fight?

A.	0 times	1536	71.31%
B.	1 time	309	14.35%
C.	2 or 3 times	179	8.31%
D.	4 or 5 times	66	3.06%
E.	6 or 7 times	16	0.74%
F.	8 or 9 times	15	0.70%
G.	10 or 11 times	11	0.51%
H.	12 or more times	22	1.02%
TOTALS		2,154	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	1899	88.41%
B.	1 time	182	8.47%
C.	2 or 3 times	49	2.28%
D.	4 or 5 times	11	0.51%
E.	6 or 7 times	3	0.14%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	2	0.09%
H.	12 or more times	2	0.09%
TOTALS		2,148	100.00%

Q-15. Have you ever been physically forced to have sexual intercourse when you did not want to?

A.	Yes	127	5.90%
B.	No	2025	94.10%
TOTALS		2,152	100.00%

Q-16. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	0 times	1998	92.80%
B.	1 time	90	4.18%
C.	2 or 3 times	38	1.76%
D.	4 or 5 times	13	0.60%
E.	6 or more times	14	0.65%
TOTALS		2,153	100.00%

Q-17. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	1322	61.66%
B.	0 times	766	35.73%
C.	1 time	30	1.40%
D.	2 or 3 times	17	0.79%
E.	4 or 5 times	4	0.19%
F.	6 or more times	5	0.23%
TOTALS		2,144	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

A.	I did not date or go out with anyone during the past 12 months	1324	61.47%
B.	0 times	788	36.58%
C.	1 time	23	1.07%
D.	2 or 3 times	14	0.65%
E.	4 or 5 times	2	0.09%
F.	6 or more times	3	0.14%
TOTALS		2,154	100.00%

Q-19. During the past 12 months, have you ever been bullied on school property?

A.	Yes	509	23.65%
B.	No	1643	76.35%
TOTALS		2,152	100.00%

Q-20. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)

A.	Yes	418	19.43%
B.	No	1733	80.57%
TOTALS		2,151	100.00%

Q-21. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?

A.	Yes	384	17.82%
B.	No	1771	82.18%
TOTALS		2,155	100.00%

Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	692	32.19%
B.	No	1458	67.81%
TOTALS		2,150	100.00%

Q-23. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	379	17.65%
B.	No	1768	82.35%
TOTALS		2,147	100.00%
Q-24. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	347	16.12%
B.	No	1805	83.88%
TOTALS		2,152	100.00%
Q-25. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	1918	89.08%
B.	1 time	156	7.25%
C.	2 or 3 times	54	2.51%
D.	4 or 5 times	15	0.70%
E.	6 or more times	10	0.46%
TOTALS		2,153	100.00%
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	1860	86.83%
B.	Yes	68	3.17%
C.	No	214	9.99%
TOTALS		2,142	100.00%
Q-27. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	283	13.13%
B.	No	1872	86.87%
TOTALS		2,155	100.00%
Q-28. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	1889	87.70%
B.	8 years old or younger	61	2.83%
C.	9 or 10 years old	44	2.04%
D.	11 or 12 years old	99	4.60%
E.	13 or 14 years old	58	2.69%
F.	15 years old or older	3	0.14%
TOTALS		2,154	100.00%
Q-29. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	2063	96.58%
B.	1 or 2 days	46	2.15%
C.	3 to 5 days	11	0.51%
D.	6 to 9 days	5	0.23%
E.	10 to 19 days	8	0.37%
F.	20 to 29 days	1	0.05%
G.	All 30 days	2	0.09%
TOTALS		2,136	100.00%

Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	2081	96.57%
B.	Less than 1 cigarette per day	34	1.58%
C.	1 cigarette per day	19	0.88%
D.	2 to 5 cigarettes per day	18	0.84%
E.	6 to 10 cigarettes per day	3	0.14%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		2,155	100.00%
Q-31. Have you ever used an electronic vapor product?			
A.	Yes	403	18.71%
B.	No	1751	81.29%
TOTALS		2,154	100.00%
Q-32. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1969	91.71%
B.	1 or 2 days	90	4.19%
C.	3 to 5 days	28	1.30%
D.	6 to 9 days	14	0.65%
E.	10 to 19 days	19	0.88%
F.	20 to 29 days	16	0.75%
G.	All 30 days	11	0.51%
TOTALS		2,147	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	2103	97.59%
B.	1 or 2 days	22	1.02%
C.	3 to 5 days	10	0.46%
D.	6 to 9 days	10	0.46%
E.	10 to 19 days	4	0.19%
F.	20 to 29 days	2	0.09%
G.	All 30 days	4	0.19%
TOTALS		2,155	100.00%
Q-34. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	1970	91.54%
B.	I got or bought them from a friend, family member, or someone else	130	6.04%
C.	I bought them myself in a vape shop or tobacco shop	4	0.19%
D.	I bought them myself in a convenience store, supermarket, discount store, or gas station	1	0.05%
E.	I bought them myself at a mall or shopping center kiosk or stand	1	0.05%
F.	I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	1	0.05%
G.	I took them from a store or another person	6	0.28%
H.	I got them in some other way	39	1.81%
TOTALS		2,152	100.00%

Q-35. During the past 30 days, what flavor of electronic vapor product did you use most often? (Select only one response.)			
A.	I did not use an electronic vapor product during the past 30 days	1949	91.93%
B.	Alcoholic drinks (such as wine, margarita, or other cocktails)	4	0.19%
C.	Chocolate, candy, desserts, or other sweets	29	1.37%
D.	Fruit	95	4.48%
E.	Menthol	14	0.66%
F.	Mint	15	0.71%
G.	Tobacco	1	0.05%
H.	Some other flavor	13	0.61%
TOTALS		2,120	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	2120	98.56%
B.	1 or 2 days	18	0.84%
C.	3 to 5 days	8	0.37%
D.	6 to 9 days	2	0.09%
E.	10 to 19 days	2	0.09%
F.	20 to 29 days	1	0.05%
G.	All 30 days	0	0.00%
TOTALS		2,151	100.00%

Q-37. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	2128	98.84%
B.	1 or 2 days	17	0.79%
C.	3 to 5 days	4	0.19%
D.	6 to 9 days	2	0.09%
E.	10 to 19 days	2	0.09%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		2,153	100.00%

Q-38. During the past 12 months, did you ever try to quit using all tobacco products?			
A.	I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months	1895	88.26%
B.	Yes	147	6.85%
C.	No	105	4.89%
TOTALS		2,147	100.00%

Q-39. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	1570	73.30%
B.	8 years old or younger	154	7.19%
C.	9 or 10 years old	113	5.28%
D.	11 or 12 years old	178	8.31%
E.	13 or 14 years old	124	5.79%
F.	15 years old or older	3	0.14%
TOTALS		2,142	100.00%

Q-40. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1910	88.92%
B.	1 or 2 days	158	7.36%
C.	3 to 5 days	48	2.23%
D.	6 to 9 days	15	0.70%
E.	10 to 19 days	10	0.47%
F.	20 to 29 days	4	0.19%
G.	All 30 days	3	0.14%
TOTALS		2,148	100.00%

Q-41. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	2046	95.61%
B.	1 day	46	2.15%
C.	2 days	23	1.07%
D.	3 to 5 days	12	0.56%
E.	6 to 9 days	4	0.19%
F.	10 to 19 days	4	0.19%
G.	20 or more days	5	0.23%
TOTALS		2,140	100.00%

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1920	89.59%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	6	0.28%
C.	I bought it at a restaurant, bar, or club	1	0.05%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	20	0.93%
F.	Someone gave it to me	78	3.64%
G.	I took it from a store or family member	53	2.47%
H.	I got it some other way	65	3.03%
TOTALS		2,143	100.00%

