

2015 4 RIVERS REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 2,236 middle school students in 4 Rivers Region during February of 2015. Frequency distributions may not total 2,236 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	4	0.18%
B.	11 years old	5	0.23%
C.	12 years old	461	20.78%
D.	13 years old	1035	46.66%
E.	14 years old	682	30.75%
F.	15 years old	25	1.13%
G.	16 years old or older	6	0.27%
	TOTALS	2,218	100.00%
Q-2. What is your sex?			
A.	Female	1093	49.12%
B.	Male	1132	50.88%
	TOTALS	2,225	100.00%
Q-3. In what grade are you?			
A.	7th grade	1067	48.46%
B.	8th grade	1135	51.54%
	TOTALS	2,202	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	177	8.23%
B.	No	1973	91.77%
	TOTALS	2,150	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	192	8.24%
B.	Asian	58	2.49%
C.	Black or African American	62	2.66%
D.	Native Hawaiian or Other Pacific Islander	43	1.85%
E.	White	1974	84.76%
	TOTALS	2,329	100.00%

Q-6. When you rode a bicycle during the past 12 months, how often did you wear a helmet?			
A.	I did not ride a bicycle during the past 12 months	269	12.13%
B.	Never wore a helmet	975	43.98%
C.	Rarely wore a helmet	263	11.86%
D.	Sometimes wore a helmet	212	9.56%
E.	Most of the time wore a helmet	231	10.42%
F.	Always wore a helmet	267	12.04%
TOTALS		2,217	100.00%

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	1254	60.40%
B.	Never	32	1.54%
C.	Rarely	24	1.16%
D.	Sometimes	61	2.94%
E.	Most of the time	184	8.86%
F.	Always	521	25.10%
TOTALS		2,076	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	44	2.09%
B.	Rarely	77	3.65%
C.	Sometimes	141	6.68%
D.	Most of the time	493	23.36%
E.	Always	1355	64.22%
TOTALS		2,110	100.00%

Q-9. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	1765	80.05%
B.	1 time	175	7.94%
C.	2 or 3 times	132	5.99%
D.	4 or 5 times	34	1.54%
E.	6 or more times	99	4.49%
TOTALS		2,205	100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	1628	73.83%
B.	1 day	153	6.94%
C.	2 or 3 days	151	6.85%
D.	4 or 5 days	69	3.13%
E.	6 or more days	204	9.25%
TOTALS		2,205	100.00%

Q-11. During the past 30 days, on how many days did you carry a gun?			
A.	0 days	1915	86.85%
B.	1 day	113	5.12%
C.	2 or 3 days	97	4.40%
D.	4 or 5 days	27	1.22%
E.	6 or more days	53	2.40%
TOTALS		2,205	100.00%

Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	2137	96.04%
B.	1 day	31	1.39%
C.	2 or 3 days	21	0.94%
D.	4 or 5 days	9	0.40%
E.	6 or more days	27	1.21%
TOTALS		2,225	100.00%

Q-13. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	2095	93.99%
B.	1 day	58	2.60%
C.	2 or 3 days	37	1.66%
D.	4 or 5 days	12	0.54%
E.	6 or more days	27	1.21%
TOTALS		2,229	100.00%

Q-14. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	2012	91.37%
B.	1 time	75	3.41%
C.	2 or 3 times	52	2.36%
D.	4 or 5 times	16	0.73%
E.	6 or 7 times	9	0.41%
F.	8 or 9 times	7	0.32%
G.	10 or 11 times	1	0.05%
H.	12 or more times	30	1.36%
TOTALS		2,202	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight?			
A.	0 times	1545	69.97%
B.	1 time	314	14.22%
C.	2 or 3 times	188	8.51%
D.	4 or 5 times	56	2.54%
E.	6 or 7 times	21	0.95%
F.	8 or 9 times	14	0.63%
G.	10 or 11 times	12	0.54%
H.	12 or more times	58	2.63%
TOTALS		2,208	100.00%

