

2017 NORTH WEST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 694 middle school students in North West Region during February of 2017. Frequency distributions may not total 694 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	3	0.43%
C.	12 years old	124	17.89%
D.	13 years old	343	49.49%
E.	14 years old	208	30.01%
F.	15 years old	14	2.02%
G.	16 years old or older	1	0.14%
	TOTALS	693	100.00%
Q-2. What is your sex?			
A.	Female	318	46.09%
B.	Male	372	53.91%
	TOTALS	690	100.00%
Q-3. In what grade are you?			
A.	7th grade	306	44.80%
B.	8th grade	377	55.20%
	TOTALS	683	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	68	9.99%
B.	No	613	90.01%
	TOTALS	681	100.00%
Q-5. What is your race? (Select one or more responses.)			
A.	American Indian or Alaskan Native	107	14.44%
B.	Asian	27	3.64%
C.	Black or African American	16	2.16%
D.	Native Hawaiian or Other Pacific Islander	14	1.89%
E.	White	577	77.87%
	TOTALS	741	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	8	1.16%
B.	Rarely	20	2.91%
C.	Sometimes	58	8.43%
D.	Most of the time	222	32.27%
E.	Always	380	55.23%
	TOTALS	688	100.00%

Q-7. How often do you wear a seat belt when driving a car?

A.	I do not drive a car	509	74.31%
B.	Never	12	1.75%
C.	Rarely	10	1.46%
D.	Sometimes	10	1.46%
E.	Most of the time	39	5.69%
F.	Always	105	15.33%
TOTALS		685	100.00%

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A.	0 times	564	83.31%
B.	1 time	57	8.42%
C.	2 or 3 times	26	3.84%
D.	4 or 5 times	6	0.89%
E.	6 or more times	24	3.55%
TOTALS		677	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A.	0 days	510	73.70%
B.	1 day	52	7.51%
C.	2 or 3 days	48	6.94%
D.	4 or 5 days	22	3.18%
E.	6 or more days	60	8.67%
TOTALS		692	100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

A.	0 days	656	94.52%
B.	1 day	14	2.02%
C.	2 or 3 days	11	1.59%
D.	4 or 5 days	1	0.14%
E.	6 or more days	12	1.73%
TOTALS		694	100.00%

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A.	0 days	626	90.46%
B.	1 day	19	2.75%
C.	2 or 3 days	21	3.03%
D.	4 or 5 days	4	0.58%
E.	6 or more days	22	3.18%
TOTALS		692	100.00%

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Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	628	90.49%
B.	1 day	29	4.18%
C.	2 or 3 days	22	3.17%
D.	4 or 5 days	4	0.58%
E.	6 or more days	11	1.59%
TOTALS		694	100.00%

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	625	90.58%
B.	1 time	38	5.51%
C.	2 or 3 times	15	2.17%
D.	4 or 5 times	5	0.72%
E.	6 or 7 times	1	0.14%
F.	8 or 9 times	1	0.14%
G.	10 or 11 times	1	0.14%
H.	12 or more times	4	0.58%
TOTALS		690	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	474	69.10%
B.	1 time	118	17.20%
C.	2 or 3 times	55	8.02%
D.	4 or 5 times	16	2.33%
E.	6 or 7 times	6	0.87%
F.	8 or 9 times	3	0.44%
G.	10 or 11 times	1	0.15%
H.	12 or more times	13	1.90%
TOTALS		686	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	597	86.15%
B.	1 time	69	9.96%
C.	2 or 3 times	21	3.03%
D.	4 or 5 times	0	0.00%
E.	6 or 7 times	3	0.43%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	3	0.43%
TOTALS		693	100.00%

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Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	53	7.64%
B.	No	641	92.36%
TOTALS		694	100.00%

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	639	92.34%
B.	1 time	31	4.48%
C.	2 or 3 times	11	1.59%
D.	4 or 5 times	3	0.43%
E.	6 or more times	8	1.16%
TOTALS		692	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	345	49.93%
B.	0 times	316	45.73%
C.	1 time	17	2.46%
D.	2 or 3 times	7	1.01%
E.	4 or 5 times	2	0.29%
F.	6 or more times	4	0.58%
TOTALS		691	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	338	48.91%
B.	0 times	336	48.63%
C.	1 time	12	1.74%
D.	2 or 3 times	2	0.29%
E.	4 or 5 times	2	0.29%
F.	6 or more times	1	0.14%
TOTALS		691	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	230	33.43%
B.	No	458	66.57%
TOTALS		688	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	152	21.97%
B.	No	540	78.03%
TOTALS		692	100.00%

