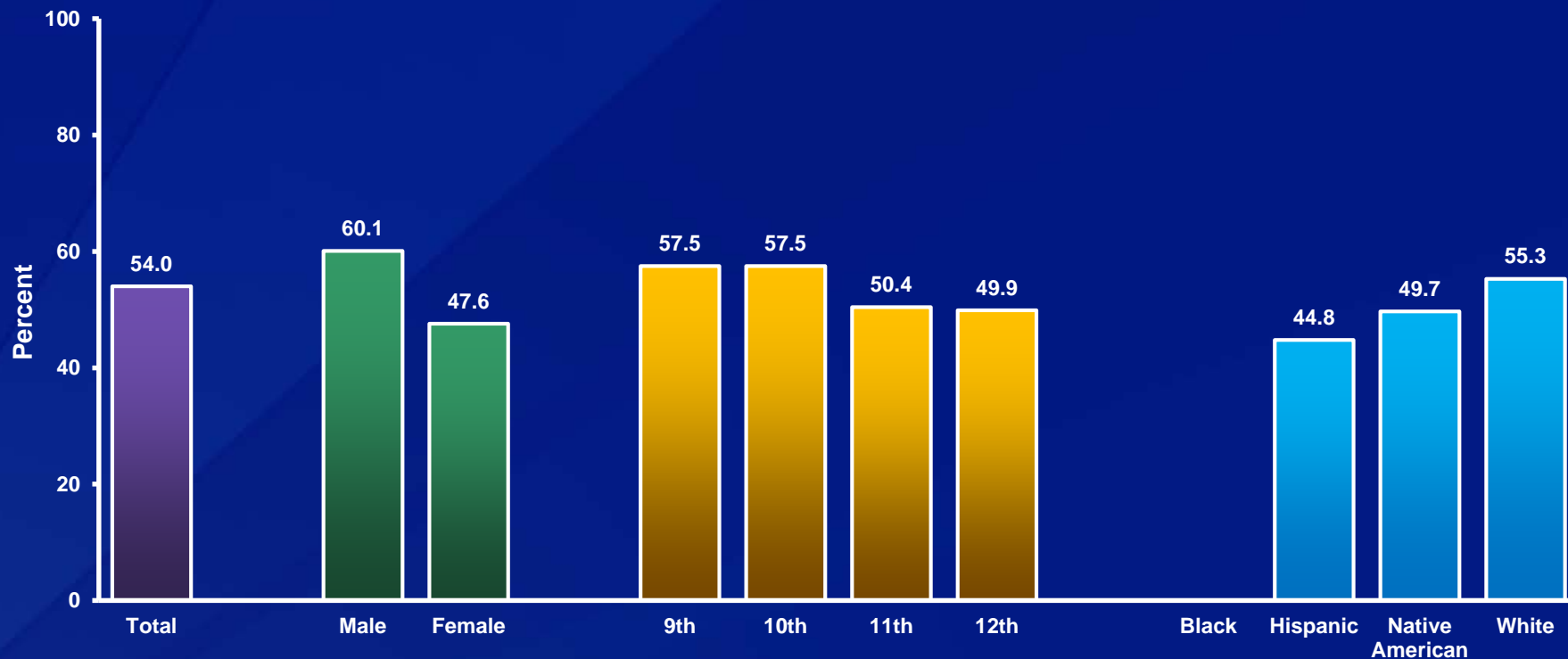


## Percentage of High School Students Who Were Physically Active At Least 60 Minutes Per Day on 5 or More Days,\* by Sex,<sup>†</sup> Grade,<sup>†</sup> and Race/Ethnicity,<sup>†</sup> 2015



\*Doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

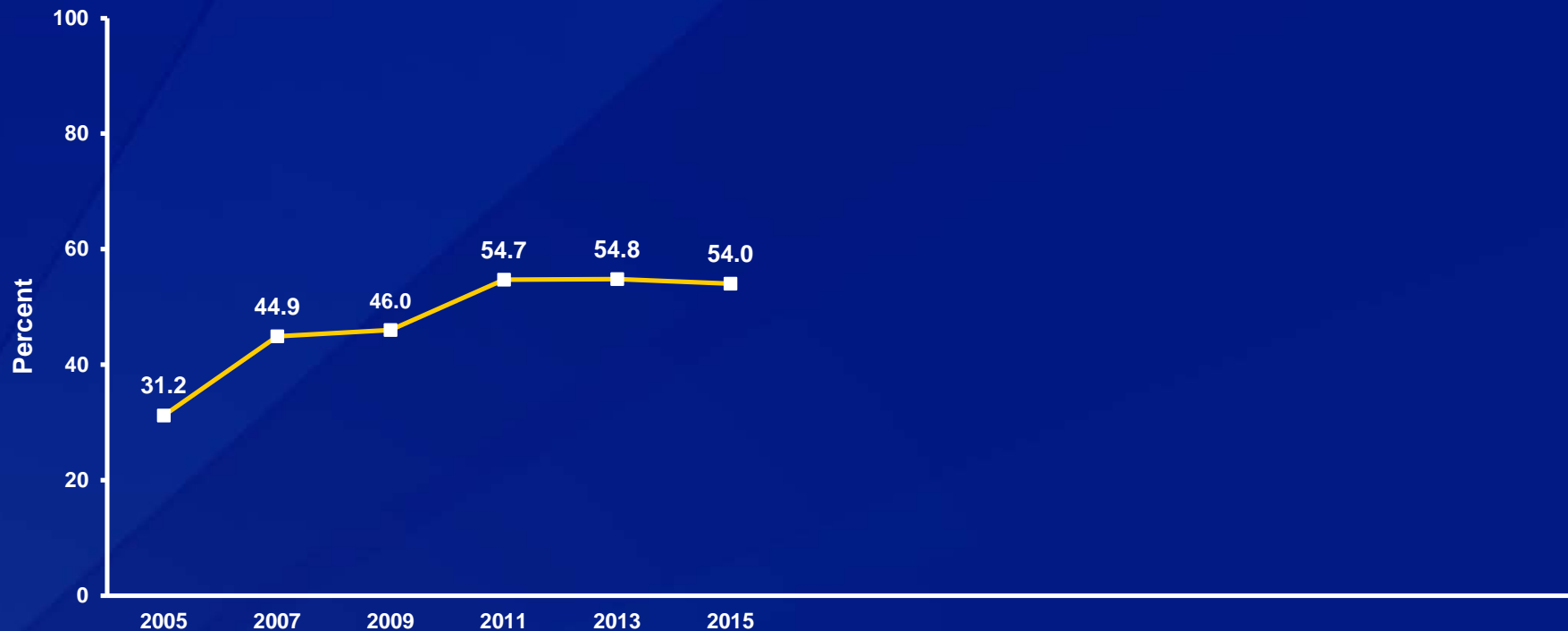
<sup>†</sup>M > F; 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th; W > H (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

