

Rural Mental Health

Preparation Practice Pathway



Photo by Allison Nys

Montana State University & University of Montana partnering to address rural mental health needs

RMHP3 is a federally funded grant program designed to prepare counselors for Montana's rural schools and communities.

Through the grant, counseling students will be prepared and placed in rural schools across Montana as an integral part of their graduate counseling training. This multi-step preparation pathway will include:

- **Rural Life Orientation Training**
(transportation, lodging, meals provided)
- **Rural Professional Practicum**
(\$1200 stipend and counseling supplies provided)
- **Rural Counseling Internship**
(\$1200/month stipend, lodging, travel provided)
- **Rural School and Community Counseling**
(\$12,000 post degree stipend provided)
- **The RMHP3 grant does not provide tuition**

In order to participate in the RMHP3 program, you will:

- **Apply and be admitted** to an MSU or UM graduate degree program in School Counseling, Mental Health Counseling, or Marriage and Family Counseling.
- **Apply and be admitted** to the RMHP3 student cohort (10 students/year will be selected via an application process).
- **Meet all counseling program** benchmarks/milestones and internship pre-requisites.
- **Complete all RMHP3 training** components and serve as a school counselor/mental health in a rural school/community for a one year post-degree placement.

GETTING STARTED: Prospective Rural Counselors

STEP 1: CONTACT A PROGRAM COORDINATOR

- Dr. Anna Elliott (MSU)
anna.elliott@montana.edu
- Dr. Kirsten Murray (UM)
kirsten.murray@mso.umt.edu

STEP 2: APPLY TO MSU AND/OR UM'S GRADUATE COUNSELING PROGRAM

- montana.edu/hhd/graduate/counseling
- coehs.umt.edu/departments/counsel

STEP 3: COMPLETE APPLICATION FOR THE RMHP3 COHORT DURING THE SPRING OF YOUR FIRST YEAR

GETTING STARTED: Prospective Rural Supervisors & Rural School Sites

If you are a school counselor in a rural district and would like to have a counseling intern placed in your school, or if you are a licensed counseling supervisor and would like to provide remote supervision for a counselor-in-training in a rural district:

PLEASE CONTACT AN MSU OR UM PROGRAM COORDINATOR.

- Dr. Anna Elliott (MSU)
anna.elliott@montana.edu
- Dr. Kirsten Murray (UM)
kirsten.murray@mso.umt.edu