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	117	16.88%
B.	No	576	83.12%
TOTALS		693	100.00%

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Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	173	25.44%
B.	No	507	74.56%
TOTALS		680	100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	128	18.50%
B.	No	564	81.50%
TOTALS		692	100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	109	15.73%
B.	No	584	84.27%
TOTALS		693	100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	602	87.37%
B.	1 time	63	9.14%
C.	2 or 3 times	15	2.18%
D.	4 or 5 times	4	0.58%
E.	6 or more times	5	0.73%
TOTALS		689	100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	586	84.93%
B.	Yes	25	3.62%
C.	No	79	11.45%
TOTALS		690	100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	123	17.85%
B.	No	566	82.15%
TOTALS		689	100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	575	83.33%
B.	8 years old or younger	26	3.77%
C.	9 or 10 years old	35	5.07%
D.	11 or 12 years old	28	4.06%
E.	13 or 14 years old	26	3.77%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		690	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	660	95.24%
B.	1 or 2 days	16	2.31%
C.	3 to 5 days	5	0.72%
D.	6 to 9 days	3	0.43%
E.	10 to 19 days	5	0.72%
F.	20 to 29 days	2	0.29%
G.	All 30 days	2	0.29%
TOTALS		693	100.00%

Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	661	95.52%
B.	Less than 1 cigarette per day	11	1.59%
C.	1 cigarette per day	9	1.30%
D.	2 to 5 cigarettes per day	9	1.30%
E.	6 to 10 cigarettes per day	2	0.29%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		692	100.00%

Q-32. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	639	92.61%
B.	Yes	33	4.78%
C.	No	18	2.61%
TOTALS		690	100.00%

Q-33. Have you ever used an electronic vapor product?			
A.	Yes	150	21.68%
B.	No	542	78.32%
TOTALS		692	100.00%

Q-34. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	624	90.17%
B.	1 or 2 days	35	5.06%
C.	3 to 5 days	13	1.88%
D.	6 to 9 days	6	0.87%
E.	10 to 19 days	6	0.87%
F.	20 to 29 days	3	0.43%
G.	All 30 days	5	0.72%
TOTALS		692	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	617	90.74%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	0	0.00%
C.	I got them on the Internet	7	1.03%
D.	I gave someone else money to buy them for me	7	1.03%
E.	I borrowed them from someone else	22	3.24%
F.	A person 18 years old or older gave them to me	6	0.88%
G.	I took them from a store or another person	1	0.15%
H.	I got them some other way	20	2.94%
TOTALS		680	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.)

A.	0 days	664	95.95%
B.	1 or 2 days	13	1.88%
C.	3 to 5 days	4	0.58%
D.	6 to 9 days	4	0.58%
E.	10 to 19 days	4	0.58%
F.	20 to 29 days	2	0.29%
G.	All 30 days	1	0.14%
TOTALS		692	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco productions such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs on school property? (Do not count any electronic vapor products.)

A.	0 days	669	96.96%
B.	1 or 2 days	13	1.88%
C.	3 to 5 days	2	0.29%
D.	6 to 9 days	4	0.58%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.14%
G.	All 30 days	1	0.14%
TOTALS		690	100.00%

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	663	96.37%
B.	1 or 2 days	15	2.18%
C.	3 to 5 days	4	0.58%
D.	6 to 9 days	3	0.44%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.15%
G.	All 30 days	2	0.29%
TOTALS		688	100.00%

Q-39. During your life, on how many days have you had at least one drink of alcohol?			
A.	0 days	376	54.65%
B.	1 or 2 days	154	22.38%
C.	3 to 9 days	84	12.21%
D.	10 to 19 days	33	4.80%
E.	20 to 39 days	19	2.76%
F.	40 to 99 days	7	1.02%
G.	100 or more days	15	2.18%
TOTALS		688	100.00%