## Percentage of High School Students Who Were Physically Active At Least 60 Minutes Per Day on 5 or More Days,\* 2005-2015<sup>†</sup>

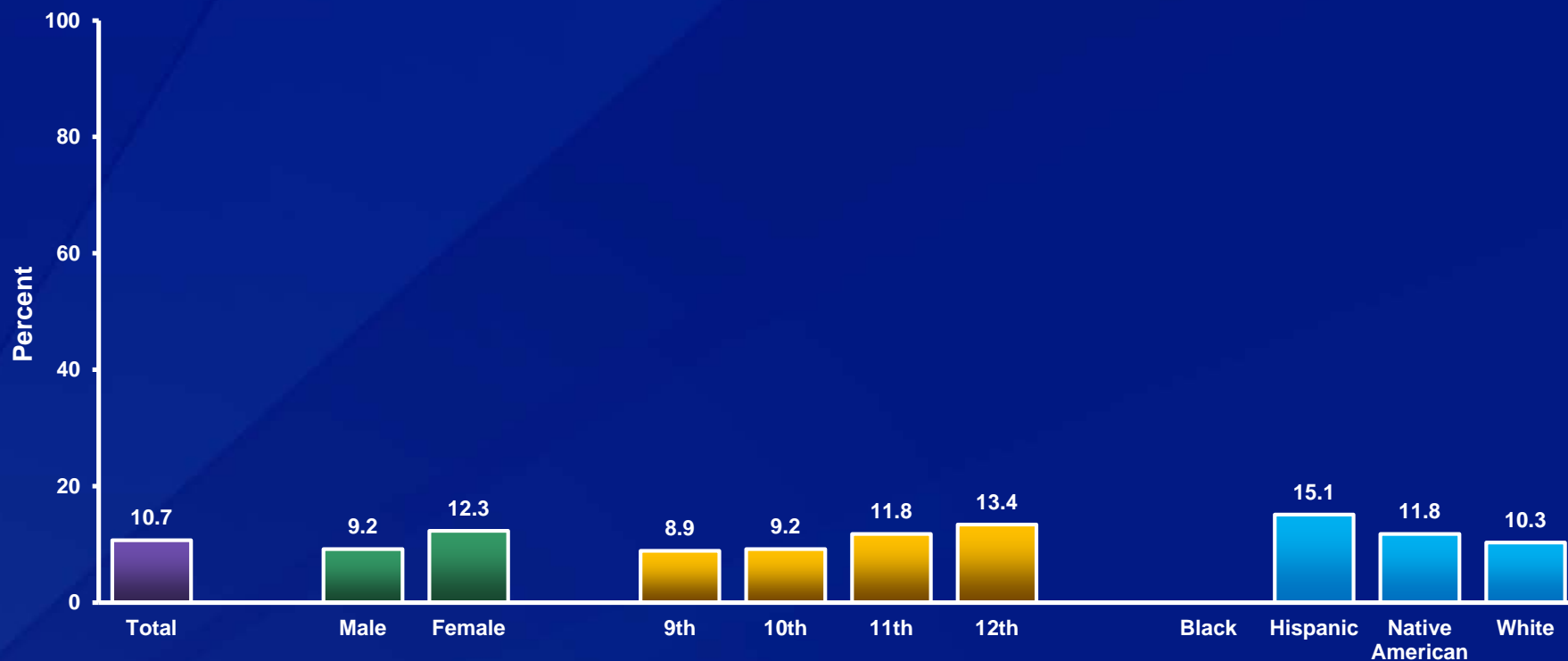


\*Doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

<sup>†</sup>Increased 2005-2015, increased 2005-2009, increased 2009-2015 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Note: This graph contains weighted results.

## Percentage of High School Students Who Did Not Participate in At Least 60 Minutes of Physical Activity on At Least 1 Day,\* by Sex,<sup>†</sup> Grade,<sup>†</sup> and Race/Ethnicity,<sup>†</sup> 2015



\*Doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

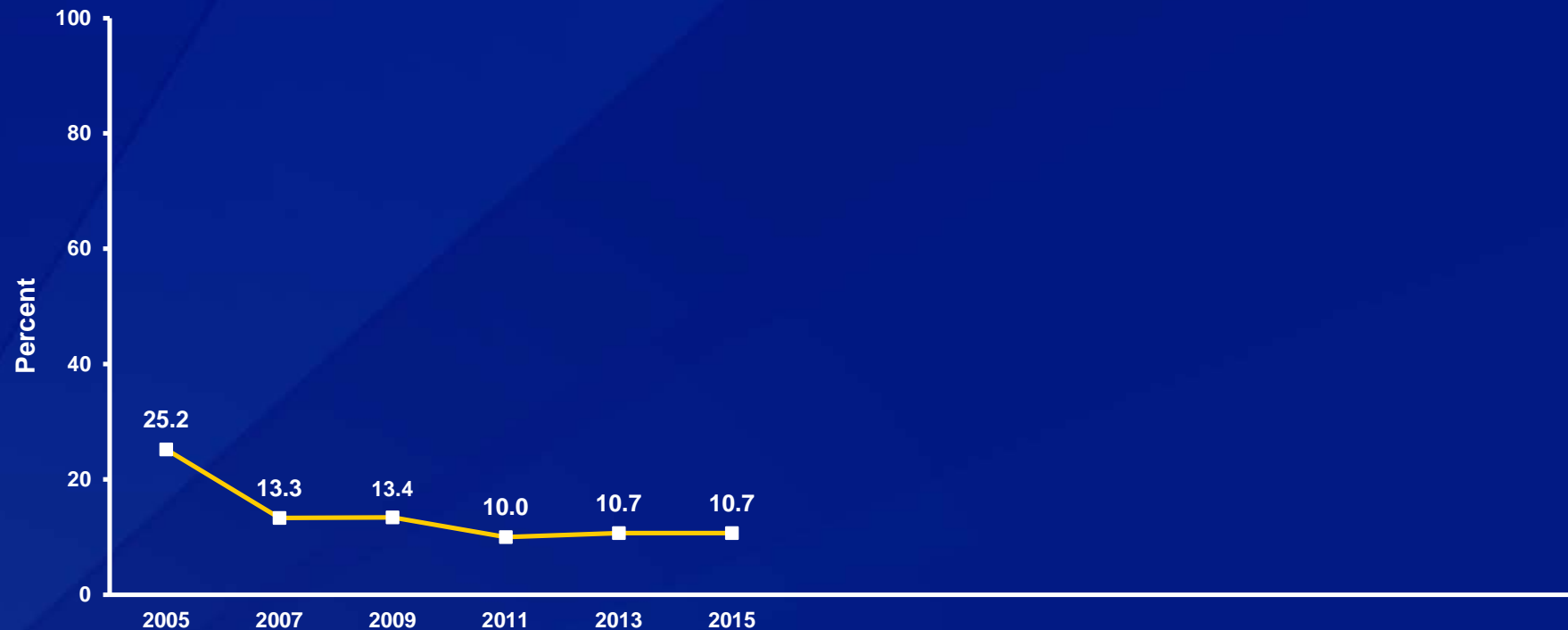
<sup>†</sup>F > M; 12th > 9th, 12th > 10th; H > W (Based on t-test analysis,  $p < 0.05$ .)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

