

2015 WEST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 1,274 middle school students in West Region during February of 2015. Frequency distributions may not total 1,274 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	1	0.08%
B.	11 years old	0	0.00%
C.	12 years old	218	17.32%
D.	13 years old	603	47.90%
E.	14 years old	416	33.04%
F.	15 years old	21	1.67%
G.	16 years old or older	0	0.00%
	TOTALS	1,259	100.00%
Q-2. What is your sex?			
A.	Female	642	51.03%
B.	Male	616	48.97%
	TOTALS	1,258	100.00%
Q-3. In what grade are you?			
A.	7th grade	534	42.69%
B.	8th grade	717	57.31%
	TOTALS	1,251	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	108	8.76%
B.	No	1125	91.24%
	TOTALS	1,233	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	204	14.90%
B.	Asian	41	2.99%
C.	Black or African American	45	3.29%
D.	Native Hawaiian or Other Pacific Islander	22	1.61%
E.	White	1057	77.21%
	TOTALS	1,369	100.00%

Q-6. When you rode a bicycle during the past 12 months, how often did you wear a helmet?			
A.	I did not ride a bicycle during the past 12 months	160	12.77%
B.	Never wore a helmet	547	43.66%
C.	Rarely wore a helmet	146	11.65%
D.	Sometimes wore a helmet	99	7.90%
E.	Most of the time wore a helmet	131	10.45%
F.	Always wore a helmet	170	13.57%
TOTALS		1,253	100.00%

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	729	61.21%
B.	Never	10	0.84%
C.	Rarely	22	1.85%
D.	Sometimes	26	2.18%
E.	Most of the time	103	8.65%
F.	Always	301	25.27%
TOTALS		1,191	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	28	2.35%
B.	Rarely	31	2.60%
C.	Sometimes	74	6.20%
D.	Most of the time	279	23.39%
E.	Always	781	65.47%
TOTALS		1,193	100.00%

Q-9. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	1014	81.45%
B.	1 time	90	7.23%
C.	2 or 3 times	72	5.78%
D.	4 or 5 times	22	1.77%
E.	6 or more times	47	3.78%
TOTALS		1,245	100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	920	73.66%
B.	1 day	95	7.61%
C.	2 or 3 days	83	6.65%
D.	4 or 5 days	39	3.12%
E.	6 or more days	112	8.97%
TOTALS		1,249	100.00%

Q-11. During the past 30 days, on how many days did you carry a gun?			
A.	0 days	1088	87.46%
B.	1 day	62	4.98%
C.	2 or 3 days	41	3.30%
D.	4 or 5 days	17	1.37%
E.	6 or more days	36	2.89%
TOTALS		1,244	100.00%

Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	1216	95.82%
B.	1 day	26	2.05%
C.	2 or 3 days	7	0.55%
D.	4 or 5 days	2	0.16%
E.	6 or more days	18	1.42%
TOTALS		1,269	100.00%

Q-13. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	1158	91.47%
B.	1 day	59	4.66%
C.	2 or 3 days	26	2.05%
D.	4 or 5 days	7	0.55%
E.	6 or more days	16	1.26%
TOTALS		1,266	100.00%

Q-14. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	1144	91.16%
B.	1 time	46	3.67%
C.	2 or 3 times	34	2.71%
D.	4 or 5 times	13	1.04%
E.	6 or 7 times	2	0.16%
F.	8 or 9 times	2	0.16%
G.	10 or 11 times	1	0.08%
H.	12 or more times	13	1.04%
TOTALS		1,255	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	852	67.51%
B.	1 time	198	15.69%
C.	2 or 3 times	135	10.70%
D.	4 or 5 times	30	2.38%
E.	6 or 7 times	18	1.43%
F.	8 or 9 times	5	0.40%
G.	10 or 11 times	3	0.24%
H.	12 or more times	21	1.66%
TOTALS		1,262	100.00%

Q-16. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?			
A.	0 times	1214	95.74%
B.	1 time	43	3.39%
C.	2 or 3 times	8	0.63%
D.	4 or 5 times	0	0.00%
E.	6 or more times	3	0.24%
TOTALS		1,268	100.00%

Q-17. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	1058	84.17%
B.	1 time	123	9.79%
C.	2 or 3 times	54	4.30%
D.	4 or 5 times	11	0.88%
E.	6 or 7 times	2	0.16%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	1	0.08%
H.	12 or more times	8	0.64%
TOTALS		1,257	100.00%

Q-18. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	79	6.27%
B.	No	1180	93.73%
TOTALS		1,259	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	598	47.42%
B.	0 times	615	48.77%
C.	1 time	27	2.14%
D.	2 or 3 times	11	0.87%
E.	4 or 5 times	3	0.24%
F.	6 or more times	7	0.56%
TOTALS		1,261	100.00%

Q-20. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	598	47.46%
B.	0 times	597	47.38%
C.	1 time	35	2.78%
D.	2 or 3 times	16	1.27%
E.	4 or 5 times	8	0.63%
F.	6 or more times	6	0.48%
TOTALS		1,260	100.00%

Q-21. During the past 12 months, have you ever been bullied on school property?