Q-43. During the past 30 days, what type of alcohol did you drink most often? (Select only one response.)			
A.	I did not drink alcohol during the past 30 days	1918	89.67%
B.	Beer	57	2.66%
C.	Wine	21	0.98%
D.	Vodka	35	1.64%
E.	Some other liquor, such as rum, scotch, bourbon, whiskey, or tequila	37	1.73%
F.	Flavored alcoholic beverages, such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider	61	2.85%
G.	Some other type of alcohol	10	0.47%
TOTALS		2,139	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	1937	91.37%
B.	1 or 2 times	74	3.49%
C.	3 to 9 times	41	1.93%
D.	10 to 19 times	23	1.08%
E.	20 to 39 times	11	0.52%
F.	40 to 99 times	16	0.75%
G.	100 or more times	18	0.85%
TOTALS		2,120	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	1955	91.01%
B.	8 years old or younger	15	0.70%
C.	9 or 10 years old	27	1.26%
D.	11 or 12 years old	74	3.45%
E.	13 or 14 years old	77	3.58%
F.	15 years old or older	0	0.00%
TOTALS		2,148	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	2064	96.04%
B.	1 or 2 times	41	1.91%
C.	3 to 9 times	22	1.02%
D.	10 to 19 times	9	0.42%
E.	20 to 39 times	9	0.42%
F.	40 or more times	4	0.19%
TOTALS		2,149	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	2108	98.18%
B.	1 or 2 times	23	1.07%
C.	3 to 9 times	12	0.56%
D.	10 to 19 times	2	0.09%
E.	20 to 39 times	1	0.05%
F.	40 or more times	1	0.05%
TOTALS		2,147	100.00%

Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	1941	90.32%
B.	1 or 2 times	126	5.86%
C.	3 to 9 times	53	2.47%
D.	10 to 19 times	17	0.79%
E.	20 to 39 times	3	0.14%
F.	40 or more times	9	0.42%
TOTALS		2,149	100.00%

Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	2126	98.84%
B.	1 or 2 times	16	0.74%
C.	3 to 9 times	3	0.14%
D.	10 to 19 times	2	0.09%
E.	20 to 39 times	1	0.05%
F.	40 or more times	3	0.14%
TOTALS		2,151	100.00%

Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	1946	90.68%
B.	1 or 2 times	113	5.27%
C.	3 to 9 times	38	1.77%
D.	10 to 19 times	20	0.93%
E.	20 to 39 times	16	0.75%
F.	40 or more times	13	0.61%
TOTALS		2,146	100.00%

Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	2144	99.63%
B.	1 or 2 times	6	0.28%
C.	3 to 9 times	1	0.05%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.05%
TOTALS		2,152	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	2139	99.40%
B.	1 or 2 times	10	0.46%
C.	3 to 9 times	1	0.05%
D.	10 to 19 times	1	0.05%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.05%
TOTALS		2,152	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA or Molly)?			
A.	0 times	2106	98.87%
B.	1 or 2 times	15	0.70%
C.	3 to 9 times	7	0.33%
D.	10 to 19 times	1	0.05%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.05%
TOTALS		2,130	100.00%
Q-54. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	2139	99.44%
B.	1 time	9	0.42%
C.	2 or more times	3	0.14%
TOTALS		2,151	100.00%
Q-55. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	348	16.23%
B.	No	1796	83.77%
TOTALS		2,144	100.00%
Q-56. Have you ever had sexual intercourse?			
A.	Yes	229	10.72%
B.	No	1907	89.28%
TOTALS		2,136	100.00%
Q-57. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1968	91.92%
B.	11 years old or younger	63	2.94%
C.	12 years old	38	1.77%
D.	13 years old	45	2.10%
E.	14 years old	24	1.12%
F.	15 years old or older	3	0.14%
TOTALS		2,141	100.00%

Q-58. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1990	92.86%
B.	1 person	98	4.57%
C.	2 people	21	0.98%
D.	3 people	12	0.56%
E.	4 people	11	0.51%
F.	5 people	1	0.05%
G.	6 or more people	10	0.47%
TOTALS		2,143	100.00%

Q-59. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1981	92.74%
B.	I have had sexual intercourse, but not during the past 3 months	90	4.21%
C.	1 person	50	2.34%
D.	2 people	6	0.28%
E.	3 people	2	0.09%
F.	4 people	6	0.28%
G.	5 people	0	0.00%
H.	6 or more people	1	0.05%
TOTALS		2,136	100.00%

Q-60. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1944	90.67%
B.	Yes	45	2.10%
C.	No	155	7.23%
TOTALS		2,144	100.00%

Q-61. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1961	91.76%
B.	Yes	81	3.79%
C.	No	95	4.45%
TOTALS		2,137	100.00%

Q-62. How do you describe your weight?			
A.	Very underweight	79	3.71%
B.	Slightly underweight	362	17.00%
C.	About the right weight	1163	54.63%
D.	Slightly overweight	463	21.75%
E.	Very overweight	62	2.91%
TOTALS		2,129	100.00%