Q-16. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?			
A.	0 times	2130	95.90%
B.	1 time	59	2.66%
C.	2 or 3 times	17	0.77%
D.	4 or 5 times	5	0.23%
E.	6 or more times	10	0.45%
TOTALS		2,221	100.00%

Q-17. During the past 12 months, how many times were you in a physical fight on school property?			
A.	0 times	1904	86.27%
B.	1 time	183	8.29%
C.	2 or 3 times	76	3.44%
D.	4 or 5 times	19	0.86%
E.	6 or 7 times	5	0.23%
F.	8 or 9 times	1	0.05%
G.	10 or 11 times	3	0.14%
H.	12 or more times	16	0.72%
TOTALS		2,207	100.00%

Q-18. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	127	5.75%
B.	No	2082	94.25%
TOTALS		2,209	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	1171	52.96%
B.	0 times	960	43.42%
C.	1 time	43	1.94%
D.	2 or 3 times	17	0.77%
E.	4 or 5 times	9	0.41%
F.	6 or more times	11	0.50%
TOTALS		2,211	100.00%

Q-20. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

A.	I did not date or go out with anyone during the past 12 months	1148	51.97%
B.	0 times	953	43.14%
C.	1 time	67	3.03%
D.	2 or 3 times	21	0.95%
E.	4 or 5 times	3	0.14%
F.	6 or more times	17	0.77%
TOTALS		2,209	100.00%

Q-21. During the past 12 months, have you ever been bullied on school property?

A.	Yes	832	37.56%
B.	No	1383	62.44%
TOTALS		2,215	100.00%

Q-22. During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, websites, or texting.)

A.	Yes	462	20.81%
B.	No	1758	79.19%
TOTALS		2,220	100.00%

Q-23. During the past 12 months, have you ever been the victim of teasing, name calling or bullying because someone thought you were gay, lesbian, or bisexual?

A.	Yes	460	20.81%
B.	No	1751	79.19%
TOTALS		2,211	100.00%

Q-24. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

A.	Yes	552	24.81%
B.	No	1673	75.19%
TOTALS		2,225	100.00%

Q-25. During the past 12 months, did you ever seriously consider attempting suicide?

A.	Yes	369	16.65%
B.	No	1847	83.35%
TOTALS		2,216	100.00%

Q-26. During the past 12 months, did you make a plan about how you would attempt suicide?

A.	Yes	289	13.06%
B.	No	1924	86.94%
TOTALS		2,213	100.00%

Q-27. During the past 12 months, how many times did you actually attempt suicide?

A.	0 times	1989	89.84%
B.	1 time	151	6.82%
C.	2 or 3 times	45	2.03%
D.	4 or 5 times	12	0.54%
E.	6 or more times	17	0.77%
TOTALS		2,214	100.00%

Q-28. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide	1961	88.29%
B.	Yes	66	2.97%
C.	No	194	8.73%
TOTALS		2,221	100.00%

Q-29. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	320	14.57%
B.	No	1876	85.43%
TOTALS		2,196	100.00%

Q-30. How old were you when you smoked a whole cigarette for the first time?

A.	I have never smoked a whole cigarette	2037	91.80%
B.	8 years old or younger	54	2.43%
C.	9 or 10 years old	26	1.17%
D.	11 or 12 years old	50	2.25%
E.	13 or 14 years old	51	2.30%
F.	15 or 16 years old	0	0.00%
G.	17 years old or older	1	0.05%
TOTALS		2,219	100.00%

Q-31. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	2130	95.82%
B.	1 or 2 days	36	1.62%
C.	3 to 5 days	16	0.72%
D.	6 to 9 days	9	0.40%
E.	10 to 19 days	10	0.45%
F.	20 to 29 days	2	0.09%
G.	All 30 days	20	0.90%
TOTALS		2,223	100.00%

Q-32. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	2092	95.66%
B.	Less than 1 cigarette per day	30	1.37%
C.	1 cigarette per day	20	0.91%
D.	2 to 5 cigarettes per day	24	1.10%
E.	6 to 10 cigarettes per day	2	0.09%
F.	11 to 20 cigarettes per day	4	0.18%
G.	More than 20 cigarettes per day	15	0.69%
TOTALS		2,187	100.00%