Q-40. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	431	63.95%
B.	8 years old or younger	74	10.98%
C.	9 or 10 years old	54	8.01%
D.	11 or 12 years old	53	7.86%
E.	13 or 14 years old	61	9.05%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	1	0.15%
TOTALS		674	100.00%

Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	587	85.20%
B.	1 or 2 days	71	10.30%
C.	3 to 5 days	18	2.61%
D.	6 to 9 days	6	0.87%
E.	10 to 19 days	6	0.87%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.15%
TOTALS		689	100.00%

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	571	82.87%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2	0.29%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	1	0.15%
E.	I gave someone else money to buy it for me	6	0.87%
F.	Someone gave it to me	48	6.97%
G.	I took it from a store or family member	34	4.93%
H.	I got it some other way	27	3.92%
TOTALS		689	100.00%

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)?		
A.	0 days	642 93.31%
B.	1 day	17 2.47%
C.	2 days	14 2.03%
D.	3 to 5 days	8 1.16%
E.	6 to 9 days	5 0.73%
F.	10 to 19 days	0 0.00%
G.	20 or more days	2 0.29%
TOTALS		688 100.00%
Q-44. During your life, how many times have you used marijuana?		
A.	0 times	579 85.65%
B.	1 or 2 times	38 5.62%
C.	3 to 9 times	16 2.37%
D.	10 to 19 times	8 1.18%
E.	20 to 39 times	9 1.33%
F.	40 to 99 times	8 1.18%
G.	100 or more times	18 2.66%
TOTALS		676 100.00%
Q-45. How old were you when you tried marijuana for the first time?		
A.	I have never tried marijuana	589 85.61%
B.	8 years old or younger	16 2.33%
C.	9 or 10 years old	16 2.33%
D.	11 or 12 years old	40 5.81%
E.	13 or 14 years old	26 3.78%
F.	15 or 16 years old	0 0.00%
G.	17 years old or older	1 0.15%
TOTALS		688 100.00%
Q-46. During the past 30 days, how many times did you use marijuana?		
A.	0 times	641 93.03%
B.	1 or 2 times	21 3.05%
C.	3 to 9 times	7 1.02%
D.	10 to 19 times	8 1.16%
E.	20 to 39 times	2 0.29%
F.	40 or more times	10 1.45%
TOTALS		689 100.00%

Q-47. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	677	98.54%
B.	1 or 2 times	4	0.58%
C.	3 to 9 times	3	0.44%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.15%
F.	40 or more times	2	0.29%
TOTALS		687	100.00%

Q-48. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	645	93.61%
B.	1 or 2 times	23	3.34%
C.	3 to 9 times	13	1.89%
D.	10 to 19 times	3	0.44%
E.	20 to 39 times	2	0.29%
F.	40 or more times	3	0.44%
TOTALS		689	100.00%

Q-49. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	682	98.98%
B.	1 or 2 times	2	0.29%
C.	3 to 9 times	3	0.44%
D.	10 to 19 times	1	0.15%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.15%
TOTALS		689	100.00%

Q-50. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	680	99.13%
B.	1 or 2 times	3	0.44%
C.	3 to 9 times	2	0.29%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.15%
TOTALS		686	100.00%

Q-51. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	679	98.55%
B.	1 or 2 times	5	0.73%
C.	3 to 9 times	3	0.44%
D.	10 to 19 times	1	0.15%
E.	20 to 39 times	1	0.15%
F.	40 or more times	0	0.00%
TOTALS		689	100.00%

Q-52. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?		
A.	0 times	664 96.65%
B.	1 or 2 times	14 2.04%
C.	3 to 9 times	4 0.58%
D.	10 to 19 times	2 0.29%
E.	20 to 39 times	1 0.15%
F.	40 or more times	2 0.29%
TOTALS		687 100.00%
Q-53. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
A.	0 times	674 98.39%
B.	1 or 2 times	7 1.02%
C.	3 to 9 times	2 0.29%
D.	10 to 19 times	1 0.15%
E.	20 to 39 times	1 0.15%
F.	40 or more times	0 0.00%
TOTALS		685 100.00%
Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.)		
A.	0 times	643 93.60%
B.	1 or 2 times	24 3.49%
C.	3 to 9 times	7 1.02%
D.	10 to 19 times	5 0.73%
E.	20 to 39 times	1 0.15%
F.	40 or more times	7 1.02%
TOTALS		687 100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?		
A.	0 times	681 98.84%
B.	1 time	5 0.73%
C.	2 or more times	3 0.44%
TOTALS		689 100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A.	Yes	120 17.47%
B.	No	567 82.53%
TOTALS		687 100.00%
Q-57. Have you ever had sexual intercourse?		
A.	Yes	77 11.21%
B.	No	610 88.79%
TOTALS		687 100.00%

