

2015 NORTH WEST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 614 middle school students in North West Region during February of 2015. Frequency distributions may not total 614 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	1	0.16%
C.	12 years old	83	13.67%
D.	13 years old	281	46.29%
E.	14 years old	229	37.73%
F.	15 years old	13	2.14%
G.	16 years old or older	0	0.00%
	TOTALS	607	100.00%
Q-2. What is your sex?			
A.	Female	294	48.60%
B.	Male	311	51.40%
	TOTALS	605	100.00%
Q-3. In what grade are you?			
A.	7th grade	233	38.58%
B.	8th grade	371	61.42%
	TOTALS	604	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	51	8.59%
B.	No	543	91.41%
	TOTALS	594	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	115	17.48%
B.	Asian	16	2.43%
C.	Black or African American	13	1.98%
D.	Native Hawaiian or Other Pacific Islander	17	2.58%
E.	White	497	75.53%
	TOTALS	658	100.00%

Q-6. When you rode a bicycle during the past 12 months, how often did you wear a helmet?			
A.	I did not ride a bicycle during the past 12 months	86	14.10%
B.	Never wore a helmet	298	48.85%
C.	Rarely wore a helmet	64	10.49%
D.	Sometimes wore a helmet	69	11.31%
E.	Most of the time wore a helmet	41	6.72%
F.	Always wore a helmet	52	8.52%
TOTALS		610	100.00%

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	363	62.59%
B.	Never	11	1.90%
C.	Rarely	14	2.41%
D.	Sometimes	17	2.93%
E.	Most of the time	47	8.10%
F.	Always	128	22.07%
TOTALS		580	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	19	3.26%
B.	Rarely	25	4.30%
C.	Sometimes	40	6.87%
D.	Most of the time	134	23.02%
E.	Always	364	62.54%
TOTALS		582	100.00%

Q-9. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	490	81.13%
B.	1 time	43	7.12%
C.	2 or 3 times	37	6.13%
D.	4 or 5 times	10	1.66%
E.	6 or more times	24	3.97%
TOTALS		604	100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	417	69.15%
B.	1 day	51	8.46%
C.	2 or 3 days	50	8.29%
D.	4 or 5 days	29	4.81%
E.	6 or more days	56	9.29%
TOTALS		603	100.00%

Q-11. During the past 30 days, on how many days did you carry a gun?			
A.	0 days	512	85.05%
B.	1 day	38	6.31%
C.	2 or 3 days	27	4.49%
D.	4 or 5 days	6	1.00%
E.	6 or more days	19	3.16%
TOTALS		602	100.00%

Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	573	94.24%
B.	1 day	17	2.80%
C.	2 or 3 days	6	0.99%
D.	4 or 5 days	3	0.49%
E.	6 or more days	9	1.48%
TOTALS		608	100.00%

Q-13. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	566	92.94%
B.	1 day	23	3.78%
C.	2 or 3 days	15	2.46%
D.	4 or 5 days	2	0.33%
E.	6 or more days	3	0.49%
TOTALS		609	100.00%

Q-14. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	562	92.13%
B.	1 time	27	4.43%
C.	2 or 3 times	7	1.15%
D.	4 or 5 times	7	1.15%
E.	6 or 7 times	2	0.33%
F.	8 or 9 times	2	0.33%
G.	10 or 11 times	0	0.00%
H.	12 or more times	3	0.49%
TOTALS		610	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	411	67.27%
B.	1 time	103	16.86%
C.	2 or 3 times	51	8.35%
D.	4 or 5 times	20	3.27%
E.	6 or 7 times	5	0.82%
F.	8 or 9 times	5	0.82%
G.	10 or 11 times	3	0.49%
H.	12 or more times	13	2.13%
TOTALS		611	100.00%

Q-16. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?			
A.	0 times	599	97.88%
B.	1 time	8	1.31%
C.	2 or 3 times	4	0.65%
D.	4 or 5 times	0	0.00%
E.	6 or more times	1	0.16%
TOTALS		612	100.00%

Q-17. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	516	85.01%
B.	1 time	68	11.20%
C.	2 or 3 times	19	3.13%
D.	4 or 5 times	3	0.49%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	1	0.16%
G.	10 or 11 times	0	0.00%
H.	12 or more times	0	0.00%
TOTALS		607	100.00%