A.	Yes	483	38.21%
B.	No	781	61.79%
TOTALS		1,264	100.00%

Q-22. During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, websites, or texting.)

A.	Yes	268	21.12%
B.	No	1001	78.88%
TOTALS		1,269	100.00%

Q-23. During the past 12 months, have you ever been the victim of teasing, name calling or bullying because someone thought you were gay, lesbian, or bisexual?

A.	Yes	232	18.43%
B.	No	1027	81.57%
TOTALS		1,259	100.00%

Q-24. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	355	27.89%
B.	No	918	72.11%
TOTALS		1,273	100.00%

Q-25. During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	236	18.67%
B.	No	1028	81.33%
TOTALS		1,264	100.00%

Q-26. During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	195	15.45%
B.	No	1067	84.55%
TOTALS		1,262	100.00%

Q-27. During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	1092	86.32%
B.	1 time	111	8.77%
C.	2 or 3 times	41	3.24%
D.	4 or 5 times	6	0.47%
E.	6 or more times	15	1.19%
TOTALS		1,265	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-28. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide	1059	83.58%
B.	Yes	51	4.03%
C.	No	157	12.39%
TOTALS		1,267	100.00%

Q-29. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	270	21.48%
B.	No	987	78.52%
TOTALS		1,257	100.00%

Q-30. How old were you when you smoked a whole cigarette for the first time?

A.	I have never smoked a whole cigarette	1098	87.07%
B.	8 years old or younger	29	2.30%
C.	9 or 10 years old	32	2.54%
D.	11 or 12 years old	58	4.60%
E.	13 or 14 years old	43	3.41%
F.	15 or 16 years old	1	0.08%
G.	17 years old or older	0	0.00%
TOTALS		1,261	100.00%

Q-31. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	1188	93.40%
B.	1 or 2 days	37	2.91%
C.	3 to 5 days	16	1.26%
D.	6 to 9 days	7	0.55%
E.	10 to 19 days	11	0.86%
F.	20 to 29 days	4	0.31%
G.	All 30 days	9	0.71%
TOTALS		1,272	100.00%

Q-32. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	1182	94.41%
B.	Less than 1 cigarette per day	33	2.64%
C.	1 cigarette per day	13	1.04%
D.	2 to 5 cigarettes per day	17	1.36%
E.	6 to 10 cigarettes per day	4	0.32%
F.	11 to 20 cigarettes per day	2	0.16%
G.	More than 20 cigarettes per day	1	0.08%
TOTALS		1,252	100.00%

Q-33. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)			
A.	I did not smoke cigarettes during the past 30 days	1188	93.99%
B.	I bought them in a store such as a convenience store, supermarket, discount store, or gas station	2	0.16%
C.	I got them on the Internet	1	0.08%
D.	I gave someone else money to buy them for me	16	1.27%
E.	I borrowed (or bummed) them from someone else	17	1.34%
F.	A person 18 years old or older gave them to me	4	0.32%
G.	I took them from a store or family member	20	1.58%
H.	I got them some other way	16	1.27%
TOTALS		1,264	100.00%

Q-34. During the past 30 days, on how many days did you smoke cigarettes on school property?			
A.	0 days	1248	98.27%
B.	1 or 2 days	12	0.94%
C.	3 to 5 days	4	0.31%
D.	6 to 9 days	1	0.08%
E.	10 to 19 days	1	0.08%
F.	20 to 29 days	1	0.08%
G.	All 30 days	3	0.24%
TOTALS		1,270	100.00%

Q-35. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	1124	89.92%
B.	Yes	76	6.08%
C.	No	50	4.00%
TOTALS		1,250	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?			
A.	0 days	1218	96.28%
B.	1 or 2 days	29	2.29%
C.	3 to 5 days	8	0.63%
D.	6 to 9 days	1	0.08%
E.	10 to 19 days	2	0.16%
F.	20 to 29 days	2	0.16%
G.	All 30 days	5	0.40%
TOTALS		1,265	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?			
A.	0 days	1242	98.26%
B.	1 or 2 days	11	0.87%
C.	3 to 5 days	4	0.32%
D.	6 to 9 days	2	0.16%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.08%
G.	All 30 days	4	0.32%
TOTALS		1,264	100.00%

