

# 2017 NORTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

## MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 755 middle school students in North Central Region during February of 2017. Frequency distributions may not total 755 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.13%
B.	11 years old	1	0.13%
C.	12 years old	142	18.81%
D.	13 years old	362	47.95%
E.	14 years old	231	30.60%
F.	15 years old	18	2.38%
G.	16 years old or older	0	0.00%
	<b>TOTALS</b>	<b>755</b>	<b>100.00%</b>
Q-2. What is your sex?			
A.	Female	366	48.61%
B.	Male	387	51.39%
	<b>TOTALS</b>	<b>753</b>	<b>100.00%</b>
Q-3. In what grade are you?			
A.	7th grade	354	47.45%
B.	8th grade	392	52.55%
	<b>TOTALS</b>	<b>746</b>	<b>100.00%</b>
Q-4. Are you Hispanic or Latino?			
A.	Yes	81	11.01%
B.	No	655	88.99%
	<b>TOTALS</b>	<b>736</b>	<b>100.00%</b>
Q-5. What is your race? (Select one or more responses.)			
A.	American Indian or Alaskan Native	177	21.27%
B.	Asian	21	2.52%
C.	Black or African American	37	4.45%
D.	Native Hawaiian or Other Pacific Islander	22	2.64%
E.	White	575	69.11%
	<b>TOTALS</b>	<b>832</b>	<b>100.00%</b>
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	13	1.76%
B.	Rarely	31	4.21%
C.	Sometimes	98	13.30%
D.	Most of the time	270	36.64%
E.	Always	325	44.10%
	<b>TOTALS</b>	<b>737</b>	<b>100.00%</b>

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	491	65.21%
B.	Never	12	1.59%
C.	Rarely	18	2.39%
D.	Sometimes	31	4.12%
E.	Most of the time	42	5.58%
F.	Always	159	21.12%
<b>TOTALS</b>		<b>753</b>	<b>100.00%</b>

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	601	81.55%
B.	1 time	48	6.51%
C.	2 or 3 times	33	4.48%
D.	4 or 5 times	8	1.09%
E.	6 or more times	47	6.38%
<b>TOTALS</b>		<b>737</b>	<b>100.00%</b>

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	547	72.55%
B.	1 day	49	6.50%
C.	2 or 3 days	57	7.56%
D.	4 or 5 days	23	3.05%
E.	6 or more days	78	10.34%
<b>TOTALS</b>		<b>754</b>	<b>100.00%</b>

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	722	95.88%
B.	1 day	10	1.33%
C.	2 or 3 days	8	1.06%
D.	4 or 5 days	3	0.40%
E.	6 or more days	10	1.33%
<b>TOTALS</b>		<b>753</b>	<b>100.00%</b>

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	663	88.52%
B.	1 day	25	3.34%
C.	2 or 3 days	24	3.20%
D.	4 or 5 days	8	1.07%
E.	6 or more days	29	3.87%
<b>TOTALS</b>		<b>749</b>	<b>100.00%</b>

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	687	90.99%
B.	1 day	38	5.03%
C.	2 or 3 days	19	2.52%
D.	4 or 5 days	2	0.26%
E.	6 or more days	9	1.19%
<b>TOTALS</b>		<b>755</b>	<b>100.00%</b>
Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	701	93.09%
B.	1 time	22	2.92%
C.	2 or 3 times	18	2.39%
D.	4 or 5 times	8	1.06%
E.	6 or 7 times	1	0.13%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	3	0.40%
<b>TOTALS</b>		<b>753</b>	<b>100.00%</b>
Q-14. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	472	63.44%
B.	1 time	119	15.99%
C.	2 or 3 times	97	13.04%
D.	4 or 5 times	24	3.23%
E.	6 or 7 times	10	1.34%
F.	8 or 9 times	5	0.67%
G.	10 or 11 times	2	0.27%
H.	12 or more times	15	2.02%
<b>TOTALS</b>		<b>744</b>	<b>100.00%</b>
Q-15. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	615	81.46%
B.	1 time	89	11.79%
C.	2 or 3 times	35	4.64%
D.	4 or 5 times	8	1.06%
E.	6 or 7 times	2	0.26%
F.	8 or 9 times	1	0.13%
G.	10 or 11 times	1	0.13%
H.	12 or more times	4	0.53%
<b>TOTALS</b>		<b>755</b>	<b>100.00%</b>