Q-63. Which of the following are you trying to do about your weight?			
A.	Lose weight	768	35.85%
B.	Gain weight	276	12.89%
C.	Stay the same weight	446	20.82%
D.	I am not trying to do anything about my weight	652	30.44%
TOTALS		2,142	100.00%

Q-64. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	737	34.49%
B.	1 to 3 times during the past 7 days	936	43.80%
C.	4 to 6 times during the past 7 days	240	11.23%
D.	1 time per day	95	4.45%
E.	2 times per day	78	3.65%
F.	3 times per day	19	0.89%
G.	4 or more times per day	32	1.50%
TOTALS		2,137	100.00%

Q-65. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	191	8.95%
B.	1 to 3 times during the past 7 days	630	29.52%
C.	4 to 6 times during the past 7 days	528	24.74%
D.	1 time per day	266	12.46%
E.	2 times per day	298	13.96%
F.	3 times per day	113	5.30%
G.	4 or more times per day	108	5.06%
TOTALS		2,134	100.00%

Q-66. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	833	38.87%
B.	1 to 3 times during the past 7 days	924	43.12%
C.	4 to 6 times during the past 7 days	224	10.45%
D.	1 time per day	111	5.18%
E.	2 times per day	31	1.45%
F.	3 times per day	3	0.14%
G.	4 or more times per day	17	0.79%
TOTALS		2,143	100.00%

Q-67. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	919	43.04%
B.	1 to 3 times during the past 7 days	1015	47.54%
C.	4 to 6 times during the past 7 days	144	6.74%
D.	1 time per day	34	1.59%
E.	2 times per day	9	0.42%
F.	3 times per day	5	0.23%
G.	4 or more times per day	9	0.42%
TOTALS		2,135	100.00%

Q-68. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	841	39.34%
B.	1 to 3 times during the past 7 days	892	41.72%
C.	4 to 6 times during the past 7 days	237	11.09%
D.	1 time per day	102	4.77%
E.	2 times per day	33	1.54%
F.	3 times per day	7	0.33%
G.	4 or more times per day	26	1.22%
TOTALS		2,138	100.00%

Q-69. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	333	15.57%
B.	1 to 3 times during the past 7 days	823	38.48%
C.	4 to 6 times during the past 7 days	498	23.28%
D.	1 time per day	229	10.71%
E.	2 times per day	156	7.29%
F.	3 times per day	49	2.29%
G.	4 or more times per day	51	2.38%
TOTALS		2,139	100.00%

Q-70. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	675	31.65%
B.	1 to 3 times during the past 7 days	1030	48.29%
C.	4 to 6 times during the past 7 days	246	11.53%
D.	1 time per day	81	3.80%
E.	2 times per day	58	2.72%
F.	3 times per day	16	0.75%
G.	4 or more times per day	27	1.27%
TOTALS		2,133	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)

A.	I did not drink sports drinks during the past 7 days	1102	51.96%
B.	1 to 3 times during the past 7 days	679	32.01%
C.	4 to 6 times during the past 7 days	189	8.91%
D.	1 time per day	86	4.05%
E.	2 times per day	36	1.70%
F.	3 times per day	12	0.57%
G.	4 or more times per day	17	0.80%
TOTALS		2,121	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	386	18.12%
B.	1 to 3 glasses during the past 7 days	562	26.38%
C.	4 to 6 glasses during the past 7 days	403	18.92%
D.	1 glass per day	307	14.41%
E.	2 glasses per day	238	11.17%
F.	3 glasses per day	104	4.88%
G.	4 or more glasses per day	130	6.10%
TOTALS		2,130	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	249	11.76%
B.	1 day	143	6.75%
C.	2 days	187	8.83%
D.	3 days	163	7.70%
E.	4 days	133	6.28%
F.	5 days	191	9.02%
G.	6 days	149	7.04%
H.	7 days	902	42.61%
TOTALS		2,117	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	143	6.75%
B.	1 day	125	5.90%
C.	2 days	179	8.44%
D.	3 days	221	10.42%
E.	4 days	240	11.32%
F.	5 days	380	17.92%
G.	6 days	208	9.81%
H.	7 days	624	29.43%
TOTALS		2,120	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-75. On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called "screen time")? (Do not count time spent doing schoolwork.)