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	618	89.83%
B.	11 years old or younger	26	3.78%
C.	12 years old	12	1.74%
D.	13 years old	27	3.92%
E.	14 years old	4	0.58%
F.	15 years old	1	0.15%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		688	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	611	90.25%
B.	1 person	38	5.61%
C.	2 people	10	1.48%
D.	3 people	9	1.33%
E.	4 people	1	0.15%
F.	5 people	4	0.59%
G.	6 or more people	4	0.59%
TOTALS		677	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	622	90.28%
B.	I have had sexual intercourse, but not during the past 3 months	32	4.64%
C.	1 person	25	3.63%
D.	2 people	2	0.29%
E.	3 people	2	0.29%
F.	4 people	1	0.15%
G.	5 people	2	0.29%
H.	6 or more people	3	0.44%
TOTALS		689	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	605	88.32%
B.	Yes	23	3.36%
C.	No	57	8.32%
TOTALS		685	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	605	88.71%
B.	Yes	41	6.01%
C.	No	36	5.28%
TOTALS		682	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	24	3.51%
B.	Slightly underweight	104	15.23%
C.	About the right weight	380	55.64%
D.	Slightly overweight	148	21.67%
E.	Very overweight	27	3.95%
TOTALS		683	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	281	41.08%
B.	Gain weight	82	11.99%
C.	Stay the same weight	141	20.61%
D.	I am not trying to do anything about my weight	180	26.32%
TOTALS		684	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	202	29.84%
B.	1 to 3 times during the past 7 days	273	40.32%
C.	4 to 6 times during the past 7 days	102	15.07%
D.	1 time per day	42	6.20%
E.	2 times per day	20	2.95%
F.	3 times per day	10	1.48%
G.	4 or more times per day	28	4.14%
TOTALS		677	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	56	8.19%
B.	1 to 3 times during the past 7 days	225	32.89%
C.	4 to 6 times during the past 7 days	168	24.56%
D.	1 time per day	62	9.06%
E.	2 times per day	85	12.43%
F.	3 times per day	36	5.26%
G.	4 or more times per day	52	7.60%
TOTALS		684	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	209	30.65%
B.	1 to 3 times during the past 7 days	288	42.23%
C.	4 to 6 times during the past 7 days	100	14.66%
D.	1 time per day	53	7.77%
E.	2 times per day	14	2.05%
F.	3 times per day	7	1.03%
G.	4 or more times per day	11	1.61%
TOTALS		682	100.00%

Q-68. During the past 7 days, how many times did you potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	246	36.39%
B.	1 to 3 times during the past 7 days	336	49.70%
C.	4 to 6 times during the past 7 days	54	7.99%
D.	1 time per day	17	2.51%
E.	2 times per day	7	1.04%
F.	3 times per day	0	0.00%
G.	4 or more times per day	16	2.37%
TOTALS		676	100.00%
Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	257	37.85%
B.	1 to 3 times during the past 7 days	281	41.38%
C.	4 to 6 times during the past 7 days	83	12.22%
D.	1 time per day	23	3.39%
E.	2 times per day	10	1.47%
F.	3 times per day	6	0.88%
G.	4 or more times per day	19	2.80%
TOTALS		679	100.00%
Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days.	88	12.94%
B.	1 to 3 times during the past 7 days	271	39.85%
C.	4 to 6 times during the past 7 days	181	26.62%
D.	1 time per day	67	9.85%
E.	2 times per day	29	4.26%
F.	3 times per day	14	2.06%
G.	4 or more times per day	30	4.41%
TOTALS		680	100.00%
Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	208	30.63%
B.	1 to 3 times during the past 7 days	324	47.72%
C.	4 to 6 times during the past 7 days	86	12.67%
D.	1 time per day	27	3.98%
E.	2 times per day	10	1.47%
F.	3 times per day	6	0.88%
G.	4 or more times per day	18	2.65%
TOTALS		679	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	114	16.76%
B.	1 to 3 glasses during the past 7 days	172	25.29%
C.	4 to 6 glasses during the past 7 days	137	20.15%
D.	1 glass per day	93	13.68%
E.	2 glasses per day	91	13.38%
F.	3 glasses per day	39	5.74%
G.	4 or more glasses per day	34	5.00%
TOTALS		680	100.00%

