

2017 CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 215 middle school students in Central Region during February of 2017. Frequency distributions may not total 215 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	0	0.00%
C.	12 years old	43	20.00%
D.	13 years old	97	45.12%
E.	14 years old	74	34.42%
F.	15 years old	1	0.47%
G.	16 years old or older	0	0.00%
	TOTALS	215	100.00%
Q-2. What is your sex?			
A.	Female	96	44.86%
B.	Male	118	55.14%
	TOTALS	214	100.00%
Q-3. In what grade are you?			
A.	7th grade	92	43.60%
B.	8th grade	119	56.40%
	TOTALS	211	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	14	6.54%
B.	No	200	93.46%
	TOTALS	214	100.00%
Q-5. What is your race? (Select one or more responses.)			
A.	American Indian or Alaskan Native	12	5.38%
B.	Asian	7	3.14%
C.	Black or African American	4	1.79%
D.	Native Hawaiian or Other Pacific Islander	7	3.14%
E.	White	193	86.55%
	TOTALS	223	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	3	1.42%
B.	Rarely	12	5.69%
C.	Sometimes	20	9.48%
D.	Most of the time	89	42.18%
E.	Always	87	41.23%
	TOTALS	211	100.00%

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	148	69.16%
B.	Never	2	0.93%
C.	Rarely	3	1.40%
D.	Sometimes	10	4.67%
E.	Most of the time	10	4.67%
F.	Always	41	19.16%
TOTALS		214	100.00%

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	176	82.24%
B.	1 time	16	7.48%
C.	2 or 3 times	9	4.21%
D.	4 or 5 times	4	1.87%
E.	6 or more times	9	4.21%
TOTALS		214	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	144	66.98%
B.	1 day	24	11.16%
C.	2 or 3 days	24	11.16%
D.	4 or 5 days	8	3.72%
E.	6 or more days	15	6.98%
TOTALS		215	100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	207	96.28%
B.	1 day	3	1.40%
C.	2 or 3 days	2	0.93%
D.	4 or 5 days	1	0.47%
E.	6 or more days	2	0.93%
TOTALS		215	100.00%

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	192	90.57%
B.	1 day	6	2.83%
C.	2 or 3 days	6	2.83%
D.	4 or 5 days	2	0.94%
E.	6 or more days	6	2.83%
TOTALS		212	100.00%

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	196	91.16%
B.	1 day	10	4.65%
C.	2 or 3 days	7	3.26%
D.	4 or 5 days	1	0.47%
E.	6 or more days	1	0.47%
TOTALS		215	100.00%

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	199	92.56%
B.	1 time	8	3.72%
C.	2 or 3 times	6	2.79%
D.	4 or 5 times	0	0.00%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	1	0.47%
G.	10 or 11 times	0	0.00%
H.	12 or more times	1	0.47%
TOTALS		215	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	143	67.45%
B.	1 time	34	16.04%
C.	2 or 3 times	22	10.38%
D.	4 or 5 times	7	3.30%
E.	6 or 7 times	2	0.94%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	4	1.89%
TOTALS		212	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	187	87.38%
B.	1 time	17	7.94%
C.	2 or 3 times	7	3.27%
D.	4 or 5 times	0	0.00%
E.	6 or 7 times	1	0.47%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.93%
TOTALS		214	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	9	4.25%
B.	No	203	95.75%
TOTALS		212	100.00%
Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	197	92.49%
B.	1 time	9	4.23%
C.	2 or 3 times	2	0.94%
D.	4 or 5 times	2	0.94%
E.	6 or more times	3	1.41%
TOTALS		213	100.00%
Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	118	55.14%
B.	0 times	88	41.12%
C.	1 time	5	2.34%
D.	2 or 3 times	2	0.93%
E.	4 or 5 times	0	0.00%
F.	6 or more times	1	0.47%
TOTALS		214	100.00%
Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	115	53.74%
B.	0 times	95	44.39%
C.	1 time	2	0.93%
D.	2 or 3 times	2	0.93%
E.	4 or 5 times	0	0.00%
F.	6 or more times	0	0.00%
TOTALS		214	100.00%
Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	81	38.03%
B.	No	132	61.97%
TOTALS		213	100.00%
Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	40	18.69%
B.	No	174	81.31%
TOTALS		214	100.00%
Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	40	18.69%
B.	No	174	81.31%
TOTALS		214	100.00%

