

2015 Montana Youth Risk Behavior Survey

Tobacco Users Report

A Health Risk Behavior Comparison of Montana High School Students
Who Currently Use Tobacco



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Youth Risk Behavior Survey Program
Health Enhancement and Safety Division



opi.mt.gov

Montana
Office of Public Instruction
Denise Juneau, State Superintendent

2015 Montana Youth Risk Behavior Survey Tobacco Users Report

Montana Youth Risk Behavior Survey

The Montana Youth Risk Behavior Survey (YRBS) is administered by the Montana Office of Public Instruction every two years to students in grades 7 through 12. The purpose of the survey is to help monitor the prevalence of behaviors that not only influence youth health, but also put youth at risk for the most significant health and social problems that can occur during adolescence. While all schools in Montana can participate in the survey on a volunteer basis, approximately 50 high schools are randomly selected to be included to provide the Montana statewide data to be used in other national YRBS reports.

The 2015 YRBS was conducted in February 2015. Schools administering the survey were provided with detailed written instructions on conducting a random survey in their schools. To encourage accurate responses to sensitive questions, a strict protocol was implemented to protect the privacy and confidentiality of all participating students. The questionnaire was designed without skip patterns to ensure survey completion by students in a similar period of time.

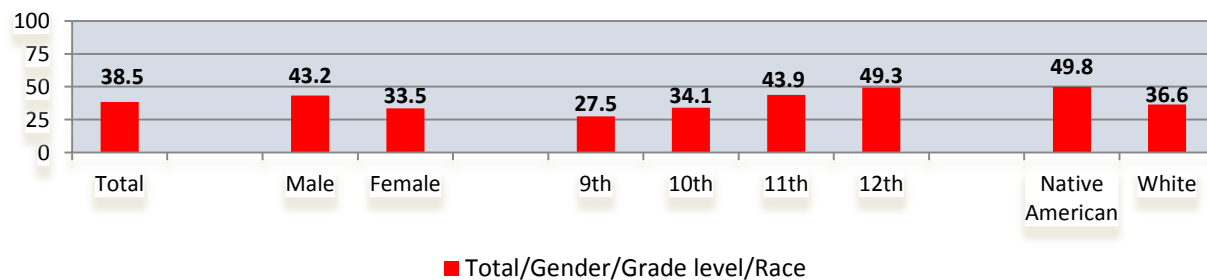
Survey Validity, Limitations and Results

Data used in this report from the 2015 YRBS are based on a random sample survey of Montana high school students. The weighted data results contained in this report can be used to make inferences about the priority health-risk behaviors of all high school students in grades 9 through 12 in all schools in Montana. However, users should be careful in using the data since respondents in self-reported surveys may have a tendency to underreport behaviors that are socially undesirable, unhealthy, or illegal (alcohol consumption, drug use, seat belt nonuse, etc.) and overreport behaviors that are socially desirable (amount of exercise, etc.).

For the purpose of this report, youth that are classified as being current tobacco users are those who answered "1 or more times" to having used either cigarettes, smokeless tobacco, cigars, or electronic vapor products during the past 30 days prior to taking the survey. Forty-two separate risk behaviors were queried for association with current tobacco use. These findings are presented in bullet, table and graph forms in the following report.

MONTANA CURRENT TOBACCO USE RATES

During the past 30 days, 38.5 percent of Montana high school students used cigarettes, smokeless tobacco, cigars, or electronic vapor products.



For more on the YRBS go to www.opi.mt.gov/yrbs.

2015 Montana Youth Risk Behavior Survey Tobacco Users Report

Findings +

Montana high school students who currently use tobacco are more likely than those students who do not use tobacco to have:

