## BACK TO BASICS

Christy Hendricks, OPI Foster Care Point of Contact Serena Wright, OPI State Homeless Coordinator

## AGENDA

McKinney-Vento Act (Homeless Law) and definition Liaison Duties Foster Care definition
Foster Care Points of Contact Roles/Responsibilities Rights
Barriers
Transportation
Resources

## LINE OF ONE



## FOSTER CARE DEFINITIONS

## State of Montana placements excluding Tribal Foster Care.

- Group Home
- Foster Care Home
- Students in foster care make up 4.33\% of the total population of MT public school students.
- 2021-2022 Data is only from Foster Care students that are enrolled in public schools.

Foster Care Program - OPI


## MCKINNEY-VENTO DEFINITION OF HOMELESS

## Means individuals who lack a fixed, regular, and adequate nighttime residence

 And includes -i. children and youths who are sharing the housing of other persons due to loss of housing, economic hardship, or a similar reason; are living in motels, hotels, trailer parks, or camping grounds due to the lack of alternative adequate accommodations; are living in emergency or transitional shelters; or are abandoned in hospitals;
ii. children and youths who have a primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings...;
iii. children and youths who are living in cars, parks, public spaces, abandoned buildings, substandard housing, bus or train stations, or similar settings; and
iv. migratory children...who qualify as homeless for the purposes of this subtitle because the children are living in circumstances described in clauses (i) through (iii).

## HOMELESS DEFINITIONS

Foster children often come from homeless situations or return to homeless situations.

- Doubled up
- Unsheltered (Substandard housing)
-Hotel/Motel
- Shelter (including transitional housing)

- 3.1\% of MT public school students experience homelessness in 2021-2022 school year.
- Unaccompanied Homeless Youth

Homeless Children and Youth Program - OPI

## WHAT IS THE DIFFERENCE?

## Foster

Law - Title I, Part A of ESSA
Staff - Point of Contact (only required if there are foster kids)

Funding - *Title I, Part A
Only covered while in foster care
DPHHS shares names with OPI - no current agreement with any tribal social services

## Homeless

Law - Title VII, Part B of McKinneyVento

Staff - Homeless Liaison (required for all)

Funding - MV subgrants and Title I, A set aside

Covered for the whole school year
Schools identify students in state student information system

## HOMELESS LIAISON/FOSTER CARE POINT OF CONTACT ROLES

Every district has a staff member serving as a homeless liaison or foster care point of contact.

Foster Care Guidance Toolkit
Homeless Liaison Toolkit


## STUDENT RIGHTS

-Immediate enrollment without documentation (or a guardian)
-School of origin (best interest determination)
-Transportation
-Free school meals
-Equal Access and Educational Equity
-School counselor assistance with the FAFSA
-Montana School Board Policies

## IMMEDIATE ENROLLMENT

Student must be enrolled and fully attending within 24-48 hours
No documentation is required (immunizations, birth certificates, transcripts, IEPs, guardianship paperwork, court placement records, etc.)

- Schedules can be determined based on placement testing, age of the student, or on what the child remembers studying
- IEP accommodations can be temporary pending the arrival of paperwork, most IEPs written in Montana are located in an online database
- IEPs should be updated ASAP if the foster parent/social worker feels the child's needs have changed (we highly recommend this for children entering state custody for the first time)
- IEP evaluations can be requested prior to enrollment (we highly recommend this for children entering foster care who may have intellectual or behavioral needs)
- A 504 plan can be requested for students who do not qualify for an IEP, but who are impacted by PTSD or other issues

When a child enters foster care, even though they live here...


FC
Placement School


Bio
Family


School of
Origin

...they have the right to attend school here!


## SCHOOL SELECTION-HOMELESS

## School of origin

-School attended when permanently housed
-School in which the student was last enrolled, including preschool and feeder school pattern

## Local attendance area school

-Any public school that students living in the same attendance area are eligible to attend

```
PURPOSE: Muption...stability
    Minimal disruption...stability
```


## INFINITE CAMPUS

## Foster Care - There will be a New Tab - STATE Youth Facility



## STATE YOUTH FACILITY



## FACILITY LIST



## TRANSPORTATION

Right to transportation to the school they will be attending. This includes any extracurricular activities.
Limited to 60 miles or 60 minutes one way.