## Percentage of High School Students Who Did Not Participate in At Least 60 Minutes of Physical Activity on At Least 1 Day,\* 2005-2015<sup>†</sup>

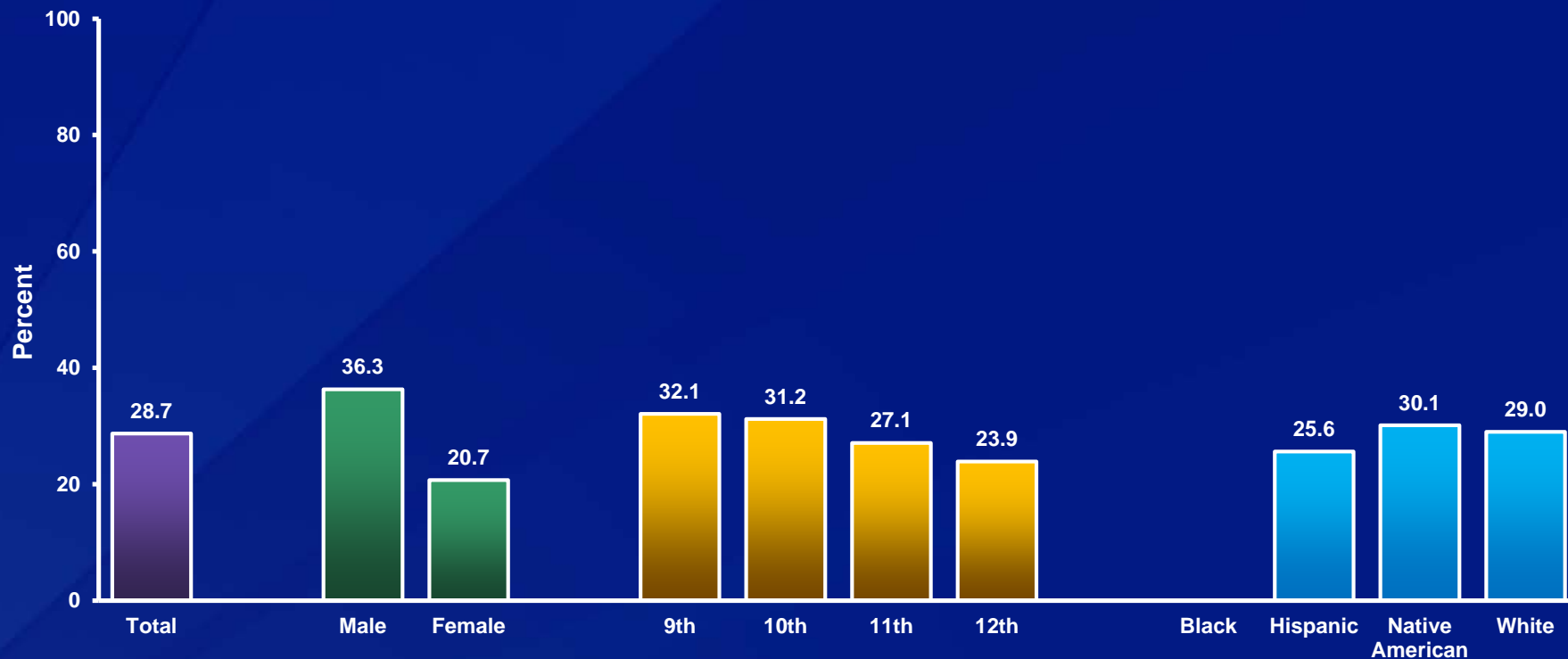


\*Doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

<sup>†</sup>Decreased 2005-2015, decreased 2005-2009, decreased 2009-2015 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Note: This graph contains weighted results.

## Percentage of High School Students Who Were Physically Active At Least 60 Minutes Per Day on All 7 Days,\* by Sex,<sup>†</sup> Grade,<sup>†</sup> and Race/Ethnicity, 2015