- Never or rarely wore a seat belt when riding in a car driven by someone else (16% of tobacco users compared to 6% of tobacco non-users).
- Never or rarely wore a seat belt when driving (15% of tobacco users compared to 3% of tobacco non-users).
- Rode with a driver who had been drinking alcohol during the past 30 days (39% of tobacco users compared to 13% of tobacco non-users).
- Drove when drinking alcohol during the past 30 days (24% of tobacco users compared to 2% of tobacco non-users).
- Texted or e-mailed while driving a car during the past 30 days (70% of tobacco users compared to 44% of tobacco non-users).
- Talked on a cell phone while driving a car during the past 30 days (71% of tobacco users compared to 49% of tobacco non-users).
- Carried a weapon such as a gun, knife, or club during the past 30 days (36% of tobacco users compared to 20% of tobacco non-users).
- Not gone to school because they felt unsafe at school or on their way to or from school during the past 30 days (8% of tobacco users compared to 3% of tobacco non-users).
- Been threatened or injured with a weapon on school property during the past 12 months (9% of tobacco users compared to 3% of tobacco non-users).
- Ever been physically forced to have sexual intercourse when they did not want to (13% of tobacco users compared to 6% of tobacco non-users).
- Been bullied on school property on school property during the past 12 months (30% of tobacco users compared to 23% of tobacco non-users).
- Been electronically bullied during the past 12 months (25% of tobacco users compared to 14% of tobacco non-users).
- Been the victim of teasing, name calling, or bullying because someone thought they were gay, lesbian, or bisexual during the past 12 months (19% of tobacco users compared to 12% of tobacco non-users).
- Felt sad or hopeless almost every day for 2 or more weeks in a row during the past 12 months (38% of tobacco users compared to 24% of tobacco non-users).
- Seriously considered attempting suicide during the past 12 months (26% of tobacco users compared to 14% of tobacco non-users).
- Attempted suicide during the past 12 months (15% of tobacco users compared to 5% of tobacco non-users).
- Ever tried cigarette smoking (71% of tobacco users compared to 20% of tobacco non-users).
- Ever used electronic vapor products (94% of tobacco users compared to 25% of tobacco non-users).

2015 Montana Youth Risk Behavior Survey Tobacco Users Report

Montana high school students who currently use tobacco are more likely than those students who do not use tobacco to have:

- Ever had a drink of alcohol in their lifetime (94% of tobacco users compared to 56% of tobacco non-users).
- Had a drink of alcohol during the past 30 days (69% of tobacco users compared to 15% of tobacco non-users).
- Had 5 or more drinks of alcohol within a couple hours during the past 30 days (47% of tobacco users compared to 6% of tobacco non-users).
- Ever used marijuana in their lifetime (70% of tobacco users compared to 18% of tobacco non-users).
- Used marijuana during the past 30 days (42% of tobacco users compared to 6% of tobacco non-users).
- Ever used methamphetamines in their lifetime (7% of tobacco users compared to 1% of tobacco non-users).
- Ever used ecstasy in their lifetime (14% of tobacco users compared to 1% of tobacco non-users).
- Ever took prescription drugs without a doctor's prescription [such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax] (31% of tobacco users compared to 16% of tobacco non-users).
- Ever had sexual intercourse in their lifetime (72% of tobacco users compared to 28% of tobacco non-users).
- Had sexual intercourse with four or more persons during their life (28% of tobacco users compared to 5% of tobacco non-users).
- Had sexual intercourse during the past 3 months (54% of tobacco users compared to 19% of tobacco non-users).
- Drank alcohol or used drugs before last sexual intercourse (26% of tobacco users compared to 10% of tobacco non-users).
- Drank a can, bottle or glass of soda or pop daily during the past 7 days (26% of tobacco users compared to 14% of tobacco non-users).
- Not eaten breakfast during the past 7 days (17% of tobacco users compared to 10% of tobacco non-users).
- Received help from a resource teacher, speech therapist, or other special education teacher during the past 12 months (16% of tobacco users compared to 10% of tobacco non-users).

Montana high school students who currently use tobacco are less likely than those students who do not use tobacco to have:

- Had 8 or more hours of sleep on an average school night (26% of tobacco users compared to 36% of tobacco non-users).
- Made mostly A's or B's in school during the past 12 months (65% of tobacco users compared to 82% of tobacco non-users).