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	529	78.02%
B.	1 to 3 times during the past 7 days	108	15.93%
C.	4 to 6 times during the past 7 days	23	3.39%
D.	1 time per day	3	0.44%
E.	2 times per day	3	0.44%
F.	3 times per day	2	0.29%
G.	4 or more times per day	10	1.47%
TOTALS		678	100.00%

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	59	8.77%
B.	1 day	37	5.50%
C.	2 days	55	8.17%
D.	3 days	55	8.17%
E.	4 days	40	5.94%
F.	5 days	54	8.02%
G.	6 days	52	7.73%
H.	7 days	321	47.70%
TOTALS		673	100.00%

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	58	8.59%
B.	1 day	23	3.41%
C.	2 days	46	6.81%
D.	3 days	71	10.52%
E.	4 days	70	10.37%
F.	5 days	113	16.74%
G.	6 days	75	11.11%
H.	7 days	219	32.44%
TOTALS		675	100.00%

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	124	18.59%
B.	Less than 1 hour per day	179	26.84%
C.	1 hour per day	119	17.84%
D.	2 hours per day	128	19.19%
E.	3 hours per day	71	10.64%
F.	4 hours per day	23	3.45%
G.	5 or more hours per day	23	3.45%
TOTALS		667	100.00%

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media.)			
A.	I do not play video or computer games or use a computer for something that is not school work	97	14.59%
B.	Less than 1 hour per day	138	20.75%
C.	1 hour per day	98	14.74%
D.	2 hours per day	108	16.24%
E.	3 hours per day	76	11.43%
F.	4 hours per day	68	10.23%
G.	5 or more hours per day	80	12.03%
TOTALS		665	100.00%

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	55	8.28%
B.	1 day	9	1.36%
C.	2 days	67	10.09%
D.	3 days	229	34.49%
E.	4 days	76	11.45%
F.	5 days	225	33.89%
TOTALS		664	100.00%

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	190	28.57%
B.	1 team	158	23.76%
C.	2 teams	144	21.65%
D.	3 or more teams	172	25.86%
TOTALS		665	100.00%

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	531	80.09%
B.	1 time	76	11.46%
C.	2 times	23	3.47%
D.	3 times	13	1.96%
E.	4 or more time	20	3.02%
TOTALS		663	100.00%

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	484	72.46%
B.	Between 12 and 24 months ago	72	10.78%
C.	More than 24 months ago	18	2.69%
D.	Never	11	1.65%
E.	Not sure	82	12.28%
TOTALS		668	100.00%
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	96	14.57%
B.	No	502	76.18%
C.	Not sure	61	9.26%
TOTALS		659	100.00%
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	46	6.98%
B.	5 hours	36	5.46%
C.	6 hours	85	12.90%
D.	7 hours	134	20.33%
E.	8 hours	205	31.11%
F.	9 hours	118	17.91%
G.	10 or more hours	35	5.31%
TOTALS		659	100.00%
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	639	96.09%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	13	1.95%
C.	In a shelter or emergency housing	3	0.45%
D.	In a motel or hotel	2	0.30%
E.	In a car, park, campground, or other public place	1	0.15%
F.	I do not have a usual place to sleep	3	0.45%
G.	Somewhere else	4	0.60%
TOTALS		665	100.00%
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	261	39.37%
B.	Mostly B's	220	33.18%
C.	Mostly C's	92	13.88%
D.	Mostly D's	23	3.47%
E.	Mostly F's	13	1.96%
F.	None of these grades	8	1.21%
G.	Not sure	46	6.94%
TOTALS		663	100.00%

Q-86. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	131	20.03%
B.	No	523	79.97%
TOTALS		654	100.00%