Q-33. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)			
A.	I did not smoke cigarettes during the past 30 days	2130	95.60%
B.	I bought them in a store such as a convenience store, supermarket, discount store, or gas station	4	0.18%
C.	I got them on the Internet	4	0.18%
D.	I gave someone else money to buy them for me	11	0.49%
E.	I borrowed (or bummed) them from someone else	14	0.63%
F.	A person 18 years old or older gave them to me	8	0.36%
G.	I took them from a store or family member	24	1.08%
H.	I got them some other way	33	1.48%
TOTALS		2,228	100.00%

Q-34. During the past 30 days, on how many days did you smoke cigarettes on school property?			
A.	0 days	2190	98.69%
B.	1 or 2 days	10	0.45%
C.	3 to 5 days	6	0.27%
D.	6 to 9 days	3	0.14%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	10	0.45%
TOTALS		2,219	100.00%

Q-35. During the past 12 months, did you ever try to quit smoking cigarettes?			
A.	I did not smoke during the past 12 months	2068	94.17%
B.	Yes	82	3.73%
C.	No	46	2.09%
TOTALS		2,196	100.00%

Q-36. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?			
A.	0 days	2150	96.93%
B.	1 or 2 days	27	1.22%
C.	3 to 5 days	9	0.41%
D.	6 to 9 days	8	0.36%
E.	10 to 19 days	5	0.23%
F.	20 to 29 days	4	0.18%
G.	All 30 days	15	0.68%
TOTALS		2,218	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?			
A.	0 days	2180	98.42%
B.	1 or 2 days	15	0.68%
C.	3 to 5 days	1	0.05%
D.	6 to 9 days	3	0.14%
E.	10 to 19 days	2	0.09%
F.	20 to 29 days	2	0.09%
G.	All 30 days	12	0.54%
TOTALS		2,215	100.00%
Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	2146	97.32%
B.	1 or 2 days	33	1.50%
C.	3 to 5 days	7	0.32%
D.	6 to 9 days	4	0.18%
E.	10 to 19 days	4	0.18%
F.	20 to 29 days	1	0.05%
G.	All 30 days	10	0.45%
TOTALS		2,205	100.00%
Q-39. Have you ever used an electronic vapor product?			
A.	Yes	406	18.43%
B.	No	1797	81.57%
TOTALS		2,203	100.00%
Q-40. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	1961	88.49%
B.	1 or 2 days	154	6.95%
C.	3 to 5 days	38	1.71%
D.	6 to 9 days	21	0.95%
E.	10 to 19 days	18	0.81%
F.	20 to 29 days	5	0.23%
G.	All 30 days	19	0.86%
TOTALS		2,216	100.00%
Q-41. During your life, on how many days have you had at least one drink of alcohol?			
A.	0 days	1327	61.38%
B.	1 or 2 days	445	20.58%
C.	3 to 9 days	208	9.62%
D.	10 to 19 days	75	3.47%
E.	20 to 39 days	47	2.17%
F.	40 to 99 days	24	1.11%
G.	100 or more days	36	1.67%
TOTALS		2,162	100.00%

Q-42. How old were you when you had your first drink of alcohol other than a few sips?			
A.	I have never had a drink of alcohol other than a few sips	1552	70.58%
B.	8 years old or younger	157	7.14%
C.	9 or 10 years old	125	5.68%
D.	11 or 12 years old	198	9.00%
E.	13 or 14 years old	166	7.55%
F.	15 or 16 years old	1	0.05%
G.	17 years old or older	0	0.00%
TOTALS		2,199	100.00%

Q-43. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	1962	88.82%
B.	1 or 2 days	170	7.70%
C.	3 to 5 days	37	1.67%
D.	6 to 9 days	14	0.63%
E.	10 to 19 days	14	0.63%
F.	20 to 29 days	2	0.09%
G.	All 30 days	10	0.45%
TOTALS		2,209	100.00%