Q-18. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	38	6.23%
B.	No	572	93.77%
TOTALS		610	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	296	48.60%
B.	0 times	289	47.45%
C.	1 time	8	1.31%
D.	2 or 3 times	6	0.99%
E.	4 or 5 times	3	0.49%
F.	6 or more times	7	1.15%
TOTALS		609	100.00%

Q-20. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	291	47.86%
B.	0 times	280	46.05%
C.	1 time	20	3.29%
D.	2 or 3 times	9	1.48%
E.	4 or 5 times	2	0.33%
F.	6 or more times	6	0.99%
TOTALS		608	100.00%

Q-21. During the past 12 months, have you ever been bullied on school property?

A.	Yes	214	35.67%
B.	No	386	64.33%
TOTALS		600	100.00%

Q-22. During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, websites, or texting.)

A.	Yes	143	23.44%
B.	No	467	76.56%
TOTALS		610	100.00%

Q-23. During the past 12 months, have you ever been the victim of teasing, name calling or bullying because someone thought you were gay, lesbian, or bisexual?

A.	Yes	103	16.97%
B.	No	504	83.03%
TOTALS		607	100.00%

Q-24. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	175	28.69%
B.	No	435	71.31%
TOTALS		610	100.00%

Q-25. During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	107	17.46%
B.	No	506	82.54%
TOTALS		613	100.00%

Q-26. During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	88	14.57%
B.	No	516	85.43%
TOTALS		604	100.00%

Q-27. During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	522	85.86%
B.	1 time	57	9.38%
C.	2 or 3 times	23	3.78%
D.	4 or 5 times	3	0.49%
E.	6 or more times	3	0.49%
TOTALS		608	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-28. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide	514	83.99%
B.	Yes	27	4.41%
C.	No	71	11.60%
TOTALS		612	100.00%

Q-29. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	136	22.55%
B.	No	467	77.45%
TOTALS		603	100.00%

Q-30. How old were you when you smoked a whole cigarette for the first time?

A.	I have never smoked a whole cigarette	515	85.12%
B.	8 years old or younger	17	2.81%
C.	9 or 10 years old	16	2.64%
D.	11 or 12 years old	26	4.30%
E.	13 or 14 years old	31	5.12%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		605	100.00%

Q-31. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	556	91.30%
B.	1 or 2 days	26	4.27%
C.	3 to 5 days	13	2.13%
D.	6 to 9 days	3	0.49%
E.	10 to 19 days	5	0.82%
F.	20 to 29 days	2	0.33%
G.	All 30 days	4	0.66%
TOTALS		609	100.00%

Q-32. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	541	91.85%
B.	Less than 1 cigarette per day	21	3.57%
C.	1 cigarette per day	11	1.87%
D.	2 to 5 cigarettes per day	14	2.38%
E.	6 to 10 cigarettes per day	1	0.17%
F.	11 to 20 cigarettes per day	1	0.17%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		589	100.00%

Q-33. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)			
A.	I did not smoke cigarettes during the past 30 days	563	92.14%
B.	I bought them in a store such as a convenience store, supermarket, discount store, or gas station	4	0.65%
C.	I got them on the Internet	2	0.33%
D.	I gave someone else money to buy them for me	7	1.15%
E.	I borrowed (or bummed) them from someone else	14	2.29%
F.	A person 18 years old or older gave them to me	5	0.82%
G.	I took them from a store or family member	6	0.98%
H.	I got them some other way	10	1.64%
TOTALS		611	100.00%
Q-34. During the past 30 days, on how many days did you smoke cigarettes on school property?			
A.	0 days	597	97.71%
B.	1 or 2 days	10	1.64%
C.	3 to 5 days	1	0.16%
D.	6 to 9 days	1	0.16%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	1	0.16%
G.	All 30 days	1	0.16%
TOTALS		611	100.00%
Q-35. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	541	89.42%
B.	Yes	41	6.78%
C.	No	23	3.80%
TOTALS		605	100.00%
Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?			
A.	0 days	581	95.09%
B.	1 or 2 days	20	3.27%
C.	3 to 5 days	4	0.65%
D.	6 to 9 days	2	0.33%
E.	10 to 19 days	2	0.33%
F.	20 to 29 days	1	0.16%
G.	All 30 days	1	0.16%
TOTALS		611	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?			
A.	0 days	596	98.19%
B.	1 or 2 days	6	0.99%
C.	3 to 5 days	1	0.16%
D.	6 to 9 days	2	0.33%
E.	10 to 19 days	1	0.16%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.16%
TOTALS		607	100.00%