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	49	6.52%
B.	No	702	93.48%
<b>TOTALS</b>		<b>751</b>	<b>100.00%</b>

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	688	91.73%
B.	1 time	41	5.47%
C.	2 or 3 times	13	1.73%
D.	4 or 5 times	4	0.53%
E.	6 or more times	4	0.53%
<b>TOTALS</b>		<b>750</b>	<b>100.00%</b>

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	348	46.09%
B.	0 times	367	48.61%
C.	1 time	24	3.18%
D.	2 or 3 times	11	1.46%
E.	4 or 5 times	2	0.26%
F.	6 or more times	3	0.40%
<b>TOTALS</b>		<b>755</b>	<b>100.00%</b>

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	348	46.09%
B.	0 times	387	51.26%
C.	1 time	10	1.32%
D.	2 or 3 times	7	0.93%
E.	4 or 5 times	1	0.13%
F.	6 or more times	2	0.26%
<b>TOTALS</b>		<b>755</b>	<b>100.00%</b>

Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	269	36.16%
B.	No	475	63.84%
<b>TOTALS</b>		<b>744</b>	<b>100.00%</b>

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	150	19.89%
B.	No	604	80.11%
<b>TOTALS</b>		<b>754</b>	<b>100.00%</b>

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	129	17.15%
B.	No	623	82.85%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	194	26.54%
B.	No	537	73.46%
<b>TOTALS</b>		<b>731</b>	<b>100.00%</b>
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	145	19.28%
B.	No	607	80.72%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	126	16.71%
B.	No	628	83.29%
<b>TOTALS</b>		<b>754</b>	<b>100.00%</b>
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	632	84.15%
B.	1 time	76	10.12%
C.	2 or 3 times	27	3.60%
D.	4 or 5 times	6	0.80%
E.	6 or more times	10	1.33%
<b>TOTALS</b>		<b>751</b>	<b>100.00%</b>
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	624	82.98%
B.	Yes	33	4.39%
C.	No	95	12.63%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	157	20.88%
B.	No	595	79.12%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	606	80.69%
B.	8 years old or younger	35	4.66%
C.	9 or 10 years old	35	4.66%
D.	11 or 12 years old	46	6.13%
E.	13 or 14 years old	28	3.73%
F.	15 or 16 years old	1	0.13%
G.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>751</b>	<b>100.00%</b>

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	727	96.42%
B.	1 or 2 days	12	1.59%
C.	3 to 5 days	2	0.27%
D.	6 to 9 days	3	0.40%
E.	10 to 19 days	3	0.40%
F.	20 to 29 days	2	0.27%
G.	All 30 days	5	0.66%
<b>TOTALS</b>		<b>754</b>	<b>100.00%</b>

Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	721	95.75%
B.	Less than 1 cigarette per day	15	1.99%
C.	1 cigarette per day	5	0.66%
D.	2 to 5 cigarettes per day	7	0.93%
E.	6 to 10 cigarettes per day	1	0.13%
F.	11 to 20 cigarettes per day	1	0.13%
G.	More than 20 cigarettes per day	3	0.40%
<b>TOTALS</b>		<b>753</b>	<b>100.00%</b>

Q-32. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	699	93.57%
B.	Yes	31	4.15%
C.	No	17	2.28%
<b>TOTALS</b>		<b>747</b>	<b>100.00%</b>

Q-33. Have you ever used an electronic vapor product?			
A.	Yes	163	21.62%
B.	No	591	78.38%
<b>TOTALS</b>		<b>754</b>	<b>100.00%</b>

Q-34. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	673	89.61%
B.	1 or 2 days	43	5.73%
C.	3 to 5 days	12	1.60%
D.	6 to 9 days	8	1.07%
E.	10 to 19 days	5	0.67%
F.	20 to 29 days	1	0.13%
G.	All 30 days	9	1.20%
<b>TOTALS</b>		<b>751</b>	<b>100.00%</b>