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	54	25.35%
B.	No	159	74.65%
TOTALS		213	100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	40	18.69%
B.	No	174	81.31%
TOTALS		214	100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	32	14.95%
B.	No	182	85.05%
TOTALS		214	100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	187	87.38%
B.	1 time	21	9.81%
C.	2 or 3 times	6	2.80%
D.	4 or 5 times	0	0.00%
E.	6 or more times	0	0.00%
TOTALS		214	100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	191	89.25%
B.	Yes	6	2.80%
C.	No	17	7.94%
TOTALS		214	100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	24	11.21%
B.	No	190	88.79%
TOTALS		214	100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	189	88.32%
B.	8 years old or younger	4	1.87%
C.	9 or 10 years old	8	3.74%
D.	11 or 12 years old	9	4.21%
E.	13 or 14 years old	4	1.87%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		214	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	203	95.31%
B.	1 or 2 days	8	3.76%
C.	3 to 5 days	1	0.47%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.47%
TOTALS		213	100.00%
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	204	95.33%
B.	Less than 1 cigarette per day	7	3.27%
C.	1 cigarette per day	1	0.47%
D.	2 to 5 cigarettes per day	1	0.47%
E.	6 to 10 cigarettes per day	1	0.47%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		214	100.00%
Q-32. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	199	92.99%
B.	Yes	7	3.27%
C.	No	8	3.74%
TOTALS		214	100.00%
Q-33. Have you ever used an electronic vapor product?			
A.	Yes	26	12.15%
B.	No	188	87.85%
TOTALS		214	100.00%
Q-34. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	202	94.39%
B.	1 or 2 days	8	3.74%
C.	3 to 5 days	2	0.93%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	1	0.47%
F.	20 to 29 days	1	0.47%
G.	All 30 days	0	0.00%
TOTALS		214	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)

A.	I did not use any electronic vapor products during the past 30 days	196	92.89%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	2	0.95%
C.	I got them on the Internet	0	0.00%
D.	I gave someone else money to buy them for me	2	0.95%
E.	I borrowed them from someone else	7	3.32%
F.	A person 18 years old or older gave them to me	1	0.47%
G.	I took them from a store or another person	1	0.47%
H.	I got them some other way	2	0.95%
TOTALS		211	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.)

A.	0 days	211	98.60%
B.	1 or 2 days	1	0.47%
C.	3 to 5 days	1	0.47%
D.	6 to 9 days	1	0.47%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		214	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco productions such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs on school property? (Do not count any electronic vapor products.)

A.	0 days	211	98.60%
B.	1 or 2 days	2	0.93%
C.	3 to 5 days	1	0.47%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		214	100.00%

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

A.	0 days	208	98.58%
B.	1 or 2 days	2	0.95%
C.	3 to 5 days	0	0.00%
D.	6 to 9 days	1	0.47%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		211	100.00%

Q-39. During your life, on how many days have you had at least one drink of alcohol?			
A.	0 days	137	64.02%
B.	1 or 2 days	52	24.30%
C.	3 to 9 days	10	4.67%
D.	10 to 19 days	4	1.87%
E.	20 to 39 days	8	3.74%
F.	40 to 99 days	0	0.00%
G.	100 or more days	3	1.40%
TOTALS		214	100.00%

Q-40. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	152	71.70%
B.	8 years old or younger	21	9.91%
C.	9 or 10 years old	17	8.02%
D.	11 or 12 years old	12	5.66%
E.	13 or 14 years old	10	4.72%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		212	100.00%

Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	195	91.12%
B.	1 or 2 days	10	4.67%
C.	3 to 5 days	7	3.27%
D.	6 to 9 days	1	0.47%
E.	10 to 19 days	1	0.47%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		214	100.00%

Q-42. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	191	89.25%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	0	0.00%
C.	I bought it at a restaurant, bar, or club	1	0.47%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	1	0.47%
F.	Someone gave it to me	10	4.67%
G.	I took it from a store or family member	5	2.34%
H.	I got it some other way	6	2.80%
TOTALS		214	100.00%

Q-43. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)?			
A.	0 days	203	94.86%
B.	1 day	6	2.80%
C.	2 days	2	0.93%
D.	3 to 5 days	2	0.93%
E.	6 to 9 days	0	0.00%
F.	10 to 19 days	1	0.47%
G.	20 or more days	0	0.00%
TOTALS		214	100.00%
Q-44. During your life, how many times have you used marijuana?			
A.	0 times	198	92.96%
B.	1 or 2 times	7	3.29%
C.	3 to 9 times	4	1.88%
D.	10 to 19 times	2	0.94%
E.	20 to 39 times	1	0.47%
F.	40 to 99 times	0	0.00%
G.	100 or more times	1	0.47%
TOTALS		213	100.00%
Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	200	93.46%
B.	8 years old or younger	1	0.47%
C.	9 or 10 years old	4	1.87%
D.	11 or 12 years old	2	0.93%
E.	13 or 14 years old	7	3.27%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		214	100.00%
Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	209	97.66%
B.	1 or 2 times	3	1.40%
C.	3 to 9 times	1	0.47%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.47%
TOTALS		214	100.00%

