Age-Expected, Immediate Foundational, & Foundational Skills/Behaviors Exercise

Identify the age-expected [AE], immediate foundational [IF], and foundational (those leading to immediate foundational) [F] skills/behaviors for a 30 month old child.

### Outcome 1 Positive Social Relationships

#### Relating with Adults
- Routinely initiates and maintains positive back and forth social interaction with familiar adult
- Responds favorably to familiar adult’s initiated social behavior
- Prefers to be near primary caregiver and gets upset when caregiver leaves even if briefly

#### Relating with Other Children
- Child plays primarily alone – not interested in peers
- Child initiates and maintains social interaction with peers
- Child responds appropriately to peer social behavior, but does not initiate; may play near peers

#### Following Rules Related to Groups or Interacting with Others
- Given specific verbal prompt, child performs 2 steps in an established routine or alters behavior to comply with established rule or routine
- Given general verbal or contextual cues, child initiates series of responses associated with an established rule or routine
- Given appropriate verbal and physical prompting, child cooperates with familiar adult assistance in following steps of an established routines

### Outcome 2 Acquiring and Using Knowledge and Skills

#### Thinking, Reasoning, Remembering, and Problem Solving
- Navigates large object around barriers; uses several different attempts to solve problems; demonstrates persistence
- Regards object and attempts to retain when presented
- Uses part of an object and/or support to obtain another object; makes detour to retrieve object

#### Understanding Symbols
- Shows interest in books; manipulates book briefly looking at pictures
- Sits and attends to story; enjoys looking at named pictures
- Looks through books purposefully and finds details in favorite book picture

#### Understanding the Physical and Social World
- Repeats simple nursery rhymes, songs, or finger plays with adults or children
- Has less than 50 words; sometimes imitates words not frequently used
- Uses 2 word utterances to communicate with adults or children

### Outcome 3 Taking Action to Meet Needs

#### Taking Care of Basic Needs
- Finger feeds and cooperates with adult feeding; taking food from spoon
- Brings fork or spoon to mouth; may have help filling utensil; drinks from cup with assistance
- Eats with fork and spoon; drinks from cup

#### Contributing to Own Health and Safety
- Beginning to demonstrate bowel and bladder control; indicates awareness of soiled and wet pants/diaper; sometimes goes in potty
- Beginning to initiate need to use toilet; exhibits bowel and bladder control when regulated; washes hands with assistance
- Little or no awareness of soiled or wet pants/diapers, resists participation in toileting routine

#### Getting from Place to Place and Using Tools
- Runs, avoiding obstacles; walks up/down stairs alternating or not; climbs on play equipment
- Walks fast; walks up/down stairs with 2-handed support
- Gets up and down from low structure (couch); moves up/down stairs creeping, crawling or on bottom

*AE-IF-F Matching Activity (Feb. 2010) Adapted from Rhode Island Early Intervention For further information please email: naomi.younggren2@us.army.mil*