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	1211	96.49%
B.	1 or 2 days	28	2.23%
C.	3 to 5 days	5	0.40%
D.	6 to 9 days	3	0.24%
E.	10 to 19 days	3	0.24%
F.	20 to 29 days	0	0.00%
G.	All 30 days	5	0.40%
TOTALS		1,255	100.00%

Q-39. Have you ever used an electronic vapor product?			
A.	Yes	293	23.50%
B.	No	954	76.50%
TOTALS		1,247	100.00%

Q-40. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1070	85.53%
B.	1 or 2 days	104	8.31%
C.	3 to 5 days	26	2.08%
D.	6 to 9 days	13	1.04%
E.	10 to 19 days	16	1.28%
F.	20 to 29 days	10	0.80%
G.	All 30 days	12	0.96%
TOTALS		1,251	100.00%

Q-41. During your life, on how many days have you had at least one drink of alcohol?			
A.	0 days	723	58.03%
B.	1 or 2 days	237	19.02%
C.	3 to 9 days	135	10.83%
D.	10 to 19 days	56	4.49%
E.	20 to 39 days	37	2.97%
F.	40 to 99 days	30	2.41%
G.	100 or more days	28	2.25%
TOTALS		1,246	100.00%

Q-42. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	829	66.69%
B.	8 years old or younger	98	7.88%
C.	9 or 10 years old	81	6.52%
D.	11 or 12 years old	139	11.18%
E.	13 or 14 years old	94	7.56%
F.	15 or 16 years old	2	0.16%
G.	17 years old or older	0	0.00%
TOTALS		1,243	100.00%

Q-43. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1073	85.57%
B.	1 or 2 days	119	9.49%
C.	3 to 5 days	29	2.31%
D.	6 to 9 days	16	1.28%
E.	10 to 19 days	7	0.56%
F.	20 to 29 days	3	0.24%
G.	All 30 days	7	0.56%
TOTALS		1,254	100.00%

Q-44. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?			
A.	0 days	1227	98.24%
B.	1 or 2 days	11	0.88%
C.	3 to 5 days	4	0.32%
D.	6 to 9 days	1	0.08%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	2	0.16%
G.	All 30 days	4	0.32%
TOTALS		1,249	100.00%

Q-45. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?			
A.	0 days	1177	93.12%
B.	1 day	43	3.40%
C.	2 days	18	1.42%
D.	3 to 5 days	11	0.87%
E.	6 to 9 days	5	0.40%
F.	10 to 19 days	4	0.32%
G.	20 or more days	6	0.47%
TOTALS		1,264	100.00%

Q-46. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1077	85.48%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	0	0.00%
C.	I bought it at a restaurant, bar, or club	2	0.16%
D.	I bought it at a public event such as a concert or sporting event	1	0.08%
E.	I gave someone else money to buy it for me	10	0.79%
F.	Someone gave it to me	69	5.48%
G.	I took it from a store or family member	40	3.17%
H.	I got it some other way	61	4.84%
TOTALS		1,260	100.00%

Q-47. During your life, how many times have you used marijuana?			
A.	0 times	1052	84.09%
B.	1 or 2 times	77	6.16%
C.	3 to 9 times	27	2.16%
D.	10 to 19 times	17	1.36%
E.	20 to 39 times	27	2.16%
F.	40 to 99 times	16	1.28%
G.	100 or more times	35	2.80%
TOTALS		1,251	100.00%

Q-48. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	1063	84.23%
B.	8 years old or younger	26	2.06%
C.	9 or 10 years old	32	2.54%
D.	11 or 12 years old	73	5.78%
E.	13 or 14 years old	64	5.07%
F.	15 or 16 years old	3	0.24%
G.	17 years old or older	1	0.08%
TOTALS		1,262	100.00%

Q-49. During the past 30 days, how many times did you use marijuana?			
A.	0 times	1163	92.23%
B.	1 or 2 times	36	2.85%
C.	3 to 9 times	24	1.90%
D.	10 to 19 times	16	1.27%
E.	20 to 39 times	6	0.48%
F.	40 or more times	16	1.27%
TOTALS		1,261	100.00%