Q-44. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?			
A.	0 days	2176	98.77%
B.	1 or 2 days	12	0.54%
C.	3 to 5 days	2	0.09%
D.	6 to 9 days	3	0.14%
E.	10 to 19 days	0	0.00%
F.	20 to 29 days	0	0.00%
G.	All 30 days	10	0.45%
TOTALS		2,203	100.00%

Q-45. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?			
A.	0 days	2127	95.55%
B.	1 day	46	2.07%
C.	2 days	20	0.90%
D.	3 to 5 days	7	0.31%
E.	6 to 9 days	8	0.36%
F.	10 to 19 days	6	0.27%
G.	20 or more days	12	0.54%
TOTALS		2,226	100.00%

Q-46. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	1953	88.25%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	5	0.23%
C.	I bought it at a restaurant, bar, or club	1	0.05%
D.	I bought it at a public event such as a concert or sporting event	1	0.05%
E.	I gave someone else money to buy it for me	17	0.77%
F.	Someone gave it to me	91	4.11%
G.	I took it from a store or family member	57	2.58%
H.	I got it some other way	88	3.98%
TOTALS		2,213	100.00%

Q-47. During your life, how many times have you used marijuana?			
A.	0 times	1992	90.67%
B.	1 or 2 times	73	3.32%
C.	3 to 9 times	32	1.46%
D.	10 to 19 times	21	0.96%
E.	20 to 39 times	18	0.82%
F.	40 to 99 times	11	0.50%
G.	100 or more times	50	2.28%
TOTALS		2,197	100.00%

Q-48. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	2017	90.98%
B.	8 years old or younger	34	1.53%
C.	9 or 10 years old	26	1.17%
D.	11 or 12 years old	62	2.80%
E.	13 or 14 years old	75	3.38%
F.	15 or 16 years old	2	0.09%
G.	17 years old or older	1	0.05%
TOTALS		2,217	100.00%

Q-49. During the past 30 days, how many times did you use marijuana?			
A.	0 times	2097	94.93%
B.	1 or 2 times	40	1.81%
C.	3 to 9 times	24	1.09%
D.	10 to 19 times	11	0.50%
E.	20 to 39 times	8	0.36%
F.	40 or more times	29	1.31%
TOTALS		2,209	100.00%

Q-50. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	2139	97.85%
B.	1 or 2 times	15	0.69%
C.	3 to 9 times	8	0.37%
D.	10 to 19 times	6	0.27%
E.	20 to 39 times	1	0.05%
F.	40 or more times	17	0.78%
TOTALS		2,186	100.00%

Q-51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	2069	93.28%
B.	1 or 2 times	81	3.65%
C.	3 to 9 times	26	1.17%
D.	10 to 19 times	17	0.77%
E.	20 to 39 times	6	0.27%
F.	40 or more times	19	0.86%
TOTALS		2,218	100.00%

Q-52. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	2179	98.33%
B.	1 or 2 times	11	0.50%
C.	3 to 9 times	7	0.32%
D.	10 to 19 times	2	0.09%
E.	20 to 39 times	1	0.05%
F.	40 or more times	16	0.72%
TOTALS		2,216	100.00%

Q-53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A.	0 times	2160	98.41%
B.	1 or 2 times	13	0.59%
C.	3 to 9 times	2	0.09%
D.	10 to 19 times	3	0.14%
E.	20 to 39 times	0	0.00%
F.	40 or more times	17	0.77%
TOTALS		2,195	100.00%

Q-54. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	2167	97.92%
B.	1 or 2 times	23	1.04%
C.	3 to 9 times	2	0.09%
D.	10 to 19 times	1	0.05%
E.	20 to 39 times	0	0.00%
F.	40 or more times	20	0.90%
TOTALS		2,213	100.00%