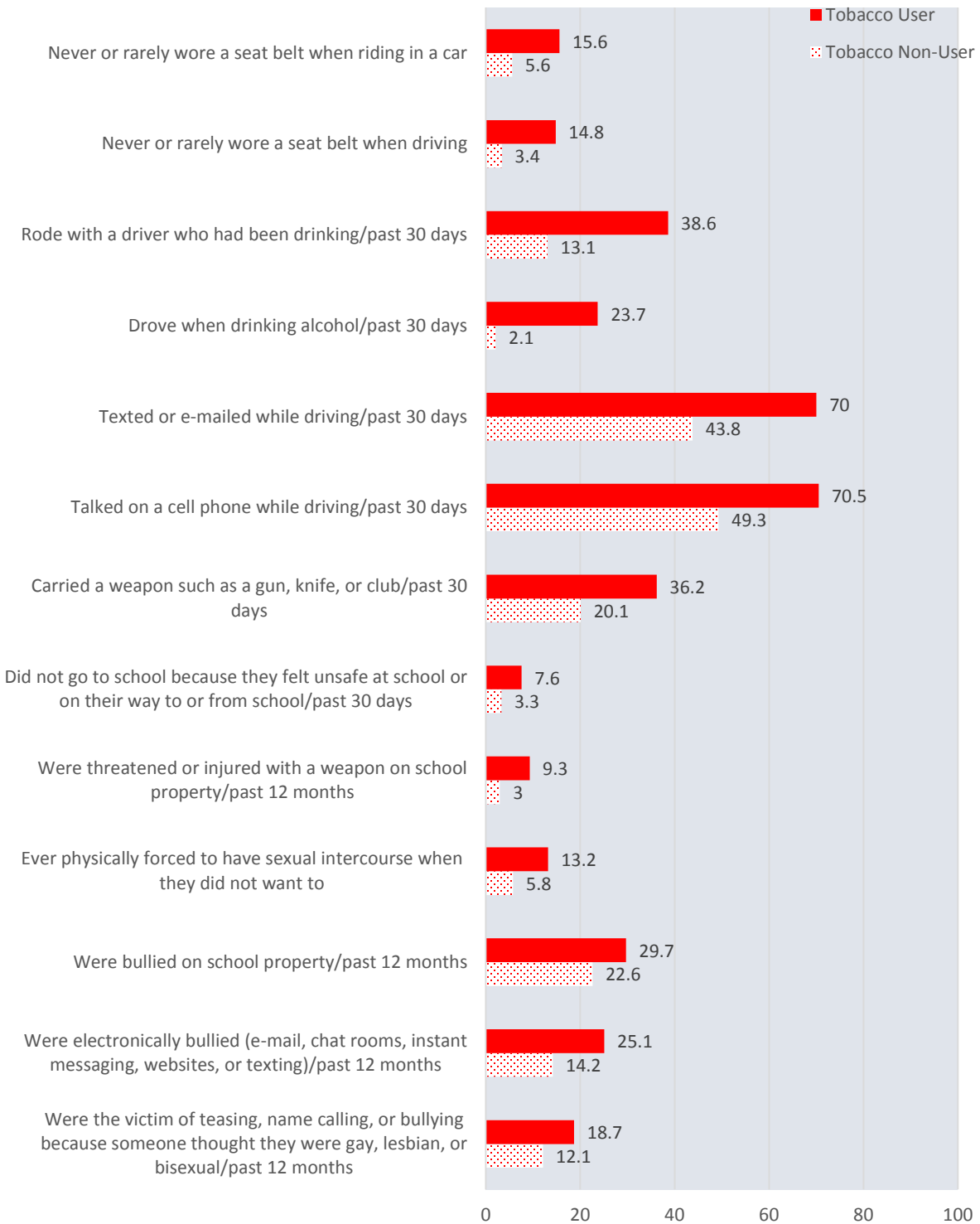
2015 Montana Youth Risk Behavior Survey Tobacco Users Report