MTSBA Policies (Make sure these are updated!!!!)
-3121
-3125
-8100

## TransAct Parent Notice

## TransAct Form - FC-04

## EQUAL ACCESS

Homeless and foster students cannot be placed in segregated classrooms or programs.

## Academic Programs

- AP, Honors, IB, Dual enrollment, etc.
- Gifted and Talented
- Career and Technical Education (including dual enrollment, certification, and work-based learning)

Extra-curricular activities

- Athletics
- Fine Arts (band, choir, etc.)
- Career and Technical Student Organizations (FFA, FCCLA, BPA, etc.)
- Clubs, Honor Societies, Yearbook, or other school sponsored activities

Review all current seniors to determine those who do not have enough credits to graduate from the district.


## Please remember along the way

- Strive for equity (equity vs. equality)
- Fair is not always equal/same
- Sometimes it is easier to ask for forgiveness than permission - do what is right by students and for students
- We are here to serve all students the ones with barriers need our service the most



## SB 18: The Law

"AN ACT ALLOWING CERTAIN HIGH SCHOOL STUDENTS WHO MEET THE STATE MINIMUM GRADUATION CREDIT REQUIREMENT TO RECEIVE A DIPLOMA FROM A DISTRICT THAT HAS A HIGHER CREDIT REQUIREMENT; AND PROVIDING AN IMMEDIATE EFFECTIVE DATE."


## Applies to state graduation requirements

- For students who meet the state minimum high school credit requirement for graduation, as set forth in Chapter 55 by the Montana Board of Public Education, but will not meet the local requirement
- The district must award the student a diploma.
http://www.mtrules.org/gateway/ruleno.as p? $\mathrm{RN}=10.55 .905$ (


## Educational Disruptions:

Educational disruptions include:

- Homelessness
- Child Welfare System Involvement
- Juvenile Justice System Involvement
- Medical or Mental Health Crisis
- Another event approved by the Board of Trustees
These educational disruptions must have occurred some time during grades nine through twelve.


## Why award partial credit to students with educational disruptions?

## Students face numerous barriers, often these are

beyond their control, to successfully complete school in a timely manner.

- Frequent school transfers
- Moves during semester - credit has not yet been awarded
- Loss of attendance
- Changes in curriculum/grad requirements from school to school
- Lack of support/advocacy
- Loss of educational records
- Anxiety associated with uncertainty/instability
- Potential health (physical and mental) concerns
- Increased risk of failure/dropping out
- Etc.

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## GRADUATION DATA

| Graduation Rate |  |  |
| :---: | :---: | :---: |
|  |  | 4-year Cohort |
| All Students |  |  |
|  | State | 86\% |
| Foster Care |  |  |
|  | State | 58\% |
| Homeless |  |  |
|  | State | 64\% |

**Graduation Rate Data is from 2021-2022 School Year

## DROP OUT DATA

MT state dropout rate is $3.99 \%$, of those $7.6 \%$ were homeless, $6.3 \%$ had been in foster care and $1 \%$ were both.

# INSTABILITY CREATES EDUCATIONAL BARRIERS 

Educational disruption due to changing schools, often multiple times High rates of absenteeism and dropping out
Undiagnosed learning disabilities or special education needs
Inability to focus on studies due to:

- Trauma of losing your home, belongings, routines, friends, loved ones
- Lacking basic needs: food, clothing, health care
- Stress over where you will sleep
- Other mental health conditions
- Working long hours
- Not understanding curriculum

Feeling embarrassment, shame, and alone

## ADDITIONAL BARRIERS IN RURAL AND TRIBAL AREAS

Resources, including transportation and mental health, are limited.

Families are reluctant to disclose homelessness; identifying students is a challenge.

Many families are living with relatives, it may be cultural. And maybe those families are also facing hardships/in-transition

More difficult for local liaisons and other school staff to reach out to families over long distances.