\*Doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

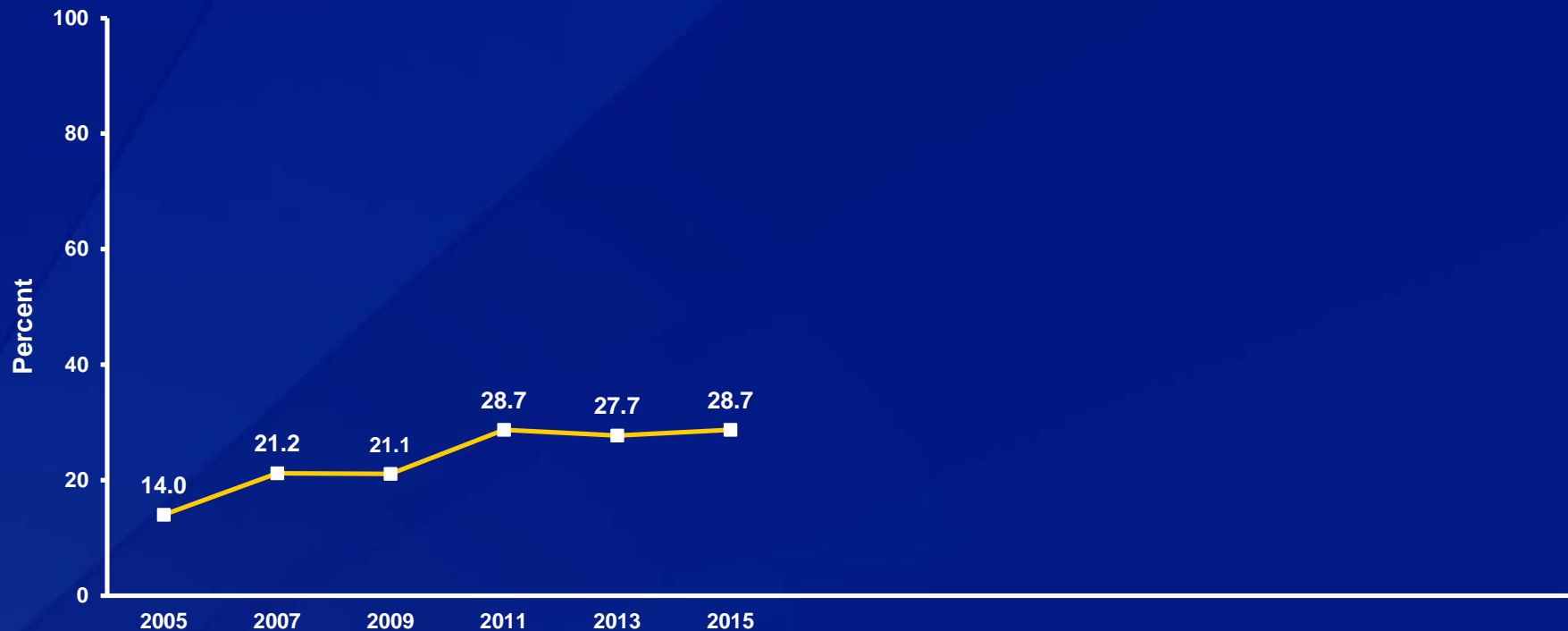
<sup>†</sup>M > F; 9th > 12th, 10th > 12th (Based on t-test analysis,  $p < 0.05$ .)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

## Percentage of High School Students Who Were Physically Active At Least 60 Minutes Per Day on All 7 Days,\* 2005-2015<sup>†</sup>

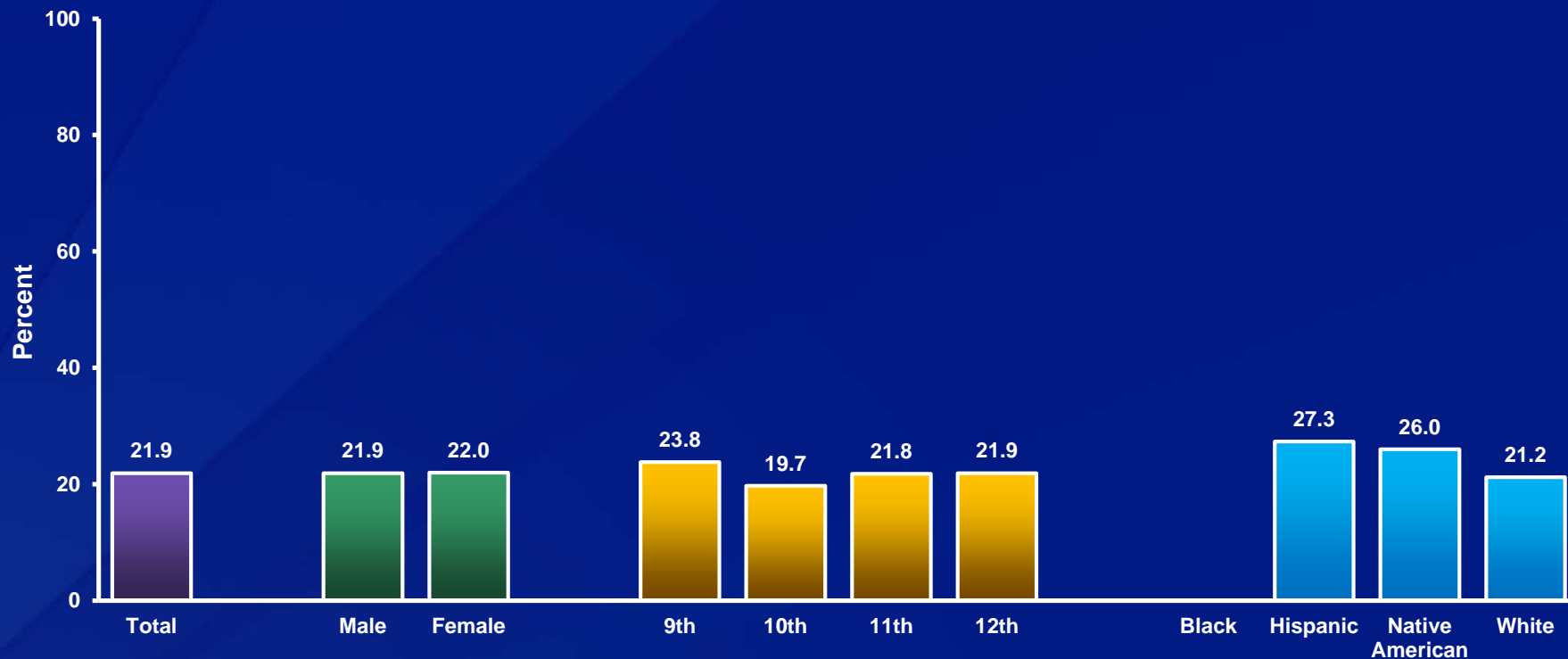


\*Doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

<sup>†</sup>Increased 2005-2015, increased 2005-2011, no change 2011-2015 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Note: This graph contains weighted results.