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	664	89.01%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	9	1.21%
C.	I got them on the Internet	7	0.94%
D.	I gave someone else money to buy them for me	7	0.94%
E.	I borrowed them from someone else	31	4.16%
F.	A person 18 years old or older gave them to me	5	0.67%
G.	I took them from a store or another person	4	0.54%
H.	I got them some other way	19	2.55%
<b>TOTALS</b>		<b>746</b>	<b>100.00%</b>

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.)			
A.	0 days	721	95.75%
B.	1 or 2 days	15	1.99%
C.	3 to 5 days	5	0.66%
D.	6 to 9 days	2	0.27%
E.	10 to 19 days	4	0.53%
F.	20 to 29 days	1	0.13%
G.	All 30 days	5	0.66%
<b>TOTALS</b>		<b>753</b>	<b>100.00%</b>

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco productions such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs on school property? (Do not count any electronic vapor products.)			
A.	0 days	732	97.34%
B.	1 or 2 days	10	1.33%
C.	3 to 5 days	3	0.40%
D.	6 to 9 days	1	0.13%
E.	10 to 19 days	1	0.13%
F.	20 to 29 days	0	0.00%
G.	All 30 days	5	0.66%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	724	96.92%
B.	1 or 2 days	17	2.28%
C.	3 to 5 days	0	0.00%
D.	6 to 9 days	2	0.27%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.13%
G.	All 30 days	3	0.40%
<b>TOTALS</b>		<b>747</b>	<b>100.00%</b>

Q-39. During your life, on how many days have you had at least one drink of alcohol?			
A.	0 days	464	61.78%
B.	1 or 2 days	141	18.77%
C.	3 to 9 days	73	9.72%
D.	10 to 19 days	34	4.53%
E.	20 to 39 days	14	1.86%
F.	40 to 99 days	10	1.33%
G.	100 or more days	15	2.00%
<b>TOTALS</b>		<b>751</b>	<b>100.00%</b>
Q-40. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	505	67.60%
B.	8 years old or younger	51	6.83%
C.	9 or 10 years old	52	6.96%
D.	11 or 12 years old	79	10.58%
E.	13 or 14 years old	59	7.90%
F.	15 or 16 years old	1	0.13%
G.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>747</b>	<b>100.00%</b>
Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	660	88.35%
B.	1 or 2 days	52	6.96%
C.	3 to 5 days	21	2.81%
D.	6 to 9 days	6	0.80%
E.	10 to 19 days	2	0.27%
F.	20 to 29 days	1	0.13%
G.	All 30 days	5	0.67%
<b>TOTALS</b>		<b>747</b>	<b>100.00%</b>
Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	638	85.18%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	5	0.67%
C.	I bought it at a restaurant, bar, or club	1	0.13%
D.	I bought it at a public event such as a concert or sporting event	2	0.27%
E.	I gave someone else money to buy it for me	9	1.20%
F.	Someone gave it to me	40	5.34%
G.	I took it from a store or family member	21	2.80%
H.	I got it some other way	33	4.41%
<b>TOTALS</b>		<b>749</b>	<b>100.00%</b>



Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)?			
A.	0 days	692	92.27%
B.	1 day	25	3.33%
C.	2 days	16	2.13%
D.	3 to 5 days	8	1.07%
E.	6 to 9 days	4	0.53%
F.	10 to 19 days	2	0.27%
G.	20 or more days	3	0.40%
<b>TOTALS</b>		<b>750</b>	<b>100.00%</b>
Q-44. During your life, how many times have you used marijuana?			
A.	0 times	644	86.56%
B.	1 or 2 times	39	5.24%
C.	3 to 9 times	19	2.55%
D.	10 to 19 times	8	1.08%
E.	20 to 39 times	6	0.81%
F.	40 to 99 times	5	0.67%
G.	100 or more times	23	3.09%
<b>TOTALS</b>		<b>744</b>	<b>100.00%</b>
Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	652	86.70%
B.	8 years old or younger	12	1.60%
C.	9 or 10 years old	24	3.19%
D.	11 or 12 years old	36	4.79%
E.	13 or 14 years old	27	3.59%
F.	15 or 16 years old	1	0.13%
G.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>
Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	695	93.16%
B.	1 or 2 times	17	2.28%
C.	3 to 9 times	15	2.01%
D.	10 to 19 times	4	0.54%
E.	20 to 39 times	8	1.07%
F.	40 or more times	7	0.94%
<b>TOTALS</b>		<b>746</b>	<b>100.00%</b>