## COMMUNITY SUPPORTS

- Athletic fees
- Tickets to attend events (even for families)
- Graduation supplies (yearbook, invitations, senior pictures)
- Prom dresses

Food bank-https://www.foodpantries.org/
Public library
Churches
Athletic Booster Club


Head Start

## KEEP IN MIND

1) Recognize that a child is going into survival mode and respond in a kind, compassionate way.
2) Create calm, predictable environment.
3) Praise publicly and criticize privately.
4) Adapt your mindfulness practice.
5) Take care of yourself.


## More information on school strategies for complex trauma.

The Pair of ACEs

## Adverse Childhood Experiences


© Ellis 2020
Poverty
Discrimination

| Community |
| :---: | :---: | :---: |
| Disruption |


| Lack of Opportunity, Economic |
| :---: |
| Mobility \& Social Capital |


| Poor Housing |
| :---: |
|  |

Affordability

## ACEs can have lasting effects on...

Health (obesity, diabetes, depression, suicide attempts, STDs, heart disease, cancer, stroke, COPD, broken bones)

Behaviors (smoking, alcoholism, drug use)

Life Potential (graduation rates, academic achievement, lost time from work)

*This pattern holds for the 40+ outcomes, but the exact risk values vary depending on the outcome.

CDC Vital signs-long-term effects
CDC info, links, PD, and studies about ACEs
Morbidity and Mortality Research-CDC

## Trauma changes the brain architecture.



## SINGLE EXPOSURE TO TRAUMA

May cause

- Headaches and stomachaches
- Jumpiness
- Intrusive thoughts
- Interrupted sleep and nightmares
- Anger and moodiness
- Social withdrawal
- Any of these can interfere with concentration and memory


## COMPLEX TRAUMA

Influences children to

- Believe the world is unsafe and they can't depend on adults to keep them safe
- Think there is no justice or fairness in life
- Be suspicious and distrustful; overact to minor disagreements or understandings; have difficulty creating healthy relationships
-Be uncomfortable and react negatively to praise and unconditional love


## WHAT TRAUMA LOOKS LIKE IN STUDENTS

Thinking others are violating your personal space, e.g., "What are you looking at?"

Blowing up when told what to do by an authority figure
Fighting when criticized or teased by others
Resisting transition or change
Hording or stealing food; eating excessively fast
Writing, drawing, coloring so hard it tears paper

## TRIGGERS

False alarms that remind of traumatic events
Children with early trauma may retain implicit memories of abuse

- Physical or emotional sensations can trigger these memories, causing flashbacks, nightmares, or other reactions


## Triggers can include

- Sights - door closing, dark room, ketchup
- Sounds - tone, accent, loud noises, arguing
- Taste or texture of food
- Feeling - being too close/touching, feeling alone
- Smells - cologne, tobacco, alcohol, drugs


## HELPING STUDENTS REGULATE

When overwhelmed by a trigger, the parts of the brain become disassociated

- Logical, speaking side of brain shuts down
- Emotional, reactionary side of brain takes over

Help students regulate by

- Removing the trigger
- Changing the type of activity
- Getting them to do anything calming
- Listening to music 60 bpm or less
- Reading in the corner
- Holding transitional objects


## PUNISHMENT VS. CONSEQUENCES

## Punishment

-Enforces obedience
-Asserts power \& control - Often causes resentment \& rarely teaches what you want them to learn
-Leaves student feeling helpless, powerless \& shamed

## Consequences are

- Designed to teach, change, or shape behavior
- Aimed at helping students learn how to make better choices
- Logical and clearly connected to behavior
- Given empathetically, respectfully and reasonably based on student's behavior


## BE GENUINE...

Be happy they are there...
You have no idea what it took for them to get to school that day

Build relationships, be vulnerable, talk to the kids/staff

Every person has 4 basic needs: Accepted, Significant, Protected, Purpose

## YOUTH RISK BEHAVIOR SURVEY DATA

Statewide the reported rate of homelessness was almost 4\%, in Montana.
In some urban districts in Montana, it was as high as $10 \%$ of all students who responded to the survey.
*The 2021 YRBS was conducted in February-March 2021