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	571	95.64%
B.	1 or 2 days	20	3.35%
C.	3 to 5 days	2	0.34%
D.	6 to 9 days	2	0.34%
E.	10 to 19 days	1	0.17%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.17%
TOTALS		597	100.00%

Q-39. Have you ever used an electronic vapor product?			
A.	Yes	164	27.20%
B.	No	439	72.80%
TOTALS		603	100.00%

Q-40. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	503	82.59%
B.	1 or 2 days	48	7.88%
C.	3 to 5 days	22	3.61%
D.	6 to 9 days	8	1.31%
E.	10 to 19 days	17	2.79%
F.	20 to 29 days	3	0.49%
G.	All 30 days	8	1.31%
TOTALS		609	100.00%

Q-41. During your life, on how many days have you had at least one drink of alcohol?			
A.	0 days	347	58.12%
B.	1 or 2 days	125	20.94%
C.	3 to 9 days	61	10.22%
D.	10 to 19 days	26	4.36%
E.	20 to 39 days	21	3.52%
F.	40 to 99 days	9	1.51%
G.	100 or more days	8	1.34%
TOTALS		597	100.00%

Q-42. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	385	64.38%
B.	8 years old or younger	42	7.02%
C.	9 or 10 years old	40	6.69%
D.	11 or 12 years old	70	11.71%
E.	13 or 14 years old	61	10.20%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	0	0.00%
TOTALS		598	100.00%

Q-43. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	509	84.27%
B.	1 or 2 days	65	10.76%
C.	3 to 5 days	15	2.48%
D.	6 to 9 days	8	1.32%
E.	10 to 19 days	5	0.83%
F.	20 to 29 days	1	0.17%
G.	All 30 days	1	0.17%
TOTALS		604	100.00%

Q-44. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?			
A.	0 days	595	98.51%
B.	1 or 2 days	5	0.83%
C.	3 to 5 days	3	0.50%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	1	0.17%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		604	100.00%

Q-45. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?			
A.	0 days	564	92.76%
B.	1 day	22	3.62%
C.	2 days	11	1.81%
D.	3 to 5 days	5	0.82%
E.	6 to 9 days	3	0.49%
F.	10 to 19 days	0	0.00%
G.	20 or more days	3	0.49%
TOTALS		608	100.00%

Q-46. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	510	84.16%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	0	0.00%
C.	I bought it at a restaurant, bar, or club	2	0.33%
D.	I bought it at a public event such as a concert or sporting event	1	0.17%
E.	I gave someone else money to buy it for me	10	1.65%
F.	Someone gave it to me	42	6.93%
G.	I took it from a store or family member	19	3.14%
H.	I got it some other way	22	3.63%
TOTALS		606	100.00%

Q-47. During your life, how many times have you used marijuana?			
A.	0 times	505	84.17%
B.	1 or 2 times	29	4.83%
C.	3 to 9 times	19	3.17%
D.	10 to 19 times	9	1.50%
E.	20 to 39 times	5	0.83%
F.	40 to 99 times	9	1.50%
G.	100 or more times	24	4.00%
TOTALS		600	100.00%

Q-48. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	506	83.50%
B.	8 years old or younger	14	2.31%
C.	9 or 10 years old	19	3.14%
D.	11 or 12 years old	40	6.60%
E.	13 or 14 years old	25	4.13%
F.	15 or 16 years old	1	0.17%
G.	17 years old or older	1	0.17%
TOTALS		606	100.00%

Q-49. During the past 30 days, how many times did you use marijuana?			
A.	0 times	552	91.09%
B.	1 or 2 times	14	2.31%
C.	3 to 9 times	13	2.15%
D.	10 to 19 times	8	1.32%
E.	20 to 39 times	8	1.32%
F.	40 or more times	11	1.82%
TOTALS		606	100.00%

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	585	97.99%
B.	1 or 2 times	7	1.17%
C.	3 to 9 times	1	0.17%
D.	10 to 19 times	1	0.17%
E.	20 to 39 times	2	0.34%
F.	40 or more times	1	0.17%
TOTALS		597	100.00%