Q-47. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	210	99.06%
B.	1 or 2 times	1	0.47%
C.	3 to 9 times	1	0.47%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		212	100.00%
Q-48. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	199	92.99%
B.	1 or 2 times	9	4.21%
C.	3 to 9 times	1	0.47%
D.	10 to 19 times	2	0.93%
E.	20 to 39 times	2	0.93%
F.	40 or more times	1	0.47%
TOTALS		214	100.00%
Q-49. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	211	98.60%
B.	1 or 2 times	2	0.93%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.47%
F.	40 or more times	0	0.00%
TOTALS		214	100.00%
Q-50. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	211	99.06%
B.	1 or 2 times	1	0.47%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.47%
TOTALS		213	100.00%
Q-51. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	211	98.60%
B.	1 or 2 times	2	0.93%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	1	0.47%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		214	100.00%

Q-52. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?			
A.	0 times	212	99.07%
B.	1 or 2 times	2	0.93%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		214	100.00%
Q-53. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	212	99.07%
B.	1 or 2 times	1	0.47%
C.	3 to 9 times	1	0.47%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		214	100.00%
Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.)			
A.	0 times	205	95.79%
B.	1 or 2 times	6	2.80%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	3	1.40%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		214	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	211	98.60%
B.	1 time	2	0.93%
C.	2 or more times	1	0.47%
TOTALS		214	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	27	12.62%
B.	No	187	87.38%
TOTALS		214	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	23	10.80%
B.	No	190	89.20%
TOTALS		213	100.00%

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	195	91.12%
B.	11 years old or younger	10	4.67%
C.	12 years old	3	1.40%
D.	13 years old	5	2.34%
E.	14 years old	1	0.47%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		214	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	195	91.55%
B.	1 person	10	4.69%
C.	2 people	4	1.88%
D.	3 people	1	0.47%
E.	4 people	0	0.00%
F.	5 people	1	0.47%
G.	6 or more people	2	0.94%
TOTALS		213	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	195	91.12%
B.	I have had sexual intercourse, but not during the past 3 months	8	3.74%
C.	1 person	9	4.21%
D.	2 people	2	0.93%
E.	3 people	0	0.00%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	0	0.00%
TOTALS		214	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	192	90.14%
B.	Yes	4	1.88%
C.	No	17	7.98%
TOTALS		213	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	192	90.14%
B.	Yes	11	5.16%
C.	No	10	4.69%
TOTALS		213	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	7	3.27%
B.	Slightly underweight	29	13.55%
C.	About the right weight	126	58.88%
D.	Slightly overweight	44	20.56%
E.	Very overweight	8	3.74%
TOTALS		214	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	85	39.72%
B.	Gain weight	19	8.88%
C.	Stay the same weight	44	20.56%
D.	I am not trying to do anything about my weight	66	30.84%
TOTALS		214	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	68	32.08%
B.	1 to 3 times during the past 7 days	80	37.74%
C.	4 to 6 times during the past 7 days	25	11.79%
D.	1 time per day	12	5.66%
E.	2 times per day	15	7.08%
F.	3 times per day	6	2.83%
G.	4 or more times per day	6	2.83%
TOTALS		212	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	20	9.35%
B.	1 to 3 times during the past 7 days	74	34.58%
C.	4 to 6 times during the past 7 days	56	26.17%
D.	1 time per day	27	12.62%
E.	2 times per day	18	8.41%
F.	3 times per day	13	6.07%
G.	4 or more times per day	6	2.80%
TOTALS		214	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	62	29.25%
B.	1 to 3 times during the past 7 days	99	46.70%
C.	4 to 6 times during the past 7 days	25	11.79%
D.	1 time per day	15	7.08%
E.	2 times per day	6	2.83%
F.	3 times per day	0	0.00%
G.	4 or more times per day	5	2.36%
TOTALS		212	100.00%