A.	Less than 1 hour per day	143	6.77%
B.	1 hour per day	201	9.51%
C.	2 hours per day	457	21.63%
D.	3 hours per day	476	22.53%
E.	4 hours per day	351	16.61%
F.	5 or more hours per day	485	22.95%
TOTALS		2,113	100.00%

Q-76. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A.	0 days	335	15.98%
B.	1 day	115	5.48%
C.	2 days	413	19.69%
D.	3 days	255	12.16%
E.	4 days	96	4.58%
F.	5 days	883	42.11%
TOTALS		2,097	100.00%

Q-77. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

A.	0 teams	664	31.62%
B.	1 team	489	23.29%
C.	2 teams	465	22.14%
D.	3 or more teams	482	22.95%
TOTALS		2,100	100.00%

Q-78. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

A.	0 times	1785	84.12%
B.	1 time	224	10.56%
C.	2 times	67	3.16%
D.	3 times	18	0.85%
E.	4 or more times	28	1.32%
TOTALS		2,122	100.00%

Q-79. Has a doctor or nurse ever told you that you have asthma?

A.	Yes	376	17.76%
B.	No	1530	72.27%
C.	Not sure	211	9.97%
TOTALS		2,117	100.00%

Q-80. Do you still have asthma?

A.	I have never had asthma	1351	63.97%
B.	Yes	258	12.22%
C.	No	265	12.55%
D.	Not sure	238	11.27%
TOTALS		2,112	100.00%

Q-81. During the past 30 days, how many days of school did you miss because of your asthma?			
A.	I do not have asthma	1642	77.53%
B.	0 days	446	21.06%
C.	1 day	18	0.85%
D.	2 days	8	0.38%
E.	3 days	3	0.14%
F.	4 days	0	0.00%
G.	5 or more days	1	0.05%
TOTALS		2,118	100.00%

Q-82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	1687	79.65%
B.	Between 12 and 24 months ago	176	8.31%
C.	More than 24 months ago	51	2.41%
D.	Never	22	1.04%
E.	Not sure	182	8.59%
TOTALS		2,118	100.00%

Q-83. During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.)			
A.	Never	578	27.42%
B.	Rarely	521	24.72%
C.	Sometimes	516	24.48%
D.	Most of the time	331	15.70%
E.	Always	162	7.69%
TOTALS		2,108	100.00%

Q-84. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	165	7.82%
B.	5 hours	158	7.49%
C.	6 hours	264	12.52%
D.	7 hours	495	23.47%
E.	8 hours	576	27.31%
F.	9 hours	326	15.46%
G.	10 or more hours	125	5.93%
TOTALS		2,109	100.00%

Q-85. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	2065	97.77%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	12	0.57%
C.	In a shelter or emergency housing	4	0.19%
D.	In a motel or hotel	6	0.28%
E.	In a car, park, campground, or other public place	4	0.19%
F.	I do not have a usual place to sleep	6	0.28%
G.	Somewhere else	15	0.71%
TOTALS		2,112	100.00%

Q-86. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?		
A.	Yes	45 2.13%
B.	No	2063 97.87%
TOTALS		2,108 100.00%
Q-87. During the past 30 days, how often did you go hungry because there was not enough food in your home?		
A.	Never	1821 86.22%
B.	Rarely	190 9.00%
C.	Sometimes	81 3.84%
D.	Most of the time	13 0.62%
E.	Always	7 0.33%
TOTALS		2,112 100.00%
Q-88. During the past 12 months, how would you describe your grades in school?		
A.	Mostly A's	1015 48.94%
B.	Mostly B's	613 29.56%
C.	Mostly C's	179 8.63%
D.	Mostly D's	51 2.46%
E.	Mostly F's	37 1.78%
F.	None of these grades	27 1.30%
G.	Not sure	152 7.33%
TOTALS		2,074 100.00%
Q-89. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	2053 98.00%
B.	1 or 2 times	28 1.34%
C.	3 to 9 times	5 0.24%
D.	10 to 19 times	6 0.29%
E.	20 to 39 times	1 0.05%
F.	40 or more times	2 0.10%
TOTALS		2,095 100.00%
Q-90. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	398 19.02%
B.	No	1695 80.98%
TOTALS		2,093 100.00%