Q-47. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	732	98.39%
B.	1 or 2 times	6	0.81%
C.	3 to 9 times	1	0.13%
D.	10 to 19 times	2	0.27%
E.	20 to 39 times	0	0.00%
F.	40 or more times	3	0.40%
<b>TOTALS</b>		<b>744</b>	<b>100.00%</b>

Q-48. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	696	92.55%
B.	1 or 2 times	29	3.86%
C.	3 to 9 times	13	1.73%
D.	10 to 19 times	6	0.80%
E.	20 to 39 times	2	0.27%
F.	40 or more times	6	0.80%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>

Q-49. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	743	98.93%
B.	1 or 2 times	3	0.40%
C.	3 to 9 times	3	0.40%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.27%
<b>TOTALS</b>		<b>751</b>	<b>100.00%</b>

Q-50. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	739	99.06%
B.	1 or 2 times	3	0.40%
C.	3 to 9 times	1	0.13%
D.	10 to 19 times	1	0.13%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.27%
<b>TOTALS</b>		<b>746</b>	<b>100.00%</b>

Q-51. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	744	98.94%
B.	1 or 2 times	4	0.53%
C.	3 to 9 times	2	0.27%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.27%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>

Q-52. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?			
A.	0 times	716	95.21%
B.	1 or 2 times	23	3.06%
C.	3 to 9 times	4	0.53%
D.	10 to 19 times	2	0.27%
E.	20 to 39 times	3	0.40%
F.	40 or more times	4	0.53%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>
Q-53. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	735	98.13%
B.	1 or 2 times	8	1.07%
C.	3 to 9 times	1	0.13%
D.	10 to 19 times	1	0.13%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.53%
<b>TOTALS</b>		<b>749</b>	<b>100.00%</b>
Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.)			
A.	0 times	701	93.22%
B.	1 or 2 times	31	4.12%
C.	3 to 9 times	10	1.33%
D.	10 to 19 times	3	0.40%
E.	20 to 39 times	3	0.40%
F.	40 or more times	4	0.53%
<b>TOTALS</b>		<b>752</b>	<b>100.00%</b>
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	741	98.80%
B.	1 time	5	0.67%
C.	2 or more times	4	0.53%
<b>TOTALS</b>		<b>750</b>	<b>100.00%</b>
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	103	13.77%
B.	No	645	86.23%
<b>TOTALS</b>		<b>748</b>	<b>100.00%</b>
Q-57. Have you ever had sexual intercourse?			
A.	Yes	101	13.52%
B.	No	646	86.48%
<b>TOTALS</b>		<b>747</b>	<b>100.00%</b>

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	673	90.09%
B.	11 years old or younger	22	2.95%
C.	12 years old	22	2.95%
D.	13 years old	18	2.41%
E.	14 years old	12	1.61%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
<b>TOTALS</b>		<b>747</b>	<b>100.00%</b>

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	675	90.60%
B.	1 person	35	4.70%
C.	2 people	14	1.88%
D.	3 people	5	0.67%
E.	4 people	4	0.54%
F.	5 people	0	0.00%
G.	6 or more people	12	1.61%
<b>TOTALS</b>		<b>745</b>	<b>100.00%</b>

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	673	90.34%
B.	I have had sexual intercourse, but not during the past 3 months	35	4.70%
C.	1 person	23	3.09%
D.	2 people	5	0.67%
E.	3 people	1	0.13%
F.	4 people	1	0.13%
G.	5 people	1	0.13%
H.	6 or more people	6	0.81%
<b>TOTALS</b>		<b>745</b>	<b>100.00%</b>

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	653	87.77%
B.	Yes	22	2.96%
C.	No	69	9.27%
<b>TOTALS</b>		<b>744</b>	<b>100.00%</b>

