

# Montana Youth Risk Behavior Survey

**American Indian  
Middle School Students  
in Urban Schools**  
Trend Data 2009-2013

Montana Office of Public Instruction  
Health Enhancement and Safety Division  
June 2015



Montana  
**Office of Public Instruction**  
Denise Juneau, State Superintendent

## American Indian Middle School Students in Urban Schools

<i><b>Injury and Violence</b></i>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>
<b>Percentage of students who . . .</b>				
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	<b>83.9</b>	<b>82.0</b>	<b>81.1</b>	<b>78.6</b>
Never or rarely wore a seat belt when riding in a car driven by someone else	<b>11.8</b>	<b>12.7</b>	<b>10.7</b>	<b>11.7</b>
Never or rarely wore a seat belt when driving a car	<b>14.9</b>	<b>28.5</b>	<b>18.6</b>	<b>10.2</b>
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	<b>28.3</b>	<b>27.2</b>	<b>24.4</b>	<b>21.0</b>
Carried a weapon such as a gun, knife, or club during the past 30 days	<b>29.3</b>	<b>31.0</b>	<b>29.3</b>	<b>31.0</b>
Carried a gun during the past 30 days	<b>11.5</b>	<b>13.0</b>	<b>14.7</b>	<b>12.4</b>
Carried a weapon on school property during the past 30 days	<b>10.1</b>	<b>8.8</b>	<b>7.0</b>	<b>6.8</b>
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	<b>9.6</b>	<b>9.9</b>	<b>14.4</b>	<b>11.1</b>
Had been threatened or injured with a weapon on school property during the past 12 months	<b>11.7</b>	<b>9.5</b>	<b>11.4</b>	<b>10.1</b>
Were in a physical fight during the past 12 months	<b>50.5</b>	<b>43.8</b>	<b>44.3</b>	<b>43.9</b>
Were injured in a physical fight that required medical treatment during the past 12 months	<b>6.3</b>	<b>5.1</b>	<b>6.9</b>	<b>8.4</b>
Were in a physical fight on school property during the past 12 months	<b>25.5</b>	<b>19.8</b>	<b>21.1</b>	<b>19.0</b>
Have ever been physically forced to have sexual intercourse when they did not want to			<b>8.4</b>	<b>10.4</b>

## American Indian Middle School Students in Urban Schools

<i>Injury and Violence - continued</i>	2009	2011	2013	2015
Percentage of students who . . .				
Of dating students, were purposely hit, slammed into something, or injured with an object or weapon by someone they were dating during the past 12 months			9.2	12.5
Of dating students, were forced to do sexual things (e.g., kissing, touching, or being physically forced to have sexual intercourse) by someone they were dating or going out with during the past 12 months			14.2	14.7
Had ever been bullied on school property	45.5	50.2	40.5	45.7
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months	22.6	26.0	22.9	27.8
Had been the victim of teasing, name calling or bullying because someone thought they were gay, lesbian, or bisexual during the past 12 months			22.2	26.7
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	34.7	30.3	33.1	38.2
Seriously considered attempting suicide during the past 12 months	27.0	20.0	19.6	26.2
Made a plan about how they would attempt suicide during the past 12 months	16.6	17.3	16.5	24.0
Actually attempted suicide during the past 12 months	9.7	15.6	18.2	19.8
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	9.0	5.2	6.0	6.7

## American Indian Middle School Students in Urban Schools

<i><b>Tobacco Use</b></i>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>
<b>Percentage of students who . . .</b>				
Ever tried cigarette smoking	<b>37.7</b>	<b>33.6</b>	<b>30.8</b>	<b>31.4</b>
Smoked a cigarette before age 13	<b>24.2</b>	<b>21.2</b>	<b>17.1</b>	<b>16.5</b>
Smoked a cigarette on one or more of the past 30 days ("current")	<b>16.8</b>	<b>12.9</b>	<b>13.2</b>	<b>10.3</b>
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	<b>4.5</b>	<b>3.9</b>	<b>2.6</b>	<b>1.8</b>
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	<b>8.3</b>	<b>10.7</b>	<b>7.7</b>	<b>9.4</b>
Usually got their cigarettes by buying them in a store or gas station during the past 30 days	<b>0.8</b>	<b>1.3</b>	<b>0.5</b>	<b>0.3</b>
Smoked cigarettes on school property during the past 30 days		<b>5.5</b>	<b>5.0</b>	<b>3.0</b>
Among current smokers, tried to quit smoking during the past 12 months			<b>67.3</b>	<b>67.0</b>
Used chewing tobacco, snuff, or dip during the past 30 days	<b>9.7</b>	<b>8.7</b>	<b>6.9</b>	<b>6.1</b>
Used chewing tobacco, snuff, or dip on school property during the past 30 days		<b>4.2</b>	<b>4.6</b>	<b>4.0</b>
Smoked cigars, cigarillos, or little cigars during the past 30 days	<b>9.1</b>	<b>8.2</b>	<b>6.9</b>	<b>4.9</b>
Ever used an electronic vapor product				<b>30.9</b>
Used an electronic vapor product during the past 30 days				<b>16.5</b>