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	1216	97.51%
B.	1 or 2 times	17	1.36%
C.	3 to 9 times	5	0.40%
D.	10 to 19 times	2	0.16%
E.	20 to 39 times	1	0.08%
F.	40 or more times	6	0.48%
TOTALS		1,247	100.00%
Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	1148	90.75%
B.	1 or 2 times	66	5.22%
C.	3 to 9 times	21	1.66%
D.	10 to 19 times	11	0.87%
E.	20 to 39 times	6	0.47%
F.	40 or more times	13	1.03%
TOTALS		1,265	100.00%
Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	1254	99.21%
B.	1 or 2 times	3	0.24%
C.	3 to 9 times	3	0.24%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.08%
F.	40 or more times	3	0.24%
TOTALS		1,264	100.00%
Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	1229	98.56%
B.	1 or 2 times	10	0.80%
C.	3 to 9 times	3	0.24%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.08%
F.	40 or more times	4	0.32%
TOTALS		1,247	100.00%
Q-54. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	1236	97.86%
B.	1 or 2 times	18	1.43%
C.	3 to 9 times	3	0.24%
D.	10 to 19 times	1	0.08%
E.	20 to 39 times	1	0.08%
F.	40 or more times	4	0.32%
TOTALS		1,263	100.00%

Q-55. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?			
A.	0 times	1194	94.46%
B.	1 or 2 times	41	3.24%
C.	3 to 9 times	12	0.95%
D.	10 to 19 times	7	0.55%
E.	20 to 39 times	3	0.24%
F.	40 or more times	7	0.55%
TOTALS		1,264	100.00%
Q-56. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	1217	97.83%
B.	1 or 2 times	14	1.13%
C.	3 to 9 times	4	0.32%
D.	10 to 19 times	2	0.16%
E.	20 to 39 times	4	0.32%
F.	40 or more times	3	0.24%
TOTALS		1,244	100.00%
Q-57. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?			
A.	0 times	1183	93.67%
B.	1 or 2 times	43	3.40%
C.	3 to 9 times	14	1.11%
D.	10 to 19 times	8	0.63%
E.	20 to 39 times	7	0.55%
F.	40 or more times	8	0.63%
TOTALS		1,263	100.00%
Q-58. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	1241	99.04%
B.	1 time	7	0.56%
C.	2 or more times	5	0.40%
TOTALS		1,253	100.00%
Q-59. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	219	17.48%
B.	No	1034	82.52%
TOTALS		1,253	100.00%
Q-60. Have you ever had sexual intercourse?			
A.	Yes	172	13.73%
B.	No	1081	86.27%
TOTALS		1,253	100.00%

Q-61. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1110	88.52%
B.	11 years old or younger	38	3.03%
C.	12 years old	24	1.91%
D.	13 years old	61	4.86%
E.	14 years old	20	1.59%
F.	15 years old	1	0.08%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		1,254	100.00%

Q-62. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1110	88.59%
B.	1 person	75	5.99%
C.	2 people	33	2.63%
D.	3 people	13	1.04%
E.	4 people	11	0.88%
F.	5 people	2	0.16%
G.	6 or more people	9	0.72%
TOTALS		1,253	100.00%

Q-63. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	1109	88.44%
B.	I have had sexual intercourse, but not during the past 3 months	83	6.62%
C.	1 person	43	3.43%
D.	2 people	10	0.80%
E.	3 people	3	0.24%
F.	4 people	0	0.00%
G.	5 people	2	0.16%
H.	6 or more people	4	0.32%
TOTALS		1,254	100.00%

Q-64. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1091	87.28%
B.	Yes	41	3.28%
C.	No	118	9.44%
TOTALS		1,250	100.00%

Q-65. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1087	87.73%
B.	Yes	89	7.18%
C.	No	63	5.08%
TOTALS		1,239	100.00%