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	566	93.40%
B.	1 or 2 times	22	3.63%
C.	3 to 9 times	15	2.48%
D.	10 to 19 times	1	0.17%
E.	20 to 39 times	1	0.17%
F.	40 or more times	1	0.17%
TOTALS		606	100.00%

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	595	99.33%
B.	1 or 2 times	3	0.50%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.17%
TOTALS		599	100.00%

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	589	98.99%
B.	1 or 2 times	3	0.50%
C.	3 to 9 times	3	0.50%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		595	100.00%

Q-54. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	595	98.18%
B.	1 or 2 times	6	0.99%
C.	3 to 9 times	4	0.66%
D.	10 to 19 times	1	0.17%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		606	100.00%

Q-55. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?			
A.	0 times	580	96.83%
B.	1 or 2 times	11	1.84%
C.	3 to 9 times	5	0.83%
D.	10 to 19 times	2	0.33%
E.	20 to 39 times	1	0.17%
F.	40 or more times	0	0.00%
TOTALS		599	100.00%
Q-56. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	588	98.66%
B.	1 or 2 times	5	0.84%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	2	0.34%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.17%
TOTALS		596	100.00%
Q-57. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?			
A.	0 times	569	94.05%
B.	1 or 2 times	16	2.64%
C.	3 to 9 times	9	1.49%
D.	10 to 19 times	5	0.83%
E.	20 to 39 times	2	0.33%
F.	40 or more times	4	0.66%
TOTALS		605	100.00%
Q-58. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	598	99.01%
B.	1 time	5	0.83%
C.	2 or more times	1	0.17%
TOTALS		604	100.00%
Q-59. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	106	17.58%
B.	No	497	82.42%
TOTALS		603	100.00%
Q-60. Have you ever had sexual intercourse?			
A.	Yes	100	16.72%
B.	No	498	83.28%
TOTALS		598	100.00%

Q-61. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	515	85.55%
B.	11 years old or younger	21	3.49%
C.	12 years old	13	2.16%
D.	13 years old	36	5.98%
E.	14 years old	17	2.82%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		602	100.00%

Q-62. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	517	86.17%
B.	1 person	48	8.00%
C.	2 people	15	2.50%
D.	3 people	7	1.17%
E.	4 people	3	0.50%
F.	5 people	4	0.67%
G.	6 or more people	6	1.00%
TOTALS		600	100.00%

Q-63. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	519	86.64%
B.	I have had sexual intercourse, but not during the past 3 months	41	6.84%
C.	1 person	30	5.01%
D.	2 people	5	0.83%
E.	3 people	1	0.17%
F.	4 people	1	0.17%
G.	5 people	1	0.17%
H.	6 or more people	1	0.17%
TOTALS		599	100.00%

Q-64. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	507	84.08%
B.	Yes	23	3.81%
C.	No	73	12.11%
TOTALS		603	100.00%

Q-65. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	505	84.87%
B.	Yes	66	11.09%
C.	No	24	4.03%
TOTALS		595	100.00%

Q-66. How do you describe your weight?			
A.	Very underweight	19	3.19%
B.	Slightly underweight	89	14.96%
C.	About the right weight	335	56.30%
D.	Slightly overweight	136	22.86%
E.	Very overweight	16	2.69%
TOTALS		595	100.00%

Q-67. Which of the following are you trying to do about your weight?			
A.	Lose weight	241	39.90%
B.	Gain weight	60	9.93%
C.	Stay the same weight	127	21.03%
D.	I am not trying to do anything about my weight	176	29.14%
TOTALS		604	100.00%

Q-68. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	144	23.96%
B.	1 to 3 times during the past 7 days	244	40.60%
C.	4 to 6 times during the past 7 days	94	15.64%
D.	1 time per day	34	5.66%
E.	2 times per day	39	6.49%
F.	3 times per day	23	3.83%
G.	4 or more times per day	23	3.83%
TOTALS		601	100.00%

Q-69. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	47	7.83%
B.	1 to 3 times during the past 7 days	179	29.83%
C.	4 to 6 times during the past 7 days	152	25.33%
D.	1 time per day	61	10.17%
E.	2 times per day	76	12.67%
F.	3 times per day	39	6.50%
G.	4 or more times per day	46	7.67%
TOTALS		600	100.00%

