













## 2015 Youth Risk Behavior Survey

### High School – United States and Montana

Question	United States	Montana	United States More Likely Than Montana	Montana More Likely Than United States	No Statistical Difference
<b>Unintentional Injuries and Violence</b>					
Never or rarely wore a bicycle helmet (among students who had ridden a bicycle during the past 12 months)	81.4	80.3			●
Never or rarely wore a seat belt (when riding in a car driven by someone else)	6.1	9.5		●	
Rode with a driver who had been drinking alcohol during the past 30 days	20.0	23.0		●	
Drove when they had been drinking alcohol during the past 30 days (among students who drove)	7.8	10.9		●	
Texted or e-mailed while driving a car during the past 30 days (among students who drove)	41.5	54.6		●	
Carried a weapon (e.g., gun, knife or club) during the past 30 days	16.2	26.4		●	
Carried a gun during the past 30 days	5.3	11.1		●	
Carried a weapon on school property during the past 30 days	4.1	10.6		●	
Were threatened or injured with a weapon on school property during the past	6.0	5.5			●
Were in a physical fight during the past 12 months	22.6	22.4			●
Were injured in a physical fight during the past 12 months and had to be treated by a doctor or nurse	2.9	2.3			●
Were in a physical fight on school property during the past 12 months	7.8	7.6			●
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	5.6	5.0			●
Were electronically bullied (e.g., e-mail, chat rooms, instant messaging, Web sites or texting) during the past 12 months	15.5	18.5		●	
Were bullied on school property during the past 12 months	20.2	25.3		●	
Were ever physically forced to have sexual intercourse when they did not want to	6.7	8.7		●	

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<b>Unintentional Injuries and Violence</b>					
Experienced physical dating violence (e.g., hit, slammed into something, or injured with an object or weapon on purpose) during the past 12 months, among students who dated or went out with someone	9.6	8.2			
Experienced sexual dating violence (e.g., kissing, touching, or being physically forced to have sexual intercourse) during the past 12 months, among students who dated or went out with someone	10.6	10.0			
Felt sad or hopeless almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the past 12 months	29.9	29.3			
Seriously considered attempting suicide during the past 12 months	17.7	18.8			
Made a plan about how they would attempt suicide during the past 12 months	14.6	15.5			
Attempted suicide during the past 12 months	8.6	8.9			
Attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months	2.8	3.1			
<b>Tobacco Use</b>					
Ever tried cigarette smoking	32.3	39.1			
Smoked a whole cigarette before age 13 years	6.6	8.0			
Currently smoked cigarettes (past 30 days)	10.8	13.1			
Currently smoked cigarettes frequently (20 or more of past 30 days)	3.4	3.6			
Smoked more than 10 cigarettes per day on the days the smoked (among current smokers)	7.9	5.5			

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<b>Tobacco Use</b>					
Currently smoked cigarettes daily	2.3	2.2			●
Usually obtained their own cigarettes by buying them in a store or gas station during the past 30 days (among students who currently smoke and were <18 years)	12.6	8.4	●		
Usually obtained their own cigarettes by buying on the internet during the past 30 days (among students who currently smoke and were <18 years)	1.0	0.8			●
Did not try to quit smoking cigarettes during the past 12 months (among students who currently smoke)	54.6	50.0			●
Currently used smokeless tobacco during the past 30 days (chewing tobacco, snuff, or dip)	7.3	12.3		●	
Currently smoked cigars during the past 30 days (cigars, cigarillos, or little cigars)	10.3	12.6		●	
Ever used electronic vapor products (e.g., e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs and hookah pens)	44.9	51.1		●	
Currently used electronic vapor products during the past 30 days	24.1	29.5		●	
Currently smoked cigarettes or cigars during the past 30 days	16.0	20.1		●	
Currently used cigarettes, cigars, or smokeless tobacco during the past 30 days	18.5	25.3		●	
Currently used tobacco during the past 30 days (cigarette, smokeless tobacco, cigar, or electronic vapor products)	31.4	38.5		●	
<b>Alcohol and Other Drug Use</b>					
Ever drank alcohol	63.2	69.9		●	
Drank alcohol before age 13 years	17.2	19.6		●	