Q-66. How do you describe your weight?			
A.	Very underweight	40	3.22%
B.	Slightly underweight	155	12.46%
C.	About the right weight	737	59.24%
D.	Slightly overweight	271	21.78%
E.	Very overweight	41	3.30%
TOTALS		1,244	100.00%
Q-67. Which of the following are you trying to do about your weight?			
A.	Lose weight	531	42.41%
B.	Gain weight	100	7.99%
C.	Stay the same weight	268	21.41%
D.	I am not trying to do anything about my weight	353	28.19%
TOTALS		1,252	100.00%
Q-68. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	301	24.08%
B.	1 to 3 times during the past 7 days	492	39.36%
C.	4 to 6 times during the past 7 days	223	17.84%
D.	1 time per day	77	6.16%
E.	2 times per day	75	6.00%
F.	3 times per day	29	2.32%
G.	4 or more times per day	53	4.24%
TOTALS		1,250	100.00%
Q-69. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	91	7.37%
B.	1 to 3 times during the past 7 days	351	28.44%
C.	4 to 6 times during the past 7 days	303	24.55%
D.	1 time per day	142	11.51%
E.	2 times per day	165	13.37%
F.	3 times per day	76	6.16%
G.	4 or more times per day	106	8.59%
TOTALS		1,234	100.00%
Q-70. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	395	31.98%
B.	1 to 3 times during the past 7 days	511	41.38%
C.	4 to 6 times during the past 7 days	173	14.01%
D.	1 time per day	94	7.61%
E.	2 times per day	33	2.67%
F.	3 times per day	9	0.73%
G.	4 or more times per day	20	1.62%
TOTALS		1,235	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	357	28.67%
B.	1 to 3 times during the past 7 days	592	47.55%
C.	4 to 6 times during the past 7 days	154	12.37%
D.	1 time per day	68	5.46%
E.	2 times per day	41	3.29%
F.	3 times per day	11	0.88%
G.	4 or more times per day	22	1.77%
TOTALS		1,245	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	158	12.77%
B.	1 to 3 glasses during the past 7 days	295	23.85%
C.	4 to 6 glasses during the past 7 days	194	15.68%
D.	1 glass per day	174	14.07%
E.	2 glasses per day	186	15.04%
F.	3 glasses per day	103	8.33%
G.	4 or more glasses per day	127	10.27%
TOTALS		1,237	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	93	7.52%
B.	1 day	75	6.07%
C.	2 days	79	6.39%
D.	3 days	77	6.23%
E.	4 days	77	6.23%
F.	5 days	96	7.77%
G.	6 days	84	6.80%
H.	7 days	655	52.99%
TOTALS		1,236	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	66	5.41%
B.	1 day	48	3.93%
C.	2 days	82	6.72%
D.	3 days	107	8.77%
E.	4 days	133	10.90%
F.	5 days	190	15.57%
G.	6 days	115	9.43%
H.	7 days	479	39.26%
TOTALS		1,220	100.00%

Q-75. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	192	15.70%
B.	Less than 1 hour per day	251	20.52%
C.	1 hour per day	236	19.30%
D.	2 hours per day	259	21.18%
E.	3 hours per day	157	12.84%
F.	4 hours per day	57	4.66%
G.	5 or more hours per day	71	5.81%
TOTALS		1,223	100.00%

Q-76. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other special networking tools, and the Internet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	177	14.41%
B.	Less than 1 hour per day	262	21.34%
C.	1 hour per day	199	16.21%
D.	2 hours per day	182	14.82%
E.	3 hours per day	152	12.38%
F.	4 hours per day	92	7.49%
G.	5 or more hours per day	164	13.36%
TOTALS		1,228	100.00%

Q-77. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	89	7.39%
B.	1 day	28	2.32%
C.	2 days	206	17.10%
D.	3 days	449	37.26%
E.	4 days	63	5.23%
F.	5 days	370	30.71%
TOTALS		1,205	100.00%

Q-78. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	313	25.89%
B.	1 team	269	22.25%
C.	2 teams	268	22.17%
D.	3 or more teams	359	29.69%
TOTALS		1,209	100.00%

Q-79. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	870	70.62%
B.	Between 12 and 24 months ago	119	9.66%
C.	More than 24 months ago	52	4.22%
D.	Never	20	1.62%
E.	Not sure	171	13.88%
TOTALS		1,232	100.00%

Q-80. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	205	16.75%
B.	No	890	72.71%
C.	Not sure	129	10.54%
TOTALS		1,224	100.00%
Q-81. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	82	6.70%
B.	5 hours	78	6.37%
C.	6 hours	140	11.44%
D.	7 hours	244	19.93%
E.	8 hours	385	31.45%
F.	9 hours	221	18.06%
G.	10 or more hours	74	6.05%
TOTALS		1,224	100.00%
Q-82. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	517	42.31%
B.	Mostly B's	361	29.54%
C.	Mostly C's	189	15.47%
D.	Mostly D's	44	3.60%
E.	Mostly F's	19	1.55%
F.	None of these grades	14	1.15%
G.	Not sure	78	6.38%
TOTALS		1,222	100.00%
Q-83. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)			
A.	0 times	1172	95.52%
B.	1 or 2 times	31	2.53%
C.	3 to 9 times	11	0.90%
D.	10 to 19 times	4	0.33%
E.	20 to 39 times	1	0.08%
F.	40 or more times	8	0.65%
TOTALS		1,227	100.00%
Q-84. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	252	20.72%
B.	No	964	79.28%
TOTALS		1,216	100.00%