



# Social Emotional Learning (SEL) Competencies

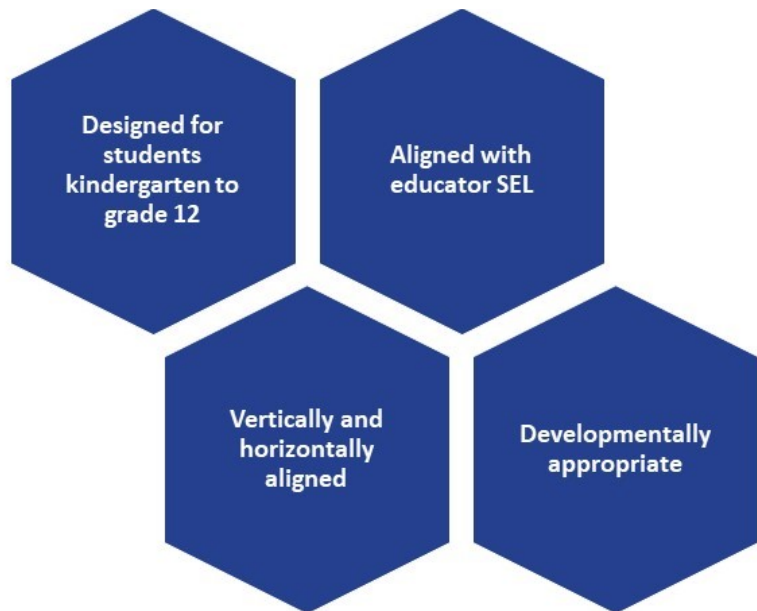
## *Building Foundations for Success*

### Why SEL Competencies?

Competencies that braid academic, behavioral, and social & emotional skills:

- Build & promote skills essential for academic success & future workforce readiness
- Create a common language for developing school-wide goals
- Create supportive classroom environments which lead to higher rates of attendance & teacher retention
- Foster personal and social resilience

### The Montana SEL Competencies are:



The Montana SEL competencies were developed in collaboration with teachers, school administrators, counselors, content area specialists, and caregivers. The Montana SEL Competencies are:

**Designed for students kindergarten to grade 12:** The SEL competencies were designed to serve as a tool to support the SEL development of all Montana's students.

**Aligned with educator SEL:** Educator SEL competencies coincide with student competencies & emphasize the important role caring and trusted adults play in modeling, teaching, and strengthening student SEL skill development.

**Vertically and horizontally aligned:** Competencies align within grade-levels, vertically across the five SEL competency areas, and are aligned across grade levels, horizontally, reflecting the expected progression of SEL skill development as students age and move from kindergarten through grade 12.

**Developmentally appropriate:** The competencies are informed by Bloom's taxonomy to be developmentally appropriate across grade levels.

To [download](#) the Montana SEL competencies and learn more about SEL visit the OPI's [School Mental Health](#) site.