School Health Profiles

2018

State Results
What is the School Health Profiles (Profiles)?

- Profiles is a system of surveys assessing school health policies and practices in states, territories, and large urban school districts.
- Profiles surveys are conducted biennially (during even-numbered years) by state, territorial, and local education and health agencies with technical assistance from CDC.
- Profiles questionnaires are administered to middle and high school principals and lead health education teachers.
Topics Monitored by Profiles

- School health education requirements and content
- Physical education and physical activity
- Practices related to bullying and sexual harassment
- School health policies related to tobacco-use prevention and nutrition
- School-based health services
- Family engagement and community involvement
- School health coordination
Profiles Participation, 1998-2018

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td># of states</td>
<td>38</td>
<td>38</td>
<td>43</td>
<td>41</td>
<td>44</td>
<td>50</td>
<td>50</td>
<td>49</td>
<td>50</td>
<td>50</td>
<td>48</td>
</tr>
<tr>
<td># of large urban school districts</td>
<td>10</td>
<td>13</td>
<td>14</td>
<td>13</td>
<td>16</td>
<td>21</td>
<td>20</td>
<td>19</td>
<td>21</td>
<td>21</td>
<td>21</td>
</tr>
<tr>
<td># of territories</td>
<td>--</td>
<td>--</td>
<td>--</td>
<td>--</td>
<td>--</td>
<td>5</td>
<td>6</td>
<td>5</td>
<td>3</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td># of tribal governments</td>
<td>--</td>
<td>--</td>
<td>--</td>
<td>--</td>
<td>--</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>--</td>
<td>--</td>
<td>--</td>
</tr>
<tr>
<td>Total # of sites</td>
<td>48</td>
<td>51</td>
<td>57</td>
<td>54</td>
<td>60</td>
<td>78</td>
<td>78</td>
<td>75</td>
<td>74</td>
<td>75</td>
<td>71</td>
</tr>
<tr>
<td>Total % of sites with weighted data</td>
<td>77%</td>
<td>75%</td>
<td>77%</td>
<td>70%</td>
<td>82%</td>
<td>94%</td>
<td>99%</td>
<td>92%</td>
<td>96%</td>
<td>97%</td>
<td>93%</td>
</tr>
</tbody>
</table>
State, Territorial, and District Participation—Profiles 2018
Uses of Profiles Data

Education and health officials use Profiles data to

- Describe school health policies and practices and compare them across jurisdictions
- Identify professional development needs
- Plan and monitor programs
- Support health-related policies and legislation
- Seek funding
- Garner support for future surveys
Examples of Uses of Profiles Data

- **Maine Department of Education**
  - Used School Health Profiles results to inform the revision of their health education and physical education standards.

- **Boston Public Schools**
  - Has used Profiles results to track implementation of the District Wellness Policy, including health education curriculum delivery, training of teachers, and implementation of their Safe and Supportive Schools Policy.

- **New York City Office of School Wellness Programs**
  - Use Profiles data to inform the design of professional learning opportunities for health and physical education teachers and principals.
Profiles Information

http://www.cdc.gov/schoolhealthprofiles

- Overview of the School Health Profiles
- Questionnaires
- Comprehensive results
- Fact sheet
- Publications and journal articles
- Participation history
- Frequently asked questions about requesting data files
- Data file request form