## Percentage of High School Students Who Watched Television 3 or More Hours Per Day,\* by Sex, Grade, and Race/Ethnicity,† 2015



\*On an average school day

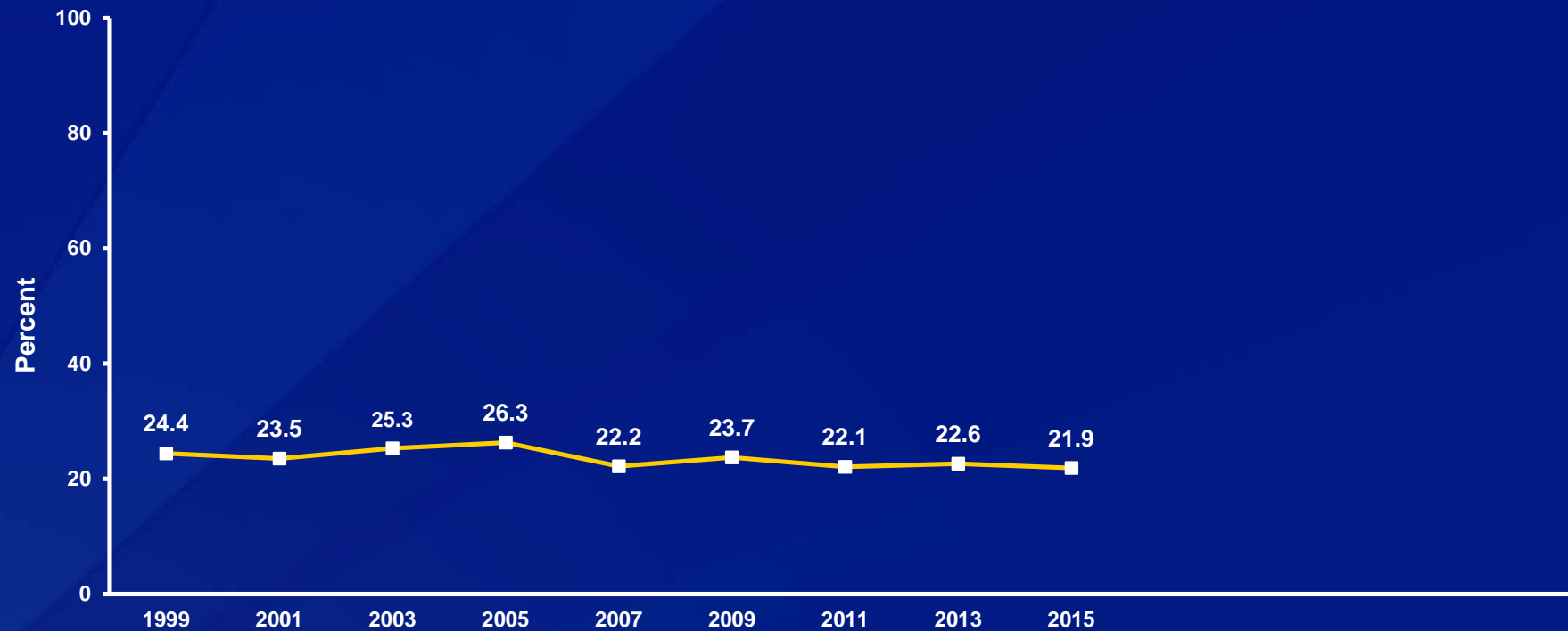
†H > W (Based on t-test analysis,  $p < 0.05$ .)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

## Percentage of High School Students Who Watched Television 3 or More Hours Per Day,\* 1999-2015†



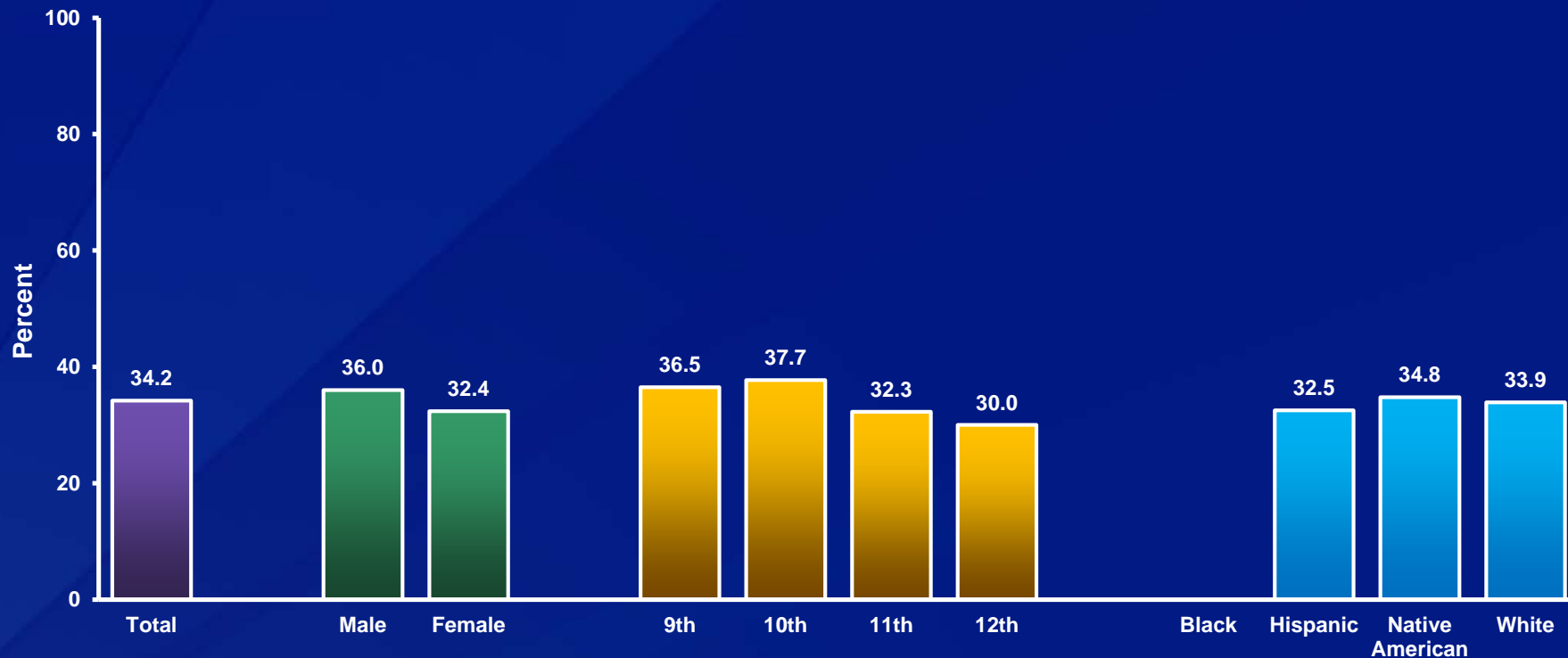
\*On an average school day

†Decreased 1999-2015 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Note: This graph contains weighted results.