Q-55. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?			
A.	0 times	2122	96.41%
B.	1 or 2 times	35	1.59%
C.	3 to 9 times	13	0.59%
D.	10 to 19 times	8	0.36%
E.	20 to 39 times	3	0.14%
F.	40 or more times	20	0.91%
TOTALS		2,201	100.00%
Q-56. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	2143	98.03%
B.	1 or 2 times	18	0.82%
C.	3 to 9 times	4	0.18%
D.	10 to 19 times	2	0.09%
E.	20 to 39 times	3	0.14%
F.	40 or more times	16	0.73%
TOTALS		2,186	100.00%
Q-57. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?			
A.	0 times	2096	94.37%
B.	1 or 2 times	61	2.75%
C.	3 to 9 times	26	1.17%
D.	10 to 19 times	12	0.54%
E.	20 to 39 times	6	0.27%
F.	40 or more times	20	0.90%
TOTALS		2,221	100.00%
Q-58. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	2178	98.73%
B.	1 time	10	0.45%
C.	2 or more times	18	0.82%
TOTALS		2,206	100.00%
Q-59. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	303	13.73%
B.	No	1904	86.27%
TOTALS		2,207	100.00%
Q-60. Have you ever had sexual intercourse?			
A.	Yes	229	10.38%
B.	No	1977	89.62%
TOTALS		2,206	100.00%

Q-61. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	1995	90.27%
B.	11 years old or younger	88	3.98%
C.	12 years old	36	1.63%
D.	13 years old	61	2.76%
E.	14 years old	28	1.27%
F.	15 years old	0	0.00%
G.	16 years old	2	0.09%
H.	17 years old or older	0	0.00%
TOTALS		2,210	100.00%

Q-62. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	1997	90.81%
B.	1 person	92	4.18%
C.	2 people	48	2.18%
D.	3 people	8	0.36%
E.	4 people	6	0.27%
F.	5 people	7	0.32%
G.	6 or more people	41	1.86%
TOTALS		2,199	100.00%

Q-63. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	2012	90.84%
B.	I have had sexual intercourse, but not during the past 3 months	110	4.97%
C.	1 person	49	2.21%
D.	2 people	12	0.54%
E.	3 people	4	0.18%
F.	4 people	5	0.23%
G.	5 people	3	0.14%
H.	6 or more people	20	0.90%
TOTALS		2,215	100.00%

Q-64. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	1975	89.81%
B.	Yes	73	3.32%
C.	No	151	6.87%
TOTALS		2,199	100.00%

Q-65. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	1973	90.38%
B.	Yes	121	5.54%
C.	No	89	4.08%
TOTALS		2,183	100.00%

Q-66. How do you describe your weight?			
A.	Very underweight	61	2.77%
B.	Slightly underweight	348	15.83%
C.	About the right weight	1259	57.25%
D.	Slightly overweight	470	21.37%
E.	Very overweight	61	2.77%
TOTALS		2,199	100.00%

Q-67. Which of the following are you trying to do about your weight?			
A.	Lose weight	836	38.16%
B.	Gain weight	238	10.86%
C.	Stay the same weight	522	23.82%
D.	I am not trying to do anything about my weight	595	27.16%
TOTALS		2,191	100.00%

Q-68. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	594	27.15%
B.	1 to 3 times during the past 7 days	871	39.81%
C.	4 to 6 times during the past 7 days	321	14.67%
D.	1 time per day	135	6.17%
E.	2 times per day	124	5.67%
F.	3 times per day	48	2.19%
G.	4 or more times per day	95	4.34%
TOTALS		2,188	100.00%

Q-69. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	180	8.20%
B.	1 to 3 times during the past 7 days	592	26.96%
C.	4 to 6 times during the past 7 days	514	23.41%
D.	1 time per day	294	13.39%
E.	2 times per day	278	12.66%
F.	3 times per day	152	6.92%
G.	4 or more times per day	186	8.47%
TOTALS		2,196	100.00%

Q-70. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	687	31.44%
B.	1 to 3 times during the past 7 days	911	41.69%
C.	4 to 6 times during the past 7 days	274	12.54%
D.	1 time per day	185	8.47%
E.	2 times per day	68	3.11%
F.	3 times per day	16	0.73%
G.	4 or more times per day	44	2.01%
TOTALS		2,185	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)