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Currently drank alcohol (past 30 days)	32.8	34.2			●
Usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)	44.1	34.9	●		
Drank five or more drinks of alcohol in a row (within a couple of hours during the past 30 days)	17.7	20.7		●	
Reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours during the past 30 days)	4.3	6.0		●	
Ever used marijuana	38.6	37.5			●
Tried marijuana before age 13 years	7.5	8.0			●
Currently used marijuana (past 30 days)	21.7	19.5			●
Ever used synthetic marijuana (also called “K2”, “Spice”, “fakeweed”, “King Kong”, “Yucatan Fire”, “Skunk”, or “Moon Rocks”)	9.2	9.6			●
Ever used cocaine	5.2	5.2			●
Ever used ecstasy	5.0	6.1			●
Ever used heroin	2.1	2.1			●
Ever used methamphetamines (also called “speed,” “crystal,” “crank,” or “ice,”)	3.0	3.0			●
Ever took steroids without a doctor’s prescription	3.5	2.5			●
Ever took prescription drugs without a doctor’s prescription (e.g., Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	16.8	15.6			●
Ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high)	7.0	8.0			●

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<b>Alcohol and Other Drugs</b>					
Ever injected any illegal drug	1.8	1.7			●
Were offered, sold, or given an illegal drug on school property during the past 12 months	21.7	21.7			●
<b>Sexual Behaviors</b>					
Ever had sexual intercourse	41.2	44.0			●
Had sexual intercourse before age 13 years	3.9	3.1			●
Had sexual intercourse with four or more persons during their lifetime	11.5	13.4			●
Were currently sexually active (sexual intercourse during the past 30 months)	30.1	32.3			●
Did not use a condom (during last sexual intercourse, among students who were currently sexually active)	43.1	40.8			●
Did not use birth control pills (among students who were currently sexually active)	81.8	72.9	●		
Did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (among students who were currently sexually active)	96.7	93.4			●
Did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (among students who were currently sexually active)	73.2	62.1	●		
Did not use any method to prevent pregnancy (during last sexual intercourse, among students who were currently sexually active)	13.8	8.8	●		
Drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	20.6	19.7			●












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<b>Dietary Behaviors</b>					
Did not eat fruit or drink 100% fruit juices during the past 7 days	5.2	5.1			●
Did not eat vegetables (green salad, potatoes (excluding French fries, fried potatoes, or potato chips), carrots, or other vegetables) during the past 7 days	6.7	5.1	●		
Did not drink milk during the past 7 days	21.5	15.8	●		
Drank a can, bottle, or glass of soda or pop (not counting diet pop) during the past 7 days	73.8	74.3			●
Drank a can, bottle, or glass of soda or pop daily	20.4	18.6			●
Drank a can, bottle, or glass of soda or pop two or more times per day during the past 7 days	13.0	10.7	●		
Drank a can, bottle, or glass of soda or pop three or more times per day during the past 7 days	7.1	5.2	●		
Did not eat breakfast during the past 7 days	13.8	12.5			●
Did not eat breakfast on all of the past 7 days	63.7	61.8			●
<b>Physical Activity</b>					
Did not participate in at least 60 minutes of physical activity on at least 1 day during the past 7 days	14.3	10.7	●		
Were not physically active at least 60 minutes per day on 5 or more of the past 7 days	51.4	46.0	●		
Were not physically active at least 60 minutes per day on all of the past 7 days	72.9	71.3			●

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Played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)	41.7	34.2			
Watched 3 or more hours of television per day (on an average school day)	24.7	21.9			
Did not attend physical education classes on 1 or more days of the school week	48.4	45.1			
Did not attend physical education classes on all 5 days of the school week	70.2	67.3			
Did not play on at least one sports team (run by their school or community) during the past 12 months	42.4	37.6			
<b>Obesity, Overweight, and Weight Control</b>					
Had obesity ( $\geq 95^{\text{th}}$ percentile for body mass index)	13.9	10.3			
Were overweight ( $\geq 85^{\text{th}}$ percentile but $< 95^{\text{th}}$ percentile for body mass index)	16.0	15.0			
Described themselves as slightly or very overweight	31.5	29.5			
Were not trying to lose weight	54.4	59.3			
<b>Other Health Topics</b>					
Had ever been told by a doctor or nurse that they had asthma	22.8	22.2			
Did not see a dentist (for a check-up, exam, teeth cleaning or other dental work) during the past 12 months	25.6	25.1			
Did not have 8 or more hours of sleep on an average school night	72.7	67.4	