Q-68. During the past 7 days, how many times did you potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	62	29.25%
B.	1 to 3 times during the past 7 days	121	57.08%
C.	4 to 6 times during the past 7 days	21	9.91%
D.	1 time per day	5	2.36%
E.	2 times per day	3	1.42%
F.	3 times per day	0	0.00%
G.	4 or more times per day	0	0.00%
TOTALS		212	100.00%
Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	82	38.32%
B.	1 to 3 times during the past 7 days	84	39.25%
C.	4 to 6 times during the past 7 days	32	14.95%
D.	1 time per day	9	4.21%
E.	2 times per day	2	0.93%
F.	3 times per day	1	0.47%
G.	4 or more times per day	4	1.87%
TOTALS		214	100.00%
Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days.	37	17.37%
B.	1 to 3 times during the past 7 days	79	37.09%
C.	4 to 6 times during the past 7 days	52	24.41%
D.	1 time per day	19	8.92%
E.	2 times per day	13	6.10%
F.	3 times per day	3	1.41%
G.	4 or more times per day	10	4.69%
TOTALS		213	100.00%
Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	66	30.99%
B.	1 to 3 times during the past 7 days	101	47.42%
C.	4 to 6 times during the past 7 days	32	15.02%
D.	1 time per day	5	2.35%
E.	2 times per day	4	1.88%
F.	3 times per day	1	0.47%
G.	4 or more times per day	4	1.88%
TOTALS		213	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	25	11.74%
B.	1 to 3 glasses during the past 7 days	32	15.02%
C.	4 to 6 glasses during the past 7 days	43	20.19%
D.	1 glass per day	35	16.43%
E.	2 glasses per day	29	13.62%
F.	3 glasses per day	26	12.21%
G.	4 or more glasses per day	23	10.80%
TOTALS		213	100.00%

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	187	87.79%
B.	1 to 3 times during the past 7 days	18	8.45%
C.	4 to 6 times during the past 7 days	1	0.47%
D.	1 time per day	1	0.47%
E.	2 times per day	5	2.35%
F.	3 times per day	1	0.47%
G.	4 or more times per day	0	0.00%
TOTALS		213	100.00%

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	14	6.54%
B.	1 day	13	6.07%
C.	2 days	11	5.14%
D.	3 days	18	8.41%
E.	4 days	13	6.07%
F.	5 days	17	7.94%
G.	6 days	11	5.14%
H.	7 days	117	54.67%
TOTALS		214	100.00%

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	10	4.69%
B.	1 day	14	6.57%
C.	2 days	15	7.04%
D.	3 days	22	10.33%
E.	4 days	29	13.62%
F.	5 days	26	12.21%
G.	6 days	14	6.57%
H.	7 days	83	38.97%
TOTALS		213	100.00%

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	37	17.62%
B.	Less than 1 hour per day	46	21.90%
C.	1 hour per day	43	20.48%
D.	2 hours per day	52	24.76%
E.	3 hours per day	15	7.14%
F.	4 hours per day	7	3.33%
G.	5 or more hours per day	10	4.76%
TOTALS		210	100.00%

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media.)			
A.	I do not play video or computer games or use a computer for something that is not school work	29	13.81%
B.	Less than 1 hour per day	35	16.67%
C.	1 hour per day	27	12.86%
D.	2 hours per day	39	18.57%
E.	3 hours per day	28	13.33%
F.	4 hours per day	19	9.05%
G.	5 or more hours per day	33	15.71%
TOTALS		210	100.00%

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	4	1.92%
B.	1 day	8	3.85%
C.	2 days	53	25.48%
D.	3 days	116	55.77%
E.	4 days	11	5.29%
F.	5 days	15	7.21%
TOTALS		208	100.00%

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	43	20.28%
B.	1 team	50	23.58%
C.	2 teams	57	26.89%
D.	3 or more teams	62	29.25%
TOTALS		212	100.00%

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	184	88.04%
B.	1 time	20	9.57%
C.	2 times	0	0.00%
D.	3 times	1	0.48%
E.	4 or more time	4	1.91%
TOTALS		209	100.00%

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	150	70.75%
B.	Between 12 and 24 months ago	24	11.32%
C.	More than 24 months ago	6	2.83%
D.	Never	4	1.89%
E.	Not sure	28	13.21%
TOTALS		212	100.00%
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	33	15.87%
B.	No	156	75.00%
C.	Not sure	19	9.13%
TOTALS		208	100.00%
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	17	8.10%
B.	5 hours	9	4.29%
C.	6 hours	34	16.19%
D.	7 hours	50	23.81%
E.	8 hours	58	27.62%
F.	9 hours	26	12.38%
G.	10 or more hours	16	7.62%
TOTALS		210	100.00%
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	203	96.21%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	2	0.95%
C.	In a shelter or emergency housing	0	0.00%
D.	In a motel or hotel	0	0.00%
E.	In a car, park, campground, or other public place	1	0.47%
F.	I do not have a usual place to sleep	2	0.95%
G.	Somewhere else	3	1.42%
TOTALS		211	100.00%
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	118	55.92%
B.	Mostly B's	56	26.54%
C.	Mostly C's	22	10.43%
D.	Mostly D's	3	1.42%
E.	Mostly F's	1	0.47%
F.	None of these grades	1	0.47%
G.	Not sure	10	4.74%
TOTALS		211	100.00%

Q-86. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	30	14.49%
B.	No	177	85.51%
TOTALS		207	100.00%