A.	I did not drink soda or pop during the past 7 days	628	28.89%
B.	1 to 3 times during the past 7 days	1007	46.32%
C.	4 to 6 times during the past 7 days	272	12.51%
D.	1 time per day	106	4.88%
E.	2 times per day	76	3.50%
F.	3 times per day	27	1.24%
G.	4 or more times per day	58	2.67%
TOTALS		2,174	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	274	12.56%
B.	1 to 3 glasses during the past 7 days	452	20.71%
C.	4 to 6 glasses during the past 7 days	396	18.15%
D.	1 glass per day	302	13.84%
E.	2 glasses per day	338	15.49%
F.	3 glasses per day	208	9.53%
G.	4 or more glasses per day	212	9.72%
TOTALS		2,182	100.00%

Q-73. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	186	8.64%
B.	1 day	115	5.34%
C.	2 days	126	5.85%
D.	3 days	118	5.48%
E.	4 days	128	5.95%
F.	5 days	136	6.32%
G.	6 days	158	7.34%
H.	7 days	1186	55.09%
TOTALS		2,153	100.00%

Q-74. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	130	6.08%
B.	1 day	84	3.93%
C.	2 days	161	7.53%
D.	3 days	204	9.54%
E.	4 days	243	11.37%
F.	5 days	313	14.64%
G.	6 days	235	10.99%
H.	7 days	768	35.92%
TOTALS		2,138	100.00%

Q-75. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	365	16.89%
B.	Less than 1 hour per day	499	23.09%
C.	1 hour per day	403	18.65%
D.	2 hours per day	436	20.18%
E.	3 hours per day	243	11.24%
F.	4 hours per day	101	4.67%
G.	5 or more hours per day	114	5.28%
TOTALS		2,161	100.00%

Q-76. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other special networking tools, and the Internet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	372	17.19%
B.	Less than 1 hour per day	418	19.32%
C.	1 hour per day	365	16.87%
D.	2 hours per day	370	17.10%
E.	3 hours per day	246	11.37%
F.	4 hours per day	135	6.24%
G.	5 or more hours per day	258	11.92%
TOTALS		2,164	100.00%

Q-77. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	226	10.67%
B.	1 day	41	1.93%
C.	2 days	279	13.17%
D.	3 days	943	44.50%
E.	4 days	104	4.91%
F.	5 days	526	24.82%
TOTALS		2,119	100.00%

Q-78. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	631	29.32%
B.	1 team	449	20.86%
C.	2 teams	446	20.72%
D.	3 or more teams	626	29.09%
TOTALS		2,152	100.00%

Q-79. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	1650	76.07%
B.	Between 12 and 24 months ago	193	8.90%
C.	More than 24 months ago	59	2.72%
D.	Never	23	1.06%
E.	Not sure	244	11.25%
TOTALS		2,169	100.00%

Q-80. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	380	17.67%
B.	No	1563	72.66%
C.	Not sure	208	9.67%
TOTALS		2,151	100.00%
Q-81. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	106	4.92%
B.	5 hours	127	5.89%
C.	6 hours	221	10.25%
D.	7 hours	436	20.22%
E.	8 hours	709	32.88%
F.	9 hours	397	18.41%
G.	10 or more hours	160	7.42%
TOTALS		2,156	100.00%
Q-82. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	1033	48.20%
B.	Mostly B's	671	31.31%
C.	Mostly C's	236	11.01%
D.	Mostly D's	57	2.66%
E.	Mostly F's	21	0.98%
F.	None of these grades	17	0.79%
G.	Not sure	108	5.04%
TOTALS		2,143	100.00%
Q-83. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)			
A.	0 times	2067	95.43%
B.	1 or 2 times	55	2.54%
C.	3 to 9 times	18	0.83%
D.	10 to 19 times	5	0.23%
E.	20 to 39 times	2	0.09%
F.	40 or more times	19	0.88%
TOTALS		2,166	100.00%
Q-84. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?			
A.	Yes	403	18.77%
B.	No	1744	81.23%
TOTALS		2,147	100.00%