



School Health Profiles

2018

State Results

What is the School Health Profiles (Profiles)?

- **Profiles is a system of surveys assessing school health policies and practices in states, territories, and large urban school districts**
- **Profiles surveys are conducted biennially (during even-numbered years) by state, territorial, and local education and health agencies with technical assistance from CDC**
- **Profiles questionnaires are administered to middle and high school principals and lead health education teachers**

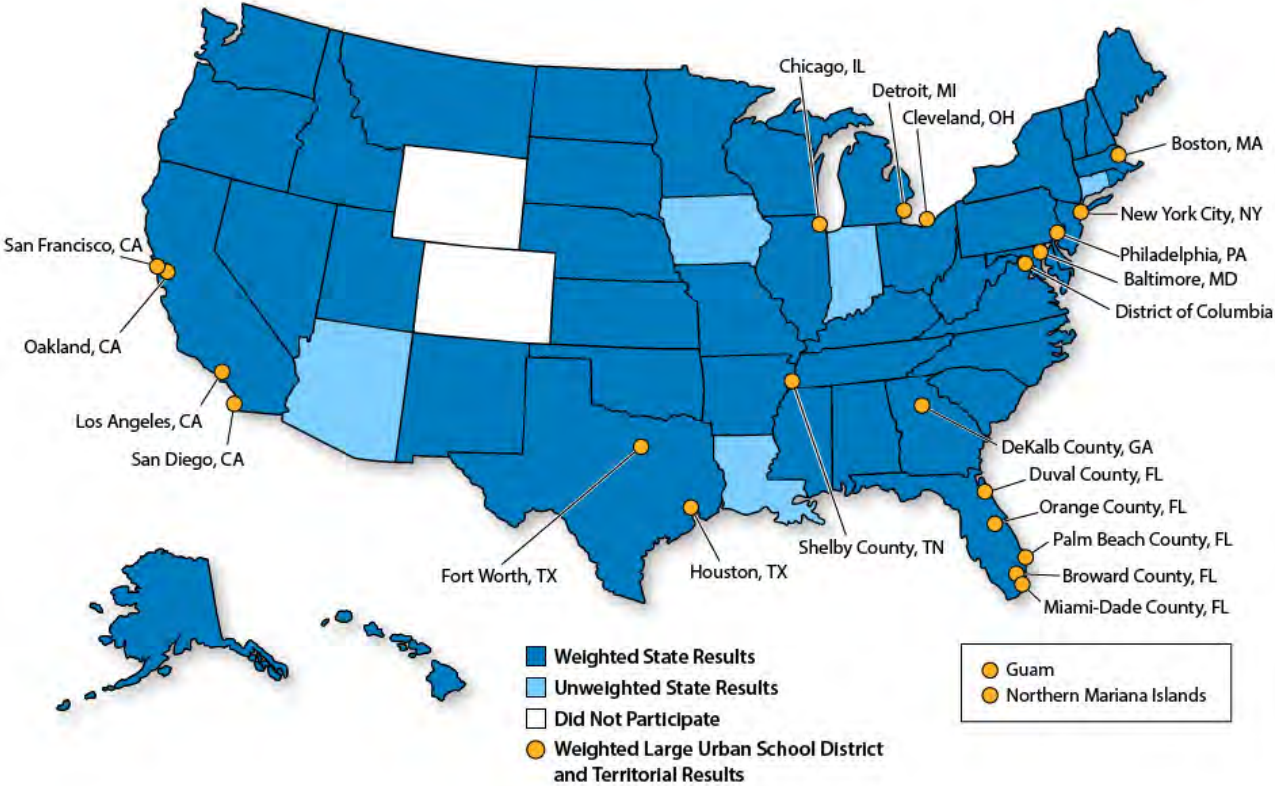
Topics Monitored by Profiles

- **School health education requirements and content**
- **Physical education and physical activity**
- **Practices related to bullying and sexual harassment**
- **School health policies related to tobacco-use prevention and nutrition**
- **School-based health services**
- **Family engagement and community involvement**
- **School health coordination**

Profiles Participation, 1998-2018

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018
# of states	38	38	43	41	44	50	50	49	50	50	48
# of large urban school districts	10	13	14	13	16	21	20	19	21	21	21
# of territories	--	--	--	--	--	5	6	5	3	4	2
# of tribal governments	--	--	--	--	--	2	2	2	--	--	--
Total # of sites	48	51	57	54	60	78	78	75	74	75	71
Total % of sites with weighted data	77%	75%	77%	70%	82%	94%	99%	92%	96%	97%	93%

State, Territorial, and District Participation—Profiles 2018



Uses of Profiles Data

Education and health officials use Profiles data to

- **Describe school health policies and practices and compare them across jurisdictions**
- **Identify professional development needs**
- **Plan and monitor programs**
- **Support health-related policies and legislation**
- **Seek funding**
- **Garner support for future surveys**

Examples of Uses of Profiles Data

- **Maine Department of Education**
 - Used School Health Profiles results to inform the revision of their health education and physical education standards.
- **Boston Public Schools**
 - Has used Profiles results to track implementation of the District Wellness Policy, including health education curriculum delivery, training of teachers, and implementation of their Safe and Supportive Schools Policy.
- **New York City Office of School Wellness Programs**
 - Use Profiles data to inform the design of professional learning opportunities for health and physical education teachers and principals.

Profiles Information

<http://www.cdc.gov/schoolhealthprofiles>

- Overview of the School Health Profiles
- Questionnaires
- Comprehensive results
- Fact sheet
- Publications and journal articles
- Participation history
- Frequently asked questions about requesting data files
- Data file request form