## American Indian Middle School Students in Urban Schools

<i>Alcohol and Other Drug Use</i>	2009	2011	2013	2015
Percentage of students who . . .				
Had at least one drink of alcohol during their life	50.8	45.6	45.8	47.3
Had first drink of alcohol before age 13	40.9	37.6	31.4	33.1
Had at least one drink of alcohol during the past 30 days ("current")	26.1	23.3	21.4	17.1
Had at least one drink of alcohol on school property during the past 30 days		6.5	4.0	2.9
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	17.1	13.7	12.2	9.3
Among current drinkers, usually got the alcohol they drank from someone who gave it to them		31.5	27.7	33.6
Used marijuana during their life	20.5	23.2	23.9	24.8
Tried marijuana before age 13	16.2	17.0	18.0	17.2
Used marijuana during the past 30 days ("current")	13.2	14.4	16.3	13.4
Used any form of cocaine during their life	6.6	7.7	7.0	4.8
Used inhalants during their life	19.5	15.6	16.8	11.9
Used heroin during their life			3.9	2.8
Used methamphetamines during their life	7.5	3.9	5.0	3.6
Used ecstasy during their life			5.6	3.7
Used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks) during their life				10.3
Took steroid pills or shots without a doctor's prescription during their life	4.9	3.4	5.1	4.0

## American Indian Middle School Students in Urban Schools

<i>Alcohol and Other Drug Use</i>	2009	2011	2013	2015
Percentage of students who . . .				
Have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription		9.5	9.6	8.9
Used a needle to inject any illegal drug into their body during their life			4.6	2.6
Were offered, sold, or given an illegal drug on school property during the past 12 months	10.8	8.7	16.5	18.9

<i>Sexual Behaviors</i>	2009	2011	2013	2015
Percentage of students who . . .				
Ever had sexual intercourse	27.5	21.7	20.2	20.1
Had sexual intercourse before age 13	18.9	15.4	10.5	11.6
Had sexual intercourse with four or more people during their life	3.8	7.2	3.9	4.5
Had sexual intercourse during the past three months ("current")	17.4		13.1	8.5
Drank alcohol or used drugs before last sexual intercourse	33.3		22.0	32.8
Used a condom during last sexual intercourse	65.4	62.1	62.2	60.2
Had ever been taught about AIDS or HIV infection	65.7	61.8	61.7	

## American Indian Middle School Students in Urban Schools

<i>Weight Management and Dietary Behaviors</i>	2009	2011	2013	2015
Percentage of students who . . .				
Described themselves as slightly or very overweight	30.5	27.6	29.1	14.7
Were trying to lose weight	46.9	44.5	47.2	49.6
Drank 100% fruit juices during the past seven days	76.2	78.0	76.9	71.1
Ate fruit during the past seven days	87.6	90.3	92.1	89.8
Ate green salad during the past seven days	~	~	67.8	62.7
Drank a can, bottle, or glass of soda or pop daily during the past seven days	26.8	22.5	17.5	18.2
Drank three or more glasses of milk per day during the past seven days	21.7	~	18.8	17.8
Ate breakfast daily during the past 7 days	41.3	43.3	41.6	43.3
Did not eat breakfast on any of the past 7 days		10.7	13.3	12.7

<i>Physical Activity</i>	2009	2011	2013	2015
Percentage of students who . . .				
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days	51.5	58.7	55.1	54.1
Did not participate in at least 60 minutes of physical activity on any of the past seven days	8.6	7.8	10.1	10.2
Watched three or more hours per day of TV on an average school day	30.8	30.2	27.6	26.8
Played 3 or more hours of video or computer games or used a computer for something not school-related on an average school day*	18.9	30.2	31.8	37.8

\* Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other special networking tools, and the Internet.

## American Indian Middle School Students in Urban Schools

<i>Physical Activity</i>	2009	2011	2013	2015
Percentage of students who . . .				
Attended physical education (PE) classes on one or more days in an average week when they were in school	83.5	86.6	86.7	89.9
Attended physical education (PE) classes daily in an average week when they were in school	26.2	26.1	27.9	28.9
Played on one or more sports teams during the past 12 months	71.3	70.9	70.0	65.5

<i>Other</i>	2009	2011	2013	2015
Percentage of students who . . .				
Had a dental check-up, exam, teeth cleaning, or dental work during the past 12 months				62.5
Had ever been told by a doctor or nurse that they had asthma	20.7	23.7	19.4	21.2
Get 8 or more hours of sleep on an average school night				45.6
Made mostly A's or B's in school during the past 12 months				60.6
Used a tanning device such as a sunlamp, sunbed, or tanning booth during the past 12 months			10.6	7.2
Received help from a resource teacher, speech therapist or other special education teacher during the past 12 months			23.2	30.7

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