2019 Youth Risk Behavior Survey Special Report: Homelessness 2021 Youth Risk Behavior Survey Special Report: Homelessness

## SELF-REPORTED RISK FACTORS



## SELF-REPORTED SUBSTANCE ABUSE



## PERCENTAGE OF HIGH SCHOOL STUDENTS WHO DID NOT ALWAYS WEAR A SEAT BELT,* BY SEX, ${ }^{\dagger}$ GRADE, ${ }^{\dagger}$ AND RACE/ETHNICITY, ${ }^{\dagger} 2021$


*When riding in a car driven by someone else
${ }^{\dagger} \mathrm{M}>\mathrm{F} ; 9$ th $>11$ th, 9 th $>12$ th; $\mathrm{H}>\mathrm{W}, \mathrm{N}>\mathrm{B}, \mathrm{N}>\mathrm{H}, \mathrm{N}>\mathrm{W}$ (Based on t-test analysis, $\mathrm{p}<0.05$.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
This graph contains weighted results.

## PERCENTAGE OF HIGH SCHOOL STUDENTS WHO DID NOT ALWAYS WEAR A SEAT BELT,* 1993-2021 ${ }^{\dagger}$


*When riding in a car driven by someone else
${ }^{\dagger}$ Decreased 1993-2021, no change 1993-1997, decreased 1997-2021 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $\mathrm{p}<0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic results.

# PERCENTAGE OF HIGH SCHOOL STUDENTS WHO TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE,* BY SEX, ${ }^{\dagger}$ GRADE, ${ }^{\dagger}$ AND RACE/ETHNICITY, $\dagger$ 2021 


*On at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey
${ }^{\dagger}$ F > M; 10th > 9th, 11th > 9th, 11th > 10th, 12th > 9th, 12th > 10th, 12th > 11th; W > N (Based on t-test analysis, p < 0.05.)
All Hispanic students are included in the
Hispanic category. All other races are non-
Hispanic. This graph contains weighted results.

# PERCENTAGE OF HIGH SCHOOL STUDENTS WHO FELT SAD OR HOPELESS,* BY SEX, ${ }^{\dagger}$ GRADE, ${ }^{\dagger}$ AND RACE/ETHNICITY, ${ }^{\dagger} 2021$ 


*Almost every day for $>=2$ weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey
${ }^{\mathrm{t}} \mathrm{F}>\mathrm{M}$; 10th > 9th; H > W (Based on t-test analysis, $\mathrm{p}<0.05$.)
All Hispanic students are included in the Hispanic category. All other races are non-
Hispanic. This graph contains weighted results.

## PERCENTAGE OF HIGH SCHOOL STUDENTS WHO FELT SAD OR HOPELESS,* 1999-2021 ${ }^{\dagger}$



## *Almost every day for $>=2$ weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey

${ }^{\dagger}$ Increased 1999-2021, no change 1999-2013, increased 2013-2021 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p<0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic
trends (if present).] This
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graph contains weighted
results.

## PERCENTAGE OF HIGH SCHOOL STUDENTS WHO SERIOUSLY CONSIDERED ATTEMPTING SUICIDE，＊1993－2021 ${ }^{\dagger}$


＊During the 12 months before the survey
†Decreased 1993－2021，decreased 1993－2009，increased 2009－2021［Based on linear and quadratic trend analyses using logistic regression models controlling for sex
ratee lhnicity，and grade（ $<0.05$ ）．Significant linear trends（if present）across all available years are described first followed by linear changes in each segment of

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## PERCENTAGE OF HIGH SCHOOL STUDENTS WHO MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE,* BY SEX, ${ }^{\dagger}$ GRADE, ${ }^{\dagger}$ AND RACE/ETHNICITY, ${ }^{\dagger} 2021$


*During the 12 months before the survey
${ }^{4}$ F > M; 10th > 11th, 10th > 12th; H > B, H > W (Based on t-test analysis, $\mathrm{p}<0.05$.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
This graph contains weighted results.