Q-70. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	197	32.94%
B.	1 to 3 times during the past 7 days	222	37.12%
C.	4 to 6 times during the past 7 days	87	14.55%
D.	1 time per day	50	8.36%
E.	2 times per day	21	3.51%
F.	3 times per day	6	1.00%
G.	4 or more times per day	15	2.51%
TOTALS		598	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	170	28.48%
B.	1 to 3 times during the past 7 days	277	46.40%
C.	4 to 6 times during the past 7 days	72	12.06%
D.	1 time per day	37	6.20%
E.	2 times per day	23	3.85%
F.	3 times per day	5	0.84%
G.	4 or more times per day	13	2.18%
TOTALS		597	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	70	11.74%
B.	1 to 3 glasses during the past 7 days	135	22.65%
C.	4 to 6 glasses during the past 7 days	114	19.13%
D.	1 glass per day	85	14.26%
E.	2 glasses per day	89	14.93%
F.	3 glasses per day	48	8.05%
G.	4 or more glasses per day	55	9.23%
TOTALS		596	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	56	9.46%
B.	1 day	30	5.07%
C.	2 days	51	8.61%
D.	3 days	29	4.90%
E.	4 days	34	5.74%
F.	5 days	58	9.80%
G.	6 days	41	6.93%
H.	7 days	293	49.49%
TOTALS		592	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	39	6.62%
B.	1 day	31	5.26%
C.	2 days	36	6.11%
D.	3 days	54	9.17%
E.	4 days	50	8.49%
F.	5 days	117	19.86%
G.	6 days	52	8.83%
H.	7 days	210	35.65%
TOTALS		589	100.00%

Q-75. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	112	18.79%
B.	Less than 1 hour per day	150	25.17%
C.	1 hour per day	102	17.11%
D.	2 hours per day	115	19.30%
E.	3 hours per day	49	8.22%
F.	4 hours per day	30	5.03%
G.	5 or more hours per day	38	6.38%
TOTALS		596	100.00%

Q-76. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other special networking tools, and the Internet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	100	16.69%
B.	Less than 1 hour per day	113	18.86%
C.	1 hour per day	80	13.36%
D.	2 hours per day	88	14.69%
E.	3 hours per day	86	14.36%
F.	4 hours per day	53	8.85%
G.	5 or more hours per day	79	13.19%
TOTALS		599	100.00%

Q-77. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	81	13.78%
B.	1 day	6	1.02%
C.	2 days	22	3.74%
D.	3 days	223	37.93%
E.	4 days	34	5.78%
F.	5 days	222	37.76%
TOTALS		588	100.00%

Q-78. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	193	32.94%
B.	1 team	117	19.97%
C.	2 teams	97	16.55%
D.	3 or more teams	179	30.55%
TOTALS		586	100.00%

Q-79. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	424	71.38%
B.	Between 12 and 24 months ago	69	11.62%
C.	More than 24 months ago	16	2.69%
D.	Never	7	1.18%
E.	Not sure	78	13.13%
TOTALS		594	100.00%

Q-80. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	100	17.15%
B.	No	423	72.56%
C.	Not sure	60	10.29%
TOTALS		583	100.00%

Q-81. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	32	5.44%
B.	5 hours	40	6.80%
C.	6 hours	57	9.69%
D.	7 hours	108	18.37%
E.	8 hours	207	35.20%
F.	9 hours	109	18.54%
G.	10 or more hours	35	5.95%
TOTALS		588	100.00%

Q-82. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	229	38.75%
B.	Mostly B's	199	33.67%
C.	Mostly C's	88	14.89%
D.	Mostly D's	20	3.38%
E.	Mostly F's	13	2.20%
F.	None of these grades	4	0.68%
G.	Not sure	38	6.43%
TOTALS		591	100.00%

Q-83. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)			
A.	0 times	565	94.96%
B.	1 or 2 times	21	3.53%
C.	3 to 9 times	5	0.84%
D.	10 to 19 times	1	0.17%
E.	20 to 39 times	2	0.34%
F.	40 or more times	1	0.17%
TOTALS		595	100.00%

Q-84. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	129	22.01%
B.	No	457	77.99%
TOTALS		586	100.00%