Health Risk Behavior - percentage of students	Students Who Use Tobacco	Students Who Do Not Use Tobacco
Never or rarely wore a seat belt when riding in a car driven by someone else	15.6% (13.1-18.1)	5.6% (4.5-6.6)
Never or rarely wore a seat belt when driving	14.8% (12.5-17.2)	3.4% (2.4-4.4)
Rode with a driver who had been drinking during the past 30 days	38.6% (35.7-41.5)	13.1% (11.4-14.9)
Drove when drinking alcohol during the past 30 days	23.7% (20.3-27.0)	2.1% (1.4-2.8)
Texted or e-mailed while driving a car or other vehicle during the past 30 days	70.0% (66.5-73.6)	43.8% (40.0-47.5)
Talked on a cell phone while driving during the past 30 days	70.5% (66.8-74.2)	49.3% (45.7-52.9)
Carried a weapon such as a gun, knife, or club during the past 30 days	36.2% (33.4-39.1)	20.1% (18.0-22.2)
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	7.6% (5.9-9.2)	3.3% (2.5-4.1)
Were threatened or injured with a weapon on school property during the past 12 months	9.3% (7.6-11.0)	3.0% (2.2-3.7)
Ever physically forced to have sexual intercourse when they did not want to	13.2% (11.2-15.2)	5.8% (5.0-6.6)
Were bullied on school property during the past 12 months	29.7% (26.6-32.8)	22.6% (20.1-25.0)
Were electronically bullied (e-mail, chat rooms, instant messaging, websites, or texting) during the past 12 months	25.1% (22.7-27.6)	14.2% (12.6-15.7)
Were the victim of teasing, name calling, or bullying because someone thought they were gay, lesbian, or bisexual during the past 12 months	18.7% (16.7-20.7)	12.1% (10.4-13.7)
Felt sad or hopeless almost every day for 2 or more weeks in a row during the past 12 months	38.2% (35.7-40.6)	23.6% (21.9-25.4)
Seriously considered attempting suicide during the past 12 months	26.1% (23.7-28.6)	14.4% (12.7-16.1)
Attempted suicide during the past 12 months	14.5% (12.1-16.9)	5.4% (4.3-6.4)
Ever tried cigarette smoking	71.3% (68.1-74.5)	19.6% (16.9-22.2)
Ever used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz)	93.6% (92.6-94.7)	25.1% (23.4-26.9)

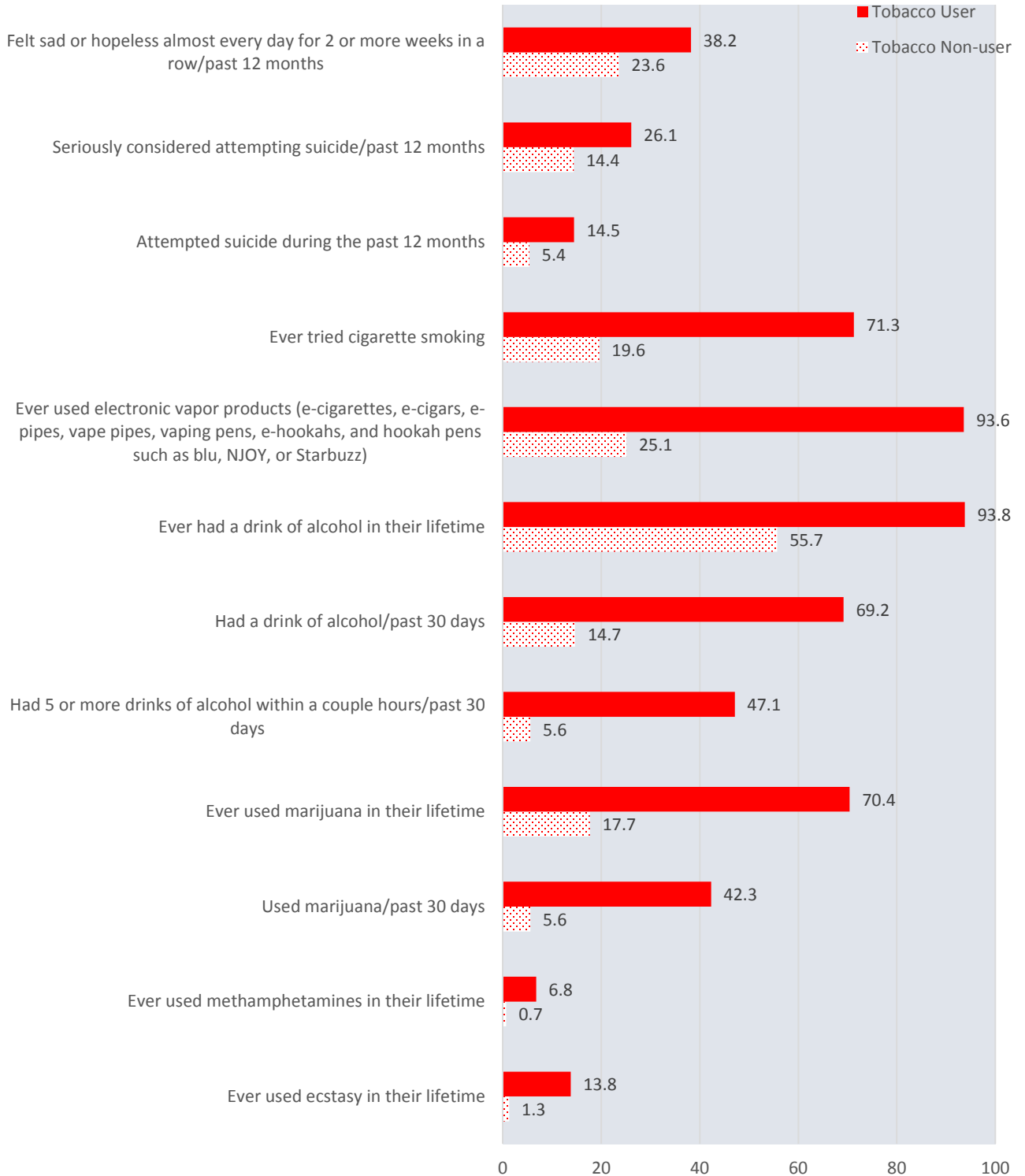
2015 Montana Youth Risk Behavior Survey Tobacco Users Report