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	659	88.93%
B.	Yes	41	5.53%
C.	No	41	5.53%
<b>TOTALS</b>		<b>741</b>	<b>100.00%</b>

Q-63. How do you describe your weight?			
A.	Very underweight	31	4.18%
B.	Slightly underweight	112	15.11%
C.	About the right weight	400	53.98%
D.	Slightly overweight	177	23.89%
E.	Very overweight	21	2.83%
<b>TOTALS</b>		<b>741</b>	<b>100.00%</b>

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	309	41.64%
B.	Gain weight	96	12.94%
C.	Stay the same weight	157	21.16%
D.	I am not trying to do anything about my weight	180	24.26%
<b>TOTALS</b>		<b>742</b>	<b>100.00%</b>

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	189	25.61%
B.	1 to 3 times during the past 7 days	316	42.82%
C.	4 to 6 times during the past 7 days	132	17.89%
D.	1 time per day	36	4.88%
E.	2 times per day	29	3.93%
F.	3 times per day	15	2.03%
G.	4 or more times per day	21	2.85%
<b>TOTALS</b>		<b>738</b>	<b>100.00%</b>

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	64	8.64%
B.	1 to 3 times during the past 7 days	251	33.87%
C.	4 to 6 times during the past 7 days	191	25.78%
D.	1 time per day	90	12.15%
E.	2 times per day	76	10.26%
F.	3 times per day	35	4.72%
G.	4 or more times per day	34	4.59%
<b>TOTALS</b>		<b>741</b>	<b>100.00%</b>

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	275	37.21%
B.	1 to 3 times during the past 7 days	300	40.60%
C.	4 to 6 times during the past 7 days	89	12.04%
D.	1 time per day	54	7.31%
E.	2 times per day	13	1.76%
F.	3 times per day	1	0.14%
G.	4 or more times per day	7	0.95%
<b>TOTALS</b>		<b>739</b>	<b>100.00%</b>

Q-68. During the past 7 days, how many times did you potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	253	34.19%
B.	1 to 3 times during the past 7 days	382	51.62%
C.	4 to 6 times during the past 7 days	69	9.32%
D.	1 time per day	21	2.84%
E.	2 times per day	7	0.95%
F.	3 times per day	4	0.54%
G.	4 or more times per day	4	0.54%
<b>TOTALS</b>		<b>740</b>	<b>100.00%</b>

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	338	45.49%
B.	1 to 3 times during the past 7 days	274	36.88%
C.	4 to 6 times during the past 7 days	76	10.23%
D.	1 time per day	31	4.17%
E.	2 times per day	10	1.35%
F.	3 times per day	6	0.81%
G.	4 or more times per day	8	1.08%
<b>TOTALS</b>		<b>743</b>	<b>100.00%</b>

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days.	145	19.65%
B.	1 to 3 times during the past 7 days	260	35.23%
C.	4 to 6 times during the past 7 days	165	22.36%
D.	1 time per day	79	10.70%
E.	2 times per day	52	7.05%
F.	3 times per day	10	1.36%
G.	4 or more times per day	27	3.66%
<b>TOTALS</b>		<b>738</b>	<b>100.00%</b>

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	174	23.61%
B.	1 to 3 times during the past 7 days	361	48.98%
C.	4 to 6 times during the past 7 days	112	15.20%
D.	1 time per day	39	5.29%
E.	2 times per day	24	3.26%
F.	3 times per day	13	1.76%
G.	4 or more times per day	14	1.90%
<b>TOTALS</b>		<b>737</b>	<b>100.00%</b>

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	98	13.39%
B.	1 to 3 glasses during the past 7 days	163	22.27%
C.	4 to 6 glasses during the past 7 days	156	21.31%
D.	1 glass per day	99	13.52%
E.	2 glasses per day	112	15.30%
F.	3 glasses per day	46	6.28%
G.	4 or more glasses per day	58	7.92%
<b>TOTALS</b>		<b>732</b>	<b>100.00%</b>