## Percentage of High School Students Who Played Video or Computer Games or Used a Computer 3 or More Hours Per Day,\* by Sex,<sup>†</sup> Grade,<sup>†</sup> and Race/Ethnicity, 2015



\*For something that was not school work on an average school day

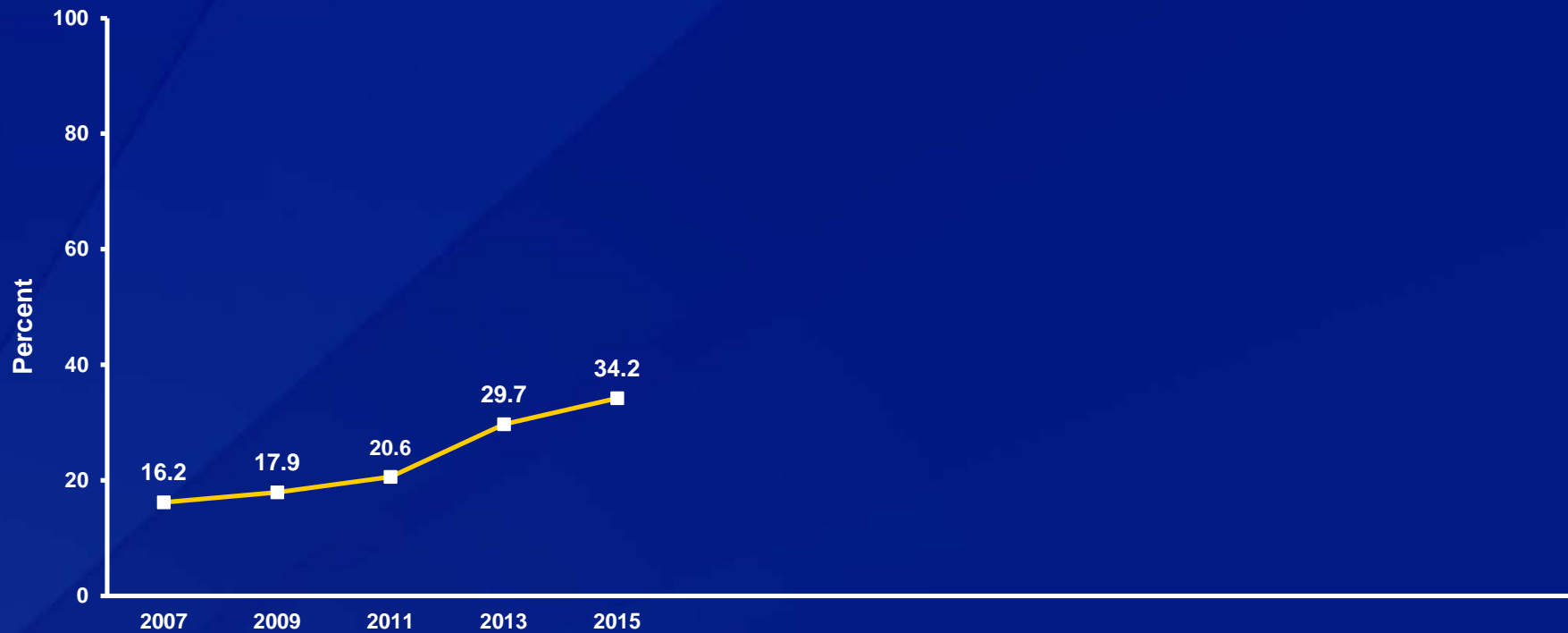
<sup>†</sup>M > F; 9th > 12th, 10th > 11th, 10th > 12th (Based on t-test analysis,  $p < 0.05$ .)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

## Percentage of High School Students Who Played Video or Computer Games or Used a Computer 3 or More Hours Per Day,\* 2007-2015<sup>†</sup>