# PERCENTAGE OF HIGH SCHOOL STUDENTS WHO MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE,* 1993-2021 



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## PERCENTAGE OF HIGH SCHOOL STUDENTS WHO ATTEMPTED SUICIDE, * BY SEX, ${ }^{\dagger}$ GRADE, ${ }^{\dagger}$ AND RACE/ETHNICITY, ${ }^{2} 2021$


*One or more times during the 12 months before the survey
${ }^{\dagger} \mathrm{F}>\mathrm{M}$; 9th $>12$ th, 10 th $>11$ th, 10 th $>12$ th; $\mathrm{H}>\mathrm{W}, \mathrm{N}>\mathrm{W}$ (Based on t -test analysis, $\mathrm{p}<0.05$.) All Hispanic students are included in the Hispanic category. All other races are non-Hispanic. This graph contains weighted results.

## PERCENTAGE OF HIGH SCHOOL STUDENTS WHO ATTEMPTED SUICIDE,* 1993-2021 ${ }^{\dagger}$


*One or more times during the 12 months before the survey
${ }^{\dagger}$ No change 1993-2021 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p<0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).] This graph contains weighted results.

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# PERCENTAGE OF HIGH SCHOOL STUDENTS WHO HAD A SUICIDE ATTEMPT THAT RESULTED IN AN INJURY, POISONING, OR OVERDOSE THAT HAD TO BE TREATED BY A DOCTOR OR NURSE,* BY SEX, ${ }^{+}$GRADE, AND RACE/ETHNICITY, ${ }^{+} 2021$ 


*During the 12 months before the survey
${ }^{\dagger} \mathrm{F}>\mathrm{M} ; \mathrm{H}>\mathrm{W}$ (Based on t-test analysis, $\mathrm{p}<0.05$.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic
This graph contains weighted results.


## RESOURCES

## Foster Care

- OPI Foster Care Website
- Montana Foster Care Points of Contact
- Montana Toolkit (OPI \& DPHHS)
- Outcomes of Youth Transitioning from Foster Care to Adulthood
- Rural Behavioral Health Institute
- Foster Care Dashboard
- SB 18
- Foster Care MOU (OPI \& DPHHS)


## Homeless/McKinney Vento

-OPI McKinney-Vento Website

- Montana's District Homeless Liaisons
- District Liaison Toolkit
- National Center for Homeless Education (NCHE)
- SchoolHouse Connection
- Reach Higher Montana


## HIGH-TIERED COP

What it is
What they do
Fall Conference - October 9-11 - Billings

Registration Link

Draft Agenda

## HOMELESS PD

## Self-Paced Training Videos Modules offering certificates of completion:

-OPI Learning Hub: An Introduction to Homeless Education **All 3 CEUs
There are also courses on Child Trafficking and pretty much the entire Mental Health section-At-
Risk: Mental Health, Suicide Awareness, Trauma-Informed Practices, Overcoming ACEs, Emotional \& Mental Wellness, Bullying, Community-Based Crisis Interventions—any of these would work because they would also address the needs of students experiencing homelessness

- National Center for Homeless Education(NCHE) *Technical Assistance Center for US.Ed. GREAT VARIETY of TOPICS 30 min videos NCHE Training VideOS (you can watch different ones) (Training Videos do provide certificates of completion, however the Recorded Webinars do NOT. They are very informative and ppts can be used for site PD)
- Head Start that provides certificates of completion. Each module is 30 minutes long.

Head Start Homeless Modules

- National Center for Homeless Education: various dates, times, and topics
https://nche.ed.gov/group-training/
September $26^{\text {th }} 12 \mathrm{pm}-1 \mathrm{pm}$ McKinney-Vento School Selection... Register
October $10^{\text {th }} 12 \mathrm{pm}-1 \mathrm{pm}$ Understanding Doubled-Up... Register


## CONFERENCE

NAECHY-National Association for the Education of Homeless Children and Youth, New Orleans and VIRTUAL option November 11-14 ${ }^{\text {th }}$ https://naehcy.org/conference/2023-conference-2/

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## CONTACT INFO

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