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	563	77.02%
B.	1 to 3 times during the past 7 days	101	13.82%
C.	4 to 6 times during the past 7 days	26	3.56%
D.	1 time per day	20	2.74%
E.	2 times per day	10	1.37%
F.	3 times per day	2	0.27%
G.	4 or more times per day	9	1.23%
<b>TOTALS</b>		<b>731</b>	<b>100.00%</b>

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	72	9.85%
B.	1 day	49	6.70%
C.	2 days	58	7.93%
D.	3 days	56	7.66%
E.	4 days	59	8.07%
F.	5 days	57	7.80%
G.	6 days	59	8.07%
H.	7 days	321	43.91%
<b>TOTALS</b>		<b>731</b>	<b>100.00%</b>

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	50	6.79%
B.	1 day	46	6.25%
C.	2 days	65	8.83%
D.	3 days	65	8.83%
E.	4 days	76	10.33%
F.	5 days	116	15.76%
G.	6 days	70	9.51%
H.	7 days	248	33.70%
<b>TOTALS</b>		<b>736</b>	<b>100.00%</b>

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	126	17.26%
B.	Less than 1 hour per day	194	26.58%
C.	1 hour per day	136	18.63%
D.	2 hours per day	130	17.81%
E.	3 hours per day	71	9.73%
F.	4 hours per day	32	4.38%
G.	5 or more hours per day	41	5.62%
<b>TOTALS</b>		<b>730</b>	<b>100.00%</b>

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media.)			
A.	I do not play video or computer games or use a computer for something that is not school work	126	17.36%
B.	Less than 1 hour per day	136	18.73%
C.	1 hour per day	83	11.43%
D.	2 hours per day	119	16.39%
E.	3 hours per day	91	12.53%
F.	4 hours per day	56	7.71%
G.	5 or more hours per day	115	15.84%
<b>TOTALS</b>		<b>726</b>	<b>100.00%</b>

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	90	12.28%
B.	1 day	12	1.64%
C.	2 days	69	9.41%
D.	3 days	263	35.88%
E.	4 days	55	7.50%
F.	5 days	243	33.15%
<b>TOTALS</b>		<b>733</b>	<b>100.00%</b>

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	166	22.90%
B.	1 team	153	21.10%
C.	2 teams	153	21.10%
D.	3 or more teams	253	34.90%
<b>TOTALS</b>		<b>725</b>	<b>100.00%</b>

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	602	83.38%
B.	1 time	56	7.76%
C.	2 times	25	3.46%
D.	3 times	18	2.49%
E.	4 or more time	21	2.91%
<b>TOTALS</b>		<b>722</b>	<b>100.00%</b>



Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	549	74.90%
B.	Between 12 and 24 months ago	54	7.37%
C.	More than 24 months ago	19	2.59%
D.	Never	11	1.50%
E.	Not sure	100	13.64%
<b>TOTALS</b>		<b>733</b>	<b>100.00%</b>
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	133	18.32%
B.	No	508	69.97%
C.	Not sure	85	11.71%
<b>TOTALS</b>		<b>726</b>	<b>100.00%</b>
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	46	6.38%
B.	5 hours	42	5.83%
C.	6 hours	64	8.88%
D.	7 hours	168	23.30%
E.	8 hours	245	33.98%
F.	9 hours	106	14.70%
G.	10 or more hours	50	6.93%
<b>TOTALS</b>		<b>721</b>	<b>100.00%</b>
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	689	94.64%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	19	2.61%
C.	In a shelter or emergency housing	3	0.41%
D.	In a motel or hotel	2	0.27%
E.	In a car, park, campground, or other public place	4	0.55%
F.	I do not have a usual place to sleep	4	0.55%
G.	Somewhere else	7	0.96%
<b>TOTALS</b>		<b>728</b>	<b>100.00%</b>
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	309	43.22%
B.	Mostly B's	212	29.65%
C.	Mostly C's	105	14.69%
D.	Mostly D's	21	2.94%
E.	Mostly F's	11	1.54%
F.	None of these grades	3	0.42%
G.	Not sure	54	7.55%
<b>TOTALS</b>		<b>715</b>	<b>100.00%</b>

Q-86. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	173	24.23%
B.	No	541	75.77%
<b>TOTALS</b>		<b>714</b>	<b>100.00%</b>