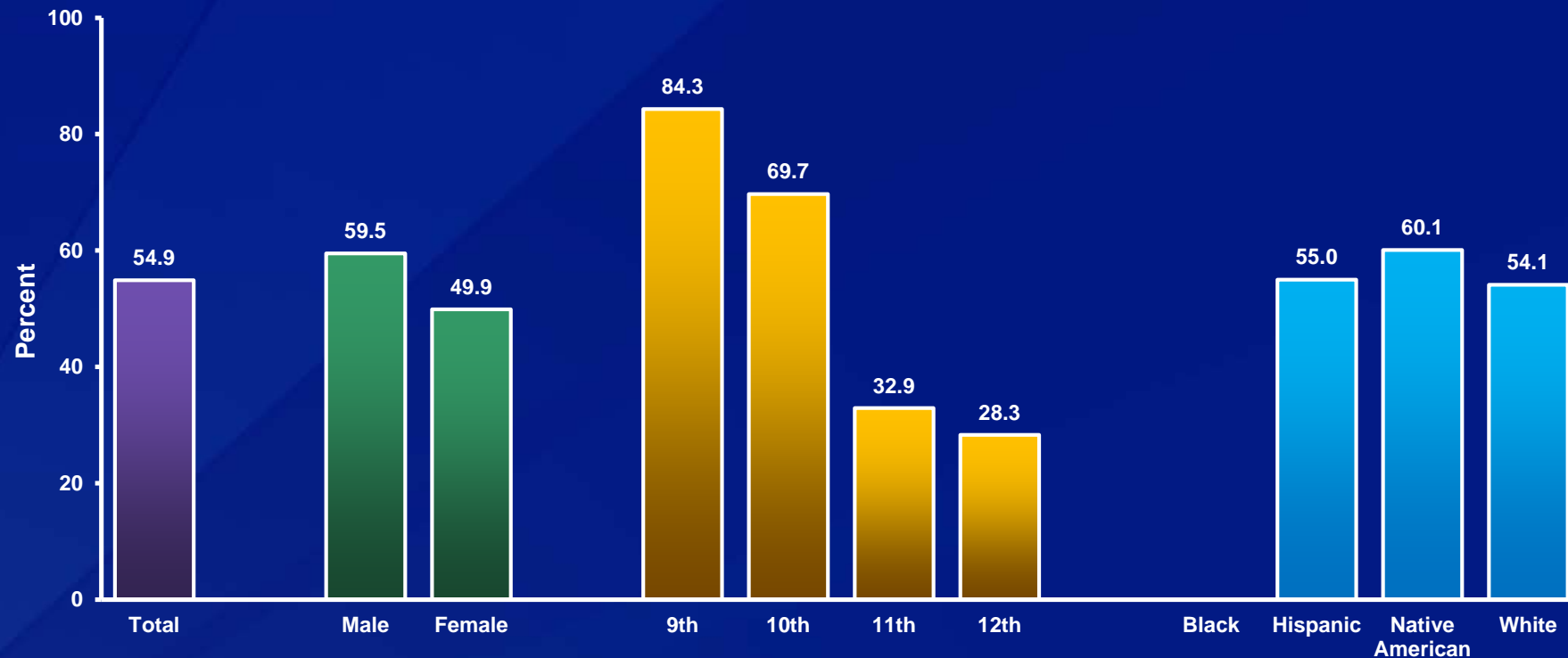


\*For something that was not school work on an average school day

<sup>†</sup>Increased 2007-2015 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ).]

Note: This graph contains weighted results.

## Percentage of High School Students Who Attended Physical Education Classes on 1 or More Days,\* by Sex,<sup>†</sup> Grade,<sup>†</sup> and Race/Ethnicity, 2015



\*In an average week when they were in school

<sup>†</sup>M > F; 9th > 10th, 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

## Percentage of High School Students Who Attended Physical Education Classes on 1 or More Days,\* 1993-2015<sup>†</sup>

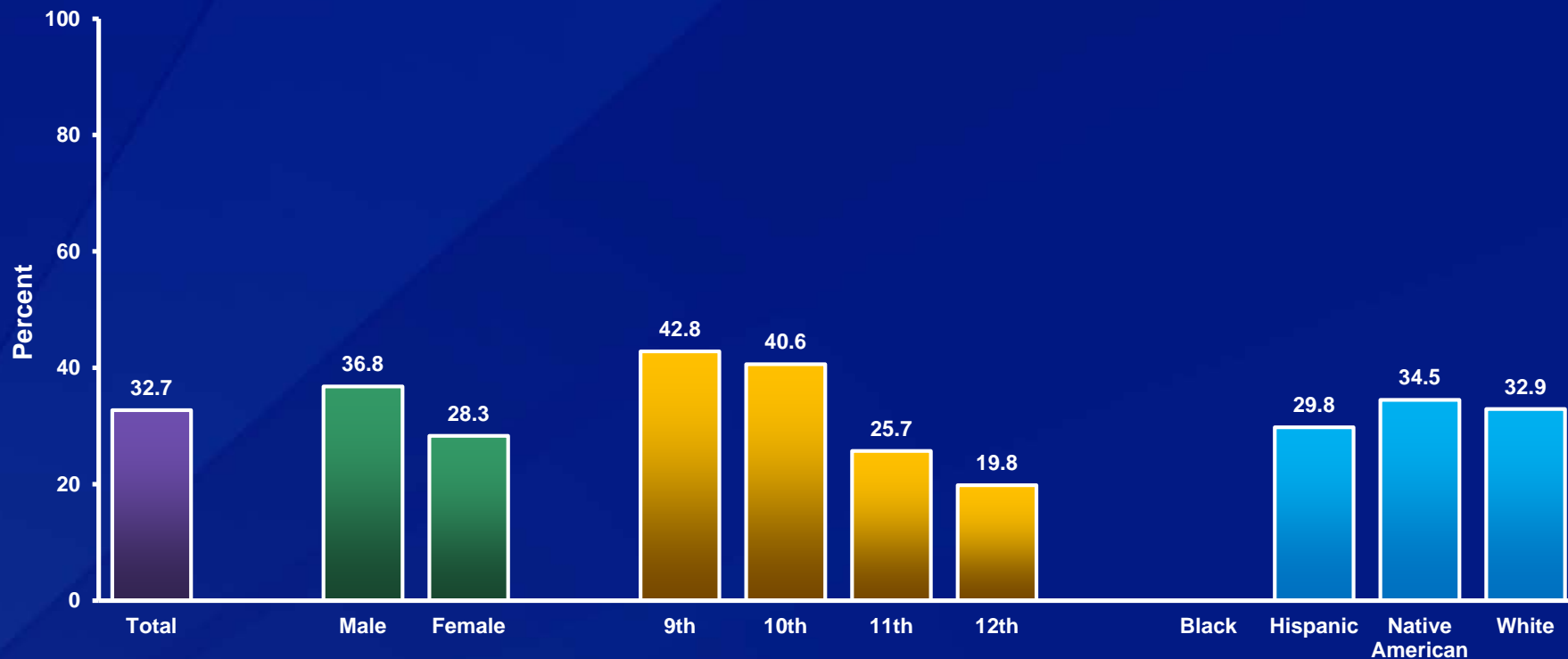


\*In an average week when they were in school

<sup>†</sup>Increased 1993-2015 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Note: This graph contains weighted results.

## Percentage of High School Students Who Attended Physical Education Classes on All 5 Days,\* by Sex,<sup>†</sup> Grade,<sup>†</sup> and Race/Ethnicity, 2015



\*In an average week when they were in school

<sup>†</sup>M > F; 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th, 11th > 12th (Based on t-test analysis,  $p < 0.05$ .)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