Health Risk Behavior by percentage of students	Students Who Use Tobacco	Students Who Do Not Use Tobacco
Ever had a drink of alcohol in their lifetime	93.8% (91.9-95.8)	55.7% (53.3-58.0)
Had a drink of alcohol during the past 30 days	69.2% (66.4-71.9)	14.7% (13.2-16.1)
Had 5 or more drinks of alcohol within a couple hours during the past 30 days	47.1% (44.5-49.7)	5.6% (4.8-6.5)
Ever used marijuana in their lifetime	70.4% (66.8-73.9)	17.7% (15.0-20.4)
Used marijuana during the past 30 days	42.3% (39.4-45.2)	5.6% (4.3-6.9)
Ever used methamphetamines in their lifetime	6.8% (5.0-8.5)	0.7% (0.3-1.0)
Ever used ecstasy in their lifetime	13.8% (12.1-15.4)	1.3% (0.6-1.9)
Ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	31.0% (28.2-33.7)	15.9% (14.3-17.4)
Ever had sexual intercourse in their lifetime	71.5% (68.3-74.7)	27.5% (25.1-29.9)
Had sexual intercourse with four or more persons during their life	28.3% (25.3-31.4)	4.6% (3.5-5.6)
Had sexual intercourse during the past 3 months	53.8% (50.9-56.8)	19.4% (17.1-21.7)
Drank alcohol or used drugs before last sexual intercourse	25.7% (22.2-29.2)	9.6% (7.1-12.1)
Did not eat fruit or drink 100% fruit juice during the past 7 days	5.2% (4.0-6.4)	5.1% (4.2-5.9)
Did not eat green salad, potatoes, carrots, or other vegetables during the past 7 days	5.3% (3.7-6.9)	5.0% (4.0-5.9)
Drank a can, bottle, or glass of soda or pop daily during the past 7 days	25.8% (23.5-28.2)	14.2% (12.5-15.8)
Did not drink milk during the past 7 days	17.8% (15.8-19.8)	14.3% (12.9-15.8)
Did not eat breakfast during the past 7 days	16.6% (14.6-18.6)	9.9% (8.5-11.2)
Were physically active at least 60 minutes per day on 5 or more of the past 7 days	52.7% (49.9-55.5)	54.8% (52.7-56.9)
Watched 3 or more hours of TV on an average school day	24.9% (22.2-27.7)	19.9% (17.5-22.3)
Played video or computer games 3 or more hours per day on an average school day	33.3% (30.7-36.0)	34.9% (33.0-36.9)
Played on at least one sports team during the past 12 months	59.4% (56.8-62.1)	64.0% (61.8-66.1)
Had 8 or more hours of sleep on an average school night	26.4% (24.0-28.7)	36.2% (34.0-38.4)
Made mostly A's or B's in school during the past 12 months	65.1% (61.4-68.8)	81.7% (79.6-83.7)
Received help from a resource teacher, speech therapist, or other special education teacher during the past 12 months	15.6% (13.3-17.9)	10.3% (8.9-11.7)

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