## Percentage of High School Students Who Attended Physical Education Classes on All 5 Days,\* 1993-2015†

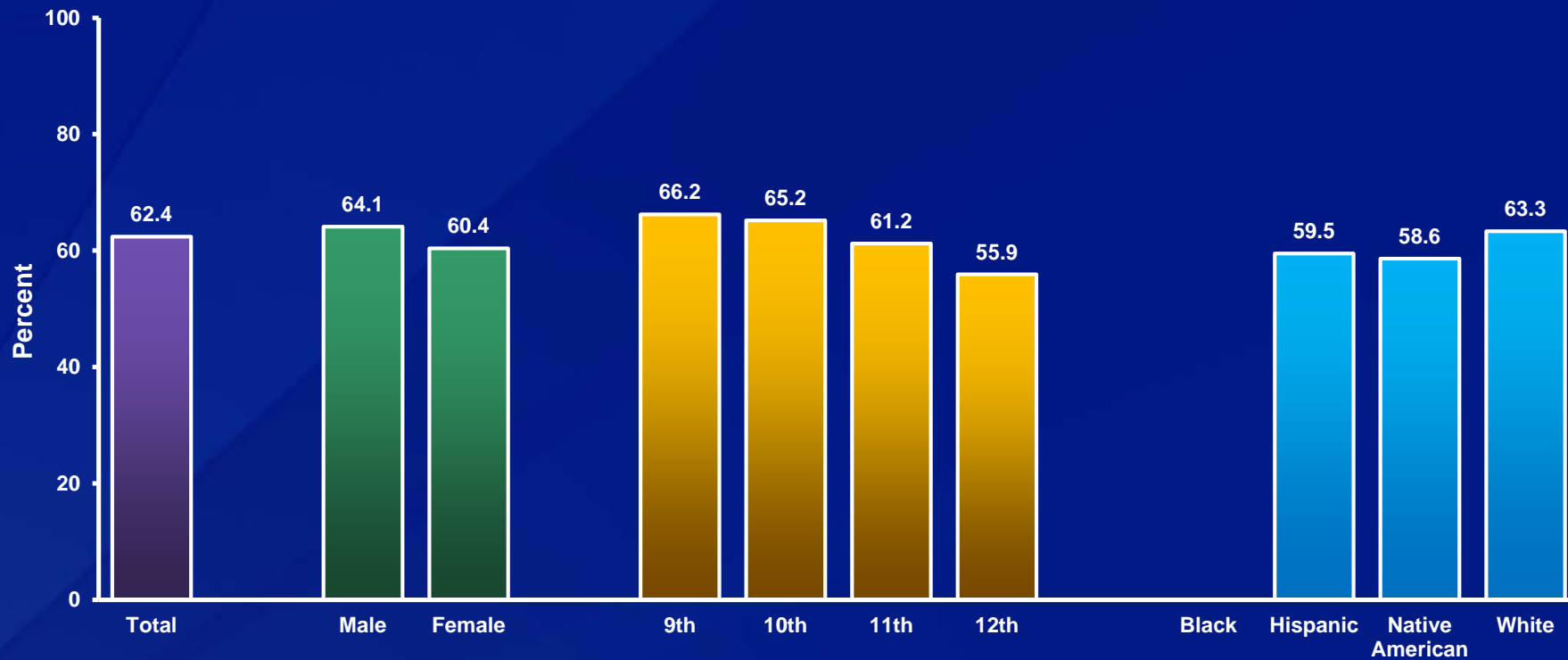


\*In an average week when they were in school

†No change 1993-2015 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Note: This graph contains weighted results.

## Percentage of High School Students Who Played on At Least One Sports Team,\* by Sex,<sup>†</sup> Grade,<sup>†</sup> and Race/Ethnicity, 2015



\*Run by their school or community groups during the 12 months before the survey

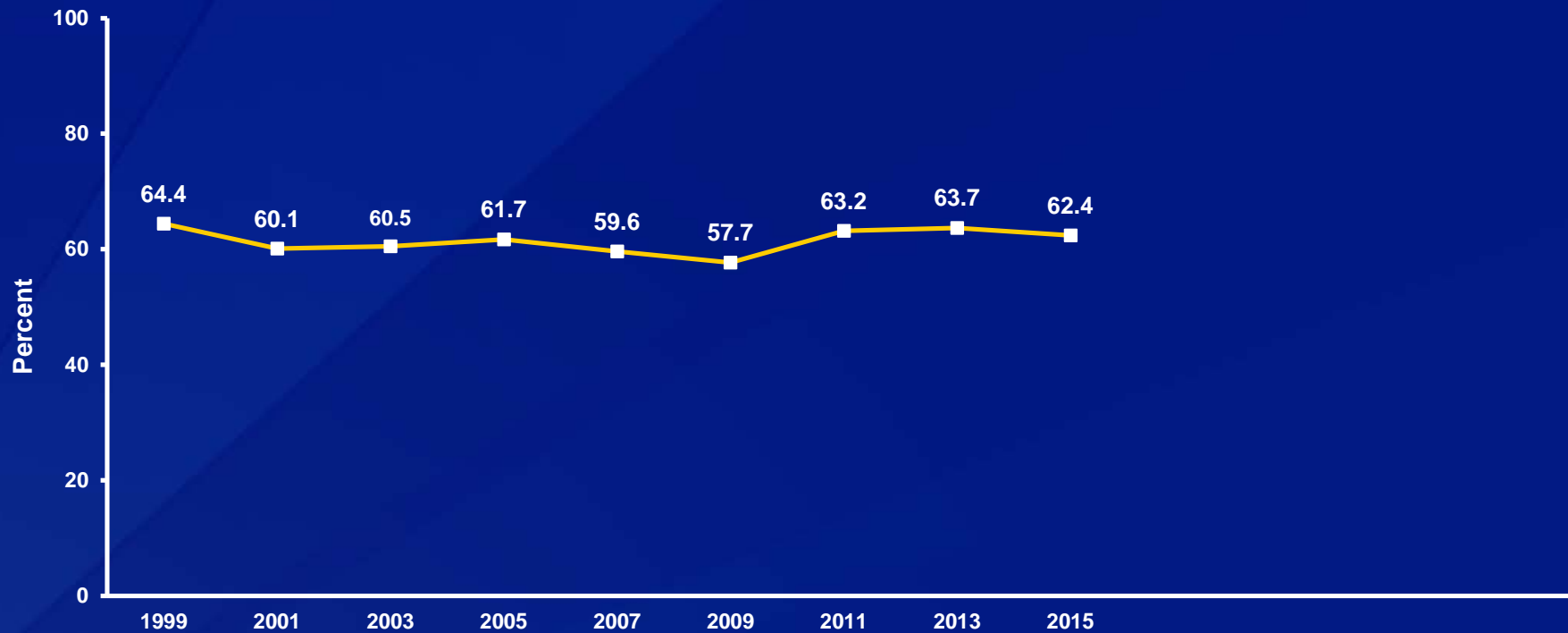
<sup>†</sup>M > F; 9th > 12th, 10th > 12th (Based on t-test analysis,  $p < 0.05$ .)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in this subgroup.

Note: This graph contains weighted results.

## Percentage of High School Students Who Played on At Least One Sports Team,\* 1999-2015†



\*Run by their school or community groups during the 12 months before the survey

†Decreased, 1999-2003, increased, 2003-2015 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Note: This graph contains weighted results.